

# Radio Times

14-20 OCTOBER 2023

No 1 OF 3  
STRICTLY  
COVERS

DIGITAL  
EDITION

the  
SCREEN  
TEST

IT'S STRICTLY SCIENTIFIC

# HAPPY TV!

The results of the UK's largest TV survey reveal  
that watching television can be good for us

Strictly Come Dancing Saturday, Sunday BBC1



# Radiotimes

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## THE RESULTS ARE IN TV MAKES YOU HAPPY!

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*Strictly* professionals Giovanni Pernice and Karen Hauer

## From the Editors

FOR NEARLY 20 years *Strictly Come Dancing* has been lighting up Saturday and Sunday nights. A spark of joy in a gloomy world, the theme music is the cue for many of us to slip our earthly bounds and lift off to Planet Strictly.

This year is no different. The music, the dance, the camaraderie, the good-natured competition, the skills of the professional dancers, the sight of a septuagenarian former newsreader doing the splits... For more than seven million people every week, *Strictly* is their happy place.

But you don't have to be a *Strictly* devotee to head to TV to find happiness, as the preliminary findings of our ground-breaking piece of audience research prove. At the end of May we announced we were teaming up with psychologists from the universities of Brighton and Sussex to launch the largest study of television viewers in the UK. We called it The Screen Test.

At the heart of the survey were two questions: What was the last programme you watched? And how did it make you feel? An astonishing 21,244 of you took the time to answer those questions (and more) and we were pleased to unveil the survey results a few days ago at the BFI on London's Southbank before an invited audience of the most important figures in British TV, including the BBC's chief content officer Charlotte Moore; Ian Katz, the man who runs Channel 4; and the MD of Amazon Prime UK, Chris Bird.

Turn to page 12 to find out what we discovered and to hear what our guests made of the findings. But it's not a spoiler to reveal that *Strictly* was ahead of its time when it came to cracking the code of what we want from television emotionally. It's time to switch on to Happy TV.

Tom Loxley & Shem Law  
Editors, *Radio Times*

Contact Radio Times by email on  
RTeditor@radiotimes.com

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**TV** **Jamie's Five Ingredient Meals**

Monday 8.00pm **C4**

Inspired by his travels across the Mediterranean in search of recipe ideas, Jamie Oliver makes some delicious meals using only five ingredients. You'll be racing to the kitchen to give them a go yourselves.



**TV** **Breeders**

Friday 10.00pm, 10.30pm **Sky Comedy**

Martin Freeman and Daisy Haggard are back for more ups and downs (well, mainly downs) of parenting in this brilliantly dark comedy. There's a bombshell in store for Paul and Ally courtesy of their now-teenage son.



**STREAMING**

**Bodies**

Available from Thursday **Netflix**  
A sinister Stephen Graham might hold the key to an ambitious, time-jumping crime drama that sees London police officers in different decades apparently, somehow, investigating the same murder case.



**FILM**

**Us** ★★★★★

Sunday 9.00pm **BBC2**  
(10.00pm N Ireland)

Jordan Peele's follow-up to *Get Out* is a gripping horror drama that's definitely not for family viewing. Lupita Nyong'o is the mum whose husband and children are attacked by soul-sharing doppelgangers.



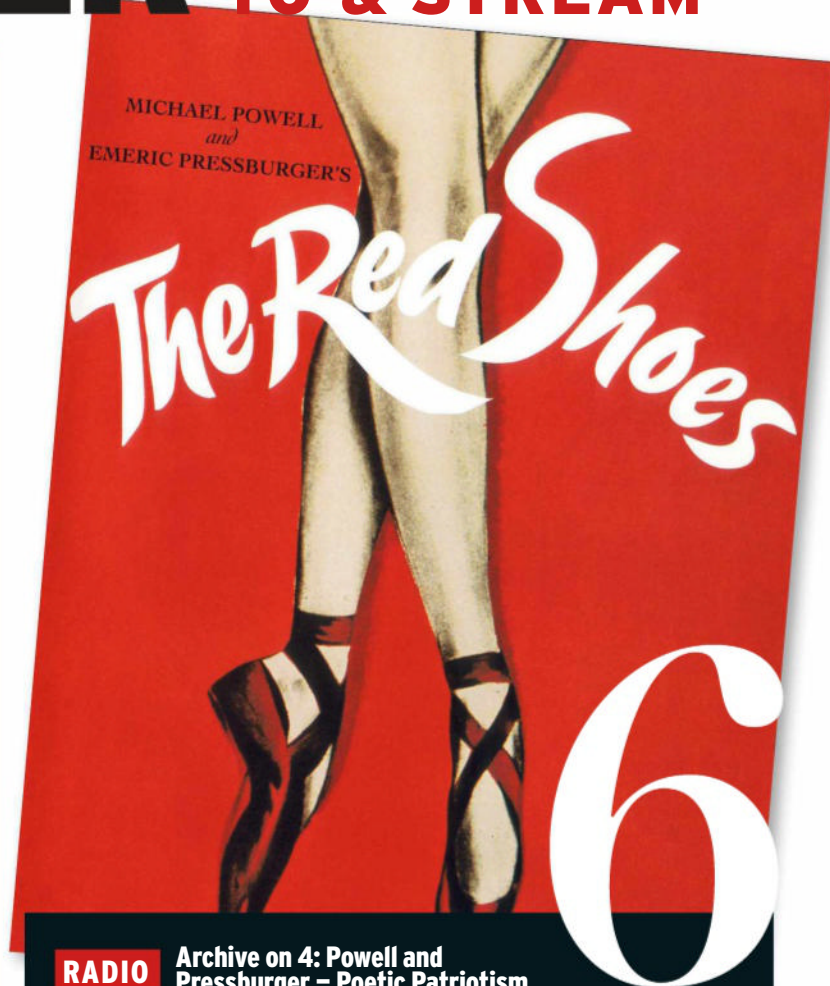
# THIS WEEK

THE TEN BEST SHOWS TO  
**WATCH, LISTEN  
TO & STREAM**



## **TV** **Pride of Britain: a Windrush Special** Thursday 9.00pm **ITV1**

A tribute to the hundreds of thousands of immigrants from the Caribbean who, like midwife Vernesta Cyril OBE (pictured above with Trevor McDonald), arrived here to help rebuild postwar Britain. It's a powerful and moving documentary and also a shameful reminder of the treatment the people received then and in subsequent years.

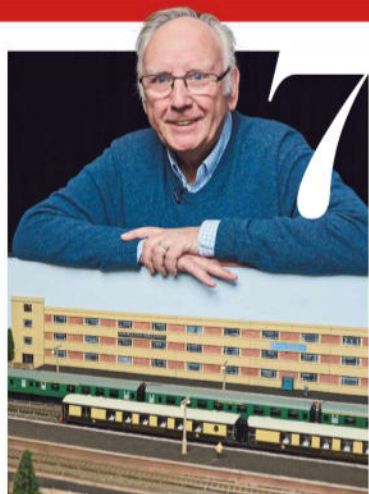


## **RADIO** **Archive on 4: Powell and Pressburger – Poetic Patriotism**

Saturday 8.00pm **Radio 4**

An exploration of the renowned film-makers' unique view of Britishness – at once both affectionate and satirical – with input from famous fans including Tilda Swinton, Sir Lenny Henry and Martin Scorsese.

**FEATURE P110 ►**



## **TV** **Little Trains and Big Names with Pete Waterman**

Thursday 9.00pm **More4**

Jools Holland shows Pete Waterman around his model railway layout that features scenes from postwar Britain and Germany. Francis Rossi, Eddie Izzard and James May are lined up to show off their train sets in future weeks.



## **TV** **Dark Winds**

Wednesday 9.00pm **Alibi**

Navajo police officer Joe Leaphorn (Zahn McClarnon, seen previously in the likes of *Westworld* and *Fargo*) is on the case in this atmospheric new noir thriller, based on novels by Tony Hillerman, that explores indigenous American beliefs and the aftermath of a brutal crime.

## **FILM**

### **Little Richard: I Am Everything** ★★★★★ **15**

Sunday 11.05pm **c4**

Celebrity fans and academics unite in their praise of the taboo-trashing singer and LGBTQ+ icon who laid the foundations for rock 'n' roll yet never received the credit he deserved.



## **RADIO** **Sunday Night Is Music Night**

Sunday 8.00pm **Radio 2**

The 60th anniversary of *Doctor Who* is celebrated in a concert of music from across space and time, attended by the three most recent showrunners (with Jo Whalley above).



## CENTENARY CELEBRATIONS

# DISNEY AT 100

**Radio Times** isn't alone in celebrating a 100th birthday in 2023 – on 16 October, animation studio turned Hollywood powerhouse Disney also reaches its centenary. To celebrate, a special exhibition arrives in London's ExCeL on Friday 13 October.

It's taken four years to develop the exhibition, which features more than 250 artefacts – many of which have never been seen in public before – across 14 interactive installations. All the items come from the Walt Disney Archives in California, from a leather wallet used to make the squeaky sound made by the dwarfs' shoes in 1937's *Snow White and the Seven Dwarfs* to the Dinglehopper (aka the fork) prop from this year's live-action *The Little Mermaid*. Other companies owned by Disney, including Lucasfilm, Pixar and Marvel, are also part of the mix.

Director of the archives Becky Cline says: "We tell stories that appeal to all generations and all cultures. It's something that everyone around the world can relate to. It might be our 100th anniversary, but Disney is timeless." As are some of the exhibits...

LAURA RUTKOWSKI

### ► RED DRESS

This beautiful piece made a big impact when it was worn by Emma Stone in the 2021 live-action film *Cruella*, the prequel to *101 Dalmatians*.

"It's similar to what we did with *Maleficent*, where you look at the same story from a different angle," Cline says.

### ▲ CAROUSEL

For those visiting the exhibition, it will be impossible to miss the carousel horse ridden by Julie Andrews in the 1964 musical *Mary Poppins*, which cleverly blended live-action and animation. But the horse used by Dick Van Dyke as chimney sweep Bert isn't here – that's staying in the North American version of the exhibition.

### ► CASTLE

The exhibition not only focuses on the animated films, but also Disney's well-known theme parks, featuring vehicles and other pieces from the attractions. Pictured is a model of the Castle of Magical Dreams, which is the centrepiece at Hong Kong Disneyland. In 2020, for the park's 15th anniversary, it replaced the Sleeping Beauty Castle, which Walt Disney modelled on the 19th-century Neuschwanstein Castle in the German Alps.

### ◀ GLASS SLIPPER

Three-time Oscar-winner Sandy Powell designed the costumes for the 2015 live-action reimagining of *Cinderella*, including the glass slipper, which was made from Swarovski crystal in three separate parts. Swarovski had never created anything of such size and scale before that also had to be hollow. It appeared on screen, but Lily James, who played Cinderella, never actually wore it in the film.

"Her slippers were CGI – you wouldn't risk putting a crystal slipper on someone's foot!" Cline explains.







## ▲ PRAXINOSCOPE

The oldest piece in the exhibition is this praxinoscope from 1879. "Walt Disney kept this spinning parlour toy in his office," Cline says. "He used it to explain how animation worked."

This successor to the zoetrope is made up of a cylinder and a strip of paper that shows 12 frames for animation. There is a series of mirrors at the centre, each of which reflects a single image. When the cylinder is rotated and the viewer looks at the mirrors, it provides the illusion of movement.

And that's not the only piece saved from Disney's office – the script pages from *Steamboat Willie*, the 1928 film starring Mickey Mouse (himself now 95 years young), can also be seen in the exhibit.

## ▲ OLAF

Olaf the snowman melted hearts in 2013's *Frozen*. This is the actual puppet, developed by Michael Curry Design, which was used at the Disney California Adventure Park in the stage show *Frozen – Live at the Hyperion* (2016–20). The human puppeteer remains visible while working the puppet's expressions and actions from behind.

*Disney100: the Exhibition* – London opens at the ExCeL on 13 October and runs until 2024. Book tickets at [feverup.com](https://www.feverup.com)  
*The Cultural Frontline* – *Disney 100: How a Studio Redefined Animation* is on BBC World Service on Saturday 14 October at 7.30pm

# GRAPEVINE

The TV stories that are getting us talking...

## STARS IN THEIR (PIG) STIES

Peppa Pig has roped in some big names to help her celebrate her 20th birthday next year. *Lord of the Rings* star **Orlando Bloom** and his fiancée, singer **Katy Perry**, will play jeweller Mr Raccoon and dressmaker Ms Leopard in a three-part special that will also feature the show's first ever wedding.



## CHANGING CHANNELS

After four series on BBC4, **Canal Boat Diaries** heads to UKTV channel Yesterday for a new run.

Across ten hour-long episodes to air next year, **Robbie Cumming** takes in the urban waterways of the West Midlands through Royal Leamington Spa and Warwick, before tackling Birmingham's maze of canals.



## BODY SHOTS

**Michael Mosley** is soon to be on both Channel 4 and Channel 5 with a pair of health-based series. For C4's *The Secrets of the Big Shop*, he tracks a family's medical concerns and prescribes alternatives in their food shopping to get their health back on track. In his C5 debut *Wonders of the Human Body*, Mosley will put his own body through a series of tests to uncover the human anatomy's journey through various life stages.



## LOCKED DOWN

Due to "unforeseen production challenges", filming has been halted on Channel 5 series *Ross Kemp: 72 Hours in...* The former *EastEnders* had been filming in high-security prisons when an unspecified "incident" occurred prior to filming in Colombia. No word yet on whether Kemp will return to film all eight episodes or if C5 will air a shorter run.

ROBIN PARKER



BY CAROLINE FROST

**W**HEN MICHAEL GAMBON made his first solo outing on the cover of *Radio Times* in 1986, it was for *The Singing Detective* – a memorable illustration for a performance that has remained enshrined as one of TV's finest ever.

It was one of many covers that showcased the half-century career of one of our best-loved actors, who enjoyed a glittering career on stage, TV and the big screen – his *RT* debut having come 17 years previously when he had a starring role in the 1968-70 BBC drama *The Borderers*.

Born in Dublin in 1940, then raised in London, Gambon initially trained as a tool-maker, but always had the urge to act. After he wrote a letter – including a completely invented theatrical career – to the head of the Gate Theatre in Dublin, he was taken on and never looked back. He became one of the original members of the National Theatre company under the direction of Laurence Olivier and went on to appear in more than 20 West End plays.

Although he always called the stage his great love, it was television that made Gambon a household name, first in the role of Oscar Wilde in the 1985 drama *Oscar* and, the following year, as the eponymous *Singing Detective*.

## 'I don't miss playing a wizard... but I miss the money!'

He played the central character of Dennis Potter's masterpiece – Philip Marlow, an author suffering from severe psoriasis and writer's block, tended by Nurse Mills, played by 23-year-old Joanne Whalley. Last year, she spoke to *RT* about how Gambon inspired her through the gruelling filming experience:

"The shoot lasted a good six months and we were filming in a real disused hospital. Michael's character is confined to bed with a painful skin disease and with all the stuff that's thrown up in his head, fantasies and memories.

"It wasn't a gag-filled shoot. But I remember laughing a lot; we were letting off steam because it was very intense. Michael was extraordinary."

Gambon won his first Bafta for the part and decades later told *RT* it remained one of the roles he was most proud of: "I put *The Singing 'Tec* with *The Life of Galileo* and *A View from the Bridge*, both at the National, as the only three things I have done properly – the times I felt I had filled the skin of the roles to the full."

He soon continued the detective theme, playing Georges Simenon's Jules Maigret in ITV's 1992 series of the same name. Asked about the burden of following another actor in the part – specifically Rupert Davies with his distinctive

### MICHAEL GAMBON REMEMBERED

## A MAGIC TOUCH

From *The Singing Detective* to *Harry Potter's* Albus Dumbledore, Michael Gambon was the ultimate master of his craft

style from the BBC's 1960s version – Gambon told us that hadn't been a problem for him: "If you started getting uptight about other actors' versions of roles, you'd never open your mouth for the first line."

This relaxed attitude served him well as he stepped into the formidable shoes – and robe – of his late friend Richard Harris as Professor

Albus Dumbledore in the blockbuster *Harry Potter* films. He appeared in the last six of the eight-part series and earned the worship of a new global fan base. After the films finished in 2011, he was asked if he missed playing the paternal wizard. "No," he said, then paused. "I miss the money, mind you."

It was a typically cheeky answer from an actor





**SMALL-SCREEN CLASSIC**  
Above: with Joanne Whalley in *The Singing Detective* (1986). Left: Dennis Potter's remarkable drama on the cover of *Radio Times*

known by his peers as much for his mischief-making as for mastery of his craft. Tales abound of his pranks in the theatre, on stage and off, including throwing unrehearsed lines at fellow actors, and stepping through a window for his exit. "True!" he told RT. "Done quite deliberately mid-run."

A touch of real fear does wonders for a play."

Whalley discovered this side of Gambon during *The Singing Detective's* most famous moment – when she had to "grease up" her bed-bound co-star: "When it was time for the first take, I had to pull the blanket back – and Michael had had stockings sprayed onto his legs! I remember looking down and thinking, 'What is going on?' I roared with laughter."



**AN INSPECTOR CALLS**  
As Georges Simenon's *Maigret*

Although that broke his heart, his last two decades nevertheless found him as busy as ever, in films and TV shows including the 2010 *Doctor Who* Christmas special, the BBC's adaptation of JK Rowling's *The Casual Vacancy* and a lead role in Sky Atlantic's big budget drama, *Fortitude*.

In 2016, he was back on our cover, this time in the title role of *Churchill's Secret*. Playing the wartime leader whose ill health became the subject of a top-level cover-up, Gambon told us how he avoided making too clichéd an impersonation of such a well-known subject, and his insight could well describe the whole of his singular career...

"You do fractions of it, so you sound a bit like him, but the rest is acting. It's hard to explain. It's just what I do."



**THAT'S WIZARD!**  
As Hogwarts' Albus Dumbledore

## WHAT IT'S LIKE TO... direct a sitcom



**TV VETERAN**  
James Burrows (back) oversees an episode of the *Frasier* reboot, with Kelsey Grammer (front). Inset, left: on the Café Nervosa set of *Frasier* with Peri Gilpin

**James Burrows, 82,** has directed more than 1,000 episodes of TV, including *Friends*, *Will & Grace* and *The Big Bang Theory*. Most notably, he co-created *Cheers* and directed the original *Frasier*. Now he's back for the first two episodes of its revival.

### KEEP IT SILLY AND CHILLY

A regular sitcom episode takes five days in total – from the table read to shooting the show in front of a studio audience. I work fast. If an actor forgets a line, I just keep rolling. We give the audience sweets to keep them vibrant and make sure the studio is freezing cold. Comedy works better in a refrigerator than in a stove.

### TIMING IS EVERYTHING

You have to know funny. You can't learn funny. It's a gift I got from my dad [humourist Abe Burrows]. In a scene between three people, the one who's going to get the most laughs should be in the middle, because the head turns from one actor to another are funny. I also protect the jokes. If an actor screws up the feed line, I'll go, "bub bub bub" over the dialogue, so the audience doesn't hear the gag the wrong way. Then we'll do the scene again – 90 per cent of humour is surprise.

### LIGHTS, CAMERAS, ACTION!

I was the first sitcom director to use four cameras, not three. When I did *Taxi* in 1978, it had an ensemble cast of seven actors, sometimes eight, plus the huge set. I couldn't cover it with three

cameras, four gave a more interesting, cinematic look. I've worked that way ever since. I'm a theatre rat, so it's like my cameras are shooting a stage play. Multi-camera sitcoms are seen as slightly old-fashioned now, but the *Frasier* reboot is done that way. You can see the sparkle in Kelsey Grammer's eyes when he hears an audience laugh.

**GRAMMER SCHOOL** Kelsey is an incredibly gifted actor. On *Cheers* he took a buffoon and turned him into a leading man. That pretentious character would annoy a lot of people, but he brought vulnerability to it.

### FUNNY BONES

Nicholas Lyndhurst [who plays *Frasier's* old buddy Alan] was a dream. I'd never heard of him, but Kelsey brought him in to read and he killed it. Just hysterical. We knew after a couple of lines that he was the guy. The funniest actor I ever worked with? John Cleese. I've directed him three or four times and he made me laugh so hard.

**LAUGHTER IS LIFE** I always have a fun clause in my contract. If I'm not having fun directing a show, I leave. I can't abide hostility or ego situations. I directed *Will & Grace* for 11 seasons, well into my late 70s. People would ask why I was still doing every episode but it was because it made me laugh. It's just extraordinarily beneficial to me.

**MICHAEL HOGAN**

*Frasier is streaming on Paramount+*





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## VIEWPOINT

# KEEPING THE FAITH

Religion still deserves its place on the airwaves, says *Sunday* host **Edward Stourton**



"AT A TIME when complaint is sometimes made that religion is losing its hold on the world," the 1928 *BBC Hand Book* declared, "the BBC is doing the best of service to prevent any decay of Christianity in a nominally Christian country."

John Reith, the corporation's deeply religious founding father, wanted a "thorough-going, optimistic and manly" version of Christianity preached from the "pulpit of the airwaves", and his *Sunday* schedule offered an austere diet: two services, separated by a long period of complete silence, self-improving talks and serious music.

While secular critics complained that millions of listeners might prefer to be entertained on their day of rest, Reith's vision endured for decades. Right up until the 1960s, most producers in the BBC's religion department were clergymen in the Church of England.

But religious broadcasting changed with the birth of Radio 4's *Sunday* programme in 1970. For the first time, religion was treated as an object of journalistic inquiry, not simply celebrated in broadcast services. Priests and bishops were challenged in interviews and could no longer assume the deference they had enjoyed.

In the half century or so since *Sunday* first aired, religious broadcasting of that kind has become more, not less, essential. Mainstream

Christianity may have "lost its hold" over our audience in a way that would have shocked Lord Reith, but religion is a more powerful and present force in our world than ever before.

The first non-Christian religious item broadcast by *Sunday* seems to have been a 1974 interview with a Muslim community leader who objected to mixed PE and swimming lessons in schools. Then, there were around 250,000 Muslims in the UK; today there are closer to four million. Britain's religious landscape is richly diverse and, without some understanding of Islam, Judaism, Hinduism (our prime minister's religion), Sikhism and Buddhism, it's impossible to make sense of our own society.

ALMOST EVERY BIG global news story has a religious dimension, from Muslim Uyghurs suffering state oppression in China to Orthodox believers in Russia and Ukraine bitterly divided by the war; and school dress codes in France to Bible-belt voters deciding US elections. If we do not reflect these realities, we fail our audiences.

The 2021 census found that, for the first time, less than half the population identified as Christian, and 37 per cent ticked the "no religion" box. There is a case for adjusting the way religious worship is broadcast to reflect that. It's also true

that those who want to access services without leaving home can now do so more easily; the popularity of online worship is an unexpected legacy of the pandemic.

None of that makes a case for banishing religion from the airwaves. That 1928 Reithian manifesto for religious broadcasting included one insight that still stands up: "In a national service to which nothing that pertains to the life of men is foreign, it was natural from the beginning religion should find its place in British Broadcasting. It could not be otherwise."

By "religion", John Reith meant Christianity, and that assumption is long gone. But it still holds true that, for most, religion in the broad sense remains very "pertinent to the life of men". And, as the great man said, it is only natural that it should "find its place" in our broadcasting.

*Sunday* is on Sundays at 7.10am on Radio 4

## RT BOOKSHOP

*Sunday* by Edward Stourton is published by SPCK on 19 October. Stourton will discuss the book at St Ethelburga's in London on 19 October. Tickets are free, from [eventbrite.co.uk/e/in-conversation-with-edward-stourton-tickets-717625265487](https://eventbrite.co.uk/e/in-conversation-with-edward-stourton-tickets-717625265487)



**STRONG FAITH**  
Lord Reith's Christian beliefs shaped the BBC. Left: Filming *Songs of Praise* in 1994

RADIO TIMES ARCHIVE; SHUTTERSTOCK; GETTY

## THE RADIO TIMES AT 100

We continue to celebrate the centenary year of Radio Times with a sprinkling of magic and memories from the magazine archives



## THIS WEEK IN RT... 19-25 OCTOBER 1985

The Second World War sitcom *'Allo 'Allo!* was essentially an extended send-up of drama series *Secret Army*, but it was clearly more than a one-trick pony, and cover stars Carmen Silvera and Gordon Kaye were promoting series two. There was also a strong dose of seaside postcard humour, which isn't surprising as the show was written by *Are You Being Served?*'s

David Croft and Jeremy Lloyd.

Silvera, who played Edith, wife of French café owner René, considered Kaye "magnificent" as René. As for the show's appeal, she told *RT*, "The British are capable of laughing at themselves, and any other country that likes to laugh at the British will love it, too." Indeed, it ran for nine series and 85 episodes – 42 more than *Secret Army*. **MARK BRAXTON**

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# the SCREEN TEST

BY TOM LOXLEY

**I**N A PREVIOUS life, Channel 4's boss Ian Katz wrote a headline for *The Guardian* newspaper announcing the rise of "mean TV". Cilla Black had been sacked as the presenter of *Blind Date* and *Wife Swap* had just launched. Or, to put it another way, the happy innocence of young love had just given way to marriages riven by mid-life crises. No wonder the press was in a panic about television turning nasty. Now, 20 years on, Katz is having second thoughts.

"Look at shows like *Ted Lasso*, or the reaction to *Bake Off* last year when the audience felt the show was too mean," he told an audience at the British Film Institute on London's Southbank, who had gathered for the unveiling of the preliminary results of the *Radio Times* Screen Test survey. "This year, when we launched *Bake Off* people said, 'Thanks for making it soft again.' I think it's the end of mean TV. We're in a new era."

Katz is not alone in embracing a new, happier age for British TV. According to the results of the *Radio Times* Screen Test survey – the largest

**'I don't see entertain, inform and educate as three separate things'**

**CHARLOTTE MOORE, BBC**

survey of UK television viewers, in which an astonishing 21,244 of you took part – many, many thousands of you agree.

At the heart of the Screen Test survey was a pair of simple questions: what was the last programme you watched? And how did it make you feel? Now we can reveal that 33 per cent of people reported that they felt happier after watching television.

The survey ran in *Radio Times* and on *radiotimes.com* from the end of May to the beginning of July this year and was carried out by the Universities of Sussex and Brighton. Professor Robin Banerjee, who led the research, was overwhelmed by the response.

"It's an enormous sample," he said. "More than 21,000 people gave up their time to tell us about their experience of engaging with television. It's not the same as polling, because we're applying standardised research scales that have been used by psychologists over many decades, to

understand more about how people are engaging with television."

So, how *is* Britain engaging with TV? What are the main motivations to choose to watch what we do? According to the results, viewers' primary reason for watching TV is to be entertained (82.9 per cent of people wanted this). But not far behind is our desire to be informed – 74.1 per cent cited also wanting information, or to learn new things.

All of which isn't a million miles away from the mission to inform, educate and entertain that John Reith gave the BBC a century ago. "I never really see entertain, inform and educate as three separate things," Charlotte Moore, the BBC's chief content officer, told the audience at the BFI. "You bring somebody into a tough documentary like *Once upon a Time in Northern Ireland* through great storytelling. You hope they're not going to be put off by the subject matter. Then they get into it and empathise with these people and want to know where they go. The trick as a great storyteller is to make a programme that is accessible, gripping and compelling."

**T**HE RESULTS CERTAINLY suggest that empathy plays a surprisingly large part in our viewing habits, especially when it comes to drama. More than 32 per cent of respondents said a drama was the last genre of show they had watched. Intriguingly, those who watched dramas exhibited higher levels of empathy.

"I think this connection between empathy and drama is really interesting," said Claudia Hammond, host of Radio 4's *All in the Mind* and, as a visiting professor of psychology at the University of Sussex, one of the members of the study team. "It's the 'Which comes first?' question. Because there's lots of research showing that people who read novels then develop higher levels of empathy, as they follow people over time. So is it possible that it's not that you're choosing to watch dramas because you're more empathetic in the first place, but [that] watching the dramas is putting you inside someone's head, and you start to understand other people, and you become more empathic?"

The results also suggest other emotional consequences flow from our TV choices – not all of them good. Anxiety among respondents >



**TV**  
**TO**  
**MAKE YOU**  
**HAPPY!**

The preliminary results of the UK's largest survey of TV viewers are in. But what do they tell us about the mission of public service television in the age of streaming? And are "mean" TV's days numbered?





**SHOWS WITH THE  
FEELGOOD FACTOR**

Clockwise from far left:  
*Ted Lasso*, Elton John  
headlining at Glastonbury,  
*The Repair Shop*, *Have  
I Got News for You?*,  
*Love Island* and *Annika*

**TURN OVER FOR  
THE RESULTS**



# AND THE RESULTS ARE IN...

**TEN THINGS** we learnt from our study of viewers and listeners

## LET'S TALK ABOUT TV

Chris Bird, Ian Katz, Charlotte Moore and Professor Robin Banerjee discuss the Screen Test results with RT's Tom Loxley (top left) at the BFI

RT's Screen Test, carried out by our partners in the psychology departments at the Universities of Sussex and Brighton, took place between 30 May and 7 July. 21,224 people aged 18–99 took part, watching on average three hours of TV a day. Our survey principally asked: what was the last programme you watched, and how did it make you feel? The split between those who last watched scheduled TV and video on demand was almost exactly 50:50.

**'What strikes me is the yearning for material that makes people feel better'**

**IAN KATZ, C4**

< increased by 20 per cent after watching news and weather, with happiness decreasing by 15 per cent. With older people, it was much more likely that the last programme they watched was news and weather, which perhaps helps explain why, for older viewers, the overall increase in happiness having watched TV was markedly less than for their younger counterparts.

"I was thinking the answer here is that we just abolish news and make everyone less stressed," said Katz, not altogether seriously. "But the thing that really strikes me about this research is the yearning for the sort of material that makes people feel better. I think we are going through such a phase. We felt it in Covid, that sense that we were picking people up at a low moment; and now, in the cost of living crisis, you've got a responsibility as a broadcaster to provide stuff that cheers people up. We should just be running a campaign that says TV makes you happier. That's the future."

**O**F COURSE, VERY little cheers people up as much as the biggest entertainment show of them all, *Strictly Come Dancing*. "Strictly is a brilliant example of bringing everyone together on a Saturday night and providing great entertainment," said Moore. "But while we get huge figures for *Strictly* I think all of us who are creating or commissioning programmes aren't just thinking about one night, we are actually adding to a choice that is on offer on demand for some time." >

**1 TV IS OUR HAPPY PLACE**

When asked how they felt after the last programme they had watched...

**33%** SAID THEY FELT HAPPIER  
**29%** FELT LESS ANXIOUS  
**30%** FELT MORE EXCITED

**2 BUT IT DEPENDS ON WHAT YOU WATCH...**

More people felt happier after watching comedy than any other genre. Indeed, there was a 22 per cent increase in the average score of happiness after watching comedy. The next highest increase was 17 per cent for music, 13 per cent for arts and 12 per cent for entertainment.

**3 ...AND HOW OLD YOU ARE**

Age does make a difference. The increase in happiness was most noticeable in viewers aged 18–24 and gradually got less as people got older.

**WINNING COMBINATION**  
Laugh and feel happier by watching *Taskmaster*

18–24 22% INCREASE IN HAPPINESS

25–34 17%

35–44 15%

45–54 11%

55–64 6%

65–74 3%

75+ 1%





**NATURAL HIGH**  
The *Springwatch* team provides viewers with feelgood factual TV

# the SCREEN TEST



**ANXIOUS TIMES**  
Channel 4 News's Krishnan Guru-Murthy



**JUST ONE MORE...**  
Bingers get a kick from comic mysteries like *Only Murders in the Building*

## 4 TOO MUCH NEWS CAN BE BAD FOR YOU

Anxiety among viewers increased by 20 per cent after watching news and weather, with happiness decreasing by 15 per cent. It's worth noting that it was much more likely that the last programme older people watched was news and weather.

## 7 STREAMERS ARE MORE OPEN-MINDED

Streaming and podcast users were more open-minded and curious, while conformity or obedience was associated with traditional scheduled TV viewing.

## 5 LORD REITH WAS (ALMOST) RIGHT

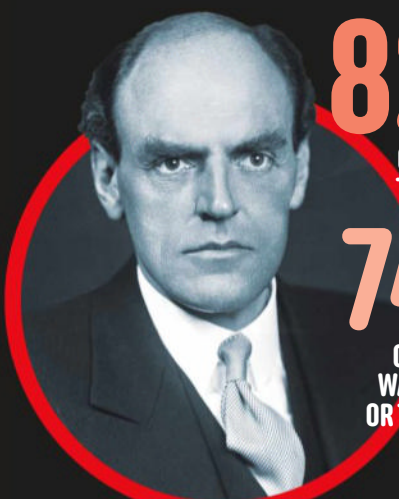
The founder of the BBC (below) famously said that the purpose of the corporation was to inform, educate and entertain. One hundred years on from the birth of *Radio Times*, people still primarily want what Lord Reith delivered.

## 6 BINGE WATCHING IS *NOT* A GUILTY PLEASURE

81 per cent of respondents admitted to binge-watching, at least on occasion, with more than half – 56 per cent – stating they regularly did so. The more conscientious binge-watchers are more empathetic and value stimulation, equality and hedonism (!) more highly.

## 8 RADIO YOU CAN TRUST

The more frequently people were listening to radio, the higher the level of trust in people they exhibited. Radio listening is also linked to higher levels of wellbeing, and higher levels of life satisfaction. In terms of motivation, while entertainment was important for radio, it came behind a very strong motivation for learning new information.



82.9%

OF PEOPLE WANTED TO BE ENTERTAINED

74.1%

OF THOSE SURVEYED WANTED INFORMATION, OR TO LEARN NEW THINGS

▶ NEXT EPISODE

HAVE YOUR SAY – VOTE IN THE RT SCREEN TEST AWARDS!



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# the SCREEN TEST

◁ When asked for the last thing they had watched, our sample split 50:50 between those who named a streaming show and a traditional TV programme. Yet more than 80 per cent of respondents had binge-watched box sets, 56 per cent of them regularly. Does this mean traditional broadcasters will soon join the likes of Netflix and box-set most of their wares? “My hunch is that you are going to see a pendulum swing against the binge watch,” said Katz. “People are starting to realise that delayed gratification really makes you appreciate things more.”



**THEY DID WHAT?**  
Claudia Winkleman's *The Traitors* provided lots to talk about

**H**AS THAT HUNCH been picked up by the streamers? Among the panel of experts was Chris Bird, the MD of Amazon Prime UK, which doesn't box-set some of its biggest hits, notably *Clarkson's Farm*. “Because you're on demand doesn't mean you have to put up everything at the same time. The ability to share an experience of watching the

**‘The shared experience of watching the same thing is really important’**

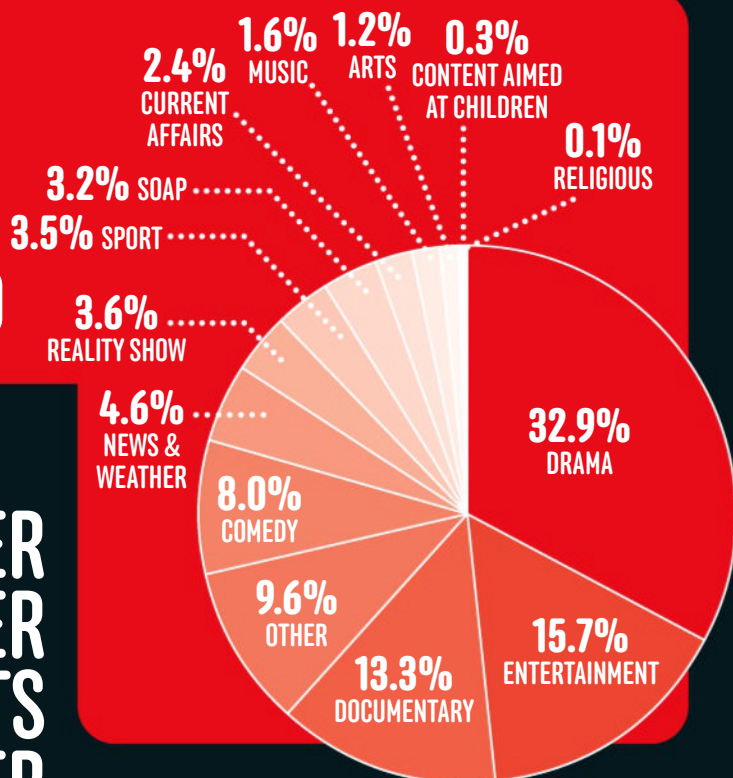
**CHRIS BIRD, AMAZON**

same thing at the same time is really important,” said Bird. “When I think about water cooler moments, I think about the day after *Line of Duty* or the *Game of Thrones* finale. You can't talk about a show with someone if they haven't watched it.”

A century on from the birth of *Radio Times*, when it covered just six radio stations, our readers are navigating a blizzard of content in the digital universe. Now, thanks to this research, the TV industry can begin to understand what motivates people to watch what they do – and can give them more of what they want. Which takes us back to happiness.

“What's so interesting,” said Moore, “is that TV makes you happy – but it wasn't just through entertainment. It was, ‘TV makes me happy because it helps me feel better, more informed and I walk away from it feeling my curiosity has been sated.’ That should be music to all our ears.”

## THE LAST SHOW YOU WATCHED



## 9 WATER COOLER MOMENTS MATTER

However people watch TV – alone on a laptop or together in a room – television has a social focus. Virtually all respondents – 99

per cent – talked to others about programmes they had watched. And 39 per cent of people said one or more of their reasons for watching TV was social connection. Thousands of people also talked about making a social connection with the characters or the people on screen. The figure for radio and podcasts was 25 per cent.

## 10 WE WATCH BECAUSE WE CARE

The most common genre for the last programme watched was drama, chosen by 32.9 per cent of our sample. Drama was also the most popular type of show to watch for respondents who scored highly on empathy.

## HAVE YOUR SAY!

Vote now in the Radio Times Screen Test Awards

Nominate the shows that made you feel good and improved your well-being over the past year. We have devised seven key categories – choose one programme for each category, taken from the past 12 months.

**1 HAPPY TV**  
Which show made you happiest in the past year?

**2 STRESS BUSTER**  
Which show left you most at ease or relaxed?

**3 EMPATHY AWARD**  
Which character in

a drama did you most empathise with?

**4 BEST BOX SET**  
Which series did you think was best for bingeing?

**5 WATER COOLER MOMENT**  
What show did you most talk about?

**6 REITH AWARD**  
Which show most informed or educated you in the past year?

**7 TRUST AWARD**  
What was your favourite programme on radio or podcast?

To vote, visit [radiotimes.com/screentestawards](https://radiotimes.com/screentestawards)

Voting closes Sunday 22 October at 11.59pm. The results will be announced at our awards dinner to be held in London on Tuesday 7 November. For terms and conditions, see website





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# ‘Strictly just brings joy!’

Boosting our serotonin levels is all in a day’s work for *Strictly* professional dancers **Giovanni Pernice** and **Karen Hauer**

INTERVIEWS BY  
HUW FULLERTON

**A**S THE NIGHTS grow colder and the autumnal darkness creeps in, it’s hard to think of a show more suited than *Strictly Come Dancing* to lift the nation’s spirits. “It’s all about positivity. It’s all about having a good time,” agrees long-time professional dancer Giovanni Pernice. “It just brings joy!”

It’s clear audiences feel the same way – when Pernice steps onto the stage for our cover shoot, fans in the crowd whoop, cheer and hang on his every word. For the 33-year-old pro, it’s all part of the job.

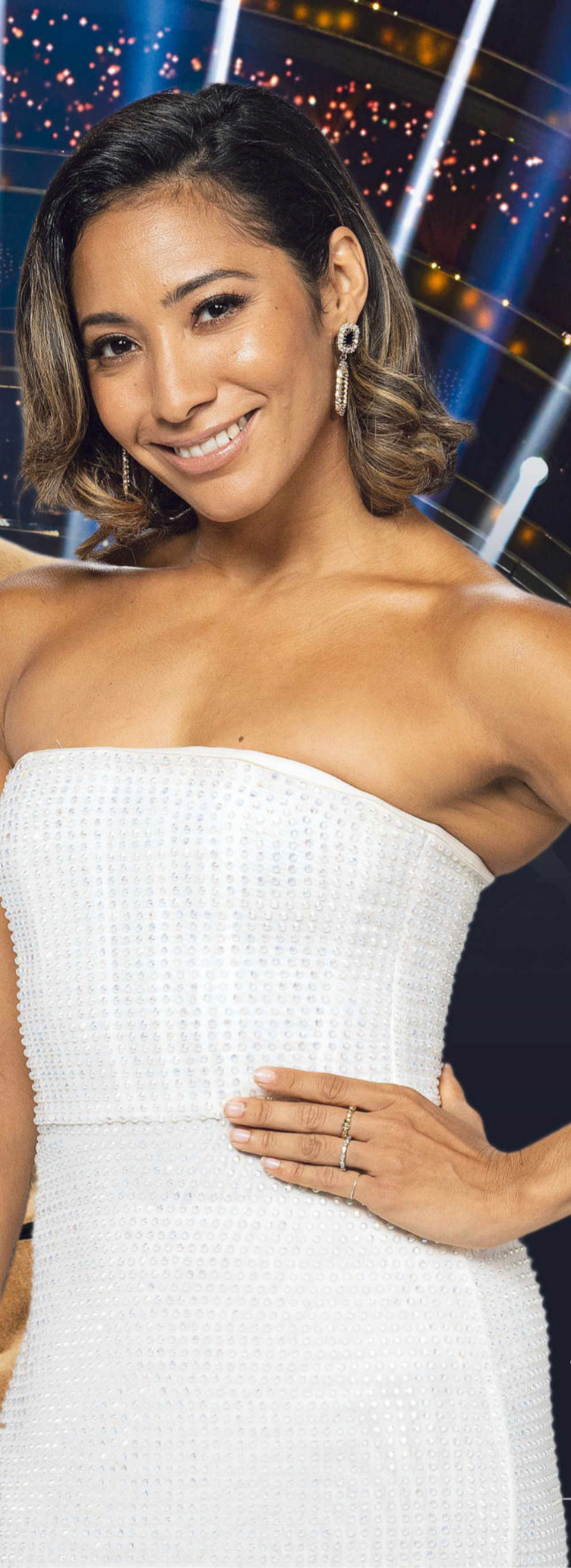
“Listen, it’s beautiful,” he says. “Every time I meet a person who watches *Strictly*, they’re all super-excited. People give you a standing ovation without you even doing anything – you’re just walking in.”

“The amount of people that come up to me whenever I’m out and say how much happiness we bring to them... it’s incredible,” adds Karen Hauer, currently the longest-serving professional on the show, with 2023 her 11th year under the glitterball. “Doing a job that makes people happy and makes them smile is something I never take for granted,” says the 41-year-old dancer.

“Working on this show can be exhausting. But the fact that we get to entertain the nation – that’s where we get the energy.”







## KAREN HAUER

**Strictly Come Dancing seems to lift the mood of the nation – is it as much fun to be part of as it is to watch?**

Yeah! When you're actually live on TV dancing, it goes by in a flash. You're like, "Oh my God, was I having fun? I think I was having fun." But the fun and happiness linger around. It's a very special place to be.

**You joined the show in 2012 – how different was it back then?**

Well, Len Goodman was still on the panel and Bruce Forsyth was still there – two legends. I was fortunate enough to be in their presence and dance for them.

It was terrifying, but beautifully terrifying. I'm much calmer nowadays, when it comes to getting the celebrities ready, being in front of

the public and knowing what the public wants and needs from us.

**How does the dancing make you feel? Is it different dancing on Strictly compared to a night out, or at home?**

I've been dancing since I was eight, so it's always been a part of me. But when I'm out in a club, I'll be at the bar – you won't catch me on the dancefloor! I never tell people that I'm a dancer. At most I would probably be doing a sidestep. Side together. Side together.

**How do you balance working on something you love with having rest?**

I dance 360 days a year. I probably have only four days off. Now that I'm in my 40s, it's even more important for me to have time for myself, and switch off, and to allow my body to recuperate and heal.

**Watching you dance on TV makes us happy and relaxed – do you turn on the TV to chill out?**

At the moment, not much – I just try to read or meditate. When I was younger, I was definitely hooked on TV and watching

*The Great British Bake Off* or *MasterChef*. But nowadays, I just need to sleep.

**When you were growing up, were you part of a big TV household?**

When I was growing up in New York, I remember I'd come home, my mum cooking in the kitchen, and I'd turn on the TV, just in time to watch *Saved by the Bell*. My mum's from Venezuela, so she liked watching all the Spanish and Latin soap operas. Those were on in the background of my childhood.

**What's the last TV show you watched?**

*Sex Education* on Netflix. It's magnificent. Like dancing, it's all about connecting to your body, and connecting to yourself.

**Do you watch the news?**

I try not to... You know, I like to know what's going on in the world. But at the same time, it does kind of give you a bit of stress. ▶

**'During the pandemic Strictly gave us a purpose: it was needed by us and the nation'**

KAREN HAUER



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◁ Maybe that's why we need shows like *Strictly* – to act as a stress reliever?

Yes, 100 per cent.

**Do you think *Strictly* brings people together? It was a big draw during the pandemic.**

Definitely – and it also gave us a purpose, you know? All the dancers and production went into a bubble. We were in a hotel creating and putting together the show, all the numbers, and were able to bring that to the public – bringing a smile, bringing happiness: “There is light at the end of the tunnel. *Strictly* is here.” We had to sacrifice being home with our families to do that, but I think that was something that was very much needed for us, as well as for the nation.

**You've been on *Strictly* longer than any other current pro – other dancers have gone on to present new shows or do other projects. What's next for you?**

Right now, I'm really happy with being a professional on *Strictly*, and to continue spreading that love of dance. As clichéd as it sounds, it can change your life, and some people still have no idea. But also, I'd love to be a judge on *Strictly*. I love to teach and I love to guide people. I think that's my calling, my next step.

## GIOVANNI PERNICE

**What is it about *Strictly* that brings joy to viewers?**

The music, the dance, the sparkle – it's a combination of all these things together. It's all about positivity. It's all about having a good time. And that's why I think *Strictly* is always going to be successful – you don't think about anything. You just enjoy yourself. That's what *Strictly* is about. It brings everybody together.

**You're the longest-serving male pro – has the show changed during the time you've been on it?**

I don't know if the show has changed – maybe the group numbers are bigger and better. But I think I've changed because I feel more comfortable. I remember when I started, obviously I was nervous about the whole thing.

**Do you remember your first dance on the show?**

I do. From that experience I completely understand how the celebrities feel when they do the first live show. It's nerve-wracking. You're about to dance in front of millions and millions of people watching you. I also didn't speak much English, so I was worried about the interview with Claudia [Winkleman] afterwards. I was actually more scared about that than the dancing!

**Do you feel less pressure now?**

The pressure is always there from day one, and it's going to be until my last day on the dancefloor. It's a pressure about wanting my partner to look amazing. Every Saturday, it's a gamble. You're training all week so you hope that, on the Saturday, this time it'll go right.

**What would you say has been your happiest moment on the show?**

There's a few, my



### WINNING STYLE

Pernice and Rose Ayling-Ellis heading for the trophy in 2021

*‘Strictly is all about positivity and having a good time’*

### GIOVANNI PERNICE

friend. I've been there for nine series! Obviously, what I did with Rose [Ayling-Ellis] – that was a moment I will not forget. Not because of the scores or because we won the show, but because we raised awareness for the deaf community. It was bigger than the dance.

**How does dancing make you feel?**

Dancing itself is a beautiful thing. It's been with me all my life, since I was seven years old. I couldn't imagine myself doing anything else, because it's a way to express yourself. Dancing is what I do. It's the only thing I know how to do in my life at the moment.

**Do you ever watch TV to unwind after rehearsal?**

Definitely, after a day of work, it's easy to flip on the TV – just to relax, and not think about anything else, really. I watch a bit of everything. It depends on how I feel that day, you know? I love a bit of *The Chase* and *Tipping Point*. At the same time, I'll watch a BBC

series or a drama. And I was obsessed with *The Traitors*.

**What was it about *The Traitors* that caught your attention?**

I just love the concept of the show and Claudia's unbelievable in that as well, which is a bonus. When it came out, the other pros and I all started to chat about the series and how amazing it was. At some point, we thought, “Why don't we do *The Traitors* with all the professionals?” A *Strictly Traitors*! Now that's a special.

**Did you watch a lot of TV when you were growing up in Italy?**

Well, it sounds prophetic, but when I was young, I watched *Come Dancing* – the show before *Strictly Come Dancing*. That's the reason I started dancing. But I wasn't a big TV watcher. I was always in the studio, practising, practising, practising.

**What does the future hold for you – are you planning to stay on as a *Strictly* pro for a while longer?**

I'm not sure what's happening in the future, you know? I can tell you what's happening in the present. I'm here, focused with Amanda and trying to do another great routine. And the future – who knows? *Strictly* is a show that changed my life. I will be there for as long as they want me.



### FIRST STEPS

Pernice and Hauer in their *Strictly* debuts, with Georgia May Foote and Nicky Byrne





AFTER THE DEATH of a parent, it can be painful to catch sight of a photograph. But the oldest sons of the writer John le Carré have spent two years since he died looking at hours of footage of him while working on a documentary, *The Pigeon Tunnel*, that they started in their father's final year. So how did it feel to see him so vividly alive again on screen?

"It was terrifying and it was deeply emotional," says Simon, 66. "When you mix family and work, life and art, love and pain, there are going to be tough moments, but it was an amazing experience." His brother, Stephen, 63, adds, "We didn't set out to make a film about someone who had died; we treated it as a film about someone who was alive."

A rare example of an author who combined number one international bestsellers with ten-out-of-ten reviews, Le Carré's celebrity was increased by TV adaptations of his novels including *Tinker, Tailor, Soldier, Spy* (BBC2, 1979), *The Night Manager* and *The Little Drummer Girl* (BBC1, 2016 and 2018) – the latter two produced, like *The Pigeon Tunnel*, by Simon and Stephen's company, the Ink Factory.

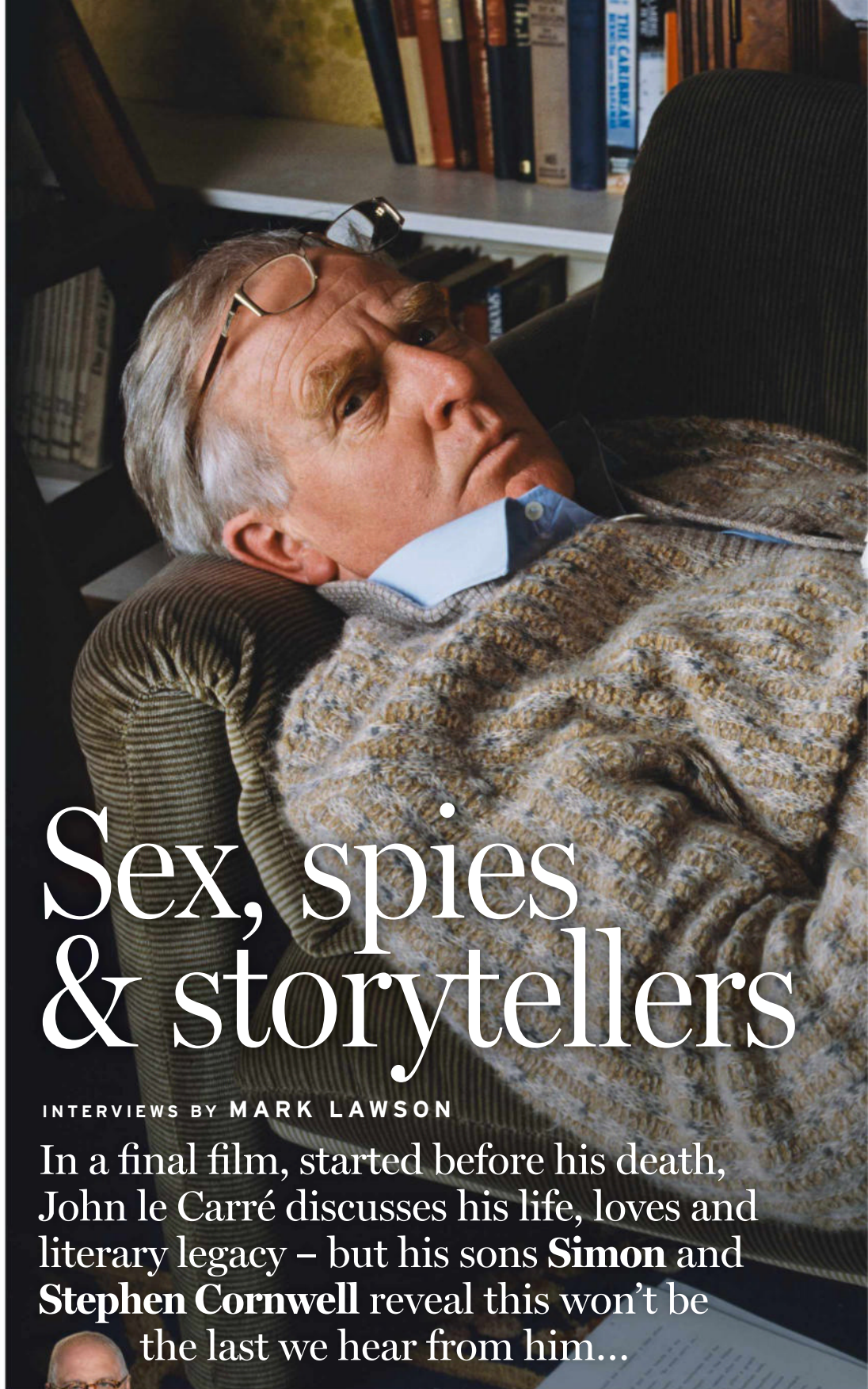
Le Carré – the pen name of David Cornwell – died in December 2020, aged 89, from pneumonia following a fall. News of his death led TV and radio bulletins. Was their bereavement complicated by being shared with millions of readers? "Absolutely," says Stephen. "But that response came from Dad being absolutely significant to people. It delays and even sublimates private grief. But the public grief is very valid and an expression of his significance."

"And I think that continues with this film," Simon picks up. "Watching the film with an audience is an extraordinary experience because there, let's face it, is your dead dad talking from the screen and yet you are with a roomful of others. But you see what he meant to people."

IN ONE OF the final entries in *A Private Spy: the Letters of John le Carré*, published last year, the novelist writes to a friend, in May 2019, that American director Errol Morris wants to make a documentary. "I expect I'll fall for it, and regret it," the letter predicts. We know he fell for it (*The Pigeon Tunnel* is released by Apple TV+ this week) – but would he have regretted it, I ask the Cornwell brothers. "I don't think so," says Simon. "And I think he would have been even happier if he'd seen the finished film. He prepared quite assiduously for it. Although it turned out differ-



**COLLABORATION**  
John le Carré with  
Errol Morris,  
director of *The Pigeon Tunnel*



# Sex, spies & storytellers

INTERVIEWS BY MARK LAWSON

In a final film, started before his death, John le Carré discusses his life, loves and literary legacy – but his sons **Simon** and **Stephen Cornwell** reveal this won't be the last we hear from him...

ently from what he was expecting." What was he imagining? "I believe he was expecting Errol to be in search of some singular answer about who Dad was," says Stephen.

In a separate interview from his New York office, Errol Morris makes it clear that was never going to happen: "Some people think the questions are not adversarial enough. I'm not sure I even believe in adversarial questions. I'm an agenda-free interviewer."

Le Carré, though, had reason to be unsure about what to expect from Morris, whose work ranges from long-form interviews – such as *The Fog of War* (2003), interrogating Robert McNamara, US defence secretary during the Vietnam War – to the true-crime story, *The Thin Blue*





**PAGE-TURNER**  
John le Carré,  
photographed in  
1985, with the  
manuscript for his  
novel *A Perfect Spy*



**GREECE, 1964**  
David Cornwell (aka  
John le Carré) with  
his wife Ann and  
sons Stephen,  
Timothy and Simon

*Line* (1988), about the shooting of a Texas police officer. “I’ve tried to evolve what I like to think is my own unique style of making films,” says Morris. “Are they documentaries? Are they dramas? I don’t know what they are.”

*The Pigeon Tunnel* shares its title with le Carré’s 2016 memoir, and focuses on several anecdotes from that book, including one of the author’s strangest. As Morris explains, the writer was “so annoyed” by Adam Sisman’s 650-page biography, published in 2015, that “he felt he had to provide a kind of response, even

though it’s not a direct one. His book is a deeply perverse autobiography where he chooses among parables from his life.”

A central figure in the film is Ronnie Cornwell, le Carré’s father, jailed in England and prosecuted around the world for fraud, bankruptcy, scams and dreams, including the “Amphicar”, a hybrid road-water vehicle. He informs and haunts le Carré’s greatest novel, *A Perfect Spy* (1986), made into a BBC TV series, in which a criminal trickster’s kid becomes, as David

Cornwell did, a British secret agent.

I had always thought of Ronnie as a petty crook, but enter some of the figures mentioned in *The Pigeon Tunnel* into the Bank of England inflation calculator, and they amount to many millions now. “It seems an odd thing to say about your grandfather, but he was a proper crook,” says Simon. “There are pictures of him with the Krays,” Stephen adds: “If anything, Dad

## ‘Dad played it down, but our grandfather was a criminal’

**STEPHEN CORNWELL**

played him down in terms of his criminality. When you explore it, Ronnie was a significant, relentless and unrepentant criminal.”

Their father often wrote and spoke about the consequences of having a “conman dad” and of his mother leaving the family home when he was five. Has there been an effect on them

of having a “conman granddad”? Simon thinks. “I have memories of Ronnie coming to see us in Germany in the 1960s. We wanted him to drive the Amphicar across the Rhine. I was largely kept away from him until my teens, when he would turn up at my school and take us out to Simpsons in the Strand. Which I remember being mainly in silence because he had no idea what to say to a snotty 14-year-old. All I was hoping was that he wouldn’t pay the bill, thus fulfilling all dad’s stories about him.”

**S**TEPHEN SAYS, “I think he didn’t pay the bill but tipped heavily and so got out of there without being rumbled... But Dad kept Ronnie distant from us and then reintroduced him with great caution when we were considered less corruptible.”

Do they worry – especially as film producers – about carrying Ronnie’s devious genes? Stephen laughs. “No. The most interesting gene is the storytelling one. A conman constructs a narrative and peoples it to convince others. And obviously that’s a component of spies and storytellers. There have been many authors, journalists, an actress [the late Charlotte Cornwell] in the family. So there is a cycle of storytelling that did begin with Ronnie.”

The interview with le Carré in *The Pigeon* >



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◁ *Tunnel* is beautifully fluent. “We didn’t once have to cut or edit the interview because he hesitated or stumbled,” says Simon. Le Carré becomes uncomfortable only once. When private betrayals are mentioned, his blink rate goes up, his face closes down and he says he isn’t going to talk about his love life or sex life.

Since the author’s death, a woman claiming to have had a long affair with him has published, under the pseudonym “Suleika Dawson”, *The Secret Heart: an Intimate Memoir*. This month, Adam Sisman publishes *The Secret Life of John le Carré*, cataloguing all the adulteries that the subject made him omit from the original biography.

## ‘We all still love to fantasise about a *Night Manager* 2’

SIMON CORNWELL

The Cornwell sons gave their approval to Sisman and say they wish “Dawson” well. But few children like to contemplate their parents’ sex lives – and, in this case, frequent betrayals of their late mother, Ann, and stepmother Jane, who died three months after their father – so was it difficult to formulate a policy on these kiss-and-tell books?

“I don’t think we can or should ignore it,” says Simon. “It’s part of who he was and part of his work. There are very close connections between the books and people in his life. I think, to the extent that we have a ‘policy’ as a family, it’s not *not* to talk about it but to talk about it respectfully and sympathetically, because we are talking about special human beings a lot of the time as well. It’s a difficult area but, for a long time, it’s not something we’ve been unaware of. It’s something we grew up in.”

“Speaking for myself,” Stephen adds, “there’s a lot of processing in there still to be done. So that’s where we are... It falls within the context of a lot of love and it’s part of that picture.”

TOWARDS THE END of the letters, their father is working on a mash-up for the BBC of *The Spy Who Came in from the Cold* and *A Legacy of Spies*, which he then describes as “a waste of time” – so what happened? “We’ve been on a long and ultimately soon to be very happy journey with the TV version of *The Spy Who Came in from the Cold*,” says Simon. “We started long ago talking about adapting the book as a series but it’s short and intense. There isn’t six hours of TV there, so Dad started writing notes about what might have happened before and after – five pages, 20, 70 and then a whole novel, *A Legacy of Spies* [2017].”

“As Dad got older, he became more and more interested in the universe of his stories

## WHERE TO WATCH JOHN LE CARRÉ

Selected by Mark Lawson

### Tinker, Tailor, Soldier, Spy BRITBOX, APPLE TV+

Starring Alex Guinness, BBC2’s 1979 adaptation of le Carré’s 1974 novel remains the key screen version of his fiction.

### The Night Manager BBC iPLAYER

In this acclaimed 2016 update of the 1991 novel, spook Angela Burr (Olivia Colman) hires ex-military officer Jonathan Pine (Tom Hiddleston).

### The Complete George Smiley Radio Dramas AUDIBLE, AMAZON

Simon Russell Beale is the second finest Smiley after Guinness in Radio 4’s epic dramatisation of the first eight Smiley books.

### Front Row: John le Carré BBC SOUNDS

Interviewing the writer in 2009 remains one of my strongest memories. His literary and political intelligence, mimicry and charisma reveal what made him a great writer.

### A Perfect Spy

AMAZON PRIME VIDEO

Although the writer published a memoir, *The Pigeon Tunnel*, it’s his 1986 novel, adapted by the BBC in 1987, that gets closest to who he was.

### The Spy Who Came in from the Cold

AMAZON PRIME VIDEO, PARAMOUNT+, NOW

This 1965 movie was the first screen adaptation of the author’s work and remains among the best.

### The Little Drummer Girl

BBC iPLAYER

With Florence Pugh as an Israeli double agent, this adaptation of a 1983 le Carré novel is a complex (sometimes too much so) examination of Middle Eastern politics.



**STAR POWER**  
Tom Hiddleston in *The Night Manager* (2016) and (left) Alec Guinness on the RT cover in 1979 for *Tinker, Tailor, Soldier, Spy*



and how they all related to each other,” says Stephen.

The letters also describe long meetings about a possible sequel to the TV version of *The Night Manager*, with le Carré hoping “to bring together the old gang, minus Tom Hollander whose part I so carelessly dispatched”.

“We all still love to fantasise about *Night Manager* 2,” admits Simon, “and to this day people still ask us about it. Personally, I’d love there to be one, but Dad only wrote one book [of that story.]”

TELL THE CORNWELLS that my dream as a viewer is a multi-season TV series based on all nine novels about the spy George Smiley, from *Call for the Dead* to *A Legacy of Spies*. Simon nods. “That is our dream, too. It could be so rich and wonderful. It’s an exciting prospect.”

With their stepbrother Nick, they are their father’s literary executors. (A fourth son, the journalist Tim Cornwell, died suddenly last June, soon after brilliantly editing the Letters.) A novel, *Silverview*, was published posthumously two years ago. Correspondence speaks of an unperformed stage play about the conman dad, *Ronnie Boy*, as well as some final short stories about George Smiley. So might the le Carré shelf extend?

“He was an extraordinarily fecund writer,” says Simon. “There are no more novels. But, yes, there are some short stories. We read an extract from one at his memorial service. There are a lot of non-fiction pieces. We want to be very careful with our curation of it but, yes, there’s a lot of his writing out there that, in the fullness of time, might find its place.”

**DOUBLE AGENT**  
Florence Pugh stars in the BBC’s 2018 adaptation of *The Little Drummer Girl*



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## CENTURY QUIZ 1970s

From *Elizabeth R* to the energy crisis, and Python to *Porridge*, how well do you know the 70s?



### 1 DAD'S ARMY 1970

Clive Dunn was the cover star as Lance Corporal Jones, proudly leading the Walmington-on-Sea platoon into their fourth series. *RT* asked some of the show's stars what they did in the war. Dunn had been captured in Greece during the Second World War and spent four years in PoW camps. Arnold Ridley (Private Godfrey) saw action in both wars and, invalided out in 1940, joined the Home Guard. John Laurie (Private Frazer) fought in the First World War and, like Ridley, then served in the Home Guard. **What was Jones's familiar cry at the threat of danger?**

- a "Don't panic! Don't panic!"
- b "Permission to speak, sir?"
- c "They don't like it up 'em!"



### 2 ELIZABETH R 1971

Glenda Jackson's performance as Queen Elizabeth I in this classic drama was applauded, lauded and awarded. Jackson's portrayal of the monarch took her from age 15 to 70 over the course of six 90-minute episodes. For the role, Jackson shaved her head and wore a false nose. "Developing a character over this enormous width of canvas was a challenge I couldn't resist," she told *RT*. "She was like a chameleon, altering to suit the circumstances and people she was with, keeping her central self very much to herself."

**For a key episode where Elizabeth is imprisoned, scenes were filmed on location and the famous Traitors' Gate was raised for the first time in a century. Where in London was Elizabeth locked up?**

- a Houses of Parliament
- b Tower of London
- c Royal Observatory



### 3 TILL DEATH US DO PART 1972

Alf Garnett was back on TV as the controversial sitcom returned after a four-year break, with Warren Mitchell as the East End bigot, along with Dandy Nichols, Una

Stubbs and Anthony Booth. Now a grandad, Alf still had plenty to say about the nation, and the nation was still laughing as the series drew audiences of 16 million. As for Alf's extreme views, as *RT* commented at the end of series two in 1967, "If you laugh with Alf Garnett, you have merely been entertained. If you laugh at him, you have been entertained and informed – and that's a victory for Johnny Speight."

**What was the title of the BBC1 sequel to *Till Death Us Do Part* that began in 1985?**

- a *For Better, for Worse*
- b *For Richer, for Poorer*
- c *In Sickness and in Health*



### 4 THE LAST GOON SHOW OF ALL 1972

On Sunday 30 April 1972 at the Camden Theatre in London, the Goons – Spike Milligan, Peter Sellers and Harry Secombe – returned after 12 years to record a show for Radio 4 as part of the BBC's 50th anniversary. Secombe had fond memories of the series. "We'd come alive on Sundays. It was like being let out of school. We'd be hysterical reading the scripts," he told *RT*. But for Milligan the pressure of writing took its toll on his mental health – "You can say I gave my sanity to that show," he admitted.

**For much of *The Goon Show*, Harry Secombe played the central idiot around which all the craziness revolved – what was his character's name?**

- a Bluebottle
- b Neddie Seagoon
- c Eccles



### 5 THE ENERGY CRUNCH 1973

A BBC1 documentary series turned the light on the world's energy crisis by looking at the likely effects of mankind's consumption of the Earth's fuel resources. *RT* reported that the world's supplies of oil and gas were running out, and the shortages would affect Britain by 1980, despite the North Sea

discoveries. Experts said that oil would be exhausted by 1995. As for nuclear power, the prediction was that by 2000 Britain would receive 60 per cent or more of its electricity from reactors. Experiments were being carried out to find the best way of harnessing the sun's energy, including the possibility of solar panels on homes, and geothermal energy was another option. As one scientist said: "The energy problem will solve itself – either we approach the subject rationally or the lights will go out."

**During the energy crisis of 1974, what term was used to describe when businesses reduced their working hours?**

- a Three-day week
- b Energy freeze
- c Power break



### 6 CILLA BLACK 1974

Smiling but genuinely terrified, entertainer Cilla Black posed with two Brazilian macaws while their owner, Brighton Pier photographer Jim Critchlow, snapped away. The nervousness was due to her last encounter with a parrot. "It bit me neck, took a chunk out of it," she told *RT*. The cover was promoting an August Bank Holiday edition of the BBC1 variety show *Cilla*, which had been running since 1968. The series changed the singer's life and allowed her to do more, such as act in comedy sketches and, in a weekly filmed segment, share banter with the public. "I like talking to people on the streets, not the bloomin' jet set," said Cilla.

**The original theme song to *Cilla* was written by Black's friend Paul McCartney – what was it called?**

- a *Alfie*
- b *Step Inside Love*
- c *Surprise Surprise*



### 7 THE NHS 1974

The NHS was 26 years old and Radio 4 ran a series of programmes examining health issues, including the state of the NHS itself. *RT* provided statistics

and reports on both GP group practices and mental health care.

**Launched in 1948 by Aneurin Bevan, Park Hospital became Britain's first NHS hospital. Now known as Trafford General Hospital, which city is it in?**

- a Birmingham
- b Manchester
- c Southampton



### 8 MONTY PYTHON 1974

Python animator Terry Gilliam brought his unique artistic and comedic talents to the cover of *RT* to promote the fourth series of *Monty Python's Flying Circus*. Now in its fifth year, the BBC sketch show had become a national institution, attracting ten million viewers. But changes were afoot, and this series would be the last, with only six episodes instead of the usual 13 and minus a Python. Gilliam confided to *RT*, "It's not quite as much fun as it used to be and that really worries me. What was nice at the beginning was that we were all really enjoying it. Now it is getting a bit like work. I'm sure everyone feels this, although they may not admit it."

**Which member of the team didn't appear in the final series?**

- a John Cleese
- b Eric Idle
- c Michael Palin



### 9 PORRIDGE 1975

Ronnie Barker was back as habitual criminal Norman Stanley Fletcher, stirring up the laughs in another helping of Dick Clement and Ian La Frenais's award-winning BBC1 sitcom *Porridge*. To herald in the second, penultimate series, *RT*, inspired by Ronnie's passion for collecting comic postcards, drew on the talents of cartoonist Peter Brookes to emulate the style of Donald McGill's famous saucy postcards. **How many years was Fletcher sentenced to serve at HMP Slade?**

- a 3 years
- b 4 years
- c 5 years

Questions by Mark McCaighey





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## SUPER LEAGUE

RUGBY'S  
BEST-KEPT  
SECRET

The 15-man code needs its league cousin more than it likes to admit, says **Simon Barnes**



IN 1895 RUGBY league established itself as a professional sport. It took rugby union precisely 100 years to do the same – so it's hardly surprising union is continuing

to learn from league, shamelessly stealing tactics, methods, attitude – and personnel.

This weekend gives a fine opportunity to compare and contrast: the rugby union World Cup in France reaches the quarter-final stage, while the Super League, rugby league's premier domestic competition, reaches its Grand Final. The format involves 12 clubs each playing 27 games before the top four play each other in two semi-finals ahead of the final.

This coincidence might look like a scheduling bloop of massive proportions, but the fact is the crossover audience isn't enormous. Snootiness on the one hand and parochialism on the other tend to mean that diehard rugby fans follow one game and not the other.

## 'The Grand Final will be a feast of tackling, running and passing'

The international dimension of union brings in the floating voters of sport: if patriotism can get millions to watch a weekend of golf, as in the recent Ryder Cup, then an opportunity to cheer for Our Lot in rugby union will often appeal to non-rugby buffs. But if you happen to think that the best things about rugby are tackling, running and passing – understanding space at speed in circumstances packed with jeopardy – then the Super League Grand Final will provide a feast.

As *RT* goes to press, Wigan Warriors are favourites, though they have yet to play their semi-final. They finished the league in first position, which meant a semi against fourth-placed Hull Kingston Rovers, who did exceptionally well to reach so lofty a position.

Wigan are managed by Matt Peet and if he were a stick of rock, it would read Wigan right

through him. His team is built around a mighty defence and astonishing consistency, which aren't the sexiest assets in either code of rugby, but are seriously effective in both. That's not to say Wigan can't do the dazzling stuff as well, though. Jake Wardle plays in the centre or on the wing and has power, a great step and a fine sense of timing on the pass. But it's his understanding of space that sets off all his other talents – the ability to go through a hole at pace in a place where no one else knew a hole existed.

THE TRADITIONAL FOLLOWERS of rugby union – people whom my Wigan-born father would describe in three terms, the first two of which were "toffee-nosed" and "southern" – may not trouble themselves with the Grand Final, and may not care which of Catalans Dragons (the one team in Super League that's not on the M62) and St Helens makes up the other half of the Grand Final.

But the people who coach rugby union will be watching very closely indeed. Phil Larder, who modernised England's defence, came from rugby league; Shaun Edwards, also ex-league, coached the Wales defence and now does the

same job for France. But Andy Farrell (father of the England captain Owen Farrell) has gone one better. He played for Wigan for 13 years before switching codes. He now coaches Ireland and, before the tournament began, had established them as the number one team in the world.

Of course, union and league have their differences, and I'm not just talking about culture and sociology. Rugby union is based around set pieces like the line out and, more noticeably, the now totally ungovernable scrum. Union diehards insist on its importance, because if they didn't their game would look like rugby league. But the main difference is that in league you retain the ball in a tackle (though it's slightly more complicated than that), while in union you can compete for the ball after the tackle as long as you don't fall over.

Both games have their good points, of course. But I still find it amusing that after a century of despising league for the ultimate horror of (openly) paying players for playing, union now happily pays rugby league coaches to show them how to play their own game. I'll be cheering for Wigan if they make it – my father would expect it.

Coverage of the Super League Grand Final is on Saturday at 5pm (k/o 6pm) on Sky Main Event/Arena, 5 Live



**OVATION**  
As last year, the Super League Grand Final will transform Old Trafford



**CODE BREAKER**  
Ireland head coach Andy Farrell (top) was a star for Wigan Warriors

## PICK OF THE WEEK'S SPORT ON TV

### RUGBY WORLD CUP

#### QUARTER-FINALS 1 & 2

Saturday and Sunday:  
3pm (k/o 4pm), 7.15pm  
(k/o 8pm) **ITV1/S4C**,  
**5 Live** Watch out for  
Wales and Ireland on  
Saturday; England  
play on Sunday.

### ODI CRICKET

#### ICC MEN'S WORLD CUP: INDIA v PAKISTAN

Sat 9am **Sky Sports**  
**Main Event/Cricket**,  
9.15am **5 Sports Extra**  
**ENG v AFGHANISTAN**  
Sun 9am **Sky Main**  
**Ev/Cricket**, **5 Sp Ex**

### FOOTBALL

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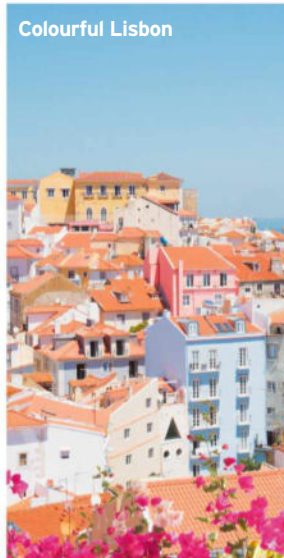
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HIDDEN GEMS OF FRANCE, SPAIN & PORTUGAL	<i>Ambition</i>	12 Days	Bristol	02/05/2024	£1,069	£535	£1,604
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NORWAY'S NORTH CAPE & LAND OF THE MIDNIGHT SUN	<i>Ambience</i>	14 Days	Tilbury	17/06/2024	£1,369	£685	£2,054
TREASURES OF DENMARK & SWEDEN	<i>Ambition</i>	13 Days	Newcastle	30/09/2024	£1,359	£680	£2,039
BRITISH ISLES DISCOVERY	<i>Ambience</i>	12 Days	Tilbury	05/05/2024	£1,379	£690	£2,069
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## HONEST PORTRAIT OR GOLDEN BALLS?

The Beckham documentary is a PR triumph of polished perfection

It was Socrates who said that the unexamined life is not worth living. But even the Greek sage might have had pause to reconsider as he approached the fourth hour of the Netflix series peering into (almost) every aspect of the life of David Beckham – leaving nary an unexamined colour-coded sock drawer, or an unexamined kitchen hob, which Beckham reveals he cleans every night like some kind of fairytale elf.

It's all there – from the glory days of Manchester United, to the global superstardom of Real Madrid, LA Galaxy, AC Milan and onwards, complete with each chapter's Greek chorus: Gary and Phil Neville from the Manchester days, Fabio

access to sock drawers and other crevices, the stars control every aspect of what we learn. It would be remiss of the director (*Succession*'s Fisher Stevens wearing his film-making hat) to leave us believing David to be anything other than a talisman of talent, as beautiful as he is hardworking.

To be sure, fans of football, celebrity and beyond will lap up every morsel. The archive, both on and off the pitch, is evocative of an era, at the centre of which is Beckham's story – well, up to 2001 at least.

The period between him being sent off in England's

game against Argentina in the 1998 World Cup (and the vilification that followed) through to his miracle goal against Greece in 2001 that put England through to the 2002 World Cup, is the stuff of *Boys' Own* adventures. And there are some positive takeaways: his work ethic, his resilience in the face of bullying by braying crowds and the tabloid press, the importance of family, good manners, of keeping one's feet on the ground.

But there's the rub, because their feet are hardly on the ground. What could be a charming tale of young love – “he would charter a tiny, tiny plane just to come and see me for two hours,” remembers Victoria – reminded me of the vast wealth enjoyed by the couple. Their journey of working-class aspiration via hundreds of brands has led to coining it in in Qatar (deafeningly undiscussed here) and onward to this PR exercise, with an Oscar-winning director at the helm who was recommended by David's pal, Leonardo DiCaprio.

I'VE INTERVIEWED BECKHAM twice. On both occasions, he was well-mannered, quick to shake a hand and surprisingly adept at slithering around questions on Qatar and other off-brand topics. I said afterwards to one of his people: “That man's been PR'd into a paper bag”. She replied happily, “All my work.”

The same person is on show here, which means that, while glitteringly impressive, this series will not stay long in the heart, unlike other documentary memoirs of sports stars like Boris Becker and Lance Armstrong, both of whose narrative curve went in the opposite direction to Beckham's: great riches followed by great falls.

The sad truth is that real, soul-baring failure isn't something any of us would offer up, given the choice. But it's a lot more interesting, if I'm being honest.

Beckham is on Netflix. Boom! Boom! The World vs Boris Becker is on Apple TV

‘Fans of football and celebrity will lap up every morsel’

Capello in Madrid – you name it, it's in.

And for each documented incident – of which there are many – the Beckhams get to have their say, from lamenting the fractured relationship with father-figure-turned-villain Sir Alex Ferguson, to an impressively light-footed dance around David's alleged indiscretions – “a hard time, if I'm being honest,” says Victoria (as opposed to what?). “We're both fighters,” says David. Fighting each other, or the tabloid press? It remains unclear.

Because that's the deal here, as with so many of these so-called “intimate” tell-all documentaries: in exchange for providing



### IDOL TALK

Left to right: receiving that red card at the 1998 World Cup; with Victoria earlier this month; Lance Armstrong talks to Oprah; Boom! Boom! The World vs Boris Becker



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## **CRIME DRAMA** **Bodies**

*All 8 eps on Netflix from Thursday*

London, the present day: detective Sharaha Hasan (Amaka Okafor) is assigned to monitor a fascist march, but is sidelined first by a strange electrical surge and then by the discovery of a dead body. But what seems like a decent, gritty cop show harbours grander ambitions. Soon we're surfing multiple timelines decades apart, tracking police sleuths who all have their own crosses to bear and are investigating similar murders. *Bodies* pulls off the pleasant trick of making you disappointed when you have to leave one era, only to be delighted that you've returned to another – and the ending of episode one, in which we finally see where big star Stephen Graham slots into the cast, is a droolworthy cliffhanger. It's a thrill to see a drama aiming so high. **JACK SEALE**



# Netflix



## DRAMA

### Blue Bayou

★★★ 15 Available now

Inspired by shocking stories of deportation and families being ripped apart, this impassioned melodrama has its heart in the right place. Justin Chon directs and stars as Antonio, a tattoo artist adopted from Korea by a Louisiana couple years earlier, while Alicia Vikander plays his physical-therapist wife. Despite having lived in the US for decades, Antonio finds himself utterly exposed after an altercation with police, and so begins a fight in the courts. This is a rough-edged tale with a strong sense of place, although the drama can feel a little over the top. **JAMES MOTTRAM**



## DOCUMENTARY

### Camp Courage

Available from Sunday

A gentle, intimate half-hour documentary follows Milana, a Ukrainian girl, as she arrives in the Austrian Alps and – accompanied by her grandmother, Olga – enrolls in a week-long summer camp. They have fled the war with Russia and now young Milana faces an uncertain future. The resilience and bravery she'll need in life are about to be tested as she attempts some vertiginous climbing activities, with the trauma of what she's already experienced still raw. It's a simple but stirring metaphor for the struggles of kids displaced by conflict, and an inspiring story in its own right. **JS**

## WHAT I'M STREAMING

### RACHEL SHENTON

"I've just caught up with *The Crown* on Netflix" says the *All Creatures Great and Small* star. "I think Imelda Staunton is brilliant as the Queen. I also think it's really interesting as I'm playing a real person in *All Creatures*, but I don't compare notes: I just watch it as a viewer, get lost in the world and forget all about that!" *All Creatures Great and Small* airs Thursdays on Channel 5 and is available to stream now on My5



## THRILLER

### Fair Play

★★★★ 18 Available now

This 1980s-style erotic thriller stars Phoebe Dynevor (*Bridgerton*) and Alden Ehrenreich (*Solo: a Star Wars Story*) as Emily and Luke, colleagues at a high-stress Wall Street hedge fund keeping their romantic relationship a secret. The steamy honeymoon period gives way to something more sinister when Emily is promoted above Luke, a development that shakes him to his core. The film paints a gutsy portrait of a toxic workplace and an increasingly twisted partnership. With its sharp eye for sexual politics, *Fair Play* takes old-fashioned sexism rigorously to task. **EMMA SIMMONDS**

## FANTASY ADVENTURE

### Spider-Man: No Way Home

★★★★ 12 Available from Sunday

Tom Holland's third solo outing as the web-slinging hero begins just after *Spider-Man: Far from Home* ends, when his true identity is broadcast to the world. Dr Strange (Benedict Cumberbatch) conjures up a solution, but his spell smashes a hole in the Multiverse, unleashing villains Green Goblin, Doc Ock and Electro. Despite its epic length, this breezes along thanks to some spectacular action, moving moments and great surprise appearances.

**JEREMY ASPINALL**



## TRUE CRIME

### The Devil on Trial

Available from Tuesday

Many fictional horror stories have been inspired by it, but factual telly hasn't examined the 1981 murder of Alan Bono in Brookfield, Connecticut, in much depth until now. Many of those involved tell their stories for the first time in this documentary, as it revisits the "Devil Made Me Do It" case – the killer claimed that he was not guilty on grounds of demonic possession. As the case became the focus of "demonologists" and paranormal investigators as well as reporters, a disturbing backstory emerged. *The Conjuring: The Devil Made Me Do It*, a horror movie based on the case, is also on Netflix. **JS**



## Paramount+



### HORROR

#### The Burning Girls

All 6 episodes available Friday

The presence of Samantha Morton in a drama usually denotes quality, and that's the case here with an eventful chiller. She's Jack, single mother to a teenage girl and the new Reverend in a Sussex village that was once the site of a notorious witch trial – the story of two girls burnt at the stake still looms large, as does the more recent disappearance of two teenage girls. Immediately, Jack is beset by eccentric villagers and odd images. The atmosphere is thick with foreboding as a nicely directed series draws heavily on *Witchfinder General*, *The Wicker Man* and other British folk horrors. **JACK SEALE**

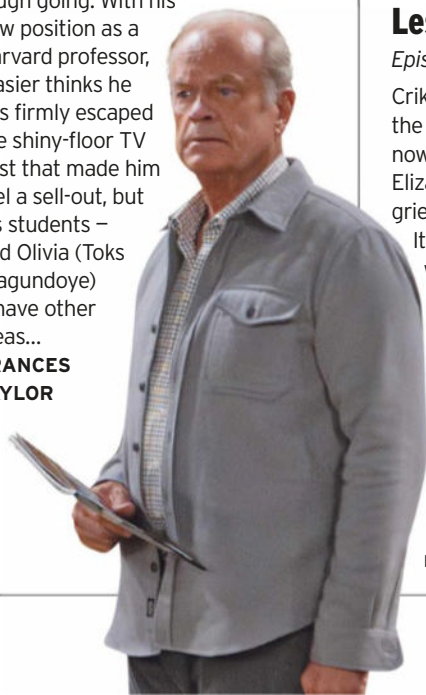
### SITCOM

#### Frasier

Episode 3 available Friday

Callbacks to the original series (no matter how small) get the biggest laugh from the live studio audience in this reheated incarnation of the 90s sitcom. The occasional strong, withering line from Frasier (Kelsey Grammer) piques and pulls you through each episode, but it can be tough going. With his new position as a Harvard professor, Frasier thinks he has firmly escaped the shiny-floor TV past that made him feel a sell-out, but his students – and Olivia (Toks Olagundoye) – have other ideas...

**FRANCES TAYLOR**



## Apple TV+

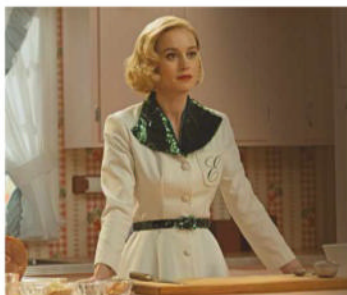


### DOCUMENTARY

#### Messi Meets America

Episodes 1–3 available from 11 October

Big football deals these days often involve money-making beyond ticket sales, but Lionel Messi's surprise transfer to Inter Miami earlier this year broke new ground: Apple TV+ owns the broadcast rights to Major League Soccer in the US, and it's thought that Messi is getting a cut of the increased TV revenue. Apple's ties with MLS also mean we get this new six-part documentary, tracking his impact on US football. It's fair to say the great man has been even more of a media and fan phenomenon in Florida than he was in Barcelona, and it's all captured here – the goals, the glitz and the thoughts of Messi himself. **JS**



### DRAMA

#### Lessons in Chemistry

Episode 3 available Friday

Crikey. After that horrible shock at the end of last week's double bill, now we get the aftermath, as Elizabeth (Brie Larson) deals with grief and other big life changes.

It's a sad and angry hour, but with hope and redemption by the end, as she's spurred into becoming a new version of herself, with some new friendships along the way.

Boldly, the programme-makers have taken a creative decision that will either make tears flow or teeth itch: the whole mournful, tender episode is narrated by a dog. **JS**

## WHAT I'M STREAMING



### NICK ROBINSON

"I'm late to it, but I am devouring *Slow Horses* (Apple TV+)," says the *Today* presenter. "The joy of it is watching the slickly dressed, glossy haired, super self-confident crème de la crème being outwitted and outsmarted by the spies who were sent to the back of the class."

Nick Robinson hosts the *Today* and *Political Thinking* podcasts, both available on BBC Sounds





## Disney+

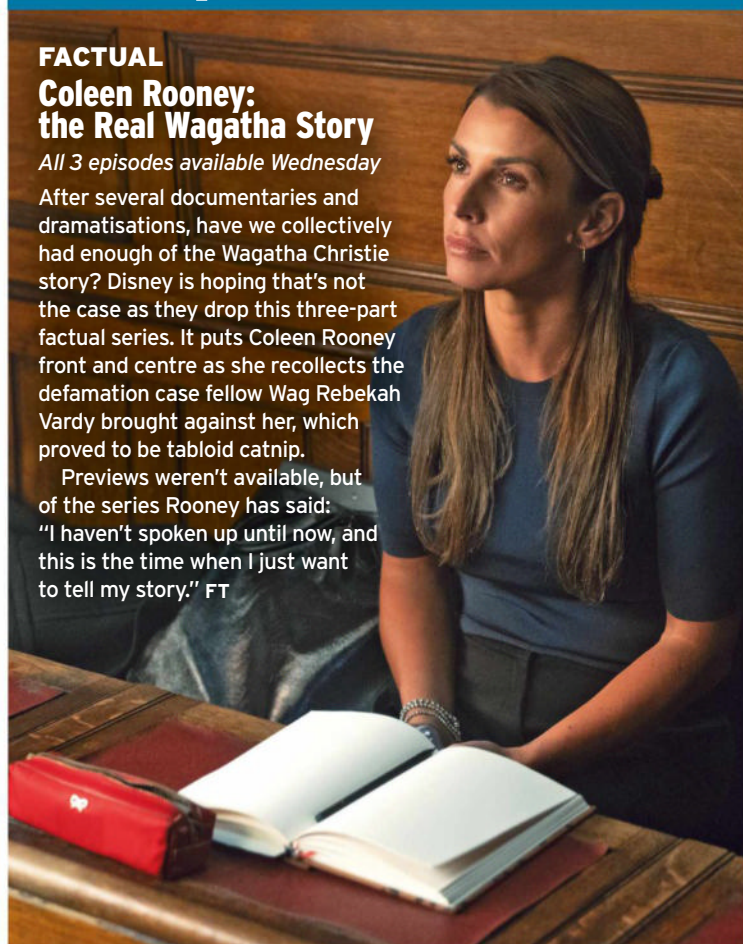
### FACTUAL

### Coleen Rooney: the Real Wagatha Story

All 3 episodes available Wednesday

After several documentaries and dramatisations, have we collectively had enough of the Wagatha Christie story? Disney is hoping that's not the case as they drop this three-part factual series. It puts Coleen Rooney front and centre as she recollects the defamation case fellow Wag Rebekah Vardy brought against her, which proved to be tabloid catnip.

Previews weren't available, but of the series Rooney has said: "I haven't spoken up until now, and this is the time when I just want to tell my story." **FT**

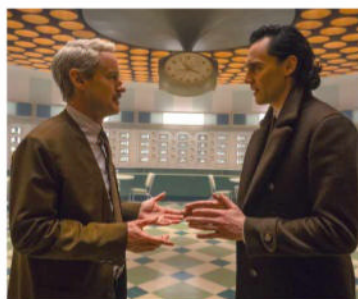


### SITCOM

### The Wonder Years

All 10 eps series 2 available Wednesday

The reimagined remake of the popular late-1980s sitcom returns for a second season that is sadly the last. Set in Montgomery, Alabama, at the end of the 60s, it follows the tribulations of a black middle-class family and their imaginative son Dean (Elisha Williams), although Dulé Hill grabs most of the laughs as his patient dad Bill. What was originally a cosy period piece still has those qualities, but of course the family's skin colour gives it a different edge – and lends a new dimension to the fact that the action is narrated by Dean's adult self. **JS**



### SCI-FI

### Loki

Episode 3 available Friday

After two confusing – if not outright incoherent – episodes, *Loki's* second series really hits its stride. At last, it seems like the place-setting is over and Loki and Morbius (Tom Hiddleston and Owen Wilson) head out on a mission, hoping to track down somebody – or something – that can help save the Time Variance Authority from being destroyed.

Cue time travel, chases through olde-worlde American fairs, magic battles and a bigger role for the TVA's mascot-turned-nemesis Miss Minutes (a talking orange clock voiced by Tara Strong). It's strange, but entertaining. **HUW FULLERTON**

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PAUL LEWIS



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Partnership+, part of the UK's number one equity release adviser\*, to offer an equity release service. Through our service, your dedicated adviser can provide you with a personalised illustration so you can understand the features and risks and find out how much you could release. They will tell you everything you need to know, including the effect on the amount of inheritance you can leave and if your entitlement to means-tested benefits could be affected now or in the future.

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All equity release plans come with a no negative equity guarantee, which means that your estate will

never owe more than your property is worth when it is sold. There are also plans that allow you to safeguard a percentage of your property value so that you can still pass on an inheritance to your loved ones.

Equity release may involve a home reversion plan or lifetime mortgage, which is secured against your property and will reduce the value of your estate and impact funding long-term care. Your quotation is free and you are under no obligation to proceed. Only if you choose to proceed and your case completes would an advice fee of £1,995 be payable. Other lender and solicitor fees may apply.

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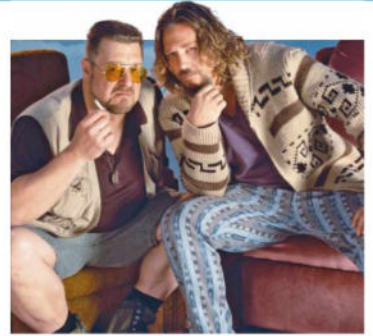
**URGENT BUSINESS**  
Titus Welliver, Mimi Rogers and Madison Lintz return

Freevee

### CRIME DRAMA **Bosch: Legacy**

*Series 2 episodes 1 and 2 available Friday*

The sequel to the long-running crime drama ended its first season on a heck of a cliffhanger: Harry Bosch (Titus Welliver), now retired from the LAPD, had all his worst fears realised when his rookie-cop daughter Maddie (Madison Lintz) went missing, apparently abducted by the serial rapist she was investigating. Now we're right back where we left off as Harry faces a race against time to find Maddie alive – all while not officially being part of the police operation. That story forms a taut, self-contained two-parter to kick off season two in style. **JACK SEALE**



### COMEDY

### **The Big Lebowski**

★★★★★ 18

Available now

■ Celebrating its silver anniversary year, the Coen brothers' cult gem is now available on Freevee. Jeff Bridges gives a career-defining performance as Los Angeles hippy Jeffrey Lebowski, aka "The Dude", who finds himself drawn into a surreal world of extortion and violence when he's mistaken for a tycoon who shares his name. A riotous blend of Raymond Chandler and *Looney Tunes*, this impressively dense comedy makes room for classic turns from John Goodman, an improbably accented Julianne Moore and Philip Seymour Hoffman. **CALUM BAKER**

## Acorn



### MURDER MYSTERY

### **Harry Wild**

*Series 2 ep 3 available Monday*

After last week's opening double bill, we now get a single episode, and it's one in which the sisterhood takes quite a battering. Dominating events is a bridal party, the members of which are all at each other's throats, though one has a bigger grievance than the rest, poisoning the matron of honour with botulinum at a pamper event. Expect shades of *Real Housewives* at its most sharp-clawed as Harry (Jane Seymour) and Fergus (Rohan Nedd) try to cut through the catfights and work out which of the women is the hen from hell. **DAVID BROWN**

## Amazon Prime Video

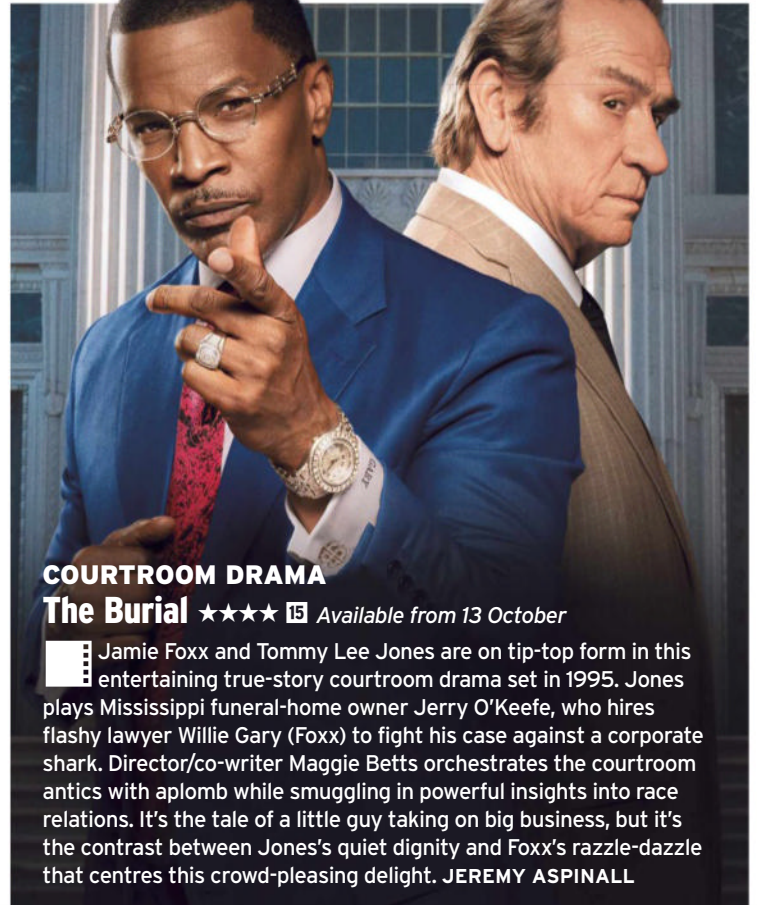


### COMEDY DRAMA

### **Upload**

*Series 2 eps 1 and 2 available Friday*

This rather tricky dramedy returns, continuing to sound warnings about how our digital futures are likely to be just as dominated by shady corporations as our analogue pasts were. America's rich folk have access to a luxurious afterlife, but the transition between the dead and the living isn't quite watertight, which means those who are sceptical can cause trouble – they're now doing that with alacrity, since they have concerns about the motives behind a new service aimed at poorer people. It's interesting enough – if you can get your head around it. **JS**



### COURTROOM DRAMA

### **The Burial** ★★★★★ 15 Available from 13 October

■ Jamie Foxx and Tommy Lee Jones are on tip-top form in this entertaining true-story courtroom drama set in 1995. Jones plays Mississippi funeral-home owner Jerry O'Keefe, who hires flashy lawyer Willie Gary (Foxx) to fight his case against a corporate shark. Director/co-writer Maggie Betts orchestrates the courtroom antics with aplomb while smuggling in powerful insights into race relations. It's the tale of a little guy taking on big business, but it's the contrast between Jones's quiet dignity and Foxx's razzle-dazzle that centres this crowd-pleasing delight. **JEREMY ASPINALL**



Now



## DRAMA

**The Fabelmans** ★★★★★ 12 Available from 13 October

Steven Spielberg mines his own childhood for this semi-autobiographical drama. The film follows Sammy Fabelman (Gabriel LaBelle), a teenager growing up in mid-century America who aspires to become a film-maker. With the marriage between his pianist mother and computer-scientist father steadily crumbling,

Sammy looks to his amateur craft for escapism and therapy. A stoic Paul Dano and brittle Michelle Williams excel as Sammy's parents and there are noteworthy cameos from Judd Hirsch (as Sammy's eccentric grand-uncle) and David Lynch (who plays a real-life Hollywood legend), while Spielberg tells his story with irresistible brio. **MAX COPEMAN**



## ANIMATION

**Puss in Boots: the Last Wish** ★★★★★ PG

Available from Friday

Puss in Boots faces an existential crisis in this riotously fun, Oscar-nominated sequel from DreamWorks. Having used up eight of his nine lives, the fearless feline attempts to restore his vitality by wishing on a star. However, he's not alone in his search for the mythical land where the celestial object can be found, and so begins a race for the prize. As voiced by Antonio Banderas, Puss oozes charm from every paw, and there's sparkling support from Florence Pugh as Goldilocks and John Mulaney as a truly monstrous Jack Horner. **JAMIE HEALY**



## COMEDY DRAMA

**Champions** ★★★★★ 12

Available Saturday

Having starred in one of the great basketball films, 1992's *White Men Can't Jump*, Woody Harrelson returns to the sport in this charming comedy drama. He plays Marcus, a minor-league basketball coach whose drink-driving charge results in him receiving a court order to instruct a team of teens with intellectual disabilities. While Marcus initially resents his task, he gradually warms to the players in a plot that plays out like *The Bad News Bears* meets *Hoop Dreams*. The film does cram in too many subplots, but there's much to enjoy as it gently addresses themes of prejudice and personal redemption. **JAMES MOTTRAM**

To rent/buy



## ACTION

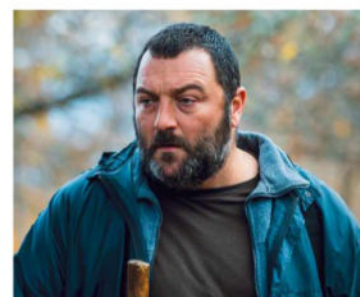
**Meg 2: the Trench**

★★★ 12

Available Monday

This follow-up to 2018 creature feature *The Meg* sees the return of Jason Statham as deep-sea diver Jonas Taylor, who does battle with even more enormous sharks and a plethora of other prehistoric sea beasts. There are some surface-level pleasures to be had, but British director Ben Wheatley (*Kill List*) fails to instil proceedings with much tension or threat. With its generic action scenes, clunky dialogue and shoddy effects, this is a sequel that's easy to forget. **PATRICK CREMONA**

BFI Player



## THRILLER

**The Beasts** ★★★★★ 15

Available from Thursday

Exclusive to BFI Player subscribers, this powerful thriller from Spanish director Rodrigo Sorogoyen (*The Realm*) concerns a French couple (played by Marina Foïs and Denis Ménochet, above) who have happily settled in the Galician countryside. However, a feud with embittered Spanish brothers from the neighbouring farm threatens to spill over into violence. Inspired by actual events, the film feels impressively earthy, with the creeping sense that things could turn ugly at any moment. **EMMA SIMMONDS**



# HOW & WHERE TO STREAM TV & FILM

## FREE TO VIEW

### BBC iPLAYER

[bbc.co.uk/iplayer](http://bbc.co.uk/iplayer)  
As long as you have a TV licence, you can register for free and enjoy a slew of BBC shows on demand and BBC channels to stream live.

### ITVX [itv.com](http://itv.com)

Replacing ITV Hub, this free service is the place to stream ITV shows and new ITVX dramas. An ad-free version costs £5.99 a month or £59.99 a year, which includes access to BritBox.

### CHANNEL 4

[channel4.com](http://channel4.com)  
No longer called All 4, Channel 4's streaming service has over 1,500 shows from C4, E4, More4, Film4 and Walter Presents. Watching without ads costs £3.99 per month.

### MY5 [channel5.com](http://channel5.com)

Channel 5 content and channels 5USA, 5Star and 5Select can be streamed live with a free online account.

### UKTV PLAY

[uktvplay.uktv.co.uk](http://uktvplay.uktv.co.uk)  
Catch up with shows on Dave, Drama, W and Yesterday. There's also an extensive library of crime drama, comedy and entertainment box sets available to stream.

### FREEVEE

[amazon.co.uk/freevee](http://amazon.co.uk/freevee)  
You can sign up free for an Amazon account and then watch – with adverts – shows including *Neighbours*, cop drama *Bosch: Legacy* and the comedy *Sprung*, plus other TV shows and films.

## SUBSCRIPTION SERVICES

### ACORN TV [acorn.tv](http://acorn.tv)

**Price: £4.99/month**  
Gentle crime dramas are this service's speciality.

### AMAZON PRIME VIDEO

[amazon.co.uk/video](http://amazon.co.uk/video)  
**Price: £8.99/month**  
For original shows such as *Citadel* and *Clarkson's Farm*, and live sport.

### APPLE TV+ [apple.com/uk/apple-tv-plus](http://apple.com/uk/apple-tv-plus)

**Price: £6.99/month**  
For films and series such as *Ted Lasso*.

### BFI PLAYER

[bfi.org.uk/player](http://bfi.org.uk/player)  
**Price: £4.99/month**  
Classic and cult films.

### BRITBOX

[britbox.co.uk](http://britbox.co.uk)  
**Price: £5.99/month**  
Shows from the BBC, ITV, C4 and Channel 5, plus BritBox originals.

### DISCOVERY+

[discoveryplus.co.uk](http://discoveryplus.co.uk)  
**Price: £3.99/month or £6.99/month to include Sport**  
For Discovery, TLC, Animal Planet and others, plus original shows and live sport.

### DISNEY+

[disneyplus.com](http://disneyplus.com)  
**Price: £7.99/month**  
New series from the Marvel and Star Wars franchises, plus recent Disney film releases.

### MUBI [mubi.com](http://mubi.com)

**Price: £10.99/month**  
An extensive library of world cinema and arthouse films.

### NETFLIX

[netflix.com](http://netflix.com)  
**Price: £4.99/month (with ads, standard definition) or £10.99/month (for HD)** Films and series like *Stranger*

*Things and Obsession.*

### NOW [nowtv.com](http://nowtv.com)

**Price: £9.99/month for Entertainment and £9.99/month for Cinema membership**  
The place to watch Sky and HBO shows without a Sky box or dish. Streaming service **Peacock** is included with Entertainment membership.

### PARAMOUNT+

[paramountplus.com](http://paramountplus.com)  
**Price: £6.99/month**  
One of the newer streaming services, this offers films and TV series such as

*1923*, *Yellowjackets* and *Rabbit Hole*.

### LIONSGATE+

[lionsgateplus.com](http://lionsgateplus.com)  
**Price: £5.99/month**  
For original films and series such as *Gaslit* or *Outlander*. Formerly Starzplay.

### SKY GO

[sky.com/watch/sky-go](http://sky.com/watch/sky-go)  
**Price: included with Sky TV subscription**  
Sky customers can stream live, on-demand and catch-up TV via an app on their laptop, phone or tablet.

## PREMIUM SERVICES

Many recent films are available to digitally rent or buy at a one-off cost. Priced anywhere from around £5 to £16 for new releases, they are available on platforms including Amazon Prime Video, Apple TV+, Chili, Google Play, Microsoft, Rakuten, Sky Store, Virgin and YouTube. Similarly, film platforms BFI Player and Curzon Home Cinema offer a more curated selection of indie, arthouse and world cinema titles.



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# Saturday

## MUSIC

### Later... with Jools Holland

10.30pm **BBC2**  
Catch up via **iPlayer**

The series numbering of *Later...* is fast approaching Jools's age. That's some staying power. And the perennial pianist dives into series 63 with a nicely eclectic line-up that spans the generations as well as the genres.

Jorja Smith hasn't appeared on the show since... last week, on the *Women of Hip-Hop Soul* special. Her latest album was out last month, which puts her in direct competition with fellow guests the National, who are now so big and Coldplay-like that they were recently supported by Patti Smith at Madison Square Garden.

Propping up the behemoths are rapper Antony Szmierek, and Brooklyn trio Say She She, whose vibrant vibe inhabits the intersection between Khruangbin and En Vogue. And hopefully there'll be time for a long chat with Wreckless Eric, a charming, one-off character who's been putting out quality tunes since the punk days. **GARY ROSE**



**ECLECTIC SOUNDS**  
Tearing up Alexandra Palace this week are (clockwise from top): Say She She, Wreckless Eric, Antony Szmierek and Jorja Smith. Below: Matt Berninger of the National takes a seat with Jools



## SPORT

### Rugby: Super League Grand Final

5.00pm (k/o 6pm) **Sky Main**  
**Event/Arena** Catch up via **Now**

Brace yourself for an exhilarating end to the Super League season. After the brain-aching play-offs, Dragons, Warriors, Saints and, er, Robins all bagged semi-final places.

The identity of the two finalists was unknown when *RT* went to press. Will holders St Helens get an astounding fifth win in a row? Can Catalans Dragons make only their second final? Will Wigan Warriors swagger out onto the turf at Manchester's Old Trafford hoping for their first victory since 2018? Or will Hull Kingston Rovers (the Robins) be taking part in their very first Super League Grand Final? **CERI THOMAS** Sport: p 29

## GAME SHOW

### Michael McIntyre's The Wheel

8.30pm **BBC1** Catch up via **iPlayer**

The waffly preamble on game shows is so often dull. Not so on *The Wheel*: Michael McIntyre riffs and ribs the celebrities in what often proves to be one of the most entertaining parts of the show. There's jesting of Richie Anderson's motion sickness bands, and McIntyre's bit on reversing a car could've been from his stand-up.

When the questions are asked, there's Jonathan Ross on *Movies*, Harry Judd taking on *Drummers* and comedian Ellie Taylor, who justifies her subject of *Breakfast* (the meal, not the TV programme) with: "I've got no other interests or hobbies."

**FRANCES TAYLOR** TV PREVIEWS EDITOR

## MUSIC

### Mary J Blige at the BBC

8.30pm **BBC2** Catch up via **iPlayer**

When Mary J Blige released her debut album, *What's the 411?*, in 1992, its impact was instantaneous. More than any other artist, Blige can be credited with introducing a hugely influential fusion of R&B and hip-hop into mainstream pop culture.

This celebration of the Queen of Hip-Hop Soul's career compiles highlights from her numerous visits to the UK. Blige's memorable 2015 Glastonbury set jostles alongside TV performances of hits such as *Just Fine* and *No More Drama*, as well as collaborations with fellow superstars U2, George Michael and Elton John, who once said she possesses "one of the best voices you're ever going to hear". **PAUL WHITELAW**



## ALSO ON TODAY

### Alan Carr's Picture Slam

5.45pm **BBC1**  
Another £10,000 prize pot is on offer to the team of contestants who can identify all the images on the board.

### When Train Journeys Go Horribly Wrong

8.00pm **Channel 5**  
Public transport? More like a series of nightmares on rails.



MARTINE McCUTCHEON

### Blankety Blank

9.30pm **BBC1**  
Martine McCutcheon (left) is among the celebrities filling in the blanks to help the quizzers. Bradley Walsh is the amiable host.

## TRAVEL

### Julia Bradbury's Irish Journey

8.30pm **C4**  
Catch up via C4 streaming  
Julia Bradbury is in Ireland's "Wild West" this time, travelling from the vast rocky plain of the Burren to the hills of Connemara. But while the terrain may be wild, there's no shortage of good food to sustain her and she enjoys an al fresco meal cooked by Galway chef Hannah O'Donnell as well as a plate of mussels freshly harvested from a spectacular fjord in Connemara. En route, in true travelogue-style, she "has a go" at making a wooden bowl as well as learning about the poet WB Yeats, what goes into making Aran sweaters and – after a squelchy hike – the ecological value of a bog. **JANE RACKHAM**

## THEATRE

### The Hollow Crown

9.15pm, 11.35pm **BBC4**  
Catch up via iPlayer  
Once more unto the breach! These 2012 versions of Shakespeare's history plays are worth rewatching, partly because they're so good, and partly to gawk at the phenomenal cast. Ben Whishaw's take on *Richard II* (9.15pm) is terrific, toying with the trappings of power like a bored teenager. When Patrick Stewart as John of Gaunt denounces him, it's a thrilling power-play. Davids Suchet and Morrissey add to the gravitas. Then it's *Henry IV Part I* (11.35pm), with Jeremy Irons as the ill-tempered king and Tom Hiddleston as Hal, while Simon Russell Beale binge-drinks as Falstaff. He and Whishaw both won Baftas. Russell Beale recalls the production at 9pm. **DAVID BUTCHER**

## MUSIC

### First Ladies of Hip-Hop

9.30pm **BBC2** (10.30pm in Wales)  
All episodes on iPlayer now  
The series concludes with Nicki Minaj, Megan Thee Stallion and Cardi B at the pinnacle of American hip-hop, and Little Simz flying the flag in the UK. Along the way there are telling contributions from Eve, Rah Digga and Lisa Maffia as each broke free of being the token woman in their otherwise all-male crews, and a welcome focus on Lauryn Hill and Missy Elliott, virtuosos so gifted that even the frequently misogynistic hip-hop industry couldn't deny them. A little more curiosity on why some of the most talented couldn't sustain their early success wouldn't have gone amiss, although might perhaps have clashed with the optimistic tone of an excellent show. **GABRIEL TATE**

## LIVE SPORT



### Football: Women's Super League

**Chelsea v West Ham United**  
5pm (k/o 5.30pm) **Sky Football**  
Chelsea's England star Lauren James was on target in the first game of the season.

### Rugby Union: World Cup

3pm (k/o 4pm), 7.15pm (k/o 8pm)  
**ITV1/S4C**  
The first and second quarter-finals, in Marseilles and Paris.

### Cricket: ICC Men's World Cup

**India v Pakistan**  
9am **Sky Main Event/Cricket**  
No bigger crunch game in all of cricket. Ahmedabad hosts.

## FILM OF THE DAY



### Knives Out **12** ★★★★★

9.30pm **C4**  
A quality ensemble gives a slick modern spin to this old-fashioned mystery, with Daniel Craig as unflappable detective Benoit Blanc, called in to untangle the death of a wealthy author whose family all have their motives for murdering him. (2019)

**FILM REVIEWS**  
page 47



**GLAMTASTIC**  
Craig, Motsi, Shirley and Anton pick up their paddles for more feel-good dancing

## ENTERTAINMENT

### Strictly Come Dancing

6.30pm **BBC1** Catch up via iPlayer  
Some things you can rely on every year when it comes to *Strictly*. There'll be a celebrity from *EastEnders*, the Sunday results show will often feature a musician you've never heard of, and someone will draw the short straw in leaving the competition while wearing a silly themed costume. You can also always count on uproar when it comes to the scoring. We've seen it already this series, with some questionable highs and lows being

handed out. While Craig Revel Horwood continues to be liberal with the lower paddles, Anton Du Beke (who has nestled into a groove somewhere between Bruce Forsyth and Len Goodman) is falling into the generous side: Eddie and Karen's cha cha cha in week two, for example, garnered a 3 from Craig and a 7 from Anton. If nothing else, the inconsistency is consistent. **FT**  
See feature: page 18



# SATURDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Naga Munchetty, Charlie Stayt. (S) (HD)  
**10.00 Saturday Kitchen Live** Matt Tebbutt is joined by chefs Sabrina Ghayour and Niklas Ekstedt, plus guest Sue Perkins. Olly Smith chooses the drinks. (S) (HD)  
**11.30 Nadiya's Simple Spices 3/6.** Nadiya prepares an aromatic chicken curry. Shown last Wed BBC2 (S) (AD) (HD)  
**12 noon Football Focus** With Alex Scott. (S) (HD)  
**BBC RED BUTTON 12.15-2.30pm FA Cup Football**  
 A match from the fourth qualifying round, also at [bbc.co.uk/sport](http://bbc.co.uk/sport)  
**12.30pm Homes under the Hammer** In Lancashire, Wolverhampton and Stoke-on-Trent. (R) (S) (AD) (HD)  
**1.00 BBC News Weather** (S) (HD)  
**1.15 Bargain Hunt** From Anglesey. (R) (S) (AD) (HD)  
**2.10 Money for Nothing** A radiogram, a dining set and a crockery collection are upcycled. (R) (S) (HD)  
**2.55-3.55 Escape to the Country** A newlywed couple look for their first home in Cumbria. (R) (S) (HD)

### BBC2

**6.05am Hey Duggee** (R) (S) (HD) **6.20 Supertato** (R) (S) (AD) (HD) **6.30 Shaun the Sheep** Double bill. (R) (S) (HD) **6.45 Dennis & Gnasher Unleashed!** (R) (S) (HD) **6.55 Boy Girl Dog Cat Mouse Cheese** (R) (S) (HD) **7.10 Grizzly and the Lemmings** Double bill. (R) (S) (HD) **7.25 Pokémon: Sun and Moon - Ultra Legends** (R) (S) (HD) **7.45 Deadly Mission Shark** (R) (S) (AD) (HD) **8.15 Blue Peter** (R) (S) (HD) **8.45 Newsround** (S) (HD) **8.50 Newsies: the Broadway Musical ★★★★★**  
 Musical starring Jeremy Jordan and Kara Lindsay. A live recording of the Broadway musical set in 1899 New York City. Available on iPlayer for 7 days. Directors Brett Sullivan and Jeff Calhoun (2017, PG) (S) (W) (HD)  
**11.00 Nature's Epic Journeys** Elephants make their way to an annual gathering in Kenya. (R) (S) (AD) (HD)  
**12 noon Britain's Top Takeaways** Five of the nation's top purveyors of Mexican food compete. (R) (S) (HD)  
**1.00pm The Red Shoes ★★★★★** Classic ballet drama starring Anton Walbrook, Moira Shearer and Marius Goring. Promising dancer Victoria Page is torn between her ballet career and her heart. Available on iPlayer for 30 days. **Review page 47.** Directors Michael Powell and Emeric Pressburger (1948, U) (S) (AD) (HD)  
**3.10 Big Little Journeys 1/3.** A turtle hatching searches for suitable wetland. Shown last Sun (S) (AD) (HD)  
**4.10-5.10 Fake or Fortune? 3/4 Series 11.** Investigating two sketches believed to be by Camille Pissarro and Paul Cézanne. Shown last Tuesday BBC1 (S) (AD) (HD)

### ITV1

**6.00am Love Your Garden** The team create the perfect space for children with a rare eye disorder.  
**6.30 A jungle-inspired outdoor space.** (R) (S) (AD) (HD)  
**7.30 Love Your Weekend with Alan Titchmarsh** With Sue Barker and Adrian Lukis. Shown last Sun (S) (HD)  
**9.25 ITV News** (S) (HD)  
**9.30 James Martin's Saturday Morning** James is joined by *Emmerdale* star Kelvin Fletcher and his wife Liz, and guest chefs Paul Ainsworth, Matt Gillan and Francesco Mazzei. Repeated tomorrow 7.30am (S) (HD)  
**11.40 Jason Atherton's Dubai Dishes 10/10.** The chef cooks with herbs. Signed repeat 5.10am (S) (AD) (HD)  
**12.40pm ITV News Weather; Regional Weather** (S) (HD)  
**1.00-3.00 LIVE Racing** Francesca Cumani and Ed Chamberlin present coverage from Newmarket, featuring the Dewhurst Stakes at 2.00, plus races at 1.25 and 2.40. There is also action from York. Coverage continues on ITV4 from 2.55pm. (S) (HD)

### Channel 4

**6.05am The King of Queens** Double bill. (R) (S) (AD) (HD)  
**6.50 Cheers** Triple bill of the sitcom. (R) (S) (HD)  
**8.15 Everybody Loves Raymond** (R) (S) (AD) (HD)  
**9.45 Frasier** Triple bill of the US sitcom. (R) (S) (AD)  
**11.10 The Simpsons** Homer joins a softball team.  
**11.40 Lisa** takes out a restraining order against Bart.  
**12.10pm** Bart becomes addicted to junk food.  
**12.40** Homer fears the apocalypse is imminent.  
**1.10** Milhouse falls for new girl Samantha Stanky.  
**1.40** Mr Burns crosses paths with a hip-hop mogul.  
**2.05** Homer discovers a life-changing app. (R) (S) (AD) (HD)  
**2.35-3.35 Jamie's £1 Wonders** Home-made gnocchi in a cheesy bacon and pea sauce. (R) (S) (AD) (HD)

## BBC1

1

**Michael McIntyre's The Wheel 8.30pm** Will Jonathan Ross's movie knowledge pay off tonight?



### 3.55pm Garden Rescue

Can Arit Anderson and the Rich brothers give a Victorian cottage garden an Amazonian twist? Director Rob Partis; Series producer Barry Hecker (R) (S) (HD)

### 4.25 Attenborough's Life in Colour

**1/2. Seeing in Colour.** David Attenborough reveals the ways in which animals use colour, from winning a mate to fighting off rivals. Continues tomorrow 4.50pm. Both episodes are available on iPlayer. Director Sharmila Choudhury; Producer Sally Thomson (R) (S) (AD) (HD)

### 5.25 BBC News Regional News; Weather

### 5.45 Alan Carr's Picture Slam

**5/8.** Alan Carr hosts the game show in which three teams of contestants have to identify a board full of images, with a chance of winning up to £10,000. Playing this week are a married couple from Liverpool, and two pairs of friends from Birmingham and Aberdeen. Director Dave Skinner; Series producer Adeel Amini Repeated Monday 12.15am (S) (HD)

### 6.30 Strictly Come Dancing

**RT Ep 4.** Tess Daly and Claudia Winkleman present week four of the competition, and the remaining couples are back on the ballroom floor in an attempt to impress the voting public and judges Anton Du Beke, Shirley Ballas, Craig Revel Horwood and Motsi Mabuse. Who will take a step into the next round? The results are tomorrow at 7.15pm. **See page 41.** Director Nikki Parsons; Series producer Nicola Fitzgerald Signed repeat Thursday 1.10am BBC2 (S) (AD) (HD) **See feature: page 18**

### 8.30 Michael McIntyre's The Wheel

**RT 4/10. Series 4.** Celebrity experts Big Narstie, Ellie Taylor, Jonathan Ross, Frankie Bridge, Richie Anderson, Harry Judd and Vogue Williams are on the wheel attempting to help the contestants win life-changing cash. Michael McIntyre hosts. **See p40.** Director Chris Power; Series producer Simon Adsett Repeated Tuesday 11.40pm (S) (HD)

### 9.30 Blankety Blank

**4/10.** Bradley Walsh hosts as Phil Tufnell, Martine McCutcheon, Alex Brooker, Mel Giedroyc, the Rev Kate Bottley and Darren Harriott attempt to fill in the blanks to help tonight's contestants win prizes. Director Barbara Wiltshire; Series producer Aoife Bower Repeated Wednesday 12.20am (S) (HD)

### 10.05 BBC News Weather

### 10.25 Superbad ★★★★★

Comedy starring Jonah Hill and Michael Cera as Seth and Evan, two boys bonded by their lack of popularity. When the pair finally get invited to a party they embark on a quest to procure alcohol in the hope that it will not only lay to rest their geeky reputation but also improve their chances with the opposite sex. Available on iPlayer for 30 days. **Review page 47.**

Seth Evan Fogell Officer Slater Officer Michaels	Jonah Hill Michael Cera Christopher Mintz-Plasse Bill Hader Seth Rogen	Becca Jules Nicola Francis the driver Mark	Martha MacIsaac Emma Stone Aviva Joe Lo Truglio Kevin Corrigan
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Director Greg Mottola (2007, 15) (S) (W) (HD)  
 Also showing Monday 10pm BBC3

**12.10am Lady Bird ★★★★★** Comedy drama. Teenager Christine pits herself against anything that limits her freedom, including her mother and school. Desperate to carve an identity, she names herself "Lady Bird" and joins a theatre club. Available on iPlayer for 30 days. **Review p47.** Christine McPherson, "Lady Bird" Danny O'Neill

Marion McPherson Larry McPherson Director Greta Gerwig (2017, 15) (S) (AD) (W) (HD)	Saoirse Ronan Laurie Metcalf Tracy Letts	Kyle Scheibele Julie Steffans Sister Sarah Joan	Lucas Hedges Timothée Chalamet Beanie Feldstein Lois Smith
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**1.40 Weather for the Week Ahead** (S) (HD)  
**1.45-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

## BBC2

2

**First Ladies of Hip-Hop 9.30pm** The influential contribution made by American rapper Lauryn Hill



### 5.10pm Flog It!

Items valued at Blackpool Tower Circus include a collection of seaside postcards. (Revised rpt) (S) (HD)

### 6.00 Saving Lives at Sea

**3/10 Series 8.** In Larne, Antrim, father and son Frank and Jack respond to reports of a kayaker in trouble. And a dinghy has run aground on rocks in Torbay. Shown last Thursday (S) (AD) (HD)

### 7.00 Mortimer & Whitehouse: Gone Fishing

**6/6 Series 6.** Bob and Paul return to the Peak District to fish in the Wye and Derwent, this time with Ted, where they filmed their first episode of *Gone Fishing* six years ago. All six series are available on iPlayer. Director Rob Gill; Producers Lisa Clark and Stephanie Fyte Shown last Sunday (S) (AD) (HD)

### 7.30 Great Asian Railway Journeys

**Chiang Mai to the River Kwai.** Michael Portillo embarks on an adventure through Thailand, the first leg of which takes him from the northern city of Chiang Mai to Kanchanaburi on the River Kwai. Director Dave Minchin; Series editor Alison Kreps (R) (S) (AD) (HD)

### 8.30 Mary J Blige at the BBC

**RT** A celebration of the American R&B superstar that features the best of her appearances on a selection of BBC shows, from the mid-1990s up to her acclaimed 2015 performance on Glastonbury's Pyramid Stage. Including hits such as *No More Drama*, *Just Fine* and *Everything*, as well as collaborations with U2, George Michael and Elton John. **See p40.** Producer Karn Christensen; Series producer Simon Goretzki (S) (HD)

### 9.30 First Ladies of Hip-Hop

**RT 3/3.** Neneh Cherry narrates a look at female rappers from the 1990s onwards, with Eve and Rah Digga revealing their struggles to achieve both artistic and commercial success, alongside all-time greats Lauryn Hill and Missy Elliott. In the 2000s, a new generation of female stars emerged in Britain. Lisa Maffia recounts hitting the top of the charts with So Solid Crew, before the arrival of artists such as Ms. Dynamite, Estelle and Speech Debelle. **See p41.** Series producer Karen Gabay; Executive producers Dollan Cannell, Emma Read and Ashley Kennedy Repeated Tuesday 12.15am (S) (HD)

### 10.30 Later... with Jools Holland

**RT New Series. 1/6.** Jools returns to Alexandra Palace theatre in north London, with the opening edition featuring singer/songwriter Jorja Smith, who performs songs from new album *Falling or Flying*, and American rock band the National, who play tracks from their latest LP *Laugh Track*. Also appearing on the show are Brooklyn-based trio Say She She, spoken word and hip-hop artist Antony Szmierek and new wave singer/songwriter Wreckless Eric, who also chats to Jools. **See page 40.** Director Janet Fraser Crook; Producer Samantha Wynn (S) (HD)

### 11.15 Estelle at Glastonbury 2008

The singer's performance on the Jazz World Stage. Producer Alison Howe (R) (S) (HD)

### 11.45 Top of the Pops 1990: Big Hits

Performers include Vanilla Ice, Primal Scream, Betty Boo, Tina Turner and Sinéad O'Connor. Producer Sasha Duncan; Executive producer Mark Cooper Shown last Saturday (S) (HD)

**12.45am Moulin Rouge: Yes We Can-Can! 3/6.** New recruits Jen and Erin start by learning the iconic can-can, while Aussie trainee Zeak suffers from jet lag. Shown last Wednesday (S) (HD)

**1.15-2.55am Sweetheart ★★★★★** Romantic coming-of-age drama starring Nell Barlow. Teenager AJ is dragged on a Dorset caravan holiday with her family, a prospect that doesn't appeal to her one bit. But when she meets life-guard Isla, AJ begins to enjoy herself. On iPlayer for 30 days. Director Marley Morrison (2021, 15) (S) (W) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



ITV1

3

**Rugby World Cup**  
3.00pm The race for the glittering Webb Ellis Cup is set to heat up in the quarter-finals



**3.00pm Rugby World Cup**  
**Winner Pool C v Runner-Up Pool D**  
Live coverage of the quarter-final from the Stade Vélodrome, Marseille (kick-off 4.00).  
The knockout stages get under way with the opening quarter-final between the winners of Pool C, likely to be Wales after their resounding 40-6 defeat of Australia, and either Argentina or Japan as the runners-up from Pool D. Both sides are now just 240 minutes of rugby away from raising the Webb Ellis Cup, and a victory in Marseille this afternoon will book their ticket for the first semi-final at the Stade de France on Friday, where they will meet the winners of tonight's quarter-final for a place in the Rugby World Cup final on Saturday 28 October.  
Editor Phil Heslop (S) (HD)

In the event of extra time, subsequent programmes may run late or change

**6.30 ITV News**  
**Weather; Regional News and Weather** (S) (HD)

**6.45 In for a Penny**  
Stephen Mulhern arrives in Blackpool with his pop-up game show, challenging unsuspecting locals to play his games with a chance to win prizes ranging from a tank of petrol to £1,000.  
Series producer Sophie Coen  
Executive producer Tim Dean (R) (S) (AD) (HD)

**7.15 Rugby World Cup**  
**Winner Pool B v Runner-Up Pool A**  
Live coverage of the quarter-final from the Stade de France, Paris (kick-off 8.00).  
The quarter-finals continue with a knockout contest between two teams from the tougher half of the draw. Pool B contained the top two teams in the world, in defending champions South Africa and Ireland, alongside Scotland, while Pool A featured three-times champions New Zealand, host nation France plus Italy. If Ireland are in action tonight, they will need to defy history to reach the last four, as they have never won a knockout match since the Rugby World Cup was inaugurated in 1987.  
Editor Phil Heslop (S) (HD)

In the event of extra time, subsequent programmes may run late or change

**10.30 ITV News**  
**Weather; Regional Weather** (S) (HD)

**10.50 Grand Slammers: inside HMP The Mount**  
1/2. Two decades on from their victory in the Rugby World Cup final, captain Martin Johnson and England team-mates including Lawrence Dallaglio and Jonny Wilkinson enter HMP The Mount in an effort to train a squad of inmates strong enough to take on a team of Australian ex-pat players. Continues Friday 11.20pm.  
Director: Graham Sherrington; Executive producers Jo Smith, Helen Simpson, Tim Allsop and Kitty Walshe (R) (S) (AD) (HD)  
**12.15am EFL Highlights** League One and Two goals. Shown 9pm ITV4. Repeated tomorrow 12.40am (S) (HD)  
**1.15 The Chase** Bradley Walsh presents. (R) (S) (HD)  
**2.05 The Switch** Sanjeev Bhaskar hosts. (R) (S) (HD)  
**2.55 Fresh Cuts 2/4.** Alex Beresford investigates why black men are more likely to suffer from mental health problems. Shown last Sunday (S) (SL) (AD) (HD)  
**3.45 Unwind** A sequence to calm the mind. (S) (HD)  
**5.10-6.00am Jason Atherton's Dubai Dishes 10/10.** Dishes with herbs. Shown 11.40am (S) (SL) (AD) (HD)  
**ITV1 Freeview** 3/HD 103 Freesat 103 Sky 103 Virgin 103  
**+1 Freeview** 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4  
7 in Wales

**Julia Bradbury's Irish Journey**  
8.30pm Julia travels in the footsteps of writer WB Yeats



**3.35pm Four in a Bed**  
Proprietors from North Yorkshire, Derbyshire, East Sussex and Kent compete to be the best.  
Director/Producer Ryan Daly (R) (S) (HD)  
**6.05 Kirstie and Phil's Love It or List It**  
Catching up with an Edinburgh couple who sought the property gurus' help in 2020.  
Series producer Laura Harding; Executive producer Jonny Wharton  
Repeated Thursday 8pm 4seven (R) (S) (AD) (HD)

**7.00 Channel 4 News Sport; Weather** (S) (HD)

**7.30 Castle Howard: through the Seasons**  
1/4. Cameras follow a year in the life of the North Yorkshire stately home that featured in *Bridgerton* and *Brideshead Revisited*. The opening episode covers spring and Easter, which is the first big weekend of the Castle Howard calendar. But post-pandemic, it's vital that the Honourable Nicholas and Victoria Howard capitalise on the "Bridgerton bounce" of the Baroque property.  
Series director Adam Webster  
Series producer Hannah Webster (R) (S) (AD) (HD)

**8.30 Julia Bradbury's Irish Journey**  
RT 2/4. Julia takes a trip through the west of Ireland and along the coastal Wild Atlantic Way. On the vast rocky plain of the Burren she visits a cattle farm and enjoys a forest feast, before travelling to Thoor Ballylee, the tower that was once the summer home and inspiration for poet WB Yeats. In Galway she explores a sculpture garden, as well as a shop specialising in Aran knitwear. Finally, it's onwards to Connemara, where Julia farms mussels in a spectacular fjord. The whole series is available to stream. See p41.  
Series/Exec producers David Kerr and Sarah Sapper (S) (AD) (HD)

**9.30 Knives Out ★★★★★**  
Murder mystery comedy starring Daniel Craig, Ana de Armas and Chris Evans. "Gentleman detective" Benoit Blanc is summoned to the home of a wealthy author who has been found with his throat slit. As he learns more about the deceased's eccentric family and their likely motives for murder, he forms a bond with the dead man's nurse, Marta, who also has something to hide. Meanwhile, one key question continues to gnaw at Blanc: who actually hired him? Available to stream for 30 days. **Film of the Day: page 47.**  
Benoit Blanc Daniel Craig Richard Drysdale Don Johnson  
Ransom Drysdale Chris Evans Harlan Thrombey Christopher Plummer  
Marta Cabrera Ana de Armas Eli Elliott LaKeith Stanfield  
Linda Drysdale Jamie Lee Curtis Meg Thrombey Katherine Langford  
Walt Thrombey Michael Shannon Donna Thrombey Riki Lindhome  
Joni Thrombey Toni Collette Jacob Thrombey Jaeden Martell  
Director Rian Johnson (2019, 12) (S) (AD) (W) (HD)  
Also showing Monday 11.05pm 4seven

**12.05am Jack Ryan: Shadow Recruit ★★** Action thriller. CIA operative Jack Ryan is working under cover to monitor international financial transactions that could be linked to terrorist activity. His investigations lead him to Moscow and an encounter with the sinister Viktor Cherevin. Available to stream for 30 days.  
Jack Ryan Chris Pine Viktor Cherevin Kenneth Branagh  
Cathy Muller Keira Knightley Rob Beehner Colm Feore  
William Harper Kevin Costner Embree Nonso Anozie  
Director Kenneth Branagh (2013, 12) (S) (AD) (W) (HD)  
Also showing Sunday 10pm 4seven  
**1.55 Ramsay's 24 Hours to Hell and Back** A visit to a Korean-inspired restaurant in Arkansas. (R) (S) (AD) (HD)  
**2.40 Couples Come Dine with Me** Three couples host dinner parties in West Yorkshire. (R) (S) (HD)  
**3.35 Hollyoaks** Omnibus edition.  
Shown last Monday-Friday E4 (S) (SL) (AD) (HD)  
**5.45-6.00am Find It, Fix It, Flop It** Henry Cole restores a child's racing car from a sideshow. (R) (S) (HD)  
**Channel 4 Freeview** 4/HD 104 Freesat 104 Sky 104 Virgin 104  
**+1 Freeview** 15 Freesat 121 Sky 204 Virgin 304

BBC4

9  
24 in Scotland

**The Hollow Crown** 9.15pm  
Ben Whishaw plays a monarch whose position is threatened



**7.00pm Lost Land of the Tiger** 3/3. The expedition shifts to high altitude, following rumours of tigers living in the mountains of Bhutan. Climbing to over 5,000 metres, Gordon Buchanan captures remarkable footage of a snow leopard cub and picks up a big cat stalking through the camp in the darkness.  
Director/Producer Rowan Musgrave  
Signed repeat 2.35am (R) (S) (HD)

**8.00 The Celts: Blood, Iron and Sacrifice with Alice Roberts and Neil Oliver** 1/3. Anthropologist Alice Roberts and archaeologist Neil Oliver explore the origins of the Celts in the Alps of central Europe, and reflect on the moment when their sophisticated tribal culture came into contact with the Romans.  
Director/Producer Jeremy Hall (R) (S) (AD) (HD)

**9.00 Sir Simon Russell Beale Remembers... The Hollow Crown**  
The actor's memories of the BBC's adaptations of Shakespeare's *Richard II*, *Henry IV Parts I and II*, and *Henry V*.  
Producer Andrew Wilshire  
Series producer Simon Goretzki (S) (HD)

**9.15 The Hollow Crown**  
RT 1/4. *Richard II*. The first in a series of adaptations of Shakespeare's history plays, originally shown in 2012. King Richard settles a dispute by banishing his cousin Henry, but before long Henry returns for his inheritance.  
King Richard Ben Whishaw  
Bolingbroke Rory Kinnear  
Duke of York David Suchet  
Earl of Northumberland David Morrissey  
Duchess of York Lindsay Duncan  
Thomas Mowbray James Purefoy  
Queen Isabella Clémence Poésy  
Duke of Aumerle Tom Hughes  
Gardener David Bradley  
John of Gaunt Patrick Stewart  
Abbot of Westminster Richard Bremner  
Groom Daniel Boyd  
Director Rupert Goold  
Producer Rupert Ryle-Hodges (R) (S) (AD) (HD)  
**11.35 2/4. Henry IV Part I.** When Henry Hotspur leads a rebellion against the king, Henry IV's wayward son Prince Hal decides to join his father in battle to overcome the threat to the throne. See page 41.

Henry IV Jeremy Irons  
Falstaff Simon Russell Beale  
Prince Hal Tom Hiddleston  
Missress Quickly Julie Walters  
Northumberland Alun Armstrong  
Hotspur Joe Armstrong  
Poins David Dawson  
Kate Percy Michelle Dockery  
Bardolph Tom Georgeson  
Worcester David Hayman  
Westmoreland James Laurensen  
Mortimer Harry Lloyd  
Doll Tearsheet Maxine Peake  
Director Richard Eyre; Producer: Rupert Ryle-Hodges  
Both episodes first shown on BBC2 (S) (AD) (HD)  
**1.35am Yes Minister 3/7 Series 2. The Death List.** Jim makes a discovery. Shown last Tue (S)  
**2.05 Some Mothers Do 'Ave 'Em 4/6**  
Series 2. *Frank and Marvin*. Frank takes Betty to the maternity clinic. Shown last Tuesday (S)  
**2.35-3.35am Lost Land of the Tiger**  
Shown 7pm (S) (SL) (HD)  
**BBC4 F'view** 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC SCOTLAND

**7.00pm** The Seven  
**7.15** The Edit **7.30**  
Silicon Glen: from  
Ships to Microchips  
**8.30** This Farming Life  
**9.30** Scot Squad  
**10.00 FILM:** Scottish  
Mussel ★ Romantic  
comedy starring  
Martin Compston  
and Talulah Riley  
**11.30-12 midnight**  
Stock Car Superstars

**STV**  
**3.45-5.10am**  
Night Vision: news,  
sport and weather

**BBC1 WALES**  
**2.55pm** Truickers: Life  
on the Road: the Donk  
is not convinced by the  
new greener trucks  
**3.25-3.55** Pizza Boys:  
World Cup Adventure:  
the duo's culinary tour  
of France ends in Paris

**BBC2 WALES**  
**6.00pm** Wynne's  
Welsh 70s: Wynne  
Evans explores the  
BBC Wales archives  
of 1975 **6.30-7.30**  
Saving Lives at Sea  
**9.30** Black Music  
Wales: rapper Lemfreck  
explores the history  
of Welsh black music  
**10.30** First Ladies of  
Hip Hop **11.30** Later...  
with Jools Holland  
**12.15-12.45am** Estelle  
at Glastonbury 2008

**BBC1 NORTHERN IRELAND**  
**10.25pm** Match of the  
Day from Northern  
Ireland: highlights of  
Northern Ireland v  
San Marino in Belfast  
**11.05 FILM:** Superbad  
**12.55-6.00am**  
BBC News

**BBC2 NORTHERN IRELAND**  
**6.00pm** The Fast  
and the Farmer-ish:  
the teams need to  
be tactical in some  
extreme challenges  
**6.30-7.30** Saving  
Lives at Sea: reports  
come in of a kayaker  
who has failed to  
return to shore

Channel 5  
listings are overleaf



# SATURDAY Freeview

Channel 5

5



**Serendipity** 2.40pm A chance encounter changes Sara's life

**5.45am Milkshake!** See page 46

**9.45 SpongeBob SquarePants** Mr Krabs's business causes strife. (R) (S) (HD)

**10.10 Entertainment News** (S) (HD)

**10.15 Friends** Series 7. Phoebe's new job as a telemarketer gets off to a rocky start.

**10.45** The pals celebrate Rachel's 30th.

**11.15** Chandler hears a startling revelation.

**11.45** Monica fights for a dress. (R) (S) (AD) (HD)

**12.15pm Ocean's Thirteen** ★★ Crime comedy caper sequel starring George Clooney, Brad Pitt and Matt Damon and Al Pacino. Danny Ocean assembles his old crew. English, Spanish +subtitles.

Director Steven Soderbergh (2007, PG) (S) (W) (HD)

**2.40 Serendipity** ★★★ Romantic comedy with John Cusack and Kate Beckinsale. A man and a woman who experience an instant attraction after a chance meeting leave their future to fate. **Review page 47.**

Director Peter Chelsom (2001, PG) (S) (W) (HD)

**4.30pm What Women Want** ★★★★★ Romantic comedy. Chauvinist ad executive Nick Marshall gains the ability to read women's minds after suffering a freak accident. **Review p47.**

Nick Marshall Mel Gibson  
Darcy Maguire Helen Hunt  
Lola Marisa Tomei  
Morgan Farwell Mark Feuerstein  
Gigi Lauren Holly  
Alex Marshall Ashley Johnson  
Director Nancy Meyers (2000, 12) (S) (W) (HD)

**6.55 5 News** (S) (HD)

**7.00 Cricket World Cup**

Highlights from the group match between India and Pakistan at Narendra Modi Stadium in Ahmedabad, India. (S) (HD)

**8.00 When Train Journeys Go Horribly Wrong**

John Sergeant narrates a selection of first-hand accounts of nightmare trips on the railway, including passengers stuck on a train that lost power on the hottest day of the year. Plus the driver whose quick reactions helped save lives when his train hit a lorry on a level crossing. Director/Producer Shayan Scott (S) (HD)

**9.30 Man About the House: 50 Years of Laughs**

A celebration of the 1970s sitcom, featuring interviews and behind-the-scenes stories from stars Paula Wilcox, Sally Thomsett, Brian Murphy and creator Brian Cooke, as well as fans Christopher Biggins and Melvyn Hayes. Director/Producer Malcolm Donkin (S) (HD)

**10.50 The Hunt for Red October**

★★★★ Cold War action thriller starring Sean Connery, Alec Baldwin and Scott Glenn. The trial voyage of new Soviet submarine *Red October* does not go as expected, as the heavily armed vessel heads for America. Director John McTiernan (1990, PG) (S) (W) (HD)

**1.30am** Entertainment News (S) (HD) **1.35**

Casino (S) (HD) **3.35** Friends (R) (S) (AD) (HD)

**4.30** Britain's Greatest Bridges: a look at the Forth Rail Bridge (R) (S) (SL) (AD) (HD)

**5.25-5.55am** Entertainment News (S) (HD)

**CS** Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105

**+1** Freeview 38 Freesat 128 Sky 205 Virgin 305

**BBC4 listings are overleaf**

BBC3

23



**Top Gear: Bolivia Special** 8.00pm Hosts James, Jeremy and Richard

**7.00pm EastEnders**

Ben lashes out at Jay over his recent behaviour. Shown last Monday BBC1 (S) (AD) (HD) **7.30** Ravi receives a text from Nugget. Shown last Tue BBC1 Cast Tue/Thu BBC1 (S) (AD) (HD)

**8.00 Top Gear: Bolivia Special**

Jeremy Clarkson, Richard Hammond and James May drive from Bolivia's Amazon basin to the coast of Chile. (S) (AD) (HD)

**9.15 Two Pints of Lager and a Packet of Crisps**

**9/14** Series 5. Louise signs Janet up for a pub quiz to keep her mind active.

**9.45 2/8.** While concussed, Gaz makes a startling confession.

**10.15 11/14.** Jonny feels neglected as Janet focuses her attention on the baby.

**10.45 12/14.** Louise embraces her spiritual side. A box set is on iPlayer. (S) (AD) (HD)

**11.15 Ballers: Ball or Nothing**

**1/8.** Documentary following Scotland's only professional basketball team.

**11.45 2/8.** The team gets a new name.

**12.15am 3/8.** The team faces a tough battle to stay in the BBL Cup.

**12.45 4/8.** A psychologist explains how the players need each other to succeed.

**1.15 5/8.** The team's new signing arrives.

**1.45 6/8.** The Gladiators must beat Derby to clinch a place in the final.

**2.15 7/8.** The team aims to change their silverware drought at the trophy final.

**2.45 8/8.** The team reflects on the season. The whole series is on iPlayer. (S) (HD)

**3.15** Two Pints of Lager and a Packet of Crisps (S) (AD) (HD) **3.45-3.55am** Pobl Bachyn (S) (HD)

**BBC3** F'view 23/HD 107 (not Scot/Wales) F'sat 179/HD 107

**Sky** 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2

6

**5.00am** CITV (HD) **9.00** Totally Bonkers Guinness World Records (S) (HD) **9.35** Dress to Impress: triple bill (S) (SL) (HD)

**12.30pm** Catchphrase (S) (HD) **1.20** Family Fortunes (S) (HD) **2.20** In for a Penny (S) (AD) (HD)

**3.20** FILM Goosebumps 2: Haunted Halloween ★★ Comedy horror starring Wendy McLendon-Covey, Madison Iseman and Jeremy Ray Taylor (S) (AD) (W) (HD) **5.10**

FILM The Croods ★★ Animated comedy adventure with the voices of Emma Stone, Ryan Reynolds and Nicolas Cage (S) (W) (HD)

**7.10pm** FILM Kung Fu Panda 3 ★★ Animation with the voices of Jack Black, Angelina Jolie and Dustin Hoffman. Dragon Warrior Po is forced to face his destiny when he comes up against a villain from the Spirit Realm, who is collecting the chi energy of all the kung fu masters. (S) (AD) (W) (HD)

**9.00** FILM Bad Neighbours ★★ Comedy with Seth Rogen and Zac Efron. New parents Mac and Kelly Radner have a settled life, but are worried that their friends see them as dull. When students move in next door, they want to show that they can put up with the fraternity life, but all the partying soon puts the neighbours on a war footing. (S) (W) (HD)

**10.55** Family Guy Series 17. Meg takes part in the Winter Olympics. (S) (AD) (HD)

**11.25** Chris takes up vaping. (S) (AD) (HD)

**11.55** American Dad! Series 13. Francine's finds her "body art" on display. (S) (AD) (HD)

**12.25am** Steve and his pals turn to witchcraft in a bid to gain popularity at school. (S) (AD) (HD)

**12.55** The Stand Up Sketch Show: double bill (S) (HD) **2.00** Iain Stirling's CelebAbility: panel game (S) (HD) **2.45-3.00am** Unwind (S) (HD)

**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115

**+1** Freeview 29 Freesat 114 Sky 218 Virgin 315

ITV3

10



**Maigret** 11.05pm The body of a diamond merchant is discovered

**6.00am** Bless This House (S) **7.05** Inspector Morse: Series 2. *The Settling of the Sun.* Murder shatters the peace of an Oxford college (S) (SL) (AD) (HD) **9.20** Maigret 1/6 Series 1. *The Patience of Maigret.* The first of six episodes, starring Michael Gambon. A suspected jewel thief is found murdered; **11.05 2/6.** *Maigret and the Burglar's Wife.* The sleuth is visited by the wife of a burglar; **12.15pm 3/6.** *Maigret Goes to School.* A teacher is convinced he will be accused of murder; **1.25pm 4/6**

*Maigret and the Mad Woman.* An elderly woman claims her belongings are being moved; **2.35 5/6.** *Maigret on Home Ground* The detective returns to his home town; **3.45 6/6.** *Maigret Sets a Trap.* A killer terrorises the women of Montmartre (S) (AD)

**5.00pm Midsomer Murders**

Series 19. *Death by Persuasion.* Barnaby and Winter must look to the past to solve a crime after a girl slips away from a Jane Austen-themed weekend dressed in period attire and is later found stabbed to death.

**7.00** Series 11. *Shot at Dawn.* The family of a soldier, who was shot for cowardice during the First World War, celebrate when his name is finally added to the Midsomer Parva war memorial. But their joy isn't shared by the Hammonds, whose patriarch pulled the trigger on his comrade.

**9.00** Series 20. *Death of the Small Coppers* When a butterfly collector is found murdered, pinned to a wall in a manner akin to his specimens, DCI Barnaby and DS Winter are thrust into a crime that sends shockwaves around the world. (S) (AD) (HD)

**11.05 Maigret**

*Night at the Crossroads.* Crime drama starring Rowan Atkinson. The detective interrogates a mysterious Dane who has been caught with a dead body in his car in a rural town – but finds that all the locals seem to be hiding something. (S) (AD) (HD)

**1.05am** Scott & Bailey: 3/8 Series 4. The duo search for the killer of a gay man who is found murdered in the flat he shares with his husband (S) (SL) (AD) (HD) **2.05-2.30am** Unwind (S) (HD)

**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117

**+1** F'view 59 (9pm-4am) F'sat 116 Sky 219 Virgin 317

ITV4

26

**6.00am** The Derby through the Years (S) (HD) **6.20** Minder (S) (SL) (AD) **7.20** The Professionals (S) (SL) (AD) **8.25** The NFL Show (S) (HD) **9.30**

**New.** Racing: the Opening Show (S) (HD) **10.30** The Big Match Revisited (S) (HD) **11.30**

FILM Flash Gordon ★★ Science-fiction fantasy based on the comic-strip adventure, starring Sam J Jones (S) (AD) (W) (HD)

**1.50pm** The Grand Fishing Adventure (S) (HD) **2.55** LIVE Racing: coverage from Newmarket and York (S) (HD) **4.15** **New.** British Touring Cars: from Brands Hatch (S) (HD)

**5.50pm** FILM Robin Hood: Prince of Thieves ★★ Action adventure starring Kevin Costner, Mary Elizabeth Mastrantonio, Alan Rickman and Morgan Freeman. (S) (W) (HD)

**9.00** **New.** EFL Highlights Action from matches including Northampton Town v Portsmouth, and Reading v Oxford United in League One. Repeated 12.15am ITV1 (S) (HD)

**10.30** FILM Fury ★★ Second World War drama starring Brad Pitt, Logan Lerman and Shia LaBeouf. **Review p97** (S) (AD) (W) (HD)

**12.45am** Motorsport UK (S) (HD) **1.45** Auto Mundial (S) (HD) **2.15** The Protectors (S) (SL) (HD)

**2.50-3.00am** Unwind (S) (HD)

**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118

**+1** Freesat 118 Sky 220 Virgin 318

Drama

20



**Death in Holy Orders** 9.00pm Adam Dalgliesh uncovers a web of intrigue

**7.25am** Jonathan Creek Repeated 2.55pm (S) (AD) **8.25** Dalziel & Pascoe: 2/4 Series 2 *A Killing Kindness.* The detectives trail a serial killer (S) (AD) **10.30** Father Brown: 13/15 Series 3. *The Paradise of Thieves.* A man is found dead inside a bank vault; **11.30 14/15**

*The Deadly Seal.* The priest is told about an assassination plot. Repeated 8pm (S) (AD) (HD)

**12.30pm** New Tricks: 7/10 Series 10. *Things Can Only Get Better.* The team probes the death of an MP's researcher (S) (AD) (HD)

**1.50** Jonathan Creek: 5/6 Series 3. The duo investigate an apparent miracle; **2.55 6/6**

A murdered drug-runner haunts his killers. Shown 7.25am (S) (AD) **4.00** Mrs Sidhu Investigates: 2/4. *Breaking Convention.* Mrs Sidhu and Tez cater for a hit fantasy TV show (AD) (HD)

**6.00pm The Brokenwood Mysteries**

4/4 Series 5. *The Dark Angel.* A couple stumble upon a body at an abandoned mental health facility. (S) (AD) (HD)

**8.00 Father Brown**

14/15 Series 3. *The Deadly Seal.* The priest is in a seemingly impossible situation when he is told during a confession that Bishop Talbot will be assassinated tomorrow. Shown 11.30am (S) (AD) (HD)

**9.00 Death in Holy Orders**

2/2. The death toll at St Anselm's theological college continues to mount, leaving the school threatened with closure. (S)

**11.00 Whitechapel**

3/6 Series 3. A fox runs through Whitechapel with a human arm in its mouth, but Chandler and the team struggle to identify the murder victim. (S) (AD) (HD)

**12 midnight 4/6.** When traces of an aphrodisiac are found in the victims, Chandler and the team begin to explore a world of dark obsessions. (S) (AD) (HD)

**1.00am** Banished: 2/7. With bully Marston persisting in stealing his food, Freeman realises that the time has come to take drastic action (S) (AD) (HD) **2.25-4.00am**

The Brokenwood Mysteries: 1/4 Series 4. *Fall from Grace.* Andre Barrington, an ex-boyfriend of Kristin's, dies while skydiving (HD)

**Drama Freeview 20 Freesat 158 Sky 143 Virgin 116**

**+1** Freeview 60 Sky 243 Virgin 316

ITVBe

28

**7.00am** The Real Housewives of Atlanta (S) (HD) **8.00** Masters of Flip (S) (HD) **9.00**

LittleBe: children's entertainment (HD)

**12 noon** Masters of Flip (S) (HD) **1.00pm**

The Only Way Is Essex (S) (HD) **2.00** Ferne McCann: My Family and Me (S) (HD) **3.00**

Abbey Clancy: Celebrity Homes (S) (HD) **4.00** Chloe Madeley: a Family Affair (S) (HD)

**5.00** Cooking with the Stars (S) (AD) (HD)

**6.00pm** *Cooking with the Stars* Emma Willis and Tom Allen host the final. (S) (AD) (HD)

**7.00** *Celebrity Dinner Date* Glamour model and reality TV star Casey Batchelor chooses three men to date based on the menus she most likes the look of. (S) (HD)

**8.00** Reality TV star and businessman Callum Izzard is given five menus put together by blind dates. (S) (HD)

**9.00** *Botched* Patients who hid their plastic surgery from their loved one. (S) (HD)

**10.00** *Ibiza Weekender* Chloe and Callum are banned from drinking as punishment for the trouble they caused. (S) (HD)

**11.00** Callum proves his feelings for Chloe and a trainee leads his first day out. (S) (HD)

**12 midnight-1.00am** Vanderpump Rules (S) (HD)

**ITVBe** Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319



## More4

18



### Bettany Hughes's Treasures of the World 7.55pm

**8.55am** Food Unwrapped: revisiting favourite investigations (AD) **9.30** A Place in the Sun **12.30pm** Four in a Bed **3.05** Location, Location, Location: Kirstie Allsopp and Phil Spencer help prospective buyers in Cardiff **4.10pm** Come Dine with Me Dinner parties from in and around Essex feature a homely night with some tried-and-tested dishes, as well as both a Bollywood-themed gathering and an Egyptian-themed evening. **6.55** Lost Pharaohs of the Nile The work of archaeologists to excavate sites along the Sudanese Nile Valley, from pyramids to temples, which once formed part of Ancient Egypt, ruled by the Black Pharaohs. (AD) **7.55** Bettany Hughes's Treasures of the World The historian visits a dig in Istanbul containing artefacts from multiple eras, and follows in the footsteps of one of her all-time heroes, Byzantine empress Theodora. (AD) **9.00** 24 Hours in A&E A man is brought in to St George's after riding his bicycle into the back of a parked ambulance. (AD) **10.00** A 12-year-old girl requires extensive surgery after breaking her leg. (AD) **11.05** Eight out of Ten Cats Does Countdown Sean Lock and Harry Hill take on Jon Richardson and Rose Matafeo, while Alex Horne and the Horne Section join Susie Dent in Dictionary Corner. Hosted by Jimmy Carr. **12.10am** Eight out of Ten Cats Does Countdown: with Kiri Pritchard-McLean **1.15** 24 Hours in A&E (AD) **3.20-3.50am** Food Unwrapped (AD)

**More4** F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

## E4

13

**6.00am** Lego Masters Australia (AD) **7.40** Made in Chelsea **8.40** Modern Family **10.40** Young Sheldon: five episodes (AD) **1.05pm** The Great British Bake Off (SL) (AD) **2.45** FILM Madagascar: Escape 2 Africa ★★ Animated comedy sequel featuring the voices of Ben Stiller, David Schwimmer and Chris Rock (AD) **4.30** The Big Bang Theory (AD) **6.00pm** The Big Bang Theory 22/24 Series 8. Howard questions his abilities. (AD) **6.30** 23/24. There is a clash of personalities when Sheldon and Leonard's mothers meet. (AD) **6.55** FILM Men in Black 3 ★★★★★ Sci-fi comedy starring Will Smith and Josh Brolin. The fight against aliens is taken to a new dimension when Agent J is forced to travel back to 1969 in an effort to prevent his partner's murder by a ruthless fugitive. (AD) **9.00** Celebrity Gogglebox Blue Planet II, Unsolved Mysteries, Antiques Roadshow and Basic Instinct are appraised. (AD) **10.00** Gogglebox The armchair critics react to Michael McIntyre's The Wheel, Jamie's E1 Wonders and Wild Croc Territory. (AD) **11.05** I'm a Celebrity... Get Me Out of Here!, Hollyoaks and Stanley Tucci: Searching for Italy come under the critics' gaze. (AD) **12.10am** First Dates: double bill (SL) (AD) **2.20** Celebrity Gogglebox (SL) (AD) **3.10** Gogglebox (SL) (AD) **4.05-6.00am** Modern Family

**E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 181 Sky 138 (139 Scot) Virgin 287

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Antiques Road Trip **10.00** Dr Pimple Popper **1.00pm** A Place in the Sun **3.00** The Great Antiques Challenge **4.00** Helicopter ER: four editions **8.00** Paramedics on Scene **9.00** New. The Dead Files: a malicious spirit threatens a man's home, health and marriage in Springfield, Ohio **10.00** New. Conjurung Kesha **11.00** Spooked Ireland **12** midnight Ghost Adventures **2.00am** Home Shopping **4.00** Animal Cops Detroit (AD) **5.00-6.00am** Animal Cops Houston

**Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

## Sky Arts

11



### Stevie Nicks: 24 Karat Gold Tour 8.00pm

**6.00am** Hitler's Jazz Band (AD) **7.00** Battle of the Brass Bands (AD) **8.00** Tales of the Unexpected: six episodes (AD) **11.00** Alfred Hitchcock Presents: four episodes **1.00pm** FILM Sherlock Holmes: Terror by Night ★★ Mystery starring Basil Rathbone and Nigel Bruce. **Review page 107** (BW) (W) **2.15** André Rieu: Welcome to My World **3.15** Portrait Artist of the Year **4.15** Musical Masterpieces **5.15** Discovering: John Mills **6.15pm** Pink Floyd: P.U.L.S.E. A 1994 concert by the band in which they performed their classic 1973 album *The Dark Side of the Moon* at Earl's Court during their Division Bell tour. **7.30** The Byrds: Music Icons A look at the career of the American group, who pioneered folk rock with their mix of British Invasion and traditional music. **8.00** Stevie Nicks: 24 Karat Gold Tour Concert footage of the singer-songwriter from shows in Indianapolis and Pittsburgh in 2017, featuring songs from her solo career as well as Fleetwood Mac classics. **10.00** Gary Numan Resurrection A profile of the musician, following him as he prepares to play at Wembley Arena. **11.40** Guy Garvey: from the Vaults An electronics special, featuring archive footage of trailblazers Gary Numan and Kraftwerk. **12.40am** Sisters with Transistors **2.30** Beth Hart: Live at the Royal Albert Hall: a 2018 concert **5.00** Aretha Franklin: Music Icons **5.30-6.00am** Chuck Berry: Music Icons

**Sky Arts** Freeview 11 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Couples Come Dine with Me **11.00** Château DIY: three editions (AD) **2.00pm** A Place in the Sun: four editions **6.00pm** A Place in the Sun A married couple seek a holiday home in Puerto de Mazarrón, in Spain's Murcia region. (AD) **7.00** A father and son search for a holiday home in Málaga on Spain's Costa del Sol. (AD) **8.00** The Great Pottery Throw Down All is not as it seems as the remaining potters craft a keepsake box with a disguised lid before facing a blindfold challenge. (AD) **9.15** Grand Designs Kevin McCloud returns to Gloucestershire to see the progress made by Jon and Noreen who set out in 2013 to build a three-bed treehouse on a budget of £250,000. Shown last Wednesday C4 (AD) **10.15** Stand Up to Cancer: Don't Look Down 1/5. A group of brave celebrities aim to master the art of high-wire walking in aid of charity. Shown last Tuesday C4 (AD) **11.20** 24 Hours in A&E John, 84, arrives after crashing his car into a road sign and is given an emergency blood transfusion when his blood pressure drops dangerously low. (AD) **12.25am** Gogglebox (AD) **1.30** Big Fat Quiz of the Decade **3.30** Eight out of Ten Cats Does Countdown **4.25-4.55am** Beat the Chef

**4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

## Quest

12

**6.00am** Massive Engineering Mistakes **7.00** Mega Shippers **8.00** Chasing Classic Cars **9.00** Wheeler Dealers **2.00pm** The Repair Shop **4.00** Vintage Voltage **6.00** Wheeler Dealers **7.00** Salvage Hunters: Drew and Tree visit Insect Circus in Suffolk **8.00** Who Do You Think You Are?: comedian Lee Mack researches his family tree **9.00** The Repair Shop **10.00** The Hotel Inspector: at Warwick Hall in Cumbria (AD) **11.00** FILM Unforgiven ★★★★★ Oscar-winning western directed by and starring Clint Eastwood, and also starring Gene Hackman, Morgan Freeman and Richard Harris (W) **2.00am** Border Control Sweden **3.00** Destroyed in Seconds **4.00-5.00am** How It's Made

**Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 337

## Yesterday

27



### Great American Railroad Journeys 4.00pm

**6.10am** Great British Landmark Fixers **8.00** Bangers and Cash: five editions (AD) **1.00pm** Abandoned Engineering: triple bill **4.00** Great American Railroad Journeys: in a triple bill, Michael Portillo visits Kansas, Colorado, New Mexico and Arizona **7.00pm** Bangers and Cash Dave's heads over to Lincolnshire to pick up a 1935 Riley Falcon – a good-looking saloon car, with a pre-select gearbox **8.00** Derek brings a small army of military hardware to Thornton le Dale, including a Studebaker Weasel tracked vehicle and a Second World War-era Willys Jeep. **9.00** Paul collects a cherished 1924 Rover 9 that's been in the same family since the 1950s and has only had one previous owner before that. **10.00** One Foot in the Grave Victor and Margaret invite Mrs Warboys to stay at their house until her flooded flat dries out. **10.40** A sultry widow sets her sights on Victor. Guest-starring Barbara Windsor. **11.20** Victor consults a solicitor. **12** midnight Bangers and Cash: a Ford Thames 400E that once belonged to Edison Lighthouse (AD) **1.00-3.00am** Great British Landmark Fixers

**Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1** Sky 255 Virgin 329

## Dave

19

**7.10am** Expedition with Steve Backshall: Unpacked (AD) **8.00** Rick Stein's Cornwall **9.00** Train Truckers **10.00** Repair Lot (AD) **11.00** Celebrity Storage Hunters **2.00pm** Would I Lie to You? **4.00** Soapbox Race 2022 **7.00pm** Q1 XL Stephen Fry is joined by Phill Jupitus, Rich Hall and Jimmy Carr, along with regular panellist Alan Davies, for an extended edition of the quiz with a difference. **8.00** Not Going Out 1/8 Series 8. Lee and Lucy struggle to maintain their romance. **8.40** 2/8. Lucy offends Frank by casting doubt on his ability to mind the children while she and Lee enjoy an evening out. **9.20** Not Going Out Bloopers Special A chance to see some of the unscripted moments from the hit sitcom. **10.00** David Mitchell's Outsiders 1/6 Series 3. The Outsiders attempt to smuggle contraband past border control. (AD) **11.00** Mock the Week With Angela Barnes, Catherine Bohart, Ed Gamble, Rhys James and Michael Odewale. Dara O Briain hosts. **11.40** Q1 XL Sarah Millican, Jimmy Carr and Johnny Vegas take part in the comedy quiz. **12.40am** Have I Got a Bit More News for You **1.40-4.00am** Schitt's Creek: five back-to-back episodes of the comedy starring Dan Levy

**Dave** F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave** F'view 57 Sky 211 (212 Wales) Virgin 327

## London Live

8

**6.00am** London's Weekend **7.00** The Prisoner **8.00** Top Tens of Warfare **9.00** Castle Builders **10.00** David Attenborough's Light on Earth **11.00** FILM The Slipper and the Rose ★★ **1.45pm** FILM One Hour to Zero ★★ **2.55** FILM The Hasty Heart ★★ Second World War drama starring Ronald Reagan, Patricia Neal and Richard Todd (BW) **5.10** FILM Up in the World ★★ Comedy starring Norman Wisdom (BW) **7.00** The World's Most Incredible Hotels **8.00** William and Mary **9.00** FILM Hurt By Paradise ★★ **10.45** FILM Mr Pip ★★ War drama starring Hugh Laurie **1.05am** FILM My Left Foot ★★★★★ Drama based on a true story, starring Daniel Day-Lewis, Ray McAnally and Brenda Fricker **3.15** Big City Life **3.30** News Rewind **5.00-6.00am** Talking Points

**London Live** Freeview 8 Sky 117 Virgin HD 159 Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** Murder, She Wrote (AD) **6.00pm** Murder, She Wrote Series 2. Triple bill. A cosmetics magnate's fiancée is murdered **7.00** Jessica is called for jury duty in a murder trial **8.00** Jessica investigates a poisoning (AD) **9.00** Criminal Minds Series 4. Double bill. The mother of an abducted child helps the team, then a serial killer copies murderers of the past **11.00** Law & Order: Special Victims Unit Series 5 Double bill. A teenager's death exposes a family secret, then the police suspect a boy is being abused by his mentally ill mother **12.55am** Criminal Minds **2.50** Lucifer **3.35-4.00am** Criminals: Caught on Camera

**5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

## 5 Star

32

**8.00am** Criminals: Caught on Camera **8.25** Dogs Behaving (Very) Badly (AD) **11.25** FILM Superman IV: the Quest for Peace ★★ **1.15pm** FILM The Time Machine ★★ **3.10** FILM Jupiter Ascending ★★ Sci-fi adventure starring Mila Kunis and Channing Tatum **5.50pm** FILM The Hobbit: an Unexpected Journey ★★ The first part of Peter Jackson's fantasy adventure trilogy based on the book by JRR Tolkien, starring Martin Freeman and Ian McKellen. **Review page 87** **9.00** FILM Battleship ★★ Sci-fi action adventure starring Liam Neeson, Taylor Kitsch, Alexander Skarsgard and Rihanna. Three ships, which are part of an international fleet on manoeuvres near Hawaii, are cut off by a force field when alien craft attack. **11.35** FILM Get Rich or Die Tryin' ★★ Crime drama starring Curtis "50 Cent" Jackson as Marcus, a kid left to fend for himself in a rough New York neighbourhood after the death of his mother, who falls into a life of drugs and crime. **2.00-3.00am** Ambulance: Code Red

**5 Star** Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scot) Virgin 326

## 5 Action

33

**9.00am** Entertainment News **9.15** Trucking Hell: double bill **11.15** Police Interceptors **12.15pm** FILM The Four Horsemen of the Apocalypse ★★★★★ Second World War drama starring Glenn Ford **3.20** FILM Open Range ★★★★★ Western starring Robert Duvall **6.05pm** FILM Kelly's Heroes ★★ Second World War action adventure starring Clint Eastwood and Telly Savalas. Resourceful soldier Kelly and his belligerent sergeant Big Joe gather a ragtag team of men to "liberate" gold ingots, worth millions, from a bank behind enemy lines. **9.00** FILM The Gauntlet ★★ Action crime drama starring Clint Eastwood. A routine assignment turns into a fight for survival when alcoholic policeman Ben Shockley is sent to Las Vegas to bring back a prisoner who is to testify against senior police officers. **11.15** FILM Hard to Kill ★★ Action thriller starring Steven Seagal and Kelly LeBrock. Police detective Mason Storm uncovers high-level corruption and becomes a marked man. **1.00am** Car Crash TV **2.15** Criminals: Caught on Camera **2.50-3.00am** Entertainment News

**5 Action** Freeview 33 Freesat 132 Sky 150 Virgin 130

## 5 Select

46

**9.00am** GPs: behind Closed Doors (AD) **11.00** Drain the Oceans: Lost Giants **12 noon** Drain the Oceans: Rise of the Roman Empire **1.00pm** Draining the Thames: Secrets Revealed **2.00** Nazi Megastructures **8.00pm** The Pacific War in Colour A look at how the US military strategy of taking Japan gathered momentum. **9.00** The Invasions of Peleliu and Iwo Jima. **10.00** Buried Secrets of WWII Pete and Marty investigate the Allied advance into Rome, which ground to a halt in Italy's mountains. **11.00** Britain's Lost Battlefields with Rob Bell The story behind the Battle of Hastings. **11.55** Drain the Oceans: Pacific Shockwave How the Japanese Empire became the dominant naval power in the Pacific. **1.00-3.00am** Britain's Favourite 80s Comedy

**5 Select** F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

**FREEVIEW TV and film channels continue overleaf**



# SATURDAY Freeview & films

## W 25



**Miranda** 7.40pm Stevie and Miranda are in competition

**6.10am** The Bill **11.00** Tipping Point **3.00pm** My Family (AD)

**7.00pm** **Miranda** Stevie and Miranda compete for the attention of new friend Tamara.

**7.40** Penny and Miranda are forced to see a therapist.

**8.20** The joke-shop owner dreams of the perfect Christmas. (AD)

**9.00** **The Catherine Tate Show** Sketch show with Bernie the nurse and the wife of a cannibal.

**9.30** Bernie the Irish nurse is feeling a little romantic.

**10.10** Featuring Nan Taylor and Essex couple Paul and Sam. (AD)

**10.50** **Nurses Down Under** Emergency nurses fight to save a man who has gone into anaphylactic shock. (AD)

**11.50** **Inside the Ambulance: Coast and Country** Oxford paramedics are called to a woman who has sustained a broken leg and severe facial injuries. (AD)

**12.50am** Lives on Fire

**1.50-3.00am** Tipping Point

**W** F'view 25 F'sat 156 Sky 132 (133 Scotland) **Virgin** 125 **+1 Sky** 232 (233 Scotland) **Virgin** 325

## Pick

**6.00am** Nothing to Declare **11.00** Stop, Search, Seize **12 noon** Highway Cops (AD) **1.00pm** Motorway Patrol **2.00 New.** The Predator's Playbook: the features that allow predators to survive in often hostile environments **3.00 New.** Malawi Wildlife Rescue: a baby monkey finds a new mother **4.00 New.** Pridelands: Wilderness Reborn: a family set out to rebuild a private South African ranch **5.00 New.** Africa's Underwater Wonders: the sandy shallows of Mozambique's Bazaruto archipelago **6.00** Road Wars: double bill **8.00** The Force: Manchester: a man is assaulted **9.00** Britcam: Emergency on Our Streets (AD) **10.00** SEAL Team (AD) **1.00am** Caught on Dashcam **2.00** Border Security: America's Front Line **4.00-6.00am** Highway Patrol

**Pick** F'view 36 F'sat 144 Sky 151 Virgin 135

## HGTV

**7.00am** Escape to the Country **11.00** My Lottery Dream Home **3.00pm** A Place in the Sun: five editions (AD) **8.00** Escape to the Country: Sonali Shah helps a couple who have spent the last 20 years living in France and now wish to relocate to Devon **9.00** Good Bones: Mina and the team take on their second home on Singleton Street, and this serene house needs serious wow factor to lure in the area's picky buyers **10.00** Escape to the Country: triple bill of the property search show **1.00am** Luxe for Less: Michel and his team tackle their first modern farmhouse **2.00** Escape to the Country **3.00-4.00am** A Place in the Sun (AD)

**HGTV** F'view 44 F'sat 166 Sky 158 Virgin 191 **+1 Sky** 258 Virgin 391

**FREEVIEW channels continued from overleaf**

## Food Network 43



**Secret Eats with Adam Richman** 9.00pm In Vegas

**6.00am** Diners, Drive-Ins and Dives: Triple D Nation **8.00** The Pioneer Woman **1.00pm** James Martin's French Adventure **2.00** James Martin: Yorkshire's Finest **3.00** John Torode's Asia **6.00pm** John Torode's Asia: four editions. John explores fusion cookery in Macau **6.30** John returns to Thailand, the home of his favourite Asian cuisine **7.00** The trip reaches the Maldives **7.30** A look back at a series full of tantalising tastes and awe-inspiring vistas

**8.00** Sophie Grison: Slice of Italy **9.00 New.** Secret Eats with Adam Richman: six editions. In Las Vegas, Adam finds a Chicago mob-inspired speakeasy **9.30 New.** In Oahu, Adam finds the best short ribs he's ever had **10.00** Adam searches for a massive off-menu burger in Portland **10.30** Adam's in Nashville for off-the-menu deep fried cheese

**11.00** Secret menu items at a pizzeria in New Orleans **11.30** Adam visits a wacky joint with a secret beer-filled burger

**12 midnight** Mystery Diners **2.00-3.00am** Halloween Baking Championship

**Food Network** F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin** 190 **+1 F'sat** 149 Sky 240 (241 Scot)

## Great TV

**8.00am** Diagnosis Murder **1.00pm** **FILM** Love Takes Flight **★ ★ 2.50** Movie News **3.00** **FILM** Love at Sunset Terrace **★ ★ 4.50** Movie News **5.00** **FILM** Starting Up Love **★ ★ 6.50** Movie News **7.00** **FILM** The Perfect Catch **★ ★ 8.50** Movie News **9.00** Lost Letter Mysteries: From Paris with Love **10.45** Lost Letter Mysteries for Christmas **12.30am** Movie News **12.40** Castle **1.40** Movie News **1.50** Castle **2.50** Movie News **3.00** Return of the Saint **3.50** Movie News **4.00** Highway to Heaven **4.50-5.00am** Movie News

**Great TV** Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 **+1** Freesat 143 Sky 257

## RealityXtra

**9.00am** Medical Detectives **12 noon** Facing Evil **2.00pm** Medical Detectives: six episodes **5.00** Judge Judy: 18 editions following real-life small-claims cases on issues affecting family life, presided over by outspoken former New York judge Judy Sheindlin **12.30am** World's Most Unexplained: patterns in fields, which appear overnight and without any warning **1.00** Something's Killing Me **3.40** Facing Evil **5.25-6.00am** Medical Detectives

**RealityXtra** Freeview 68 Freesat 134 Sky 147 Virgin 172

## BBC Parliament

**6.00am** Select Committees **11.00** Senedd Cymru: Welsh Parliament **12.20pm** Welsh First Minister's Questions: questions in the Welsh Parliament to First Minister Mark Drakeford **1.20** Senedd Cymru: Welsh Parliament **6.00** Select Committees: recorded coverage **12 midnight** Senedd Cymru: Welsh Parliament **1.20am** Welsh First Minister's Questions **2.20-6.00am** Senedd Cymru: Welsh Parliament **BBC Parliament** Freeview 232 Freesat 201 Sky 504 Virgin 605

## PBS America 84



**The Spy Game** 8.35pm A look at the Cold War

**8.00am** Beautiful Serengeti **8.30** Mutant Weather **9.30** The Spy Game: triple bill **1.00pm** Secret Bunkers **3.15** Invasion: triple bill

**6.20pm** **Secret Bunkers 1/2** Looking at some of Europe's secret bunkers, beginning with those built in Europe before and during World War II.

**7.25 2/2.** Investigating nuclear-era shelters, including the thousands built by a paranoid Romanian leader.

**8.35** **The Spy Game 1/3.** The Cold War between East and West, a battleground for thousands of spies who acted as suppliers of intelligence for their masters in Washington and Moscow.

**9.40 2/3.** The West's shift in focus to East Germany as the Warsaw Pact's major deployment zone.

**10.50 3/3.** The story of how a Nato exercise to practise new procedures of nuclear release led Moscow to believe this was indication of a nuclear first strike.

**12 midnight** Mutant Weather **1.05-2.00am** Beautiful Serengeti

**PBS America** F'view 84 (1pm-12 midnight only) **Freesat** 155 Sky 174 Virgin 187

## Blaze

**6.00am** Gold Hunters: the Legend of the Superstition Mountains **8.00** The Curse of Oak Island **10.00** The Curse of Oak Island: Drilling Down **12 noon** Curse of the Lost Amazon Gold **6.00** Ancient Aliens **8.00** Al Murray: Why Do the Brits Win Every War?: how the former colony of America was lost **9.00** Mafia Killers: a profile of Vincent Gigante **10.00 New.** Cops Uncensored: double bill. An abusive passer-by attracts the attention of police, then an opportunistic criminal steals a police cruiser **11.00 New.** Homicide: Hours to Kill: when a mother is gunned down in her garage, a host of people emerge as suspects **12 midnight** Secrets in the Ice **1.00am** Evidence of the Unexplained **2.00-6.00am** Hardcore Pawn

**Blaze** F'view 64 F'sat 162 Sky 164 Virgin 174

## Challenge

**7.00am** The Chase **9.00** Through the Keyhole **11.00** Family Fortunes **12.30pm** All Star Family Fortunes: double bill. With Stacey Solomon and Danny Miller, then a festive edition with teams from *The Only Way Is Essex* and *Benidorm* **2.30** Strike It Lucky **4.00** Tenable **6.00pm** The Chase (AD) **9.00** The Chase Celebrity Special: TV presenter David Grant, paralympian Jonnie Peacock, TV doctor Pixie McKenna and comedian Andy Hamilton pit their wits against one of the ruthless Chasers in the hope of winning a potential prize pot worth thousands of pounds **10.00** The Chase: Bradley Walsh presents as four contestants answer general knowledge questions (AD) **11.00** Bullseye **4.00am** The Chase Celebrity Special **5.00-6.00am** The Chase: quiz show **Challenge** Freeview 48 Freesat 146 Sky 145 Virgin 139

## CHILDREN'S

### Milkshake! on C5

**5.45am** Paw Patrol **6.00** Peppa Pig **6.05** Blue's Clues & You **6.25** Sesame Street Mecha Builders **6.40 New.** Pirata & Capitano **6.50** Fireman Sam **7.00** Thomas & Friends **7.15** Paw Patrol **7.25** Pip and Posy **7.40** Peppa Pig **8.00** The Adventures of Paddington **8.15** Ben and Holly's Little Kingdom **8.30** Chip and Potato **8.50 New.** Pop Paper City **9.00** Meet the Experts **9.10** Reu & Harper's Wonder World **9.25** Santiago of the Seas **9.35-9.45am** Sunny Bunnies

Full listings for Channel 5 are on p44

## CBeebies

**6.00am** Baby Jake **6.10** Twirlywoos **6.20** Bing **6.30** Love Monster **6.40** Chuggington **6.50** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing **7.35** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts: Above and Beyond **8.25** Chuggington **8.35** Bitz & Bob **8.45** The Furchester Hotel **9.00** Something Special: We're All Friends **9.20** Bluey **9.35** Hey Duggee **9.55** Supertato **10.00** Justin's House **10.25** Pffirates **10.35** Get Set Galactic **11.00** The Game Catchers **11.05** Patchwork Pals **11.10** Love Monster **11.20** Vegesaur **11.25** Kiri & Lou **11.30** Colourblocks **11.35** Let's Go for a Walk **11.50** JoJo & Gran Gran **12 noon** My World Kitchen **12.15pm** Old Jack's Boat **12.30** Hey Duggee **12.40** Octonauts **1.00** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.50** Dog Loves Books **1.55** Roots and Fruits **2.00** Something Special: We're All Friends **2.20** Get Well Soon **2.35** Molly and Mack **2.50** Alphablocks **2.55** Baby Jake **3.05** Supertato **3.15** JoJo & Gran Gran **3.25** Fred & Pete's Treasure Tales **3.40** Nick Cope's Popcast **3.55** Alphablocks **4.05** Magic Hands Black History Songs **4.15** Treasure Champs **4.30** Supertato **4.35** Bluey **4.43** My Petaurus **4.45** The Game Catchers **4.55** Steve and Aneeshwar Go Wild **5.00** Andy's Prehistoric Adventures **5.15** Katie Morag **5.30** JoJo & Gran Gran **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** CBeebies Bedtime Stories

**CBeebies** F'view 202 F'sat 608 Sky 608 Virgin 702

## CBBC

**7.00am** Shaun the Sheep **7.05** Sketchy Comedy **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.30** Boy Girl Dog Cat Mouse Cheese **7.45** New. Newsround **7.55** Ninja Express **8.05** Odd Squad **8.20** Oswald **8.30** OoGies Funsize **8.40** Pokémon: Sun and Moon - Ultra Adventures **9.00 New.** Saturday Mash-Up! Live **11.30** Blue Peter **12 noon** The Next Step **12.20pm** Grizzly and the Lemmings **12.28** Sketchy Comedy **12.30** Dragons: the Nine Realms **1.15 New.** Total Dramarama **1.35** So Awkward **2.35** Malory Towers **3.00** Home Sweet Home **3.25** Jamie Johnson **3.55** Gym Stars **4.15** Transformers EarthSpark: double bill **5.00** The Deep **5.20** Dragons: Riders of Berk **5.45** Danger Mouse **5.55** Grizzly and the Lemmings: double bill **6.10** Total Drama Island: Reboot **6.35-7.00pm** Summer Camp Island

**CBBC** F'view 201 F'sat 607 Sky 607 Virgin 701

## ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am-9.00 and on ITVBe 9am to 12 noon

## ITV2

**5.00am** Dodo **5.25** Scooby-Doo! Mystery Incorporated **5.45** Craig of the Creek **6.10** Teen Titans Go! **6.40** Looney Tunes Cartoons **7.45** Be Cool, Scooby-Doo! **8.10** What's New Scooby-Doo? **8.35-9.00am** Scooby-Doo and Guess Who?

## ITVBe

**9.00am** Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Ollie **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder: double bill **11.20** Postman Pat **11.35** Mumfie **11.45-12 noon** Pip Ahoy!

## FILMS

### Film4

**11.00am** **Little Monsters ★** Creative but patchy family fantasy starring Howie Mandel. (1989, PG) (S)

**12.55pm** **Barnyard ★★★** Wacky animated comedy brimming with laugh-out-loud sight gags, about a cow who is forced to face up to responsibility. Kevin James (2006, PG) (S)

**2.40** **Angus, Thongs and Perfect Snogging ★★★★★** This endearing coming-of-age comedy about a 14-year-old girl who is too clever for her own good includes a fine performance from a young Georgia Groome. Alan Davies, Karen Taylor (2008, 12) (S)

**4.35** **The Golden Child ★★** Misfiring action comedy about a social worker involved in a battle to save the world. Eddie Murphy (1986, PG) (S)

**6.25pm** **Hidden Figures ★★★★★** The inspirational true story of three African-American women working at Nasa in the 1960s. Taraji P. Henson, Octavia Spencer, Janelle Monáe (2016, PG) (S) (AD)

**9.00** **Passengers ★★** Polished space saga in which two people are woken from hypersleep with 89 years left before finish their journey. Chris Pratt (2016, 12) (S) (AD)

**11.15** **Boys from County Hell ★★★★★** Builders unleash an ancient vampiric evil on a sleepy village in this lively comic horror. **Review, right.** Jack Rowan (2020, 15) (S) (AD)

**1.00-2.55am** **The Owners ★** Grisly, overfamiliar home-invasion horror. Maisie Williams (2020, 18) (S) (AD)

**Film4** Freeview 14 Freesat 300 Sky 313 Virgin 428 **+1 F'view** 47 F'sat 301 Sky 314 Virgin 430

## Talking Pictures TV

**6.00am** **Murder in Eden ★★** Detective Ray McNally investigates a murder in the art world in this mystery. (1961, U) (S) **7.15** **Just William's Luck ★★** Appealing adaptation of Richmal Crompton's classic stories, in which William and pals encounter fur smugglers. William Graham (1947, U) (S)

**9.00** **Saturday Morning Pictures** Classic serials, plus *The Cat Gang* (1959, U) (S) **12 noon** **They Came from beyond Space ★★** Sombre sci-fi alien-invasion thriller starring Robert Hutton. (1967, PG) (S) **2.00pm** **The Outer Limits** TV sci-fi series. **3.00** **Thunderbirds** TV sci-fi series. **4.05** **The Fast and the Furious ★★** Cultish noir thriller with John Ireland as the convict who breaks out of jail and embarks on a cross-country road race. (1954, PG) (S) **5.35** **Dick Powell's Zane Grey Theatre** TV drama.

**6.10pm** **Treasure Island ★★★★★** Reasonably entertaining children's adventure with a monstrous, larger-than-life Long John Silver from Orson Welles. (1972, PG) (S)

**8.00** **Maigret** TV detective series. (S) **9.00** **The Blue Lamp ★★★★★** This British crime classic perfectly captures the austere atmosphere of postwar Britain. Jack Warner (1949, PG) (S)

**10.45** **The Quatermass Experiment ★★★★★** An astronaut returning to Earth undergoes a bizarre transformation in this entertaining, ground-breaking sci-fi thriller. Brian Donlevy (1955, PG) (S)

**12.20am** **Harrison's Flowers ★★** A worried wife searches for her husband in war-torn Yugoslavia. Andie MacDowell (2000, 15) (S) **2.50** **Family Life ★★★★★** Drama about a pregnant teenager whose overbearing parents insist on her having an abortion. Sandy Ratcliff (1971, 15) (S) **5.00-6.00am** **Dick Powell's Zane Grey Theatre**

**Talking Pictures TV** Freeview 82 Freesat 306 Sky 328 Virgin 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED





# FILM REVIEWS



FILM OF THE DAY

## Knives Out ★★★★★ 9.30pm-12.05am c4 12

**MYSTERY** This entertaining movie from writer/director Rian Johnson is superbly performed by a game cast. Daniel Craig (above) revels in his comic turn as the Deep South detective who investigates when the patriarch of the Thrombey family (Christopher Plummer) is found dead. Jamie Lee Curtis, Toni Collette and Michael Shannon are among the suspects, but best of all is Chris Evans as the clan's black sheep. Johnson proved with *Brick* and *Looper* that he can take a handful of well-worn tropes and give them a thrilling tweak, and he has similar success with this whodunnit. **JEREMY ASPINALL** (US 2019, swearing, drug abuse, HD)

## The Red Shoes ★★★★★ 1.00-3.10pm BBC2 U

**ROMANCE** In her film debut, Moira Shearer plays the ballerina torn between a career with manipulative impresario Anton Walbrook and marriage to young composer Marius Goring. Co-directors Michael Powell and Emeric Pressburger ponder the power and nature of the subject matter with some exuberant dance sequences and a riot of Oscar-winning designs. **ADRIAN TURNER** (UK 1948, HD) **Powell & Pressburger, p110**

## Serendipity ★★★ 2.40-4.30pm C5 PG

**ROMCOM** John Cusack and Kate Beckinsale star as Christmas shoppers who are strongly attracted to one another, but leave the chance of a relationship to the fickle hands of fate. Yes, it's as sickly sweet as it sounds, but Cusack puts in a winning performance, while Eugene Levy (*Schitt's Creek*) is good value as an uptight shop assistant. **JOANNA BERRY** (US 2001, edited for content, HD)

## What Women Want ★★★★★ 4.30-6.55pm C5 12

**ROMCOM** Mel Gibson seems to be winning the battle of the sexes in this inventive offering from director

Nancy Meyers (*The Holiday*). Gibson plays a chauvinistic advertising executive who finds himself able to hear women's thoughts after an electric shock. Despite the daft premise, this is wittily written and sharply directed. **DAVE ALDRIDGE** (US 2000, edited for content, HD)

## Eddie the Eagle ★★★★★ 6.55-9.00pm Great Movies PG

**BIOPIC** This quintessential underdog tale follows the trials and tribulations of Eddie "The Eagle" Edwards, who became an accidental ski-jumping record holder at the 1988 Calgary Winter Olympics. It's a rousing heart-warmer of a film that has you rooting for the lovable loser from frame one, and Taron Egerton is utterly beguiling as Eddie. **ALAN JONES** (UK/US/Ger 2016, sex references)

## The River Wild ★★★★★ 9.00-11.10pm Legend 12

**THRILLER** Meryl Streep takes her family white-water rafting to try to revive their disintegrating relationships, only for two armed robbers (Kevin Bacon and John C Reilly) to forcibly hitch a ride on their raft with \$250,000 of stolen loot. Directed by Curtis Hanson, this is a real rollercoaster ride, filled with hair-raising action scenes

and some equally tense moments on the river bank. **AT** (US 1994, violence, swearing, nudity)

## Superbad ★★★★★ 10.25pm-12.10am BBC1 (starts 11.05pm in N Ireland) 15

**COMEDY** This teen comedy serves up all the expected elements, but does so with an intelligent wit. Jonah Hill and Michael Cera are the high schoolers who plan to provide booze for a party and thus ensure the gratitude of its female attendees. Emma Stone also features in the young cast, making her film debut as the object of Hill's affection. **ADAM SMITH** (US 2007, swearing, sex scenes, drug abuse, HD)

## Boys from County Hell ★★★★★ 11.15pm-1.00am Film4 15

**COMEDY HORROR** A sleepy Irish village gets a rude awakening in this lively, low-budget movie. Nigel O'Neill and Jack Rowan play father-and-son builders whose construction job disturbs an ancient evil. Brimming with pitch-black humour, Chris Baugh's film puts a fresh spin on vampire conventions. **JA** (UK/Ire 2020, violence, swearing, HD)

## Lady Bird ★★★★★ 12.10-1.40am BBC1 (not in N Ireland) 15

**COMEDY DRAMA** Barbie's Greta Gerwig made her directorial debut with this equally colourful coming-of-age tale. Starring Saoirse Ronan as a teenager navigating her final year at a Sacramento high school, it's a winning portrait of an endearing eccentric, told with a deft balance of wit and angst. **EMMA SIMMONDS** (US 2017, swearing, nudity, HD)

## Sky Cinema picks

**To Catch a Killer ★★★ 6.00-8.00pm Sky Originals**  
Tense serial-killer thriller. (2023) Sky 302, Virgin 402, BT 502/516

**Marcel the Shell with Shoes On ★★★★★ 7.20-9.00pm Sky Animation**  
A mollusc's adventure. (2021, PG) Sky 305; Virgin 412; BT 500/514

**The Woman King ★★★★★ 10.15pm-12.40am Sky Action**  
Viola Davis rules! (2022, 15) Sky 306; Virgin 406; BT 506/520

**Films to stream from p32**  
Netflix, Amazon, Disney+ and more

## Great Movies 34

**9.10** An Aurora Teagarden Mystery: Last Scene Alive **11.10** An Aurora Teagarden Mystery: Reap What You Sew **1.00pm** Garage Sale Mysteries: the Novel Murders **2.50** **Paul Blart: Mall Cop** ★★ Fitfully funny comedy starring Kevin James. (2009, PG) **4.45** **Pixels** ★★ Energetic sci-fi comedy. Adam Sandler, Kevin James, Josh Gad (2015, 12) **6.55pm** **Eddie the Eagle** ★★★★★ Crowd-pleasing true-story drama about ski-jumper Eddie Edwards. **Review, right.** Taron Egerton (2016, PG) **9.00** **Knowing** ★★ A time capsule document predicts the end of the world for Nicolas Cage in this suspenseful disaster thriller. (2009, 15) **11.25** **Kill Bill Vol 2** ★★★★★ The finale of the revenge saga sees Uma Thurman track down the remaining assassins on her hit list. (2004, 18) **2.15am** **Reasonable Doubt** ★★ Intriguing but implausible thriller. Dominic Cooper, Samuel L Jackson (2014, 15) **4.05-5.50am** **Accusations and Lies** ★★ Thriller in which a woman stands accused of her husband's death. Annalynne McCord (2019)

**Great Movies** Freeview 34 Freesat 302 Sky 321 Virgin 425  
+1 Freeview 61 (limited 10pm-5am) Sky 322

## Great Action 42

**8.00am** Wild West Chronicles **9.10** **Once upon a Texas Train** ★★ Western with Willie Nelson and Richard Widmark. Willie Nelson (1988, U) **11.10** **Buck and the Preacher** ★★ Sidney Poitier directs and stars. (1972, PG) **1.15pm** **The Walking Hills** ★★ Smartly written treasure-hunt western. Randolph Scott (1949) **3.00** **The Desperadoes** ★★ Routine Randolph Scott western. (1943, U) **4.50** **Alvarez Kelly** ★★ Oddball western held together by stars William Holden and Richard Widmark. (1966, PG) **7.05pm** **The Quick Gun** ★★ Routine western with Audie Murphy as a former gunslinger trying to warn townsfolk about a raid. (1964) **9.00** **Bullet** ★★ Underwhelming old-school action drama with Danny Trejo. Jonathan Banks (2014, 15) **10.50** **Resident Evil: Apocalypse** ★★ Limp sci-fi action horror sequel starring Milla Jovovich. (2004, 15) **12.40am** **Conspiracy** ★★ Generic action movie. Val Kilmer (2008, 15) **2.25** Wild West Chronicles **3.05** Battle of Crete **4.00-5.00am** Battle Honours **Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324

## Great Movies Christmas 52

**8.00am** **All I Want for Christmas** ★★ Knowing the truth can hurt and heal. Melissa Sagemiller (2013) **10.00** **Kristin's Christmas Past** ★★ Her chance to change the past. Shiri Appleby (2013, PG) **12 noon** **Christmas Next Door** ★★ Surprisingly charming romance. Jesse Metcalfe (2017) **2.00pm** **My Santa** ★★ Sentimental fantasy. Samia Armstrong (2013) **4.00** **The Mistletoe Promise** ★★ A couple of humbugs get together. Jaime King (2016) **6.00pm** **Oh Christmas Tree** ★★ Predictable romcom set on a tree farm, starring Sarah Lancaster. (2013) **8.00** **The Christmas Apprentice** ★★ Big business comes up against small-town values. Abigail Hawk (2016) **10.00** **On the Twelfth Day of Christmas** ★★ Can she bring back his holiday spirit? Brooke Nevlin (2015) **12 midnight** **Runaway Christmas Bride** ★★ Schmaltzy comedy. Cindy Busby (2017) **2.00am** Highway to Heaven **3.00-5.00am** **Christmas Caper** ★★ Comedy. Shannon Doherty (2007)

**Great Movies Christmas** Freeview 52 Freesat 303 Sky 319 Virgin 424  
+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

## Sky Premiere

**6.00am** **Shrapnel** As 3.55pm **7.45** **65** ★★ Derivative sci-fi romp in which a humanoid alien crashes on a prehistoric Earth. Adam Driver (2023, 12) **9.25** As 8pm **12.15pm** **Mob Land** ★★ Crime-by-numbers heist drama. Shiloh Fernandez, John Travolta (2023, 15) **2.10** As 10.40pm **3.55** **Shrapnel** ★★ No nonsense action thriller. Jason Patric, Cam Gigandet, Efrain Villa (2023, 15) **5.40pm** **Champions** ★★ Comedy drama about a basketball team with learning disabilities. **Review p38.** Woody Harrelson (2023, 12) **8.00** **The Fabelmans** ★★★★★ Steven Spielberg's late-career coming-of-age masterpiece. **Review p38.** Michelle Williams (2022, 12) **10.40** **Cocaine Bear** ★★ Partly based on a true story, this deranged thriller finds a drugged-up bear on the loose in Georgia. Keri Russell (2023, 15) **12.20am** **God Is a Bullet** ★★ Dark road movie about a vengeful detective trying to save his daughter from a cult. Nikolaj Coster-Waldau (2023) **2.25** **Unwelcome** ★★ Creepy comedy horror. Hannah John-Kamen, Douglas Booth (2022, 15) **4.10** As 12.15pm **Sky Premiere** Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312

## Legend 41

**7.00am** World's Most Unexplained... **8.00** **Coward of the County** ★★ Sincere but unconvincing wartime drama. Kenny Rogers (1981) **10.00** **The Six Million Dollar Man**: five episodes **3.00pm** **Forbidden Cargo** ★★ Cosy crime drama. Nigel Patrick (1954, PG) **4.45** **The Purple Plain** ★★ Gregory Peck runs into trouble in wartime Burma in this classy and impressively shot drama. (1954, PG) **6.45pm** **The Great Alaskan Race** ★★ Earnest race-against-time true-story adventure. Brian Presley (2019, PG) **8.30** **The Twilight Zone** TV sci-fi. **9.00** **The River Wild** ★★★★★ A white-water rafting holiday turns into a nightmare. **Review, right.** Meryl Streep, Joseph Mazzello, David Strathairn (1994, 12) **11.00** **The Driver** ★★★★★ Terrific thriller about a getaway driver who has no life outside his work. Ryan O'Neal, Bruce Dern, Isabelle Adjani (1978, 15) **1.00am** **Howl** ★★ Familiar but stylish horror. Ed Speleers, Shauna Macdonald (2015, 18) **2.50-4.30am** **The Stakeholder** ★★ Gripping and well acted sequel to 2010 cult horror *Stake Land*. Connor Paolo, Nick Damici (2016, 15) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

## HorrorXtra 69

**8.00am** **Mega Shark vs Kolossus** ★★ Entertainingly wacky sci-fi sequel. Ileana Douglas (2015) **10.00** **Alien Siege** ★★ Small-town residents fight off alien invaders searching for the president of the United States in this sci-fi drama. Christina Licciardi (2018) **12 noon** **6-Headed Shark Attack** ★★ Part four in the bizarre action series that follows the deadly exploits of multi-mouthed mega-sharks. Brandon Oet (2018, 15) **2.00pm** **Meteor Apocalypse** ★★ A scientist must save his family when debris rains from the skies in this low-budget disaster thriller. Joe Lando (2010) **4.00pm** **Farscape** Five episodes of the TV sci-fi adventure series. **9.00** **Jeebers Creepers 3** ★★ Hit-and-miss horror sequel in which the mother of one of the Creeper's victims has a vision about how to stop the monster. Stan Shaw (2017, 15) **11.00** **Habit** ★★ Manchester, massage parlours and man-eaters collide in this slow-burning, sexually explicit horror. Elliot James Langridge (2017, 18) **1.00-3.00am** As 9pm **HorrorXtra** F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371



## Sky Showcase



**Cricket World Cup 7.30pm**  
India's Rohit Sharma

**6.00am** Monkey Life **8.30** The Fresh Prince of Bel-Air **10.30** Saturday Social **12 noon** David Attenborough's Dragons and Damsels (AD) **1.00pm** The Simpsons **3.00** Soccer Saturday **5.00** The Simpsons: Ned Flanders buys the Simpsons' home **5.30** Colditz: the Legend: a guide to the notorious Second World War PoW camp

**6.30pm Truth and Lies 3/6** How money plays a decisive role in the battle between truth and lies, as the powerful have used their wealth to influence all areas of social interaction in their favour.

**7.30 New. Cricket World Cup** Action from the India v Pakistan group match at Narendra Modi Stadium in Ahmedabad, India.

**8.30 The Lord of the Rings: The Return of the King \*\*\*\*\*** The Oscar-winning final part of Peter Jackson's adaptation of JRR Tolkien's fantasy adventure, starring Elijah Wood. The hobbit Frodo continues his journey to destroy the ring before the evil Lord Sauron can seize it. He is accompanied into Mordor by Gollum, who has a darker motive for keeping the ring close. (AD) (W) **12 midnight** Cobra: Rebellion **1.00am** Brassic **2.00** Never Mind the Buzzcocks (AD) **2.45** Road Wars **3.15-6.00am** Nothing to Declare

**Sky Showcase** Sky 106 Virgin 109  
BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** Most Haunted **8.00** Home Shopping **11.00** Stargate SG-1 **4.00pm** Stargate Atlantis

**6.00pm Stargate Atlantis 8/20** Series 4. The team meets an extraordinary prophet named Davos, who claims that Wraith hive ships are closing in on Atlantis's position.

**7.00 9/20.** McKay's sister Jeannie Miller is kidnapped by Henry Wallace. The estranged siblings must work together to help cure Wallace's daughter of leukaemia. **8.00 10/20.** A mysterious probe crashes into the city-ship, convincing the crew members that the Replicators have found them.

**9.00 True Blood 7/12** Series 4 Bill discovers Marnie's deadly plans for the vampires of Bon Temps, and Lafayette catches a glimpse of the Creole ghost haunting Arlene's baby.

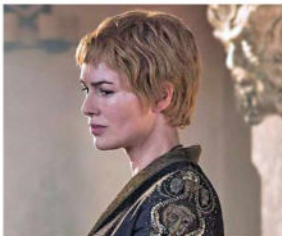
**10.10 8/12.** Bill tries to arrange a truce with Marnie, but the vengeful necromancer refuses to compromise. Meanwhile, the ghost haunting Arlene and Terry's baby takes an interest in Lafayette.

**11.20 Devil's Triangle \*** Sci-fi action thriller starring Diana Prince. When scientists discover the lost city of Atlantis, chaos is unleashed and the fate of humanity hangs in the balance.

**1.10am** Stargate SG-1: triple bill **4.00-6.00am** Most Haunted

**Sky Sci-Fi** Sky 139 (140 Scotland) Virgin 122  
BT 348/HD 363 +1 Virgin 229

## Sky Atlantic



**Game of Thrones 7.50pm** Can Cersei improve her situation?

**6.00am** Richard E Grant's Hotel Secrets (AD) **9.00** Django (AD) **2.25pm Ray Donovan 1/12** Series 5. Ray begins anger management therapy after a family tragedy sparks a fight. **3.30 2/12.** A-list movie star Natalie James hires Ray to protect her from her abusive husband. **4.35 3/12.** Ray is forced to clean up Natalie's mess, while Mickey's career is threatened.

**5.40 4/12.** Abby starts construction on the new bar. Terry attempts to win back Maureen. **6.45 5/12.** Terry takes Damon to New York to train for a fight. (AD)

**7.50 Game of Thrones 4/10** Series 6. Jorah and Daario undertake a difficult task.

**9.00 5/10.** Brienne goes on a mission, while Arya is given a chance to prove herself. **10.05 6/10.** Gilly is given a chance to discover whether Lord Randyll Tarly lives up to his formidable reputation.

**11.10 7/10.** The High Sparrow eyes another target and Olenna Tyrell plans to leave King's Landing. **12.15am 8/10.** Jaime considers his options, Cersei answers a request and Tyrion's plans bear fruit. (AD)

**1.25** Euphoria (AD) **2.35** In Treatment **3.05-6.00am** Richard E Grant's Hotel Secrets (AD)

**Sky Atlantic** Sky 108 (109 Wales)  
BT 342/HD 357 +1 Sky 208 (209 Wales)

## Sky Witness

**6.00am** Motorway Patrol **8.30** Border Patrol: New Zealand's borders **12 noon** The Force: Manchester **1.00pm** Caught Red Handed: double bill. A man fights off an armed robber with a baseball bat, then a man robs a woman in her home **2.30** Caught on Dashcam

**3.30pm Nothing to Declare** Nine back-to-back editions following the work of customs officers in Australia.

**8.00 FBI 9/23** Series 5. The abduction of a young woman leads the team back to a cold case from 18 years ago.

**9.00 FBI: International 9/22** Series 2. The Fly Team race against the clock to halt a major art heist in the works.

**10.00 FBI: Most Wanted Ep 9** Series 4. The team scramble to track down a celebrity child psychiatrist kidnapped by the relative of a former client.

**11.00 Law & Order: Special Victims Unit 21/22** Series 24 Benson and Carisi are baffled when several assaults have the same MO but different DNA at each of the crime scenes.

**12 midnight** Law & Order: Organized Crime: Stabler and Benson uncover a revenge-for-hire scheme **1.00am** The Rookie (AD) **2.00** Lincoln Rhyme: Hunt for the Bone Collector **3.00-6.00am** Nothing to Declare: six editions

**Sky Witness** Sky 107 Virgin 110  
BT 341/HD 356 +1 Sky 207 Virgin 310

## Sky Max



**A Discovery of Witches 8.00pm** Diana is on high alert

**6.00am** Highway Patrol **8.00** The Flash: triple bill **11.00** Merlin (AD)

**3.00pm Hawaii Five-0 16/25** Series 9. A beauty company's leading salesperson is murdered. **4.00 17/25.** Junior is torn between his duties and his feelings for an ex. **5.00 18/25.** Tani and Junior go under cover at a gym to track down a deadly batch of steroids.

**6.00 19/25.** A renowned street artist is murdered. **7.00 20/25.** McGarrett and the team must locate a teenage girl.

**8.00 A Discovery of Witches 7/7** Series 3. Matthew nears death as he is tortured by Benjamin. (AD)

**9.00 Never Mind the Buzzcocks Ep 8** Series 3. With Ashnikko, Jordan Stephens and Phil Wang.

**9.45 Cobra: Rebellion 1/6** Series 3 Return of the political thriller. Robert Sutherland's administration is plunged into chaos.

**10.45 Brassic 3/8** Series 5 A young German man comes to town looking for Tommo.

**11.50 A League of Their Own Road Trip: Loch Ness to London 5/6.** A look at unseen moments and challenges. (AD)

**12.50am** Warrior **2.00** The Blacklist **3.00** Road Wars **4.00-6.00am** Sun, Sea and A&E

**Sky Max** Sky 113 (114 Wales) Virgin 111  
BT 346/HD 361

## Sky Replay

**7.00am** Dragons: Rescue Riders **9.05** Four Weddings (AD) **11.00** DC's Legends of Tomorrow (AD) **4.00pm** Quantum Leap: five editions. Sam becomes a ghostbuster assigned to prevent the prophesied death of a woman **5.00** Sam becomes a fraternity member in 1967 **6.00** Sam materialises as a mother and discovers the problems of looking after a teenage son **7.00** Sam occupies the body of a high-school quarterback **8.00** Sam jumps into the body of an FBI agent **9.00** Fantasy Island: double bill. Amber's fantasy is to have her life be as perfect as it appears on social media, then a country music star fantasises about being anonymous

**11.00** Warrior: Ah Sahm grapples with revelations from Yan Mi and Mai Ling **12 midnight** The Blacklist (AD)

**1.00am** A League of Their Own (AD) **4.00-6.00am** Four Weddings (AD)

**Sky Replay** Sky 152 Virgin 156

## Sky Crime

**6.00am** Highway Cops **7.00** Highway Patrol **10.30** Caught Red Handed **12 noon** How I Caught the Killer **1.00pm** Forensics: Catching the Killer (AD) **2.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Killing Mum and Dad (AD) **6.00** What the Killer Did Next: the story of the murder of a teacher in London (AD)

**7.00** Killer in My Village **8.00** Britain's Most Evil Killers **10.00** Myth of the Zodiac Killer: the hoax theory is tested as two experts study the Zodiac letters **11.10** How I Caught the Killer **12 midnight** Murder in Amish Country (AD) **1.00am** Snapped **2.00** World's Most Evil Killers **3.00** Britain's Most Evil Killers **4.00** Road Wars **5.00-6.00am** Motorway Patrol: double bill (AD)

**Sky Crime** Sky 122 (123 Scotland) Virgin 121  
BT 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

## Gold



**The Lenny Henry Show 10.20pm** Delbert and Winston

**7.05am** Desmond's **7.45** Hi-de-Hil **8.20** Still Open All Hours **9.00** Chef! **10.20** Only Fools and Horses (AD)

**6.20pm Only Fools and Horses** Rodney causes a family crisis by bringing home a stranger who claims to be an old friend of Del's. **7.00** Rodney tries to help a drunken woman on the street, but his good deed backfires.

**7.40** The Trotters embark on a venture involving decorating. **8.20** Del acquires three tons of lead sheeting, which turns out to be a DIY nuclear fallout shelter.

**9.00** Rodney decides to join the residents' committee. (AD)

**9.40** Ghosts Alison invites Lucy to stay, but begins to worry about her real motivations after a dire warning from her solicitor. (AD)

**10.20 The Lenny Henry Show** Delbert's belief in the cash-free society is put to the test.

**11.00** Chewing Gum Tracey's cousin pays the family a surprise visit, and Cynthia reveals big news. **11.30** Tracey moves in with best friend Candice and her grandmother Esther, but soon drives them crazy.

**12 midnight** Chewing Gum: double bill **1.00am** Lenny Henry's Race through Comedy (AD) **2.00** The Lenny Henry Show **2.45-4.00am** Desmond's: double bill

**Gold Sky** 110 (111 Wales) Virgin 124  
BT 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

## Sky Comedy

**8.00am** The Fresh Prince of Bel-Air **10.30** Avenue 5 (AD) **1.30pm** Will & Grace (AD) **4.00** Silicon Valley **6.30pm** The Office US: five episodes. Pam deals with an embarrassing injury for Andy **7.00** Kevin ruins Jim and Pam's honeymoon **7.30** Pam returns from honeymoon to discover Michael is dating her mother **8.00** Michael falls into a koi pond during a sales pitch **8.30** Jim and Pam go on a double date **9.00** Curb Your Enthusiasm: triple bill. Larry buys his housekeeper an unusual gift **9.40** Larry meets a Japanese veteran of the Second World War

**10.15 New.** The Tonight Show Starring Jimmy Fallon **11.15** Yvonne Orji: a Whole Me: stand-up comedy performance (AD) **12.30am** Veep: double bill **1.30am** Silicon Valley: double bill **2.30-5.00am** House of Lies

**Sky Comedy** Sky 114 (115 Wales)  
Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** Blockbusters **9.00** Friends (AD) **3.00pm** FILM Billy Madison **4.35** Comedy starring Adam Sandler **4.35** FILM Click **5.35** Fantasy comedy starring Adam Sandler **6.35** Friends (AD) **9.00** FILM Scary Movie **11.15** Horror spoof starring Shannon Elizabeth. Following their involvement in the death of a man in a road accident, a group of students find themselves targeted by a crazed killer **10.35** FILM jackass presents: Bad Grandpa **11.15** Comedy starring Johnny Knoxville. When Irving Zisman travels across the US with his grandson, they become embroiled in some extreme situations **12.25am** Key and Peele **12.55** South Park: the Streaming Wars **2.00** South Park **4.15-5.00am** The Middle

**Comedy Central** Sky 112 (113 Wales)  
Virgin 132 BT 345/HD 360  
+1 Sky 212 (213 Wales) Virgin 332

## Alibi



**Inspector George Gently 6.00pm** A union leader dies

**7.10am** Murdoch Mysteries **10.00** Hudson & Rex (AD) **2.00pm** Father Brown: four episodes (AD)

**6.00pm Inspector George Gently 4/4** Series 6. Bacchus and Gently investigate the suspicious death of a miner, and conflicting reports emerge about the union man's character. (AD)

**8.00 Death in Paradise 8/9** Series 11. A prestigious chess match ends in murder, while the Commissioner is confronted with his past by the very last person he was expecting to see. (AD)

**9.00 Father Brown 7/10** Series 7. Suspicions are aroused when the holiest house in Kempleford is linked to the death of a wanton woman. (AD)

**10.00 My Life Is Murder 2/10** Series 3. Truth is stranger than fiction when a crime novelist is found dead encased in a public sculpture, and Alexa uncovers a plot more deadly than any of the victim's novels.

**11.00 Death in Paradise 1/8** Series 2. The owner of a plantation is found with a machete in his back – but all the suspects appear to have alibis. (AD)

**12 midnight** Pretty Hard Cases (AD) **1.00-4.00am** Hudson & Rex: three episodes (AD)

**Alibi** Sky 109 (110 Wales) Virgin HD 114  
BT 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

## Discovery

**6.00am** Blowing Up History **12 noon** Salvage Hunters **6.00pm** Gold Rush: six men from Oregon head to Alaska to dig for gold **7.00** Richard Hammond's Big: double bill. Richard takes flight aboard the C-5M Super Galaxy, then he explores the K  lnbrein Dam in Austria **9.00** Gold Rush: the Dirt Presents: Christo's insight on past seasons continues. He looks at the middle years when the mine bosses took huge risks and rivalries intensified **10.00** Expedition Bigfoot: strange sounds lead to a disturbing discovery for Ronny and Mireya **11.00** Legend of Deep Blue: shark experts Brandon McMillan and Jimi Partington return to Guadalupe Island to search for the largest great white in the world, Deep Blue

**12 midnight** Alaska: Homestead Rescue **4.00-5.00am** How It's Made

**Discovery Sky** 125 (126 Scotland) Virgin 177  
BT 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

## Discovery History

**6.00am** How It's Made **9.00** Salvage Hunters: the Restorers (AD) **12 noon** Salvage Hunters **3.00pm** Shed and Buried (AD) **6.00** Combat Dealers: double bill. Bruce Crompton takes on a huge restoration project, then blows up a van with Second World War rifle grenades **8.00** Greatest Events of World War II: double bill. Restored footage recounts Japan's attack on Pearl Harbor, then the story of the Battle of Midway **10.00** Estonia: double bill. A look at the investigation's conclusions that the bow visor was to blame for the tragedy, then rumours that the MS Estonia ferry was being used to smuggle military equipment **12 midnight** Combat Dealers

**3.00-5.00am** Salvage Hunters

**Discovery History** Sky 177 Virgin 181  
+1 Sky 277 Virgin 381

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## Sky Documentaries



**No Accident 9.00pm** White nationalists are put on trial

**6.00am** Discovering: Matthew McConaughey **7.00** Discovering: Nicole Kidman **8.00** The Directors (AD) **9.00** A Choice of Weapons: Inspired By Gordon Parks **10.45** **FILM** The Kid Stays in the Picture ★★ The life of film producer Robert Evans (W) **12.35pm** Kipchoge: the Last Milestone **2.20** King's Point **3.00** Mr Dynamite: the Rise of James Brown (AD) **5.10** **FILM** I Am Heath Ledger ★★ The life and work of the actor (AD) (W)

**7.00pm** **The Ringleader: the Case of the Bling Ring** Rachel Lee opens up about her role in a crime spree in 2008 and 2009, when she and a gang of teens burgled the homes of celebrities.

**9.00** **New. No Accident** A civil rights trial in the aftermath of the Charlottesville Rally, in which white nationalist leaders and organisations were sued over injuries suffered by counter protestors.

**11.00** **Heroin: Cape Cod, USA** A look at the impact of heroin in Cape Cod, Massachusetts, focusing on the stories of eight young people dealing with their addiction. **12.30am** **The Scheme 2.40** **FILM** Django & Django ★★ Exploring the spaghetti westerns of Sergio Corbucci. Italian, English, French +subtitles (W) **4.10-6.00am** Queen of Speed (AD)

**Sky Documentaries** Sky 121 (122 Scotland) Virgin 188 BT 352/HD 367

## Nat Geographic

**8.00am** Bid and Destroy **9.00** Nazi Megastructures: Battle Ready **10.00** Nazi Megastructures (AD) **11.00** WW2: Hell under the Sea **1.00pm** World War II: Secrets from Above **5.00** Air Crash Investigation: six editions. A plane crashes in severe weather **6.00** Experts examine dashcam footage from a plane crash **7.00** The crash of a plane near Guantánamo Bay **8.00** Investigators uncover two key factors that led to an Illinois turboprop's horrific crash **9.00** A mid-air explosion rocks Southwest Airlines 1380 **10.00** A commuter turboprop slams into the side of a hill in New Zealand, and the search for answers inevitably leads to the cockpit (AD) **11.00** Airport Security: Rome **12** **midnight** Banged Up Abroad: double bill **2.00am** Lords of War **2.55-5.00am** Trials of the Wild

**Nat Geographic** Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

## Sky History

**6.00am** Pawn Stars Do America **7.00** Storage Wars **8.00** Hardcore Pawn **11.00** History's Greatest Mysteries **2.00pm** Pawn Stars **5.00** Colditz: the Legend: a guide to the notorious POW camp **6.00pm** Truth and Lies: how money plays a decisive role in the battle between truth and lies **7.00** Battle 360: double bill. Reconstructing the 1944 battle of Leyte Gulf, then the actions of the Carrier Task Force in 1944 **9.00** Britain's Big Cat Mystery: exploring the phenomenon of mysterious large cats prowling the wilderness and countryside of rural Britain **10.15** Sex: a Bonkers History: Amanda Holden and Dan Jones explore the Victorian era **11.15** Pawn Stars **2.10am** Hardcore Pawn **5.00-6.00am** Colditz: the Legend

**Sky History** Sky 123 (124 Scotland) Virgin 131 BT 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

## Sky Nature



**Over Australia 10.00pm** The monolithic red rock of Uluru

**6.00am** Hope for Wildlife **11.00** Carpathian Predators (AD) **1.00pm** Wild Dogs: Pack vs Pride **2.00** Carpathian Predators (AD) **3.00** Big Cats: an Amazing Animal Family (AD) **5.00pm** **David Attenborough's Galapagos** The broadcaster explores the Galapagos Islands in the Pacific, beginning with how the archipelago rose from the ocean four million years ago. **6.00** Revealing how life learned to adapt quickly in an ever-changing volcanic landscape. **7.00** The broadcaster encounters giant Pinta Island tortoise Lonesome George. (AD)

**8.00** **Big Cat Country** With their leader wounded, the Hollywood lionesses retreat and regroup.

**9.00** **Deadly Australians** Environmental changes set the stage for unexpected clashes between predators and their prey.

**10.00** **Over Australia** Aerial footage of the Australian wilderness, beginning with the vast, dry plains of the interior, featuring the iconic rock of Uluru. (AD)

**11.00** Aerial footage of the Great Dividing Range. (AD)

**12** **midnight** Big Cat Country **1.00am** Deadly Australians **2.00** Osprey (AD) **3.00-6.00am** Animal Senses: six back-to-back episodes

**Sky Nature** Sky 124 (125 Scotland) Virgin 189 BT 354/HD 369

## Eden

**9.00am** The Architecture the Railways Built: nine back-to-back editions (AD) **6.00pm** The Architecture the Railways Built: six editions. Tim Dunn explores Brunel's first and last railway projects, and looks at a Scottish station with a royal connection **7.00** Tim uncovers the secrets above, below and inside London's Charing Cross Station **8.00** Heading underground at the magnificent Victorian Brompton Tunnel in West Yorkshire **9.00** Exploring Huddersfield's Grade I listed station and examining the station's clock **10.00** Tim is given special access to Wingfield, one of the oldest surviving railways **11.00** Taking to the tracks in Newcastle to explore a city rich in railway architecture (AD) **12** **midnight** The Architecture the Railways Built (AD) **5.25-6.00am** The Zoo: preparing for a new orang-utan

**Eden** Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

## Animal Planet

**8.00am** Extinct or Alive **9.00** Amanda to the Rescue (AD) **10.00** Saved by the Barn **11.00** Dr Jeff: Rocky Mountain Vet **12** **noon** Extinct or Alive **1.00pm** Amanda to the Rescue (AD) **2.00** Into the Shark Bite **3.00** Return to the Isle of Jaws **4.00** Saved by the Barn **5.00** Dr Jeff: Rocky Mountain Vet **6.00pm** Extinct or Alive **7.00** How Do Animals Do That? **8.00** Swimming with Monsters with Steve Backshall **9.00** Rugged Justice: the officers ensure the safety of orca whales **10.00** Alaska: the Last Frontier **11.00** Intruders: a mother battles to protect her son from snakes **12** **midnight** Monsters inside Me **1.00am** Alaska: the Last Frontier **2.00** Saved by the Barn **3.00** Dr Jeff: Rocky Mountain Vet **4.00-5.00am** Extinct or Alive **Animal Planet** Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**6.00am** Sky Sports News **7.00** Good Morning Sports Fans **9.00** **LIVE Cricket World Cup** India v Pakistan, the group match at Narendra Modi Stadium in India. **5.00pm** **LIVE Super League** The Grand Final from Old Trafford (kick-off 6.00). See page 40. **9.00** Buatsi v Azeez: the Gloves Are Off **9.30** Sky Sports News **10.00** **LIVE PGA Tour Golf** The Shriners Children's Open, day three from TPC Summerlin in Las Vegas. **1.00am** Sky Sports News **2.00-6.00am** **LIVE Boxing** Janibek Alimkhanuly v Vincenzo Gualtieri from Rosenberg, Texas.

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442 **6.00am** Classic Play-Offs (AD) **9.00** Greatest Games **10.30** Saturday Social **12** **noon** **LIVE League Two Football** Notts County v Mansfield Town (kick-off 12.30). **3.00pm** Soccer Saturday **5.00** **LIVE Women's Super League Football** Chelsea v West Ham United (kick-off 5.30). **8.00** League Two Highlights **11.00** League Two Highlights **11.15** Women's Super League Highlights **11.45** EFL Greatest Games **1.00am** League Cup Retro **2.00-6.00am** Classic Play-Offs

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444 **6.00am** PGA Championship Official Film (AD) **7.00** Challenge Tour Golf **7.30** PGA Tour Golf **7.45** European Tour Golf **8.00** PGA Tour Golf **9.15** European Tour Golf **9.30** Challenge Tour Golf **10.00** PGA Tour Golf **10.15** European Tour Golf **10.30** PGA Tour Champions **11.30** PGA Tour Champions Learning Centre **12** **noon** PGA Tour Golf **12.15pm** European Tour Golf **12.30** **LIVE European Tour Golf** Day three of the Open de España at Club de Campo Villa de Madrid. **5.00** Roots **6.00** PGA Tour Champions **7.00** European Tour **8.00** Challenge Tour **8.30** Roots **9.00** European Tour **10.00** **LIVE PGA Tour Golf** The Shriners Children's Open, day three from TPC Summerlin in Las Vegas. **1.00am** European Tour **2.00** US Open Epics **3.00** European Tour **4.00** PGA Tour **5.00-6.00am** Chronicles (AD)

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447 **5.00am** **LIVE Pool** Hanoi Open Pool Championship from Vietnam. **9.30** Women's Super League **10.30** Super League: highlights **5.00pm** **LIVE Super League** The Grand Final from Old Trafford (kick-off 6.00). See page 40. **9.00** Buatsi v Azeez: the Gloves Are Off **9.30** Super League (AD) **10.30** Women's Super League: highlights of the Grand Final **11.30** Super League **1.00am** Women's Super League **2.00-6.00am** **LIVE Boxing** Janibek Alimkhanuly v Vincenzo Gualtieri from Rosenberg, Texas.

### Sky Sports Mix

Sky 416 Virgin 510 BT 429/HD 449 **7.00-9.00am** **LIVE NPC Rugby Union** An NPC semi-final match. **9.10-11.10** **LIVE International Rugby League** Australia v Samoa, the men's Pacific Championships. **11.30-4.00pm** **LIVE Pool** The Hanoi Open Pool Championship. **3.45-5.45am** **LIVE International Rugby League** Samoa v Fiji, the women's Pacific Championships (kick-off 3.45).



**Super League 5.00pm** **Sky Arena** Who will raise the trophy on Grand Final night?

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441 **6.00am** Greatest Games **7.00** Premier League Years (AD) **9.00** Big Interview **9.30** Stories **10.00** Match Officials Mic'd Up **10.30** Saturday Social **12** **noon** Soccer Saturday: live scores **5.00pm** **LIVE Women's Super League Football** Chelsea v West Ham United (kick-off 5.30). **8.00** David James: the One and Only (AD) **9.30** Match Officials Mic'd Up **10.00** The Big Interview **10.30** Retro **12.45am** Greatest Games **1.00** Premier League Years: the 1997/98 season **3.00** Greatest Games **4.00** Best Goals **5.30-6.00am** 100 Club

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443 **6.00am** Cricket World Cup Highlights **9.00** **LIVE Cricket World Cup** India v Pakistan, the group match at Narendra Modi Stadium in India. **5.30pm** Pushing Boundaries: to the Hundred and Beyond **6.00** Classic World Cup **7.00** World Cup Highlights **8.00** Greatest Matches **9.00** World Cup Highlights **12** **midnight** Classic World Cup (AD) **1.00am** World Cup Highlights **2.00** Classic World Cup **3.00** Cricket World Cup Highlights **4.00-6.00am** Classic World Cup

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446 **6.00am** NFL **12** **noon** 49 Hours **12.15pm** One Jets Drive **1.00** NFL Highlights (AD) **3.00** Bitesize **4.00** Pro-Football Talk **6.00** Highlights (AD) **8.00** Kansas City Chiefs: the Franchise **8.30** 49 Hours **8.45** NFL Highlights **9.45** Bitesize **10.30** NFL Highlights **12.30am** **LIVE American Football** Notre Dame Fighting Irish v USC Trojans (kick-off 12.30). **4.00-6.00am** NFL Highlights

### Eurosport 1

Sky 413 Virgin 521 BT HD 412 **7.30am** **LIVE Snooker** The Wuhan Open, first semi-final. **11.00** Triathlon **11.30** Snooker **12.30pm** **LIVE Snooker** The Wuhan Open, second semi-final. **4.00** Triathlon **5.00** Cycling **6.00** Snooker **8.00** Cycling **11.00** Superbikes **12** **midnight** Snooker **2.00am** Cycling **5.00** The Teqball Show **5.30-7.30am** Snooker

### Eurosport 2

Sky 414 Virgin 522 BT HD 413 **6.00am** Cycling **7.00** Superbikes **9.00** Chicago Marathon **10.30** Cycling **11.00** British Superbikes **12** **noon** **LIVE British Superbikes** The first day from Brands Hatch. **5.30pm** Superbikes **7.00** Motocross **8.00** Superbikes **9.00** Snooker **11.00** Olympic Games **12** **midnight** Cycling **2.00am** Snooker **4.00** Superbikes **5.00-6.00am** Cycling

### TNT Sports 1

Sky 410 Virgin 527 BT 408/HD 430 **6.00am** Premier League Stories (AD) **6.30** Premier League: the Big Interview **7.00** TNT Sports Reload **9.00** **LIVE Australian Rules Football** Richmond Tigers v Essendon Bombers in AFLW. **11.00** **LIVE Futsal** Coverage of the FA Women's Super Series. **1.00pm** **LIVE Premiership Rugby Union** Exeter Chiefs v Saracens from Sandy Park (kick-off 1.30). **3.45** MotoGP **4.15** Squash **5.45** Reload (AD) **6.00** Motorcycling **7.00** Premiership Rugby Union **10.00** **LIVE UFC** The preliminary bouts at UFC Fight Night 230; **12** **midnight** Sodiq Yusuff v Edson Barboza, plus the undercard. **3.30am** Motorcycling **4.30-6.00am** Premiership Rugby Union

### TNT Sports 2

Sky 411 Virgin 528 BT 409/HD 431 **5.30am** **LIVE MotoGP** Moto2 and Moto3 qualifying in Indonesia; **7.30** The sprint race (start 8.00). **9.00** **LIVE Motorcycling** The Asia Talent Cup, third round. **11.00** Wrestling: action from WWE **2.00pm** Premier League: the Big Interview **2.30** Premier League Reload **2.45** Badminton (AD) **3.00** **LIVE Badminton** The semi-finals of the Finnish Open. **6.30** Champions League Football **7.00** **LIVE Major League Baseball** A postseason game. **10.30** MLB: off the Bat (AD) **11.00** **LIVE Major League Baseball** A postseason game. **2.30am** MotoGP Rewind (AD) **2.45** **LIVE Motorcycling** The Asia Talent Cup, third round. **3.30** **LIVE MotoGP** Indonesian Grand Prix, the warm-up session. **4.00** MotoGP Rewind **4.15-6.00am** **LIVE MotoGP** The Moto3 race from Indonesia (start 5.00). MotoGP coverage continues until 10.15am.

### TNT Sports 3

Sky 417 Virgin 529 BT 410/HD 432 **6.00am** Premiership Rugby Union **7.30** Ariel Helwani Meets (AD) **8.00** **LIVE Badminton** The semi-finals of the Finnish Open. **1.30pm** Surfing (AD) **3.30** Rallycross (AD) **4.30** Classic Premier League (AD) **6.00** The Boot Room Boys (AD) **7.45** What I Wore **8.30** Squash **11.00** **LIVE Squash** The US Open women's and men's finals. **1.30am** TNT Sports Reload (AD) **2.00** Fishing: on the Bank (AD) **3.00** TNT Sports Reload **5.00-7.00am** **LIVE Australian Rules Football** Carlton v Collingwood, coverage of an AFLW match (bounce-up 5.05).

### TNT Sports 4

Sky 421 Virgin 530 BT 411/HD 434 **6.00am** **LIVE International One-Day Cricket** Australia v West Indies, continued coverage of the third women's ODI from St Kilda. **8.30** Classic Premier League (AD) **9.30** TNT Sports Reload (AD) **2.00pm** Champions League Football (AD) **2.30** MLB **6.30** Surfing (AD) **7.30** International One-Day Cricket **8.30** Ariel Helwani Meets **9.00** Wrestling **10.30** Deaf Away Days **12** **midnight** Surfing (AD) **1.00am** Poker (AD) **5.00-7.00am** Reload

### Viaplay Sports

**1.50-4.00pm** **LIVE Euro 2024 Qualifiers** Northern Ireland v San Marino from Belfast (kick-off 2.00).



# Sunday

## DRAMA

### Boiling Point

9.00pm **BBC1**

Full series on iPlayer now

The heat lamp has been alternately illuminating different people in the North Point restaurant throughout this taut and tasty series. The spotlight in this penultimate episode now falls on the kitchen porters – or “KPs” – Jake (Daniel Larkai) and Holly (Hannah Traylen).

Money is tight for Jake. He’s already having to work a second job, and even then he’s not keeping his head above water. When he and Holly have their hours cut, because Carly (Vinette Robinson) needs to make savings, the KPs’ solution to make ends meet takes the pair out of the kitchen’s hugely tense, volatile environment and straight into another – one that adds menace into that mix. It makes a smudged plate or undercooked carrot pale into insignificance.

Back in the kitchen, new sous chef Nick (Steven Ogg) seems too good to be true, Emily (Hannah Walters) is on the edge and Carly seems even more stressed and distracted than normal. It only takes a few cogs to start rattling loose before the wheels fall off.

FRANCES TAYLOR



## TOUGH TIME

Jake (Daniel Larkai) and Holly (Hannah Traylen, left) face a tense situation

## TRAVEL

### Eva Longoria: Searching for Mexico

7.20pm **BBC2**

Full series on iPlayer now

As well as masses of delicious-looking Mexican food, there’s a lot of joy in this series. Tucking into barbecued beef in Nuevo Leon, Eva Longoria does a happy jig in her chair. Invited to dance after eating breakfast tacos from a Monterrey food stall, she throws her head back laughing and says, “Yes!”

Not a lot of vegetables grow in this area so it’s mainly meat on the menu, although she visits an orange grove, too. Like Stanley Tucci in his Italian series, she’s engaging and has a huge appetite – for life and food – while her heritage means she effortlessly slips into Spanish to talk to locals. **JANE RACKHAM**

## FACTUAL

### Antiques Roadshow

8.00pm **BBC1** Catch up via iPlayer

There’s rarely an edition of *Antiques Roadshow* where someone doesn’t bring in a valuable watch or a collection of war medals. This one, from Crystal Palace Park in London, is no exception. However, what is surprising is that the medals don’t have a massive monetary value. What’s inside the tatty cardboard tube that was kept with them is worth a bit, though.

The experts see unusual treasures, too, including a Lego portrait of the late Queen, a cartoon depicting Paul McCartney and some theatrical costumes possibly used during the filming of *Antony and Cleopatra*. The highlight for me was a collection of glorious Vivienne Westwood clothing, which its flamboyant owner still loves to wear. **JR**

## NATURE

### Big Little Journeys

8.00pm **BBC2** Catch up via iPlayer

We get to know two of nature’s A-listers this week. Pangolins are the implausible-looking (but kinda lovable) scaly anteaters much sought-after by poachers and Chinese medicine. We follow a two-year-old male in Taiwan as he potters for miles in search of a mate, pausing to ravage ant colonies.

He shares the spotlight with the golden-headed lion tamarin, a small but beautifully coiffed monkey in the forests of Brazil: one family is on the move, hunting for a new home, preferably with fruit.

Along the way there are fleeting cameos from other creatures that could each have a programme to themselves – ocelots (most elegant of cats), fireflies and a Formosan moon bear. **DAVID BUTCHER**

## CRAFT

### Handmade: Britain’s Best Woodworker

8.00pm **C4** Catch up: C4 streaming

The nine contestants are this week charged with making two freestanding lamps, while the immunity-granting skills challenge involves carving chopsticks and a rest out of cherry wood.

Wolfgang cements his reputation for geometric elegance, Leo continues to astound, and David makes a virtue out of a potentially disastrous misjudgement; everyone bears Mel Giedroyc’s single-handed skits with admirable resilience.

The blend of invention, craft and the transparently genuine friendships being forged on screen is potent, while the judging strikes the right balance of exacting and gently encouraging.

**GABRIEL TATE**



## ALSO ON TODAY

### Fletcher's Family Farm

11.30am **ITV1**  
Kelvin Fletcher and his family give an insight into rural life, beginning in the midst of their busiest lambing season.

### Countryfile

6.15pm **BBC1**  
Charlotte Smith (right) and Joe Crowley watch the Snettisham Spectacular – thousands of wading birds taking to air in the Wash, Norfolk.



### The Fast and the Farmer-ish

9pm, 9.30pm **BBC3**  
The stakes are high with a forward and reverse bog run and a giant version of the Steady Hand challenge.

## DRAMA

### Russell T Davies Remembers... A Midsummer Night's Dream

8.00pm **BBC4** Catch up via iPlayer

The *Doctor Who* showrunner revisits his joyous 2016 reinvention of Shakespeare's forest fairy tale (showing at 8.15pm) – the play which, Davies says, changed his life aged 11.

He discusses his diverse casting choices, from Maxine Peake and Nonso Anozie as Titania and Oberon, to Matt Lucas and Elaine Paige as Bottom and Mistress Quince. The all-star cast includes Paapa Essiedu, John Hannah, Richard Wilson and the late Bernard Cribbins – whose final screen performance we'll see in next month's Time Lord specials. Fresh, funny and spirited. **MICHAEL HOGAN**

## REALITY

### Celebrity SAS: Who Dares Wins

9.00pm **C4**

Catch up via C4 streaming

If you ever thought that the challenges in this series were ramped up for the benefit of the cameras, think again. After last week's disappointing exit, this time three celebrities are taken to hospital with severe heat exhaustion following a physically demanding team task carried out in 40° heat.

However, Gareth Gates's performance impresses the DS and they call him in for what turns into (yet another) emotional chat.

They're testing the recruits' trustworthiness (one element of the course is out of sight but is secretly filmed). You may be more surprised by who didn't cheat than who did. **JR**

## DOCUMENTARY

### Fresh Cuts

10.45pm **ITV1** Catch up via ITVX

Under the spotlight tonight is the GUAP Gala, the brainchild of south London entrepreneurs Ibrahim Kamara and Jide Adetunji, who are seen prepping for their glitzy showcase for under-represented creatives at the Natural History Museum. As dresses are tailored and make-up applied on the theme of "cosmic dreams", we trace a thread back through the decades to discover more about the importance of clothing to black culture.

Stylist and creative director Jason Jules phrases things most eloquently when he talks of fashion being one of the only spaces in a white-dominated environment where black people can express themselves without fear of being censored. **DAVID BROWN**

## DRAMA

### The Ex-Wife

9.00pm **Channel 5** Catch up: My5

**NEW SERIES**

Bad things happen to unlikeable people in a psychological thriller, based on Jess Ryder's novel, that was first available last year on Paramount+. Tasha (Celine Buckens) has married Jack (Tom Mison), moved into his unfeasibly luxurious house – nobody in shows like this ever lives in a humble two up, two down – and borne the child that Jack and his ex-wife Jen (Janet Montgomery) were never able to conceive, hence their split. But the couple can't enjoy their family life, because Jen is always around and Jack doesn't seem to mind...

A rather sterile atmosphere and a lack of anyone to root for make it hard to fall in love with this first episode, but if you get a kick out of a drama that eschews subtlety and prioritises delivering twist upon twist, each more outrageous than the last, all that is on its way. **JACK SEALE**

### TROUBLE BREWING

Sam (Jordan Stephens), Tasha (Celine Buckens), Jack (Tom Mison) and Jen (Janet Montgomery)



## LIVE SPORT



### Cricket: ICC Men's World Cup

England v Afghanistan

9am **Sky Main Event/Cricket**

At 36, Moeen Ali is the oldest member of the England squad.

### Rugby Union: World Cup

3.00pm (k/o 4pm),

7.15pm (k/o 8pm) **ITV1**

The concluding quarter-finals.

### Football: Women's Super League

Arsenal v Aston Villa

1.50pm (k/o 2pm) **BBC1**

Liverpool v Everton

4.00pm (k/o 4.30pm) **Sky Sports Football/4.30pm Sky Sports Main Event**

## FILM OF THE DAY



**P Us ★★★★★ 15**

9.00pm (10.00pm **N Ire**) **BBC2**

Writer/director Jordan Peele followed *Get Out* with another slyly witty horror chiller. Lupita Nyong'o thrills as both the mother who returns to the site of a childhood trauma and as a creepy doppelganger whose clan deliver the frights. (2019)

**FILM REVIEWS**  
page 57



# SUNDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Sarah Campbell, Roger Johnson. (S) (HD)

**9.00 Sunday with Laura Kuenssberg** Interviews. (S) (HD)

**10.00 Politics England** Regional reports. (S) (HD)

**10.30 Animal Park** Keeper Caleb helps the tigers stay cool by feeding them special ice lollies. (R) (S) (AD) (HD)

**11.00 Homes under the Hammer** Properties in Felixstowe, Willenhall and Toxteth. (R) (S) (HD)

**12 noon Bargain Hunt** In Peterborough. (R) (S) (AD) (HD)

**12.35pm Points of View** Viewers' comments. (S) (HD)  
CONTACT email: pov@bbc.co.uk; telephone 0370 908 3199;  
or write to *Points of View*, 40 Pacific Quay, Glasgow G51 1DA

**12.50 Lifeline** Colin Firth presents an appeal on behalf of the charity Action for Stammering Children. Rptd Tue 8.50am BBC2 (S) (HD) For donation details, see Tue 8.50am BBC2

**1.00 BBC News Weather for the Week Ahead** (S) (HD)

**1.15 Songs of Praise** Aled Jones visits the UK's oldest and longest-running children's charity. (S) (HD)

**1.50-4.15 Match of the Day Live: Women's Super League Arsenal v Aston Villa** Alex Scott presents from the Emirates Stadium (kick-off 2.00). With expert analysis from Anita Asante and Gilly Flaherty. (S) (HD)  
*The Women's Football Show* is at 12.20am

### BBC2

**6.05am Countryfile** Visiting the Braemar Highland Gathering. Signed rpt tomorrow 1.10am Shown last Sun BBC1 (S) (HD)

**7.00 The Wild Gardener** Colin Stafford-Johnson turns his childhood garden into a wildlife haven. (R) (S) (AD) (HD)

**8.00 Gardeners' World** Frances Tophill assesses the tomatoes in her greenhouse. Shown last Friday (S) (HD)

**9.00 Weatherman Walking** A walk around Usk. (S) (HD)

**9.30 Landward** Examining the role dogs play in Scotland's countryside. Shown last Thursday BBC Scotland (S) (HD)

**10.00 Saturday Kitchen Best Bites Highlights.** (S) (HD)

**11.30 Rick Stein's Seafood Odyssey** Rick goes bass fishing in Chesapeake Bay in the USA. (R) (S) (HD)

**12 noon Richard III** ★★★★★ Classic film version of Shakespeare's play, directed by and starring Laurence Olivier. Available on iPlayer for 60 days.

**Review p57.** (1955, U) (S) (W) (HD) Also showing Thu 8pm BBC4

**2.35pm This Farming Life 7/12 Series 6.** Robert takes last year's calves to market. Shown last Tuesday (S) (HD)

**3.35-4.20 Flog It!** From Aberystwyth. (R) (S) (HD)

### ITV1

**6.00am Ainsley's Food We Love** Ainsley Harriott cooks dishes inspired by school dinners. (R) (S) (AD) (HD)

**6.30 James Martin's French Adventure** James tastes three local dishes in the Dordogne. (R) (S) (HD)

**7.30 James Martin's Saturday Morning** With Kelvin and Liz Fletcher. Shown yesterday 9.30am (S) (HD)

**9.25 ITV News** (S) (HD)

**9.30 Love Your Weekend with Alan Titchmarsh** With guests Sheila Hancock and Jeremy Swift. (S) (HD)

**11.30 New series. Fletcher's Family Farm 1/8** *Emmerdale* star Kelvin Fletcher and his family offer an insight into rural life, beginning with their busiest lambing season to date. Signed repeat 5.10am (S) (AD) (HD)

**12.30pm ITV News Weather; Regional Weather** (S) (HD)

**12.45 Flushed Away** ★★★★★ Animation with the voices of Hugh Jackman, Kate Winslet and Ian McKellen. Directors David Bowers and Sam Fell (2006, U) (S) (AD) (W) (HD)

**2.30-3.00 LIVE FA Cup First Round Draw** Seema Jaswal is joined by guests Jobi McAnuff and Paul Parker to present coverage of the draw. (S) (HD)

### Channel 4

**6.00am Cheers** Triple bill of the sitcom. (R) (S) (HD)

**7.20 The King of Queens** Triple bill. (R) (S) (AD) (HD)

**8.30 The Simpsons** Two episodes. (R) (S) (AD)

**9.30 Sunday Brunch** Angela Barnes and Rhys James talk about their upcoming tours, and there's music from singer/songwriter Holly Humberstone. (S) (HD)

**12.30pm The Simpsons** Homer is committed to a mental institution by an exasperated Marge.

**1.00 Selma** flies to China to adopt a baby.

**1.30 Homer** is sent to prison. (R) (S) (AD)

**2.00-3.55 How to Train Your Dragon** ★★★★★

Animated comedy adventure featuring the voices of Jay Baruchel and Gerard Butler. **Review p57.** Directors Dean DeBlois and Christopher Sanders (2010, PG) (S) (AD) (W) (HD)

## BBC1

1

### Boiling Point

9.00pm Dirty work: after his hours are cut, pot washer Jake looks for ways to make ends meet



### 4.15pm Escape to the Country

A couple search for a home in Northamptonshire. Executive producer John Comerford Series producer Titus Ogilvy (R) (S) (AD) (HD)

### 4.50 Attenborough's Life in Colour

2/2. **Hiding in Colour.** David Attenborough explores how some animals use colour to hide and seemingly disappear into their surroundings. (R) (S) (AD) (HD)

### 5.50 BBC News Regional News; Weather

### 6.15 Countryfile

Joe Crowley and Charlotte Smith head to Norfolk to witness the "Snettisham Spectacular", as thousands of birds take to the air when the incoming tide forces them from their feeding spot on the mudflats of the Wash. Includes **Weather for the Week Ahead.** Series producer Gavin Ahern; Series editor Mark Beech (S) (HD)

### 7.15 Strictly Come Dancing: the Results

Tess Daly and Claudia Winkleman present as the two lowest-scoring couples compete in the dance-off, while soul singer Beverley Knight performs in the ballroom. *It Takes Two* is on weekdays 6.30pm BBC2. Repeated Thursday 3.10am BBC2 (S) (AD) (HD)

See feature: page 18

### 8.00 Antiques Roadshow

At Crystal Palace Park in London, items include a cartoon signed by Paul McCartney, a portrait of Queen Elizabeth II made out of Lego bricks, and some vintage Vivienne Westwood outfits. Mark Smith discovers a cigar which belonged to Winston Churchill, Alastair Dickenson inspects a card-case designed by Archibald Knox, and Justin Croft looks at a set of rare James Bond books. Hosted by Fiona Bruce. **See p50.** Series producer Rae Gilder Cooke; Series editor Robert Murphy (S) (HD)

### 9.00 Boiling Point

3/4. The answer to the kitchen team's prayers comes in the form of Nick, a new sous chef who appears to be confident and competent. However, cost-cutting measures have led to a drop in customers, and Liam and Carly worry about the restaurant's future. The whole series is on iPlayer. **See page 50.**

Andy	Stephen Graham	Musa	Ahmed Malek
Carly	Vinette Robinson	Liam Astrid	Joel MacCormack
Freeman	Ray Panthaki	Kit	Missy Haysom
Emily	Hannah Walters	Beth	Alice Feetham
Camille	Izuka Hoyle	Nadia	Hala El Akl
Vivian	Cathy Tyson	Henry	Joe Frost
Nick	Steven Ogg	Grace	Kimani Arthur
Johnny Bale	Stephen Oduhola	Charlotte	Rachel Logan
Robyn	Aine Rose Daly	Mel	Fern Deacon
Billy	Taz Skylar	Nathan	Henry Meredith
Jake	Daniel Larkai	Amos	Pawel Gruszka
Dean	Gary Lamont	Paul	Jay Mailer
Holly	Hannah Traylen	Philip	Tony Hirst
Bolton	Shaun Fagan	Jack	Philip Walker

Writers Alex Tenebaum, Nathaniel Stephens and James Cummings  
Producer Graham Drover; Director Mounia Akl (S) (AD) (HD)

### 10.00 BBC News Regional News; Weather

### 10.30 The Beach

Adventure thriller. Richard, an American backpacker, arrives in Thailand looking for adventure. Learning of a beautiful unspoilt island, Richard and a young French couple embark on a hazardous journey. Will they really find paradise? Available on iPlayer for 30 days. **Review page 57.**

Richard	Leonardo DiCaprio	Etienne	Guillaume Canet
Sal	Tilda Swinton	Daffy	Robert Carlyle
Françoise	Virginie Ledoyen	Keaty	Paterson Joseph

Director Danny Boyle (2000, 15) (S) (W) (HD)

Also showing Friday 9pm BBC3

**12.20am The Women's Football Show** Including highlights of Liverpool v Everton and Arsenal v Aston Villa. (S) (HD)

**1.10 Weather for the Week Ahead** (S) (HD)

**1.15-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

## BBC2

2

### Eva Longoria:

### Searching for Mexico

7.20pm

The US actress samples traditional food in Nuevo Leon



### 4.20pm Celebrity Race across the World

4/6. The race intensifies as the teams leave western Europe and set off to the next checkpoint in Sarajevo. Shown last Wednesday BBC1 (S) (AD) (HD)

### 5.20 Rugby League

Tanya Arnold presents highlights from the Super League grand final from Old Trafford in Manchester. Editor Danny Oldham; Director Michael Burke (S) (HD)

### 6.20 Inside the Factory XL

**Trains.** In Derby, Gregg Wallace explores a site where five-carriage electric trains are constructed. Director Michael Rees; Series producer Michael Rees (R) (S) (AD) (HD)

### 7.20 Eva Longoria: Searching for Mexico

continues her exploration of the country of her ancestors in the mountainous northern region of Nuevo Leon, a place where Mexico meets Texas. With little vegetation able to grow in the arid landscape, the main ingredient of nearly every dish is meat. Eva is invited to sample the local *aguja* steak and eats *cabrito*, a dish that's descended from Sephardic Jewish tradition. The whole series is on iPlayer. **See p50.** Director Farida Schroeder; Producer Aimee Saldivar (S) (AD) (HD)

### 8.00 Big Little Journeys

2/3. More tiny animals embark on the biggest treks of their young lives. In Taiwan, a male pangolin searches for a mate before the breeding season ends. Stopping to feed on large black ants, he fails to see a large cobra lurking nearby that has enough venom to kill 20 people. Meanwhile, in a small fragment of the Atlantic Forest in Brazil, a family of golden-headed lion tamarins need to move away from their old home in search of food. The mother manages to catch a frog for everyone to eat, but then the alarm is raised when one of the older siblings spots an ocelot. Narrated by Aaron Pierre. **See page 50.**

Series producer Paul Williams  
Executive producer Rosemary Edwards (S) (AD) (HD)

### 9.00 Us

Horror thriller. Decades after she suffered a traumatising experience at a Santa Cruz seaside funhouse, Adelaide Wilson returns to the area for a vacation with her husband Gabe and their children. Following a troubled day at the beach, the Wilsons are terrorised in their holiday home by doppelgangers, plunging the family into a fight for their lives. Available on iPlayer for 30 days. **Film of the Day: page 57.**

Adelaide Wilson/Red Gabe Wilson/Abraham	Lupita Nyong'o	Jason Wilson/Pluto	Evan Alex
Kitty Tyler/Dahlia	Winston Duke	Josh Tyler/Tex	Tim Heidecker
Zora Wilson/Umbrae	Elisabeth Moss	Russel Thomas/Weyland	
	Shahadi Wright Joseph	Rayne Thomas/Eartha	Anna Diop

Director Jordan Peele (2019, 15) (S) (W) (HD)  
Also showing Tuesday 10pm BBC3

### 10.50 The Omen

Horror. The American ambassador to Britain and his wife suspect a series of mysterious deaths are the result of supernatural powers belonging to their son. On iPlayer for 30 days. **Review page 57.**

Robert Thorn	Gregory Peck	Bughenhagen	Leo McKern
Katherine Thorn	Lee Remick	Father Brennan	Patrick Troughton
Jennings	David Warner	Father Spileto	Martin Benson
Mrs Baylock	Billie Whitelaw	Dr Becker	Anthony Nichols
Damien	Harvey Stephens	Psychiatrist	John Stride

Director Richard Donner (1976, 15) (S) (W) (HD)

Also showing Thursday 10.30pm BBC4

**12.40-3.25am Sign Zone 12.40 Question Time** Fiona Bruce presents from London. Shown last Thursday BBC1 (S) (HD)

**1.40 Claimed and Shamed** A chef who makes a bogus claim by exaggerating his injuries. (R) (S) (AD) (HD)

**2.25 Ambulance 5/6 Series 11.** The ambulance service faces the threat of a nerve agent. (R) (S) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

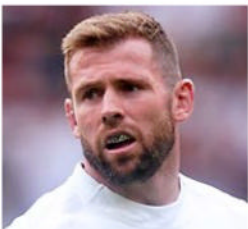


ITV1

3

**Rugby World Cup**

3.00pm England's seasoned centre Elliot Daly will be aiming to deliver a knockout blow

**3.00pm Rugby World Cup England v Runner-Up Pool C**

Live coverage of the quarter-final from the Stade Vélodrome, Marseille (kick-off 4.00). Pool D winners England continue their bid to lift the Webb Ellis Cup for the first time in two decades with a quarter-final clash against the runners-up from Pool C, which looked likely to be Fiji. If England do face the Pacific islanders today, coach Steve Borthwick will need to be wary of the Fijians after their stunning 30-22 victory over England in a World Cup warm-up match in August. Can Owen Farrell's men get one step closer to the final this afternoon? Editor Guney Gok (S) (HD)

In the event of extra time, subsequent programmes may run late or change

**6.30 ITV News**

Weather; Regional News and Weather (S) (HD)

**6.45 Tipping Point: Best Ever Finals**

Ben Shephard relives two gripping endgames from the quiz with the giant arcade machine. Director Richard van't Riet; Executive producers Hugh Rycroft, Sara Doyle and Kate Lownds (R) (S) (HD)

**7.15 Rugby World Cup****Winner Pool A v Runner-Up Pool B**

Live coverage of the quarter-final from the Stade de France, Paris (kick-off 8.00).

The quarter-finals draw to a conclusion with a clash between two heavyweight opponents in the French capital. At this stage four years ago in Japan, England thrashed the Wallabies 40-16 to secure their place in the semi-finals, while Wales edged France 20-19 in a thriller. Ireland crashed out after losing 46-17 to the All Blacks, while eventual champions South Africa beat the hosts 26-3 in Chofu. Who will book the last place in the semi-finals tonight? Editor Guney Gok (S) (HD)

In the event of extra time, subsequent programmes may run late or change

**10.30 ITV News**

Weather; Regional Weather (S) (HD)

**10.45 Fresh Cuts**

**RT** 3/4. **Black in Fashion.** A look at how black culture has influenced British style, from the street to the catwalk. The film follows the organisers of Britain's first black fashion gala as they prepare for their event at the Natural History Museum, while designers explain why black fashion is British fashion. **See page 51.** Director/Producer Salome Williams (S) (AD) (HD)

**11.45 Premiership Rugby Highlights**

The best action from the opening round of matches, including Exeter Chiefs v Saracens, Bristol Bears v Leicester Tigers, Gloucester v Harlequins, Bath Rugby v Newcastle Falcons and Sale Sharks v Northampton Saints. Shown 8pm ITV4 (S) (HD)

**12.40am EFL Highlights** League One and Two goals. Shown yesterday 9pm ITV4 and 12.15am ITV1 (S) (HD)

**1.30 The Chase** Bradley Walsh presents. (R) (S) (HD)

**2.20 Winning Combination** Quiz show. (R) (S) (HD)

**3.10 Motorsport UK** Richard John Neil introduces action from Knockhill. Shown last Monday ITV4 (S) (HD)

**4.00 Unwind** A sequence to calm the mind. (S) (HD)

**5.10-6.00am Fletcher's Family Farm 1/8.** A busy lambing season arrives. Shown 11.30am (S) (SL) (AD) (HD)

**ITV1 Freeview** 3/HD 103 Freesat 103 Sky 103 Virgin 103

**+1 Freeview** 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4  
7 in Wales**Handmade: Britain's Best Woodworker**

8.00pm Mel Giedroyc presents the latest challenge

**3.55pm The Great British Bake Off**

3/10. The bakers tackle Bread Week.

Shown last Tuesday (S) (AD) (HD)

**5.30 A Lake District Farm Shop**

5/6 Series 2. Tebay Services takes its coffee seriously and sells more than 16,000 cups a week. To keep its baristas at the top of their game, they attend a training day in Blencathra.

Series producer Zoe Thorman; Executive producers Pam Cavannagh and Dymyna Jackson (R) (S) (AD) (HD)

**6.30 Channel 4 News Sport; Weather** (S) (HD)**7.00 Griff's Canadian Adventure**

3/6. Griff Rhys Jones explores Ontario, right on the US border, with visits to Niagara Falls, film sets in Toronto and forested national parks. He discovers how Canadians differ from their southern neighbours and just what it is that gives them their reputation for being so nice.

Series producer Portia Corman (R) (S) (AD) (HD)

**8.00 Handmade: Britain's Best Woodworker**

**RT** Ep 2 Series 3. Mel Giedroyc hosts as the remaining woodworking enthusiasts are given two days to make a freestanding handcrafted clock inspired by a memorable time in their life, but it's not long before things go awry. A skills challenge gives them a chance to earn immunity by reproducing realistic roses from delicate pieces of wood, but will the woodworkers be able to convince judges Sophie Sellu and Tom Dyckhoff that they're blooming marvellous? **See page 50.**

Series director Emma Reynolds; Series producer Lucy Malins Repeated 1.10am and Monday 8pm 4seven

Signed repeat Wednesday 3.15am C4 (S) (AD) (HD)

**9.00 Celebrity SAS: Who Dares Wins**

**RT** 4/7 Series 5. The celebrities remain deep in the Vietnamese jungle as they face a task that examines whether they can trust their team, their leaders, or even themselves, in a challenge so gruelling it leads to three recruits withdrawing. For the second task of this phase, the remaining celebrities are put through an individual challenge that tests not only their physicality but also their trustworthiness. It's an exhausting task that leads to a tough choice between hard and soft options. **See page 51.**

Series director Ben Archard; Series producer Freddie Foss-Smith Repeated 12.05am, Tuesday 10.45pm, Wednesday 11.35pm 4seven

Signed repeat Thursday 1.15am C4 (S) (AD) (HD)

**10.00 Gogglebox**

Ep 6. The armchair critics watch the latest TV. Shown last Friday (S) (AD) (HD)

**11.05 Little Richard: I Am Everything**

★★★★ Music documentary exploring the life, career and legacy of rock 'n' roll icon Little Richard. Celebrity fans including Tom Jones, Nile Rodgers and John Waters celebrate his influence, while academic scholars assess his trailblazing ideas about gender, race and sexuality.

Available to stream for 30 days. **Review p57.**

Director Lisa Cortes (2023, 15) (S) (AD) (W) (HD)

**1.00am The Great British Bake Off: an Extra Slice**

3/10. Guests Martin Kemp and Ellie Taylor discuss Bread Week. Shown last Thursday (S) (SL) (AD) (HD)

**1.55 Ramsay's Kitchen Nightmares USA** A Georgia restaurant plagued by mismanagement. (R) (S) (SL) (HD)

**2.45 Come Dine with Me** In Devon. (R) (S) (AD) (HD)

**4.55 The Great Home Transformation** A Swansea house with four adults living under one roof. (R) (S) (SL) (AD) (HD)

**5.50-6.00am Sunday Brunch** Best Bits Highlights, featuring actor and comedian Jason Sudeikis. (R) (S) (HD)

**Channel 4 Freeview** 4/HD 104 Freesat 104 Sky 104 Virgin 104

**+1 Freeview** 15 Freesat 121 Sky 204 Virgin 304

BBC4

9  
24 in Scotland**Russell T Davies****Remembers... A Midsummer****Night's Dream**

8.00pm The

classic comedy

**7.00pm The Octopus in My House**

A professor takes an octopus into his home to learn about its remarkable intelligence in this *Natural World* film.

Series producer Holly Spearing

Director Anna Fitch (R) (S) (AD) (HD)

**8.00 Russell T Davies Remembers... A Midsummer Night's Dream**

**RT** The *Doctor Who* and *It's a Sin* writer recalls how his lifelong dream of bringing the Shakespeare comedy to the small screen eventually became a reality in 2016. **See page 51.**

Producer Simon Catt

Series producer Simon Goretzki (S) (HD)

**8.15 A Midsummer Night's Dream**

In Russell T Davies's adaptation of Shakespeare's comedy, a woman and her lover elope – pursued by her jealous suitor and his admirer. First shown in 2016. Available on iPlayer.

Titania Maxine Peake  
Bottom Matt Lucas  
Theseus John Hannah  
Hippolyta Eleanor Matsuura  
Puck Hiran Abeysekera  
Mistress Quince Elaine Paige  
Starveling Richard Wilson  
Snout Bernard Cribbins  
Snug Javone Prince  
Flute Fisayo Akinade  
Hermia Prisca Bakare  
Demetrius Paapa Essiedu  
Helena Kate Kennedy  
Lysander Matthew Tennison  
Philostrate Elliot Levey  
Egeus Colin McFarlane  
Cobweb Charlotte Dylan  
Oberon Nonso Anozie

Director David Kerr (R) (S) (AD) (HD)

**9.45 The Merchant of Venice**

Frank Finlay stars as money lender Shylock in this 1972 television production of William Shakespeare's tale of debt, love and retribution.

Portia Maggie Smith  
Shylock Frank Finlay  
Antonio Charles Gray  
Bassanio Christopher Gable  
Duke of Venice Robert Harris  
Gratiano Malcolm Stoddard  
Nerissa Nerys Hughes  
Jessica Ania Marson  
Lorenzo Edward Petherbridge  
Prince of Morocco David Spenser  
Prince of Aragon John Moffatt  
Salerio Clive Graham  
Solanio Richard Morant

Director Cedric Messina (R) (S)

**12 midnight The Wars of the Roses:**

**Richard III 3/3.** The final part of the Royal Shakespeare Company's 1964 staging of the bard's Wars of the Roses plays. All three parts are available on iPlayer. (R) (S) (HD)

King Edward IV Roy Dotrice  
Queen Elizabeth Susan Engel  
Prince Edward Fergus McClelland  
Richard Paul Martin  
Princess Elizabeth Katharine Barker  
Clarence Charles Kay  
Gloucester Ian Holm  
Duchess of York Madeline Thomas  
Hastings Hugh Sullivan

**2.25-3.25am Mark Lawson Talks to Sir Antony Sher** An interview with the South Africa-born actor, who starred in TV dramas *The History Man* and *The Jury*. (R) (S) (HD)

**BBC4 F'view** 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1  
SCOTLAND

10.00-10.30am The Sunday Show: Martin Geissler presents the main issues from the world of politics

BBC  
SCOTLAND

7.00pm The Seven  
7.15 Roaming in the Wild  
7.45 Beechgrove Repotted  
8.00 Grand Tours of Scotland's Lochs  
9.00 The Firm  
10.00 Still Game  
10.30 Designing the Hebrides  
11.00-12 midnight Seven Days

**STV**

4.00-5.10am Night Vision

BBC1 WALES

10.00am Politics  
Wales 10.30 Homes under the Hammer  
11.30 Bargain Hunt  
12.05-12.35pm Scrum V Rugby World Cup Podcast: with Gareth Rhys Owen and former Wales internationals Josh Navidi and Nicky Robinson  
10.30 Match of the Day Wales: highlights of the Euro 2024 Group D qualifying match between Wales and Croatia  
11.00 FILM: The Beach  
12.50am The Women's Football Show  
1.40-6.00 BBC News

BBC2 WALES

11.30am FILM: Richard III  
2.05pm This Farming Life  
3.05-3.35 Weatherman Walking: Derek Brockway is instructed in the art of Nordic walking around Cardiff Bay

BBC1  
NORTHERN IRELAND

10.00-10.30am Sunday Politics Northern Ireland

BBC2  
NORTHERN IRELAND

9.00pm Séamus Mac Murchaigh – Díolta Faoina Luach: the story of the notorious South Armagh outlaw  
10.00 FILM: Us  
★★★★ Horror thriller starring Lupita Nyong'o and Winston Duke  
11.55 Sunday Politics Northern Ireland  
12.25-12.40am Barra on the Foyle: Barra Best treks across the 4,000 square kilometres of the Foyle river network

Channel 5  
listings are overleaf



# SUNDAY Freeview

Channel 5

5



**The Ex-Wife** 9.00pm Tasha's idyllic domestic life is about to be shattered

**5.35am Milkshake!** See page 56

**9.55 The Smurfs** Gargamel tries to transform into a Smurf. (R) (S) (HD)

**10.25 Entertainment News** (S) (HD)

**10.35 NFL End Zone Highlights.** (S) (HD)

**11.05 Friends Series 7.** Joey is nominated for a soap award. (R) (S) (AD) (HD)

**11.35 Monica** is perturbed by Chandler's attraction to her visiting cousin. (R) (S) (AD) (HD)

**12.05pm Ladies in Lavender** ★★★

Period drama starring Maggie Smith, Judi Dench and Daniel Brühl. Director Charles Dance (2004, 12) (S) (W) (HD)

**2.15 Miss Potter** ★★★ Biographical period drama based on the life of Beatrix Potter, starring Renée Zellweger. **Review p57.** Director Chris Noonan (2006, PG) (S) (W) (HD)

**4.05pm Enid**

Drama revealing the woman behind such children's favourites as the *Famous Five*, *The Secret Seven* and *Malory Towers*.

Enid Blyton  
Hugh Pollock  
Kenneth Waters  
Dorothy  
Hanly Blyton  
Writer Lindsay Shapero  
Director James Hawes (R) (S) (HD)

**6.00 Tesco: How Do They Really Do It?**

Cameras uncover the secrets behind the giant supermarket chain's success.

Director Alice Wickham (R) (S) (HD)

**6.55 5 News** (S) (HD)

**7.00 Cricket World Cup**

Highlights from the group match between England and Afghanistan. (S) (HD)

**8.00 Hotel Benidorm: Fun-Loving Brits in the Sun**

**6/6 Series 2.** New receptionist Ruben experiences his first unhappy customer, while Dwain gets wedding-ready. Directors Caroline Tout and Danny Spencer (S) (HD)

**9.00 New series. The Ex-Wife**

**RT 1/4.** Psychological thriller. Tasha's life with new husband Jack is plagued by his obsessive ex-wife Jen, who will not leave their family alone. **See page 51.**

Tasha  
Jack  
Jen  
Sam  
Hayley  
Alex  
Celine Buckens  
Tom Mison  
Janet Montgomery  
Jordan Stephens  
Clare Foster  
Daniel Bellus  
Writer Catherine Steadman; Producer Andy Morgan  
Director Brian O'Malley (S) (AD) (HD)

**10.00 The Big Sex Scam**

**5/8.** Examining how widow Di Pogson lost more than £40,000 after falling prey to an online scam. (S) (HD)

**11.05 Porn Star Parents: Adults Only**

**1/5 Series 1.** People making a living from selling sex and home-made porn. Series producer Victor Chimara (R) (S) (HD)

**12.05am** Shagging 9 to 5: Adults Only (R) (S) (HD) **1.00** Casino (S) (HD) **3.00** Victorian Britain: the Lost Films (R) (S) (HD) **4.15** Great Artists: JMW Turner (R) (S) (SL) **4.40** Wildlife SOS (R) (S) (SL) **5.05** House Doctor (R) (S) (SL)

**5.30-5.35am** Entertainment News (S) (HD) **C5** Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105

**+1** Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



**The Fast and the Farmer-ish** 9.00pm The tractors are on the move again

**7.00pm EastEnders**

Things get nasty between Sharon and Keanu. Shown last Wednesday BBC1 (S) (AD) (HD) **7.30** Denzel holds a vigil for Nugget. Show last Thu BBC1 Cast Tue/Thu BBC1 (S) (AD) (HD)

**8.00 Top Gear**

Three luxurious vehicles are tested by Jeremy Clarkson, Richard Hammond and James May in Albania. More tomorrow 8pm. A box set is available on iPlayer. (S) (HD)

**9.00 New. The Fast and the Farmer-ish**

**5/6 Series 2.** The stakes are high with a forward and reverse bog run and a giant version of the Steady Hand challenge. (S) (HD)

**9.30 New. 6/6.** Tom Pemberton reviews memorable moments from the series. A box set is available on iPlayer. (S) (HD)

**10.00 Scars: Surviving a Stabbing** Film-maker Aodh Breathnach explores the psychological impact of being stabbed. Shown last Wednesday (S) (AD) (HD)

**11.00 Man like Mobeen**

**3/4 Series 2.** Mobeen attempts to make up for past mistakes. (S) (AD) (HD)

**11.25 4/4.** A clip involving Mobeen goes viral. A box set is on iPlayer. (S) (AD) (HD)

**11.45 BBC New Comedy Awards**

**2/7.** Lauren Steven, Dean T Beirne, Daniel Petrie, Kyrah Gray and Alex MacKeith perform. Shown last Wednesday (S) (HD)

**12.15am** as 9.30pm **1.15** RuPaul's Drag Race UK (S) (HD) **2.25** The After Shave with Danny Beard (S) (HD) **2.40** Man like Mobeen (S) (AD) (HD)

**3.25-3.50am** Kirkmoore (S) (AD) (HD)

**BBC3 Fview 23/HD 107** (not Scot/Wales) **F'sat 179/HD 107** Sky 115 (117 Wales; 121 Scotland) **Virgin 107** (157 Scotland/Wales)

ITV2

6

**5.00am** CITV (HD) **9.00** Totally Bonkers Guinness World Records (S) (HD) **9.35** Dress to Impress: double bill (S) (SL) (HD) **11.30** Next Level Chef USA: global fusion dishes (S) (HD)

**12.30pm** Supermarket Sweep (S) (HD) **1.30** Catchphrase (S) (HD) **2.15** In for a Penny (S) (AD) (HD) **2.45** **FILM** Stuart Little ★★★ Part-animated fantasy adventure starring Hugh Laurie and Geena Davis, and featuring the voice of Michael J Fox (S) (W) (HD) **4.30** **FILM** Mamma Mia! Here We Go Again ★★★ Musical romantic comedy sequel with Lily James and Amanda Seyfried (S) (AD) (W) (HD)

**6.45pm** **FILM** Knight and Day ★★★ Action adventure with Tom Cruise. A chance encounter at an airport with spy Roy Miller sees mechanic June Havens get caught up in a life-threatening chase across the globe. Can she really trust him? (S) (AD) (W) (HD)

**9.00 New. Big Brother** The ultimate social experiment continues as the housemates live inside the iconic *Big Brother* house and compete to win a huge cash prize. (S) (HD) **10.00 New. Big Brother: Late and Live** *Big Brother* hosts AJ Odudu and Will Best present the companion show from a studio near the house and talk to celebrity guests in front of a live studio audience. (S) (HD)

**11.05 Family Guy Series 21.** Inspired by Mayor West, Stewie goes into politics with the "snack captain" race at his school.

**11.35 Series 17.** Brian and Stewie become rivals as they compete for the inheritance of a wealthy, elderly heiress.

**12.05am** Family Guy (S) (AD) (HD) **12.35** American Dad! (S) (AD) (HD) **1.30** The Sex Lives of College Girls (S) (HD) **2.35-3.00am** Unwind (S) (HD)

**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115

**+1** Freeview 29 Freesat 114 Sky 218 Virgin 315

ITV3

10



**Endeavour** 10.00pm Morse looks into the death of a uniformed copper

**6.00am** Bless This House (S) **6.35** Inspector Morse: *Series 3. The Last Enemy.* An academic disappears; **8.35** *The Secret of Bay 5b.* The detective falls in love (S) (SL) (AD) (HD) **10.50** *The Darling Buds of May: 6/7 Series 1. A Breath of French Air 2/2.* The family warms to the French way of life; **11.55 1/7 Series 2. Oh! To Be in England 1/2.** Pop sets his sights on an elderly widow's home (S) (AD) (HD)

**1.00pm** Wycliffe: *Series 2. Happy Families.* A schoolgirl is found dead (S) (HD) **2.05** Agatha Christie's Marple: *Ordeal by Innocence.* Miss Marple is overjoyed to be attending the wedding of her old housemaid but finds a house full of secrets (S) (AD) (HD) **4.10** Agatha Christie's Poirot: *Five Little Pigs.* The sleuth reopens a 14-year-old murder case (S) (AD) (HD)

**6.10pm** **Lewis**

**2/4 Series 4. Dark Matter.** The master of Gresham College, amateur astronomer Andrew Crompton, is found dead at the Oxford University observatory, and Lewis finds there are numerous suspects, from senior academics to college scouts. (S) (AD) (HD)

**8.00 Vera**

**1/4 Series 10. Blood Will Tell.** DCI Vera Stanhope must unravel the circumstances behind the death of entrepreneur Freddie Gill after his body is found by bailiffs attempting to repossess his house. His legacy of unpaid debts and ruined lives leaves the dogged detective with no shortage of suspects. (S) (AD) (HD)

**10.00 Endeavour**

**2/3 Series 9. Uniform.** Oxford is in the grip of a crime wave, with a debauched band of students wreaking havoc, while the death of a uniformed police officer sends shockwaves through Castle Gate. (S) (AD) (HD)

**12.05am** Blue Murder: **3/4 Series 3. The Spartacus Thing.** DCI Janine Lewis and her team anticipate a straightforward case when Vinny McAteer confesses to the murder of his son-in-law. But Janine is faced with a roomful of McAteers, all claiming responsibility (S) (SL) (AD) **1.40** Bless This House (S) **2.10-2.30am** Unwind (S) (HD)

**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117

**+1** Fview 59 (9pm-4am) F'sat 116 Sky 219 Virgin 317

ITV4

26

**6.00am** Motorsport Mundial (S) (HD) **6.30** **New.** Auto Mundial (S) (HD) **7.00** Motorsport UK (S) (HD) **8.00** EFL Highlights (S) (HD) **9.00** British Touring Cars (S) (HD) **10.30** River Monsters (S) (AD) (HD) **11.00** Cadfael (S)

**12.45pm** **FILM** Flash Gordon ★★★ Sci-fi fantasy based on the comic-strip adventure, starring Sam J Jones (S) (AD) (W) (HD) **3.00** **FILM** The Sting **EXTRA** Crime caper with Paul Newman and Robert Redford (S) (W) (HD)

**5.40pm** **FILM** The Mummy ★★★ Period horror adventure starring Brendan Fraser and Rachel Weisz (S) (AD) (W) (HD)

**8.00 New. Premiership Rugby Union** Highlights The opening round of fixtures, including Bristol Bears v Leicester Tigers, and Exeter Chiefs v Saracens. Rptd 11.45pm ITV1 (S) (HD)

**9.00** **FILM** Die Hard **EXTRA** Action thriller starring Bruce Willis and Alan Rickman. New York cop John McClane gets caught up in a terrorist plot in Los Angeles. (S) (AD) (W) (HD)

**11.45** **The Grand Fishing Adventure** Visiting Lake Orellana in Spain. (S) (HD)

**12.45am** The Professionals (S) (SL) (AD) **1.50** The Protectors (S) (SL) (AD) **2.20** Motorsport Mundial (S) (HD) **2.45-3.00am** Unwind (S) (HD)

**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118

**+1** Freesat 118 Sky 210 Virgin 318

Drama

20



**Inspector George Gently** 8.00pm Is Tony (Neil Morrissey) behaving badly?

**7.15am** The Bill: five episodes. Reg and Marilyn share a kiss; **8.05** Kerry accuses Smithy of date rape; **9.10** Nick puts his life in danger; **10.10** Weaver arranges to have Nick killed; **11.10** Gabriel tells Cameron about the rape

**12.10pm** Inspector George Gently: **2/2** *Series 3. Peace and Love.* The detectives investigate the death of a left-wing academic following a nuclear disarmament rally – and find themselves in the midst of a wave of social and sexual rebellion (S) (AD) (HD) **2.10** Call the Midwife: **1/11 Series 9.** It's January 1965 and Dr Turner and Nurse Crane have to deal with an outbreak of diphtheria, while Fred finds an abandoned baby in a dustbin; **3.30 2/11.** Sister Julianne cares for a pregnant woman who'd been stealing the nuns' milk, while Dr Turner puzzles over a mysterious string of symptoms (AD) (HD)

**4.50pm** **Catherine Cookson's The Girl**

Feature-length period drama starring Siobhan Flynn. A dying woman takes her daughter to the home of her former lover, a wealthy mine agent, who takes the child in. But the man's wife is less than happy about the arrangement. (S)

**8.00 Inspector George Gently**

**1/2 Series 4. Gently Upside Down.** When the body of missing schoolgirl Mary is discovered in a shallow grave in Pinnock Woods, Gently and DS Bacchus are thrown into the new world of pop music and media celebrity. (S) (AD) (HD)

**10.00 Jonathan Creek**

**Satan's Chimney.** Feature-length Christmas special from 2001. Jonathan is called upon to explain how a killer managed to fire a gun through a plate-glass window without breaking it. Alan Davies, Julia Sawalha, Steven Berkoff, Mary Tamm and Jay Benedict star. (S) (AD)

**12.25am** Rebus: **4/4 Series 3.** The detective looks into an apparent suicide at an investment bank, while Clarke investigates a stabbing on an estate (S) **2.00-4.00am** The Brokenwood Mysteries: **2/4 Series 4**

A woman is killed by an arrow (HD)

**Drama Freeview 20 Freesat 158 Sky 143 Virgin 116**

**+1** Freeview 60 Sky 243 Virgin 316

ITVBe

28

**7.00am** The Real Housewives of Atlanta (S) (HD) **8.00** Masters of Flip (S) (HD) **9.00** LittleBe: children's programmes (HD)

**12 noon** The Real Housewives of Potomac (S) (HD) **5.00pm** The Only Way Is Essex (S) (HD)

**6.00pm** **Ferne McCann: My Family and Me** Ferne and Lorri attempt to get back on track as Ferne confides in Arg. (S) (HD)

**7.00 Fletcher's Family Farm 1/8.** Kelvin Fletcher and his family give an insight into rural life. Shown 11.30am ITV1 (S) (AD) (HD)

**8.00 Emergency Nurses: A&E Stories** Emergency nurse Ben battles to shock a patient's heart electrically. (S) (HD)

**9.00 New. The Only Way Is Essex** Amber is back in town and needs to be brought up to date on all the gossip by her bandmates, Chloe M and Courtney. What will she make of all the events in her absence? (S) (HD)

**10.00 Abbey Clancy: Celebrity Homes** Abbey visits homes belonging to former Sugababe Heidi Range and Jodie Kidd. (S) (HD)

**11.00 Chloe Madeley: a Family Affair** Grandad Richard and Nonna Judy pop over for an eventful Sunday lunch. (S) (HD)

**12 midnight-1.00am** Vanderpump Rules (S) (HD)

**ITVBe** Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED





## More4

18



**The Emergency Ward** 10.00pm Dr Mya treats a man who's high on drugs

**8.55am** George Clarke's Amazing Tree Houses (AD) **9.55** Ugly House to Lovely House with George Clarke (AD) **11.00** George Clarke's Old House, New Home (AD) **12 noon** Come Dine with Me: from in and around Leeds **2.40pm** Four in a Bed **5.20pm** **Come Dine with Me** Dinner parties in Sheffield feature a warming winter menu and food inspired by travels through Asia. **8.00 999: on the Front Line** As the West Midlands is hit by its worst snowstorm in years, crews battle through the roads to treat a semi-conscious woman who is in police custody with collapsed veins. **9.00 24 Hours in A&E** Seventy-year-old Tony is brought in after a fall while doing some DIY. He has a severe bleed on his brain and requires immediate life-saving surgery. Meanwhile, ten-year-old Lucy has been having seizures for the past 48 hours. (AD) **10.00 The Emergency Ward** Dr Mya and nurse Ebony brace themselves as paramedics bring in a man who's been on a two-day drug bender. Dr Emma calls in back-up to save a mum clinging onto life. (AD) **11.00 Emergency Helicopter Medics** Air ambulance crew members take drastic steps to reset a patient's dangerously fast heartbeat, a cyclist crashes in a remote area, and a motorist is injured in a road accident. (AD) **12.05am** The Good Doctor (AD) **1.00** 999: on the Front Line **2.05** 24 Hours in A&E (AD) **3.10-3.45am** Food Unwrapped (AD)

**More4** F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

## E4

13

**6.00am** Hollyoaks: omnibus edition (AD) **8.30** Ramsay's 24 Hours to Hell and Back (AD) **10.30** Married at First Sight UK **2.45pm** **FILM** Hotel for Dogs ★★★ Comedy starring Emma Roberts (AD) **4.50** **FILM** Madagascar 3: Europe's Most Wanted ★★★ Animation with the voice of Ben Stiller (AD) **6.35pm** **The Big Bang Theory** 24/24 Series 8. Sheldon presses Leonard and Penny to choose a date for their wedding. **7.00 1/24** Series 9. Penny struggles with Leonard's confession about another woman. **7.30 2/24** Sheldon films a special episode of *Fun with Flags* after his break-up with Amy. **8.00 3/24** The guys get a flat tyre. **8.30 4/24** Sheldon remembers back to the days before he met Leonard and Penny. (AD) **9.00** **FILM** **Alien: Covenant** ★★★ Sci-fi horror starring Katherine Waterston, Michael Fassbender and Billy Crudup. A spacecraft transporting over 2,000 people to colonise a remote planet is drawn by a radio transmission to an Earth-like world. But it doesn't turn out to be as habitable as it appears. (AD) **11.20** **Gogglebox** The householders' opinions on the 2017 Oscars and *The Nightly Show*. (AD) **12.20am** Featuring reviews of *Mutiny*, *Mastermind* and *The Replacement*. (SL) (AD) **1.25** First Dates (AD) **2.30** Below Deck Sailing Yacht (AD) **3.20-6.00am** Hollyoaks (SL) (AD) **E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 181 Sky 138 (139 Scot) Virgin 287

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Fantasy Homes by the Sea **10.00** A Place in the Sun **3.00pm** Hotel Inspector: You're Fired **4.00** Antiques Road Trip (AD) **7.00** The Great Antiques Challenge **8.00** Dr Pimple Popper **9.00** Giant Man and Tiny Wife: Body Bizarre: a man who is over seven feet tall with a wife who is under five feet **10.00** Sister Wives: Mitch and Aspy announce their engagement **12 midnight** Conjurung Kesha **1.00am** Ghost Adventures (AD) **2.00** Shopping **4.00-6.00am** Animal Cops Houston (AD) **Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

**BBC News** Freeview 231 Freesat 212 Sky 503 Virgin 601 **Sky News** Freeview 233 Freesat 202 Sky 501 Virgin 603 BT 313

## Sky Arts

11



**Sherlock Holmes: Terror by Night** 8.00pm A murder aboard a train

**6.00am** André Rieu: Live in Sydney **9.00** Tales of the Unexpected: four episodes (AD) **11.00** Portrait Artist of the Year **12 noon** Discovering: John Mills **1.00pm** Musical Masterpieces **2.00** The Agatha Christie Hour (AD) **3.00** Discovering: Paul Newman **4.00** Discovering: Alan Rickman **5.00** Neil Sedaka: The Show Goes On **7.00pm** **The Joy of Painting** A mountain scene highlighted with sienna and white. **7.30** A quest artist paints a lake scene. **8.00** **FILM** **Sherlock Holmes: Terror by Night** ★★★ Mystery starring Basil Rathbone and Nigel Bruce. Sherlock Holmes and Dr Watson accompany a valuable diamond on the London to Edinburgh express, and quickly discover there is a killer on the train. **Review page 107.** (BW) (W) **9.15** **The Directors** The life and work of Stanley Kubrick, whose films include *A Clockwork Orange*, *2001: a Space Odyssey*, *The Shining* and *Full Metal Jacket*. **10.15** **Discovering: John Mills** The life and career of the English actor, known for his roles in *Hobson's Choice*, *Great Expectations*, *Ice Cold in Alex*, and *Ryan's Daughter*, for which he won an Academy Award. **11.15** **Chuck Berry: the King of Rock n' Roll** Documentary about the legendary musician. **1.00am** The Movies: films that pushed the boundaries of film-making **2.00** Johnny Cash: Song by Song (AD) **5.00** Creedence Clearwater Revival: Music Icons **5.30-6.00am** Earth, Wind and Fire: Music Icons **Sky Arts** Freeview 11 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Four in a Bed: B&B competition **2.00pm** A Place in the Sun: four editions **6.00pm** **A Place in the Sun** Jasmine Harman shows retiree Maralyn and daughter Nicola five properties in Estepona on the Costa del Sol, all within their budget of £230,000. **7.00** Lee Juggernaut helps West Midlands couple Lynn and Barry find a home on Spain's northern Costa Blanca, where they plan to permanently relocate along with their cats. **8.00** **Grand Designs** Kevin McCloud checks on the progress made by a couple who set out in 2013 to build a three-bed treehouse. Shown last Wednesday Channel 4 (AD) **9.00** **Gogglebox** Views on *Starstruck*, *The Piano*, *You and Rick Stein's Cornwall*. (AD) **10.00** **FILM** **Jack Ryan: Shadow Recruit** ★★★ Action thriller starring Chris Pine and Keira Knightley. CIA operative Jack Ryan is working undercover on Wall Street to monitor international financial transactions that could be linked to terrorist activity. His investigations lead him to Moscow and an encounter with sinister Russian tycoon Viktor Cherevin. (AD) **12.05am** Celebrity SAS: Who Dares Wins (AD) **1.10** Handmade: Britain's Best Woodworker (AD) **2.15** The Great Pottery Throw Down (AD) **3.30** Jamie's £1 Wonders (AD) **4.25-4.55am** Beat the Chef **4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

## Quest

12

**6.00am** Blowing Up History: Seven Wonders **8.00** The Woodland Workshop **9.00** Salvage Hunters: the Restorers **10.00** Who Do You Think You Are? **11.00** The Yorkshire Auction House **1.00pm** The Repair Shop **3.00** John Torode's Ireland **4.00** Michel Roux's French Country Cooking (AD) **5.00** Find It, Fix It, Flop It **6.00pm** American Pickers: double bill **8.00** Salvage Hunters **9.00** The Repair Shop **10.00** Aussie Gold Hunters **11.00** Tony Robinson's World War One **12 midnight** Ancient Unexplained Files **1.00am** Aircraft Confidential **2.00** How Trains Changed the World **3.00** Airplane Repo **4.00-5.00am** How It's Made: double bill **Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 337

## Yesterday

27



**'Allo 'Allo!** 8.00pm Herr Flick wants the Gestapo money returned

**6.10am** Great British Landmark Fixers **8.00** Adolf Hitler's War **9.00** WW2: Battles for Europe **12 noon** The Lakes with Simon Reeve: double bill **2.00pm** Ireland with Simon Reeve **4.00** Bangers and Cash **6.00pm** **Bangers and Cash** Derek picks up some "emerging" sporting classics from the Far East when three Datsun Zs appear. **7.00** Derek auctions off some vehicles that were used in the TV show *Heartbeat*. **8.00** **'Allo 'Allo!** Herr Flick arrests Leclerc and issues a proclamation that he'll be shot if the stolen Gestapo money is not returned. **8.35** René escapes exploding Christmas puddings and becomes caught in another plot. **9.05** René and the resistance attempt to smuggle the airmen back to England. **9.40** Yvette and René elope aboard the night train to Switzerland with four of General Von Klinkerhoffen's gold bars. **10.10** **Bangers and Cash: Restoring Classics** A Reliant Scimitar GTC and a Honda CBR. (AD) **11.10** **The Architecture the Railways Built** Tim Dunn visits London's King's Cross and learns of Bristol's funicular railway. (AD) **12.10am** Bangers and Cash **1.10-3.00am** Great British Landmark Fixers: two editions **Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1** Sky 255 Virgin 329

## Dave

19

**7.10am** Exploration Volcano (AD) **8.00** Rick Stein's Cornwall **9.00** Abandoned Engineering (AD) **11.00** Top Gear (AD) **1.00pm** Top Gear Winter Olympics Special (AD) **2.00** Top Gear: Polar Challenge (AD) **3.00** Gino's Italian Escape: Hidden Italy **4.35** Gino's Italian Coastal Escape: from the Amalfi coast **5.05** Soapbox: Best of Europe **7.00pm** **Mortimer & Whitehouse: Gone Fishing** Paul and Bob are on the River Severn in Worcestershire to fish for zander. (AD) **7.40** **The Lakes with Simon Reeve** The impact of humans on the Lake District. **8.40** **QI XL** Extended edition. With Phill Jupitus, Josh Widdicombe and Sara Pascoe. **9.20** Extended edition. With guests Sarah Millican, Eddie Kadi and Noel Fielding. **10.00** **Live at the Apollo** Sara Pascoe hosts, with Larry Dean and Gary Delaney. **11.00** **Big Zuu's Big Eats 3/8** Series 4 Zuu pulls off an epic cook as he welcomes Mo Farah, who is treated to a supersized dining experience as his reward. (AD) **11.40** **QI XL** An extended edition of the quiz with Nina Conti, Sean Lock and Bill Bailey. **12.40am** Mock the Week **1.20** Not Going Out **2.25** Live at the Apollo **3.25-4.00am** QI XL **Dave** F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave** **Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

## London Live

8

**6.00am** London's Weekend **7.00** The Prisoner **8.00** The World's Most Extraordinary Families **9.00** The World's Most Incredible Hotels **10.00** My Greek Odyssey **11.00** **FILM** Soapbox Derby ★★★ **12.15pm** **FILM** Martin's Day ★★ **2.15** **FILM** The Zoo Robbery ★★ **3.35** **FILM** Death of a Salesman ★★★ Adaptation of Arthur Miller's celebrated stage play, starring Dustin Hoffman **6.20** London Districts **6.30** Tabernacle Choir: Music and Words **7.00** My Greek Odyssey **8.00** The Avengers (BW) **9.15** Murder Maps **10.15** **FILM** Cracks ★★★ Coming-of-age drama starring Eva Green **12.25am** **FILM** Five Corners ★★★ **2.15** Leaders of WWII: The Early Years **3.30** News Review **5.00-6.00am** Talking Points **London Live** Freeview 8 Sky 117 Virgin HD 159 Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** Entertainment News **9.10** Criminals: Caught on Camera **9.45** Columbo (AD) **7.00pm** Columbo Series 8. The detective enters the world of illusions to investigate the death of a stage magician **9.00** NCIS Series 11 McGee's girlfriend makes a breakthrough in a controversial case, prompting her to turn to the NCIS team for help (AD) **10.00** Law & Order: Special Victims Unit Series 5. Double bill. A school bully who enjoyed tormenting other girls is murdered, then the team looks into the death of a six-year-old boy who is believed to have collapsed during an exorcism **12 midnight** Criminal Minds: double bill **1.50am** Lucifer: double bill **3.35-4.00am** Criminals: Caught on Camera

**5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

## 5 Star

32

**8.00am** Car Pound Cops: Give Me My Car Back! **1.00pm** Traffic Cops **4.00** Police Interceptors: back-to-back editions **8.00pm** **FILM** **The Holiday** ★★ Romantic comedy starring Cameron Diaz, Kate Winslet, Jude Law and Jack Black. After breaking up with her boyfriend, Amanda is in need of a holiday. An online search persuades her to exchange her California home over Christmas for the remote Surrey cottage of journalist Iris, who has just found out her ex is getting married. But the swap soon leads to more romantic entanglements for the two women. **10.50** **FILM** **Bridget Jones: the Edge of Reason** ★★★ Romantic comedy sequel starring Renée Zellweger, Hugh Grant and Colin Firth. When Bridget discovers her seemingly perfect barrister boyfriend Mark Darcy has unattractive qualities that she'd previously overlooked, she finds herself drawn once again to the dastardly Daniel Cleaver. **1.00am** Killer at the Crime Scene: clues hidden in artwork expose a killer **2.00** GPs: behind Closed Doors (AD) **2.50-3.00am** Entertainment News **5 Star** Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scot) Virgin 326

## 5 Action

33

**9.00am** Trucking Hell (AD) **10.00** **New** Wrestling **12.05pm** Entertainment News **12.15** Winter Road Rescue **12.50** Police Interceptors **2.50** **FILM** Young Billy Young ★★★ Western adventure starring Robert Mitchum and Angie Dickinson. **Review page 107** **4.40** **FILM** Mosquito Squadron ★★ Second World War adventure starring David McCallum **6.35pm** **FILM** **Escape to Victory** ★★ Second World War drama starring Sylvester Stallone, Michael Caine and Pelé. The Nazis arrange a football match between the national German team and a squad made up of POWs. **9.00** **FILM** **Paycheck** ★★ Sci-fi thriller with Ben Affleck, Aaron Eckhart and Uma Thurman. A computer genius emerges with no recollection of the past three years and learns his previous employers are intent on killing him. **11.20** **FILM** **Above the Law** ★★ Martial arts action thriller starring Steven Seagal and Pam Grier. A tough Chicago cop and ex-CIA agent discovers some unwholesome truths about his former bosses. **1.25am** Sinkholes **2.20** Criminals: Caught on Camera **2.55-3.00am** Entertainment News **5 Action** Freeview 33 Freesat 132 Sky 150 Virgin 130

## 5 Select

46

**9.00am** GPs: behind Closed Doors: three editions (AD) **12 noon** Jersey and Guernsey **5.00pm** **The 1970s Supermarket** The story of the shopping revolution. **6.00** How the supermarkets started creating their own booze departments in response to growing customer demand. **7.00** How supermarkets battled it out with price cuts and clever advertising campaigns. **8.00** **Challenge Anneka** A food charity that has outgrown its town centre location. (AD) **9.30** **Britain's Favourite 90s Comedy** A celebration of sketches from the 1990s. **11.30** **Jane McDonald's Caribbean Holiday** The singer heads off round the Caribbean in mega cruise ship *MSC Divina*. **1.05am** The King's High Street: inside St James's: a look at the central London shopping destination **2.00-3.00am** Inside Westminster Abbey (AD) **5 Select** F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

**FREEVIEW TV and film channels continue overleaf**





# SUNDAY Freeview & films

## W 25



### Stacey Dooley: Locked Up with the Lifers 11.00pm

**6.10am** Tipping Point **12 noon** The Undateables (AD) **3.00pm** My Family **5.00pm** Miranda (AD)

**7.00pm** Nurses on the Ward One of Advanced Nurse Practitioner Caroline's patients is deteriorating rapidly. (AD)

**8.00pm** Inside the Operating Theatre Emma has a section of bone removed from her foot to cure a painful condition. (AD)

**9.00pm** Stacey Dooley Sleeps Over USA Stacey meets 24-year-old Quran and 61-year-old Cheryl, who make TikTok videos for a living. (AD)

**10.00pm** Killer Women with Piers Morgan Piers travels to New York State to meet Sheila Davaloo, serving a total of 75 years after murdering her lover's wife.

**11.00pm** Stacey Dooley: Locked Up with the Lifers The presenter meets eight women serving life imprisonment for murder.

**12.05am** Nurses Down Under (AD) **1.05pm** Lives on Fire **2.05pm** Tipping Point: quiz show

**W F** View 25 **F**sat 156 **Sky** 132 (133 Scotland) **Virgin** 125 **+1 Sky** 232 (233 Scotland) **Virgin** 325

## Pick 36

**6.00am** Border Patrol **8.00pm** Highway Patrol (AD) **11.00pm** Neighbourhood Blues **12 noon** The Celebrity Chase **2.00pm** Border Security: America's Front Line **4.00pm** Highway Cops (AD) **5.00pm** Motorway Patrol: double bill

**6.00pm** Caught Red Handed: triple bill. A gang target a cash point

**6.40pm** A man holds up a village store

**7.20pm** A thief steals from a pensioner

**8.00pm** Brit Cops: Law & Disorder (AD) **9.00pm** The Real Manhunter: the Disappearance of Maureen Hale: the case of the woman who vanished one evening in 1999

**10.00pm** Murder in Amish Country: a community is rocked when a woman disappears (AD) **11.00pm** Killer Siblings: the story of rapist and serial killer Rodney Alcala **1.00am** Brit Cops: Law & Disorder (AD) **2.00pm** Motorway Patrol **4.00pm** Border Patrol

**Pick F**view 36 **F**sat 144 **Sky** 151 **Virgin** 135

## HGTV 44

**7.00am** My Lottery Dream Home **10.00pm** Love Your Garden (AD) **3.00pm** A Place in the Sun **6.00pm** A Place in the Sun: double bill. A retired couple in love with Bretagne culture seek a new home in Brittany for £120,000, then a music therapist looks for a holiday home on Crete on a budget of £150,000 **8.00pm** Fixer to Fabulous: Welcome Inn: Dave and Jenny purchase a historic home with dreams of creating a one-of-a-kind bed and breakfast, but they encounter a bee infestation and construction issues **9.00pm** A Place in the Sun: four editions (AD) **1.00am** Inn the Works **2.00pm** Love Your Garden (AD)

**HGTV F**view 44 **F**sat 166 **Sky** 158 **Virgin** 191 **+1 Sky** 258 **Virgin** 391

**FREEVIEW channels continued from overleaf**

## Food Network 43



### Mystery Diners 10.00pm

Charles Stiles offers his help

**6.00am** Diners, Drive-Ins and Dives: Triple D Nation **8.00pm** Delicious Miss Brown **12 noon** La Pitchoune: Cooking in France

**1.00pm** James Martin: Yorkshire's Finest **3.00pm** The Great British Bake Off **6.00pm** The Great British Bake Off: two further editions. The nine remaining bakers are tested on store cupboard classics, then the bakers face Pastry Week

**8.00pm** Bobby's Triple Threat: chef Brittany Anderson takes on the Titans **9.00pm** Sophie Grigson: Slice of Italy **10.00pm** Mystery Diners: six editions. The general manager of a restaurant hears complaints

**10.30pm** A restaurant owner notices discrepancies in sales **11.00pm** A restaurant owner notices multiple ticket voids **11.30pm** The team investigate for the owner of Lenny's Deli in LA **12 midnight** The team investigates complaints about rowdy customers **12.30am** The waiting staff at a Californian restaurant are tired of being mistreated (AD)

**1.00am** Diners, Drive-Ins and Dives: double bill (AD) **2.00pm** Halloween Baking Championship

**Food Network F**view 43 **F**sat 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1 F**sat 149 **Sky** 240 (241 Scot)

## Great TV 50

**8.00am** Return of the Saint **9.00pm** Diagnosis Murder **11.00pm** Murder, She Wrote **9.00pm** Lost Letter Mysteries: Truth Be Told **10.45pm** A Cry in the Night ★★

Thriller based on a Mary Higgins Clark novel, starring her daughter, Carol Higgins Clark, as a divorced woman who finds her new, seemingly perfect husband has a very dark past

**12.45am** Castle **1.45pm** Movie News **1.55pm** Randall and Hopkirk (Deceased) **2.50pm** Movie News **3.00pm** Return of the Saint **3.50pm** Movie News **4.00pm** Highway to Heaven **4.50pm** Movie News

**Great TV Freeview** 50 (limited) **Freesat** 142 **Sky** 157 **Virgin** 170 **+1 Freesat** 143 **Sky** 257

## RealityXtra 68

**9.00am** Medical Detectives **12 noon** Facing Evil: four editions. The murder of 19-year-old college student Melissa Trotter **12.30pm** The shooting of Bruce Kellogg **1.00pm** The death of 23-year-old marine sergeant Elihue Parker **1.30pm** The killing of art museum director Barry Horn **2.00pm** Medical Detectives **5.00pm** Judge Judy **12.05am** World's Most Unexplained **1.00pm** Something's Killing Me **3.40pm** Facing Evil **5.25pm** Medical Detectives

**RealityXtra Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 172

## BBC Parliament 232

**6.00am** Select Committees **11.00pm** Senedd Cymru: Welsh Parliament **5.00pm** Welsh First Minister's Questions: questions in the Welsh Parliament to First Minister Mark Drakeford from Tuesday 10 October **6.00pm** Select Committees: recorded coverage of Select Committee proceedings **12 midnight** Senedd Cymru: Welsh Parliament **5.00pm** Welsh First Minister's Questions

**BBC Parliament Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605

## PBS America 84



### Dreadnought Destruction 9.45pm

Sinking a fleet

**8.00am** Beautiful Serengeti **8.40pm** Normandy '44: D-Day and the Battle for France **11.55pm** PQ17: an Arctic Convoy Disaster **1.00pm** Beautiful Serengeti **1.30pm** Dreadnought Destruction: Sinking the German High Seas Fleet **2.40pm** Saints and Sinners: a Millennium of Monasteries

**6.35pm** Normandy '44: D-Day and the Battle for France 1/3 James Holland and Mike Simpson examine the preparations for D-Day. **7.35pm** 2/3. The Canadians' first encounters with the Waffen SS. **8.40pm** 3/3. James and Mike turn their attention to Operation Cobra.

**9.45pm** Dreadnought Destruction: Sinking the German High Seas Fleet The decision to target the German High Seas Fleet.

**10.55pm** PQ17: an Arctic Convoy Disaster The story of an Allied convoy heading to the Russian port of Arkhangelsk in 1942.

**12 midnight** Dreadnought Destruction: Sinking the German High Seas Fleet **1.15pm** Beautiful Serengeti

**PBS America F**view 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 187

## Blaze 64

**6.00am** Gold Hunters: the Legend of the Superstition Mountains **8.00pm** The Curse of Oak Island **10.00pm** Curse of Skinwalker Ranch **6.00pm** Dickinson's Real Deal **8.00pm** River Hunters: Beau Ouimette and Rick Edwards search the River Tees **9.00pm** New. Al Murray: Why Do the Brits Win Every War? Al and guest John Thomson discovers the truth behind how the Vikings were so successful in Britain and try to determine what they actually looked like **10.00pm** The UnXplained with William Shatner: how the human species evolved **11.00pm** Strange Evidence: a shark attacked and eaten by a mysterious predator **12 midnight** Strangest Things **1.00am** What on Earth? **2.00pm** Close Encounters **3.00pm** The Curse of Oak Island: Drilling Down **5.00pm** Hardcore Pawn

**Blaze F**view 64 **F**sat 162 **Sky** 164 **Virgin** 174

## Challenge 48

**7.00am** Scrapheap Challenge **10.00pm** Bullseye **12 noon** Family Fortunes **1.00pm** Dickinson's Real Deal **2.00pm** Play Your Cards Right (AD) **3.00pm** Lily Savage's Blankety Blank **5.00pm** Tenable: double bill. Five IT workers from London answer questions about top ten lists, then five air traffic controllers take part in the quiz hosted by Warwick Davis **7.00pm** The Chase: double bill of the quiz show hosted by Bradley Walsh (AD) **9.00pm** The Chase Celebrity Special: TV presenters Donna Air, Amanda Lamb, Sarah Greene and Dan Snow work as a team to take on one of the Chasers and secure a cash prize for charity. Presented by Bradley Walsh **10.00pm** The Chase: six back-to-back editions of the quiz (AD) **4.00am** The Chase Celebrity Special **5.00pm** The Chase

**Challenge Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

## CHILDREN'S

### Milkshake! on C5

**5.35am** Peppa Pig **5.45pm** Paw Patrol **6.00pm** Peppa Pig **6.05pm** Blue's Clues & You **6.25pm** Sesame Street Mecha Builders **6.40pm** New. Pirata & Capitano

**6.50pm** Fireman Sam **7.00pm** Thomas & Friends **7.15pm** Paw Patrol **7.25pm** Pip and Posy **7.40pm** Peppa Pig **8.00pm** The Adventures of Paddington **8.15pm** Ben and Holly's Little Kingdom **8.30pm** Chip and Potato **8.45pm** New. Pop Paper City

**9.05pm** Meet the Experts **9.15pm** Reu & Harper's Wonder World **9.25pm** Santiago of the Seas **9.40pm** Baby Shark's Big Show! **9.50pm** Sunny Bunnies

**Full listings for Channel 5 are on p54**

## CBeebies 202

**6.00am** Baby Jake **6.10pm** Twirlywoos **6.20pm** Bing **6.30pm** Love Monster **6.35pm** Chuggington **6.50pm** Go Jetters **7.00pm** Postman Pat: SDS **7.15pm** Bing **7.35pm** Hey Duggee **7.50pm** Go Jetters **8.00pm** Peter Rabbit **8.15pm** Octonauts: above and Beyond **8.25pm** Chuggington: Tales from the Rails **8.35pm** Bitz & Bob **8.45pm** The Furchester Hotel **9.00pm** Something Special: We're All Friends **9.20pm** Bluey **9.35pm** Hey Duggee **9.55pm** Supertato **10.00pm** Justin's House **10.25pm** Piffarates **10.35pm** Get Set Galactic **11.00pm** The Game Catchers **11.05pm** Patchwork Pals **11.10pm** Love Monster **11.20pm** Vegesaurus **11.25pm** Kiri & Lou **11.30pm** Colourblocks **11.35pm** Let's Go for a Walk **11.50pm** JoJo & Gran Gran **12 noon** My World Kitchen **12.15pm** Old Jack's Boat **12.30pm** Hey Duggee **12.45pm** Octonauts **1.00pm** Bitz & Bob **1.10pm** Love Monster **1.25pm** Go Jetters **1.50pm** Dog Loves Books **1.55pm** Roots and Fruits **2.00pm** Something Special: We're All Friends **2.20pm** Get Well Soon **2.35pm** Molly and Mack **2.50pm** Alphablocks **2.55pm** Baby Jake **3.05pm** Supertato **3.15pm** JoJo & Gran Gran **3.25pm** Fred & Pete's Treasure Tales **3.40pm** Nick Cope's Popcast **3.55pm** Alphablocks **4.05pm** Magic Hands Black History Songs **4.15pm** Treasure Champs **4.30pm** Supertato **4.35pm** Bluey **4.43pm** My Petsaurus **4.45pm** The Game Catchers **4.55pm** Steve and Aneeshwar Go Wild **5.00pm** Andy's Prehistoric Adventures **5.15pm** Katie Morag **5.30pm** JoJo & Gran Gran **5.45pm** Sarah & Duck **5.50pm** Charlie and Lola **6.05pm** Tee and Mo **6.10pm** Clangers **6.20pm** In the Night Garden... **6.48pm** New series. Sarah & Duck **6.55pm** Bedtime Stories

**CBeebies F**view 202 **F**sat 608 **Sky** 608 **Virgin** 702

**CBBC** **201**

**7.00am** Shaun the Sheep **7.05pm** Sketchy Comedy **7.10pm** Danger Mouse **7.20pm** Dennis & Gnasher Unleashed! **7.35pm** Boy Girl Dog Cat Mouse Cheese **7.45pm** New. Newsround **7.50pm** Ninja Express **8.05pm** Odd Squad **8.15pm** Oswald **8.30pm** The Designers **9.00pm** Blue Peter **9.30pm** Monster Loving Maniacs **10.15pm** Boy Girl Dog Cat Mouse Cheese **10.50pm** Danger Mouse **11.25pm** Grizzly and the Lemmings **11.40pm** Gym Stars **12.05pm** Deadly Mission Shark **12.35pm** Operation Ouch! **1.00pm** Horrible Histories **1.30pm** Danger Mouse **2.20pm** Dennis & Gnasher Unleashed! **2.50pm** Ooglies Funsize **3.00pm** Shaun the Sheep **3.05pm** Grizzly and the Lemmings **3.20pm** Operation Ouch! **4.20pm** Deadly Mission Shark **4.50pm** Blue Planet II **5.45pm** Malory Towers **6.10pm** The Next Step: A-troupe must pull together like never before **6.35pm** Transformers EarthSpark

**CBBC F**view 201 **F**sat 607 **Sky** 607 **Virgin** 701

**ITV Kids**

**Streamed on ITVX Kids, plus on ITV2 5am-9.00pm and on ITVBe 9am to 12 noon**

**ITV2**

**5.00am** Dodo **5.25pm** Scooby-Doo! Mystery Incorporated **5.45pm** Craig of the Creek **6.10pm** Teen Titans Go! **6.40pm** Looney Tunes Cartoons **7.45pm** Be Cool, Scooby-Doo! **8.10pm** What's New Scooby-Doo? **8.35pm** Scooby-Doo and Guess Who?

**ITVBe**

**9.00am** Chloe's Closet **9.15pm** Lily's Driftwood Bay **9.25pm** The Hive **9.35pm** Poppy Cat **9.50pm** Percy's Tiger Tales **10.05pm** Ollie **10.10pm** Happy the Hoglet **10.20pm** The Sound Collector **10.25pm** Sooty **10.40pm** Pingu in the City **10.50pm** Bob the Builder: double bill **11.20pm** Postman Pat **11.35pm** Mumfie **11.45pm** 12 noon Pip Ahoy!

## FILMS

### Film4 14

**11.00am** Alpha and Omega ★ Perfunctory animated adventure. Justin Long, Hayden Panettiere (2010, U) (S)

**12.45pm** Charlotte's Web ★★ A clever spider (tenderly voiced by Julia Roberts) uses her web-spinning talents to save a small pig from the chop in this warm fantasy. (2006, U) (S) (AD)

**2.40pm** Dunston Checks In ★★ Appealing comedy nonsense about an orangutan running riot in a snooty hotel. Jason Alexander (1996, PG) (S)

**4.30pm** Goodbye Christopher Robin ★★★★★ Affecting drama exploring the family life of AA Milne – creator of Winnie the Pooh. **Review** p87. Domhnall Gleeson, Margot Robbie (2017, PG) (S) (AD)

**6.40pm** The Pursuit of Happyness ★★ Homeless Will Smith chases the American Dream with his young son in this drama. **Review**, right. (2006, 12) (S) (AD)

**9.00pm** Midway ★★ A landmark Second World War battle gets the blockbuster treatment from director Roland Emmerich in this drama. Ed Skrein (2019, 12) (S) (AD)

**11.45pm** The Vanishing ★★ Watchable but highly implausible thriller inspired by the mysterious disappearance of three keepers from a remote lighthouse. Gerard Butler, Peter Mullan, Connor Swindells (2018, 15) (S) (AD)

**1.55pm** 3.45pm Rose: a Love Story ★★ Restrained horror romance about a couple forced to hide out in the woods due to a dangerous medical condition. Sophie Rundle (2020, 15) (S)

**Film4 Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1 F**view 47 **F**sat 301 **Sky** 314 **Virgin** 430

### Talking Pictures TV 82

**6.00am** Second Chorus ★★ Breezy musical comedy with Fred Astaire and Burgess Meredith. (1940, U) (S)

**7.45pm** The Monkey's Paw ★★ Slow-moving horror about a cursed charm. Milton Rosmer, Megs Jenkins (1948, PG) (S) **9.00pm** The Fabulous Dorseyes ★★ Rather lacklustre musical biopic. Tommy Dorsey, Jimmy Dorsey (1947, U) (S) **10.45pm** Three Young Texans ★★ Standard western, solidly directed by Henry Levin. (1954, U) (S) **12.20pm** Daleks – Invasion Earth 2150 AD ★★ Cheap and cheerful sci-fi with Peter Cushing as the Doctor, who aids survivors in a future guerrilla war against the diabolical Daleks. (1966, U) (S)

**2.00pm** The Adventures of Robin Hood TV adventure. (S) **2.30pm** The Larkins TV sitcom. (S) **3.10pm** The Card ★★ Stylish if rather empty rags-to-riches story starring Alec Guinness. (1952, U) (S) **5.00pm** The Footage Detectives Archive clips. (S)

**6.00pm** Tell Me Another Vintage TV chat show. (S)

**6.45pm** The Lavender Hill Mob ★★★★★ Alec Guinness's bank clerk plots a heist with Stanley Holloway's corruptible souvenir seller in one of the greatest Ealing comedies. (1951, U) (S)

**8.25pm** Terminus Short film. (S)

**9.00pm** Van der Valk TV drama. (S)

**11.10pm** Haunted ★★ Eerie chiller with committed performances from the quality cast. Aidan Quinn (1995, 15) (S)

**1.20am** The Trial ★★★★★ Orson Welles's spellbinding adaptation of Franz Kafka's novel stars Anthony Perkins as the man who's arrested and put on trial for no obvious reason. (1962, PG) (S) **3.40pm** The Heritage Chat Show with Mike Read TV music show. **4.40pm** South of Panama ★★ Modest spy thriller. Roger Pryor, Virginia Vale (1941, U) (S)

**Talking Pictures TV Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445





## FILM REVIEWS

## Great Movies 34

**9.00am** An Aurora Teagarden Mystery: The Disappearing Game  
**10.40am** An Aurora Teagarden Mystery: A Game of Cat and Mouse **12.25pm** Garage Sale Mysteries: Murder by Text **2.15 Annie** ★★ Haphazard update of the beloved Broadway musical. Jamie Foxx (2014, PG) **4.40 Night at the Museum 2** ★★ Pacey comedy sequel that sees Ben Stiller attempt to rescue his exhibit buddies from permanent storage. (2009, PG) **6.45pm You Don't Mess with the Zohan** ★★ Heavy-handed comedy. Adam Sandler, Rob Schneider (2008, 12) **9.00 Last Action Hero** ★★★★★ A boy finds himself sucked into the world of his movie hero. **Review, right.** Arnold Schwarzenegger (1993, 15) **11.40 Heist** ★★★★★ Writer/director David Mamet's excellent crime drama is packed with cracking dialogue. Gene Hackman, Danny DeVito (2001, 15) **1.55am Playing It Cool** ★★ Rather muddled romantic comedy. Chris Evans, Michelle Monaghan (2014, 15) **4.00-5.40am Flawless** ★★ Stodgy TV movie thriller. Sarah Fisher, Robin Dunne (2020)

**Great Movies** Freewill 302 Sky 321 Virgin 425  
**+1 Freewill 61 (limited 10pm-5am) Sky 322**

## Great Action 42

**8.00am** At the Edge **9.10 The Great Escape II: The Untold Story** ★ Perplexing and only partly justified semi-remake of the classic 1963 PoW adventure. (1988, PG) **12.30pm Women of Valor** ★★ Patronising prison camp drama. Susan Sarandon, Kristy McNichol (1986, 12) **2.25 Combat Squad** ★★ B-movie set during the Korean War with John Ireland as a grizzled veteran. Lon McCallister (1993) **4.00 The Two-Headed Spy** ★★ Taut, tense wartime spy saga starring Jack Hawkins as a Brit in Berlin. (1958, U) **5.55pm The Victors** ★★ Ambitious war drama showing the cost of conflict to both winners and losers. George Hamilton, George Peppard (1963, 12) **9.00 Blood of Redemption** ★★ Goofily predictable action thriller. Dolph Lundgren, Billy Zane (2013, 15) **10.45 Resident Evil: Extinction** ★★ Third instalment of the horror franchise. Milla Jovovich (2007, 15) **12.50am End of the World** ★★ Jokey spoof sci-fi adventure. Greg Grunberg, Neil Grayston, Amitai Marmorstein (2013) **2.50-5.00am Battle Honours** **Great Action** Freewill 42 (limited) F'sat 305 Sky 323 Virgin 426 **+1 Sky 324**

## Great Movies Christmas 52

**8.00am A Royal Christmas Ball** ★★ Romantic Cinderella story, with a modern twist. (2017) **10.00 Christmas with a Prince – The Royal Wedding** ★★ A doctor has a right royal pain. Kaitlyn Leeb (2018) **12 noon Christmas with a Prince: Becoming Royal** ★★ Good-natured romantic sequel. (2019) **2.00pm Once upon a Christmas** ★★ A princess wants a bit of real life. Briana Evigan (2015) **4.00 A Blue Ridge Mountain Christmas** ★★ Warm-hearted romance. Rachael Leigh Cook (2019) **6.00pm Coming Home for Christmas** ★★ Family feuds and flirtations for Danica McKellar. (2017) **8.00 Christmas Cookies** ★★ Biscuits and romance combine in this sweet small-town tale. (2016) **10.00 A Christmas Cupcake** ★★ Save the family bakery! Cindy Busby (2018) **12 midnight A Christmas Reunion** ★★ Harmless romance. (2015) **2.00am Highway to Heaven 3.00-5.00am 12 Dog Days till Christmas** ★★ New hope for a troubled teen. (2014, U) **Great Movies Christmas** Freewill 52 Freesat 303 Sky 319 Virgin 424 **+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320**

## Sky Premiere

**6.05am Shrapnel** ★★ No-nonsense action thriller. Jason Patric (2023, 15) **7.45 As 5.55pm 9.55 As 8pm 12.35pm As 10.40pm 2.15 Mob Land** ★★ Crime-by-numbers heist drama. Shiloh Fernandez, John Travolta (2023, 15) **4.10 Sick** ★★ An idyllic lake-house retreat from the pandemic turns deadly for two friends in this slick slasher thriller. Gideon Adlon (2022, 18) **5.55pm Champions** ★★ *Bad News Bears* meets *Hoop Dreams* in this good-natured comedy drama. **Review p38.** Woody Harrelson (2023, 12) **8.00 The Fabelmans** ★★★★★ Lively and melancholic masterpiece from Steven Spielberg. **Review p38.** Michelle Williams, Paul Dano (2022, 12) **10.40 Cocaine Bear** ★★ Partly based on a bizarre true story, this oddball thriller finds a drugged-up bear on the loose. Keri Russell (2023, 15) **12.20am Unwelcome** ★★ Creepy comedy horror. Hannah John-Kamen, Douglas Booth (2022, 15) **2.05 Swallowed** ★★ A wannabe porn star ingests an infested packet of drugs in this smart body horror. Cooper Koch (2022, 18) **3.45 As 2.15pm 5.40 Sky Cinema Preview** **Sky Premiere** Sky 301 Virgin 401 BT 501/HD 515 **+1 Sky 312**

## Legend 41

**7.00am** World's Most Unexplained **8.00 Independents' Day** ★★ Sci-fi disaster movie. Fay Gauthier (2016, 12) **10.00 Star Trek: Deep Space Nine** five episodes **3.00pm G-Loc** ★★ Low-budget and talky British sci-fi thriller. Stephen Moyer (2020, 12) **4.50 2021: War of the Worlds** ★★ Clichéd low-budget sci-fi flick. Emily Killian (2021) **6.45pm Stormageddon** ★★ A super-computer goes rogue in this low-budget movie. John Hennigan (2015, 12) **8.30 The Twilight Zone** TV sci-fi. **9.00 The Blood Beast Terror** ★★ Peter Cushing struggles to avoid the dodgy horror clichés in a clumsy Victorian-era yarn. (1967, 12) **10.45 The Devil Rides Out** ★★★★★ Christopher Lee comes to the rescue in this enjoyably trashy horror. Mike Arrighi (1968, 15) **12.40am Rabid** ★★ A medical procedure has gruesome side effects in this gory remake of the 1976 horror. Laura Vandervoort (2019, 18) **2.40-4.30am Interview with a Hitman** ★★ Smartly paced thriller with a strong performance by Luke Goss as an assassin. (2012, 15) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

## HorrorXtra 69

**8.00am Firequake** ★★ Disaster strikes in the Czech Republic when an experimental energy plant explodes. Alexandra Paul (2014, 12) **10.00 Atlantic Rim 2** ★★ Cash-in sci-fi sequel that delivers bigger robots, bigger monsters and lower effort. (2017, 15) **12 noon Heat Wave** ★★ Engaging disaster film in which a scientist fights the Earth's climate to stop LA from burning up. Jamie Luner (2009) **2.00pm Earthfall** ★★ A rogue planet twists the Earth on its axis in this humdrum low-budget disaster movie. Pressly Coker, Raffaello Degruttola (2014) **4.00pm The Prisoner** Four episodes of the TV sci-fi drama. **8.00 Star Trek** TV sci-fi drama. **9.00 Itsy Bitsy** ★★ Chilling horror that's a no-go for arachnophobes, but is menacing for everyone else. Elizabeth Roberts (2019, 15) **10.55 The Golem** ★★ Absorbing and gory period horror that sees a grief-stricken mother summon a violent protector to defend her community. Hani Furstenberg (2018, 15) **1.00-3.00am Itsy Bitsy** As 9pm **HorrorXtra** F'view 69 F'sat 138 Sky 317 Virgin 171 **+1 F'sat 139 Sky 318 Virgin 371**



## FILM OF THE DAY

**Us** ★★★★★ **9.00-10.50pm BBC2** (starts 10.00pm in N Ireland) **15**

**HORROR** Director Jordan Peele's chilling follow-up to his Oscar-winning hit *Get Out* sees the middle-class Wilson family vacationing in Santa Cruz, where they are menaced by degraded versions of themselves. While the socio-political allegory feels a little clunky, Peele's weird and wild ride down the rabbit hole juggles comedy and horror to hugely entertaining effect. *Us* does sag slightly under its own lofty ambitions, but a great cast – especially the centrally important Lupita Nyong'o – play their dual roles with scary aplomb. **ALAN JONES** (US 2019, violence, swearing, HD)

**Richard III** ★★★★★ **12 noon-2.35pm BBC2** (starts 11.30am in Wales) **U**

**DRAMA** Laurence Olivier's stage portrayal of Richard III was legendary, and this film adaptation of Shakespeare's play serves principally as a record of that triumph. Olivier's hunchback scowls and lurches around the set, while Ralph Richardson, John Gielgud and Claire Bloom give performances of great distinction and emotion. **ADRIAN TURNER** (UK 1955, HD)

**How to Train Your Dragon** ★★★★★ **2.00-3.55pm C4** **PG**

**ADVENTURE** This fun animated adaptation of Cressida Cowell's children's book centres on a young Viking called Hiccup, whose tribe sees dragons as their enemy. But when Hiccup helps a wounded dragon named Toothless, he sets a new course for his clan. The script boasts plenty of strong characters, while the aerial sequences are spectacular. **AJ** (US 2010, HD)

**Miss Potter** ★★★★★ **2.15-4.05pm C5** **PG**

**BIOPIC** Children's author Beatrix Potter didn't just write and illustrate books – she was a proto-feminist and an early environmentalist. That's the spin of this

heart-warming if sentimental drama starring Renée Zellweger as the Victorian free spirit. Ewan McGregor is a charming presence as the timid publisher who shares Potter's vision of *The Tale of Peter Rabbit*. **AJ** (UK/US 2006, HD)

**The Pursuit of Happyness** ★★★★★ **6.40-9.00pm Film4** **12**

**DRAMA** Will Smith reins in his usual exuberance here to play Chris Gardner, who, in 1980s San Francisco, battled against astonishing adversity to achieve his American Dream. The film is played to perfection by Smith and his real-life son, Jaden, and it's agonising to watch the pair suffer as they attempt to make a new life. **SLOAN FREER** (US 2006, edited for language, HD)

**Last Action Hero** ★★★★★ **9.00-11.40pm** **Great Movies** **15**

**COMEDY** This smart, funny blockbuster sends up Arnold Schwarzenegger's screen image and the action genre itself, as a young boy is sucked into the celluloid world of his movie hero. Director John McTiernan (*Die Hard*) has fun spoofing the clichés, but still manages to slip in some spectacular set pieces. **JOHN FERGUSON** (US 1993, violence, swearing)

**The Beach** ★★★★★ **10.30pm-12.20am BBC1** (starts 11.00pm in Wales) **15**

**THRILLER** The *Trainspotting* team journeys down the hippy trail, with Leonardo DiCaprio as the adventure-seeking backpacker in Thailand who learns the location of a secret beach. John Hodge's witty script, based on Alex Garland's novel, keeps the narrative on track, allowing director Danny Boyle to luxuriate in Phi Phi island's visual delights. **SIMON ROSE** (US/UK 2000, violence, swearing, sex scenes, nudity, drug abuse, HD)

**The Omen** ★★★★★ **10.50pm-12.40am BBC2** (not in N Ireland) **15**

**HORROR** This classy chiller borrows a biblical prophecy about the rise of the Antichrist to fashion a supernatural tale of epic proportions. Heading a distinguished cast, Gregory Peck plays the American diplomat who takes the fateful decision to substitute another child for his stillborn infant, leading to a catalogue of imaginatively ghastly deaths. **AJ** (US 1976, violence, HD)

**Little Richard: I Am Everything** ★★★★★ **11.05pm-1.00am C4** **15**

**DOCUMENTARY** The life and legacy of Richard Penniman – aka rock 'n' roll trailblazer Little Richard – are assessed in this incisive documentary. Director Lisa Cortes explores his tough upbringing and details his huge influence on music and LGBTQ+ culture. The film stays alert to his controversies, but the point that Richard demands greater recognition comes across strongly. **KEVIN HARLEY** (US 2023, swearing, sexual references, col/BW, HD)

## Sky Cinema picks

**Angus, Thongs and Perfect Snogging** ★★★★★ **6.15-8.00pm Sky Cinema Comedy** Coming-of-age fun. (2008, 12) Sky 308; Virgin 408; BT 508/522

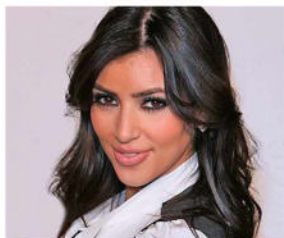
**The Commuter** ★★★★★ **8.00-10.05pm Sky Action** Liam Neeson thriller. (2018, 15) Sky 306; Virgin 406; BT 506/520

**King of New York** ★★★★★ **10.00-11.45pm Sky Thriller** Bloody gangster tale. (1989, 18) Sky 309; Virgin 409; BT 509/523

**Films to stream from p32** Netflix, Amazon, Disney+ and more



## Sky Showcase



**House of Kardashian** 9.00pm  
Kim's sex tape emerges

**6.00am** Where's Wally **6.25** Croods Family Tree **7.15** The Brilliant World of Tom Gates (AD)  
**8.00** Monkey Life **8.30** Sunday Morning with Trevor Phillips  
**10.00** Dogs: an Amazing Animal Family (AD) **1.00pm** The Simpsons  
**4.00 FILM** Monster Family ★ Animated horror comedy starring Emily Watson (AD) (W)

**6.00pm** The Simpsons Springfield is hit by a neutron bomb.  
**6.30** Bart and Lisa get trapped inside an *Itchy & Scratchy* cartoon.

**7.00** New. Cricket World Cup England v Afghanistan. Action from the Arun Jaitley Stadium.

**8.00** David Attenborough's Wild City 1/5. Examining the wildlife of Singapore. (AD)

**9.00** New. House of Kardashian 2/3. A sex tape of Kim Kardashian emerges, leading to a stratospheric reality show.

**10.00** New. The Blacklist 17/22 Series 10. Congressman Hudson's investigation escalates.

**11.00** Saturday Night Live American sketch show, taking a satirical swipe at topical issues.

**12.30am** An Idiot Abroad (AD)  
**1.30** Stop, Search, Seize (AD) **2.30** Road Wars **3.30** Nothing to Declare  
**5.00–6.00am** The Early Rundown

Sky Showcase Sky 106 Virgin 109  
BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** Most Haunted **8.00** Home Shopping **11.00** Fringe  
**4.00pm** Star Trek: Voyager

**6.00pm** Star Trek: Voyager 19/26 Series 7. Q The omnipotent Q brings his rebellious son onto the ship to learn some discipline – but he proves even harder to handle than his unpredictable father.

**7.00** 20/26. The Doctor creates tension as the ship prepares to establish a new link that will provide limited contact with Earth.  
**8.00** 21/26. Paris, Neelix and the Doctor are sent on an away mission to explore a planet devastated by nuclear radiation.

**9.00** Sinister ★★★★★

Horror starring Ethan Hawke. In an effort to boost his flagging career, a crime writer moves his family into the actual house where a murder he is researching was committed. His discovery of 8mm home movies suggests that dark forces were at work... and they may still be there.

**11.15** Reginald the Vampire 7/10 Reginald finds himself in the middle of a love triangle and is compelled to navigate it to the best of his abilities.

**12.10am** 8/10. Reginald leaves home to find a vampire named Abraham who has the power to turn a vampire back to human.

**1.05** Chucky **3.05** Stargate SG-1  
**5.00–6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122  
BT 348/HD 363 +1 Virgin 229

## Sky Atlantic



**The Gilded Age** 9.00pm  
Marian begins a new life

**6.00am** Urban Secrets **9.00** Richard E. Grant's Hotel Secrets (AD)  
**10.00** Django: five episodes (AD)

**3.30pm** Ray Donovan 6/12 Series 5. Terry discovers a truth that shakes him to his core.

**4.35** 7/12. Bunchy agrees to help a fellow inmate, on the condition that he repays the favour.

**5.40** 8/12. A medical trial sends Ray on a dark mission in New York.

**6.50** 9/12. Terry prepares to leave the Fite Club behind for good.

**7.55** 10/12. Jay asks for a secret meeting with Daryll. (AD)

**9.00** The Gilded Age 1/9. Drama set against the backdrop of the American Gilded Age, following the fortunes of a young woman who begins a new life in New York City. Starring Louisa Jacobson. (AD)

**10.30** Dreamland 6/6. The sisters go to Trish and Spencer's new place after they manage to win their dream house at auction, while a guilt-racked Mel's awful secret finally comes out. (AD)

**11.00** Tin Star 5/9 Series 2. Jack exposes the truth about Johan to the Nickel family, but struggles with his desire to win his daughter's forgiveness. (AD)

**12.05am** True Detective: double bill (AD) **2.55** The Great Game  
**4.05–6.00am** Urban Secrets

Sky Atlantic Sky 108 (109 Wales)  
BT 342/HD 357 +1 Sky 208 (209 Wales)

## Sky Witness

**6.00am** Sun, Sea and A&E (AD)  
**7.00** Border Security: America's Front Line **8.00** Border Patrol  
**11.00** The Real A&E (AD) **12 noon** Sun, Sea and A&E: double bill (AD)

**2.00pm** Nothing to Declare Back-to-back editions of the fly-on-the-wall documentary following the work of customs officers in Australia. (AD)

**8.00** Caught on DASHcam A countdown of the most incredible, hilarious and spectacular real-life crashes in the world – all caught on dashcam.

**9.00** Blue Bloods 3/16 Series 11 Frank struggles after a revelation about Joe Hill. Meanwhile, Danny and Jamie clash as their opposing natures conflict while working together to solve a murder. (AD)

**10.00** FBI 9/23 Series 5. The abduction of a young woman leads the team back to a cold case from 18 years ago.

**11.00** FBI: International 9/22 Series 2. The Fly Team race against the clock to halt a major art heist in the works.

**12 midnight** FBI: Most Wanted: the team track down a celebrity child psychiatrist **1.00am** Departure (AD)

**2.00** New. Law & Order: Special Victims Unit: 22/22 Series 24. In the search for a revenge-for-hire crime ring, Benson and Stabler join forces. Repeated tomorrow 9pm

**3.00–6.00am** Nothing to Declare

Sky Witness Sky 107 Virgin 110  
BT 341/HD 356 +1 Sky 207 Virgin 310

## Sky Max



**The Blacklist** 10.00pm  
Dembe takes on a new role

**6.00am** Highway Patrol **7.00** Supergirl: five episodes **12 noon** NCIS: Los Angeles: five episodes

**5.00pm** Merlin 12/13 Series 2 Danger looms on the horizon when the deadly Knights of Medhir are magically revived.

**6.00** 13/13. The Great Dragon ferociously attacks Camelot.

**7.00** 1/13 Series 3. A year after her disappearance, Morgana returns to the city of Camelot.

**8.00** 2/13. A manipulated Cenred launches an attack on the citadel.

**9.00** Rob and Romesh vs Team GB 6/7 Series 3. Rob and Romesh try clay pigeon shooting, gymnastics and athletics. (AD)

**10.00** New. The Blacklist 17/22 Series 10. The Task Force encounters a ring of companies shipping contraband around the world, while Congressman Hudson's investigation escalates when he recruits help.

**11.00** An Idiot Abroad 5/8 Series 2. Karl Pilkington travels to Africa to spend time with rare mountain gorillas, doing some charity work and caravan-based exploring along the way. (AD)

**12 midnight** Never Mind the Buzzcocks **12.45am** The Force: North East **1.40** Stop, Search, Seize (AD) **2.35** Road Wars

**4.00–6.00am** Sun, Sea and A&E

Sky Max Sky 113 (114 Wales) Virgin 111  
BT 346/HD 361

## Sky Replay

**7.00am** Sun, Sea and A&E **9.00** Four Weddings **12 noon** DC's Legends of Tomorrow: five episodes. Sara and Ray uncover a disturbing secret

**1.00pm** The team tackles two more anachronisms **2.00** The Legends' plan to vanquish Mallus with the totems fails

**3.00** Constantine asks the Legends for help **4.00** The team heads to the era of the Salem witch trials (AD) **5.00** Quantum Leap: five episodes. Sam occupies the body of a jailed Native American **6.00** Sam becomes a mortuary attendant **7.00** Sam occupies the body of a legendary pool player **8.00** Sam materialises as a trapeze artist **9.00** Sam helps a stripper who has kidnapped a baby

**10.00** Never Mind the Buzzcocks: with Ashnikko and Jordan Stephens **10.45** Highway Patrol: back-to-back editions

**3.00–6.00am** Four Weddings (AD)

Sky Replay Sky 152 Virgin 156

## Sky Crime

**6.00am** Motorway Patrol (AD) **8.30** Caught Red Handed **10.00** Caught on Dashcam **11.00** Britain's Most Evil Killers **1.00pm** Killing Mum and Dad (AD) **2.00** World's Most Evil Killers

**3.00** Killer in My Village **4.00** Murders That Shocked the Nation (AD) **5.00** World's Most Evil Killers: double bill

**7.00** Forensics: Catching the Killer (AD) **8.00** Britain's Most Evil Killers: the crimes of the murderer Stephen Seddon **9.00** Killer in My Village **10.00** Britain's Most Evil Killers **11.00** Mark of a Serial Killer

**12 midnight** How I Caught the Killer: double bill **2.00am** World's Most Evil Killers **3.00** Britain's Most Evil Killers

**4.00** Road Wars **5.00–6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121  
BT 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

## Gold



**Only Fools and Horses** 9.00pm  
Del sets Rodney up on a date

**7.10am** Desmond's **7.50** Chef! **9.40** Only Fools and Horses (AD)

**6.20pm** Only Fools and Horses Uncle Albert has a nasty fall.

**7.00** Rodney aspires to be a pop star, but Del-Boy manages to ruin his chances. Mike Read guests.

**7.40** The Trotters agree to dog-sit while Boycie and Marlene go away on holiday. (AD)

**8.20** Dad's Army Mainwaring and his platoon are ordered to clear the area for a major army exercise – but encounter a problem.

**9.00** Only Fools and Horses Del pays a stripper to attend a party at the Nag's Head with Rodney. (AD)

**9.40** Rodney causes a family crisis by bringing home a stranger who claims to be a friend of Del's. (AD)

**10.20** The Lenny Henry Show Delbert and PC Monkhouse plan a cricket match to improve Brixton's community-police relations.

**11.00** Upstart Crow Will finally manages to finish his teen romance *Romeo and Juliet*. (AD)

**11.40** Will needs inspiration for his new play *A Midsummer Night's Dream*, and a wealthy gentleman has taken a shine to Kate. (AD)

**12.15am** Lenny Henry's Race through Comedy (AD) **1.20** The Lenny Henry Show **2.00** Upstart Crow (AD) **3.05–4.00am** Desmond's

Gold Sky 110 (111 Wales) Virgin 124  
BT 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

## Sky Comedy

**8.00am** The Fresh Prince of Bel-Air **10.30** Avenue 5 (AD) **11.40** Crashing (AD) **1.30pm** Will & Grace (AD) **4.00** Silicon Valley **6.30** The Office US: five episodes. Michael sets up a murder-mystery game **7.00** Michael takes Dwight, Andy and Oscar to New York

**7.30** Jim hopes an Employee of the Month award will raise spirits at Dunder Mifflin **8.00** Andy's Secret Santa gifts prove unsuccessful **8.30** A prospective buyer of Dunder Mifflin visits the office

**9.00** Saturday Night Live: American comedy sketch show **10.25** Curb Your Enthusiasm: Richard Lewis discovers he needs a kidney transplant and asks Jeff and Larry to donate an organ **11.00** Saturday Night Live: sketch show

**12.30am** Mrs Fletcher: double bill **1.35** Enlightened: double bill **2.40** Avenue 5 (AD) **3.50–5.00am** Crashing (AD)

Sky Comedy Sky 114 (115 Wales)  
Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** Blockbusters **9.00** Friends (AD) **6.10pm** Friends (AD) **7.15** FILM Nacho Libre ★★★★★ Sports comedy with Jack Black. Kindly cook Ignacio concocts a brilliant solution to the financial hardship of the Mexican monastery where he has grown up. He will become the famous masked wrestler Nacho **9.00** FILM Blended ★★ Comedy starring Adam Sandler and Drew Barrymore. Divorcee Lauren and widower Jim suffer an awful blind date, only to find that their families are also booked onto the same vacation **11.15** Rhod Gilbert's Growing Pains **12.15am** David Baddiel: Too Much Information **1.45** Dignam! **2.15** South Park **4.05** Beavis and Butt-Head **4.15–5.00am** The Middle

Comedy Central Sky 112 (113 Wales)  
Virgin 132 BT 345/HD 360

+1 Sky 212 (213 Wales) Virgin 332

## Alibi



**Miss Scarlet and the Duke** 8.00pm  
The duo go under cover

**7.10am** Murdoch Mysteries **10.00** Father Brown (AD) **2.00pm** Inspector George Gently (AD) **4.00** Frankie Drake Mysteries (AD)

**6.00pm** Death in Paradise 2/8 Series 3. A zombie movie being filmed on the island ends in real-life horror when a stand-in is poisoned – and Humphrey soon deduces the unfortunate victim was not the intended target. (AD)

**7.00** Miss Scarlet and the Duke 1/6 Series 3. A famous magician does the ultimate disappearing act and vanishes into thin air. (AD)

**8.00** 2/6. Eliza and William go under cover after a string of crimes all point to one restaurant. (AD)

**9.00** Death in Paradise 6/8 Series 7. The leader of a spiritual retreat is strangled, but with all the group members meditating at the time of the murder, finding the killer could prove tricky. (AD)

**10.00** So Help Me Todd 7/21 Todd tries to convince his brother Lawrence to come home for Thanksgiving dinner.

**11.00** Father Brown 3/10 Series 8. The sleuthing priest must race to save Bunty from the hangman's noose. (AD)

**12 midnight** Frankie Drake Mysteries (AD) **2.00–4.00am** Miss Scarlet and the Duke (AD)

Alibi Sky 109 (110 Wales) Virgin HD 114  
BT 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

## Discovery

**6.00am** Wheeler Dealers (AD) **12 noon** Alaska: Homestead Rescue **4.00pm** Alaskan Bush People (AD) **6.00** Gold Divers: Shawn and Vernon embark on a harrowing rescue mission. Meanwhile, Zeke relaunches the *Havilah* with a wild crew **7.00** How the Universe Works: experts investigate the last stars of the cosmos **8.00** Richard Hammond's Big: Richard visits the world's tallest building, the Burj Khalifa in Dubai, where he finds himself climbing the biggest lightning conductor on Earth **9.00** Somali Pirate Takedown: the Real Story: the operation by US Navy Seals to free a cargo ship captain **10.00** Wheeler Dealers: an Austin Allegro is done up **11.00** Kindig Customs: the shop has been perfecting the process of building the CFIs

**12 midnight** Naked and Afraid **4.00–5.00am** How It's Made

Discovery Sky 125 (126 Scotland) Virgin 177  
BT 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

## Discovery History

**6.00am** Shed and Buried **9.00** Combat Dealers (AD) **12 noon** Salvage Hunters: the Restorers (AD) **3.00pm** Combat Dealers (AD) **5.00** Blowing Up History **6.00** Greatest Events of World War II: double bill. The Battle of Stalingrad, then the story of the D-Day invasion **8.00** Shed and Buried: four editions. Henry and Sam discover something of interest in a Worcestershire field **8.30** A collection of Triumph motorcycles **9.00** Henry and Sam visit a shop hoping to sell a bike **9.30** Henry Cole and Sam Lovegrove are near Preston, visiting a collector of military gear and Americana **10.00** Salvage Hunters: the Restorers **12 midnight** How It's Made

**3.00–5.00am** Salvage Hunters

Discovery History Sky 177 Virgin 181  
+1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED





## Sky Documentaries



**Lancaster 4.40pm** The story of the iconic British bomber

**6.00am** Discovering: Christian Bale **7.00** Discovering: Brad Pitt **8.00** The Directors (AD) **9.00** Siempre, Luis **10.50** My Icon: Anthony Joshua (AD) **11.00** David James: the One and Only (AD) **12.30pm** Windrush and Us **1.30** Laurel Canyon (AD) **4.40 FILM** Lancaster ★★★★★ The story of the legendary bomber synonymous with the Dambusters (AD) (W)

**6.45pm Robin Williams: Come inside My Mind** A portrait of the life and work of the beloved comedian and actor, featuring unseen footage and interviews with those closest to him. (AD)

**9.00 New. House of Kardashian** A sex tape of Kim Kardashian emerges, leading to a stratospheric reality show and catapulting the family's name around the world.

**10.00 I Am Patrick Swayze** A tribute to the American actor, known for his roles in hits like *Dirty Dancing*, *Ghost* and *The Outsiders*. With contributions by Demi Moore and Rob Lowe among others. (AD)

**11.50 Bruno v Tyson** The story of the rivalry between Frank Bruno and Mike Tyson, which spanned two epic fights. (AD)

**1.40am** I Am Evidence (AD) **3.20** King's Point **4.00–6.00am** John McCain: for Whom the Bell Tolls

**Sky Documentaries Sky 121** (122 Scotland) Virgin 188 BT 352/HD 367

## Nat Geographic

**8.00am** Made in a Day (AD) **9.00** Nazi Megastructures **10.00** Nazi Megastructures: Battle Ready **11.00** Apocalypse: Hitler Takes on the East **1.00pm** Apocalypse: Hitler Takes on the West **3.00** Hitler Youth **4.00** Nazi Sunken Sub **5.00** Building Impossible with Daniel Ashville **6.00** Ice Road Rescue **7.00 New.** Ultimate Supercar: the UK's first £2million 2000 horsepower all-electric supercar (AD) **8.00 New series.** Border Protection Spain: the coastguards follow a smugglers' trail **9.00** Air Crash Investigation (AD) **10.00** Drug Lords: the Takedown (AD) **11.00** America's Hardest Prisons **12 midnight** UFOs: Investigating the Unknown **1.00am** Atlas of Cursed Places **2.00** Bid and Destroy **2.55** Trials of the Wild **4.10–5.00am** America's Wild Spaces

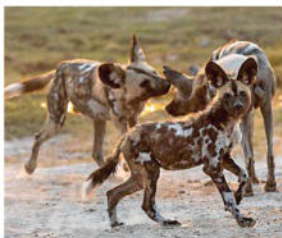
**Nat Geographic Sky 129** (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

## Sky History

**6.00am** Truth and Lies **7.00** Battle 360 **9.00** Pawn Stars **12 noon** Storage Wars **3.00pm** Beyond the Myth: the SS Unveiled **7.00** Egypt's Unexplained Files: double bill. The story of the Great Pyramid at Giza, and how one discovery is rewriting what is now known about how the pyramids were built, then a look at the ancient Egyptian obsession with death and the afterlife **9.00** History's Greatest Mysteries: the spree of gruesome murders by Jack the Ripper **10.00** The Unexplained with William Shatner **11.00** Truth and Lies: how money plays a decisive role in the battle between truth and lies **12 midnight** Alone: Predator Lake **1.00am** Storage Wars **4.00–6.00am** Egypt's Unexplained Files

**Sky History Sky 123** (124 Scotland) Virgin 131 BT 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

## Sky Nature



**Wild Dogs: Pack vs Pride 6.00pm** Packs in Zambia

**6.00am** Animal Senses **9.00** Volcanic Odysseys **11.00** Over Australia (AD) **1.00pm** One Planet, One Chance **4.00** Weird, Wild and Wonderful **5.00** Pridelands: Wilderness Reborn

**6.00pm New. Wild Dogs: Pack vs Pride** The Kakumbi make a kill before a happy Manzi reunion. **6.30 New.** The Kakumbi pups face off with a razor-tusked warthog.

**7.00 Great Barrier Reef with David Attenborough** The broadcaster uses the latest filming techniques to unlock the secrets of the natural wonder.

**8.00** The presenter looks at the waters of Osprey Reef, before tracking dwarf minke whales to discover their reasons for returning. **9.00** The naturalist examines what the future holds for the natural wonder, before embarking on an ambitious attempt to dive further into the reef than ever before.

**10.00 Osprey** When a veteran pair of osprey return home, they must take on enemies, elements and hundreds of fish if they wish to raise the next generation. (AD)

**11.00 Wild Dogs: Pack vs Pride** As 6.00/6.30pm.

**12 midnight** Pridelands: Wilderness Reborn **1.00–6.00am** Ol Pejeta Diaries: ten editions

**Sky Nature Sky 124** (125 Scotland) Virgin 189 BT 354/HD 369

## Eden

**9.00am** Abandoned Engineering (AD) **6.00pm** Abandoned Engineering: six editions. Exploring a dystopian powerhouse in Pennsylvania, a fairy-tale castle in Poland and Anglo-Saxon religious ruins on the plains of Scotland **7.00** Exploring a bloody battleground on the Pacific Island of Peleliu **8.00** A visit to the honeymoon home of a young princess **9.00** Exploring a desert island with an infected past adrift from the US mainland, the brutalist palace of a mad Bulgarian dictator and a doomed top-secret Nazi project **10.00** Featuring Italian ruins that were immortalised by Hollywood **11.00** Exploring a luxury resort that conceals a top-secret facility and a mysterious complex in Bali that was struck by disaster (AD) **12 midnight** Abandoned Engineering (AD) **5.30–6.00am** The Zoo

**Eden Sky 166** Virgin HD 176 +1 Sky 266 Virgin 376

## Animal Planet

**8.00am** Extinct or Alive **9.00** How Do Animals Do That? **10.00** Saved by the Barn **11.00** Dr Jeff: Rocky Mountain Vet **12 noon** Extinct or Alive **1.00pm** Amanda to the Rescue (AD) **2.00** Guardians of Rescue **4.00** Saved by the Barn **5.00** Dr Jeff: Rocky Mountain Vet **6.00** Extinct or Alive **7.00** Amanda to the Rescue: Amanda Geise finds forever homes for her Hawaiian rescues (AD) **8.00** Crickey! It's the Irwins **10.00** Alaska: the Last Frontier: Atz helps his grandson in three tasks as a rite of passage **11.00** Swimming with Monsters with Steve Backshall **12 midnight** Rugged Justice **1.00am** Alaska: the Last Frontier **2.00** Saved by the Barn **3.00** Dr Jeff: Rocky Mountain Vet **4.00–5.00am** Extinct or Alive

**Animal Planet Sky 162** (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**6.00am** Sky Sports News **7.00** Good Morning Sports Fans **9.00 LIVE Cricket World Cup** England v Afghanistan from Delhi. **4.30pm LIVE Women's Super League Football** Liverpool v Everton at Anfield (kick-off 4.30). **6.30 LIVE NFL** Coverage of a week six game, joined in progress; **9.15** More action from week six; **12.30am** Buffalo Bills v New York Giants (kick-off 1.20). **4.30–6.00am** Sky Sports News

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442

**6.00am** League One and Two Goals **6.30** Women's Super League Football **7.00** Classic Play-Off Finals **9.00** EFL Greatest Games **10.00** League One and Two Goals **10.30** EFL Greatest Games **11.30** League One and Two Goals **12 noon** EFL Greatest Games **12.45pm** League Two Highlights **1.00** League One and Two Goals **1.30** Women's Super League Football **2.00** League Cup Highlights **3.00** League One and Two Goals **3.30** Women's Super League Football **4.00 LIVE Women's Super League Football** Liverpool v Everton at Anfield (kick-off 4.30). **7.00** Women's Super League Football **7.30** League One and Two Goals **8.00** EFL Rivalries: three editions **9.30** Classic Play-Off Finals **10.00** League One and Two Goals **10.30** Women's Super League Football **11.30** EFL Greatest Games **1.00am** League Cup Retro **2.00** Classic Play-Offs **5.30–6.00am** Jimmy Glass: the Great Escape (AD)

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

**6.00am** US Open Epics (AD) **7.00** PGA Tour Golf **10.00** Challenge Tour Golf **10.30** Roots **11.00** European Tour Golf **12 noon LIVE European Tour** Golf Open de España, day four. **5.00pm** Challenge Tour Golf **5.30** Roots: Paul Lawrie **6.00** PGA Tour Champions **7.00** European Tour Golf **8.00** Roots **9.00** European Tour Golf **10.00 LIVE PGA Tour Golf** The Shriners Children's Open, day four. **1.00am** European Tour Golf **2.00** The Open Films: Clarke 2011 **3.00** European Tour Golf **4.00** PGA Tour Golf **5.00–6.00am** Chronicles (AD)

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446

**6.00am** NFL: highlights **12 noon LIVE NFL** Tennessee Titans v Baltimore Ravens from London (kick-off 2.30); **6.00pm** Coverage of a week six game (kick-off 6.00); **9.15** The day's third game; **12.30am** Buffalo Bills v New York Giants (kick-off 1.20). **4.30–6.00am** NFL Bitesize

### Eurosport 1

Sky 413 Virgin 521 BT HD 412

**7.30am LIVE Snooker** The Wuhan Open final, first session. **10.30** Hall of Fame **11.30** Snooker **12.30pm LIVE Snooker** The Wuhan Open final, second session. **3.30** Amsterdam Marathon **5.00** Cycling: highlights **6.30 LIVE Cyclo-Cross** World Cup in Wisconsin, women's race. **7.50** Olympics: the Olympians **8.00 LIVE Cyclo-Cross** World Cup from Wisconsin, men's race. **9.35** Cycling **11.30** Powerboat Racing **12 midnight** Snooker **2.00am** Premiership Speedway **3.00** British Superbikes **4.00–6.00am** Snooker



**Women's Super League 4.00pm Sky Premier League** Liverpool livewire Ceri Holland

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

**6.00am** Premier League Football **10.00** Premier League Highlights **4.00pm LIVE Women's Super League Football** Liverpool v Everton at Anfield (kick-off 4.30). **7.00** Match Officials' Mic'd Up **7.30** Stories **8.00** The Fall and Rise of Luton Town **9.00** City: Champions Again **10.00** Icons **10.30–6.00am** Classic Premier League

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443

**6.00am** Cricket World Cup Highlights **9.00 LIVE Cricket World Cup** England v Afghanistan from Arun Jaitley Stadium in Delhi, India. **5.30pm** World Cup Bitesize **6.00** Classic World Cup Cricket **6.30** Secrets of Success **7.00** Cricket World Cup Highlights **8.00** Cricket World Cup Greatest Matches **9.00** Cricket World Cup Highlights **12 midnight** Classic World Cup Cricket (AD) **1.00am** Cricket World Cup Highlights **2.00–6.00am** World Cup Cricket

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

**6.00am LIVE Pool** Hanoi Open. **10.30** Rugby League: highlights **12.30pm LIVE Pool** Hanoi Open Pool Championship, the final. **3.30** Rugby League: highlights **5.00 LIVE Rugby League** The Wheelchair Super League final. **7.45** Super League: highlights **8.00 LIVE WNBA** New York Liberty v Las Vegas Aces. **10.00** Super League **11.00** Rugby League **12 midnight** Darts **2.00am** Super League **3.00** Basketball **5.30–6.00am** Rugby League

### Sky Sports Mix

Sky 416 Virgin 510 BT 429/HD 449

**6.00–8.00am LIVE International Rugby League** Papua New Guinea v Cook Islands. **12 noon–1.00am LIVE NFL** Tennessee Titans v Baltimore Ravens (kick-off 2.30pm); **6.00pm** Redzone coverage.

### Eurosport 2

Sky 414 Virgin 522 BT HD 413

**6.00am** Cycling **7.30** Olympic Games **7.45 LIVE Amsterdam Marathon** Coverage from the Netherlands. **10.45** Cycling: Tour of Lombardy **11.00** British Superbikes: day one **12 noon LIVE British Superbikes** The second day from Brands Hatch. **5.15pm** World Superbikes **6.30** Powerboating **7.00** Premiership Speedway **8.00** British Superbikes **9.00** Snooker **11.00** British Superbikes **12 midnight** Cycling **4.00am** Surfing **5.00–6.00am** Premiership Speedway

### TNT Sports 1

Sky 410 Virgin 527 BT 408/HD 430

**6.00am** Classic Premier League (AD) **6.30** TNT Sports Reload **8.00** Champions League Magazine (AD) **8.30** Premier League Stories (AD) **9.00** Wrestling: WWE action (AD) **11.00 LIVE Futsal** FA Futsal Series One, Derby Futsal Club v York Futsal Vikings. **1.00pm LIVE Premiership Rugby Union** Sale Sharks v Northampton Saints at AJ Bell Stadium (kick-off 1.30). **4.30** TNT Sports Reload **4.30** Original Documentary: The Grudge: chronicling a rugby rivalry (AD) **6.00** Champions League Magazine (AD) **6.30** Premier League: the Big Interview **7.00** International One-Day Cricket: Australia v West Indies, the women's series **8.00** Squash **9.00** Wrestling **11.45** Ariel Helwani Meets **12.15am** MLB: off the Bat **12.30 LIVE Major League Baseball** An MLB postseason game from North America. **4.00** Rallying **4.30** Fishing (AD) **5.30–6.00am** TNT Sports Reload

### TNT Sports 2

Sky 411 Virgin 528 BT 409/HD 431

**6.00am LIVE MotoGP** Further coverage of the Indonesian Grand Prix from Mandalika, featuring the Moto2 race (start 6.15); **7.30** The Indonesian Grand Prix MotoGP race from Mandalika International Circuit (start 8.00). **10.15** MotoGP (AD) **11.15** TNT Sports Reload (AD) **11.30** Classic Premier League (AD) **3.30pm** MotoGP **5.30** Squash **6.30** TNT Sports Reload (AD) **7.00** Motorcycling **8.00** MotoGP **10.00** UFC: Yusuff v Barboza **1.00am** UFC: the Ultimate Fighter (AD) **5.00** UFC Greatest Fights (AD) **5.30–6.00am** Premier League Legends: David Seaman (AD)

### TNT Sports 3

Sky 417 Virgin 529 BT 410/HD 432

**7.00am** Rallying Highlights **7.30** TNT Sports Reload (AD) **8.00** Surfing (AD) **9.00 LIVE Badminton** The finals of the Finnish Open from Energia Arena in Vantaa, Finland. **3.30pm** Rallying Highlights **4.00** Wrestling **5.30** Surfing (AD) **6.30** Premiership Rugby Union **8.00** Champions League Magazine (AD) **8.30** Sign Up: into Football **9.15** The Special 1 (AD) **10.30** Classic Premier League **11.30** TNT Sports Reload (AD) **12 midnight** International One-Day Cricket **1.00–6.00am** Champions League Classics: the best action from ten matches involving British clubs

### TNT Sports 4

Sky 421 Virgin 530 BT 411/HD 434

**7.00am** Premiership Rugby Union **8.30** Motorcycling: FIM X-Trial **9.30** Champions League Football **10.30** MLB Classic: two editions **1.00pm** Major League Baseball **4.00** Fishing: on the Bank (AD) **5.00** Major League Baseball **8.00** MLB Classic: from 2016 **9.00** Major League Baseball **12 midnight** Poker (AD) **5.00–6.00am** Joe Cole Cast

### Viaplay Sports

**1.50–4.00pm LIVE Euro 2024 Qualifiers** Georgia v Cyprus from Tbilisi (kick-off 2.00). **2.00–5.00 LIVE Championship Rugby League** Coverage of the Grand Final (kick-off 2.30). **4.50–7.05 LIVE Euro 2024 Qualifiers** Switzerland v Belarus from St Gallen (kick-off 5.00). **7.35–9.45 LIVE Euro 2024 Qualifiers** Wales v Croatia from Cardiff City Stadium (kick-off 7.45).



# Monday

## FOOD

### Jamie's Five Ingredient Meals

8.00pm **C4**

Catch up via C4 streaming

#### NEW SERIES

This is where we see the results of Jamie Oliver's recent research trip around the

Mediterranean. While his first recipe of chicken and chips might not sound very continental, he's inspired by the aromatic flavours of lemon and oregano as well as the rôtisseries he saw on many streets. He even has a clever hack for that cooking method, making what he calls "a chicken leg chandelier".

Jamie loves to break rules, such as not having double carbs and demonstrates a comforting potato and pasta dish. "Don't knock it, until you try it," he says. Also on offer are lamb koftas, a spinach and feta pie and a no-cook fig tart.

His dishes are all based on five everyday ingredients (plus basics such as salt, pepper and olive oil) so – he maintains – they are budget-friendly, but should take the taste to the next level. He has his critics, but you can't deny that Jamie's recipes always look easy, yet inviting.

JANE RACKHAM

**FIGGY  
PUDDING**  
But not as you  
know it – Jamie  
keeps it simple



## FACTUAL

### Rip Off Britain Live: Cost of Living Special

9.15am **BBC1** Catch up via iPlayer

When Angela Rippon isn't demonstrating her impressive fitness and dance skills on *Strictly*, she is, of course, fighting for customers' rights and investigating consumer issues in this daily series alongside Gloria Hunniford and Julia Somerville.

The trio's new series starts by focusing on two very topical subjects. Many people became first-time pet owners during lockdown but, with recent price increases in vet bills, insurance and food, it's alarming to discover how expensive animal ownership has become. They also hear from a woman who was not only over-billed more than £6,000 by her energy supplier but has subsequently struggled to get the money back. **JR**

## DOCUMENTARY

### The Crash Detectives

7.00pm **BBC2**

Catch up via iPlayer

Twisted metal, scars on the tarmac and two heavily damaged cars are the disquieting sights the collision investigation team from Gwent Police discover when they arrive on the scene of an accident in Monmouthshire. It very quickly, and sadly, becomes the site of a fatality.

Pragmatic, yet sympathetic officers set about reconstructing what happened and establishing events that led up to the crash. A 3D laser scanner that captures roadside evidence is a phenomenal piece of kit, and combined with videos from dash cams, CCTV and social media, a grim picture emerges. And for anyone with a blasé attitude towards seatbelts, this half hour will change that. **FRANCES TAYLOR**

## SOAP

### EastEnders

7.30pm **BBC1**

Catch up via iPlayer

The trajectory of a soap villain is usually a given. A foul deed is done, there's some dissembling, perhaps a further heinous act before the evildoer gets punished. Not so with Ravi Gulati. Despite killing Ranveer and acting sinister whenever he's around either Denise or Suki, it seems as though Ravi is sticking around – why else, for instance, would writers be about to introduce the daughter he never knew existed?

One rogue who is soon headed for the exit, though, is Rocky. He's continuing to lie to Kathy about the state of his finances, but she'll no doubt discover all – just in time for actor Brian Conley to begin his panto rehearsals in Milton Keynes. **DAVID BROWN**

## HISTORY

### Union with David Olusoga

9.00pm **BBC2**

All episodes on iPlayer now

Tonight, David Olusoga gives his history lesson a personal angle worthy of an episode of *Who Do You Think You Are?* He brings one of his own ancestors, a Waterloo veteran living in Georgian Scotland, into the story and it works well as a way to sketch out his main theme: the power of class in 19th-century Britain.

It's a vividly told chapter that takes in Chartism, riots and what Olusoga calls arguably the greatest tragedy in British history. Before the Irish famine, one in three of Queen Victoria's subjects were Irish – 8.2 million people, which is larger than the Irish population today. Thanks to the famine, a million people starved and two million emigrated.

**DAVID BUTCHER**



## ALSO ON TODAY

### Challenging Putin: Moscow and the Mutiny

8.00pm  
(8.30pm N Ireland;  
10.40pm Wales) **BBC1**  
*Panorama* investigates  
Yevgeny Prigozhin's  
attack on Putin's rule.

### Only Connect

8.00pm **BBC2**  
Victoria Coren Mitchell  
(right) puts the  
questions to the  
Antiphons and the  
Thrifiers in tonight's  
cerebral challenge.



### The Reckoning

9.00pm **BBC1**  
Episode three shows  
how Jimmy Savile, host  
of one of the UK's most  
popular shows, *Jim'll  
Fix It*, used his fame to  
cover up his actions.

## FACTUAL

### Endurance: Race to the Pole with Ben Fogle

9.00pm **Channel 5**  
Catch up via My 5

**LAST EPISODE** This time Ben Fogle and Dwayne Fields re-live the different ways that Scott and Amundsen tackled their race to the South Pole in the early 20th century. For optimum speed the Norwegian explorer used dogs – a strategy that clearly worked because they reached their goal several weeks ahead of Scott.

Despite enduring terrible Antarctic weather and with the tragic end of Scott's expedition constantly in their minds, Ben and Dwayne manage to have some fun, especially when they rig up a sail to their sledge. The smiles on their faces say it all. **JR**

## HISTORY

### Michael Sheen's Valleys Rebellion

10.00pm **BBC4** Catch up via iPlayer  
Michael Sheen is a man of many facets. The classical stage actor found fame in the noughties for uncanny biopics and, in recent years, for collaborations with David Tennant and for passionate activism. This thoughtful film finds him on a journey exploring why there is so much political apathy in Wales today. He walks in the footsteps of the 20,000 Chartists, who in 1839, marched on his birthplace of Newport asking why ordinary people and politicians seem so far apart. His odyssey ends at the scene of the infamous riots where 22 protestors died. Here, Sheen unveils a new Welsh People's Charter – a manifesto relevant to modern needs for social change. **MICHAEL HOGAN**

## FOOD

### Big Zuu's Big Eats

10.00pm **Dave**  
Catch up via UKTV Play  
The gulf between dodgy-sounding ingredients and the ecstatic reaction of those sampling the finished dish reaches its widest tonight, as Ellie Taylor chows down on a Mini Cheddars cheesecake. Inspired by her pregnancy cravings, it is whipped up by Zuu with the help of a TikTokker with a silly name: Fit Waffle, anyone? Peking duck croissants and a stuffed-crust margarita pastry offer more persuasively tasty recipes.

Taylor gamely handles the silliness; just as the occasional sequence threatens to get serious, it's derailed with glee, while a diversion into one of Taylor's genuinely gross childhood habits ensure it all flies by. **GABRIEL TATE**

## LIVE SPORT



### Cricket: ICC Men's World Cup

#### Australia v Sri Lanka

9am **Sky Main Event/Cricket**  
Dasun Shanaka will hope to avenge his side's loss to Australia in the 1996 World Cup.

## FILM OF THE DAY

### Summer of Soul

★★★★★ 12

10.00pm **C4**

Questlove from the Roots directs this Oscar winner full of previously unseen music footage from 1969's Harlem Cultural Festival, from the likes of Stevie Wonder and Nina Simone. (2021)

### FILM REVIEWS page 67



**STUCK IN THE MIDDLE**  
Is George Oldfield (David Morrissey, centre) any closer to arresting a suspect?

## DRAMA

### The Long Shadow

9.00pm **ITV1** Catch up via ITVX

Prior knowledge of the Peter Sutcliffe case isn't an absolute requirement when it comes to understanding this terrific true-crime drama. But the ability to at least recognise his distinctive facial features will be of benefit, particularly this week, as a fair amount of screen time is spent in the company of a cabbie with dark curly hair and a beard whose work has taken him to many of the local areas where bodies have been discovered.

When he hits the radar of the increasingly exasperated investigating officer George Oldfield (David Morrissey), this taxi driver finds himself under surveillance and then under arrest. The case appears clean cut, as he's even associated with prostitutes in the neighbourhood. But there are still three episodes to go following this one, so things may not prove as straightforward as they first seem. **DBr**



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# MONDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Jon Kay, Sally Nugent. (S) (HD)  
**9.15 New series. Rip-Off Britain Live: Cost of Living Special** A woman over-billed more than £6,000 by her energy supplier. **See p60.** (S) (HD)  
**10.00 Crimewatch Live** Rav Wilding and Michelle Acklerley present the inside story on a gang jailed for running a network of cannabis factories. (S) (HD)  
**10.45 Caught Red Handed** A family find they can track a gang of car thieves via stolen earphones. (S) (HD)  
**11.15 Homes under the Hammer** Properties in Staffordshire, south Wales and Kent. (R) (S) (AD) (HD)  
**12.15pm Bargain Hunt** From Exeter. (S) (HD)  
**1.00 BBC News Regional News; Weather** (S) (HD)  
**1.45 Doctors** Sid has an unexpected visitor. (S) (AD) (HD)  
**2.15 Money for Nothing** Transforming a chair and two stools in Surrey. Repeated Wednesday 6.30am BBC2 (S) (HD)  
**3.00 Escape to the Country** A couple from Scotland look for a home in Lincolnshire. Rptd Thu 6.30am BBC2 (S) (HD)  
**3.45 The Repair Shop** The experts get cracking on a calendar souvenir held dear by two sisters. (S) (AD) (HD)  
**4.30-5.15 The Vintage French Farmhouse** The dealers take a trip to Carpentras. Rptd Tue 7.05am BBC2 (S) (HD)

### BBC2

**6.30am Bargain Hunt** Danny Sebastian hosts a special show all about tea. Shown last Friday BBC1 (S) (AD) (HD)  
**7.15 The Vintage French Farmhouse** Items are bought in L'Isle-sur-la-Sorgue. Shown last Friday BBC1 (S) (HD)  
**8.00-9.00 Sign Zone This Farming Life 6/12 Series 6** It's a new year, and Carianne and her brother-in-law Alexander take Fallish the bull to the Oban Highland Show. (R) (S) (HD)  
**9.00 Nicky Campbell** Calls on the day's talking points. Simulcast with Radio 5 Live (S) (HD)  
**10.00 BBC News** (S) (HD)  
**12.15pm Politics Live** Stories from Westminster. (S) (HD)  
**1.00 Impossible** Quiz with Rick Edwards. (R) (S) (HD)  
**1.45 Unbeatable** Hosted by Jason Manford. (R) (S) (HD)  
**2.15 Wanted Down Under** Nicki Chapman follows a family as they enjoy a trial week in Brisbane. (R) (S) (HD)  
**3.00 Galapagos: Islands of Change A Natural World** documentary looking at the impact migration and tourism have had on the Pacific archipelago's wildlife. (R) (S) (AD) (HD)  
**3.45 This Wild Life** Frank Pope races to rescue a lioness, and a member of the safari camp team is thought to have contracted malaria. (R) (S) (HD)  
**4.15-5.15 Cornwall: This Fishing Life** A brother-and-sister oyster fishing team trade in their traditional wooden sailing boat for a small trawler. (R) (S) (AD) (HD)

### ITV1

**6.00am Good Morning Britain** (S) (HD)  
**9.00 Lorraine** Fashion and showbiz news. (S) (HD)  
**10.00 This Morning** Lifestyle features, cookery and celebrity interviews. Including **Regional Weather** (S) (HD)  
**12.30pm Loose Women** Daily discussion. (S) (HD)  
**1.30 ITV Lunchtime News Regional News; Weather** (S) (HD)  
**2.00 James Martin's Great British Adventure** The chef visits the Goodwood Revival to celebrate motorsport from the 1940s to the 1960s and makes roast pork with black pudding fritters. (R) (S) (AD) (HD)  
**3.00-4.00 Tenable** A team of police employees called As Thick as Thieves face the *Tenable* tower. Signed repeat 5.10am (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.05am Countdown** With guest Levi Roots. (R) (S) (HD)  
**6.45 Cheers** Two episodes of the sitcom. (R) (S) (HD)  
**7.35 Everybody Loves Raymond** (R) (S) (AD) (HD)  
**8.25 Frasier** Triple bill of the comedy. (R) (S) (AD)  
**9.55 Find It, Fix It, Flog It** Simon O'Brien unearths an art deco fire guard in north Wales. (R) (S) (AD) (HD)  
**10.55 Renovation Nation** More renovators tackle period properties. (R) (S) (AD) (HD) **11.55 News** (S) (HD)  
**12 noon Steph's Packed Lunch** Magazine show (S) (HD)  
**2.10pm Countdown** With guest John Virgo. (S) (HD)  
**3.00 A Place in the Sun** A south London pair seek a property in Marbella, southern Spain. (R) (S) (HD)  
**4.00-5.00 The Great House Giveaway** Edrina and Scott take on a dated semi in Lancashire. (S) (HD)

## BBC1

1

### EastEnders

7.30pm Rocky has a plan up his sleeve when he lies to Kathy about their financial situation



### 5.15pm Pointless

Quiz with Alexander Armstrong and Richard Osman. Executive producers Tamara Gilder and Richard Hague (R) (S) (HD)

### 6.00 BBC News Weather

### 6.30 Regional news magazines

### 7.00 The One Show

Presented by Jermaine Jenas and Alex Jones. (S) (HD)

### 7.30 EastEnders

Ravi learns that Nugget has been sighted and grows suspicious of Suki's behaviour. Kathy struggles with her living arrangements. **See p60.** Writer David Moor Cast Tuesday/Thursday (S) (AD) (HD)

### 8.00 Challenging Putin: Moscow and the Mutiny – Panorama

The rebellion in Russia led by Yevgeny Prigozhin was the greatest challenge to Vladimir Putin in his two decades in power. Jane Corbin investigates what really happened and looks at the consequences for the Russian President with elections due next year. Producers Marija Drovnenkova and Ruth Mayer; Executive producer Adam Grimley Signed repeat Friday 1am BBC2 (S) (HD) NOTE: as *Panorama* reacts to the news its subject matter may change

### 8.30 Scarlett's Driving School

8/10. Scarlett Moffatt looks to help Adeola, who has spent 13 years trying to learn to drive but has always been foiled by her nerves. Her sister Ronke Jane is her business partner, best friend and taxi service, but during their five days at the driving school the siblings fall out as the pressure of learning together gets too much. With a driving test approaching, can the sisters come together to help Adeola conquer her fears? A box set of previous episodes is available on iPlayer. Directors Victoria Bolstridge, Paul Gay, Melissa McCall and Matt Knight Series producers Matt Arnold and Charlotte Faux (S) (HD)

### 9.00 The Reckoning

3/4. The factual drama examining the crimes of Jimmy Savile continues. At the peak of his fame and influence, Savile hosted BBC1's *Jim'll Fix It* for nearly 20 years, making him a regular feature in British households. He further cemented his position of power by spearheading a fundraising campaign for Stoke Mandeville Hospital in Buckinghamshire, which gave him unprecedented political access. Concludes tomorrow 9pm. The whole series is on iPlayer.

Jimmy Savile	Steve Coogan	Dan Davies	Mark Stanley
Beryl Huggins	Siobhan Finneran	Ray Teret	Robert Emms
Bill Cotton	Michael Jibson	Victor	Joseph Mydell
Charles Huggins	Mark Lewis Jones		

Writer Neil McKay; Producer Clare Shepherd Director Sandra Goldbacher (S) (AD) (HD)

### 10.00 BBC News Regional News; Weather

### 10.40 Have I Got a Bit More News for You

2/10. Alexander Armstrong hosts an extended version of the satirical quiz from last Friday, with guest panellists comedian Jon Richardson and political journalist Olivia Utley. (Revised rpt) (S) (HD)

### 11.25 The Graham Norton Show

On Graham's sofa are *Ozark* star Laura Linney, talking about her new film *The Miracle Club*, comedy star Dawn French, who discusses her latest book, and stand-up London Hughes, who has a memoir out entitled *Living My Best Life, Hun*. Sugababes perform their new single, *When the Rain Comes*. Shown last Friday (S) (HD)

**12.15am Alan Carr's Picture Slam 5/8.** Married couple Karen and John from Liverpool, friends Sharon and Amrita from Birmingham, and childhood pals Cal and David from Aberdeen take on the challenge. Shown Sat 5.45pm (S) (HD)

**1.00 Weather for the Week Ahead** (S) (HD)  
**1.05-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

## BBC2

2

### Mr Jones 11.15pm

Hack in the USSR: journalist Gareth Jones gets a shock on a mission in the Soviet Union



### 5.15pm Flog It!

Claire Rawle and Jonathan Pratt assess items brought to the RAF Museum in Cosford, Shropshire. (R) (S) (HD)

### 6.00 Richard Osman's House of Games

Myra DuBois, Charlie Hedges, Bonnie Langford and Tyler West are tested in the week's first round. (S) (HD)

### 6.30 Strictly It Takes Two

Fleur East enjoys an exclusive chat with the latest couple to be eliminated from the competition. (S) (HD)

### 7.00 The Crash Detectives

2/4 Series 4. Gwent Police's forensic collision investigators are called in after an 18-year-old man dies in a head-on road accident. As word of the tragedy circulates on social media, a horrifying tale of recklessness is about to be exposed. **See page 60.** Director/Producer Jenny Casterton (S) (AD) (HD)

### 7.30 Mastermind

Clive Myrie asks questions on singer/songwriter Billy Joel, artist JMW Turner, sitcom *Miranda*, and 18th-century nobleman and chemist Antoine Lavoisier. Producer Paul Christian; Executive producers Chris Jones, Kate Middleditch, David Young and Jimmy Mulville (S) (HD)

### Your RT Books: page 133

The view from Clive Myrie's sofa: page 146

### 8.00 Only Connect

In the test of lateral thinking, host Victoria Coren Mitchell quizzes the Antiphrons and the Thrifters. Director Siân G Lloyd; Producer Nick Martin (S) (HD)

### 8.30 University Challenge

Amol Rajan presides over the final match of the first round, which sees the University of York go up against Northeastern University London. Director Simon Staffurth; Producer Clare Parody (S) (HD)

### 9.00 Union with David Olusoga

RT 3/4. The Two Nations. In the 19th century, the union appears secure, yet beneath the surface run deep divisions, leading to the emergence of a new working-class movement, Chartism. Its supporters want political rights, but their demands are continually rejected by Parliament despite petitions signed by millions of people. Meanwhile, in the 1840s, as vast rail networks are constructed, a catastrophic famine hits Ireland. Presenter David Olusoga visits deserted landscapes that were once bustling communities. The whole series is on iPlayer. **See page 60.** Director Jonathan Rowlands; Producer Kat Feavers Repeated Wednesday 11.40pm (S) (AD) (HD) See also *Michael Sheen's Valleys Rebellion* 10pm BBC4

### 10.00 QI

Host Sandi Toksvig quizzes panellists Alan Davies, Gyles Brandreth, Rosie Jones and Nish Kumar. Director Diccon Ramsay; Series producer Piers Fletcher (R) (S) (HD)

### 10.30 Newsnight

With Victoria Derbyshire. (S) (HD)

### 11.10 Weather

### 11.15 Mr Jones ★★★

Historical drama with James Norton. In the early 1930s, Welsh journalist Gareth Jones is dispatched to Moscow to interview Joseph Stalin. But in Ukraine, Jones discovers the appalling truth behind the Soviet Union's expansion and resolves to publish his findings. Available on iPlayer for 30 days. **Review page 67.**

Gareth Jones	James Norton	George Orwell	Joseph Mawle
Walter Duranty	Peter Sarsgaard	Lloyd George	Kenneth Cranham
Ada Brooks	Vanessa Kirby	Matthew	Celyn Jones

Director Agnieszka Holland (2019, 15) (S) (W) (HD)

**1.10-3.05am Sign Zone 1.10 Countryfile** Hamza Yassin visits the Braemar Highland Gathering. Shown Sun 6.05am (S) (HD)  
**2.05 Picasso: the Beauty and the Beast 3/3.** The celebrated Spanish artist's later years. (R) (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



# ITV1

3

**The Long Shadow** 9.00pm  
George Oldfield (David Morrissey) helps to identify a prime suspect



**4.00pm Tipping Point**  
Ben Shepard hosts as three players try to hit the jackpot on the supersized arcade machine. Repeated 2.10am (S) (HD)

**5.00 The Chase**  
Hayley, Lorraine, Connor and Jim take on one of the Chasers. Bradley Walsh presents. (S) (HD)

**6.00 Regional News Weather** (S) (HD)

**6.30 ITV Evening News Weather** (S) (HD)

**7.30 Emmerdale**  
Sam is desperate to unburden himself. Rhona offers her support. Paddy is taken aback. Writer Jane Pearson Cast Thursday/Friday (S) (AD) (HD)

**8.00 Coronation Street**  
The Street continues to reverberate from last week's events. George gets wound up by Todd. Ryan fights nerves ahead of his presentation.  
George Shuttlesworth  
Todd Grimshaw  
Ryan Connor  
Daniel Osbourne  
Gail Rodwell  
Michael Bailey  
Tim Metcalfe  
Carla Barlow  
Peter Barlow  
Writers David Proud and Jan McVerry  
More cast Tuesday (S) (AD) (HD)

<b>Tony Maudsley</b>	Audrey Roberts	<b>Sue Nicholls</b>
<b>Gareth Pierce</b>	Roy Cropper	<b>David Neilson</b>
<b>Ryan Prescott</b>	Matty	<b>Séamus McGoff</b>
<b>Rob Mallard</b>	Ed Bailey	<b>Trevor Michael Georges</b>
<b>Helen Worth</b>	Jenny Connor	<b>Sally Ann Matthews</b>
<b>Ryan Russell</b>	Sarah Barlow	<b>Tina O'Brien</b>
<b>Joe Duttine</b>	Sally Metcalfe	<b>Sally Dynevor</b>
<b>Alison King</b>	DS Swain	<b>Vicky Myers</b>
<b>Chris Cascoyne</b>	Elaine Jones	<b>Paula Wilcox</b>

**9.00 The Long Shadow**  
4/7. When another woman survives an attack, police detectives feel they are in with a chance of identifying the killer. A driver from Leeds emerges as prime suspect – but will their evidence stand up? See page 61.

Maureen Long	<b>Clare Burt</b>	Ray Wood	<b>Mark Jordon</b>
Margaret Oldfield	<b>Emma Cunliffe</b>	Terence Hawshaw	<b>Ian Lloyd-Anderson</b>
DI Les Hanley	<b>Jack Deam</b>	DC Andrew Laptew	<b>Adam Long</b>
Eamon Lister	<b>Harry Egan</b>	Ronald Gregory	<b>Michael McElhatton</b>
Nicola Briggs	<b>Sorcha Groundsell</b>	ACC George Oldfield	<b>David Morrissey</b>
WPC Jenny Bush	<b>Chloe Harris</b>	WPC Sue Neave	<b>Vicky Myers</b>
DS John Dornaille	<b>Christopher Hatherall</b>	Samantha Davies	<b>Sophie Powles</b>
	<b>Wili Macdonald</b>		<b>Roger Ringrose</b>
Erley Reid	<b>Jumayn Hunter</b>	Irene MacDonald	<b>Kate Rutter</b>
DC John Nunn	<b>Kris Hitchen</b>	Elsie Hawkshaw	<b>Nicola Sloane</b>
DCS Jim Hobson	<b>Lee Ingleby</b>	Lizzie Deacon	<b>Yasmin Taheri</b>
DCS Jack Ridgway		David Gee	<b>Stephen Tompkinson</b>
	<b>Robert James-Collier</b>	DSI Dick Holland	<b>Steven Waddington</b>
DCS Dennis Hoban	<b>Toby Jones</b>	PS Meg Winterburn	<b>Liz White</b>

Writer George Kay; Producer Matt Sandford  
Director Lewis Arnold (S) (AD) (HD)

**10.00 ITV News at Ten**  
**Weather; Regional News and Weather** (S) (HD)

**10.45 Long Lost Family**  
Mark Ratcliffe was devastated when he found out he was adopted, and has always wondered why his birth mother decided to give him up. Now he tries to find answers to his questions. Series producer Clare Bradbury (R) (S) (AD) (HD)

**11.45 Hotel Custody**  
3/3. **Unhappy Birthday.** Practical jokes keep the team's spirits up as they deal with a violent detainee who is striking out at officers. The whole series is available as a box set on ITXX. Series director Sam Knowles; Exec producers Alastair Cook, Rob Davis, Graham Sherrington, Lawrence Walford (R) (S) (AD) (HD)

**12.30am All Elite Wrestling: Dynamite** Explosive action from the USA. Shown last Friday ITV4 (S) (HD)  
**2.10 Tipping Point** Quiz show. Shown 4pm (S) (HD)  
**3.05 Susanna Reid: Can Britain Get Talking? A Tonight Special** Exploring the rise in mental health problems in children. Shown last Tuesday (S) (SL) (HD)  
**3.30 Made in Britain** Pork pies. (R) (S) (SL) (AD) (HD)  
**3.55 Unwind** A sequence to calm the mind. (S) (HD)  
**5.10–6.00am Tenable** Quiz. Shown 3pm (S) (SL) (HD)

**ITV1** Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103  
+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

# Channel 4

4  
7 in Wales

**Jamie's Five Ingredient Meals** 8.00pm Easy as pie: Jamie Oliver makes hassle-free, big flavour dishes



**5.00pm Help! We Bought a Village New series.** Brits restore empty and unloved settlements heading steadily for collapse. A Scottish lawyer of Italian origin falls in love with the village that his forefathers left behind. Executive producer Piero Sfredda Repeated 7pm 4seven, tomorrow 2.30pm 4seven (S) (HD)

**6.00 Four in a Bed**  
The first destination of the week is Northlands Farm in Chichester, where host Keith offers the full farm experience, along with an afternoon of paddleboarding on his very own lake. Director/Producer Gary Hayward (S) (HD)

**6.30 The Simpsons**  
**Singin' in the Lane.** Homer and his friends re-form their old bowling team. (R) (S) (AD) (HD)

**7.00 Channel 4 News Sport; Weather** (S) (HD)

**8.00 Jamie's Five Ingredient Meals**  
RT **New series. 1/4.** Jamie Oliver demonstrates hassle-free recipes that use just five easily sourced ingredients to deliver maximum flavour, starting with a simple way to cook chicken with a crispy skin and a delicious pie using an easy dough. Featuring tips, tricks and swaps to make cooking easier, quicker and more affordable, there's also a visit from the godfather of Spanish cuisine, José Pizarro, who shares some Mediterranean flavours that only feature five ingredients. See page 60.

Series producer Katie Millard; Executive producer Samantha Beddoe Repeated Tuesday 8pm 4seven (S) (AD) (HD)

**9.00 999: on the Front Line**  
Paramedics are called to a road traffic collision involving a woman who has only recently recovered from a back injury caused by a previous car accident. Medics also treat a patient with signs of sepsis and a heart rate of 200. Plus, a hospital worker coming off shift is knocked down by a car while crossing the road. Series producer Graeme Thomson; Executive producer Claire Simpson First shown on More4 (S) (HD)

**10.00 Summer of Soul (...or, When the Revolution Could Not Be Televised)**

P \*\*\*\*\* Music documentary. Rediscovered and restored footage of 1969's Harlem Cultural Festival showcases a roster of performances from classic musicians. Meanwhile, new interviews help tell the story of this landmark celebration of black talent that went largely forgotten for 50 years. Available to stream for 30 days. **Film of the Day: page 67.** Director Ahmir-Khalib Thompson (2021, 12) (S) (AD) (W) (HD) Also showing Wednesday 12.40am 4seven

**12.20am Sex Rated** Olin tries out a new piece of equipment. Shown last Wednesday E4 (S) (AD) (HD)  
**1.15 Another Round \*\*\*\*\*** Comedy drama. Facing a midlife crisis, schoolteacher Martin embarks on an experiment with his three friends. They make a pact to maintain a controlled percentage of alcohol in their bloodstream at all times. However, their intake soon increases, with disastrous results. Danish +subtitles. Available to stream for 30 days. **Review page 67.**  
Martin **Mads Mikkelsen** Nikolaj **Magnus Millang**  
Tommy **Thomas Bo Larsen** Trine **Maria Bonnevie**  
Peter **Lars Ranthe** Rektor **Susanne Wold**  
Director Thomas Vinterberg (2020, 12) (W) (HD)

**3.15 Grand Designs** Building a cathedral-like property modelled on Dutch barn style houses. (R) (S) (AD) (HD)  
**4.10 The Great Pottery Throw Down** Siobhan McSweeney hosts retro week. (R) (S) (SL) (AD) (HD)  
**5.15–6.05am Couples Come Dine with Me** Dinner parties from around Bedfordshire, including a posh menu and a massive Caribbean feast. (R) (S) (HD)

**Channel 4** Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104  
+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

# BBC4

9  
24 in Scotland

**Michael Sheen's Valleys Rebellion** 10.00pm The actor explores Welsh politics



**7.00pm Africa 2/6. Savannah.** The landscapes of east Africa are teeming with life, but when rain follows droughts and scorching heat turns to cold, the inhabitants face a fight for survival, such as a tiny lizard risking its life to eat off a sleepy lion's face. David Attenborough narrates. More tomorrow 7pm. The whole series is available on iPlayer. Producer Simon Blakeney; Series producer James Honeyborne Repeated 1am (R) (S) (AD) (HD)

**8.00 Simon Schama's Power of Art 2/8. Bernini.** The broadcaster and historian recounts how Gian Lorenzo Bernini's 17th-century sculpture *The Ecstasy of St Teresa* restored the artist's failing fortunes and breathed new life into the art of sculpture. Director/Producer Clare Beavan Repeated 2am (R) (S) (AD) (HD)

**9.00 Andy Warhol's America 3/3. Life after Death.** This episode reveals a much more cautious Warhol – a man obsessed with money and security – as he reflects on the upper echelons of American society and becomes obsessed by President Nixon's visit to China. He also documents the underside of US life, from exiled drag queens to the plight of the homeless. The whole series is available on iPlayer. Producer Phil Cairney; Executive producer Janet Lee Repeated 3am First shown on BBC2 (S) (HD)

**10.00 Michael Sheen's Valleys Rebellion**  
RT In November 1839, Chartist sympathisers marched on the city of Newport, with more than 20 of them killed when troops opened fire on the demonstrators. In this documentary, actor Michael Sheen follows in their footsteps as he goes on a personal journey to find out the scale of political disillusionment in Wales today, asking why ordinary people and politicians seem so far apart. See page 61.

Director Sian Roderick; Exec producer Dylan Huws Rptd Thu 2.20am First shown on BBC2 Wales (S) (HD)

**11.00 Why the Industrial Revolution Happened Here**  
The innovations of the Industrial Revolution sparked one of the most dynamic periods in our history, and the economic, social and political changes it powered made 19th-century Britain the strongest and richest nation on Earth. But why did it happen here? Professor Jeremy Black explains how an inexhaustible supply of coal provided the fuel for an explosion of new inventions. Producer Charles Colville Executive producer Michael Tuft (R) (S) (AD) (HD)

**12 midnight The Stuarts 2/3.** How the religious violence of the Wars of the Three Kingdoms shaped British political culture and constitutional crises. (R) (S) (AD) (HD)  
**1.00am Africa** Shown 7pm (S) (AD) (HD)  
**2.00 Simon Schama's Power of Art** Shown 8pm (S) (AD) (HD)  
**3.00–4.00am Andy Warhol's America** Shown 9pm (S) (SL) (HD)

**BBC4** F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

# BBC1 SCOTLAND

**10.40pm The Firm**  
**11.40 SportsScene:** SWPL Highlights  
**12.25am Have I Got a Bit More News for You**  
**1.10 The Graham Norton Show** **2.00** Weather for the Week Ahead  
**2.05–6.00** News

# BBC SCOTLAND

**2.00pm Landward:** signed **2.30** Grand Tours of Scotland's Rivers: signed  
**3.00–4.00** This Farming Life: signed  
**7.00 SportsScene:** SWPL Highlights  
**7.45** Beechgrove Repeated **8.00** This Farming Life **9.00** The Nine **10.00** Let's Talk about the English  
**11.00–12 midnight** The Wedding

# STV

**10.00pm** ITV News; STV News and Weather  
**10.40** Scotland Tonight; ITV Weather **11.05** Made in Britain  
**12.05–2.10am FILM:** Total Recall **3.55–5.10** Night Vision

# BBC1 WALES

**7.00–7.30pm** The Crash Detectives  
**8.00–8.30** Wales's Home of the Year  
**10.40** Challenging Putin: Moscow and the Mutiny – Panorama  
**11.10** Have I Got a Bit More News for You  
**11.55** The Graham Norton Show **12.45am** Alan Carr's Picture Slam **1.30–6.00** News

# ITV1 WALES

**10.45–11.45pm** Sharp End

# BBC1 NORTHERN IRELAND

**8.00pm** A Stitch through Time: fashion challenges inspired by the crafts of the Ards Peninsula **8.30–9.00** Challenging Putin: Moscow and the Mutiny – Panorama  
**10.40** The Year That Rocked Irish Dancing: new series. A behind the scenes look at the run up to the 2022 Irish Dancing World Championships **11.40** Have I Got a Bit More News for You **12.25am** The Graham Norton Show **1.15** Alan Carr's Picture Slam **2.00–6.00** BBC News

# BBC2 NORTHERN IRELAND

**10.00–10.30pm** Bog Amach: a couple ready to buy their own home in Belfast

# UTV

**10.45–11.45pm** View from Stormont: political developments in Belfast, London and Dublin

**Channel 5**  
listings are overleaf



# MONDAY Freeview

## Channel 5

5



**Endurance: Race to the Pole with Ben Fogle** 9.00pm Dwayne and Ben

**5.35am Milkshake!** See page 66  
**9.15 Jeremy Vine** (S) (HD)  
**11.15 Storm Huntley** (S) (HD)  
**12.40pm Alexis Conran** (S) (HD)  
**1.40 5 News** (S) (HD)  
**1.45 Home and Away** Eden and Cash support Felicity before her Restorative Justice meeting. Shown last Friday 5 Star (S) (AD) (HD)

**2.15 The Baby Swindler ★★**  
**P** Thriller starring Greta Carew-Johns. Pregnant, single and unemployed, Julia is persuaded by her new friend to start selling positive pregnancy tests. Director Ann Marie Fleming, (2023) (S) (W) (HD)

**4.00 Bargain-Loving Brits in the Sun** Gill takes customers to the southernmost point of the Iberian Peninsula. (S) (HD)

**5.00pm 5 News** (S) (HD)

**6.00 Dogs Behaving (Very) Badly 11/12 Series 3.** Sally and Ryan's border collie has serious socialisation issues and kicks off at anyone who comes to the house – as well as anyone or anything outdoors. Can Graeme rein River in? Directors/Producers Michael Nuvoletta and Selina Chan (R) (S) (HD)

**6.55 5 News Update** (S) (HD)

**7.00 Motorway Cops: Catching Britain's Speeders**  
PC Andy Doran pulls over a driver for using his mobile phone at the wheel, but the motorist is unwilling to co-operate. Director/Producer Jo Conchie (R) (S) (HD)

**7.55 5 News Update** (S) (HD)

**8.00 The Motorway 4/10 Series 3.** Gavin and Ryan deal with a Tesla that has smashed into the central reservation of the M62, while Vicky and Steve receive reports of a badger crossing the Manchester Ship Canal via the M6. Series producer Jules Seymour (S) (HD)  
Followed by **5 News Update** (S) (HD)

**9.00 Endurance: Race to the Pole with Ben Fogle**

**RT 3/3. Terra Nova Expedition 1910-1913.** Ben and Dwayne Fields tackle the trials and tribulations faced by Robert Falcon Scott and his team on the ill-fated Terra Nova expedition to the South Pole from 1910-13. The duo face fierce storms as they drag their kit across the Polar Plateau. See page 61. Series director/producer Alexis Girardet (S) (HD)

**10.00 Casualty 24/7: Every Second Counts 2/10 Series 5.** It's forecast to be one of the hottest days on record at Barnsley Hospital – not ideal for the new junior doctors starting their first shift. (R) (S) (HD)

**10.55 Cricket World Cup**  
Action from the Australia v Sri Lanka group match in Lucknow, India. (S) (HD)

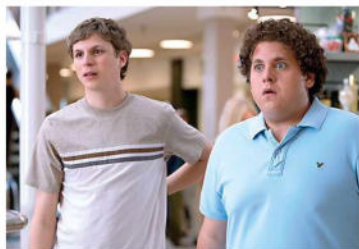
**12 midnight Police Interceptors** (R) (S) (HD)  
**1.00am LIVE NFL:** Monday Night Football: Los Angeles Chargers v Dallas Cowboys at SoFi Stadium (kick-off 1.15) (S) (HD) **4.30** Entertainment News (S) (HD) **4.40** Wildlife SOS (R) (S) (SL) **5.05** House Doctor (R) (S) (SL)

**C5** Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105  
**+1** Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

## BBC3

23



**Superbad** 10.00pm Evan and Seth embark on a quest to get alcohol

**7.00pm New series. Crazy Fun Park 1/10.** Drama about the ghosts of teenagers haunting an amusement park, and the living friend of their latest arrival. (S) (HD)  
**7.30 New. 2/10.** Chester struggles with his grief. More tomorrow 7pm. The whole series is on iPlayer from today. (S) (HD)  
Followed by **New. The Catch Up** (S) (HD)

**8.00 Top Gear**  
The presenters try to build motorhomes, before setting off for a weekend in the West Country to see how they perform in the real world. More tomorrow 8pm. (S) (HD)

**9.00 Jesy Nelson: "Odd One Out"**  
The former Little Mix star opens up about her abuse suffered from cyberbullies and its effects on her mental health. (S) (AD) (HD)

**10.00 Superbad ★★ ★★**  
**C** Comedy starring Jonah Hill and Michael Cera as Seth and Evan, two boys bonded by their lack of popularity. When the pair finally get invited to a party they embark on a quest to procure alcohol. On iPlayer for 28 days. **Review page 47.** Director Greg Mottola (2007, 15) (S) (W) (HD)  
Shown Saturday BBC1

**11.45 New series. The Bold Type 1/16 Series 4.** Jane, Sutton and Kat take matters into their own hands when Patrick is put in charge. More tomorrow 11.50pm. A box set is on iPlayer. (S) (HD)  
**12.25am RuPaul's Drag Race UK** (S) (HD)  
**1.35 BBC New Comedy Awards** (S) (HD) **2.05** The Fast and the Farmer-ish (S) (HD) **2.35** My Mate's a Bad Date (S) (HD) **2.55-3.55am** Jesy Nelson: "Odd One Out" (S) (SL) (AD) (HD)  
**BBC3 F'view 23/HD 107** (not Scot/Wales) **F'sat 179/HD 107** Sky 115 (117 Wales; 121 Scotland) **Virgin 107** (157 Scotland/Wales)

## ITV2

6

**5.00am** CITV: children's programmes (S) (HD)  
**9.00** One Tree Hill (S) (HD) **10.00** Dawson's Creek (S) (HD) **11.00** Dress to Impress (S) (HD)  
**12 noon** Dinner Date (S) (AD) (HD) **1.00pm** Alan Carr's Epic Game Show (S) (AD) (HD)  
**2.00** Chuck (S) (HD) **3.05** One Tree Hill (S) (HD) **4.00** Dawson's Creek: Dawson's ex is back (S) (HD) **5.00** Dinner Date (S) (AD) (HD)  
**6.00pm** **Celebrity Catchphrase** Charlotte Hawkins, Jeff Stelling and Andy Whymant attempt to guess the phrases. (S) (AD) (HD)  
**7.00 Alan Carr's Epic Game Show**  
The comedian continues his revival of five much-loved game shows with a brand new version of *The Price is Right*. (S) (AD) (HD)  
**8.00 Bob's Burgers** Series 12. Teddy faces his past when Linda encourages him to attend a farewell ceremony for the ship on which he served in the navy. (S) (AD) (HD)  
**8.30** Teddy and Linda are obsessed with a customer at the restaurant. (S) (AD) (HD)  
**9.00 New. Big Brother** The ultimate social experiment rolls on as the housemates live inside the iconic *Big Brother* house. (S) (HD)  
**10.00 New. Big Brother: Late and Live** Will Best and AJ Odudu talk to celebrity guests in front of a live audience. (S) (HD)  
**11.05 New. Family Guy** Series 21. Peter explains a sad story about Chris, who has to break up with his first love. (S) (AD) (HD)  
**11.35 New. American Dad!** Series 18. After crashing into the CIA sign, Stan is forced to be a co-leader for a Girl Scout troop. (S) (AD) (HD)  
**12.05am** Family Guy: double bill (S) (AD) (HD)  
**1.05** American Dad! (S) (AD) **1.30** Bob's Burgers (S) (AD) **2.30** Shopping with Keith Lemon (S) (HD) **2.45-3.00am** Unwind (S) (HD)  
**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115  
**+1** Freeview 29 Freesat 114 Sky 218 Virgin 318

## ITV3

10



**Heartbeat** 5.55pm Is the wife of PC Don Wetherby cheating on him?

**6.00am** Classic Emmerdale (S) **7.40** Classic Coronation Street (S) (AD) **8.10** Bless This House (S) **9.15** Where the Heart Is: **4/8** Series 8. *The Games We Play*. Billy resigns from the factory. Repeated 12.20am; **10.25 5/8** *Little Boy Blue*. Luke leaves hospital. Repeated 1.25am (S) (AD) **11.35** Heartbeat: **2/24**. An old villain with a score to settle returns, with explosive consequences; **12.40pm 3/24**. Joe and Carol clash over the best way to support a single mother, and there's a price to pay when a dog goes missing (S) (AD)  
**1.40pm** Classic Emmerdale: double bill. Siobhan blames herself for the tragedy, then Edna returns home from hospital but has to be carried into the house (S) **2.40** Classic Coronation Street: double bill. Bev and Ciaran get carried away in the Rovers, then Todd finds he can no longer fight his feelings for Nick (S) (AD) **3.50** Agatha Christie's Marple: *Towards Zero*. Miss Marple visits an old friend, Lady Tressilian, in Devon. But she finds herself in the midst of murder (S) (AD)

**5.55pm Heartbeat 4/24** Series 18. Joe and Rachel investigate a violent attack on a hippie. (S) (AD)  
**6.55 5/24**. Joe risks his career to help Dawson when she's accused of theft. (S) (AD)

**8.00 Endeavour 3/3** Series 9. *Exeunt*. A series of death notices in the *Oxford Mail* provide the clues to Endeavour's last case, while Thursday's past catches up with him. (S) (AD) (HD)

**10.00 Cracker 5/7** Series 3. *Best Boys 2/2*. Grady and Nash hide in an abandoned factory, unaware Fitz is hot on their trail. Temple blackmails Penhaligon, and Judith slides deeper into depression. Robbie Coltrane stars. (S) (AD)  
**11.10 6/7. True Romance 1/2. Fitz is surprised to receive love letters from a secret admirer who thinks he is perfect, but is soon brought back down to earth by the discovery of a murder victim. Continues tomorrow 10pm. (S) (AD)  
**12.20-2.30am** Where the Heart Is Shown 9.15am/10.25am (S) (AD)**

**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117  
**+1 F'view 59 (9pm-4am) F'sat 116 Sky 219 Virgin 317**

## ITV4

26

**6.00am** The Best of the 70s (S) (HD) **6.20** Minder (S) (SL) (AD) **7.20** The Professionals (S) (SL) (AD) **8.25** The Saint (S) **9.35** Magnum, PI (S) (AD) **10.35** BattleBots (S) (HD) **11.35** The Saint: an assassin targets Simon (S)  
**12.45pm** Dempsey and Makepeace (S) (AD)  
**2.45** Magnum, PI (S) (AD) **3.50** The Professionals (S) (AD) **4.50** Minder (S) (AD)  
**6.00pm New. BattleBots** The quest for the World Championship continues. (S) (HD)  
**7.00 The Chase Celebrity Special** A Good Morning Britain special edition. (S) (HD)  
**8.00 New. MotoGP Highlights** Action from the 15th round on Lombok island. (S) (HD)  
**9.00 New. The Grand Fishing Adventure** Ali Hamidi and Bobby Zamora's tour takes them to northern France. (S) (HD)  
**10.00 FILM Taken 2 ★★ ★** Action with Liam Neeson and Maggie Grace. (S) (AD) (W) (HD)  
**11.55** **Headthru: Britain's Busiest Airport** Fifteen months after it was closed due to the pandemic, Terminal 3 reopens. (S) (AD) (HD)  
**12.25am** Numan is tasked with finding 50 pieces of missing luggage. (S) (AD) (HD)  
**12.55 New. Motorsport UK** (S) (HD) **1.50** Minder (S) (SL) (AD) **2.45-6.00am** Unwind (S) (HD)  
**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118  
**+1** Freesat 118 Sky 220 Virgin 318

## Drama

20



**Miss Marple** 8.00pm The sleuth looks into visions of a strangled corpse

**7.10am** All Creatures Great and Small Repeated 4.20pm (S) **8.00** Doctors: double bill. Kate struggles to cope, then Dr Rawlings receives a dinner invitation (S) **9.20** Classic Holby City: Tara undergoes surgery. Malick tries to pluck up the courage to reveal to his son that he is gay. Repeated 2.40am (S) (HD)  
**10.40** Casualty: a woman is brought in claiming to have been mugged, but she is concealing something **11.45** The Bill: Kerry faces an explosive situation (S)

**12.50pm** Classic EastEnders: double bill. Janine pushes Paul too far and he can't contain his rage, then Janine tries to appear unconcerned about recent events **2.10** Pie in the Sky: **3/8** Series 5. Crabbe guards a sausage factory (S) **3.10** Bergerac: **9/9** Series 2. Jim investigates a Belgian stable girl's lifestyle **4.20** All Creatures Great and Small: **13/14** Series 2. *A Dog's Life*. James helps a cow through a difficult labour. Shown 7.10am **5.30** The Upper Hand: **12/13** Series 3 Charlie becomes a member of a golf club

**6.05pm 'Allo 'Allo! 16/26** Series 5. *The Exploding Bedpan* Alfonso is whisked to hospital with heart trouble after being interrogated. (S)

**6.40 Last of the Summer Wine** Series 15. *Concerto for Solo Bicycle* Foggy comes up with a crazy idea. (S)  
**7.20 There Are Gypsies at the Bottom of the Garden.** Foggy believes he has discovered a giant woodpecker. (S)

**8.00 Miss Marple 2/4** Series 2. *Sleeping Murder*. A dream home turns into a nightmare. (S) (AD)

**10.00 New Tricks 8/10** Series 10. *The One That Got Away* The hunt for a serial killer forces Sandra to rethink her career. (S) (AD) (HD)

**11.20 Dalziel & Pascoe 3/4** Series 2. *Deadheads*. A rose grower is suspected of being a serial killer. (AD)

**1.25am** Dancing on the Edge: **3/5** Series 1 As an attack on Jessie leaves the members of the band shocked (S) (AD) (HD) **2.40-4.00am** Classic Holby City Shown 9.20am (SL)

**Drama** Freeview 20 Freesat 158 Sky 143 Virgin 116  
**+1** Freeview 60 Sky 243 Virgin 316

## ITVBe

28

**7.00am** Billie and Greg: the Family Diaries (S) (HD) **8.00** Buying and Selling (S) (HD)  
**9.00** LittleBe: children's programmes (HD)  
**12 noon** Unboxed (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** The Only Way Is Essex (S) (HD) **2.05** Great Chocolate Showdown (S) (HD) **3.05** Million Dollar Listing: LA (S) (HD) **4.05** The Real Housewives of New Jersey (S) (HD) **5.00** The Real Housewives of Salt Lake City (S) (HD)  
**6.00pm** **Masters of Flip** Kortney and Dave Wilson plan a big addition for a house. (S) (HD)  
**7.00** **Buying and Selling** Help for a man who has created space problems. (S) (HD)  
**8.00** **The Big Bake: Halloween** Making Halloween romance-themed cakes. (S) (HD)  
**9.00 New. Chloe Madeley: a Family Affair** It's James's first Father's Day and Bodhi has her first swimming lesson. (S) (HD)  
**10.00 New. My Mum, Your Dad** Australia The last date for the couples before their kids decide if they agree with their picks. (S) (HD)  
**11.30** **Botched** The most memorable patients and their botched surgery stories. (S) (AD) (HD)  
**12 midnight** The Only Way Is Essex (S) (HD)  
**12.45-1.00am** Unwind (S) (HD)  
**ITVBe** Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

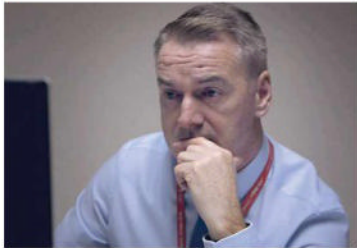
ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED





## More4

18



**24 Hours in Police Custody: Murder in the Woods** 9.00pm DC Kevin Hill

**8.55am** Kirstie's Vintage Gems **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: two editions **1.10pm** Heir Hunters **3.10** Four in a Bed **5.50** The Secret Life of the Zoo (AD) **6.55pm** **The Dog House Australia** Can a father-and-son duo see past Cara the beagle's anxiety and give her a shot? The Ford family look for a new canine companion for their nervous therapy dog Lucy. **7.55** **Grand Designs** Natasha wants to construct a home in rural Norfolk with two giant rooms designed to maximise the countryside views. She plans to build and clad the house with wood from the nearby forest, but she will not be allowed to live there unless it meets the most rigorous ecological standards. (AD) **9.00** **24 Hours in Police Custody: Murder in the Woods** Following an investigation by Bedfordshire Police into the killing of a young man in Cambridgeshire, whose blood-soaked body was found in the middle of some woods. Cameras follow the twists and turns of the investigation as detectives try to uncover what really happened to him. **11.00** **24 Hours in A&E** Eleven-year-old Jack is rushed to A&E after being hit by a motorbike on his way to secondary school. Meanwhile, a 24-year-old arrives after a head-on collision with another car. (AD) **12 midnight** 24 Hours in Police Custody: Murder in the Woods (AD) **2.00am** 24 Hours in A&E (AD) **3.05-3.40am** Food Unwrapped (AD)

**More4** F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

## E4

13

**6.00am** Hollyoaks Shown last Wed/Thu (AD) **7.00** Don't Tell the Bride **8.00** Melissa & Joey: double bill (AD) **9.00** Brooklyn Nine-Nine: double bill (AD) **10.00** The Big Bang Theory (AD) **11.00** The Goldbergs (AD) **12 noon** The Big Bang Theory (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family **4.00** Teen First Dates (AD) **5.00** The Big Bang Theory: two episodes of the sitcom (AD) **6.00pm** **The Big Bang Theory 10/23 Series 3** Bernadette takes an interest in physics. (AD) **6.30 11/23** Leonard's mother visits. (AD) **7.00** **New. Hollyoaks** Romeo and his friends put together a memorial for Rayne. Yazz opens up to Misbah. Rptd Wednesday 6.30am (AD) **7.30** **Young Sheldon 6/21 Series 3** Missy tries out for the baseball team. (AD) **8.00** **New. Modern Family 21/24 Series 4** Phil shares the secrets of selling houses. **8.30** **New. 22/24** The family gathers at the roller rink. First shown on Sky Showcase **9.00** **New. Married at First Sight UK** Another couple step into the unknown. **10.00** **New. Made in Chelsea** Sam Prince is about to learn that actions have consequences. **11.05** **Gogglebox** From March 2017. (AD) **12.10am** First Dates (AD) **1.15** Married at First Sight UK **2.20** Made in Chelsea (SL) **3.15** Below Deck Sailing Yacht (AD) **4.00** Brooklyn Nine-Nine (AD) **4.50-6.00am** Black-ish (AD)

**E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 181 Sky 138 (139 Scot) Virgin 287

## Really

17

**6.00am** Fantasy Homes **7.00** Shopping **8.00** Salvage Hunters **10.00** Yorkshire Auction House **11.00** Antiques Road Trip (AD) **12 noon** Money for Nothing **1.00pm** A Place in the Sun **2.00** My 600lb Life **4.00** Animal Cops (AD) **5.00** Cornwall Air 999 **6.00** Yorkshire Auction House **7.00** Antiques Road Trip **9.00** **New** Great Antiques Challenge **10.00** Repair Shop **11.00** Ghost Adventures (AD) **12 midnight** Dead Files **1.00am** Ghost Adventures (AD) **2.00** Shopping **4.00** Animal Cops (AD) **5.00-6.00am** Money for Nothing **Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

**BBC News** Freeview 231 Freesat 212 Sky 503 Virgin 601 **Sky News** Freeview 233 Freesat 202 Sky 501 Virgin 603 BT 313

## Sky Arts

11



**The Michelangelo Code: Secrets of the Sistine Chapel** 9.00pm

**6.00am** Verdi: Stiffelio **8.00** The Joy of Painting: double bill **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Sally Field **12 noon** The Joy of Painting **1.00pm** Tales of the Unexpected (AD) **2.00** Art Traffickers: Treasures Stolen from the Tombs (AD) **3.00** Boswell and Johnson's Scottish Road Trip **4.00** Discovering: Tom Hanks **5.00** Tales of the Unexpected: double bill (AD) **6.00pm** **Alfred Hitchcock Presents** A woman believes her husband is a murderer. **6.30** A man is persuaded to challenge his wife's lover to a duel after being told that he would get special treatment in court. **7.00** **The Joy of Painting** Bob Ross reveals the secret to creating a larger-than-life landscape with layers of mountains. **7.30** A scene featuring a silvery lake. **8.00** **André Rieu: Dance the Night Away** A concert by the Dutch violinist and his Johann Strauss Orchestra in Maastricht. **9.00** **The Michelangelo Code: Secrets of the Sistine Chapel** Waldemar Januszczak searches for the code hidden in the ceiling of the chapel of the Apostolic Palace in Vatican. **11.20** **Michelangelo: Saint or Sinner?** The complex history of Michelangelo's commission to create the mausoleum of Pope Julius II, which took 40 years to complete. **1.10am** Ugly Beauty **2.30** Matt Damon: off Camera **3.45** National Trust: National Treasures (AD) **5.00-6.00am** The South Bank Show **Sky Arts** Freeview 11 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Come Dine with Me: five editions from Kent (AD) **11.30** A Place in the Sun **12.30pm** A New Life in the Sun **1.30** The Great House Giveaway **2.30** Find It, Fix It, Flog It (AD) **3.30** Come Dine with Me (AD) **6.00pm** **A Place in the Sun** A south London pair seek a property in Marbella, southern Spain, with a budget of £250,000. **7.00** **Help! We Bought a Village Ep 1 Series 2** A lawyer falls in love with the village his forefathers left behind. Shown 5pm C4 **8.00** **Handmade: Britain's Best Woodworker Ep 2 Series 3** The remaining enthusiasts have just two days to make a freestanding clock. See choice, page 50. Shown yesterday 8pm Channel 4 (AD) **9.00** **Gogglebox Ep 6** The armchair critics share their opinions on recent TV. (AD) **10.00** Views on *Starstruck* and *The Piano*. (AD) **11.05** **FILM** *Knives Out* ★★★★★ Murder mystery comedy starring Daniel Craig. "Gentleman detective" Benoit Blanc is summoned to the home of a wealthy author who has been found with his throat slit. **Review p47**. Shown Sat 9.30pm C4 (AD) **1.35am** Celebrity SAS: Who Dares Wins (AD) **2.40** Don't Look Down for SU2C (AD) **3.45-4.45am** 999: on the Front Line

**4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

## Quest

12

**6.00am** How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Shed and Buried (AD) **4.00** Salvage Hunters: 5.00 Salvage Hunters: the Restorers **6.00** Wheeler Dealers: Dream Car **7.00** Outback Opal Hunters **8.00** Salvage Hunters **9.00** **New** Aussie Gold Hunters **10.00** Jade Fever **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Chasing Classic Cars **3.00** Salvage Hunters: Classic Cars **4.00-5.00am** How It's Made

**Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 337

## Yesterday

27



**Train Truckers** 9.00pm Programme dropped after going to press

**6.10am** Monster Ships **8.00** Abandoned Engineering (AD) **10.00** Narrow Escapes of World War II (AD) **11.00** World War Weird **12 noon** Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash **4.00** World War Weird **5.00** Narrow Escapes of World War II (AD) **6.00pm** **Great British Railway Journeys Goes to Ireland** From Dromed to Sligo. **6.30** Michael Portillo heads to Westport. **7.00** **Antiques Roadshow** Fiona Bruce presents this edition of the show from Osborne House on the Isle of Wight. **8.00** **Canal Boat Diaries** Robbie Cumming travels along the Rochdale Canal from Sowerby Bridge to Manchester. **9.00** **Bangers and Cash** A beautiful looking sports car has been fooling the punters and intriguing Derek. **10.00** A rare 1926 Dodge bus is collected and a rare Vauxhall Victor VX 90 police car is also featured. **11.00** **Abandoned Engineering** The construction of the Vajont Dam. (AD) **12 midnight** Great British Railway Journeys Goes to Ireland **1.00am** Monster Ships **2.00-3.00am** The Architecture the Railways Built (AD) **Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1** Sky 255 Virgin 329

## Dave

19

**7.10am** Exploration Volcano (AD) **8.00** Border Force: America's Gatekeepers (AD) **9.00** The Force: Behind the Line **10.00** Inside the Factory **11.00** Rick Stein's French Odyssey **12 noon** Storage Hunters UK **1.00pm** Top Gear (AD) **4.00** Pointless **5.00** Rick Stein's Cornwall **6.00** Rick Stein's French Odyssey **7.00pm** **Richard Osman's House of Games** Roger Black, Jo Brand, Sanjeev Kohli and Tiff Stevenson take part in the quiz. **7.40** With Samantha Womack, Rory Reid, Anne Diamond and James Acaster. **8.20** **Would I Lie to You?** Guests include Gareth Malone and Amanda Abbington. **9.00** **QI** With guests Susan Calman, Maisie Adam and Josh Widdicombe. **10.00** **QI CHOICE** **New. Big Zuu's Big Eats 4/8 Series 4**. Zuu and the boys welcome comedian Ellie Taylor. See page 61. (AD) **10.40** **Mock the Week** With Angela Barnes, Ed Gamble, Rhys James, Milton Jones and Maisie Adam. Dara O Briain presents. **11.20** **QI XL** Extended edition of the quiz. **12 midnight** David Mitchell's Outsiders: the Outsiders attempt smuggling (AD) **1.00am** Mock the Week **1.40** Would I Lie to You? **2.20** Richard Osman's House of Games **3.00** Sliced (AD) **3.35-4.00am** Whose Line Is It Anyway? USA

**Dave** F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave** **Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

## London Live

8

**6.00am** Space 1999 **7.00** Department S **8.00** Destination Flavour: China **9.00** Plane Crash Re-created **10.00** Castle Builders **11.00** World Natural Heritage: Colombia **12 noon** Monkey **1.00pm** **FILM** The Slipper and the Rose ★★ **3.45** **FILM** High Rise Donkey ★★ **5.00** World War II: The Price of Empire **6.00pm** News **7.00** The World's Most Extraordinary Families **8.00** The Fall and Rise of Reginald Perrin **8.45** Secrets of London with Mark Monroe **9.00** Raiders of the Lost Art **9.30** Raiders of the Lost Art **10.00** **FILM** Whitney: Can I Be Me ★★★★★ **12.05am** **FILM** A Shock to the System ★★ Black comedy starring Michael Caine **1.55** **FILM** Detachment ★★ **Drama** **4.00** David Attenborough's Light on Earth **5.00-6.00am** Plane Crash Re-created: Boeing 747

**London Live** Freeview 8 Sky 117 Virgin HD 159 Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** NCIS (AD) **12 noon** Law & Order **6.00pm** NCIS Series 8. Triple bill. Gibbs and the team attend a funeral **7.00** Series 9 Tony tries to piece together the chain of events that led to him being shot **8.00** A US marine is stabbed on the way to a party (AD) **9.00** **New**. The Blacklist Series 3. The FBI seeks a broker who is planning a union of two warring crime families First shown on Sky Witness **10.00** Law & Order: Special Victims Unit Series 5. Double bill. A billionaire is accused of paedophilia, then an assistant district attorney is murdered **12 midnight** Criminal Minds **1.55am** Lucifer **3.35-4.00am** Criminals: Caught on Camera **5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

## 5 Star

32

**8.00am** Bargain-Loving Brits in the Sun **10.00** Casualty 24/7: Every Second Counts **11.00** GPs: behind Closed Doors **12 noon** Traffic Cops **2.00pm** Police Interceptors **5.00** Car Pound Cops: Give Me My Car Back! **6.00pm** **Home and Away** Eden and Cash support Felicity. Shown 1.45pm C5 (AD) **6.30** **New**. Tane is blindsided by Felicity's decision to exclude him from the Restorative Justice process. Rptd tomorrow 1.45pm C5 (AD) **7.00** **GPs: behind Closed Doors** Octogenarian couple Ken and Joan have concerns. (AD) **8.00** **Casualty 24/7: Every Second Counts** A 56-year-old man is found unconscious. **9.00** **New. Killer at the Crime Scene 8/18 Series 3**. The fatal shooting of a skateboarder. **10.00** **Evil Up Close: Women Who Kill** A scorned lover serves her cheating lover his last-ever meal after a 16-year romance. (AD) **11.00** **Ambulance: Code Red** A joiner collapses from a cardiac arrest. **12 midnight** 999: Emergency Call Out **1.00am** **New**. Skin A&E (AD) **2.00** **GPs: behind Closed Doors** **2.50-3.00am** Entertainment News **5 Star** Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scot) Virgin 326

## 5 Action

33

**915am** Outback Truckers **10.15** Traffic Cops **11.15** Police Interceptors: officers raid a home **12.20pm** **FILM** In Old California ★★ (BW) **2.10** **FILM** Chief Crazy Horse ★★ Western **4.00** Trucking Hell **5.00** Traffic Cops **6.00pm** **Police Interceptors** The team stop a coachload of cage fighters. **7.00** Kev and Steve go on the hunt for suspected heroin dealers. **8.00** **Trucking Hell** Gary leads a complex mission to rescue a burnt-out low loader and cabin in the Scottish Borders. **9.00** **FILM** *Fire with Fire* ★★ Action crime drama starring Josh Duhamel and Bruce Willis. After witnessing a racist double murder, fireman Jeremy Coleman is put into witness protection. But when he begins a relationship with one of his protection officers, they become a target for the murderers. **11.00** **FILM** *The Punisher* ★★ Action crime thriller based on the Marvel comic, starring Dolph Lundgren as the Punisher, a vigilante out to avenge the death of his family. **12.45am** Fights, Camera, Action! **1.50** Sinkholes **2.55-3.00am** Entertainment News

**5 Action** Freeview 33 Freesat 132 Sky 150 Virgin 130

## 5 Select

46

**9.00am** Cash in the Attic (AD) **11.00** The Yorkshire Vet **1.00pm** Around the World by Train with Tony Robinson **2.00** The Yorkshire Vet **4.00** The Highland Vet **5.00** Ben Fogle: New Lives in the Wild **6.00pm** **The Yorkshire Vet** Following life at a veterinary practice in North Yorkshire. (AD) **6.30** **Jane McDonald: Cruising Scandinavia** Jane visits Estonia, Russia, Finland and Sweden. **8.00** **Into Death Valley with Nick Knowles** Nick ventures into south-west America. **9.00** **Dan and Helen's Pennine Adventure** The pair begin the next leg of their journey. **10.00** **Forged in Fire** Creating the Falchion. **11.00** **Drain the Oceans: Secrets of the Civil War** Civil War secrets under water. **12 midnight** Forged in Fire: double bill **2.00-3.00am** The Greatest Mysteries of Humanity: do werewolves truly exist? (AD)

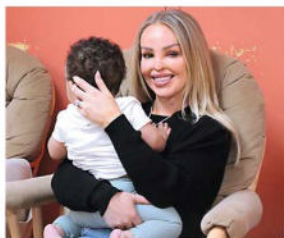
**5 Select** F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

**FREEVIEW TV and film channels continue overleaf**



# MONDAY Freeview & films

## W 25



**Katie Piper's Jailhouse Mums**  
8.00pm The US Bible Belt

**6.10am** Simply Nigella (AD) **7.00** My Dream Home **8.00** Tipping Point **10.00** DIY SOS: the Big Build **12 noon** DIY SOS: Homes for Veterans **1.00pm** Tipping Point **4.00** My Dream Home

**6.00pm Property Brothers: Forever Homes** Improving the layout of a single-level home.

**7.00 DIY SOS: the Big Build** Transforming an Epsom home.

**8.00 Katie Piper's Jailhouse Mums** Katie visits a faith-based alternative to prison. (AD)

**9.00 DIY SOS: Million Pound Build for Children in Need** Reconstructing a Peterborough centre for disabled children.

**10.00 999 Rescue Squad** The team treat a lorry driver trapped behind his twisted steering wheel.

**11.00 Louis Theroux: Surviving America's Most Hated Family** The Westboro Baptist Church. (AD)

**12.20am** One Born Every Minute **1.25-3.00am** Plate of Origin

**W** F'view 25 F'sat 156 Sky 132 (133 Scotland) **Virgin** 125 **+1 Sky** 232 (233 Scotland) **Virgin** 325

## Pick 36

**7.00am** Border Security: Canada's Front Line **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** Highway Cops (AD) **11.00** Highway Patrol (AD) **12 noon** Motorway Patrol **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare **4.00** Stargate Atlantis **5.00** Stargate SG-1 **6.00pm** Star Trek: Enterprise **7.00** Star Trek: Voyager **8.00** **New.** Magnum P.I.: a 12-year-old girl asks Higgins for help cracking a triple murder (AD) **9.00** **New.** Murder in Amish Country: two episodes (AD) **11.00** **New.** Snapped: detectives race to find a retired, paranoid nuclear physicist **12 midnight** How I Caught the Killer (AD) **1.00am** Brit Cops: Rapid Response (AD) **2.00** Road Wars **3.00** Highway Patrol (AD) **4.00** Motorway Patrol **5.00-6.00am** Highway Cops (AD)

**Pick** F'view 36 F'sat 144 Sky 151 Virgin 135

## HGTV 44

**7.00am** Renovation Island **8.00** Love Your Garden (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Fantasy Homes by the Sea **12 noon** My Lottery Dream Home: double bill **1.00pm** Good Bones **2.00** Flip Or Flop Atlanta **3.00** Love Your Garden (AD) **4.00** Escape to the Country **5.00** Renovation Island **6.00** A Place in the Sun **7.00** Fantasy Homes by the Sea **8.00** Your Home Made Perfect **9.00** **New.** Inn the Works: double bill **10.00** **New** Celebrity IOU **11.00** Good Bones **12 midnight** Fantasy Homes by the Sea **1.00am** Renovation Island **2.00** Love Your Garden (AD) **3.00-4.00am** My Lottery Dream Home: double bill

**HGTV** F'view 44 F'sat 166 Sky 158 Virgin 191 **+1 Sky** 258 Virgin 391

**FREEVIEW channels continued from leaflet**

## Food Network 43



**The Julia Child Challenge**  
10.00pm Antonia Lofaso

**6.00am** Trisha's Southern Kitchen **7.00** The Pioneer Woman **8.00** Barefoot Contessa: back to Basics **9.00** **New series.** The Kitchen **10.00** Jamie's Quick and Easy Food **11.00** River Cottage Road Trip **12 noon** The Great British Bake Off **2.00pm** James Martin's Mediterranean **3.00** Nadiya's American Adventure **4.30** Barefoot Contessa: back to Basics **5.00** **New.** The Pioneer Woman **6.00pm** James Martin's Mediterranean **7.00** The Great British Bake Off **8.00** River Cottage Road Trip **9.00** **New** Sophie Grigson: Slice of Italy: double bill. The chef provides a culinary insight into her new life in Puglia **10.00** **New series.** The Julia Child Challenge: double bill. Eight home cooks compete by making a dish that changed their lives, then the cooks' first dish is inspired by coq au vin, a favourite of Julia's husband, Paul. **12 midnight** **New.** Guy's Grocery Games: with four home cooks **1.00am** Restaurant: Impossible **2.00-3.00am** Halloween Baking Championship

**Food Network** F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin** 190 **+1 F'sat** 149 Sky 240 (241 Scot)

## Great TV 50

**8.00am** Diagnosis Murder **9.00** Sue Thomas: F.B.Eye: double bill **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M\*A\*S\*H **9.00** Randall and Hopkirk (Deceased): a murderous stage act is investigated **10.00** The Persuaders!: mystery surrounds a mansion **11.00** Return of the Saint **12 midnight** M\*A\*S\*H: four editions **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50-5.00am** Movie News

**Great TV** Freeview 50 (limited) **Freesat** 142 Sky 157 Virgin 170 **+1** **Freesat** 143 Sky 257

## RealityXtra 68

**9.00am** Medical Detectives **11.00** 48 Hours **1.00pm** Murder by the Sea: double bill. How Jason Mitchell strangled pensioners Arthur and Shirley Wilson and dismembered his father, then how Roger and Josie Hartland were stalked by their home's previous owner **3.00** Medical Detectives: four editions **5.00** 48 Hours: double bill **7.00** Judge Judy: fourteen editions **1.00am** 48 Hours **2.50** Murder by the Sea **4.45-6.00am** Medical Detectives

**RealityXtra** Freeview 68 **Freesat** 134 Sky 147 Virgin 172

## BBC Parliament 232

**6.00am** Select Committees **9.00** Senedd Cymru: Welsh Parliament **10.20** Welsh First Minister's Questions **11.20** Select Committees **2.30pm** Live Levelling Up, Housing and Communities Questions: coverage of questions in the House of Commons **3.30** Live House of Commons: live coverage of the day's proceedings **11.00** Lords Questions: recorded coverage **11.40-7.00am** House of Lords **BBC Parliament** Freeview 232 **Freesat** 201 Sky 504 Virgin 605

## PBS America 84



**The Long Road to War**  
8.30pm Kaiser Wilhelm II

**8.25am** Billy the Kid **9.35** Who Killed Ivan the Terrible? **10.35** The Long Road to War **11.50** Shanghai 1937: Where World War II Began **1.00pm** Beautiful Serengeti **1.30** Billy the Kid **2.40** Who Killed Ivan the Terrible? **3.45** The Long Road to War **5.00** Shanghai 1937: Where World War II Began

**6.15pm Billy the Kid** The story of the American outlaw who repeatedly escaped capture.

**7.20 Who Killed Ivan the Terrible?** Criminologist David Wilson investigates the Russian dictator's mysterious death.

**8.30 The Long Road to War 1/2** An examination of the events that led to the First World War, using archive footage and interviews.

**9.45 Shanghai 1937: Where World War II Began** The events that led to the Battle of Shanghai.

**10.55 Who Killed Ivan the Terrible?** As 7.20pm.

**12 midnight** The Long Road to War **1.15-2.00am** Beautiful Serengeti

**PBS America** F'view 84 (1pm-12 midnight only) **Freesat** 155 Sky 174 Virgin 187

## Blaze 64

**6.00am** Hardcore Pawn **7.45** Storm Stories **8.40** Ancient Aliens **10.40** The Curse of Oak Island **11.40** Britain's Most Historic Towns **12.40pm** Storage Wars **1.05** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Storm Stories **7.00** Storage Wars: double bill. Mary finally manages to find a vintage goodie in El Monte, then the buyers try their luck at a new facility in La Habra **8.00** Dickinson's Real Deal: the team visits Barrow-in-Furness, Cumbria **9.00** The Jesus Strand: a Search for DNA: documentary about the search for Christ's descendants **11.00** WW2 Treasure Hunters **12 midnight** The Curse of Oak Island **1.00am** Storm Stories **2.00** Auction Kings **3.00** Dickinson's Real Deal **3.45** Storage Wars **4.10** Forged: Iron and Fire **5.00-6.00am** Pawn Stars

**Blaze** F'view 64 F'sat 162 Sky 164 Virgin 174

## Challenge 48

**7.00am** The Chase **10.00** Catchphrase **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Pointless Celebrities (AD) **2.00** Who Wants to Be a Millionaire? **3.00** Blockbusters **4.00** Bullseye: four editions **6.00pm** Who Wants to Be a Millionaire? **7.00** Weakest Link: Anne Robinson hosts another round of the general knowledge contest, where teamwork goes hand in hand with greed **8.00** The Chase: double bill **10.00** Who Wants to Be a Millionaire?: Chris Tarrant hosts the big-prize quiz, inviting another line-up of contestants to answer questions that could change their lives **11.00** Bullseye **12 midnight** Weakest Link **1.00am** The Chase **4.00** Who Wants to Be a Millionaire? **5.00-6.00am** Bullseye: double bill of the darts-based quiz (AD) **Challenge** Freeview 48 **Freesat** 146 Sky 145 Virgin 139

## CHILDREN'S

### Milkshake! on C5

**5.35am** Peppa Pig **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Daisy & Ollie **6.10** Milkshake! Monkey **6.15** Peppa Pig **6.25** **New.** Oggy Oggy **6.35** Odo **6.45** **New series.** Tweedy & Fluff **6.50** Fireman Sam **7.00** Thomas & Friends: All Engines Go! **7.10** Peppa Pig **7.20** Paw Patrol **7.35** Pip and Posy **7.50** The Adventures of Paddington **8.05** Chip and Potato **8.20** Milo **8.30** Paw Patrol **8.45** Ben and Holly's Little Kingdom **8.55-9.15am** Peppa Pig

**Full listings for Channel 5 are on p64**

### CBeebies 202

**6.00am** Colourblocks **6.05** Vegesaurus **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05** **New series.** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Steve and Aneshwar Go Wild **8.30** My Petsaurus **8.35** Justin's House **8.55** Small Potatoes **9.00** Bing **9.10** **New.** Yakka Deel **9.15** Love Monster **9.20** Diddap **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Tiny Wonders **10.40** Hey Duggee **10.45** Vegesaurus **10.50** Gecko's Garage **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** Nick Cope's Popcast **11.30** Down on the Farm **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Waffle the Wonder Dog **12.30** Get Well Soon **12.40** Andy's Prehistoric Adventures **1.00** Yakka Deel **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Diddap **2.25** Supertato **2.35** Go Jetters **2.45** Time for School **2.55** Small Potatoes **3.00** Andy's Dinosaur Adventures **3.15** Get Set Galactic **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Fred & Pete's Treasure Tales **4.10** Small Potatoes **4.15** **New.** The Game Catchers **4.25** Bluey **4.40** **New.** Supertato **4.45** Go Jetters **5.00** Molly and Mack **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories

**CBeebies** F'view 202 F'sat 608 Sky 608 Virgin 702

### CBBC 201

**7.00am** Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** **New.** Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Hey You What If? **8.40** Operation Ouch! **9.10** Deadly 60? **9.40** Game on Grandparents **10.00** Lagging **10.25** Horrible Histories **10.55** Lifebabble **11.00** Bitesize Daily **11.20** Ricky Wilson's Art Jam **11.35** Our School **12 noon** Danger Mouse **12.45pm** Boy Girl Dog Cat Mouse Cheese **1.30** Sketchy Comedy **1.35** Dennis & Gnasher **2.10** 4o'Clock Club **2.40** Deadly Mission Shark **3.10** The Deep **3.30** Danger Mouse **3.40** Ninja Express **3.55** Taffy **4.05** Grizzly and the Lemmings **4.20** Boy Girl Dog Cat Mouse Cheese **4.35** Monster Loving Maniacs **4.45** Odd Squad **5.00** OoGies Funszie **5.05** Total Dramarama **5.15** Summer Camp Island **5.30** **New.** The Football Academy **6.00** Malory Towers **6.25** Blue Peter Challenge **6.35-7.00pm** The Next Step

**CBBC** F'view 201 F'sat 607 Sky 607 Virgin 701

### ITV Kids

**Streamed on ITXV Kids, plus on ITV2 5am-9.00 and on ITVBe 9am to 12 noon**

**ITV2**  
**5.00am** Captain Underpants **5.25** Scooby-Doo **5.45** Craig of the Creek **6.10** Teen Titans Go! **6.35** Looney Tunes **7.10** Jurassic World Camp Cretaceous **7.30-9.00am** Scooby-Doo

### ITVBe

**9.00am** Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Ollie **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Postman Pat **11.35** Mumfie **11.45-12 noon** Pip Ahoy!

## FILMS

### Film4 14

**11.00am Samson and Delilah** ★★ Victor Mature stars as the legendary hero whose strength lies in the length of his hair in this thumping biblical epic from director Cecil B DeMille. Hedy Lamarr (1949, 12) (S) (AD) **1.40pm Detective Story** ★★ Intense, claustrophobic crime drama about a detective under pressure at home and in the squad room. Kirk Douglas, Eleanor Parker (1951, 12) (S) (AD) **3.55 The Quiet Man** ★★ John Wayne plays a boxer who returns to his Irish roots and falls for fiery Maureen O'Hara in this utterly charming, Oscar-winning slice of blarney. (1952, 12) (S) (AD)

**6.35pm Tolkien** ★★ Good-looking but superficial biopic about the life of the author of *The Lord of the Rings*. **Review, right.** Nicholas Hoult, Lily Collins (2019, 12) (S) (AD) **9.00 Indiana Jones and the Temple of Doom** ★★ This thrilling outing for Harrison Ford's intrepid hero sees him set out to return a magical stone to its village. Kate Capshaw (1984, 12) (S) (AD)

**11.20 Coming to America** ★★ Eddie Murphy's pampered African prince looks for a wife in New York in this entertaining romcom. Arsenio Hall (1988, 15) (S) (AD)

**1.40-3.35am Hitman** ★★ Flashy but insubstantial action crime thriller about a genetically engineered contract killer. Timothy Olyphant, Dougarg Scott (2007, 15) (S) (AD)

**Film4** Freeview 14 **Freesat** 300 Sky 313 Virgin 428 **+1 F'view** 47 F'sat 301 Sky 314 Virgin 430

### Talking Pictures TV 82

**6.00am Cotton Queen** ★★ Creaky comedy about feuding cotton-mill owners. Will Fyfe, Stanley Holloway (1937, 12) (S) **7.40 It's a Great Day** ★★ British comedy about a suburban family living with postwar austerity. Ruth Dunning, Edward Evans (1955, 12) (S) **9.00 Down among the Z-Men** ★★ Dismal army romp featuring all four founders of *The Goon Show*. (1952, 12) (S) **10.25 The Triumph Car Club on Tour in the 60s** A tour around Europe. **10.50 Blind Date** ★★ Stanley Baker investigates a murder in this daring crime drama. (1959, 12) (S) **12.40pm Seven Days to Noon** ★★ Tense British Cold War thriller with Barry Jones as a nuclear scientist. **Review, right.** (1950, 12) (S) **2.30 Crown Court** TV legal drama. (S) **3.00 The Saint** TV drama. (S) **4.00 Lease of Life** ★★ Robert Donat's Yorkshire vicar has only months to live. (1954, 12) (S) **6.00pm The Footage Detectives** Vintage TV clips and reels. (S) **7.00 Tight Spot** ★★ Thriller about a moll who needs convincing if she is to give evidence against a gangster. Ginger Rogers (1955, 12) (S) **9.00 The Gold Robbers** TV drama starring Peter Vaughan. (S) **10.05 The Cheap Detective** ★★ Peter Falk plays a sleuth in this delightful parody of Humphrey Bogart films. **Review, right.** (1978, 12) (S) **11.55 The Cat Burglar** ★★ Crime yarn in which a thief steals a top secret notebook. Jack Hogan (1961) (S) **1.15am Human Desire** ★★ Atmospheric film noir about a murderous love triangle. (1954, 12) (S) **3.05 Wish You Were Here** ★★ Vibrant 1950s-set comedy drama with Emily Lloyd as a rebellious, sexually curious teen. (1987, 15) (S) **4.50-6.00am The Big Day** ★★ Shallow social drama. Donald Pleasence (1960) (S) **Talking Pictures TV** Freeview 82 **Freesat** 306 Sky 328 Virgin 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED





# FILM REVIEWS

## Great Movies 34

**9.00am Marriage of Lies** ★★  
Convuluted TV-movie thriller. April Bowlby (2016, 15) **11.00 Gone Missing** ★★  
Mums team up to find their daughters. Daphne Zuniga, Lauren Bowles (2013, 12) **1.00pm Autumn in the Vineyard** ★★ Rival winemakers want the same piece of land. (2016) **3.00 October Kiss** ★★  
Fun Halloween romance. Ashley Williams, Sam Jaeger (2015) **5.00 Brace for Impact** ★★ Uneven thriller about events around a plane crash. (2016, PG) **7.05pm Paul Blart: Mall Cop** ★★  
Fitfully funny comedy about a security guard. Kevin James (2009, PG) **9.00 Mr Brooks** ★★ The presence of William Hurt and Kevin Costner lift this thriller. Demi Moore (2007, 18) **11.20 The Forgotten** ★★  
Psychological mystery thriller with some effective jolts. (2004, 12) **1.00am 13** ★★ Sam Riley is entered into a Russian Roulette competition in this occasionally tense thriller. (2009, 15) **3.00 Wild West Chronicles 4.00-5.40am Black Widow** ★★  
By-the-numbers thriller about a journalist investigating murders. (2007, 12) **Great Movies** Freewiew 34 Freesat 302 Sky 321 Virgin 425 **+1 Freewiew 61 (limited 10pm-5am) Sky 322**

## Great Action 42

**8.00am Wild West Chronicles 9.00 The Walking Hills** ★★ Smartly written treasure-hunt western with an effective desert setting. Randolph Scott, Ella Raines (1949) **10.45 War in the Jungle 12 noon Wild West Chronicles 1.00pm The Quick and the Dead** ★★  
Superior TV-movie western with eye-catching performances. Sam Elliott, Tom Conti (1987, PG) **2.55 Hellgate** ★★ Unremittingly grim western. Sterling Hayden (1952, PG) **4.40 Battle of Crete 5.35 Depth Charge** ★★  
Mediocre submarine thriller. (2008, 15) **7.20pm Deadly Voltage** ★★  
Low-budget disaster drama about a lightning storm. Mike Dopud (2015, PG) **9.00 Kickboxer** ★★ Jean-Claude Van Damme seeks revenge for his injured brother by becoming the ultimate fighter. (1989, 18) **11.10 Bullet** ★★ Danny Trejo stars as an undercover cop hunting a drugs kingpin. Jonathan Banks (2014, 15) **12.55am The Net** ★★ Watchable cyber-thriller. Sandra Bullock, Jeremy Northam (1995, 12) **3.05 Battle Honours 4.05-5.00am Battle of Kursk** **Great Action** Freewiew 42 (limited) F'sat 305 Sky 323 Virgin 426 **+1 Sky 324**

## Great Movies Christmas 52

**8.00am Christmas in Palm Springs** ★★ Sunny drama. (2014, PG) **10.00 Family for Christmas** ★★  
A woman is given a glimpse of an alternate life. (2015, PG) **12 noon Merry Ex-Mas** ★★ Snowbound with the ex-wife. (2014) **2.00pm A Christmas Kiss** ★★ A kiss sparks off a series of complications. (2011, PG) **4.00 Another Christmas Kiss** ★★ Easy-going romcom. Elisabeth Harnois (2014, PG) **6.00pm Christmas on Holly Lane** ★★ Childhood friends rally in a crisis. Sarah Lancaster (2018, PG) **8.00 Deck the Heart** ★★  
A businessman falls for a party planner. Joe Kurak, Eliza Roberts (2021) **10.00 Deck the Halls** ★★ This fantasy needs a lot of goodwill to sustain interest. Gabrielle Carteris (2005, PG) **12 midnight Instant Message** ★★  
Romcom about two penpals. (2005, PG) **2.00am Highway to Heaven 3.00-5.00am The Secret of the Nutcracker** ★★ Dark reworking of Tchaikovsky's ballet. Brian Cox (2007) **Great Movies Christmas** Freewiew 52 Freesat 303 Sky 319 Virgin 424 **+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320**

## Sky Premiere

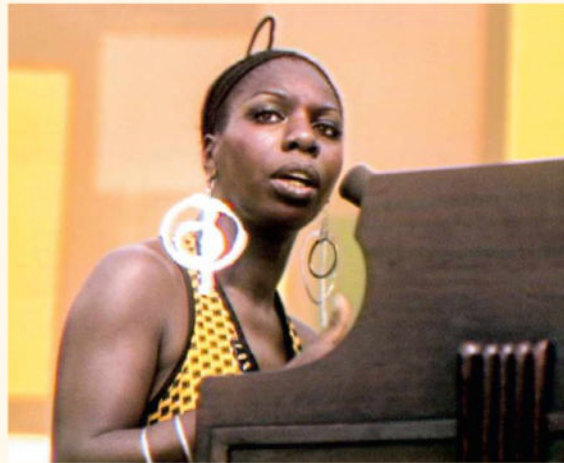
**6.00am Sick** ★★ A lake-house retreat turns deadly for two friends in this slasher thriller. Gideon Adlon (2022) **7.40 As 5.50pm 9.50 As 8pm 12.30pm As 10.40pm 2.10 Mob Land** ★★ Crime-by-numbers heist drama. Shiloh Fernandez, John Travolta (2023, 15) **4.05 Shrapnel** ★★ No nonsense action thriller. Jason Patric (2023, 15) **5.50pm Champions** ★★ Coach Woody Harrelson has a lot to learn in this good-natured sports comedy drama. **Review p38.** (2023, 12) **8.00 The Fabelmans** ★★ Lively and melancholic late-career masterpiece from director Steven Spielberg. **Review p38.** (2022, 12) **10.40 Cocaine Bear** ★★ Partly based on a bizarre true story, this oddball thriller finds a drugged-up black bear on the loose. (2023, 15) **12.20am Unwelcome** ★★ Creepy comedy horror about a city couple moving into an Irish cottage. Hannah John-Kamen (2022, 15) **2.05 God Is a Bullet** ★★ A vengeful detective must save his daughter from a cult in this dark road movie. Nikolaj Coster-Waldau (2023) **4.10 As 2.10pm Sky Premiere Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312**

## Legend 41

**8.00am Walker, Texas Ranger 9.00 The Six Million Dollar Man 10.00 Star Trek: Deep Space Nine 11.00 Stormageddon** ★★ Low-budget eco-disaster movie. John Hennigan (2015, 12) **1.00pm Premonition** ★★ Uneven blend of sci-fi and supernatural thrills. (2004, 12) **3.00 Rear Window** ★★ Made-for-TV remake. **Review, right.** (1998, PG) **5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi series starring Lee Majors. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 In a Valley of Violence** ★★ Ethan Hawke's drifter gets into trouble in a sleepy town in this western. **Review, right.** (2016, 15) **11.00 The Humanity Bureau** ★★ Bland post-apocalypse sci-fi starring Nicolas Cage. (2017, 15) **12.55am Hellraiser III: Hell on Earth** ★★ Surprisingly good horror sequel. Terry Farrell (1992, 18) **2.45-4.30am The Taking of Deborah Logan** ★★ Creepy found-footage horror thriller. (2014, 15) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

## HorrorXtra 69

**8.00am Dark Skies** ★ Toxic rain causes havoc in this sci-fi thriller. Shawn Roberts (2009) **10.00 Farscape 11.00 Megalodon** ★★ Low-budget take on shark flick *The Meg* with Michael Madsen as a US Navy admiral up against a prehistoric monster. (2018, 15) **1.00pm Lord of the Elves** ★★ *Lord of the Rings*-style mockbuster about an enslaved tribe that turns to humans for help. Christopher Judge (2012, 12) **3.00 Farscape 4.00 Star Trek 5.00 Asteroid-a-Geddon** ★★ Low-budget, action-light disaster movie that sees the Earth threatened by an asteroid. (2020, 12) **7.00pm Farscape** TV sci-fi. **8.00 Star Trek** TV sci-fi drama. **9.00 What Keeps You Alive** ★★ Tense, well-plotted suspense thriller in which a trip to a secluded cabin descends into violence for a female couple. Hannah Emily Anderson (2018, 15) **11.00 The Super** ★★ A former cop grows suspicious of a janitor in this plodding horror starring Val Kilmer. Patrick John Flueger (2017, 15) **1.00-3.00am As 9pm HorrorXtra** F'view 69 F'sat 138 Sky 317 Virgin 171 **+1 F'sat 139 Sky 318 Virgin 371**



## FILM OF THE DAY Summer of Soul (...or, When the Revolution Could Not Be Televised)

**DOCUMENTARY** In 1969, 300,000 people attended the Harlem Cultural Festival over six Sundays. The footage lay buried for 50 years, until director Ahmir "Questlove" Thompson brought it to light. Stevie Wonder and Nina Simone (above) are among the performers, while surviving artists and other commentators articulate the occasion's significance for then and now. Both a celebration of black music and a rousing act of remembrance, the film brings the period to life with rigour and fervour. **KEVIN HARLEY** (US 2021, discriminatory themes, HD)

**Seven Days to Noon** ★★★★★ **12.40-2.30pm** **Talking Pictures TV** PG

**THRILLER** Doomsday movies were huge in the early 1950s, as the Cold War chill began to bite, and this is the finest British contribution to that subgenre. The threat of an atomic explosion in London drives the plot, but the power of the picture comes from Barry Jones's performance as the professor driven to despair by the misuse of his work. **DAVID PARKINSON** (UK 1950, BW)

**Rear Window** ★★★★★ **3.00-4.50pm** **Legend** PG

**THRILLER** It takes a brave man to remake one of Alfred Hitchcock's finest films, and director Jeff Bleckner was always going to be on the back foot with this made-for-TV update. However, it does score with Christopher Reeve in the lead as a wheelchair-using architect, while Daryl Hannah takes the part made famous by Grace Kelly. **JOHN FERGUSON** (US TVM 1998)

**Tolkien** ★★★★★ **6.35-9.00pm** **Film4** 12

**DRAMA** Nicholas Hoult stars in this biopic of *Lord of the Rings* author JRR Tolkien. Having been orphaned as a child, Tolkien joins a group of Oxford student outcasts, marries the love of his life

(Lily Collins) and endures horrors as a First World War soldier. The performances are first rate, but we're left wondering what made the literary giant really tick. **ALAN JONES** (US 2019, edited for content, HD)

**The Hunger Games** ★★★★★ **8.00-10.45pm** **Sky Showcase** 12

**ACTION** This impressive first film in the dystopian series introduces resourceful hero Katniss Everdeen (Jennifer Lawrence), who volunteers to represent her oppressed district in a violent combat spectacle. Faithfully adapting the first book in Suzanne Collins's trilogy, director Gary Ross keeps the sci-fi themes relevant and the action thrilling. **AJ** (US 2012, violence, HD)

**In a Valley of Violence** ★★★★★ **9.00-11.00pm** **Legend** 15

**WESTERN** Writer/director Ti West (*Pearl*) assembled a fine cast for his first foray into western territory. Ethan Hawke is the drifter who takes a wrong turn through a sleepy town run by father and son lawmen John Travolta and James Ransone. Although slight, the story is at times bloody enough to capitalise on West's skills in horror. **ANDREW COLLINS** (US 2016, violence, swearing)

**The Cheap Detective** ★★★★★ **10.05-11.55pm** **Talking Pictures TV** PG

**COMEDY** Peter Falk takes the lead in this innuendo-laden and shamelessly silly spoof of classic Humphrey Bogart vehicles. As spot-on as Falk is as the endearingly shady sleuth investigating the murder of Floyd Merkle, he's graciously upstaged by a sextet of actresses in their prime, with Madeline Kahn the standout as Mrs Montenegro. **DAVID OPPEDISANO** (US 1978, violence, swearing)

**Mr Jones** ★★★★★ **11.15pm-1.10am** **BBC2** 15

**DRAMA** Agnieszka Holland's careful biopic tells the story of journalist Gareth Jones and the Soviet scandal that defined his career: the discovery of the Kremlin's role in the Holodomor famine that claimed over ten million Ukrainian lives from 1932-33. James Norton exudes courage and decency as the Welsh reporter dedicated to getting his scoop. **DP** (Pol/UK/Ukr 2019, distressing scenes, drug abuse, nudity, HD)

**Another Round** ★★★★★ **1.15-3.15am** **C4** 12

**COMEDY DRAMA** This Oscar-winning Danish film sees four schoolteacher friends make a pact to spend their working days in a state of controlled inebriation. Director Thomas Vinterberg captures the funny highs and devastating lows of the wonderfully ridiculous experiment, with Mads Mikkelsen mesmerising as a man who learns to enjoy life again. **EMMA SIMMONDS** (Den/Swe/Neth 2020, swearing, sex scenes, HD)

## Sky Cinema picks

**The Terminal** ★★★★★ **2.05-4.20pm** **Sky Cinema Comedy**  
Enjoyable but sentimental Tom Hanks chuckler. (2004, 12) Sky 308; Virgin 408; BT 508/522

**Hotel Mumbai** ★★★★★ **8.00-10.05pm** **Sky Originals**  
Unflinching fact-based thriller starring Dev Patel. (2018, 15) Sky 302; Virgin 402; BT 502/516

**Internal Affairs** ★★★★★ **10.00pm-12.10am** **Sky Thriller**  
Andy Garcia's investigator targets Richard Gere. (1990, 18) Sky 309; Virgin 409; BT 509/523

**Films to stream from p32**  
Netflix, Amazon, Disney+ and more





## Sky Showcase



**The Hunger Games** 8.00pm  
Katniss goes into battle

**6.00am** The Early Rundown **7.00** Kay Burley **8.00** Air Ambulance ER **9.00** Nothing to Declare **10.00** Al Murray: Why Do the Brits Win Every War? **11.00** Malawi Wildlife Rescue **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-O **4.00** S.W.A.T. **5.00** The Simpsons

**6.30pm The Fresh Prince of Bel-Air 24/24** Series 3. Will has to take extra music lessons.

**7.00 New. Cricket World Cup** Highlights of Australia v Sri Lanka, the group match from BRSABV Ekana Cricket Stadium in Lucknow.

**8.00 The Hunger Games ★★☆☆**

■ Futuristic action thriller with Jennifer Lawrence. In annual retribution for a failed uprising in the totalitarian state of Panem, each of 12 districts is forced to select a young boy and girl to take part in a televised fight to the death.

Review page 67. (W)

**10.45 Last Week Tonight with John Oliver** The comedian takes a satirical look at news and culture.

**11.25 Never Mind the Buzzcocks Ep 8** Series 3. With Ashnikko, Jordan Stephens and Phil Wang.

**12.10am** Sex and the City: double bill **1.10** Road Wars **2.05** Stop, Search, Seize **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00–6.00am** The Early Rundown

**Sky Showcase** Sky 106 Virgin 109 BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** Most Haunted **7.00** Warehouse 13 **8.00** Home Shopping **11.00** Atlantis **12 noon** Star Trek: the Next Generation **2.00pm** Fringe **3.00** Atlantis **4.00** Stargate SG-1 **5.00** Stargate Atlantis: the crew forges an uneasy alliance with a captured Wraith

**6.00pm Star Trek: the Next Generation 2/26** Series 7. Alien ambassadors visit the *Enterprise* on a cultural exchange, causing Worf to lose his temper. **7.00 3/26** Geordi learns that the starship commanded by his mother has disappeared.

**8.00 Star Trek: Voyager 22/26** Series 7. Chakotay and Seven are stranded among a primitive people when their shuttle encounters an energy barrier.

**9.00 Sinister 2 ★★**

■ Horror starring Shannyn Sossamon. A mother and her twin sons are unaware that their rural farmhouse is marked for death by an evil demon.

**11.00 True Blood 7/12** Series 4 Bill discovers Marnie's deadly plans for the vampires of Bon Temps and Lafayette glimpses the ghost haunting Arlene's baby. **12.10am 8/12**. Bill tries to arrange a truce with Marnie.

**1.20** Warehouse 13 **2.15** Star Trek: Voyager **3.15** Stargate Atlantis **4.10–6.00am** Star Trek: the Next Generation: double bill

**Sky Sci-Fi** Sky 139 (140 Scotland) Virgin 122 BT 341/HD 363 +1 Sky 207 Virgin 229

## Sky Atlantic



**Chernobyl 9.00pm** Shcherbina comes up with a new plan

**6.00am** Urban Secrets **7.55** Six Feet Under **10.05** Ray Donovan (AD) **12.15pm** Game of Thrones (AD) **1.20** The Knick (AD) **3.30** Six Feet Under

**5.45pm Ray Donovan 11/12** Series 5. Ray searches for Frank Barnes in an attempt to get Bridget out of jail. (AD)

**6.45 12/12**. Ray goes to New York to arrange a surgery that may be able to save Smitty. (AD)

**7.50 Game of Thrones 9/10** Series 6. As the Starks prepare to fight, Davos loses something dear, while Ramsay plays a game and Daenerys faces a choice. (AD)

**9.00 Chernobyl 4/5**. Legasov and Shcherbina come up with a way to remove radioactive debris. (AD)

**10.15 The Lovers 5/6**. Janet visits London to be with Seamus and have some sightseeing fun. But it's clear the lovers are keeping secrets from each other. (AD)

**10.55 The Gilded Age 2/9** Tom Raikes visits New York as Peggy seeks advice. (AD)

**11.55 True Detective 7/8** Series 2 Ray, Ani and Paul take precautionary measures to elude detection. (AD)

**1.05am 8/8**. Nic Pizzolatto wraps up his tale of murder. (AD)

**2.35** Billions (AD) **3.40** In Treatment **4.10–6.00am** Urban Secrets

**Sky Atlantic** Sky 108 (109 Wales) BT 342/HD 357 +1 Sky 208 (209 Wales)

## Sky Witness

**6.00am** Stop, Search, Seize (AD) **7.00** Border Patrol **9.00** Border Security: America's Front Line **10.00** Motorway Patrol **10.30** Highway Patrol (AD) **11.00** The Force: Manchester **12 noon** FBI (AD) **1.00pm** Bull **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

**4.30pm Nothing to Declare** Seven editions following the work of customs and immigration officers at Australia's biggest airports.

**8.00 Blue Bloods 19/21** Series 13 Jamie partners with the FDNY to track down an arsonist. Eddie asks Frank to put her on modified duty after her arrest of a protestor. (AD)

**9.00 Law & Order: Special Victims Unit 22/22** Series 24 In the search for a revenge-for-hire crime ring, Benson and Stabler join forces.

**10.00 Departure 6/6** Series 1 Kendra comes up with a plan to confront the Flight 716 conspirators and expose the cover-up. (AD)

**11.00 The Rookie 20/20** Series 1 The Rookies prepare for their final exams. Nolan and Bishop stumble upon a terror plot. (AD)

**12 midnight** Madam Secretary **1.00am** FBI (AD) **2.00 New**. Law & Order: Organized Crime **22/22** Series 3. Stabler and Benson are benched Rptd tomorrow 9pm **3.00** Chicago Fire **4.00** Border Security: America's Front Line **5.00–6.00am** Stop, Search, Seize (AD)

**Sky Witness** Sky 107 Virgin 110 BT 341/HD 356 +1 Sky 207 Virgin 310

## Sky Max



**Fantasy Island 11.45pm** Gwen's dream is to go back in time

**6.00am** Supergirl **7.00** DC's Legends of Tomorrow (AD) **8.00** The Flash **9.00** Stargate SG-1 **11.00** Supergirl **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

**6.00pm Stargate SG-1 17/22** Series 2. Former Goa'uld conqueror Apophis is granted sanctuary. **7.00 18/22**. Daniel is trapped.

**8.00 There's Something about Movies 1/6** Series 2. With guest panelists Warwick Davis, Tom Davis and Alice Levine. (AD)

**9.00 Cobra: Rebellion 1/6** Series 3. Robert Sutherland's administration is plunged into chaos.

**10.00 Brassic 3/8** Series 5 A young German man comes to town looking for Tommo.

**11.00 Never Mind the Buzzcocks Ep 8** Series 3. With Ashnikko, Jordan Stephens and Phil Wang.

**11.45 New. Fantasy Island 9/13** Series 2. A woman's wants to go back in time and be a princess.

**12.45am New. 10/13**. Javier and Roarke finally have a conversation about their relationship.

**1.45am** Road Wars **2.10** Stop, Search, Seize **3.05** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00–6.00am** Highway Patrol: double bill

**Sky Max** Sky 113 (114 Wales) Virgin 111 BT 346/HD 361

## Sky Replay

**7.00am** Sixth Sense with Colin Fry **8.00** Celebrity Four Weddings (AD) **9.00** Four Weddings (AD) **10.00** Sun, Sea and A&E **11.00** UK Border Force (AD) **12 noon** Highway Patrol: double bill **1.00pm** Caught on DASHcam **2.00** Most Haunted **4.00** Quantum Leap **6.00pm** DC's Legends of Tomorrow: double bill (AD) **8.00** Highway Patrol: two episodes **9.00** The Blacklist: the Task Force encounters a ring of fraudulent companies shipping contraband around the world **10.00** The Russell Howard Hour: best moments from 2019 **11.00** FBI: Most Wanted: the team track down a celebrity child psychiatrist kidnapped by the relative of a former client **12 midnight** A League of Their Own US Road Trip (AD) **1.00am** Fantasy Island **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00–6.00am** Sixth Sense with Colin Fry

**Sky Replay** Sky 152 Virgin 156

## Sky Crime

**6.00am** Highway Patrol **7.00** Motorway Patrol **8.00** Highway Cops (AD) **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Border Patrol **12 noon** Made for Murder **1.00pm** Killer in My Village **2.00** Most Evil Killers (AD) **5.00** Forensics: Catching the Killer (AD) **6.00** What the Killer Did Next (AD) **7.00** World's Most Evil Killers (AD) **8.00** Britain's Most Evil Killers **9.00** Killing Mum and Dad: how Stephen Seddon tried to kill his parents in a fake crash **10.00** Murdered at First Sight **11.00** World's Most Evil Killers **12 midnight** Killer in My Village: double bill **2.00am** An Unexpected Killer **3.00** What the Killer Did Next (AD) **4.00** Road Wars **5.00–6.00am** Motorway Patrol: double bill

**Sky Crime** Sky 122 (123 Scotland) Virgin 121 BT 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

## Gold



**The Good Life 7.40pm** Tom and Barbara need some help

**7.05am** Desmond's **7.45** Keeping Up Appearances (AD) **8.20** 2 Point 4 Children **9.00** Hi-de-Hi! **9.40** Still Open All Hours **10.20** Last of the Summer Wine: double bill **11.40** Keeping Up Appearances (AD) **12.20pm** 2 Point 4 Children **1.00** The Thin Blue Line **1.40** Dad's Army: double bill **3.00** Hi-de-Hi! **3.40** Keeping Up Appearances (AD) **4.20** The Thin Blue Line **5.00** Last of the Summer Wine

**6.20pm The Green Green Grass** Marlene's sister pays a visit. **7.00** A visit to a mansion reveals Boycie's admiration for the gentry.

**7.40 The Good Life** Tom and Barbara get help with their pigs. (AD) **8.20** Tom and Barbara attend evening classes. (AD)

**9.00 Detectoirsts** Lance, Andy, Becky and Sophie try to come to terms with an uncertain future. (AD)

**9.40 Dad's Army** Mainwaring declares martial law.

**10.20 Ghosts** Alison helps Kitty come to terms with her past. (AD)

**11.00 The Office** The staff celebrate Red Nose Day. (AD)

**11.40 Live at the Apollo**

**12.40am** Detectoirsts (AD) **1.20** Ghosts (AD) **1.55** The Office (AD)

**2.40** The Good Life (AD) **3.10–4.00am** Live at the Apollo

**Gold** Sky 110 (111 Wales) Virgin 124 BT 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

## Sky Comedy

**8.00am** Young Rock (AD) **9.00** The Fresh Prince of Bel-Air **9.30** Run **10.00** A.P. Bio **10.30** Wellington Paranormal (AD) **11.00** The Fresh Prince of Bel-Air **11.30** Crashing (AD) **12.50pm** House of Lies **1.30** Silicon Valley **3.30** The Fresh Prince of Bel-Air **4.00** Wellington Paranormal (AD) **5.00** Young Rock (AD) **6.00pm** Run **6.30** The Fresh Prince of Bel-Air **7.00** Will & Grace: two episodes (AD) **8.00** The Office US: double bill **9.00** Last Week Tonight with John Oliver **9.40** Girls: double bill. Charlie and Marnie deal with the fallout from the revelations in the diary, then Hannah returns to her home town (AD) **11.00** Last Week Tonight with John Oliver **11.40** Real Time with Bill Maher **12.50am** Sex and the City **2.00** Intelligence (AD) **3.00** House of Lies **3.40–5.00am** Crashing (AD)

**Sky Comedy** Sky 114 (115 Wales) Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** Most Ridiculous: Pets **8.35** Most Ridiculous: Dumbest Ever **9.00** The Middle **11.00** Home Improvement **1.00pm** Last Man Standing **2.00** Friends (AD) **9.00** Rhod Gilbert's Growing Pains **10.00** Jack Whitehall: Comedy Central Live: a stand-up special in which the comedian and actor shows off his self-defence moves, talks about how his mum ruins his game, and what he loves about American TV **10.30** Jimmy Carr: Comedy Central Live 2 **11.00** Jimmy Carr: Laughing and Joking **12 midnight** The Comedy Bus **12.30am** Nigel Ng's East Mode **1.00** South Park **2.30** Beavis and Butt-Head **2.40** Key and Peele **3.25** Criminally Funny **4.10–5.00am** Friends (AD)

**Comedy Central** Sky 112 (113 Wales) Virgin 132 BT 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

## Alibi



**Father Brown 9.00pm** The priest helps an old friend

**7.10am** Murdoch Mysteries: double bill **9.00** Rizzoli & Isles (AD) **10.00** Hudson & Rex (AD) **11.00** Without a Trace **12 noon** Frankie Drake Mysteries (AD) **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles (AD) **5.00** Hudson & Rex (AD)

**6.00pm Without a Trace 14/23** Series 3. A postal worker goes missing and is linked to a theft.

**7.00 Elementary 2/24** Series 2 Holmes tackles a top-secret equation linked to a mathematician's murder.

**8.00 Death in Paradise 6/8** Series 7. The leader of a spiritual retreat is strangled, but with the group members meditating at the time of the murder, finding the killer could prove tricky. (AD)

**9.00 Father Brown 2/10** Series 10 Lady Felicia's impromptu visit coincides with Father Brown helping out a friend. (AD)

**10.00 3/10**. The sleuthing priest must race to save Bunty from the hangman's noose. (AD)

**11.00 Person of Interest 8/13** Series 5. Reese and Finch find themselves trapped in a hospital during an outbreak of a virus.

**12 midnight** Elementary **1.00am** Hudson & Rex (AD) **2.00–4.00am** Evil: double bill (AD)

**Alibi** Sky 109 (110 Wales) Virgin HD 114 BT 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

## Discovery

**6.00am** Diesel Brothers **7.00** Deadliest Catch **8.00** Ed Stafford: First Man Out **9.00** Alaska: the Last Frontier (AD) **10.00** How Do They Do It?: double bill **11.00** Wheeler Dealers **9.00pm New**. Wheeler Dealers: to celebrate the show's 20th anniversary, Mike and Elvis set out to restore a Ford Fiesta Mark 1 and stage the show's largest ever car meet **10.00 New** Shorty's Dream Shop: NFL linebacker Matt Judon wants to make over his father's 1977 Eldorado **11.00** Expedition Unknown: ceramic vases, buried by an author in 1982, that can be exchanged for treasure (AD) **12 midnight** How the Universe Works: new discoveries of alien worlds that seem to defy physics **1.00am** Wheeler Dealers **2.00** Bitchin' Rides **3.00** Gold Divers **4.00–5.00am** Bitchin' Rides

**Discovery** Sky 125 (126 Scotland) Virgin 177 BT 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

## Discovery History

**6.00am** Expedition Unknown: Hunt for Extraterrestrials **7.00** Greatest Events of World War II **8.00** Unsolved History **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** How It's Made **1.00pm** Combat Dealers: Reloaded **2.00** Greatest Events of World War II **3.00** Salvage Hunters **4.00** Mysteries at the Museum **5.00** Unsolved History **6.00pm** Combat Dealers **7.00** Expedition Unknown **8.00** Tony Robinson's World War One **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 midnight** How It's Made **1.00am** Combat Dealers: Reloaded **2.00** Salvage Hunters **3.00** Combat Dealers **4.00–5.00am** Salvage Hunters: the Restorers

**Discovery History** Sky 177 Virgin 181 +1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen



## Sky Documentaries



**The Alpinist** 9.00pm  
Climber Marc-André Leclerc

**6.00am** The Last Movie Stars (AD)  
**7.05** Discovering: Matt Damon **8.00** The Directors (AD) **9.00** The Good Fight Club (AD) **10.00** Juan Carlos: Downfall of the King **11.00** McMillion\$ (AD) **12 noon** Robin Williams: Come inside My Mind (AD) **2.15pm** Cured **3.45** My Icon: Maggie Alphonssi (AD) **4.00** The Directors (AD) **5.00** Discovering: Matt Damon

**6.00pm** **The Good Fight Club** The fortunes of young MMA athletes fighting to make it from a south London gym to the home of the sport in Las Vegas. (AD)

**7.00** **Juan Carlos: Downfall of the King** The rise and fall of the former Spanish King Juan Carlos I.

**8.00** **McMillion\$** As the trial nears, many of the defendants take plea deals. (AD)

**9.00** **The Alpinist** A profile of elusive Canadian climber Marc-André Leclerc. (AD)

**10.50** **Bright Lights: Starring Carrie Fisher and Debbie Reynolds** The mother and daughter relationship. (AD)

**12.40am** Stirling (AD) **2.00** Saviour Complex **3.05** **FILM** The Kingmaker ★★★★★ Former First Lady of the Philippines, Imelda Marcos, attempts to reinvent her political career (W) **5.00–6.00am** Discovering: Matt Damon

**Sky Documentaries** Sky 121 (122 Scotland) Virgin 188 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory **9.00** Air Crash Investigation **10.00** Britain's Greatest Machines with Chris Barrie **11.00** Building Impossible with Daniel Ashville (AD) **12 noon** Car SOS (AD) **1.00pm** Europe from Above (AD) **2.00** Air Crash Investigation (AD) **3.00** Nazi Megastructures (AD) **4.00** The City under the Sea: Drain the Oceans **5.00** Car SOS (AD) **6.00** Lost Treasures of Egypt **7.00** Air Crash Investigation (AD) **8.00** **New** World War II: Secrets from Above: an attack on the Nazi-occupied Netherlands (AD) **9.00** Air Crash Investigation **10.00** Airport Security: Rome **11.00** Air Crash Investigation **12 midnight** Airport Security: First Class **1.00am** Banged Up Abroad **2.00** Bid and Destroy **2.55** America's Wild Spaces: four editions **4.35–5.00am** Dog Impossible: New Leash

**Nat Geographic** Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

## Sky History

**6.00am** Storage Wars **7.00** Forged in Fire **8.00** American Pickers **9.00** Pawn Stars Do America **10.00** Al Murray: Why Does Everyone Hate the English? **11.00** Treasures Decoded **12 noon** Auction Hunters **1.00pm** Storage Wars **2.00** Monsterquest **4.00** Digging for Britain **5.00** Pawn Stars Do America **6.00** American Pickers **7.00** Forged in Fire **8.00** **New** American Pickers **9.00** **New** Sex: a Bonkers History: sexual behaviour in the 20th century **10.00** **New** Dark Marvels: Killing Machines **11.00** Evidence of the Unexplained **12 midnight** Pawn Stars Do America **1.00am** Storage Wars **2.00** History's Greatest Mysteries **3.00** American Pickers **4.00** Digging for Britain **5.00–6.00am** Auction Hunters **Sky History** Sky 123 (124 Scotland) Virgin 131 BT 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

## Sky Nature



**Zambia Untamed** 9.00pm  
A helmeted guinea fowl

**6.00am** Hope for Wildlife **7.00** Monkey Life (AD) **8.00** Dehesa: Forest of the Iberian Lynx **9.00** Arctic Secrets **10.00** Ol Pejeta Diaries **11.00** Malawi Wildlife Rescue **12 noon** Orangutan Jungle School **1.00pm** Monkey Life (AD) **2.00** Dehesa: Forest of the Iberian Lynx **3.00** Arctic Secrets: the Arctic spring **4.00** Ol Pejeta Diaries **5.00** Malawi Wildlife Rescue

**6.00pm** **Orangutan Jungle School** Nyaru Menteng Orangutan Rescue Centre in Borneo.

**7.00** **Monkey Life** Daily life at a Dorset primate rescue centre. (AD) **7.30** More stories from the rescue centre in Dorset. (AD)

**8.00** **Animal Empires** How animals perpetuate their empires.

**9.00** **Zambia Untamed** The animals of the Luangwa Valley come together for survival.

**10.00** **Orangutan Jungle School** As 6pm.

**11.00** **Malawi Wildlife Rescue** An elephant is entangled in a poacher's snare.

**12 midnight** Uptown Otters **1.00am** Wild Birds of Australia **2.00** Animal Empires **3.00** Zambia Untamed **4.00** Dehesa: Forest of the Iberian Lynx **5.00–6.00am** Arctic Secrets

**Sky Nature** Sky 124 (125 Scotland) Virgin 189 BT 354/HD 369

## Eden

**9.00am** The Life of Birds (AD) **10.00** Africa (AD) **11.00** The Zoo **12 noon** The Hidden River (AD) **1.00pm** Impossible Engineering (AD) **3.00** Forbidden History (AD) **5.00** The Life of Birds (AD) **6.00pm** Africa (AD) **7.00** The Zoo: double bill. An elderly rhino recovering from a skin condition needs additional treatment, then a heatwave poses challenges **8.00** The Hidden River: the secrets of one of South America's largest rivers, the Essequibo (AD) **9.00** Forbidden History: rumours that the Nazis were building spacecraft (AD) **10.00** Impossible Engineering (AD) **11.00** The Life of Birds (AD)

**12 midnight** Africa (AD) **1.00am** The Zoo **2.00** The Hidden River (AD) **3.00** Forbidden History (AD) **3.50** The Life of Birds (AD) **4.40** Africa (AD) **5.30–6.00am** The Zoo

**Eden** Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

## Animal Planet

**8.00am** Extinct or Alive **9.00** Amanda to the Rescue (AD) **10.00** Saved by the Barn **11.00** Dr Jeff: Rocky Mountain Vet **12 noon** Extinct or Alive **1.00pm** Amanda to the Rescue (AD) **2.00** Intruders **3.00** Legends of the Wild (AD) **4.00** Saved by the Barn **5.00** Dr Jeff: Rocky Mountain Vet **6.00** Insane Pools: off the Deep End **7.00** Amanda to the Rescue (AD) **8.00** Expedition Bigfoot: double bill. Mireya agrees to act as bait, then Mireya and Ronny have a terrifying experience **10.00** Alaska: the Last Frontier: the family finish Grady's Perl Island cabin build **11.00** Crikey! It's the Irwins **1.00am** Alaska: the Last Frontier **2.00** Saved by the Barn **3.00** Dr Jeff: Rocky Mountain Vet **4.00–5.00am** Insane Pools: off the Deep End **Animal Planet** Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**6.00am** Sky Sports News  
**7.00** Good Morning Sports Fans  
**9.00** **LIVE Cricket World Cup** Australia v Sri Lanka, the group match at BRSABV Ekana Cricket Stadium in Lucknow, India.  
**5.30pm** Sky Sports News  
**10.30** Back Pages Tonight  
**11.00** Sky Sports News  
**12 midnight** NFL Review Show  
**1.00am** **LIVE NFL** Los Angeles Chargers v Dallas Cowboys, the week six game at SoFi Stadium in Inglewood, California (kick-off 1.15).  
**4.30–6.00am** Sky Sports News

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442

**6.00am** Classic Play-Off Finals  
**8.30** Jimmy Glass: the Great Escape  
**9.00** Women's Super League Football  
**10.00** League Cup Retro (AD)  
**12 noon** Women's Super League Football: Chelsea v West Ham United  
**2.00pm** Women's Super League Football: Liverpool v Everton  
**4.00** League Two Highlights  
**4.15** League Cup Highlights  
**5.15** League Two Highlights  
**5.30** League One and Two Goals  
**6.00** Women's Super League Football  
**7.00** League Two Highlights  
**7.15** League Cup Highlights  
**8.15** League Two Highlights  
**8.30** League One and Two Goals  
**9.00** Women's Super League Football  
**10.00** League Cup Highlights  
**11.00** EFL Greatest Games  
**1.00am** League Cup Retro  
**2.00** Classic Play-Offs Finals  
**4.00** EFL Rivalries: three editions (AD)  
**5.30–6.00am** Best Goals (AD)

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

**6.00am** PGA Tour Golf: highlights  
**7.00** European Tour Golf: the final round of the Open de España  
**12 noon** PGA Tour Golf: coverage of round four of the Shriners Children's Open **3.00pm** Chronicles (AD) **3.30** Challenge Tour Golf **4.00** Chronicles (AD) **5.00** LPGA Tour Golf: highlights  
**6.00** European Tour Golf **7.00** PGA Tour Golf **8.00** LPGA Tour Golf  
**9.00** PGA Tour Golf **10.00** European Tour Golf **11.00** LPGA Tour Golf  
**12 midnight** PGA Tour Golf **1.00am** European Tour Golf: Open de España  
**2.00** LPGA Tour Golf **3.00** PGA Tour Golf **5.00–6.00am** Chronicles (AD)

### Eurosport 1

Sky 413 Virgin 521 BT HD 412

**6.00am** Cycling **8.00** Surfing **9.00** Snooker **11.00** Cyclo-Cross: World Cup  
**1.00pm** Triathlon: Super League  
**3.00** Snooker: the Wuhan Open final from China **5.00** Archery: World Cup  
**7.00** Hall of Fame: Tokyo 2020 **8.00** Cyclo-Cross: World Cup from Waterloo, Wisconsin **10.00** British Superbikes: coverage of the final round at Brands Hatch **11.00** British Superbikes Extra  
**12 midnight** Cycling **2.00am** British Superbikes **3.00** British Superbikes Extra **4.00–6.00am** Snooker

### Eurosport 2

Sky 414 Virgin 522 BT HD 413

**6.00am** British Superbikes **7.00** Snooker **9.00** World Superbikes  
**11.00** Hall of Fame: Tokyo 2020  
**12 noon** Snooker: Northern Ireland Open **1.30pm** Amsterdam Marathon  
**3.00** Cyclo-Cross **5.00** Triathlon  
**6.00** Snooker: the Wuhan Open final  
**8.00** British Superbikes **9.00** British Superbikes Extra **10.00** Cycling: the men's Venetia Classic **11.00** Cycling: the final stage of the Tour of Turkey  
**12 midnight** Motor Racing **1.00am** Surfing **2.00** Cyclo-Cross **4.00** Archery **5.00–6.00am** British Superbikes: action from Brand Hatch



**NFL 1.00am** **Sky NFL**

Chargers hero Joshua Kelley lines up against the Cowboys

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

**6.00am** Greatest Games (AD) **7.00** Legends: double bill (AD) **8.00** Best Goals (AD) **9.00** 100 Club: double bill (AD) **10.00** Premier League Retro  
**12 noon** Gary Neville's Soccerbox **1.00pm** Premier League Years: the biggest stories of 2018/19 (AD) **3.00** Premier League Greatest Games (AD) **4.00** Best Goals **5.00** 100 Club (AD) **6.00** Legends: double bill (AD) **7.00** Newcastle: the Entertainers **7.30** The Fall and Rise of Leeds United **8.00** Gary Neville's Soccerbox **9.00** The Fall and Rise of Luton Town **10.00** Premier League Icons **10.30** Premier League Retro: Chelsea v Burnley from 2017/18  
**12.30am** Premier League Icons (AD) **1.00** Premier League Years **3.00** Greatest Games **4.00** Best Goals: double bill **5.30–6.00am** 100 Club

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443

**6.00am** Cricket World Cup Highlights  
**9.00** **LIVE Cricket World Cup** Australia v Sri Lanka, the group match at BRSABV Ekana Cricket Stadium in Lucknow, India.  
**5.30pm** Classic World Cup Cricket  
**6.30** Secrets of Success  
**7.00** Cricket World Cup Highlights  
**8.00** World Cup Greatest Matches  
**9.00** Cricket World Cup Highlights  
**12 midnight** Classic World Cup Cricket  
**1.00am** Cricket World Cup Highlights  
**2.00** Classic World Cup Cricket  
**3.00** Cricket World Cup Highlights  
**4.00–6.00am** Classic World Cup

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446

**6.00am** NFL Highlights: six games  
**12 noon** Good Morning Football  
**3.00pm** NFL Highlights **4.00** NFL Bitesize **5.00** NFL Highlights  
**6.00** Pro-Football Talk **8.00** Bitesize  
**9.00** NFL Review Show **10.00** NFL Highlights **11.00** NFL Fantasy  
**12 midnight** NFL Review Show  
**1.00am** **LIVE NFL** Los Angeles Chargers v Dallas Cowboys, the week six game at SoFi Stadium in Inglewood, California (kick-off 1.15).  
**4.30** NFL Bitesize  
**5.00–6.00am** NFL Highlights

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

**6.00am** Boxing **7.00** Rugby League  
**8.00** Women's Super League **9.00** Basketball **11.30** Super League  
**12.30pm** Rugby League **1.30** Super League **3.00** WNBA **5.00** Buatsi v Azeez: the Gloves Are Off **5.30** Boxing  
**6.30** Super League **7.30** Buatsi v Azeez: the Gloves Are Off **8.00** Classic US Open Tennis **9.00** Boxing Archive (AD) **10.00** Buatsi v Azeez: the Gloves Are Off **10.30** WNBA  
**12.30am** Super League: highlights  
**1.30** Rugby League **2.30** Buatsi v Azeez: the Gloves Are Off **3.00** Boxing  
**4.00–6.00am** WNBA: the Finals

### TNT Sports 1

Sky 410 Virgin 527 BT 408/HD 430

**6.00am** Ariel Helwani Meets (AD)  
**7.00** Wrestling: WWE action (AD)  
**8.00** Futsal: action from the FA Futsal Women's Super Series  
**10.00** What I Wore: Jermain Defoe  
**10.15** TNT Sports Reload  
**11.00** O Arise, All You Sons: the story of cricket in Papua New Guinea (AD)  
**12 noon** Back into the Sunshine: the story of English football's return to European competition in the 90s (AD)  
**1.45pm** Rocky and Wrighty: from Brockley to the Big Time: a profile of two Arsenal and England stars (AD)  
**3.15** Classic Premier League (AD)  
**6.45** Motor Racing: V8 Supercars  
**8.45** MLB: Off the Bat  
**9.00** **LIVE Major League Baseball** An MLB postseason game from North America.  
**12.30am** Amplified  
**1.00** **LIVE Wrestling** WWE Monday Night Raw, featuring the likes of Seth Rollins, Randy Orton, Asuka and Bianca Belair.  
**4.15** Ariel Helwani Meets  
**5.15** What I Wore: Hector Bellerin  
**5.30–6.00am** Joe Cole Cast

### TNT Sports 2

Sky 411 Virgin 528 BT 409/HD 431

**6.00am** MotoGP: Indonesian Grand Prix from Mandalika **10.30** MotoGP Films (AD) **11.30** International One-Day Cricket: Australia v West Indies, the final match in the women's series  
**12.30pm** MotoE **1.30** Squash **2.30** Surfing (AD) **3.30** Motorcycling **4.30** MotoGP: coverage of the Indonesian Grand Prix from Mandalika  
**9.00** Fishing: on the Bank (AD) **10.00** TNT Sports Reload **10.45** Squash: the US Open **11.45** What I Wore (AD)  
**12 midnight** Champions League Magazine: action and previews (AD)  
**12.30am** **LIVE Major League Baseball** An MLB postseason game from North America.  
**4.00** Poker (AD) **5.00–6.00am** Champions League Classics

### TNT Sports 3

Sky 417 Virgin 529 BT 410/HD 432

**6.00am** Classic Premier League (AD)  
**8.00** Too Good to Go Down: the story of Manchester United's fall from grace in the 1970s (AD) **9.45** What I Wore  
**10.00** Classic Premier League: four editions spanning 2008 and 2012 (AD)  
**2.00pm** Premiership Rugby Union: Bristol Bears v Leicester Tigers **3.30** Premiership Rugby Union: coverage of Exeter Chiefs v Saracens **5.00** Futsal  
**7.00** No Filter Football **7.15** Reload  
**8.00** International One-Day Cricket: Australia v West Indies, the women's series **9.00** Packer: the Man Who Changed Cricket: a portrait of the Australian media mogul (AD) **10.30** Ariel Helwani Meets **11.00** Wrestling  
**1.00am** MotoGP: Indonesian Grand Prix **5.30–6.00am** Rallying

### TNT Sports 4

Sky 421 Virgin 530 BT 411/HD 434

**6.00am** Rallying **6.30** Motorcycling  
**7.30** Surfing: WSL action (AD) **8.30** Champions League Magazine (AD)  
**9.00** MLB Classic: three editions  
**1.00pm** Major League Baseball  
**4.00** MLB Classic: two editions  
**6.00** Major League Baseball  
**9.00** UFC: Yusuf v Barboza  
**12 midnight** UFC: the Ultimate Fighter (AD) **4.00am** UFC Greatest Fights (AD)  
**5.30–6.00am** ChatterBox (AD)

### Viaplay Sports

**4.50–7.00pm** **LIVE Euro 2024 Qualifiers** Azerbaijan v Austria from Baku (kick-off 5.00).  
**7.35–9.45** **LIVE Euro 2024 Qualifiers** Gibraltar v Republic of Ireland from Estádio Algarve in Faro, Portugal (kick-off 7.45).



# Tuesday

## PETROLHEAD

Tinie is in the driving seat for a brand new motoring series

### MOTORING Bangers: Mad for Cars

10.15pm **C4** Catch up via C4 streaming

NEW  
SERIES

With *The Grand Tour* slowing down and *Top Gear* under a cloud, there's a gap in the market for a new motor show. Step forward rapper Tinie (he dropped his "Tempah" a while back) and pro driver Naomi Schiff for a car magazine with a theme. The cars of the 80s, 90s and 00s are back in fashion: hipsters love firing up a vintage Peugeot 205 or a Citroën Saxo, so the show almost literally drives down memory lane by reassessing the boxy wonders of decades past.

Episode one concerns family cars, which means a running joke about

the horror of the Renault Espace, and plenty of banter around Naomi's choice of model for the final challenge: she immediately bagsies the Volvo 850, leaving Tinie the rest of the episode to select his vehicle for a showdown that takes the form of a mock school run rather than a speed race. Chuck in some random celebrity petrolheads (Ian Wright! Tom Kerridge! Guz Khan! Former Manchester United left-back Patrice Evra!) offering advice and you have a fun, loose hour of motoring nostalgia.

**JACK SEALE**

## HISTORY

### Pompeii: Buried Secrets of the Villa Giuliana

7.25pm **PBS America**  
Catch up via Freeview Play

In AD 79, at least two thousand of Pompeii's population died when Vesuvius erupted, preserving people and buildings under metres of ash. Archaeologically speaking, the city is the gift that keeps on giving – and as such, it naturally attracts looters.

When one recent tomb-robbing ring was busted, tunnels to Villa Giuliana, outside the city limits, were discovered. The inexperienced looters stole what archaeologists describe as "stuff", but as crack teams of excavators and restorers discover, they missed some extraordinary riches. The major find brings a whole new meaning to the phrase "your chariot awaits". **JOHN AIZLEWOOD**

## DOCUMENTARY

### The Yorkshire Vet

8.00pm **Channel 5**  
Catch up via My5

After a cow has a disastrous calving, Rohin Aojula rushes to the farm. You'll need a strong stomach for the scene he's greeted by. The poor thing has suffered a uterine prolapse and things aren't looking good. The treatment (if you can call it that) is for Rohin to rope in some help and to unceremoniously try and push everything back in. He later reflects it's one of the most gruelling, strenuous and stressful incidents he's ever attended.

Elsewhere there's a sheep getting into difficulty while lambing, a barn owl Peter Wright suspects might be too badly injured to save and a golden retriever with a complicated castration.

**FRANCES TAYLOR**

## DOCUMENTARY

### The Real Crown: inside the House of Windsor

9.00pm **ITV1** Catch up via ITVX

The royal family is, at one point here, described as a soap opera. It's certainly an apt summation of the turbulent mid-90s to mid-2000s, which features some tragic exits (Diana and the Queen Mother), a marriage (Charles and Camilla) and the brewing of a scandal ("air-miles Andy" in his role as trade envoy).

It's also the closest the Windsors have come to a proper cliffhanger, with questions being asked about their viability and relevance. It was a debate that would play out live on ITV in the 1997 debate show *Monarchy: the Nation Decides*, where the public was asked to vote on whether they had a future. Diana was, apparently, sitting at home repeatedly speed-dialling "no". **DAVID BROWN**

## REALITY

### The Hotel Inspector

9.00pm **Channel 5** Catch up: My5

From the start, it looks likely that Mark and Michael, owners of a pub in Scalford, Leicestershire, are going to resist any changes that Alex Polizzi suggests. There's so much tension between the couple, their health and relationship have suffered. The pub with rooms has kerb appeal, is clean and charming, but they're making no money because they constantly bicker and never work as a team.

So all credit to Alex that she persuades them to "work clever and together", while criticising them for being "sniffy" about potential customers. Within weeks they've organised a curry night, customer loyalty card and family-friendly garden with a children's menu. They've even stopped sniping at each other. **JANE RACKHAM**



## ALSO ON TODAY

### Celebrity Antiques Road Trip

7.00pm **BBC2**

Natasha Raskin Sharp and Paul Laidlaw team up with *Derry Girls* stars Tara Lynne O'Neill and Ian McElhinney (right).



### The Reckoning

9.00pm **BBC1**

Conclusion of the fact-based drama about the shocking crimes of the late DJ and presenter Jimmy Savile.

### Britain's Housing Crisis: What Went Wrong?

9.00pm **BBC2**

Documentary exploring the decision-making that led to the current housing crisis.

## FACTUAL

### Shed and Buried

9.00pm, 9.30pm **Quest**

Catch up via **QuestOD**

All manner of forgotten treasures can be found in the nation's sheds. As its fifth run continues, this likeable series follows biker and self-styled "king of the hagglers" Henry Cole, fellow automotive fanatic (and former drummer) Fuzz Townshend and expert restorer Guy "Skid" Willison as they rummage in outbuildings for vintage bargains to buy, fix up and sell on for a tidy profit.

This double bill sees them poking around a collection of vintage lorries, finding a Cornish fire engine and visiting an Aladdin's cave in rural Oxfordshire. What will they find? And will it be a "NLE" (nice little earner) or "SPQR" (small profit, quick return)? **MICHAEL HOGAN**

## DOCUMENTARY

### Jailed: inside Maghaberry Prison

10.00pm (not *N Ireland*) **BBC2**

Catch up via **iPlayer**

When it comes to assailing us with troubling interviews, this series is a repeat offender. Pretty much every encounter Stephen Nolan has with imprisoned young men casts a harsh light on the justice system.

There's a conversation tonight with ex-marine James, who is doing time for setting his girlfriend's car on fire. "I find it hard to control my emotions," he says, and it's clear that has only been worsened by traumatic experiences in Afghanistan. Does he need incarceration or therapy? Light relief comes when he meets David, who has "Fear" and "God" tattooed on his eyelids. Unusually, he loves life inside. **DAVID BUTCHER**

## ANIMATED COMEDY

### Rick and Morty

10.00pm **E4** Catch up: **C4** streaming

This foul-mouthed sci-fi cartoon has morphed into a multimillion dollar empire, with spin-off video games and merchandise revolving around the dimension-hopping antics of scientist Rick and his grandson Morty. But earlier this year it looked like the show's days could be numbered, following the departure of co-creator and star Justin Roiland under a cloud of allegations.

Given that Roiland voiced both lead characters, you might expect a period of readjustment – but in this first episode two new sound-alike voice actors hit the ground running. And based on its typically debauched, night-on-the-tiles storyline, the rest of the show looks set to continue seamlessly as well. **HUW FULLERTON**

## LIVE SPORT



### Football: Euro 2024 Qualifiers

England v Italy

7pm (k/o 7.45pm) **Channel 4**

Italy's coach Luciano Spalletti (above) took charge in August and will hope this qualifier at Wembley can mark the start of better things for his struggling team.

### Cricket: ICC Men's World Cup

South Africa v Netherlands

9am **Sky Sports Main Event/ Cricket**

Action from Dharmashala, India.

### Baseball: MLB

12.30am **TNT Sports 2**

Action from a play-off match.

## FILM OF THE DAY



### Cold Comes the Night

★★★ **15**

9.00pm **Great Movies**

Bryan Cranston brings some shady menace to this noir-ish thriller. He plays a mobster deliveryman with fading eyesight who kidnaps a motel owner (Alice Eve) to help him recover the loot that's in his impounded car. (2013)

**FILM REVIEWS**  
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**IN THE FRAME**  
Fiona Bruce and Philip Mould embark on another investigation

## ART

### Fake or Fortune

8.00pm **BBC1** Catch up via **iPlayer**

### LAST EPISODE

"I think it looks a bit of a dog's dinner!" is Philip Mould's reaction when he first sees the subject of this episode. It's a painting that's been partly obliterated by a layer of white paint, but has been signed by expressionist artist Arshile Gorky and dated three times – suggesting that there are several images underneath.

The provenance is intriguing. Gorky's widow gave it to former Tate conservator Alexander Dunluce to

restore. He couldn't get all the white paint off and the Arshile Gorky Foundation will not condone removing any more now to see what's underneath. Gorky's descendants also argue that nobody should tamper with an artist's work.

It's a complex situation that raises many questions. What makes a painting a work of art – and what are the ethics of restoring or interfering with it? **JR**



# TUESDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Jon Kay, Sally Nugent. (S) (HD)  
**9.15 Rip-Off Britain Live: Cost of Living Special** Easing the burden of loan and mortgage payments. (S) (HD)  
**10.00 Crimewatch Live** Investigating how a manager defrauded the NHS of £600,000. (S) (HD)  
**10.45 Caught Red Handed** A paramedic is filmed trying to steal from a dying patient. (S) (HD)  
**11.15 Homes under the Hammer** Properties in County Durham, Tunbridge Wells and Basildon. (S) (HD)  
**12.15pm Bargain Hunt** Eric Knowles presents the show from Epsom Downs racecourse. (R) (S) (HD)  
**1.00 BBC News Regional News; Weather** (S) (HD)  
**1.45 Doctors** Luca treats a patient who is having a reaction after sleeping with his girlfriend. (S) (AD) (HD)  
**2.15 Money for Nothing** Sarah Moore and the team upcycle a sofa and a school desk. (Revised rpt) (S) (HD)  
**3.00 Escape to the Country** Sonali Shah helps a couple from Dorset move to rural Devon. (R) (S) (AD) (HD)  
**3.45 The Repair Shop** Experts restore a diablo, a pair of dancing shoes and a telescope. (S) (AD) (HD)  
**4.30-5.15 The Vintage French Farmhouse** Viki Knott, Ian Humphries and Moses Otunla search the markets of Pézenas. Repeated tomorrow 7.15am BBC2 (S) (HD)

### BBC2

**6.20am Bargain Hunt** Christina Trevanion explores Exeter's secret tunnels. Shown Mon 12.15pm BBC1 (S) (AD) (HD)  
**7.05 The Vintage French Farmhouse** The dealers take a trip to Carpentras. Shown Monday 4.30pm BBC1 (S) (HD)  
**7.50-8.50 Sign Zone 7.50 Expert Witness** How a blood residue specialist helped solve a murder in Sussex. (R) (S) (HD)  
**8.20 Robson Green's Weekend Escapes** The actor plays host to Steph McGovern in Northumberland. (R) (S) (AD) (HD)  
**8.50 Lifeline** An appeal on behalf of Action for Stammering Children. Shown Sunday 12.50pm BBC1 (S) (HD)  
**DONATIONS:** call 0800 011 011, visit [bbc.co.uk/lifeline](http://bbc.co.uk/lifeline) or post to Freepost, BBC Lifeline Appeal, with Action for Stammering Children on the envelope  
**9.00 Nicky Campbell** Calls on the day's talking points. Simulcast with Radio 5 Live. (S) (HD)  
**10.00 BBC News** (S) (HD)  
**12.15pm Politics Live** News from Westminster. (S) (HD)  
**1.00 Impossible** Quiz with Rick Edwards. (R) (S) (HD)  
**1.45 Unbeatable** General knowledge quiz. (R) (S) (HD)  
**2.15 Wanted Down Under** A Shropshire couple sample life in Melbourne for a week. (R) (S) (HD)  
**3.00 Politics Live: Conference 2023** News from the final day of the SNP autumn conference. (S) (HD)  
**4.15-5.15 Cornwall: This Fishing Life** Small boats that are under threat from industrialisation. (R) (S) (AD) (HD)

### ITV1

**6.00am Good Morning Britain** (S) (HD)  
**9.00 Lorraine** Guests, gossip and more. (S) (HD)  
**10.00 This Morning** Celebrity interviews, fashion and lifestyle advice. Including **Regional Weather** (S) (HD)  
**12.30pm Loose Women** The regulars and their guests put the world to rights. Repeated 2.35am (S) (HD)  
**1.30 ITV Lunchtime News Regional News; Weather** (S) (HD)  
**2.00 James Martin's Great British Adventure** James visits Kent with Mark Sargeant. (R) (S) (AD) (HD)  
**3.00-4.00 Tenable** A team of five friends called Morecambe and Pies take part. Warwick Davis hosts. Signed repeat 5.10am (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.05am Countdown** With Levi Roots. (R) (S) (HD)  
**6.45 Cheers** Two episodes of the sitcom. (R) (S) (HD)  
**7.35 Everybody Loves Raymond** (R) (S) (AD) (HD)  
**8.25 Frasier** Triple bill of the comedy. (R) (S) (AD)  
**9.55 Find It, Fix It, Flog It** Henry Cole and Simon O'Brien hunt for items in Leicestershire. (R) (S) (HD)  
**10.55 Renovation Nation** Tracey and Rob get their castle wedding-ready. (R) (S) (AD) (HD) **11.55 News** (S) (HD)  
**12 noon Steph's Packed Lunch** Weekday magazine show hosted by Steph McGovern. (S) (HD)  
**2.10pm Countdown** With John Virgo. (S) (HD)  
**3.00 A Place in the Sun** Marian and Donald seek their dream holiday home in Almuñécar. (R) (S) (HD)  
**4.00-5.00 The Great House Giveaway** Matt and Dominic renovate some dated digs in Derby. (S) (HD)

## BBC1

1

**Fake or Fortune**  
**8.00pm** Fiona and Philip investigate the origins of a painting that could be worth millions



**5.15pm Pointless**  
 Quiz show in which contestants attempt to come up with the most obscure answers. Presented by Alexander Armstrong, with Richard Osman. (R) (S) (HD)

**6.00 BBC News Weather** (S) (HD)  
**6.30 Regional news magazines** (S) (HD)

**7.00 The One Show**  
 Jermaine Jenas and Lauren Laverne host. (S) (HD)

**7.30 EastEnders**  
 A new arrival stirs up trouble. Kathy and Rocky go house hunting. Gina is concerned about Jay.

Kathy Beale Tom "Rocky" Cotton Gina Knight Howie Daines Honey Mitchell Harvey Monroe Ben Mitchell Freddie Slater Linda Carter Finlay Baker Martin Fowler	Gillian Telford Brian Conley Francesca Henry Delroy Atkinson Emma Barton Ross Boatman Max Bowden Bobby Brazier Kellie Bright Ashley Byam James Bye	Sonia Fowler Nish Panesar Theo Hawthorne Callum Highway Zack Hudson Billy Mitchell Reiss Colwell Mitch Baker Chelsea Fox Vinnie Panesar	Natalie Cassidy Navin Chowdhry Tony Clay William Ellis Tameka Empson James Farrar Perry Fenwick Jonny Freeman Roger Griffiths Zaraah Abrahams Shiv Jalota
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Writer Jonny O'Neill More cast Thursday (S) (AD) (HD)

**8.00 Fake or Fortune?**  
**4/4 Series 11.** Fiona Bruce and art expert Philip Mould investigate a murky canvas covered in white household paint that could potentially be a work of expressionist artist Arshile Gorky. Liza Dunluce came across the painting after it was gifted to her late husband Alexander in 1965 when he was Keeper of Conservation at the Tate Gallery. Gorky's widow Agnes "Mougouch" Magruder gave it to him and instructed him to remove the layer of white paint so the picture underneath could be exhibited, but when the artist's granddaughter Saskia tells Fiona that Gorky used to cover his work with white paint as part of his creative process, it brings up the question should the white layer be removed or would that be ruining the work altogether? **See page 71.**  
 Producer Matthew Smith; Series editor Robert Murphy (S) (AD) (HD)

**9.00 The Reckoning**  
**4/4.** The conclusion of the factual drama examining the crimes of Jimmy Savile. During the early 2000s Savile made attempts to protect his fading legacy and continue to hide the truth. Despite persistent rumours, an investigation, and efforts by victims to raise the alarm in his lifetime, it was only after his death in 2011 that their brave testimony was heard and the full extent and impact of his actions became clear. The whole series is available on iPlayer.  
 Writer Neil McKay For cast see Monday (S) (AD) (HD)

**10.00 BBC News Regional News; Weather** (S) (HD)

**10.40 Stranger in My Family**  
 Documentary following a Rochdale man's search for his biological father in Portugal, enlisting the help of family friends and distant relations he finds online. Luke returns to the bar where his mother met the man in question 30 years previously, where a local historian and forensic genealogist helps him to find the answers he is looking for and understand his heritage.  
 Executive producers Nic Guttridge, Jazz Gowans and Cat Lewis  
 First shown on BBC3 (S) (AD) (HD)

**11.40 Michael McIntyre's The Wheel**  
**4/10 Series 4.** Celebrity experts Big Narstie, Ellie Taylor, Jonathan Ross, Frankie Bridge, Harry Judd, Richie Anderson and Vogue Williams try to help the contestants. Michael McIntyre hosts. **See choice, p40.**  
 Shown Saturday 8.30pm (S) (HD)

**12.40am Weather for the Week Ahead** (S) (HD)  
**12.45-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

## BBC2

2

**Celebrity Antiques Road Trip**  
**7.00pm** Tara Lynne O'Neill and Ian McElhinney hunt for collectibles



**5.15pm Flog It!**  
 David Harper and Christina Trevanion value items brought into Aberystwyth University's Old College. Director Emma Rimmer; Series producer Amanda Lowe (R) (S) (HD)

**6.00 Richard Osman's House of Games**  
 Myra DuBois, Charlie Hedges, Bonnie Langford and Tyler West compete in the weekday quiz. (S) (HD)

**6.30 Strictly It Takes Two**  
 Fleur East chats to the lucky couple who survived the dance-off, while Saturday night's routines are dissected in Choreography Corner. (S) (HD)

**7.00 Celebrity Antiques Road Trip**  
**Derry Girls** stars Tara Lynne O'Neill and Ian McElhinney join experts Paul Laidlaw and Natasha Raskin Sharp for a tour of Aberdeenshire's antiques emporia. Tara is taken with little creatures, while Ian plumps for pretty objects but proves a hard negotiator. Who will triumph at the auction? Next episode tomorrow 7pm. (S) (HD)

**8.00 This Farming Life**  
**8/12 Series 6.** On the tiny island of Vallay, off North Uist, the MacDonalds round up their pregnant Highland cattle for a prenatal check-up and vitamin boost. In Newtonmore in the Cairngorms, Jenni's new alpaca arena is finally finished. Meanwhile in Moray, Nikki and Ollie splash out on a new honesty shack.  
 Series producer Gareth Fielding; Executive producer Jo Roe  
 Shown yesterday 8pm BBC Scotland (S) (HD)  
**RT TRAVEL** Journey on three of Scotland's most celebrated railways on a five-day break and admire the Highland scenery: page 137

**9.00 Britain's Housing Crisis: What Went Wrong?**

**1/2.** Key figures from government and the fields of finance and campaigning uncover the roots of the housing crisis and whose decisions led us here. In the boom before the financial crash of 2008, when investors urged first-time buyers to snap up property, the average British home doubled in price in just five years. After the crisis, quantitative easing and Help to Buy led to prices rising again. Who really got rich during these years, and why did it take the powers that be so long to realise there were losers too?  
 Producer Sam Collins; Series producer Victoria James (S) (HD)

**10.00 Jailed: inside Maghaberry Prison**

**RT 3/6.** Stephen Nolan is reunited with a young man whom he previously met while filming in a young offender centre. Having vowed he would never return to jail, he's now back in prison, as an adult, in Maghaberry. Stephen also meets a man who pleaded guilty in court to killing his girlfriend, yet now denies carrying out the murder. It's an encounter that leaves the presenter determined to establish the truth. The whole series is on iPlayer. **See page 71.**  
 Series producer Austen Irwin; Executive producers Chris Buckler and Mary McKeagney First shown on BBC2 Northern Ireland (S) (HD)

**10.30 Newsnight** With Victoria Derbyshire. (S) (HD)

**11.10 Weather** (S) (HD)

**11.15 Uncanny**  
**1/3.** The popular podcast comes to television, featuring real-life accounts of supernatural encounters, expert analysis and investigations. Danny Robins presents. Shown last Friday (S) (HD)

**12.15am First Ladies of Hip Hop 3/3.** Neneh Cherry narrates a look at female rappers from the 1990s onwards. **See choice, page 41.** Shown Saturday 9.30pm (S) (HD)  
**1.15-3.30am Sign Zone 1.15 Money for Nothing** A drinks trolley, a gramophone and lampshades are saved. (R) (S) (HD)  
**2.00 DNA Family Secrets 2/6.** Twins conceived through IVF would like to find their egg donor. (R) (S) (AD) (HD)  
**3.00 Mortimer & Whitehouse: Gone Fishing 2/6 Series 6** Bob and Paul fish for pike in Scotland. (R) (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



## ITV1

3

**The Real Crown: inside the House of Windsor**

9.00pm The death of Princess Diana triggers a crisis

**4.00pm Tipping Point**

Three contestants take turns on the supersized arcade machine. Presented by Ben Shephard. Repeated 1.45am (S) (HD)

**5.00 The Chase**

Bradley Walsh hosts as Matthew, Justin, Nicola and Reanna take on one of the Chasers. (S) (HD)

**6.00 Regional News Weather** (S) (HD)**6.30 ITV Evening News Weather** (S) (HD)**7.30 Emmerdale**

Amelia gets upset, Vinny feels torn and one of the villagers is trying to play happy families. Writer Julie Parsons Cast Thursday/Friday (S) (AD) (HD)

**8.00 Coronation Street**

Ryan confesses his steroid abuse and shows his face online, gaining Daisy's approval – and more besides. Paul's intervention prompts George to invite Todd to return to Shuttleworth's.

Daisy Midegley Paul Foreman Lauren Bolton Craig Tinker Rita Tanner Kim Wallis Adam Barlow Nina Lucas Max Turner Joel Deering Gav Adebiba Simon Barlow Ken Barlow

Charlotte Jordan Peter Ash Cait Fitton Colson Smith Barbara Knox Rebecca Hesketh-Smith Samuel Robertson Mollie Gallagher Paddy Bever Calum Lill Noah Olafye Alex Bain William Roache

Debbie Webster Leanne Battersby Beth Sutherland Kirk Sutherland Ronnie Bailey Steve McDonald Shona Platt David Platt Lee Dee-Dee Bailey Channice Sterling-Brown Susanna Ramsbottom Denice Hope Doctor Matt Holt

Writer Mark Burt This week's episodes produced by Iain MacLeod, directed by Ryan Graham and Gill Wilkinson More cast Monday (S) (AD) (HD)

**9.00 The Real Crown: inside the House of Windsor**

**RT** 4/5. **Tomorrow's People.** Following the death of Princess Diana, the Queen faces the biggest crisis of her reign, with public faith in the royals at an all-time low. Prince Charles has troubles of his own as he seeks to marry Camilla, but the Queen disapproves of their relationship. When Camilla isn't invited to his 50th birthday party, he takes matters into his own hands to force a change, and as William marries Kate in 2011, the crowds are cheering outside the Palace once more. The whole series is available as a box set on ITVX. **See page 70.** Series producers Kate Quine, Ella Wright; Executive producer David Glover Repeated Thursday 11.50pm (S) (AD) (HD)

**10.00 ITV News at Ten****Weather; Regional News and Weather** (S) (HD)**10.45 Barbara Knox at 90**Bradley Walsh throws a 90th birthday party for *Corrie* icon Barbara Knox, who has played Rita since 1964. The celebrations include a tearful reunion with former co-star Thelma Barlow. Director/Series producer Anthony Pyke Shown last Friday (S) (AD) (HD)**11.40 The Grand Fishing Adventure****Ep 3 Series 2.** In northern France, Ali Hamidi and Bobby Zamora take part in a competition to catch the most colourful koi carp. Shown Monday 9pm ITV4 (S) (HD)**12.30am British Touring Car Championship****Highlights Brands Hatch.** Shown Sat 4.15pm ITV4 (S) (HD)**1.45 Tipping Point** Game show. Shown 4pm (S) (HD)**2.35 Loose Women** Lively chat. Shown 12.30pm (S) (HD)**3.25 Fresh Cuts** Black Britons recount their personal stories of the Queen's Jubilee years. (R) (S) (SL) (AD) (HD)**4.15 Unwind** A sequence to calm the mind. (R) (S) (HD)**5.10–6.00am Tenable** Quiz. Shown 3pm (S) (SL) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

## Channel 4

4  
7 in Wales**Live International****Football 7.00pm** Captain Leonardo Bonucci sits at the heart of the Italian defence**5.00pm Help! We Bought a Village**

The owners of a derelict French hamlet begin renovating their most cherished building. Repeated 7pm 4seven, tomorrow 2.30pm 4seven (S) (HD)

**6.00 Four in a Bed**

Claire hosts the second visit of the week at the Mad Hatters Campsite in Ely, Cambridgeshire. Martha and Lisa love the Wonderland theme, but toilet troubles could be her downfall. (S) (HD)

**6.30 Channel 4 News Sport; Weather** (S) (HD)**7.00 Live International Football England v Italy**Jules Breach is joined by Joe Cole, Jill Scott and Gianfranco Zola to present coverage of the Euro 2024 Group C qualifying match at Wembley Stadium (kick-off **7.45**).

First-half goals from Declan Rice and Harry Kane helped secure a 2–1 victory in the reverse fixture in Naples back in March.

Post-match coverage follows on 4seven. Match highlights at 12.20am C4. (S) (HD)

**10.15 Bangers: Mad for Cars**

**RT** **New series. Ep 1.** Rapper Tinie and Formula One analyst Naomi Schiff search for the best cars of the 1980s, 90s, and 2000s, chosen by car lovers from across the UK. They begin by choosing their favourite family car. Tinie seeks advice for his choice from football legend Ian Wright and rapper Mist, who help him pick between the Saab 900, the Lotus Carlton and the Sierra Cosworth. The whole series will be available to stream after this broadcast. **See p70.** Series producer Paolo Proto; Executive producers Gill Wilson and Patrick Okogwu Repeated 2.50am 4seven (S) (AD) (HD)

**11.20 Gogglebox****Ep 6.** The critics share their opinions on what they have been watching during the week. Shown last Friday (S) (SL) (AD) (HD)**12.20am International Football Highlights** Action from the Euro 2024 Group C qualifying match between England and Italy at Wembley Stadium. (S) (HD)

**1.15 What Men Want** ★★★ Fantasy comedy starring Taraji P Henson and Aldis Hodge. After hitting her head, sports agent Ali discovers that she is now able to hear men's thoughts and uses her new talent to her advantage. But it's not long before Ali's skills are landing her in hot water. Available to stream for 30 days. Director Adam Shankman (2019; 15) (S) (SL) (W) (HD)

**3.20 24 Hours in A&E** Lewis, who is 18-years-old and has ADHD, is brought in to St George's after coming off a motorbike and colliding with two cars. (S) (AD) (HD)

**4.15 Couples Come Dine with Me** A German-themed menu features in West Yorkshire. (S) (HD)

**5.10–6.05am Tool Club** Max shares tiling tips at the Many Tears animal rescue centre project. (R) (S) (HD)

**Live International Football**

Declan Rice grabbed the opening goal in England's victory over Italy in March, and after his summer move from West Ham to Arsenal the midfielder will look to continue his impressive form as the Three Lions aim to move a step closer to the Euro 2024 finals.

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

## BBC4

9  
24 in Scotland**The Eichmann****Show 10.00pm** Martin Freeman stars as US TV producer Milton Fruchtmann**7.00pm Africa****3/6. Congo.** A look at the wildlife that inhabit the dense tropical rainforest at the heart of the continent, such as leaf-folding frogs. Continues tomorrow 7pm. Repeated 1.10am (R) (S) (AD) (HD)**8.00 Some Mothers Do 'Ave 'Em****5/6 Series 2. Father's Class.** In the Christmas episode from 1973, Frank attends a maternity class – without Betty. A box set is available on iPlayer. Writer Raymond Allen; Producer Michael Mills (R) (S)**8.30 Yes Minister****4/7 Series 2. The Greasy Pole**

Plans to manufacture a controversial chemical at a factory on Merseyside cause disagreement. From 1981. Writers Antony Jay and Jonathan Lynn Director/Producer Peter Whitmore (R) (S)

**9.00 Princes in the Tower: Lucy Worsley Investigates**

The historian looks into the case of the Princes in the Tower. She lays out the “familiar” version of events – that the two young sons of Edward IV, Edward and Richard, were murdered in the Tower in 1483 at the behest of their wicked uncle so that he could crown himself Richard III. Sifting all the available information, Lucy reveals her own take on Richard's supposed guilt. Director Emma Frank; Series producer Emma Frank Repeated Thursday 1.20am (R) (S) (AD) (HD)

**10.00 The Eichmann Show**

Drama depicting the true story of how ground-breaking producer Milton Fruchtmann and black-listed TV director Leo Hurwitz together overcame enormous obstacles to capture the 1961 trial in Jerusalem of Nazi war criminal Adolf Eichmann.

Leo Hurwitz Milton Fruchtmann Mrs Landau David Landor Yaakov Jonilowicz Adolf Eichmann Ron Huntsman Judy Gold Eva Fruchtmann Millek Knebel Roy Sedwell Tommy Hurwitz

Anthony LaPaglia Martin Freeman Rebecca Front Andy Nyman Nicholas Woodeson Vaidotas Martinaitis Ben Addis Caroline Bartleet Zora Bishop Ed Birch Dylan Edwards Nathaniel Glead

**11.30 Imagine...****Sonia Boyce: Finding Her Voice**

Alan Yentob talks to artist Sonia Boyce, the first black woman to represent Great Britain at the Venice Biennale. The film charts her preparations in the two months leading up to the 2022 Biennale's opening week.

Director/Producer Alex Harding Repeated tomorrow 2.20am (R) (S) (HD)

**12.40am Frank Bowling's Abstract World** Brenda Emmanus talks to abstract artist Frank Bowling about his career. (R) (S) (HD)

**1.10 Africa** Shown 7pm (S) (AD) (HD)

**2.10–3.10am The Celts: Blood, Iron and Sacrifice with Alice Roberts and Neil Oliver 1/3.** A look at the civilisation's origins and culture. (R) (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

## BBC1 SCOTLAND

**10.40pm** Sportscentre: France v Scotland  
**11.25** Street Gangs  
**11.55** Stranger in My Family **12.55am** Michael McIntyre's The Wheel **1.55** Weather for the Week Ahead **2.00–6.00** BBC News

## BBC SCOTLAND

**7.00pm** Grand Tours of Scotland's Lochs  
**8.00** Scotland's Sacred Islands with Ben Fogle: new series  
**9.00** The Nine **10.00** David Wilson's Crime Files: Scams and Scandals **10.30** The Big Scottish Book Club  
**11.30–12 midnight** Body on the Beach: What Happened to Annie?

## STV

**10.40pm** Scotland Tonight: current affairs  
**11.05** Barbara Knox at 90: celebrating the *Corrie* icon's birthday  
**12 midnight–1.45am** All Elite Wrestling: Dynamite **4.15–5.10** Night Vision: news, sport and weather

## ITV1 BORDER SCOTLAND

**10.45pm** Representing Border **11.15–11.40** Border Life: life in southern Scotland

## BBC1 WALES

**10.40pm** Rookie Nurses  
**11.10** Stranger in My Family **12.10am** Michael McIntyre's The Wheel **1.10–6.00** BBC News

## BBC2 WALES

**4.15–5.15pm** First Minister's Questions  
**11.15** Beacons: Short Films from Wales **11.35** Mortimer & Whitehouse: Gone Fishing  
**12.05–12.15am** Nigel Slater's Simple Cooking

## ITV1 WALES

**10.45pm** Face to Face **11.15–11.40** Wales on TV: the big stories from 1988 and 1995

## BBC1 NORTHERN IRELAND

**10.40pm** Match of the Day from Northern Ireland: Northern Ireland v Slovenia  
**11.20** Stranger in My Family: documentary  
**12.20am** Michael McIntyre's The Wheel **1.20–6.00** BBC News

## BBC2 NORTHERN IRELAND

**10.00–10.30pm** QI  
**11.15–12.15am** Miriam Margolyes: Australia Unmasked

## UTV

**10.45pm** UTV Life  
**11.15–11.40** Eamonn Mallie: Face to Face With: Colin Davidson

Channel 5 listings are overleaf



# TUESDAY Freeview

Channel 5

5



**The Hotel Inspector** 9.00pm Alex tackles a Leicestershire pub

**5.35am Milkshake!** See page 76

**9.15 Jeremy Vine** (S) (HD)

**11.15 Storm Huntley** (S) (HD)

**12.40pm Alexis Conran** (S) (HD)

**1.40 5 News** (S) (HD)

**1.45 Home and Away** Tane is blindsided by Felicity's decision to exclude him. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)

**2.15 Remote Danger** ★★ Thriller starring Stephanie Bennett. A marriage counsellor invites a couple to her cabin retreat, where her ulterior motives are revealed. Director Jason Wan Lim (2021) (S) (W) (HD)

**4.00 Bargain-Loving Brits in the Sun** Tracey and Neil have taken on another bar, and today is the day of the grand opening event. (S) (HD)

**5.00pm 5 News** (S) (HD)

**6.00 Dogs Behaving (Very) Badly** 12/12 Series 3. Sprocker Alfie is so terrified of the outside world that he hasn't been for a walk in two years. Can Graeme help this hound face his fears? (R) (S) (HD)

**6.55 5 News Update** (S) (HD)

**7.00 GPs: behind Closed Doors** Patient Bob is concerned about memory loss, and a father confesses what he has been cleaning his son's ears with. Series director Richard Pepe (S) (HD)

**7.55 5 News Update** (S) (HD)

**8.00 The Yorkshire Vet**

**RT** **Ep 10.** A cow pushes out its uterus after giving birth. And with gravity working against Rohin Aojula, he has to call in the heavy machinery to get the cow in the best position to save her. Meanwhile, Peter Wright operates on a barn owl with a damaged wing. See p70. Directors David Terry, Ross Blair, Adam Caldwell (S) (HD) Followed by **5 News Update** (S) (HD)

**9.00 The Hotel Inspector**

**RT** **2/8 Series 18.** Mark and Michael purchased the King's Arms in Scalford, Leicestershire, 17 years ago. It has a bar, a 50-seater restaurant, a garden and two guest rooms – but times are tough for the pub trade, and the couple have little to show for almost two decades behind the bar. Can Alex help them to work more smartly and revive the fortunes of their business? See p70. Director Tom Weller (S) (HD)

**10.00 I Survived the Yorkshire Ripper** Revealing more victims beyond the 13 murders and seven attempted murders for which Peter Sutcliffe was convicted. Director Heenan Bhatti (R) (S) (HD)

**11.30 Cricket World Cup** Highlights of South Africa v Netherlands, the group match at Himachal Pradesh Cricket Association Stadium in India. (S) (HD)

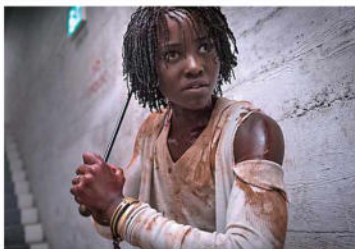
**12.35am Traffic Cops:** a teenage joyrider leads cops on 100-mile chase (R) (S) (HD) **1.30 Casino** (S) (HD) **3.30 Bargain-Loving Brits in the Sun** (R) (S) (HD) **4.20 Britain's Greatest Bridges** (R) (S) (SL) (AD) (HD) **5.05 Wildlife SOS** (R) (S) (SL) **5.30 House Doctor** (R) (S) (SL) **5.55–6.00am** Entertainment News (S) (HD)

**CS** Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105 **+1** Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



**Us** 10.00pm Adelaide Wilson (Lupita Nyong'o) is left fighting for her life

**7.00pm New. Crazy Fun Park**

**3/10.** Violetta starts to become suspicious of Chester's behaviour. (S) (HD) **7.30 New. 4/10.** Chester's plan backfires. More tomorrow 7pm. (S) (HD)

Followed by **New. The Catch Up** (S) (HD)

**8.00 Top Gear**

The hosts take a trip across Britain to chart the decline of the country's sports car industry. More tomorrow 8pm. (S) (HD)

**9.00 Soldier**

**2/5.** As the basic training course at the British Army's Infantry Training Centre in Catterick, North Yorkshire, intensifies the new recruits are pushed to breaking point. The whole series is on iPlayer. Shown last Thursday BBC1 (S) (AD) (HD)

**10.00 Us** ★★ ★★

**RT** Horror thriller starring Lupita Nyong'o and Winston Duke. Adelaide Wilson visits a Santa Cruz seaside funhouse with her family. Following a troubled day, the Wilsons are terrorised in their holiday home by feral doppelgangers, plunging them into a fight for their lives. Available on iPlayer for 28 days. **Review page 57.** Director Jordan Peele (2019, 15) (S) (W) (HD) Shown Sunday BBC2

**11.50 New. The Bold Type**

**2/16 Series 4.** Jane spirals as she waits for the results of her first mammogram. More tomorrow 11.30pm. (S) (HD)

**12.30am BBC New Comedy Awards** (S) (HD) **1.00 The Fast and the Farmer-ish** (S) (HD) **2.00 Scars: Surviving a Stabbing** (S) (AD) (HD) **3.00–4.00am Ballers: Ball or Nothing** (S) (HD)

**BBC3 F'view** 23/HD 107 (not Scot/Wales) **F'sat** 179/HD 107 Sky 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2

6

**5.00am** CITV: children's programmes (S) (HD) **9.00 One Tree Hill** (S) (HD) **10.00 Dawson's Creek** (S) (HD) **11.00 Dress to Impress** (S) (HD)

**12 noon** Dinner Date (S) (AD) (HD) **1.00pm** Alan Carr's Epic Game Show (S) (AD) (HD)

**2.00** Chuck (S) (HD) **3.05** One Tree Hill (S) (HD) **4.00** Dawson's Creek: Dawson saves the day (S) (HD) **5.00** Dinner Date (S) (AD) (HD)

**6.00pm Celebrity Catchphrase** Sophie Ellis-Bextor, Sean Fletcher and Ryan Thomas try to guess the famous phrases. (S) (AD) (HD)

**7.00 Alan Carr's Epic Game Show** The comedian presents a revival of classic game show *Take Your Pick*, as a selection of audience members face the gong and play the famous Yes/No game. (S) (AD) (HD)

**8.00 Bob's Burgers Series 12.** Louise, Millie and Rudy plot revenge on a teacher. (S) (AD) (HD) **8.30** The Belchers tell their own versions of an infamous tree incident. (S) (AD) (HD)

**9.00 New. Big Brother** The ultimate social experiment rolls on as the housemates live inside the iconic Big Brother house. (S) (HD)

**10.00 New. Big Brother: Late and Live** Big Brother hosts AJ Odudu and Will Best present the companion show from a studio near the house and talk to celebrity guests in front of a live studio audience. (S) (HD)

**11.05 Family Guy Series 17.** Peter's hair turns white after ghost-hunting, so a news anchor offers him a job on TV and teaches him how to present fake news. (S) (AD) (HD)

**11.35** Lois receives a surprising birthday present from her father. (S) (AD) (HD)

**12.05am** American Dad! (S) (AD) **1.00** Bob's Burgers (S) (AD) (HD) **2.00** Don't Hate the Playaz (S) (HD) **2.45–3.00am** Unwind (S) (HD)

**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115 **+1** Freeview 29 Freesat 114 Sky 218 Virgin 315

ITV3

10



**Midsomer Murders** 8.00pm Winter and Barnaby head to a convention

**6.00am** Classic Emmerdale (S) **7.05** Classic Coronation Street (S) (AD) **8.10** Bless This House (S) **9.15** Where the Heart Is: 6/8 Series 8. *Skin Deep.* Nathan and Joe discover the truth about Alice. Repeated 12.20am; **10.25 7/8. Body and Soul.** Ozias is determined to ruin the factory. Repeated 1.25am (S) (AD) **11.35** Heartbeat: 4/24. Joe and Rachel investigate a violent attack on a travelling hippie, while David goes to war with a rival taxi firm; **12.40pm 5/24.** Joe risks his career to help Dawson when she's accused of theft (S) (AD)

**1.40pm** Classic Emmerdale: double bill. Edna suffers a fall and has to be rescued by Jarvis, then Shelly decides she's had enough of being bossed around by Steph (S) **2.40** Classic Coronation Street: double bill. Nick reacts badly to the kiss from Todd, then Sarah decides to leave following Nick's revelation that Todd tried to kiss him (S) (AD) **3.50** Agatha Christie's Marple: Nemesis. The spinster sleuth is sent on a mission (S) (AD) (HD)

**5.55pm Heartbeat**

**6/24 Series 18.** The rivalry between two brass bands gets out of hand. (S) (AD) **6.55 7/24.** A widow's life is endangered by dodgy business dealings. (S) (AD)

**8.00 Midsomer Murders**

*Series 20. Drawing Dead.* Carver Valley's comic book convention is in full swing when the village is shocked by the murder of a former model. (S) (AD) (HD)

**10.00 Cracker**

**7/7 Series 3. True Romance 2/2.** Fitz takes a desperate gamble by confronting the murderous Janice, who has kidnapped his son Mark and spirited him away to a secret location. Robbie Coltrane stars. More tomorrow 10pm. (S) (AD)

**11.10 Wycliffe**

*Series 2. Happy Families.* A schoolgirl is found dead after a disco, and Cornish copper Charles Wycliffe applies himself to the task of discovering whether she was murdered or committed suicide. (S) (HD)

**12.20–2.30am** Where the Heart Is Shown 9.15am/ 10.25am (S) (AD)

**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117

**+1 F'view** 59 (9pm–4am) **F'sat** 116 Sky 219 Virgin 317

ITV4

26

**6.00am** World of Sport (S) (HD) **6.20** Minder (S) (SL) (AD) **7.25** The Professionals (S) (SL) (AD) **8.30** Dempsey and Makepeace (S) (AD)

**10.30** Magnum, PI: an escaped convict sets a trap (S) (AD) (HD) **11.30** BattleBots (S) (HD)

**12.30pm** The Saint (S) **1.40** Dempsey and Makepeace (S) (AD) **2.40** Magnum, PI (S) (AD) (HD) **3.40** The Professionals (S) (AD) **4.50** Minder: Terry takes a strip club job (S) (AD)

**6.00pm New. BattleBots** The Round of 32 continues as eight bots enter battle. (S) (HD)

**7.00 The Chase Celebrity Special**

Anthony Quinlan, Louisa Clein, James Moore and Dominic Brunt face the Chaser. (S) (HD)

**8.00 River Monsters** Jeremy Wade visits Africa's Rift Valley, where he faces hippos, crocodiles and rival fishing gangs. (S) (AD) (HD)

**8.30** A search for the bull shark. (S) (AD) (HD) **9.00 FILM Kull the Conqueror** ★★ Fantasy action adventure starring Kevin Sorbo and Tia Carrere. **Review page 77.** (S) (W) (HD)

**11.05 All Elite Wrestling: Rampage** Hard-hitting wrestling action. (S) (HD)

**12.10am** Auto Mundial (S) (HD) **12.40** Motorsport Mundial (S) (HD) **1.05** The Professionals (S) (SL) (AD) **2.05–3.00am** Minder (S) (SL) (AD)

**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118

**+1** Freesat 118 Sky 220 Virgin 318

Drama

20



**Last of the Summer Wine** 6.40pm Foggie (Brian Wilde) gets inventive

**7.10am** All Creatures Great and Small Repeated 4.20pm (S) **8.00** Doctors: double bill. A father worries about his daughter, then Helen grows anxious about her future with Chris **9.20** Classic Holby City: Arthur faces additional pressure after winning the F1 award Rptd 2.50am (S) (HD) **10.40** Casualty: Ken helps an old Burma veteran **11.45** The Bill: the finger of suspicion points at Smithy.

**12.50pm** Classic EastEnders: double bill. Charlie's released from prison, then Adi feels betrayed **2.10** Pie in the Sky: 4/8 Series 5 A police chief's son is attacked (S) **3.10** Bergerac: 1/10 Series 3. Jim is driven back to the bottle **4.20** All Creatures Great and Small: 14/14 Series 2. Merry Gentlemen. A pampered dog falls ill Shown 7.10am **5.30** The Upper Hand: 13/13 Series 3. Charlie organises a surprise party for Caroline

**6.05pm 'Allo 'Allo!**

**17/26 Series 5. Going Like a Bomb** Michelle and Crabtree hatch a plot to get the airmen back to England. (S)

**6.40 Last of the Summer Wine**

*Series 15. Aladdin Gets on Your Wick*

Foggie tries to fashion a sailboard. (S)

**7.20 Series 16. The Glory Hole.** Foggie, Compo and Clegg reconstruct a battle. (S)

**8.00 Dalziel & Pascoe**

**2/3 Series 1. An Advancement of Learning**

A body found buried at a university leaves the detective duo puzzling over blackmail, mistaken identity and possible suicide. (S) (AD)

**10.00 New Tricks**

**9/10 Series 10. Roots.** A murder weapon is found on an allotment and the team set about investigating the killing of an Italian immigrant 25 years earlier. (S) (AD) (HD)

**11.20 Dalziel & Pascoe**

**4/4 Series 2. Exit Lines.** A car crash leaves Dalziel suspended from duty pending an investigation into drink-driving. (S) (AD)

**1.20am** Dancing on the Edge: 4/5. An intense interrogation from the police leaves Louis confused (S) (AD) (HD) **2.50–4.00am** Classic Holby City Shown 9.20am (SL)

**Drama Freeview** 20 Freesat 158 Sky 143 Virgin 116

**+1** Freeview 60 Sky 243 Virgin 316

ITVBe

28

**7.00am** Billie and Greg: the Family Diaries (S) (HD) **8.00** Buying and Selling (S) (HD)

**9.00** LittleBe: children's programmes (HD)

**12 noon** Unboxed (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20**

The Only Way Is Essex (S) (HD) **2.05** Great

Chocolate Showdown (S) (HD) **3.05** Million

Dollar Listing: LA (S) (HD) **4.05** The Real

Housewives of New Jersey (S) (HD) **5.00** The

Real Housewives of Salt Lake City (S) (HD)

**6.00pm** Masters of Flip Kortney and

Dave renovate an old farmhouse. (S) (HD)

**7.00 Buying and Selling** A family in urgent

need of larger accommodation. (S) (HD)

**8.00 The Big Bake: Halloween** The bakers

attempt to construct a haunted toilet cake,

complete with phantoms in the foyer. (S) (HD)

**9.00 New. Emergency Nurses: A&E**

Stories Emergency nurse Kat treats an air

ambulance patient who's had a fall. (S) (HD)

**10.00 New. My Mum, Your Dad Australia**

It's time for the Blessing Ceremony. (S) (HD)

**11.30 The Only Way Is Essex** Jess is unhappy

with Lauren after her date with Dan. (S) (HD)

**12.15am** Be Beautiful (S) (AD) (HD)

**12.30–1.00am** Unwind (S) (HD)

**ITVBe** Freeview 28 Freesat 119 Sky 131 (132 Scotland)

Virgin 119 **+1** Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED





## More4

18



**24 Hour Baby Hospital** 10.00pm Ryan and Patrick arrive at the Rotunda

**8.55am** Kirstie's Handmade Treasures  
**9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It  
**1.10pm** Heir Hunters **3.10** Four in a Bed **5.50** The Secret Life of the Zoo (AD)  
**6.55pm** **The Dog House Australia** Charlotte comes into the sanctuary looking for a friend for Zeke the pug. Harley meets potential adopters the Macdonald family.  
**7.55** **Grand Designs: Living in the Wild** Kevin McCloud looks at the challenges faced by people building in the UK's most remote locations, where the landscape is often matched by the savagery of the weather.  
**9.00** **24 Hours in A&E** Ron, who's aged 80, has fallen out of bed and hurt his head, and staff at Queen's Medical Centre in Nottingham are concerned that he may have a brain injury. Jake is admitted to Minor Injuries after trapping his finger. (AD)  
**10.00** **24 Hour Baby Hospital** Tara and Neil return to the Rotunda hoping for the safe arrival of their baby girl, after tragically suffering miscarriages in the past. Meanwhile, Ryan and Patrick anxiously await the arrival of their first child. (AD)  
**11.05** **24 Hours in A&E** A 39-year-old is rushed to St George's with internal bleeding, while a 19-year-old arrives in A&E after suffering an acute sickle cell crisis. (AD)  
**12.10am** Emergency Helicopter Medics (AD) **1.15** 24 Hour Baby Hospital (AD) **2.20** 24 Hours in A&E (AD) **3.25-3.55am** Food Unwrapped (AD)

**More4** F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

## E4

13

**6.00am** Hollyoaks Shown last Thu/Fri (AD) **7.00** Married at First Sight UK **8.00** Melissa & Joey (AD) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** The Goldbergs (AD)  
**12 noon** The Big Bang Theory (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family: double bill **4.00** Married at First Sight UK **5.00** The Big Bang Theory (AD)  
**6.00pm** **The Big Bang Theory 12/23** Series 3. Raj laments after a girl at a party. (AD)  
**6.30** **13/23** Sheldon's flat is burgled. (AD)  
**7.00** **Hollyoaks** Sienna's children put her in an awkward situation. Rptd Thu 6.30am (AD)  
**7.30** **Young Sheldon 7/21** Series 3. Missy stands up to the boys on her baseball team. (AD)  
**8.00** **New. Modern Family 23/24** Series 4 Phil takes the family on a trip in his motor home.  
**8.30** **New. 24/24**. The family go to Florida.  
**9.00** **New. Married at First Sight UK** A test to see if science can help people fall in love.  
**10.00** **CHOICE New series. Rick and Morty** Series 7. Rick helps an old friend. (AD)  
**10.35** Series 6. Morty hopes he gets a certain gift for Christmas. See page 71. (AD)  
**11.05** **Naked Attraction** Tree surgeon Dimitri, aged 25, is in for a big surprise. (AD)  
**12.10am** First Dates (AD) **1.15** Married at First Sight UK **2.20** Gogglebox (SL) **3.15** Below Deck Sailing Yacht (AD) **4.00** Brooklyn Nine-Nine (AD) **4.50-6.00am** Black-ish (AD)

**E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 181 Sky 138 (139 Scot) Virgin 287

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **9.00** The Repair Shop **10.00** The Yorkshire Auction House **11.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun **2.00** My 600lb Life **4.00** Animal Cops Phoenix (AD) **5.00** Cornwall Air 999 **6.00** The Yorkshire Auction House **7.00** Antiques Road Trip **9.00** My Feet Are Killing Me **10.00** New. 90 Day Fiancé **12 midnight** The Dead Files **1.00am** Ghost Adventures (AD) **2.00** Shopping **4.00** Animal Cops Phoenix (AD) **5.00-6.00am** Money for Nothing  
**Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

**BBC News** Freeview 231 Freesat 212 Sky 503 Virgin 601 **Sky News** Freeview 233 Freesat 202 Sky 501 Virgin 603 BT 313

## Sky Arts

11



**Katharine Hepburn: Call Me Kate** 8.00pm The Oscar-winning actress

From tomorrow, Sky Arts moves to Freeview 36. New channel Sky Mix will be on Freeview 11  
**6.00am** Arts Uncovered **6.10** ENO's Drive and Live: La Bohème **8.00** The Joy of Painting **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Tom Hanks: a profile of the actor **12 noon** The Joy of Painting **1.00pm** Tales of the Unexpected (AD) **2.00** Wonderland: from JM Barrie to JRR Tolkien **3.00** The Art Mysteries (AD) **4.00** Discovering: Denzel Washington **5.00** Tales of the Unexpected (AD) **6.00pm** **Alfred Hitchcock Presents** A woman is involved in an accident and her husband is confronted about his involvement. **6.30** A chicken farmer murders his girlfriend. **7.00** **The Joy of Painting** Bob Ross paints old wood on buildings with a shake of his brush. **7.30** Bob Ross creates a sweet waterfall in the middle of a protective forest. **8.00** **Katharine Hepburn: Call Me Kate** Combining new and archive footage to tell the actress's story. (AD) **10.00** **The Movies** Cinema through the 1970s, including films that pushed the boundaries, from *The Godfather* to the classic *Jaws*. **11.00** **Discovering: John Mills** The life and career of the English actor. **12 midnight** I Am Patrick Swayze (AD) **2.00am** Escher: Journey into Infinity **3.35** Discovering: Bee Gees (AD) **4.00** The Great Songwriters **5.00-6.00am** The South Bank Show  
**Sky Arts** Freeview 11 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Come Dine with Me: five editions (AD) **11.30** A Place in the Sun: double bill  
**1.30pm** The Great House Giveaway **2.30** Help! We Bought a Village **3.30** Come Dine with Me: dinner parties in Eastbourne (AD)  
**6.00pm** **A Place in the Sun** Marian and Donald seek a home in Almuñécar, Spain.  
**7.00** **Help! We Bought a Village** The owners of a derelict French hamlet begin renovating their most cherished building. Shown 5pm C4  
**8.00** **Jamie's Five Ingredient Meals 1/4** Jamie Oliver demonstrates hassle-free recipes that use just five ingredients. See choice, p60. Shown yesterday 8pm C4 (AD)  
**9.00** **The Great Pottery Throw Down** The contestants are challenged to make a trio of flying birds in retro week. (AD)  
**10.15** **New. International Football** Live post-match reaction to England v Italy.  
**10.45** **Celebrity SAS: Who Dares Wins 4/7** Series 5. The celebrities face a task that examines whether they can trust their team. See choice, p51. Shown Sunday 9pm C4 (AD)  
**11.50** **Big Fat Quiz of the Decade** Jon Snow is among those posing the head scratchers.  
**1.50am** Taskmaster (AD) **2.50** Bangers: Mad for Cars (AD) **3.45-4.45am** The Great British Bake Off: an Extra Slice: Jo Brand hosts (AD)

**4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

## Quest

12

**6.00am** How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Shed and Buried (AD) **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers: Dream Car **7.00** Outback Opal Hunters **8.00** Salvage Hunters **9.00** **CHOICE New.** Shed and Buried See p71 **10.00** Find It, Fix It, Drive It **11.00** New. British Superbikes **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Chasing Classic Cars **3.00** Salvage Hunters: Classic Cars **4.00-5.00am** How It's Made  
**Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 337

## Yesterday

27



**Joanna Lumley's India** 8.00pm The actress arrives in the city of Delhi

**6.10am** Monster Ships **8.00** Abandoned Engineering (AD) **10.00** Narrow Escapes of World War II (AD) **11.00** World War Weird  
**12 noon** Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash (AD) **4.00** World War Weird **5.00** Narrow Escapes of World War II (AD)  
**6.00pm** **Great British Railway Journeys** Michael Portillo follows in the footsteps of Edward VII, from the grand estates of Norfolk to a bivouac on Brownsea Island.  
**6.30** Michael travels from Letchworth Garden City to Herne Hill.  
**7.00** **Antiques Roadshow** A celebration of 100 years of women winning the vote.  
**8.00** **Joanna Lumley's India** Joanna embarks on the final leg of her journey through India.  
**9.00** **The Architecture the Railways Built** Tim Dunn visits Ribbleshead Viaduct in the Yorkshire Dales and talks to the man who saved it from closure. (AD)  
**10.00** **Bangers and Cash** Derek takes delivery of a beautiful green Renault van. (AD)  
**11.00** **Abandoned Engineering** An abandoned railway station in Spain. (AD)  
**12 midnight** Great British Railway Journeys **1.00-3.00am** Monster Ships: double bill  
**Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1** Sky 255 Virgin 329

## Dave

19

**7.10am** Exploration Volcano (AD) **8.00** Border Force: America's Gatekeepers (AD) **9.00** The Force: Behind the Line **10.00** Inside the Factory **11.00** Rick Stein's French Odyssey  
**12 noon** Storage Hunters UK **1.00pm** Top Gear (AD) **4.00** Pointless **5.00** Rick Stein's Cornwall **5.59** Rick Stein's French Odyssey  
**7.00pm** **Richard Osman's House of Games** Roger Black, Jo Brand, Sanjeev Kohli and Tiff Stevenson take part.  
**7.35** With Samantha Womack, Rory Reid, Anne Diamond and James Acaster.  
**8.20** **Would I Lie to You?** With Jo Brand, Roisin Conaty, Paul Foot and Ray Mears.  
**9.00** **QI XL** Host Stephen Fry is joined by Jo Brand, Andy Hamilton, Dr Ben Goldacre and regular panellist Alan Davies.  
**10.00** **Have I Got a Bit More News for You** Clive Myrie guest-hosts, as actor Miles Jupp and journalist Camilla Long join team captains Paul Merton and Ian Hislop for the quiz.  
**11.00** With guest host Jess Phillips and panellists Jon Richardson and Hannah Fry.  
**12 midnight** Alan Davies: As Yet Untitled  
**1.00am** Mock the Week **1.40** Meet the Richardsons: double bill (AD) **2.45** Sliced (AD) **3.30-4.00am** Whose Line Is It Anyway? USA  
**Dave** F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

## London Live

8

**6.00am** Space 1999 **7.00** Department S **8.00** Destination Flavour: China **9.00** Plane Crash Re-created **10.00** The Avengers (BW) **11.15** World Natural Heritage: Costa Rica **12.15pm** The Fall and Rise of Reginald Perrin **1.05** **FILM** The Painted Smile ★ Thriller **2.20** **FILM** Lost in the Stars ★★ Musical **4.20** London Districts **4.30** Destination Flavour: China **5.00** William and Mary **6.00** London Live News **7.00** Castle Builders **8.00** Shine On Harvey Moon **9.00** Murder Maps **10.00** Murder Most Horrid **10.45** **FILM** Hurt By Paradise ★★ **12.30am** **FILM** Five Corners ★★ **2.20** **FILM** Nineteen Nineteen ★★ Drama with Maria Schell **4.20** London Districts **4.30** Destination Flavour: China **5.00-6.00am** Plane Crash Re-created  
**London Live** Freeview 8 Sky 117 Virgin HD 159 Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** NCIS (AD) **10.55** Entertainment News **11.00** NCIS **12 noon** Law & Order **6.00pm** NCIS Series 9. Triple bill. McGee's grandmother is implicated in the killing of a lieutenant **7.00** The team tries to uncover the motive behind a contract killing **8.00** A coastguard officer is found dead on board an abandoned cargo ship (AD) **9.00** Law & Order: Criminal Intent Series 10. Double bill. A Broadway star falls to his death after his flying harness fails, then Twin brothers are found dead in an office **11.00** Law & Order: Special Victims Unit: double bill  
**12.55am** Criminal Minds **2.50** Lucifer **3.35-4.00am** 999: Criminals Caught On Camera  
**5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

## 5 Star

32

**8.00am** Bargain-Loving Brits in the Sun **10.00** Casualty 24/7: Every Second Counts **11.00** GPs: behind Closed Doors (AD) **12 noon** Traffic Cops **2.00pm** Police Interceptors **5.00** Car Pound Cops: Give Me My Car Back! **6.00pm** **Home and Away** Tane is blindsided by Felicity's decision to exclude him from the Restorative Justice process. Shown 1.45pm C5 (AD) **6.30** **New.** Samuel fills Rose in on her family history. Repeated tomorrow 1.45pm C5. (AD)  
**7.00** **Babies 24/7: the Maternity Ward** Michelle's baby could be bigger than average.  
**8.00** **GPs: behind Closed Doors** A doctor sees a smoker with a lung condition. (AD)  
**9.00** **New. 999: Emergency Call Out** Series following joint police and paramedic fast response units.  
**10.00** **Ambulance: Code Red** Medics rush to a 60-year-old woman trapped in her car.  
**11.00** **999: Critical Condition** A heavily bandaged Simon is helicoptered into hospital.  
**12 midnight** Sleeping with My Murderer (AD)  
**1.00am** Killer at the Crime Scene **2.00** Skin A&E (AD) **2.50-3.00am** Entertainment News  
**5 Star** Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scot) Virgin 326

## 5 Action

33

**9.00am** Trucking Hell (AD) **10.00** Traffic Cops **11.00** Police Interceptors  
**12 noon** **FILM** Horizons West ★★ Western **1.45pm** **FILM** Arrowhead ★★ Western **4.00** Trucking Hell (AD) **5.00** Traffic Cops **6.00pm** **Police Interceptors** Justin Moffitt and Paul Faulkner chase down car thieves.  
**7.00** Police dog teams in the Cleveland and Durham specialist operations unit.  
**8.00** Jacko rushes to capture a man armed with an axe, and Paul hunts down a drug dealer.  
**9.00** **Motorway Cops: Catching Britain's Speeders** On the M6, PC Rich Woodward pursues a speeding vehicle and the occupants are unable to keep their story straight.  
**10.00** **New. Ice Cold Catch** After a victorious week off, Greg is ready to get his sea legs back when a sudden injury hits.  
**11.00** **World's Deadliest Weather: Caught on Camera** A man dives into the basement as a tornado takes out a town in New Jersey. In Australia, a home is surrounded by fire.  
**12 midnight** Police: Night Shift 999 **1.00am** Fights, Camera, Action! **2.00-3.00am** Sinkholes: Buried Alive: houses destroyed by sinkholes  
**5 Action** Freeview 33 Freesat 132 Sky 150 Virgin 130

## 5 Select

46

**9.00am** Cash in the Attic **11.00** The Yorkshire Vet **1.00pm** World's Most Scenic Railway Journeys **2.00** The Yorkshire Vet (AD) **4.00** The Highland Vet **5.00** Ben Fogle: New Lives in the Wild: in North Africa  
**6.00pm** **World's Most Scenic Railway Journeys** A trip to a Portuguese vineyard.  
**7.00** **The Big Steam Adventure** From London to Scotland using the power of steam.  
**8.00** **Rob Bell's Engineering Reborn** A goldmine transformed into a laboratory.  
**9.00** **Britain's Lost Battlefields with Rob Bell** Rob investigates the events that led to the Battle of Watling Street.  
**10.00** **Forged in Fire** Bladesmiths must forge a damascus blade from different steels.  
**11.00** **The Pacific War in Colour** **1.05-3.00am** Forged in Fire: double bill (AD)  
**5 Select** F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

**FREEVIEW TV and film channels continue overleaf**



# TUESDAY Freeview & films

## W 25



**DIY SOS: Homes for Veterans** 7.00pm Meeting royal guests

**6.10am** Changing Rooms Australia  
**7.30** Inside the Ambulance **8.00** Tipping Point **10.00** as 7pm **11.00** DIY SOS: The Big Build **12 noon** Rochelle Humes: Interior Designer in the Making (AD) **1.00pm** Tipping Point **4.00** My Dream Home

**6.00pm Property Brothers: Forever Homes** A Las Vegas home with an awkward layout.

**7.00 DIY SOS: Homes for Veterans** The team creates a home for a veteran who is a triple amputee.

**8.00 Ambulance Australia** Paramedics Ben and Rachel respond to a suspected heroin overdose.

**9.00 24 Hours in A&E** A patient is brought in having broken his leg.

**10.00 999 Rescue Squad** A risky missing persons search is launched.

**11.00 Louis Theroux: Extreme Love - Dementia** Louis meets dementia sufferers in Arizona. (AD)

**12 midnight** One Born Every Minute **1.00am** Plate of Origin **2.20-3.00am** Inside the Ambulance

**W** F'view 25 F'sat 156 Sky 132 (133 Scotland) **Virgin** 125 +1 Sky 232 (233 Scotland) **Virgin** 325

## Pick 36

Pick channel closes down tonight. Tomorrow, Sky Mix will launch

**7.00am** Border Security: Canada's Front Line **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** Highway Cops (AD) **11.00** Highway Patrol (AD) **12 noon** Motorway Patrol **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line **3.00** Nothing to Declare **4.00** Stargate Atlantis **5.00** Stargate SG-1 **6.00pm** Star Trek: Enterprise **7.00** Star Trek: Voyager **8.00** New. Magnum P.I. (AD) **9.00** New. The Rookie: Chen is jealous of how training officer Tim treats his new rookie (AD) **10.00** Killing Mum and Dad (AD) **11.00** New. Snapped **12 midnight** How I Caught the Killer (AD) **1.00am** Brit Cops: Rapid Response (AD) **2.00** Road Wars **3.00** Highway Patrol (AD) **4.00** Motorway Patrol **5.00-6.00am** Highway Cops

**Pick** F'view 36 F'sat 144 Sky 151 Virgin 135

## HGTV 44

**7.00am** Renovation Island **8.00** Love Your Garden (AD) **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Fantasy Homes by the Sea **12 noon** My Lottery Dream Home **1.00pm** New series Bargain Mansions **2.00** Flip or Flop Atlanta **3.00** Love Your Garden (AD) **4.00** Escape to the Country **5.00** Renovation Island **6.00** A Place in the Sun **7.00** Fantasy Homes by the Sea **8.00** Escape to the Country **9.00** New. Windy City Rehab **10.00** New. Luxe for Less **11.00** Bargain Mansions **12 midnight** Fantasy Homes by the Sea **1.00am** Renovation Island **2.00** Love Your Garden (AD) **3.00-4.00am** My Lottery Dream Home: double bill

**HGTV** F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

**FREEVIEW channels continued from overleaf**

## Food Network 43



**River Cottage to the Core** 8.00pm Hugh gets fruity

**6.00am** Trisha's Southern Kitchen **7.00** The Pioneer Woman **8.00** Barefoot Contessa: back to Basics **9.00** New. The Kitchen **10.00** Sophie Grigson: Slice of Italy **11.00** River Cottage to the Core **12 noon** The Great British Bake Off **2.00pm** James Martin's French Adventure (AD) **3.00** Nadiya's American Adventure **4.30** Barefoot Contessa: back to Basics **5.00** New. The Pioneer Woman **6.00pm** James Martin's French Adventure: the chef visits locations that inspired his culinary career, beginning in Saint-Emilion (AD) **7.00** The Great British Bake Off: the six remaining bakers face a tough technical challenge during Dessert Week **8.00** River Cottage to the Core **9.00** Ainsley's Food We Love: with Alison Hammond and Aldo Zilli **10.00** Nadiya's American Adventure: Nadiya Hussain explores the culture and cuisine of California **11.30** Diners, Drive-Ins and Dives: restaurants in Bakersfield, California **12 midnight** New. Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00-3.00am** Halloween Baking Championship

**Food Network** F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin** 190 +1 F'sat 149 Sky 240 (241 Scot)

## Great TV 50

**8.00am** Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M\*A\*S\*H: four episodes **9.00** Randall and Hopkirk (Deceased) **10.00** The Persuaders! Danny and Brett are tricked into investigating a murder on the Côte d'Azur **11.00** Return of the Saint **12 midnight** M\*A\*S\*H: four episodes **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50-5.00am** Movie News

**Great TV** Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1 Freesat 143 Sky 257

## RealityXtra 68

**9.00am** Medical Detectives **11.00** 48 Hours **12 noon** Crimes That Shook Australia **1.00pm** Murder by the Sea **3.00** Medical Detectives **5.00** 48 Hours: an American woman dies by gunshot on a safari trip **6.00** Crimes That Shook Australia: the shooting of Peter Falconio by Bradley Murdoch in 2001 **7.00** Judge Judy **1.00am** 48 Hours **1.55** Crimes That Shook Australia **2.55** Murder by the Sea **4.45-6.00am** Medical Detectives

**RealityXtra** Freeview 68 Freesat 134 Sky 145 Virgin 172

## BBC Parliament 232

**7.00am** Levelling Up, Housing and Communities Questions **8.00** House of Commons **9.30** Live Select Committees **11.30** Live Health and Social Care Questions **12.30pm** Live House of Commons: coverage of the day's proceedings in the House of Commons **7.30** Live House of Lords: the day's events **10.00** Welsh First Minister's Questions **11.00** Lords Questions **11.40-7.00am** House of Lords

**BBC Parliament** Freeview 232 Freesat 201 Sky 145 Virgin 605

## PBS America 84



**Pompeii: Buried Secrets of the Villa Giulianna** 7.25pm

**8.15am** Butch Cassidy and the Sundance Kid **9.20** New. Pompeii: Buried Secrets of the Villa Giulianna **10.30** as 8.30pm **11.50** as 9.45pm **1.00pm** Beautiful Serengeti **1.30** as 6.15pm **2.40** as 7.25pm **3.50** The Long Road to War **5.05** My Life in Hitler's Germany

**6.15pm Butch Cassidy and the Sundance Kid** Profiling the notorious 1890s Wild West duo who robbed trains and banks.

**7.25 Pompeii: Buried Secrets of the Villa Giulianna**

**RT** Investigating the context of the Roman ceremonial chariot found in Pompeii. See p70.

**8.30 The Long Road to War 2/2.** Analysis of the events that led to the First World War.

**9.45 My Life in Hitler's Germany 1/2.** The true stories of those who lived under the Nazis.

**10.55 Pompeii: Buried Secrets of the Villa Giulianna** As 7.25pm.

**12 midnight** The Long Road to War **1.15-2.00am** Beautiful Serengeti

**PBS America** F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 187

## Blaze 64

**6.00am** Hardcore Pawn **7.20** Storm Stories **8.15** Ancient Aliens **10.10** The Curse of Oak Island **11.10** Britain's Most Historic Towns **12.10pm** Storage Wars **1.05** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Storm Stories **7.00** Storage Wars **8.00** Dickinson's Real Deal: David Dickinson and the team head to St Albans in Hertfordshire **9.00** New. Monsterquest: a 60ft shark that might be a giant new species or a prehistoric survivor **10.00** New. Swamp People: Serpent Invasion: a heat wave grips the Everglades **11.00** The Proof is Out There **12 midnight** The Curse of Oak Island **1.00am** Britain's Most Historic Towns **2.00** Auction Kings **3.00** Dickinson's Real Deal **3.45** Storage Wars **4.10** Forged: Iron and Fire: double bill **5.00-6.00am** Pawn Stars

**Blaze** F'view 64 F'sat 162 Sky 164 Virgin 174

## Challenge 48

**7.00am** The Chase **10.00** Catchphrase **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Pointless Celebrities: featuring Colin Baker and Simon Williams, Helen George and Pam Ferris, Martin Jarvis and Nerys Hughes, and Matthew Kelly and Christopher Timothy (AD) **2.00** Who Wants to Be a Millionaire? **3.00** Blockbusters **4.00** Bullseye **6.00** Who Wants to Be a Millionaire? **7.00** Weakest Link: Anne Robinson asks more general knowledge questions against the clock **8.00** The Chase: double bill **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye: two editions of the darts-based quiz **12 midnight** Weakest Link **1.00am** The Chase **4.00** Who Wants to Be a Millionaire?: Chris Tarrant hosts **5.00-6.00am** Bullseye (AD)

**Challenge** Freeview 48 Freesat 146 Sky 145 Virgin 139

## CHILDREN'S

### Milkshake! on C5

**5.35am** Peppa Pig **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Daisy & Ollie **6.10** Milkshake! Monkey **6.20** Peppa Pig **6.35** New. Oggy Oggy **6.45** Odo **6.55** New. Tweedy & Fluff **7.00** Fireman Sam **7.10** Thomas & Friends: All Engines Go! **7.25** Peppa Pig **7.45** Paw Patrol **7.55** Pip and Posy **8.05** The Adventures of Paddington **8.15** Chip and Potato **8.25** Milo **8.35** Paw Patrol **8.45** Ben and Holly's Little Kingdom **8.55** Peppa Pig **9.05-9.15am** Milkshake! Story Den

Full listings for Channel 5 are on p74

### CBeebies 202

**6.00am** Colourblocks **6.05** Vegesaur **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05** New. Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Steve and Aneshwar Go Wild **8.30** My Petsaurus **8.35** Justin's House **8.55** Small Potatoes **9.00** Bing **9.10** New. Yakka Dee! **9.15** Love Monster **9.20** Diddap **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Tiny Wonders **10.40** Hey Duggee **10.45** Vegesaur **10.50** Gecko's Garage **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** Nick Cope's Popcast **11.30** Down on the Farm **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Waffle the Wonder Dog **12.30** Get Well Soon **12.40** Andy's Prehistoric Adventures **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Diddap **2.25** Supertato **2.35** Go Jetters **2.45** Time for School **2.55** Small Potatoes **3.00** Andy's Adventures **3.15** Get Set Galactic **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Treasure Tales **4.10** Small Potatoes **4.15** New. The Game Catchers **4.25** Bluey **4.40** New. Supertato **4.45** Go Jetters **5.00** Topsy and Tim **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories

**CBeebies** F'view 202 F'sat 608 Sky 608 Virgin 702

### CBBC 201

**7.00am** Shaun the Sheep **7.10** Dangle Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** New. Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Hey You What If? **8.40** Operation Ouch! **9.10** Deadly 60 **9.35** Game on Grandparents **10.00** Lagging **10.15** Horrible Histories **10.50** Don't Blame Me, Blame My Brain **11.00** Bitesize **11.20** Ricky Wilson's Art Jam **11.35** Our School **12 noon** Dangle Mouse **12.45pm** Boy Girl Dog Cat Mouse Cheese **1.30** Sketchy Comedy **1.35** Dennis & Gnasher **2.10** Blue Peter **2.40** Deadly Mission Shark **3.10** The Deep **3.30** Dangle Mouse **3.45** Ninja Express **3.55** Taffy **4.05** Grizzly and the Lemmings **4.20** Boy Girl Dog Cat Mouse Cheese **4.35** Monster Loving Maniacs **4.45** Odd Squad **5.00** Ooglies Funszie **5.05** Total Dramarama **5.15** Summer Camp Island **5.30** New. The Football Academy **6.00** Malory Towers **6.25** Blue Peter Challenges **6.35-7.00pm** The Next Step

**CBBC** F'view 201 F'sat 607 Sky 607 Virgin 701

### ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am-9.00 and on ITVBe 9am to 12 noon

**ITV2**  
**5.00am** Captain Underpants **5.25** Scooby-Doo! **5.45** Craig of the Creek **6.10** Teen Titans Go! **6.35** Looney Tunes **7.05** Jurassic World Camp Cretaceous **7.30-9.00am** Scooby-Doo!

### ITVBe

**9.00am** Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Ollie **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Postman Pat **11.35** Mumfie **11.45-12 noon** Pip Ahoy!

## FILMS

### Film4 14

**11.00am Captain Scarlett ★★** Indifferent washbuckler starring Richard Greene. Leonora Amar (1953, U) (S) (AD)  
**12.35pm Dragoon Wells Massacre ★★** A band of travellers is stalked by Apaches in this rudimentary western. Barry Sullivan (1957, PG) (S) (AD)  
**2.20 The Tin Star [REVIEW]** An inexperienced sheriff seeks help from a lawman-turned-bounty hunter in this low-key western. **Review, right.** Henry Fonda (1957, PG) (S) (AD)  
**4.10 13 Rue Madeleine ★★** James Cagney stars in this cloak-and-dagger spy drama. (1946, U) (S) (AD)

**6.10pm Independence Day ★★★★★** This sci-fi blockbuster sees gigantic alien spacecraft hover above Earth and set about destroying everything below. **Review, right.** Will Smith (1996, 12) (S) (AD)

**9.00 The Mist ★★★** Atmospheric sci-fi horror in which mutant creatures emerge out of a fog in small-town Maine. Thomas Jane, Marcia Gay Harden (2007, 15) (S)

**11.25 1408 ★★★** John Cusack's professional sceptic checks into an allegedly haunted hotel for the worse night of his life in this effective chiller. **Review, right.** Samuel L. Jackson, Mary McCormack (2007, 15) (S)

**1.30-3.40am Playing Away ★★★★★** This likeable satirical comedy pits the white denizens of a quaint village against a black team from Brixton in a game of cricket. Norman Beaton, Robert Urichart (1986, 15) (S)

**Film4** Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

### Talking Pictures TV 82

**6.00am Police Dog ★★** Competent quota quickie. Joan Rice (1955, PG) (S) **7.30 Sherlock Holmes TV** mystery. (S) **8.05 Eagles Over London ★★** Well-mounted thriller about the hunt for a team of Nazi infiltrators during the evacuation of Dunkirk. Frederick Stafford (1969, PG) (S) **10.20 The Shiralee ★★★★★** Peter Finch hits the road with his daughter in this Ealing adventure made in Australia. (1957, PG) (S) **12.20pm A Boy, a Girl and a Bike ★★** Cheap and cheerful comedy. **Review, right.** John McCallum (1949, U) (S) **2.10 The Bank Shot ★★** Cartoonish comedy with George C. Scott. (1974, PG) (S) **3.50 Blue, White and Perfect ★★** Low-key mystery with detective Lloyd Nolan after a Nazi smuggling ring on an ocean liner. **Review, right.** (1942) (S) **5.25 Fireball XL5 TV** sci-fi. **6.00pm The Black Arrow** TV historical adventure. **6.30 Scotland Yard** Docudrama. **7.05 The Four Just Men** TV drama with Richard Conte. (S) **7.55 Circumstantial Evidence ★★** Compact British noir that sees a wife plotting to divorce her husband. Rona Anderson, Patrick Holt (1952) (S) **9.05 Maigret** TV detective series. **11.05 Maniac ★★★★★** Convoluted but jumpy thriller about an attempt to free a man from a mental institution. Kerwin Mathews (1962, 12) (S) **12.55am The Face behind the Mask ★★★★★** Moody horror starring Peter Lorre as a man whose disfigurement leads him to madness and tragedy. Evelyn Keyes (1941) (S) **2.20 Tales That Witness Madness ★★** Four creepy horror stories. Jack Hawkins, Donald Pleasence (1973, 18) (S) **4.05 Dick Powell's Zane Grey Theatre** TV drama. **5.00-6.00am Stagecoach West** TV western. (S) **Talking Pictures TV** Freeview 82 Freesat 306 Sky 328 Virgin 445



## FILM REVIEWS



FILM  
OF THE  
DAY

## Cold Comes the Night ★★★

9.00-10.50pm **Great Movies**

15

CRIME Director/co-writer Tze Chun's dark neo

noir stars Alice Eve as Chloe, the owner of a struggling roadside motel. She's forced to help Topo (Bryan Cranston), one of a pair of Mob deliverymen who hole up at the motel after their cash-filled car is impounded by the police. Topo's eyesight is failing, and he needs Chloe to be his eyes as he attempts to get the car – and the money – back. Cranston is suitably sinister in his role, but it's Eve who impresses the most, as Chloe evolves from timid victim into a resourceful action-taker. **DAVE ALDRIDGE** (US 2013, violence, swearing)

## A Boy, a Girl and a Bike

★★★ 12.20-2.10pm

Talking Pictures TV

U

## COMEDY DRAMA Director

Ralph Smart's minor, good-natured British movie follows the adventures and love

affairs of the youthful members of a Yorkshire cycling club. Honor Blackman

is the girl whose affections are sought by humble Patrick

Holt and rich boy John McCallum, while Anthony

Newley and Diana Dors play other members of the group.

ROBYN KARNEY (UK 1949, BW)

## The Tin Star ★★★★★

2.20-4.10pm **Film4**

PG

WESTERN Here's a finely wrought movie from masters of the genre in their prime.

Henry Fonda plays the bounty hunter who helps

sheriff Anthony Perkins to hold down his job in a town

beset by outlaws. Dudley Nichols was Oscar-nominated

for his screenplay and director Anthony Mann allows the

setting and characters to tell the story. **TONY SLOMAN**

(US 1957, some violence, BW, HD)

## Blue, White and Perfect

★★★ 3.50-5.25pm

Talking Pictures TV

MYSTERY The fourth film to star Lloyd Nolan as private

detective Michael Shayne

finds the wisecracking gumshoe taking a job at an aircraft factory. Following a robbery of some industrial diamonds, Shayne comes to suspect the involvement of an inside man and a German spy. There are a few laughs along the way, but overall, the gag and action counts are too low. **TERRY STAUNTON** (US 1942, BW)

## Independence Day ★★★★★

6.10-9.00pm **Film4**

12

SCI-FI No film had presented the destruction of the Earth on such an epic scale before this blockbuster from Roland Emmerich. The story is simple: alien spacecraft appear over major cities and then set about destroying everything below. Will Smith, Jeff Goldblum and Bill Pullman lead the cast, but this is largely a showcase for some tremendous special effects. **JOHN FERGUSON**

(US 1996, violence, swearing, HD)

## Kull the Conqueror ★★

9.00-11.05pm **ITV4**

12

FANTASY Hercules star Kevin Sorbo made the switch from TV to the big screen with this sword-and-sorcery epic. He

plays the barbarian who becomes King of Valusia, but his attempts to free his people

bring him into conflict with a shape-shifting sorceress (Tia Carrere). Although rather

disjointed, the movie has a darker hue and edgier atmosphere than might be expected. **ALAN JONES** (US 1997, violence, swearing, HD)

Scary Movie ★★★★★ 9.00-10.35pm **Comedy Central**

18

HORROR SPOOF Keenen Ivory Wayans directs this lampoon of 1990s teenage horror movies that gets good comedy mileage out of the likes of *Scream* and *The Blair Witch Project*. You won't remember the plot five minutes after you've watched it, but the send-up of *The Matrix* will have you chuckling despite yourself. **JOANNA BERRY** (US 2000, violence, swearing, sex scenes, drug abuse, HD)

## Dog Eat Dog ★★

10.45pm-12.35am **Legend**

18

CRIME Paul Schrader's rambling movie follows a trio of crooks led by Nicolas Cage, who attempt to kidnap a mobster's baby and hold it to ransom. But it's no surprise that things soon go violently awry, especially with a drug-fuelled time bomb like Willem Dafoe's "Mad Dog" in the mix. **JEREMY ASPINALL** (US 2015, violence, swearing, sex scenes, drug abuse, nudity, col/BW)

## 1408 ★★★★★

11.25pm-1.30am **Film4**

15

CHILLER John Cusack is the paranormal debunker who checks into the New York Dolphin Hotel's allegedly haunted suite 1408, despite the warnings of manager Samuel L. Jackson. For most of its running time, this is a masterclass in slow-drip fear; it's only when director Mikael Hafstrom goes CGI crazy in the final act that the film unravels. **SLOAN FREER** (US 2007, violence, swearing, HD)

## Sky Cinema picks

## Guys and Dolls ★★★★★

3.20-5.50pm **Sky Greats**

Cracking musical. (1955, U) Sky 304; Virgin 404; BT 504/518

## Old Henry ★★★★★

8.00-9.40pm **Sky Originals**

Well-played western. (2021, 15) Sky 302; Virgin 402; BT 502/516

## Oldboy ★★★★★ 10.00pm-

12 midnight **Sky Thriller** Park Chan-wook's shocking revenge tale. (2003, 18) Sky 309; Virgin 409; BT 509/523

Films to stream from p32  
Netflix, Amazon, Disney+ and more

## Great Movies 34

**9.00 The Nurse** ★★ Camp thriller. Willa Ford (2014) **11.00 Fatal Trust** ★★ The doctor has a sinister secret. Amy Jo Johnson (2006) **1.00pm Summer in the Vineyard** ★★ A new romance is tested. (2017) **3.00 Season for Love** ★★ A small-town BBQ contest brings two chefs back together. Autumn Reeser (2018) **5.00 Prison Secrets: Mother's Deadly Secret** ★★ Thriller about an ex-con whose family is threatened by her former cellmate. Kelli Williams (2017) **7.05pm Paul Blart: Mall Cop 2** ★★ Kevin James returns as the amiable security guard, this time at a convention in Las Vegas. (2015, PG) **9.00 Cold Comes the Night** ★★★★★ A Mob deliveryman must get his car back in this dark thriller. **Film of the Day, right.** Alice Eve (2013, 15) **10.50 Drive** ★★★★★ Ryan Gosling is in the driver's seat for this intense and stylish crime drama. (2011, 18) **12.55am Stratton** ★★ Humdrum action thriller. Dominic Cooper (2017, 15) **2.50 Wild West Chronicles** **4.00-5.40am Fatal Memories** ★★ Predictable thriller. Italia Ricci (2015) **Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425** **+1 Freeview 61 (limited 10pm-5am) Sky 322**

## Great Action 42

**8.00am Wild West Chronicles 9.00 The Desperados** ★★ Routine western. Randolph Scott (1943, U) **10.50 Battle Honours 12 noon Wild West Chronicles 1.00pm Cowboy** ★★ Grim but gripping western in which a tenderfoot learns life's hard lessons during a cattle drive. Glenn Ford (1958, PG) **2.55 The Last Frontier** ★★ Majestic and brooding western. Victor Mature, Guy Madison (1955, PG) **5.10 Christmas Truce** ★★ Melodramatic wartime tale. Craig Anthony Olejnik (2015) **7.10pm Final Voyage** ★★ Ice-T is sadly way back in the mix in this *Under Siege*-flavoured heist-on-a-boat action yarn. Dylan Walsh (1999) **9.00 The Hard Corps** ★★ Snarling action with Jean-Claude Van Damme as a soldier-turned-bodyguard. Vivica A. Fox (2006, 15) **11.15 The Expatriate** ★★ Watchable if undistinguished chase drama with Aaron Eckhart. (2012, 15) **1.20am Resident Evil: Apocalypse** ★★ Limp sci-fi action horror. Milla Jovovich (2004, 15) **3.20 Wild West Chronicles 4.00-5.00am Battle Honours** **Great Action Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324**

## Great Movies Christmas 52

**8.00am Christmas Do-Over** ★★ Rehash of *Groundhog Day*. Jay Mohr (2006) **10.00 Christmas Stars** ★★ Aspiring singers have sweet harmony. (2019) **12 noon Hats Off to Christmas** ★★ Haylie Duff has to train the boss's son. (2013) **2.00pm A Gift to Remember** ★★ An amnesiac's love story. Ali Liebert, Peter Porte (2017) **4.00 My Christmas Love** ★★ Who keeps sending her gifts? Meredith Hagner (2016) **6.00pm Finding Father Christmas** ★★ Searching for the dad she never met. Erin Krakow (2016) **8.00 Christmas in Paris** ★★ A former model falls for a secretive French playboy. Rebecca Dalton (2019) **10.00 Trading Christmas** ★★ Corny but sweet romantic comedy. Tom Cavanagh, Faith Ford, Gil Bellows (2011) **12 midnight Christmas Song** ★★ Music teachers compete for a job. Amanda Thomson (2012) **2.00am Highway to Heaven 3.00-5.00am The Christmas Bunny** ★★ Schmaltzy drama. Florence Henderson, Colby French (2010, PG) **Great Movies Christmas Freeview 52 Freesat 303 Sky 319 Virgin 424** **+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320**

## Sky Premiere

**6.05am Sick** ★★★★★ A lake-house retreat from the Covid-19 pandemic turns deadly for two friends in this slick slasher thriller. Gideon Adlon (2022) **7.45 As 5.50pm 9.50 As 8pm 12.30pm As 10.40pm 2.10 Mob Land** ★★ Crime-by-numbers heist drama. Shiloh Fernandez (2023, 15) **4.05 Shrapnel** ★★ No nonsense action thriller. Jason Patric, Cam Gigandet (2023, 15) **5.50pm Champions** ★★ A basketball coach has a lot to learn. **Review p38.** Woody Harrelson (2023, 12) **8.00 The Fabelmans** ★★★★★ Steven Spielberg's coming-of-age drama set in 1950s Arizona. **Review p38.** Michelle Williams (2022, 12) **10.40 Cocaine Bear** ★★ Partly based on a true story, this deranged thriller finds a drugged-up bear on the loose in Georgia. Keri Russell (2023, 15) **12.20am Unwelcome** ★★ Creepy comedy horror set in a rural Irish village. Hannah John-Kamen (2022, 15) **2.05 Swallowed** ★★ Smart horror in which a wannabe porn star ingests a worm-infested packet of drugs that could kill him. Cooper Koch (2022, 18) **3.45 As 2.10pm 5.40 Sky Cinema Preview** **Sky Premiere Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312**

## Legend 41

**8.00am Walker, Texas Ranger 9.00 The Six Million Dollar Man 10.00 Star Trek: Deep Space Nine 11.00 Delete 2.40pm Basilisk: the Serpent King** ★★ Ridiculous action horror. Jeremy London (2006) **4.25 The Twilight Zone 5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi drama series. **7.00 The Six Million Dollar Man** TV sci-fi adventure with Lee Majors. **8.00 Walker, Texas Ranger** TV drama starring Chuck Norris. **9.00 Hannie Caulder** ★★ British western about a frontierswoman on the trail of the men who raped her and left her a widow. Raquel Welch (1971, 15) **10.45 Dog Eat Dog** ★★ Small-time criminals are out to pull off one last job in this meandering thriller. **Review, right.** Nicolas Cage (2015, 18) **12.35am Pacific Heights** ★★ A tenant from hell turns the lives of a yuppie couple into a nightmare in this creepy thriller. Melanie Griffith (1990, 15) **2.35-4.30am The Golem** ★★ Horror that sees a Jewish mother summon a violent protector to defend her community. Hani Furstenberg (2018, 15) **Legend F'view 41 F'sat 137 Sky 148 Virgin 149**

## HorrorXtra 69

**8.00am Lord of the Elves** ★★ *Lord of the Rings*-style mockbuster about an enslaved tribe that turns to humans for help against their dragon-riding captors. Christopher Judge (2012, 12) **10.00 Farscape 11.00 Asteroid-a-Geddon** ★★ Low-budget, action-light disaster movie. Veronika Issa, Eric Roberts (2020, 12) **1.00pm Martian Land** ★★ A giant sandstorm threatens a thriving new community on Mars in this sci-fi disaster movie. (2015, PG) **3.00 Farscape 4.00 Star Trek 5.00 Monster Island** ★★ Cheap *Godzilla* cash-in. Eric Roberts, Toshi Toda (2019, 12) **7.00pm Farscape** TV sci-fi. **8.00 Star Trek** TV sci-fi drama. **9.00 Stake Land** ★★ Gritty horror about a vampire hunter roaming America after an epidemic has turned most people into blood-crazed creatures. Nick Damici (2010, 15) **11.00 Peripheral** ★★ An author struggling to produce another bestseller loses the plot when she uses sinister new software in this *Videodrome*-like sci-fi horror. (2018, 18) **1.00-3.00am Stake Land** As 9pm **HorrorXtra F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371**



## Sky Showcase



**Resident Evil** 9.00pm Alice (Milla Jovovich) takes aim

**6.00am** The Early Rundown  
**7.00** Kay Burley **8.00** Air Ambulance ER **9.00** Nothing to Declare **10.00** Al Murray: Why Do the Brits Win Every War? **11.00** Malawi Wildlife Rescue **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** The Simpsons

**6.30pm The Fresh Prince of Bel-Air 1/26 Series 4.** Will and Carlton begin their first year of college, while Philip and Vivian make the most of parenthood.

**7.00 New. Cricket World Cup** South Africa v Netherlands. Action from the group match at HPCA Stadium in Dharmashala, India.

**8.00 UFO 2/4.** Navy pilots encounter an unidentified aerial phenomenon in 2004. (AD)

**9.00 Resident Evil ★★**  
Sci-fi action horror starring Milla Jovovich. A commando team investigates a disaster at a top-secret research facility that is overrun by zombies. (W)

**11.00 Brassic 3/8 Series 5** A young German man comes to town looking for Tommo.

**12 midnight** The Blacklist **1.00am** The Force: North East **2.00** Stop, Search, Seize **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00-6.00am** The Early Rundown: double bill

**Sky Showcase** Sky 106 Virgin 109  
BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** Most Haunted **7.00** Warehouse 13 **8.00** Shopping **11.00** Atlantis **12 noon** Star Trek: the Next Generation **2.00pm** Fringe **3.00** Atlantis **4.00** Stargate SG-1 **5.00** Stargate Atlantis

**6.00pm Star Trek: the Next Generation 4/26 Series 7.** Riker goes looking for Picard, who has failed to return from an archaeological trip – only to be told he has been vapourised.

**7.00 5/26.** Riker wins the mercenaries' confidence by helping them attack the *Enterprise*, but his reward is a challenge to kill Picard.

**8.00 Star Trek: Voyager 23/26 Series 7.** The ship's sensors read Talaxian life signs on a long-range scan, leading the crew to members of Neelix's species who risk losing their homes to mining excavators.

**9.00 Devil's Triangle ★**  
Sci-fi action thriller starring Diana Prince. When scientists discover the lost city of Atlantis, chaos is unleashed and the fate of humanity hangs in the balance.

**10.50 Westworld 3/8 Series 3** Charlotte grapples with reality, and Dolores and Caleb begin to form a key partnership.

**12 midnight 4/8.** Bernard and Ashley infiltrate a private event, and Dolores and Caleb make plans.

**1.10am** Chuck **3.10** Warehouse 13 **4.05** Star Trek: Voyager **5.05-6.00am** Stargate Atlantis

**Sky Sci-Fi** Sky 139 (140 Scotland) Virgin 122  
BT 348/HD 363 +1 Virgin 229

## Sky Atlantic



**Ray Donovan** 5.40pm Ray decides to stay in New York

**6.00am** Urban Secrets **7.55** Six Feet Under **10.10** Ray Donovan (AD) **12.15pm** Game of Thrones (AD) **1.20** The Knick (AD) **3.30** Six Feet Under

**5.40pm Ray Donovan 2/12 Series 6.** A suicidal Ray is pulled from the river in New York. (AD)

**6.45 3/12.** A witness who is willing to give answers could rock Mac and Ray's worlds. (AD)

**7.50 Game of Thrones 10/10 Series 6.** As Cersei awaits judgement, Walder Frey and Jaime celebrate at Riverrun. Meanwhile, winter finally arrives. (AD)

**9.00 The Lovers 6/6.** Janet's boss urges her not to give up on her relationship with Seamus. Can they face the truth about their pasts and find a way back?

**9.40 Billions 10/12 Series 7** Prince makes big changes in the wake of betrayal, while Chuck forges unlikely alliances.

**10.45 The Gilded Age 3/9** An unfortunate development leaves George's new rail station under threat. (AD)

**11.50 Billions 12/12 Series 5** Chuck, Axe and Prince attempt to outsmart each other. (AD)

**1.00am** Game of Thrones (AD) **3.30** In Treatment **4.00-6.00am** Urban Secrets: double bill

**Sky Atlantic** Sky 108 (109 Wales)  
BT 342/HD 357 +1 Sky 208 (209 Wales)

## Sky Witness

**6.00am** Stop, Search, Seize (AD) **7.00** Border Patrol **9.00** Border Security: America's Front Line **10.00** Motorway Patrol **10.30** Highway Patrol (AD) **11.00** The Force: Manchester **12 noon** FBI (AD) **1.00pm** Bull **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

**4.30pm Nothing to Declare** Seven editions following the work of customs officers in Australia.

**8.00 Blue Bloods 20/21 Series 13** Frank worries his friend is hiding the true reason for returning to the city, while Baez is targeted by a criminal she once put away. (AD)

**9.00 Law & Order: Organized Crime 22/22 Series 3.** As OCCB and SVU close in on a callous suspect, the US Attorney benches Stabler and Benson.

**10.00 Blue Bloods 4/16 Series 11** Erin struggles with the weight of her authority in the sentencing of a man who is guilty of murder, Danny and Baez pursue a rapist, and Jamie and Eddie team up. (AD)

**11.00 The Rookie 1/20 Series 2** Officer Bradford fights for his life as the rest of the team deal with the fallout from the attack, while the Rookies learn their fates. (AD)

**12 midnight** Coroner **1.00am** 9-1-1: Lone Star **2.00** Madam Secretary **3.00** Chicago Fire **4.00** Border Security: America's Front Line: double bill **5.00-6.00am** Stop, Search, Seize (AD)

**Sky Witness** Sky 107 Virgin 110  
BT 341/HD 356 +1 Sky 207 Virgin 310

## Sky Max



**Saw V** 11.00pm Agent Strahm (Scott Patterson) is trapped

**6.00am** Supergirl **7.00** DC's Legends of Tomorrow (AD) **8.00** The Flash **9.00** Stargate SG-1 **11.00** Supergirl **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

**6.00pm Stargate SG-1 19/22 Series 2.** An alien civilisation faces extinction due to an illness.

**7.00 20/22.** Invisible aliens plot to destroy mankind during a war of attrition against the Goa'uld.

**8.00 A League of Their Own Road Trip: Look Ness to London 5/6.** A look at unseen moments and challenges. (AD)

**9.00 A Discovery of Witches 7/7 Series 3.** Matthew is near death as he is slowly tortured by Benjamin. (AD)

**10.00 Brassic 3/8 Series 5** A young German man comes to town looking for Tommo.

**11.00 Saw V ★★**  
Horror thriller starring Tobin Bell. An FBI agent learns a detective has picked up where serial killer Jigsaw left off. (W)

**12.45am** Jason Blum's Horror Movie Picks (AD) **1.00** The Blacklist **2.00** Never Mind the Buzzcocks **2.45** Road Wars **3.10** Hawaii Five-O **4.05** S.W.A.T. (AD) **5.00-6.00am** Highway Patrol

**Sky Max** Sky 113 (114 Wales) Virgin 111  
BT 346/HD 361

## Sky Replay

**7.00am** Sixth Sense with Colin Fry **8.00** Four Weddings (AD) **10.00** Sun, Sea and A&E (AD) **11.00** UK Border Force (AD) **12 noon** Highway Patrol **1.00pm** Caught on Dashcam **2.00** Most Haunted **4.00** Quantum Leap **6.00pm** DC's Legends of Tomorrow: two episodes (AD) **8.00** Highway Patrol: double bill **9.00** The Force: Manchester: officers respond to a series of alcohol-related incidents **10.00** The Russell Howard Hour **11.00** Warrior: Young Jun steps up for the Hop Wei, while Ah Sahm grapples with revelations from Yan Mi and Mai Ling, and Leary tries to ease working-class tensions **12 midnight** Sun, Sea and A&E **2.00am** A League of Their Own US Road Trip: the trio head to Las Vegas (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00-6.00am** Sixth Sense with Colin Fry

**Sky Replay** Sky 152 Virgin 156

## Sky Crime

**6.00am** Highway Patrol **7.00** Motorway Patrol **8.00** Highway Cops (AD) **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Border Patrol **12 noon** Made for Murder **1.00pm** Killer in My Village **2.00** Forensics: Catching the Killer (AD) **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Forensics: Catching the Killer (AD) **6.00** What the Killer Did Next (AD) **7.00** World's Most Evil Killers (AD) **8.00** Britain's Most Evil Killers **9.00** New. Killer in My Village **10.00** How I Caught the Killer **11.00** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** The Real Manhunter (AD) **2.00** An Unexpected Killer **3.00** What the Killer Did Next (AD) **4.00** Road Wars **5.00-6.00am** Motorway Patrol

**Sky Crime** Sky 122 (123 Scotland) Virgin 121  
BT 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

## Gold



**Detectorists** 9.00pm Lance and Andy hope for a triumph

**7.05am** Desmond's **7.45** Keeping Up Appearances (AD) **8.20** 2 Point 4 Children **9.00** Hi-de-Hi! **9.40** Still Open All Hours **10.20** Last of the Summer Wine **11.40** Keeping Up Appearances (AD) **12.20pm** 2 Point 4 Children **1.00** The Thin Blue Line **1.40** Dad's Army **3.00** Hi-de-Hi! **3.40** Keeping Up Appearances (AD) **4.20** The Thin Blue Line **5.00** Last of the Summer Wine

**6.20pm The Green Green Grass** Boycie and Marlene visit a mansion.

**7.00** Boycie visits his mother-in-law.

**7.40 The Good Life** Tom and Barbara attend evening classes. (AD)

**8.20** Barbara and Tom's work disturbs the neighbours. (AD)

**9.00 Detectorists** The day of the annual rally arrives. (AD)

**9.40 Dad's Army** The platoon have to escort Mainwaring to a secret rendezvous point.

**10.20 Ghosts** The Captain and Kitty find something suspicious. (AD)

**11.00 The Office** Brent shares his management philosophy. (AD)

**11.40 Live at the Apollo** Katherine Ryan hosts, with guests Henning Wehn and James Acaster.

**12.40am** Detectorists (AD) **1.20** Ghosts (AD) **1.55** The Office (AD) **2.40** The Good Life (AD) **3.10-4.00am** Live at the Apollo

**Gold Sky** 110 (111 Wales) Virgin 124  
BT 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

## Sky Comedy

**8.00am** Young Rock (AD) **9.00** The Fresh Prince of Bel-Air **9.30** Run **10.00** Wellington Paranormal (AD) **11.00** The Fresh Prince of Bel-Air **11.30** Crashing (AD) **12.50pm** House of Lies **1.30** Silicon Valley **3.30** The Fresh Prince of Bel-Air **4.00** Wellington Paranormal (AD) **5.00** Young Rock (AD) **6.00pm** Run **6.30** The Fresh Prince of Bel-Air **7.00** Will & Grace: double bill. Grace and Karen have an unfortunate incident at a memorial "celebration", then Jack gives advice to Grace on how to cope with her domineering mother (AD) **8.00** The Office US **9.00** Curb Your Enthusiasm: triple bill **11.00** New The Tonight Show Starring Jimmy Fallon **12 midnight** Ricky Gervais Live: Animals **1.30am** Breeders (AD) **2.35** Camping (US) (AD) **3.05** House of Lies **3.40-5.00am** Crashing (AD)

**Sky Comedy** Sky 114 (115 Wales)  
Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** Most Ridiculous: Builders **8.35** Most Ridiculous: Fun and Games **9.00** The Middle **11.00** Home Improvement **1.00pm** Last Man Standing **2.00** Friends (AD) **9.00** FILM Scary Movie ★★ Horror spoof starring Shannon Elizabeth and Anna Farris that sends up classic moments from films such as *Scream* and *The Blair Witch Project*. **Review p77** **10.35** Jimmy Carr: Being Funny: a stand-up gig at Birmingham Symphony Hall **11.35** Your Face or Mine: triple bill of the game show hosted by Jimmy Carr and Katherine Ryan **1.05am** South Park **2.35** Beavis and Butt-Head **3.00** New. The Daily Show **3.25** Michael McIntyre's Big Show **4.10-5.00am** Friends (AD)

**Comedy Central** Sky 112 (113 Wales)  
Virgin 132 BT 345/HD 360  
+1 Sky 212 (213 Wales) Virgin 332

## Alibi



**My Life Is Murder** 10.00pm Alexa makes a new friend

**7.10am** Murdoch Mysteries **9.00** Rizzoli & Isles (AD) **10.00** Hudson & Rex (AD) **11.00** Without a Trace **12 noon** Frankie Drake Mysteries (AD) **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries: double bill **4.00** Rizzoli & Isles (AD) **5.00** Hudson & Rex (AD)

**6.00pm Without a Trace 15/23 Series 3.** The team looks into the disappearance of a young socialite whose abductors have staged an internet vote to decide her fate.

**7.00 Elementary 3/24 Series 2** A civil contractor disappears after leaking top-secret information.

**8.00 Death in Paradise 7/8 Series 7.** Someone from JP's past is caught at a murder scene. (AD)

**9.00 New. So Help Me Todd 8/21.** Lyle's niece Angie is accused of committing a crime on her college campus.

**10.00 New. My Life Is Murder 3/10 Series 3.** A champion thoroughbred is blamed for the death of his handler.

**11.00 Person of Interest 9/13 Series 5.** A dangerous adversary resurfaces, and Root makes a shocking discovery.

**12 midnight** Elementary **1.00am** Hudson & Rex (AD) **2.00-4.00am** Evil: two episodes (AD)

**Alibi Sky** 109 (110 Wales) Virgin HD 114  
BT 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

## Discovery

**6.00am** Diesel Brothers **7.00** Deadliest Catch **8.00** Ed Stafford: First Man Out **9.00** Alaska: the Last Frontier (AD) **10.00** How Do They Do It? **11.00** Wheeler Dealers **12 noon** Salvage Hunters **1.00pm** Deadliest Catch **3.00** Alaskan Bush People **4.00** Blowing Up History **5.00** Wheeler Dealers **6.00** Salvage Hunters: a collection of late 19th-century balconies rails **7.00** Wheeler Dealers (AD) **8.00** Outback Truckers **9.00** New. Gold Rush: after years of not speaking, Rick asks Parker for a favour **10.00** New. Gold Rush: the Dirt Presents: Christo looks at memories as well as asking what the future might hold **11.00** Expedition Unknown (AD) **12 midnight** How the Universe Works **1.00am** Gold Rush **2.00** Gold Rush: the Dirt Presents **3.00** Gold Divers **4.00-5.00am** Kindig Customs

**Discovery Sky** 125 (126 Scotland) Virgin 177  
BT 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

## Discovery History

**6.00am** Expedition Unknown: Hunt for Extraterrestrials **7.00** Greatest Events of World War II **8.00** Unsolved History **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** How It's Made **1.00pm** Combat Dealers: Reloaded **2.00** Tony Robinson's World War One **3.00** Salvage Hunters **4.00** Mysteries at the Museum **5.00** Unsolved History **6.00pm** Combat Dealers **7.00** Expedition Unknown **8.00** Tony Robinson's World War One **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 midnight** How It's Made **1.00am** Combat Dealers: Reloaded **2.00** Salvage Hunters **3.00** Combat Dealers **4.00-5.00am** Salvage Hunters: the Restorers

**Discovery History** Sky 177 Virgin 181  
+1 Sky 277 Virgin 381



## Sky Documentaries



### Jane Fonda in Five Acts

10.00pm A stellar career

**6.00am** The Last Movie Stars (AD)  
**7.00** Discovering: Frances McDormand **8.00** The Directors (AD)  
**9.00** The Good Fight Club (AD) **10.00** Juan Carlos: Downfall of the King  
**11.00** Windrush and Us **12 noon** Becoming Warren Buffett **1.45pm** My Icon: Darren Campbell (AD)  
**2.00** John Lewis: Good Trouble (AD)  
**4.00** The Directors (AD) **5.00** Discovering: Frances McDormand

**6.00pm** The Good Fight Club  
 Team Underground faces a busy night of fighting. (AD)

**7.00** Juan Carlos: Downfall of the King  
 The King's ex-lover Corinna zu Sayn-Wittgenstein becomes a threat to the monarchy.

**7.55** New series. **Saviour Complex**  
 Examining missionary work in Uganda, where an American is accused of causing the deaths of children by treating them without medical training.

**9.00** House of Kardashian  
 A sex tape of Kim Kardashian emerges, leading to a stratospheric reality show.

**10.00** Jane Fonda in Five Acts  
 An intimate look at the life and work of the movie star.

**12.30am** Heroin: Cape Cod, USA  
**2.00** The Scheme **4.10** The Directors (AD) **5.00-6.00am** Discovering: Frances McDormand

**Sky Documentaries** Sky 121 (122 Scotland)  
 Virgin 188 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory **9.00** Air Crash Investigation (AD) **10.00** Britain's Greatest Machines with Chris Barrie  
**11.00** Building Impossible with Daniel Ashville (AD) **12 noon** Car SOS (AD)  
**1.00pm** Europe from Above (AD) **2.00** Air Crash Investigation (AD) **3.00** Nazi Megastructures (AD) **4.00** Atlantis: Draining the Lost City **5.00** Car SOS (AD)  
**6.00pm** Lost Treasures of Egypt **7.00** Air Crash Investigation: a Martinair flight crashes in Portugal amid thunderstorms and heavy rain (AD)  
**8.00** Hitler: the Lost Tapes of the Third Reich **9.00** World War II: Secrets from Above (AD) **10.00** WW2: Hell under the Sea **11.00** Air Crash Investigation  
**12 midnight** Airport Security: First Class **1.00am** Banged Up Abroad (AD)  
**2.00** Bid and Destroy **2.55-5.00am** Dog Impossible: New Leash

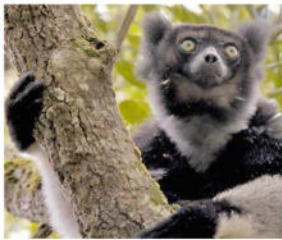
**Nat Geographic** Sky 129 (130 Scotland)  
 Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

## Sky History

**6.00am** Storage Wars **7.00** Forged in Fire **8.00** American Pickers **9.00** Pawn Stars Do America **10.00** Al Murray: Why Does Everyone Hate the English? **11.00** Treasures Decoded  
**12 noon** Auction Hunters **1.00pm** Storage Wars **2.00** Monsterquest **4.00** Digging for Britain **5.00** Pawn Stars Do America **6.00** American Pickers **7.00** Forged in Fire **8.00** New. What on Earth? **9.00** New. History's Greatest Mysteries: the hunt for Cleopatra's final resting place **10.00** Pawn Stars Do America **11.00** New. Ancient Aliens  
**12 midnight** New. Truth and Lies **1.00am** Storage Wars **2.00** Curse of Skinwalker Ranch **3.00** What on Earth? **4.00** Digging for Britain  
**5.00-6.00am** Auction Hunters

**Sky History** Sky 123 (124 Scotland) Virgin 131  
 BT 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

## Sky Nature



### Land of Gremlins

9.00pm A lemur family in Madagascar

**6.00am** Hope for Wildlife **7.00** Monkey Life (AD) **8.00** Dehesa: Forest of the Iberian Lynx **9.00** Arctic Secrets **10.00** Ol Pejeta Diaries **11.00** Malawi Wildlife Rescue  
**12 noon** Orangutan Jungle School **1.00pm** Monkey Life (AD) **2.00** Dehesa: Forest of the Iberian Lynx **3.00** Arctic Secrets **4.00** Ol Pejeta Diaries **5.00** Malawi Wildlife Rescue

**6.00pm** Orangutan Jungle  
 School Staff decide that orangutan "Big Boy" Beni needs to lose weight.

**7.00** Monkey Life Daily life at a rescue centre in Dorset. (AD)

**7.30** Following the rescue and rehabilitation of more than 160 neglected and abused primates. (AD)

**8.00** Wild Dogs: Pack vs Pride  
 Roaming with two wild dog packs in South Luangwa, Zambia.

**9.00** Land of Gremlins A day in the life of a lemur family living in the rainforest of Madagascar's Mantadia National Park.

**10.00** Orangutan Jungle  
 School As 6pm.

**11.00** Malawi Wildlife Rescue A  
 rowdy monkey is rescued.

**12 midnight** Brazil Untamed **1.00am** Great Blue Wild **2.00** As 8pm **3.00** Land of Gremlins **4.00** Dehesa: Forest of the Iberian Lynx  
**5.00-6.00am** Arctic Secrets

**Sky Nature** Sky 124 (125 Scotland)  
 Virgin 189 BT 354/HD 369

## Eden

**9.00am** The Life of Birds (AD) **10.00** Africa (AD) **11.00** The Zoo **12 noon** The Hidden River (AD) **1.00pm** Impossible Engineering (AD) **3.00** Forbidden History (AD) **5.00** The Life of Birds (AD)  
**6.00pm** Africa (AD) **7.00** The Zoo: double bill. Two of the sea lions prepare to give birth, then an Asian bull elephant needs a clean bill of health before being transferred to a French zoo **8.00** The Hidden River: the final journey down the Essequibo River proves the most challenging (AD) **9.00** Forbidden History: Jamie Theakston looks at the life and work of Nikola Tesla (AD) **10.00** Impossible Engineering (AD) **11.00** The Life of Birds (AD) **12 midnight** Africa (AD) **1.00am** The Zoo **2.00** The Hidden River (AD) **3.00** Forbidden History (AD)  
**3.50** The Life of Birds (AD) **4.40** Africa (AD) **5.30-6.00am** The Zoo

**Eden** Sky 166 Virgin HD 176  
 +1 Sky 266 Virgin 376

## Animal Planet

**8.00am** Insane Pools: off the Deep End **9.00** Amanda to the Rescue (AD)  
**10.00** Saved by the Barn **11.00** Dr Jeff: Rocky Mountain Vet **12 noon** Extinct or Alive **1.00pm** How Do Animals Do That? **2.00** Swimming with Monsters with Steve Backshall **3.00** Rugged Justice **4.00** Saved by the Barn **5.00** Dr Jeff: Rocky Mountain Vet **6.00** Insane Pools: off the Deep End **7.00** Amanda to the Rescue: a kitten faces being put down after breaking its leg for the second time (AD) **8.00** The Aquarium: double bill **10.00** Alaska: the Last Frontier **11.00** Expedition Bigfoot **1.00am** Alaska: the Last Frontier **2.00** Saved by the Barn **3.00** Dr Jeff: Rocky Mountain Vet **4.00-5.00am** Insane Pools: off the Deep End

**Animal Planet** Sky 162 (178 NI) Virgin 178  
 +1 Sky 262 (278 NI) Virgin 378

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**6.00am** Sky Sports News  
**7.00** Good Morning Sports Fans  
**9.00** **LIVE** Cricket World Cup  
 South Africa v Netherlands, the group match from Himachal Pradesh Cricket Association Stadium in Dharmashala, India.  
**5.30pm** Sky Sports News  
**10.30** Back Pages Tonight  
**11.00-6.00am** Sky Sports News

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442

**6.00am** Classic Play-Off Finals  
**7.00** EFL Rivalries: three editions (AD)  
**8.30** Best EFL Goals: 2017/18 (AD)  
**9.00** EFL Greatest Games (AD)  
**10.00** League Cup Retro: Aston Villa v Manchester City in the 2020 final  
**12 noon** Women's Super League  
**1.00pm** Championship Highlights  
**2.30** League One and Two Goals  
**3.00** Women's Super League Football  
**4.00** Championship Highlights  
**6.00** League One and Two Goals  
**6.30** Championship Highlights  
**7.00** Women's Super League Football  
**8.00** Classic Play-Off Finals  
**9.00** EFL Rivalries: three editions (AD)  
**10.30** Championship Highlights  
**11.00** League Cup Highlights  
**12 midnight** EFL Greatest Games  
**1.00am** League Cup Highlights  
**2.00** Classic Play-Off Finals (AD)  
**5.00-6.00am** EFL Greatest Games

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

**6.00am** Golf Academy **7.00** School of Golf (AD) **8.00** Best of the Open Zone (AD) **9.00** Playing Lessons (AD)  
**10.00** European Tour Golf **11.00** PGA Tour Golf: Shriners Children's Open  
**12 noon** LPGA Tour Golf: Buick LPGA Shanghai **1.00pm** Best of the Open Zone (AD) **2.00** Golf Academy **3.00** School of Golf: double bill (AD) **4.00** Playing Lessons (AD) **5.00** European Tour Golf: Open de España highlights  
**6.00** PGA Tour Golf: highlights of the Shriners Children's Open **7.00** LPGA Tour Golf: highlights of the Buick LPGA Shanghai **8.00** How the 1997 Ryder Cup Was Won: from Valderrama Golf Club in Sotogrande, Spain (AD) **11.00** LPGA Tour Golf: Buick LPGA Shanghai  
**12 midnight** Best of the Open Zone (AD) **1.00am** Golf Academy (AD) **2.00** School of Golf (AD) **3.00** Playing Lessons (AD) **4.00** Golf Academy  
**5.00-6.00am** School of Golf (AD)

### Eurosport 1

Sky 413 Virgin 521 BT HD 412

**6.00am** Cyclo-Cross **8.00** Archery: World Cup **9.00** Snooker: Wuhan Open **11.00** Amsterdam Marathon  
**12.30pm** Mountain Biking **1.00** Triathlon: Super League **2.00** Surfing: WSL action **3.00** Snooker: the 2018 Northern Ireland Open final **5.00** British Superbikes: from Brands Hatch  
**7.00** Hall of Fame: Tokyo 2020 **8.00** Cycling: Paris-Tours **9.00** Cycling: the men's Venetia Classic **10.00** World Superbikes: highlights from Portimão  
**12 midnight** Cycling: Binche-Chimay-Binche **2.00am** Motocross **3.00** Formula E **4.00-6.00am** Snooker

### Eurosport 2

Sky 414 Virgin 522 BT HD 413

**6.00am** British Superbikes Extra  
**7.00** Snooker: Shanghai Masters  
**9.00** World Superbikes: double bill  
**11.00** Hall of Fame: Tokyo 2020  
**12 noon** Snooker **2.00pm** Archery: World Cup **4.00** Motor Racing: the 1,000 Miles of Sebring **5.00** Triathlon  
**6.00** Snooker: the 2022 Northern Ireland Open final **8.00** Speedway: Grand Prix review **9.00** Premiership Speedway **10.00** Cycling: highlights  
**12 midnight** Motor Racing **1.00am** Archery **2.00** Cycling **4.00** Archery: World Cup **5.00-6.00am** Formula E



### Cricket World Cup

9.00am Sky Cricket South Africa pacer Kagiso Rabada

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

**6.00am** Premier League Greatest Games (AD) **7.00** Legends: double bill (AD) **8.00** Best Goals **9.00** 100 Club (AD) **10.00** Premier League Retro  
**12 noon** Soccerbox **1.00pm** Premier League Years: review of 2020/21 (AD)  
**3.00** Greatest Games (AD) **4.00** Best Goals **5.00** 100 Club: double bill (AD)  
**6.00** Premier League Legends (AD)  
**6.30** Netbusters **7.00** Drink It In: the Rise of Man City **8.00** Soccerbox (AD)  
**9.00** City: Champions Again **10.00** Icons **10.30** Premier League Retro: Arsenal v Everton from 1997/98  
**12.30am** Icons (AD) **1.00** Premier League Years: review of 2021/22 **3.00** Greatest Games (AD) **4.00** Best Goals (AD) **5.30-6.00am** 100 Club (AD)

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443

**6.00am** Cricket World Cup Highlights  
**9.00** **LIVE** Cricket World Cup  
 South Africa v Netherlands, the group match from Himachal Pradesh Cricket Association Stadium in Dharmashala, India.  
**5.30pm** Classic World Cup Cricket  
**6.00** World Cup Bitesize  
**6.30** Secrets of Success  
**7.00** Cricket World Cup Highlights  
**8.00** World Cup Greatest Matches  
**9.00** Cricket World Cup Highlights  
**12 midnight** Classic World Cup Cricket  
**1.00am** Cricket World Cup Highlights  
**2.00** Classic World Cup Cricket  
**3.00** Cricket World Cup Highlights  
**4.00** Classic World Cup Cricket **4.30** World Cup Bitesize **5.00-6.00am** Cricket World Cup Highlights (AD)

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446

**6.00am** NFL Highlights **7.00** Pro-Football Talk **9.00** Review Show  
**10.00** NFL Highlights **12 noon** Good Morning Football **3.00pm** Highlights  
**4.00** Bitesize **5.00** NFL Highlights  
**6.00** Pro-Football Talk **8.00** NFL Game of the Week **11.00** NFL Fantasy  
**12 midnight** Total Access **1.00am** NFL Highlights **2.00** Pro-Football Talk  
**4.00** NFL Bitesize **5.00** Neil Meets: two editions **5.30-6.00am** Kansas City Chiefs: the Franchise

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

**6.00am** Rugby League **7.00** Super League **8.00** Women's Super League  
**9.00** WNBA **11.00** Buatsi v Azeez: the Gloves Are Off **11.30** Boxing  
**12.30pm** Buatsi v Azeez: the Gloves Are Off **1.00** Unbeatable **1.30** Super League **5.00** Buatsi v Azeez: the Gloves Are Off **5.30** Boxing  
**6.30** Buatsi v Azeez: the Gloves Are Off **7.00** Boxing **8.00** WNBA **10.00** Lennox: the Untold Story (AD) **11.45** Boxing Archive (AD) **12 midnight** Rugby League **1.00am** Super League  
**2.00** Buatsi v Azeez: the Gloves Are Off **2.30** Super League **4.00** Women's Super League **5.00-6.00am** Boxing

### TNT Sports 1

Sky 410 Virgin 527 BT 408/HD 430

**6.00am** Futsal **8.00** Motor Racing Highlights **10.00** Motorcycling  
**11.00** Fishing: on the Bank (AD)  
**12 noon** TNT Sports Reload **12.45pm** Sport in Focus (AD) **1.00** Badminton  
**3.00** Squash **4.00** International One-Day Cricket **5.00** Champions League Magazine: news and action (AD) **5.30** TNT Sports Reload  
**6.15** Badminton Weekly (AD) **6.30** Premier League Stories **7.00** Futsal: FA Futsal Women's Super Series **9.00** Wrestling: action from WWE Monday Night Raw **11.30** Ariel Helwani Meets  
**12 midnight** Wrestling: WWE action  
**1.00am** **LIVE** Wrestling A new generation of superstar fighters showcase their skills in WWE NXT.  
**3.15** Ariel Helwani Meets (AD) **3.30** Fight Week **4.00** Motorcycling  
**5.00-6.00am** Surfing (AD)

### TNT Sports 2

Sky 411 Virgin 528 BT 409/HD 431

**6.00am** Premiership Rugby Union  
**9.00** Joe Cole Cast **9.30** Champions League Magazine (AD) **10.00** Classic Premier League: four editions (AD)  
**2.00pm** Rio Ferdinand's Between the Lines **2.30** Surfing (AD) **3.30** Motor Racing Highlights: V8 Supercars **5.30** MotoGP: the Indonesian Grand Prix  
**10.00** Sheene: a profile of two-time world champion motorcyclist Barry Sheene (AD) **11.15** TNT Sports Reload  
**12 midnight** MotoGP Rewind  
**12.15am** Badminton (AD)  
**12.30** **LIVE** Major League Baseball An MLB postseason game from North America.  
**4.00-6.00am** West Indies v England: Cricket Classics: four editions (AD)

### TNT Sports 3

Sky 417 Virgin 529 BT 410/HD 432

**6.00am** Champions League Goals Show Retro **7.00** What I Wore **7.30** Champions League Football: Stories of the Finals **7.45** International One-Day Cricket: Australia v West Indies, the women's series **8.45** MotoGP Films: the Age of 27: a portrait of MotoGP champion Casey Stoner (AD) **10.00** MotoGP: highlights of the Indonesian Grand Prix from Mandalika (AD)  
**2.30pm** Classic Premier League: recalling six memorable games (AD)  
**5.30** Fishing: on the Bank (AD)  
**6.30** Badminton: the Finnish Open  
**8.30** Football's Windrush Story: Benjamin Zephaniah celebrates the legacy of the Windrush generation (AD)  
**10.00** Fight Week: UFC 294 preview  
**10.30** UFC: Sodiq Yusuff v Edson Barboza from Las Vegas, Nevada  
**1.30am** UFC: the Ultimate Fighter (AD)  
**5.30-6.00am** Rio Ferdinand's Between the Lines: interviews

### TNT Sports 4

Sky 421 Virgin 530 BT 411/HD 434

**6.00am** MLB Classic: six editions  
**1.00pm** Major League Baseball  
**4.00** MLB Classic: two editions  
**5.30** Major League Baseball: action from a crucial postseason game  
**8.30** MLB Classic: a look back at Carl Yastrzemski's performances of 1967  
**9.30** Major League Baseball: action from a crucial postseason game  
**12.30am** Badminton: Finnish Open  
**2.30** International One-Day Cricket: Australia v West Indies, the women's series **3.30** Fishing (AD) **4.30** Poker (AD) **5.30-6.00am** Joe Cole Cast

### Viaplay Sports

**7.35-9.45pm** **LIVE** Euro 2024  
 Qualifiers Northern Ireland v Slovenia, coverage from Windsor Park, Belfast (kick-off 7.45).  
**7.55-10.00** **LIVE** International Football France v Scotland, the friendly at Stade Pierre-Mauroy, Lille (kick-off 8.00).



# Wednesday

**TRUE GRIT**  
Jessica Matten,  
Zahn McClarnon  
and Kiowa Gordon  
star in a gripping  
new crime drama



## DRAMA **Dark Winds**

9.00pm **Alibi** Catch up via Now

### NEW SERIES

There's a striking, sinewy quality to Zahn McClarnon that's been seen in supporting roles on such acclaimed shows as *Fargo*, *Westworld* and *Reservation Dogs*. But this noirish 1970s-set thriller, in which he plays the central role of Navajo lawman Joe Leaphorn, is a proper showcase for his talents.

Executive produced by Robert Redford and *Game of Thrones* creator George RR Martin and inspired by Tony Hillerman's *Leaphorn and Chee* detective novel series, *Dark Winds* is part procedural, part exploration of Indigenous American beliefs, with this first hour finding Leaphorn and

his newly assigned deputy Jim Chee (Kiowa Gordon, who appeared in the *Twilight* saga) investigating a double homicide case on the reservation that ends up attracting the attention of FBI agents.

Into this already murky mix is added a supernatural element involving fellow officer Bernadette Manuelito (Jessica Matten) that feels as though it may be given greater prominence in the weeks ahead. But this opener is all about the unsettling atmosphere and the screen presence of McClarnon, who steals the episode with his pithy delivery and grit-inflected whisper. **DAVID BROWN**

## FOOD

### **Nadiya's Simple Spices**

8.00pm **BBC2**  
Catch up via iPlayer

"You're going to see curry powder featured in lots of recipes," Nadiya promises, "but used in very different ways." Her absolutely reasonable justification for making her curry-flavoured breakfast is that all around the world people eat spicy food first thing in the morning.

She also spices up a classic cottage pie – because she loves to mash up her British and Bangladeshi heritage – and even a pineapple pudding infused with cinnamon, cardamom, fennel and bay, which she describes as "mind-blowing".

As Nadiya says, she would happily eat curry morning, noon and night – and looking at these delicious, easy recipes, you might want to do so, too. **JANE RACKHAM**

## DRAMA

### **Mrs Sidhu Investigates**

8.00pm **Drama**  
Catch up via UKTV Play

Every good TV detective has their own method when it comes to wheedling information out of a suspect. Columbo uses shambling faux naivety, Miss Marple twitters on about life in her village, while Mrs Sidhu has her home-baked cakes, which are wafted under noses when she requires some intel.

Those being tempted by the sweet treats this evening all work for a tech company that has pioneered one of those virtual assistant apps meant to streamline lives. Only here it's the workforce itself that's streamlined, rather brutally in fact, what with the CEO having been murdered. But who did it? Quick tip: it's not the AI, so don't go expecting a killer akin to HAL from *2001: a Space Odyssey*. **DB**

## REALITY

### **Celebrity Race across the World**

9.00pm **BBC1**  
Catch up via iPlayer

Some of the celebrities are more competitive than others (we're looking at you, Harry Judd), so how heart-warming was it to see two teams walking into the Sarajevo checkpoint together rather than racing each other?

They are now heading for Berlin – either going directly through Germany or taking the slower, cheaper route via Budapest, Hungary and Poland. Mel and Helene get separated, Billy and Bonny have fun at a beer festival, Harry opens up to mum Emma and Alex and Noel get down and dirty on a farm. However, everyone has realised the value of taking time to enjoy sharing experiences with their loved ones. **JR**

## DRAMA

### **Payback**

9.00pm **ITV1**  
Catch up via ITVX

ITV must have been hoping to channel the energy of Netflix smash hit *Ozark* into this overly serious story of money laundering, to the extent that it even hired one of that drama's stars, Peter Mullan, to play a menacing gangster. And yet, despite a discovery by the police in episode three that changes preconceptions about a key character, *Payback* still feels as though it isn't paying dividends.

As this is the mid-point, though, I think we can now speculate on how events will pan out. My prediction? Lexie (Morven Christie) will eventually evade both the criminals and the cops and scarper with the cash that she feels, after all the stress she's endured, ought to be hers. **DB**



## ALSO ON TODAY

### Portrait Artist of the Year

8.00pm **Sky Arts**  
Susanna Reid and Jay Rayner are among the sitters tonight. *Sky Arts* moves to channel 36 on Freeview from today.

### DNA Family Secrets

9.00pm **BBC2**  
Stacey Dooley (right) meets more people in search of answers, including a Glaswegian man looking for the truth about his Italian father.



### Liverpool Narcos

9.00pm **Sky Mix**  
New Freeview channel Sky Mix launches today (ch 11), with offerings including this factual series about Liverpool's 1980s drugs trade.

## DOCUMENTARY

### Jay Blades: the Midlands through Time

9.00pm **Channel 5**  
Catch up via My5

The jovial *Repair Shop* presenter turns his attention to Birmingham, the "workshop of the world" during the Industrial Revolution. He hears many examples of how tough life was for the workers – and how it was their bosses who got rich from their labours. A rare exception was benevolent Quaker George Cadbury.

In the 19th century the city was famous for producing skilled metalworkers so, using traditional methods, Jay has a go at making a medal in the very place that made his own MBE. Appropriately, considering his trademark headgear, Jay also investigates the real story of the vicious Peaky Blinders gang. **JR**

## COMEDY

### David Mitchell's Outsiders

10.00pm **Dave**  
Catch up via UKTV Play

A good barometer for whether this *Taskmaster*-style survivalist show will be up your street is if you find the sight of David Mitchell bobbing in the middle of a wood with a traffic cone on his head and heated towel rails hanging off him entertaining.

If the answer is yes and you're yet to give *Outsiders* a go, do. It's just one of many surreal scenes the comedian contestants gamely undertake in the name of earning badges. There should be one for "Poker Face", which Judi Love and Guz Khan would win with bells on. How they stay so consistently straight-faced in such a sea of absurdity is highly commendable. And very funny. **FRANCES TAYLOR**

## DRAMA

### Warriors

10.25pm, 11.50pm **BBC4**  
Catch up via iPlayer

Peter Kosminsky's powerful 1999 drama about British peacekeeping troops in early-90s Bosnia, starring Ioan Gruffudd, Matthew Macfadyen and Damian Lewis, pulls no punches. Over two parts, *Warriors* explores the psychological impact of the atrocities the soldiers witness but aren't allowed to stop because they are "neutral observers". A lot of it is based on horrific real events (Kosminsky interviewed many soldiers who were involved), the look is somewhere between newsreel and documentary and the actors performed alongside real troops. It's a very difficult watch.

Before the drama, at 10pm, director and stars look back at making this multi-award-winning work. **JR**

## LIVE SPORT



### Cricket: ICC Men's World Cup

**New Zealand v Afghanistan**  
9.00am **Sky Sports Main Event/Cricket**

New Zealand – with king of improvisation Devon Conway (above) – continue their 2023 campaign in Chennai.

### Basketball: WNBA

**New York Liberty v Las Vegas Aces**  
1am **Sky Sports Main Event**  
Game four of the finals from Brooklyn's Barclays Center.

### Baseball: MLB

12.30am **TNT Sports 1**  
Action from a post-season match.

## FILM OF THE DAY



### Goodbye Christopher Robin

★★★★ **PG** 6.50pm **Film4**  
Domhnall Gleeson and Will Tilston (above) give tender performances in this affecting drama about AA Milne, suffering from PTSD, and his relationship with the son who inspired the stories of Winnie the Pooh. Margot Robbie and Kelly Macdonald co-star. (2017)

**FILM REVIEWS**  
page 87



**STAR BAKER**  
New presenter  
Alison Hammond  
is proving her  
worth in the tent

## FOOD

### The Great British Bake Off

8.00pm **C4** Catch up: C4 streaming

Last week's elimination was such a close-run thing, the surviving baker must still be thanking their lucky stars. But in tonight's episode (which has moved days due to live football on Tuesday), it's Chocolate Week and they're making flourless tortes.

"Stop piling on the pressure!" Prue Leith orders Paul Hollywood after his failed attempt at a pep talk. Nearly all of the bakers struggle with the Technical challenge and are incredibly messy with their chocolate-box cake Showstoppers although, charmingly, one baker helps a panicking rival to finish theirs.

Alison Hammond seems to be thoroughly enjoying her role as presenter, hugger, sweet-catcher and even personal wafter when the contestants get too hot. The heat in the tent does prove too much for one baker, who has to duck out – but we're promised they'll return next week. **JR**



# WEDNESDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Jon Kay, Sally Nugent. (S) (HD)  
**9.15 Rip-Off Britain Live: Cost of Living Special** The team investigates the cause of rising prices. (S) (HD)  
**10.00 Crimewatch Live** How officers tracked down a gang of armed robbers who raided shops. (S) (HD)  
**10.45 Caught Red Handed** A gang of conmen dupe victims into thinking they're from the water board. (S) (HD)  
**11.15 Homes under the Hammer** Properties in Great Yarmouth, Birmingham and Worcestershire. (R) (S) (AD) (HD)  
**12.15pm Bargain Hunt** From Malvern. (R) (S) (AD) (HD)  
**1.00 BBC News Regional News; Weather** (S) (HD)  
**1.45 Doctors** Scarlett turns to Rosie for advice, and Jimmi and Emma worry about Al. (S) (AD) (HD)  
**2.15 Money for Nothing** Including dining chairs and a pile of cast iron items. Rptd Friday 6.30am BBC2 (S) (HD)  
**3.00 Escape to the Country** Nicki Chapman helps a buyer find a home in Wiltshire. (R) (S) (HD)  
**3.45 The Repair Shop** Experts restore a brass keyring, a wind-up toy and a gold signet ring. (S) (AD) (HD)  
**4.30-5.15 The Vintage French Farmhouse** Adi Higham, James Gooch and Jacqui Harries visit Villeneuve-lès-Avignon. Rptd tomorrow 7.15am BBC2 (S) (HD)

### BBC2

**6.30am Money for Nothing** Transforming a chair and two stools in Surrey. Shown Monday 2.15pm BBC1 (S) (HD)  
**7.15 The Vintage French Farmhouse** Searching the markets of Pézanas. Shown yesterday 4.30pm BBC1 (S) (HD)  
**8.00-9.00 Sign Zone 8.00 Great Coastal Railway Journeys** Michael Portillo alights at Wareham to visit Dorset's Jurassic Coast. He also visits Swanage and Poole. (R) (S) (AD) (HD)  
**8.30 Marcus Wareing's Tales from a Kitchen Garden** A visit to a trout farm to learn about sustainable fishing. (R) (S) (HD)  
**9.00 Nicky Campbell** Calls on the day's talking points. Simulcast with Radio 5 Live. (S) (HD)  
**10.00 BBC News** (S) (HD)  
**11.15 Politics Live** Stories from Westminster. (S) (HD)  
**1.00pm Impossible Quiz** with Rick Edwards. (R) (S) (HD)  
**1.45 Unbeatable** Jason Manford hosts. (R) (S) (HD)  
**2.15 Wanted Down Under** A family consider moving to Australia to help their son. (R) (S) (HD)  
**3.00 The Himalayas** A *Natural World* film looking at how animals cope with mountain life. (R) (S) (HD)  
**3.45 This Wild Life** As the temperature rises in the African summer, life at the camp gets tough. (R) (S) (HD)  
**4.15-5.15 Cornwall: This Fishing Life** In autumn, giant netters and trawlers set off from Newlyn to fish for days at a time far out to sea. (R) (S) (AD) (HD)

### ITV1

**6.00am Good Morning Britain** (S) (HD)  
**9.00 Lorraine** Showbiz and style tips. (S) (HD)  
**10.00 This Morning** Lifestyle advice, competitions and star interviews. Including **Regional Weather** (S) (HD)  
**12.30pm Loose Women** Candid conversation with the regulars and their guests. Repeated 2.10am (S) (HD)  
**1.30 ITV Lunchtime News Regional News; Weather** (S) (HD)  
**2.00 James Martin's Great British Adventure** James visits the Isle of Wight where he cooks a dish of prawns with tomatoes and chorizo. (R) (S) (AD) (HD)  
**3.00-4.00 Tenable for Soccer Aid** A team called Quick Off the Primark try to win the £125,000 prize for Soccer Aid. (R) (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.05am Countdown** With guest John Virgo. (R) (S) (HD)  
**6.45 Cheers** Double bill of the comedy. (R) (S) (HD)  
**7.35 Everybody Loves Raymond** (R) (S) (AD) (HD)  
**8.25 Frasier** Three episodes of the sitcom. (R) (S) (AD)  
**9.55 Find It, Fix It, Flog It** A motorised pedal cycle is among the items in Norfolk. (R) (S) (HD)  
**10.55 Renovation Nation** Tade and Tobi tackle their Edwardian villa's bedroom. (R) (S) (AD) (HD) **11.55 News** (S) (HD)  
**12 noon Steph's Packed Lunch** Weekday magazine show presented by Steph McGovern. (S) (HD)  
**2.10pm Countdown** With guest John Virgo. (S) (HD)  
**3.00 A Place in the Sun** In Villamartin, Spain. (R) (S) (HD)  
**4.00-5.00 The Great House Giveaway** Steph and Alex transform a terrace into a buyer's dream. (S) (HD)

## BBC1

1

**Celebrity Race across the World**  
**9.00pm** Harry and Emma Judd seize a rare opportunity to relax in Hungary



**5.15pm Pointless**  
 Quiz in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions. Presented by Alexander Armstrong and Richard Osman. (R) (S) (HD)  
**6.00 BBC News Weather** (S) (HD)  
**6.30 Regional news magazines** (S) (HD)  
**7.00 The One Show**  
 Presented by Jermaine Jenas and Alex Jones. Editor Joanne Vaughan-Jones (S) (HD)

**7.30 EastEnders**  
 Ravi is struggling in the wake of recent events. Honey worries about Jay when he claims that everyone has moved on from Lola's death apart from him. After a heart-to-heart with Kathy, Sharon makes a big decision. Writer Jonny O'Neill Cast Tuesday/Thursday (S) (AD) (HD)

**8.00 The Repair Shop**  
 Toy restorers Julie Tatchell and Amanda Middleditch try to repair a dislocated doll, which is a reminder of its owner's time in a children's home in the 1950s. Luthier Julian Wallis is tasked with the restoration of a vintage steel-bodied acoustic guitar, whose owner remembers his late father strumming it. Ceramics expert Kirsten Ramsay tries to reconnect a symbolic sculpture which suffered an unsightly crack during an earthquake. Siblings Suzie and Steve Fletcher undertake the repair of a trunk that accompanied an Army officer as he travelled through Africa after the Second World War. A box set is available on iPlayer. Series producer Paula Fasht; Exec producer Hannah Lamb (R) (S) (AD) (HD)

**9.00 Celebrity Race across the World**  
**RT 5/6.** In the penultimate leg of the race, the teams navigate their way north from the heart of the Balkan Peninsula, Sarajevo, to Germany's capital, Berlin. Harry and Emma Judd decide to visit one of the traditional baths in Budapest and spend some quality time together, as Harry reveals to his mum how fame has impacted him over the years. Alex and Noel Beresford travel to the Great Hungarian plains to make some money for the rest of their journey, while Billy and Bonnie Monger race tactically in an attempt to gain an advantage over another team. Meanwhile, Mel and Helene Blatt reflect on their family's heritage when they visit a Holocaust memorial on the Danube bank in Hungary. **See p80.** Producers Kathryn Burke and Charlotte Jacobs Series producer Lucy Curtis (S) (AD) (HD)

**10.00 BBC News Regional News; Weather** (S) (HD)  
**10.40 Halloween ★★★★★**

Horror sequel starring Jamie Lee Curtis, James Jude Courtney and Nick Castle. Psychopath Michael Myers has been incarcerated for 40 years, following his killing spree in small-town Haddonfield. Living in fear of Myers's possible return, survivor Laurie Strode has turned her home into a fortress and prepared her sceptical family for the worst. When Myers escapes, the stage is set for a showdown. Available on iPlayer for 30 days. **Review page 87.**

Laurie Strode	Jamie Lee Curtis	Dr Sartain	Haluk Bilginer
Karen	Judy Greer	Michael Myers	Nick Castle
Allyson	Andi Matichak		James Jude Courtney
Officer Hawkins	Will Patton	Dave	Miles Robbins
Vicky	Virginia Gardner	Dana Haines	Rhian Rees

Director David Gordon Green (2018, 18) (S) (W) (HD)  
**12.20am Blankety Blank 4/10.** Bradley Walsh hosts the revival of the comedy quiz show, in which Phil Tufnell, Martine McCutcheon, Alex Brooker, Mel Giedroyc, the Rev Kate Bottley and Darren Harriott fill in the blanks to help contestants win prizes. Shown Saturday 9.30pm (S) (HD)  
**12.55 Weather for the Week Ahead** (S) (HD)  
**1.00-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

## BBC2

2

**Nadiya's Simple Spices** 8.00pm  
 Feasting our eyes on delicious dishes that can be made as quick as a wink



**5.15pm Flog It!**  
 Postcards are appraised in Tilbury, Essex. (R) (S) (HD)  
**6.00 Richard Osman's House of Games**  
 Myra DuBois, Charlie Hedges, Bonnie Langford and Tyler West show off their trivia knowledge. (S) (HD)  
**6.30 Strictly It Takes Two**  
 Janette Manrara has a first look at how some of the celebrities are coping with their next dances. (S) (HD)

**7.00 Celebrity Antiques Road Trip**  
*Strictly Come Dancing* regular Dianne Buswell and broadcaster Owain Wyn Evans scour the antique shops of south Wales, alongside experts Hettie Jago and David Harper. By auction day, the boot of their 1967 Vanden Plas car is filled with everything from watches and puppets to art nouveau and enamel signage. Series producer Paul Tasker Executive producers John Redshaw and Joe Sharp (S) (HD)

**8.00 Nadiya's Simple Spices**  
**RT 4/6.** Nadiya Hussain creates another selection of quick and easy recipes, beginning with a take on a classic breakfast muffin. Inspired by Bangladeshi potato breakfasts, Nadiya knocks up hash smash before moving on to a one-pot crab bhuna with green beans and sweet peppers, and a cottage pie mash-up featuring cinnamon beef, chives, spring onions and baked eggs. To finish, she makes a caramelised pineapple pudding, stewed with fennel, cardamom, bay leaves and cinnamon. **See page 80.** Producer Laia Niubo; Series producer Jessica Parrish (S) (AD) (HD)

**8.30 Nigella: at My Table**  
**4/6.** Among the go-to recipes Nigella Lawson shares tonight are a fried bread and tomato hash breakfast and a butternut and sweet potato curry. Series producer Hannah Griffiths; Exec producer Robi Dutta (R) (S) (AD) (HD)

**9.00 DNA Family Secrets**  
**4/6 Series 3.** Judy's father, a Chinese mariner who helped protect Britain during World War Two, was one of thousands deported by the government after the conflict, whose families believe they may have been killed. Judy wants to know the truth. Glaswegian journalist John is questioning the story his mother told him about his Italian student father. And two Ukrainian refugees, sisters Svitlana and Oksana, are desperate to find family members who fled to the UK many years ago. Presented by Stacey Dooley. Director Brent Gundersen; Series producer Helen Crampton Repeated tomorrow 11.40pm (S) (AD) (HD)

**10.00 Moulin Rouge: Yes We Can-Can!**  
**4/6.** The dancers start rehearsals to perform on French TV's New Year's Eve show *La grande soirée*, which could mean a boost for bookings. But things fall into disarray when choreographer Janet has a meltdown, leaving her dancers with nothing to learn. Director/Producer Christian Francis-Davies (S) (HD)  
**Your RT Travel: page 136**

**10.30 Newsnight** With Mark Urban. (S) (HD)  
**11.10 Weather** (S) (HD)  
**11.15 Unspun World with John Simpson**  
 The week's major global news stories. (S) (HD)

**11.40 Union with David Olusoga**  
**3/4. The Two Nations.** The emergence of a new working-class movement in the 19th century. **See choice, page 60.** Shown Monday 9pm (S) (AD) (HD)  
**12.40-3.10am Sign Zone 12.40 Garden Rescue**  
 Creating a relaxing haven for a retired couple. (R) (S) (HD)  
**1.25 Clean It, Fix It** A multipurpose bedroom. (R) (S) (HD)  
**2.10 Union with David Olusoga 2/4.** How a new British identity was forged. Shown last Thursday BBC2 (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



## ITV1

3

**Payback** 9.00pm  
A revelation from her past leads to a critical situation for Lexie Noble (Morven Christie)



### 4.00pm Tipping Point

Ben Shephard presents as three contestants take turns on the supersized arcade machine. Repeated 12.30am (S) (HD)

### 5.00 The Chase

Rob, Viv, Moira and Jordan try to outrun one of the ruthless Chasers. Bradley Walsh hosts. Repeated 12.30am (S) (HD)

### 6.00 Regional News Weather (S) (HD)

### 6.30 ITV Evening News Weather (S) (HD)

### 7.30 Emmerdale

Cain supports Sam. Suni is less than pleased with his father's behaviour. Caleb is intrigued. Writer Peter Kerry Cast Thursday/Friday (S) (AD) (HD)

### 8.00 Coronation Street

Carla attempts to save the factory from ruin. Ed's financial problems get even worse when Michael loses his job. Ryan is stunned when Lauren demands cash to buy her silence. Writers Nessah Muthy and David Proud Cast Monday/Tuesday (S) (AD) (HD)

### 9.00 Payback

**RT** 3/6. Recruited by the police to infiltrate Cal's business empire, Lexie is forced to play a dangerous game to keep her children safe, until a secret from her past leaves her future security in jeopardy. **See page 80.**

Lexie Noble	Morven Christie	PC Francis Hewitson	Jay Newton
Cal Morris	Peter Mullan	DC Alice Hardy	Grace Chilton
DC Jibril Khan	Prasanna Purnanarajah	Rufus Hayes	Henry Pettigrew
DCI Adam Guthrie	Derek Riddell	Billy Ross	Douglas Russell
Aaron Morris	Jack Greenlees	Stevie	Ross Mann
DS Rob Livingston	Steven Miller	Kathleen	Rebecca Benson
DI Jean Royce	Andi Osho	Sandra Lloyd	Karen Westwood
Rowena Hayes	Anneika Rose	Kaz	Hélder Fernandes
Malky Roberts	Steven Mackintosh	Esme Noble	Olivia Lucking
DCI Sian Scanlan	Hannah Donaldson	Doris Szabo	Eileen Duffy
DC Nanette Young	Laura McMonagle	Donny Noble	Roman W Sharkey
PC Sara Naylor	Rori Hawthorn		

Writer Debbie O'Malley; Producer Eric Coulter  
Director Jennie Darnell (S) (AD) (HD)

### 10.00 ITV News at Ten

**Weather; Regional News and Weather (S) (HD)**

### 10.45 Peston

Robert Peston presents the weekly political magazine programme, featuring interviews with MPs, topical guests and leading cultural figures, plus live reaction from social media.

Executive producer Andrew Dagnall  
Executive editor Vicky Flind (S) (HD)

### 11.40 No Return

3/4. Noah finds his court hearing tough, but will his new lawyer's appeal succeed? Meanwhile, old wounds reopen between Kathy and Martin. The series is available as a box set on ITVX.

Kathy Powell	Sheridan Smith	Ismail	Murat Seven
Martin Powell	Michael Jibson	Maria Pandolis	Dilek Rose
Noah Powell	Louis Ashbourne Serkis	Reyhan Ekici	Rosie Hilal
Jess Powell	Lily Sutcliffe	Burak Eskoy	Cosh Omar
Zeph	Maximilian Henham	Derya Soyulu	Elif Knight
Megan McGee	Sian Brooke	Sally Keane	Gem Carmella
Fred McGee	Jack Chorley	Al Milner	Rufus Hound
Steve McGee	David Mumeni		

Writer Danny Brocklehurst; Producer Farah Abushwesha  
Director John Alexander (R) (S) (AD) (HD)

**12.30am The Chase** Quiz show. Shown 5pm (S) (HD)

**1.20 Tipping Point** Game show. Shown 4pm (S) (HD)

**2.10 Loose Women** Lively chat. Shown 12.30pm (S) (HD)

**3.00 Made in Britain** A look at how Yorkshire puddings are manufactured. (S) (SL) (AD) (HD)

**3.25 Unwind** A sequence to calm the mind. (S) (HD)

**4.40-6.00am The Masked Dancer Ep 1 Series 2** Six mystery celebrities perform. (R) (S) (SL) (AD) (HD)

**ITV1 Freeview** 3/HD 103 **Freesat** 103 **Sky** 103 **Virgin** 103

**+1 Freeview** 35 **Freesat** 112 **Sky** 203 **Virgin** 303

## Channel 4

4  
7 in Wales

**The Great British Bake Off** 8.00pm Paul and Prue inspect an array of chocolate creations



### 5.00pm Help! We Bought a Village

A pair of village saviours in France prepare to welcome their first guest. Meanwhile, work begins on an abandoned village in Portugal. Repeated 7pm and tomorrow 2.30pm 4seven (S) (HD)

### 6.00 Four in a Bed

The guests love the quirky interiors at the Redan Inn in Chilcompton, Somerset, but Giovanni and Enzo get picky about plates. (S) (HD)

### 6.30 The Simpsons

**The Food Wife.** Marge, Bart and Lisa taste success in the world of food blogging. (R) (S) (AD) (HD)

### 7.00 Channel 4 News Sport; Weather (S) (HD)

### 8.00 The Great British Bake Off

**RT** 4/10. Alison Hammond and Noel Fielding host as the bakers face three indulgent challenges for Chocolate Week. First up is a tricky torte in the Signature challenge, then a cheesecake challenge in the Technical before the Showstopper features a chocolate box. With skills being tested to the max, who will handle the heat and who will melt under pressure as the bakers look to impress judges Paul Hollywood and Prue Leith? *The Great British Bake Off: an Extra Slice* is on Thursday 8pm. **See Page 81.** Series producer Sophia Reid; Series director Jeanette Goulbourn Signed simulcast on 4seven Repeated 10.15pm and Thursday 9pm 4seven Signed repeat Thursday 11.05pm C4 (S) (AD) (HD)

### 9.15 Stand Up to Cancer: Don't Look Down

2/5. Paddy McGuinness and his team comprising Beverley Callard, Anton Ferdinand, David Ginola, Kimberley Wyatt, Chris Hughes, Charley Boorman, GK Barry, Fats Timbo and Victoria Pendleton head to the top of Penken in Austria, some 5,500 feet above sea level, to work on their focus. Standing at the cliff edge, Chris starts to question whether he can complete the challenge, and the team wonder if they have what it takes to achieve their ultimate goal. Series director Josh Jacobs Series producer Kim Allinson Rptd Thu 10.15pm 4seven Signed rpt Thu 2.10am C4 (S) (AD) (HD)

### 10.30 Gogglebox

The households share their opinions on *Coronation Street*, *Love Island*, *Sex Actually* with *Alice Levine*, *Starstruck*, *Cheat* and *Dancing on Ice*. First shown in March. (R) (S) (AD) (HD)

**11.30** The armchair critics review more TV.

Shown last Friday (S) (AD) (HD)

**12.30am Off Grid** Channel 4 premieres just the first episode of this Italian crime drama starring Claudio Gioè, from Walter Presents, with the whole 12-part series available to stream from Friday 13 October. Italian. CEO Claudio Caruana goes into hiding after a financial scandal affecting his bank and becoming the main suspect in the murder of a colleague. Italian +subtitles. (HD)

Claudio Caruana	Claudio Gioè	Ilaria Caruana	Tecla Insolia
Silvia Stellati	Anna Valle	Miriam	Federica De Cola
Cosimo Casiraghi	Giorgio Colanageli	Riccardo Elmi	Marco Cocci
Alessio Caruana	Tobia De Angelis	Gabriele Tomasi	Romano Reggiani

**1.25 Taskmaster 4/10.** Alex Horne is forced to sample some cylindrical meals created by the five contestants. Shown last Thursday (S) (SL) (AD) (HD)

**2.20 Ramsay's Kitchen Nightmares USA** The chef helps a Mexican restaurant in Philadelphia. (R) (S) (SL) (HD)

**3.15 Handmade: Britain's Best Woodworker Ep 2** Series 3. The contestants make a handcrafted clock. **See choice page 50.** Shown Sunday 8pm (S) (SL) (AD) (HD)

**4.10 Couples Come Dine with Me** Three couples host dinner parties from in and around Manchester. (R) (S) (HD)

**5.00 Tool Club** Work at the Many Tears animal rescue centre in Llanelli continues. (R) (S) (HD)

**5.55-6.05am Escape to the Château** Highlights from series seven. Shown last Wednesday (S) (HD)

**Channel 4 Freeview** 4/HD 104 **Freesat** 104 **Sky** 104 **Virgin** 104

**+1 Freeview** 15 **Freesat** 121 **Sky** 204 **Virgin** 304

## BBC4

9  
24 in Scotland

### Warriors

10.00pm/10.25pm  
Damian Lewis recalls, and stars in, the military drama from 1999



### 7.00pm Africa

4/6. **Cape.** David Attenborough describes the wildlife spectacles of southern Africa. On the beaches of Itsamia, near Mozambique, green sea turtles emerge from their eggs. Continues tomorrow 7pm. Repeated 1.20am (R) (S) (AD) (HD)

### 8.00 100 Days to Victory

1/2. **The Spring Offensive.** How the Allies responded to German advances in early 1918 with a military strategy that ultimately won the First World War. (S) (AD)

**9.00 2/2. The Fightback.** The newly developed "combined arms" tactics were scaled up. After a series of battles, a combined Australian, British and American force finally broke through the Hindenburg Line on 29 January 1918.

General John Monash	Ben Mortley
Marshal Ferdinand Foch	Denis Lamonde
Field Marshal Douglas Haig	Malcolm Taylor
General Arthur Currie	Bruce Turner
General Henry Rawlinson	Brian Scott Carleton
General Henry Horne	Gord Mackenzie
Narrator	Jamie Lee

Series director Don Featherstone  
Both episodes first shown on BBC2 (S) (AD)

### 10.00 Damian Lewis, Matthew Macfadyen & Peter Kosminsky Remember... Warriors

The actors and director look back at the 1999 BBC drama.

Producer Simon Catt  
Series producer Simon Goretzki (R) (S) (HD)

### 10.25 Warriors

**RT** 1/2. Drama from 1999 about a group of British soldiers assigned to peace-keeping duties in Bosnia. Initially filled with confidence, the troops are quickly disillusioned by the horrors of the mission. (S) (HD)

**11.50 2/2.** The soldiers face up to the emotional demands of their duties but grow increasingly frustrated at red tape holding them back. **See p81.**

Pte Alan James	Matthew Macfadyen
Lt Neil Loughrey	Damian Lewis
Lt John Feeley	Ioan Gruffudd
Pte Peter Skeet	Darren Morfitt
Sgt Andre Sochanik	Cal MacAninch
Cpl Gary Sprague	Joe Renton
Pte Tommy Redmond	Steve Chaplin
Emma	Jodhi May
Gran	Pauline Yates
Pte John Hookway	Shaun Dooley
Pte Martin Rook	Gregory Chisholm
Major "Brick" Stone	Simon Shepherd
Capt Richard Gurney	Tom Ward
Naser Zec	Predrag Bjelac
Lt Jonathan Engel	Ilan Meredith
Rik Langrubber	Carsten Voigt
Minka	Sheyla Shehovich
Aida	Jasmina Sijercic
Almira Zec	Branka Katic
Sandra Skeet	Elizabeth Lovelady
Mr Skeet	Vincent Maguire
Gloria Skeet	Eithne Browne
Old Sochanik	Tony Broughton
Mrs Sochanik	Deirdre Doone
Judy	Joanne Reilly

Writer Leigh Jackson; Director Peter Kosminsky  
Producer Nigel Stafford Clark  
Both episodes first shown on BBC1 (S) (HD)

**1.20am Africa** Shown 7pm (S) (AD) (HD)

**2.20-3.25am Imagine... Sonia Boyce: Finding Her Voice** Alan Yentob talks to the artist Sonia Boyce. Shown yesterday 11.30pm (S) (HD)

**BBC4 F'view** 9/HD 106 **F'sat** 108 **Sky** 116 **Virgin** 108

## BBC1 SCOTLAND

**10.40pm** Alan Carr's Picture Slam: three teams of contestants have to identify a board full of images  
**11.25** The Edit **11.40** Scottish Questions  
**12.05am** Debate Night  
**1.05 FILM:** Halloween  
**2.50** Weather for the Week Ahead  
**2.55-6.00** BBC News

## BBC SCOTLAND

**7.00pm** Icons of Football: the life and career of striker Steve Archibald **7.30** Born to Be Wild **8.00** Scotland's Home of the Year **8.30** Food Fest Scotland: exploring the Foodies Festival in Glasgow **9.00** The Nine **10.00** Street Gangs: exploring the Wyndford Scheme in Maryhill **10.30** Debate Night **11.30-12 midnight** Unmasking a Fugitive

## STV

**10.40pm** Scotland Tonight **11.05** Peston **12 midnight** British Touring Car Championship Highlights **1.20am** Tipping Point **2.10** Loose Woman **3.00** Made in Britain **3.25-4.40** Night Vision

## BBC1 WALES

**10.40pm** BBC Wales Live **11.10 FILM:** Halloween **12.50am** Blankety Blank **1.25-6.00** BBC News

## BBC2 WALES

**11.15pm** Beacons: Short Films from Wales  
**11.30** Unspun World with John Simpson  
**11.55** No Activity: Carol is excited about her new colleague  
**12.20-12.40am** The Fens: a Wild Year

## BBC1 NORTHERN IRELAND

**10.40pm** Nolan Live  
**11.40 FILM:** Halloween  
★★★★ Horror sequel starring Jamie Lee Curtis, and James Jude Courtney  
**1.20am** Blankety Blank: Bradley Walsh hosts the quiz show  
**1.55-6.00** BBC News

**Channel 5**  
listings are overleaf



# WEDNESDAY Freeview

Channel 5

5



**Jay Blades: the Midlands through Time** 9.00pm The West Midlands

**6.00am Milkshake!** See page 86

**9.15 Jeremy Vine** (S) (HD)

**11.15 Storm Huntley** (S) (HD)

**12.40pm Alexis Conran** (S) (HD)

**1.40 5 News** (S) (HD)

**1.45 Home and Away** Rose is hurt by Xander. Shown Tuesday 6.30pm 5 Star (S) (AD) (HD)

**2.15 My Fatal Memory** ★★ Thriller starring Kate Watson. After a car accident leaves Grace with amnesia, a handsome stranger enters her life claiming they are lovers. But as her memory begins to return, his story doesn't seem to add up. Director Gigi Gaston (2022) (S) (W) (HD)

**4.00 Bargain-Loving Brits in the Sun** New tour guide Louisa practises her skills on a friend visiting her from the UK. (S) (HD)

**5.00pm 5 News** (S) (HD)

**6.00 Dogs Behaving (Very) Badly**

**1/15 Series 4.** Master dog trainer Graeme Hall tackles a rowdy pair of rescue newfoundlands, who scare off owners Dawn and Gordon's family whenever they come to visit. (R) (S) (HD)

**6.55 5 News Update** (S) (HD)

**7.00 Aldi's Middle Aisle: How Do They Really Do It?**

A look at how the supermarket chain manages to keep customers coming back for more, shedding some light on how Aldi manages to sell its array of products at bargain basement prices. Director Dominic Callaghan (S) (HD)

**7.55 5 News Update** (S) (HD)

**8.00 Norfolk and Suffolk: Country and Coast**

**6/6.** On Great Yarmouth's Golden Mile, inspectors check a 91-year-old wooden rollercoaster, and steam-train passengers are served high tea on the Mid-Norfolk Railway. Bill Nighy narrates. Directors Joseph Cunningham; Richard Hughes (S) (HD) Followed by **5 News Update** (S) (HD)

**9.00 Jay Blades: the Midlands through Time**

**RT 2/3.** Jay uncovers the unsung stories of West Midlands workers, from the Industrial Revolution up until the First World War, learning about Birmingham's famous Jewellery Quarter and attempting to make an MBE medal using traditional methods. He also finds out about the real Peaky Blinders. See page 81. (S) (HD)

**10.00 999: Critical Condition**

A man is rushed to the Royal Stoke University Hospital by helicopter after his parachute fails. (R) (S) (HD)

**11.05 Cricket World Cup**

Highlights of the World Cup group match between New Zealand and Afghanistan in Chennai. (S) (HD)

**12.05am Motorway Cops: Catching Britain's Speeders** (R) (S) (HD) **1.05 Casino** (S) (HD)

**3.05 Ben Fogle: New Lives in the Wild** (R) (S) (HD) **3.55 Britain's Greatest Bridges: the Clifton Suspension Bridge** (R) (S) (SL) (AD) (HD) **4.40 Wildlife SOS** (R) (S) (SL) **5.05 House Doctor** (R) (S) (SL) **5.30-5.35am** Entertainment News (S) (HD)

**C5** Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105

**+1** Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



**BBC New Comedy Awards** 10.00pm Shane Todd is looking for talent

**7.00pm New. Crazy Fun Park**

**5/10.** Mapplethorpe takes matters into his own hands after hearing Chester has a meeting at a creative school. (S) (HD)

**7.25 New. 6/10.** The Fun Kids discover the dead can come alive on the night of Halloween. More tomorrow 7pm. (S) (HD) Followed by **New. The Catch Up** (S) (HD)

**8.00 Top Gear**

Jeremy Clarkson subjects the Skoda Yeti to a thorough road test, while James May takes to the test track in the Ariel Atom V8. More tomorrow 8pm. (S) (HD)

**9.00 Roman Kemp: Our Silent Emergency**

Roman explores the mental-health and suicide crisis among young men, and why they find it difficult to seek help. (S) (AD) (HD)

**10.00 New. BBC New Comedy Awards** 3/6. A nationwide search to find the best new stand-up talent in the UK. (S) (HD)

**10.30 Back to Life**

**1/6 Series 2.** Miri Matteson is optimistic about her future when she is given a trial shift at the supermarket. (S) (AD) (HD)

**11.00 2/6.** Miri makes a personal discovery. A box set is on iPlayer. (S) (AD) (HD)

**11.30 New. The Bold Type**

**3/16 Series 4.** Kat helps a transgender runner. More tomorrow 11.15pm. (S) (HD)

**12.10am Top Gear** (S) (HD) **1.10 BBC New Comedy Awards** (S) (HD) **1.40 Back to Life:**

double bill (S) (AD) (HD) **2.40 Roman Kemp: Our Silent Emergency** (S) (SL) (AD) (HD)

**3.40-3.50am Press X to Continue** (S) (HD) **BBC3 F'view** 23/HD 107 (not Scot/Wales) F'sat 179/HD 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

ITV2

6

**5.00am CITV** (HD) **9.00 One Tree Hill** (S) (HD)

**10.00 Dawson's Creek:** Dawson saves the day (S) (HD) **11.00 Dress to Impress** (S) (HD)

**12 noon Dinner Date:** Mancunian singleton Steph seeks love (S) (AD) (HD) **1.00pm Alan Carr's Epic Game Show** (S) (AD) (HD) **2.00**

**Chuck:** the spy is removed from duty (S) (HD) **3.05 One Tree Hill** (S) (HD) **4.00 Dawson's Creek** (S) (HD) **5.00 Dinner Date** (S) (AD) (HD)

**6.00pm Celebrity Catchphrase** Bhavna Limbachia, Shirley Ballas and Dr Ranj Singh take part in the game show. (S) (AD) (HD)

**7.00 Alan Carr's Epic Game Show** The comedian presents a revival of the classic game show *Strike It Lucky*. (S) (AD) (HD)

**8.00 Bob's Burgers Series 12.** Bob tries to make a friend outside of the people who come to the restaurant. (S) (AD) (HD)

**8.30 Bob and the children** help Nat with a limo competition. (S) (AD) (HD)

**9.00 New. Big Brother** The ultimate social experiment continues as the housemates live inside the iconic *Big Brother* house and compete to win a huge cash prize. (S) (HD)

**10.00 New. Big Brother: Late and Live** *Big Brother* hosts AJ Odudu and Will Best present the companion show from a studio near the house and talk to celebrity guests in front of a live studio audience. (S) (HD)

**11.05 Family Guy Series 17.** Peter's new job as the White House press secretary sees the Griffins move to Washington DC. (S) (AD) (HD)

**11.35 Stewie's view** of Meg changes when she saves him from choking. (S) (AD) (HD)

**12.05am American Dad!** (S) (AD) (HD) **1.00 Bob's Burgers** (S) (AD) (HD) **2.00 Don't Hate the Playaz** (S) (HD) **2.40-3.00am Unwind** (S) (HD)

**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115

**+1** Freeview 29 Freesat 114 Sky 218 Virgin 318

ITV3

10



**Cracker** 10.00pm Fitz helps the Hong Kong police solve a bizarre murder

**6.00am** Classic Emmerdale (S) **7.05** Classic

Coronation Street (S) (AD) **8.10 Bless This House** (S) **9.15 Where the Heart Is: 8/8**

**Series 8. Never Can Say Goodbye.** Luke has a surprise for Anna and David. Repeated 12.15am; **10.25 1/10 Series 9. Care.** Beth struggles with

her return to work. Repeated 12.0am (S) (AD) **11.35 Heartbeat: 6/24.** The rivalry between two brass bands gets out of hand; **12.40pm**

**7/24.** A widow's life is endangered by the business dealings of her late husband (S) (AD) **1.40pm** Classic Emmerdale: double bill. Sam

tries to make amends with Edna, then Terry accuses Dawn of planning to sell his house from under him (S) **2.40** Classic Coronation

Street: double bill. Sarah agrees to give Todd another chance, then Nick is horrified to discover Sarah has gone back to Todd (S) (AD)

**3.50** Agatha Christie's Marple: *A Pocket Full of Rye.* When a business magnate, his wife and their maid are murdered, Miss Marple notices the circumstances recall the nursery rhyme *Sing a Song of Sixpence* (S) (AD) (HD)

**5.55pm Heartbeat**

**8/24 Series 18.** A boy's life hangs in the balance when he falls down a well. (S) (AD)

**6.55 9/24.** Searching for stolen antiques turns into a life-threatening situation for Mason and Wetherby. (S) (AD)

**8.00 Lewis**

**3/4 Series 4. Your Sudden Death Question.** During the August Bank Holiday, an empty Oxford college plays

host to a weekend of competitions for professional quizzers. Lewis and Hathaway are called in when the standout competitor is found dead. (S) (AD) (HD)

**10.00 Cracker**

**White Ghost.** Police psychologist Fitz travels to Hong Kong for a lecture tour but soon finds himself helping the police

solve the strange murder of a high-flying businessman. His only demand is that his colleague Penhaligon is flown out to assist. More tomorrow 10pm. (S) (AD)

**12.15am** Where the Heart Is Shown 9.15/10.25am (S) (AD) **2.20-2.30am Unwind** (S) (HD)

**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117

**+1 F'view** 59 (9pm-4am) F'sat 116 Sky 219 Virgin 317

ITV4

26

**6.00am** World of Sport (S) (HD) **6.20 Minder** (S) (SL) (AD) **7.25 The Professionals** (S) (SL)

**(AD) 8.25 The Saint** (S) **9.35 Dempsey and Makepeace** (S) (AD) **10.40 Magnum, PI** (S) (AD)

**(HD) 11.40 BattleBots** (S) (HD) **12.40pm The Saint** (S) **1.45 Dempsey and Makepeace** (S) (AD) **2.50 Magnum, PI** (S) (AD) (HD) **3.50 The Professionals** (S) (AD) **4.55 Minder** (S) (AD)

**6.00pm New. BattleBots** It's win or go home as the Round of 32 continues. (S) (HD)

**7.00 River Monsters** Jeremy explores river deaths in Papua New Guinea. (S) (HD)

**7.30** Jeremy heads to Thailand in search of the giant freshwater stingray. (S) (AD) (HD)

**8.00 The Grand Fishing Adventure** Ali Hamidi and Bobby Zamora's tour takes them to northern France. Shown Monday 9pm (S) (HD)

**9.00 FILM GoldenEye** ★★★★★ Spy adventure starring Pierce Brosnan and Sean Bean. James Bond tracks a Russian general and his accomplice for the theft of a deadly

weapon called the GoldenEye. (S) (AD) (W) (HD) **11.40 All Elite Wrestling: Collision**

Hard-hitting action from AEW. (S) (HD)

**1.45am** Minder: Arthur agrees to mind a coffin but ends up stashing it in an unhappy Terry's bedroom (S) (SL) (AD) **2.40-3.00am Unwind** (S) (HD)

**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118

**+1** Freesat 118 Sky 219 Virgin 318

Drama

20



**Mrs Sidhu Investigates** 8.00pm The caterer works for a software company

**7.10am** All Creatures Great and Small Rptd

4.20pm (S) **8.00 Doctors:** double bill. Greg suspects a woman of abusing her mother, then Rana arouses suspicion (S) **9.20** Classic Holby

City: Mallick locks horns with Michael Rptd 2.20am (S) (HD) **10.40** Casualty: friendships between some of the staff cause frictions at Holby

**11.50** The Bill: Gina falls for a new CPS lawyer

**12.50pm** Classic EastEnders: double bill. Pauline fumes at Dennis and makes sure that Den knows what's been going on, then Sharon and Dennis face Den **2.10** Pie in the Sky:

**5/8 Series 5.** Crabbe babysits a hell-raising footballer (S) **3.10 Bergerac: 2/10 Series 3**

A tourist arrives on Jersey accompanied by a gun-toting woman **4.20** All Creatures Great and Small: **1/16 Series 3. Plenty to Grouse**

About. Illness strikes on the grouse moors Shown 7.10am **5.30** The Upper Hand: **1/19**

**Series 4.** Charlie tries to help a friend

**6.05pm 'Allo 'Allo!**

**18/26 Series 5. Money to Burn.** Herr Flick arrests Leclerc and issues a proclamation. (S)

**6.40 Last of the Summer Wine** **Series 16. Adopted by a Stray.** A stranger gives the trio a mysterious old van. (S)

**7.20 The Defeat of the Stoneworm** Howard discovers a pest outbreak. (HD)

**8.00 New. Mrs Sidhu Investigates**

**RT 3/4. Killer App.** Mrs Sidhu is asked to be an in-house caterer for a software

company, but their reputation is threatened when the CEO is found dead at his desk. See page 80. (AD) (HD)

**10.00 New Tricks**

**10/10 Series 10. Wild Justice.** Sasha is asked to prove a crime boss was convicted on false evidence, even though she is certain the same man killed her CID

partner eight years before. (S) (AD) (HD)

**11.20 Dalziel & Pascoe**

**1/4 Series 3. Under World.** A man's body is found in a disused mineshaft. (AD)

**1.25am** The Bill: Don Beech offers to help Neil Manson (S) **2.20-4.00am** Classic Holby City Shown 9.20am (SL)

**Drama Freeview** 20 Freesat 158 Sky 143 Virgin 116

**+1** Freeview 60 Sky 243 Virgin 316

ITVBe

28

**7.00am** Billie and Greg: the Family Diaries (S) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD)

**12 noon** Unboxed (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** The Only Way Is Essex (S) (HD) **2.05** Great

Chocolate Showdown (S) (HD) **3.05** Million Dollar Listing: LA (S) (HD) **4.05** The Real Housewives of New Jersey (S) (HD) **5.00** The Real Housewives of Salt Lake City (S) (HD)

**6.00pm** Masters of Flip Kortney and Dave Wilson gut a gloomy gothic home. (S) (HD)

**7.00 Buying and Selling** A couple ready to trade in their Nashville property. (S) (HD)

**8.00 The Big Bake: Halloween** Cakes showcasing monster babies. (S) (HD)

**9.00 New. Ferne McCann: My Family and Me** Ferne is unnerved as Lorri heads off on a work trip before her due date. (S) (HD)

**10.00 The Only Way Is Essex** Amber is back and needs to be brought up to date on the gossip by her Girlband bandmates. (S) (HD)

**11.00-1.00am Real Housewives and the Menopause** A two-part special in which six Real Housewives of Cheshire stars share coping strategies for the menopause. (S) (HD)

**ITVBe** Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED





## More4

18



**Grand Designs: Living in the City** 7.55pm Kevin looks at urban builds

**8.55am** Food Unwrapped **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: double bill (AD)  
**1.10pm** Heir Hunters **3.10** Four in a Bed **5.50** The Secret Life of the Zoo (AD)  
**6.55pm** **The Dog House Australia** Karin, who has mobility problems, is looking for a canine companion and the sanctuary think Harlie the maltese might be the right fit. German shepherd Seth meets Sheppy.  
**7.55** **Grand Designs: Living in the City** Kevin McCloud presents a special episode dealing with the challenges of building in the city, where architects have to show their ingenuity as space is at a premium. (AD)  
**9.00** **The Dog House** A lively french bulldog meets drag queen John and partner Sammy. Meanwhile, Peaches the lurcher has two dates. Will she find a home at last? (AD)  
**10.00** **Holidays from Hell: Caught on Camera** Cameras reveal what can go wrong when a dream holiday turns into a nightmare. Footage includes sunbed dashes, ski crashes and Brits behaving badly. (AD)  
**11.05** **24 Hours in A&E** A 12-year-old girl is airlifted to St George's after falling from a cliff near her home, and CT scans reveal she requires emergency brain surgery. (AD)  
**12.10am** **Emergency Helicopter Medics**: a tennis player is put into an induced coma after a heart attack (AD) **1.15** **Holidays from Hell: Caught on Camera** (AD) **2.15** **24 Hours in A&E** (AD) **3.20-3.50am** Food Unwrapped (AD)

**More4** F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

## E4

13

**6.00am** Hollyoaks Shown last Friday/Monday 7pm (AD) **7.00** Married at First Sight UK **8.00** Melissa & Joey (AD) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** The Goldbergs: double bill (AD)  
**12 noon** The Big Bang Theory (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family **4.00** Married at First Sight UK **5.00** The Big Bang Theory: double bill (AD)  
**6.00pm** **The Big Bang Theory 14/23 Series 3**: Sheldon gets a job at a diner. (AD) **6.30 15/23**: Penny's Valentine's date. (AD) **7.00** **New. Hollyoaks** Romeo struggles at Rayne's memorial. Repeated Friday 6.30am (AD) **7.30** **Young Sheldon 8/21 Series 3**: The university makes George Sr a job offer. (AD) **8.00** **New. Modern Family 1/22 Series 7** Jay and Gloria look for a pre-school for Joe. **8.30** **New. 2/22**: Alex faces up to her first day at college. First shown on Sky Showcase. **9.00** **New. Married at First Sight UK** The newly-weds hit their first bump in the road. **10.00** **New. Sex Rated** Nick's seduction game needs licking into shape. (AD) **11.05** **Naked Attraction** Featuring singletons from Bristol and Bolton. **12.05am** First Dates (SL) (AD) **1.10** Married at First Sight UK **2.10** Sex Rated (AD) **3.10** Below Deck Sailing Yacht (AD) **3.55** Brooklyn Nine-Nine (AD) **4.50-6.00am** Black-ish (AD)

**E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 181 Sky 138 (139 Scot) Virgin 287

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **10.00** The Yorkshire Auction House **11.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun **2.00** My 600lb Life **4.00** Animal Cops Houston (AD) **5.00** Helicopter ER **6.00** The Yorkshire Auction House **7.00** Antiques Road Trip **9.00** The Bad Skin Clinic **10.00** Dr Pimple Popper **11.00** Ghost Adventures (AD) **12 midnight** The Dead Files **1.00am** Ghost Adventures **2.00** Home Shopping **4.00** Animal Cops Houston (AD) **5.00-6.00am** Money for Nothing

**Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

## Sky Arts

36



**Discovering: Michelle Yeoh** 9.00pm The Malaysian actress's career

From today, Sky Arts has moved to Freeview 36  
**6.00am** Beethoven: the Complete Symphonies **6.35** Cirque du Soleil: Mystery of Mystère **8.00** The Joy of Painting **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Denzel Washington **12 noon** The Joy of Painting **1.00pm** Tales of the Unexpected (AD) **2.00** National Treasures: the Art of Collecting (AD) **3.00** Cleo Laine: the Unseen Home Movies (AD) **4.00** Discovering: Whoopi Goldberg **5.00** Tales of the Unexpected: double bill (AD)  
**6.00pm** **Alfred Hitchcock Presents** A widow recovers her husband's body. **6.30** A man predicts an impending death. **7.00** **The Joy of Painting** Bob Ross creates a purple sky and tall trees that seem to float. **7.30** A lakeside cabin scene is created. **8.00** **New. Portrait Artist of the Year** The celebrity sitters are Jay Rayner, Nihal Arthanayake and Susanna Reid. **9.00** **New. Discovering: Michelle Yeoh** The life of the Oscar-winning Malaysian actress. **10.00** **Discovering: Janet Leigh** A profile of the actress who starred in Psycho. (AD) **11.00** **Art Traffickers: Treasures Stolen from the Tombs** The most sensational thefts of ancient masterpieces in history. (AD) **12 midnight** Mildred Pierce (AD) **1.45am** Oscar Micheaux: the Superhero of Black Film-Making **3.30** Inside Art: Steggles Brothers at Beecroft Southend **4.00** The Agatha Christie Hour (AD) **5.00-6.00am** The South Bank Show

**Sky Arts** Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Come Dine with Me: five editions from Devon (AD) **11.30** A Place in the Sun **1.30pm** The Great House Giveaway **2.30** Help! We Bought a Village **3.30** Come Dine with Me: dinner parties around Essex (AD)  
**6.00pm** **A Place in the Sun** A couple seek a villa in Villamartin on Spain's Costa Blanca. **7.00** **Help! We Bought a Village Ep 3 Series 2**: A historical settlement in Puglia is targeted by burglars. Shown 5pm Channel 4 **8.00** **CHOICE The Great British Bake Off 4/10 Series 14**: The bakers take on indulgent challenges for Chocolate Week. See p81. Simulcast with Channel 4 (SL) (AD) **9.15** **Grand Designs** Kevin McCloud follows the progress of Nathan and Amye as they build a giant cathedral-like property. (AD) **10.15** **CHOICE The Great British Bake Off 4/10 Series 14**: Alison Hammond and Noel Fielding host. See p81. Shown 8pm C4 (AD) **11.35** **Celebrity SAS: Who Dares Wins 4/7 Series 5**: The celebrities must prove they can trust their team; their leaders and themselves. See choice, p51. Shown 9pm C4 (AD) **12.40am** **FILM** Summer of Soul (...or, When the Revolution Could Not Be Televised) **1.45am** Music documentary. Review p67. (AD) **3.00** Bangers: Mad for Cars (AD) **4.00-5.00am** Gogglebox (AD)

**4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

## Quest

12

**6.00am** How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars (AD) **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Shed and Buried (AD) **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers: Dream Car **7.00** Outback Opal Hunters **8.00** Salvage Hunters **9.00** New Salvage Hunters: the hunters explore three new territories **10.00** The Repair Shop **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Chasing Classic Cars **3.00** Salvage Hunters: Classic Cars (AD) **4.00-5.00am** How It's Made

**Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 337

## Yesterday

27



**Turkey with Simon Reeve** 9.00pm The adventurer sets sail from Istanbul

**6.10am** Monster Ships **8.00** Abandoned Engineering (AD) **10.00** Narrow Escapes of World War II (AD) **11.00** World War Weird **12 noon** Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash (AD) **4.00** World War Weird **5.00** Narrow Escapes of World War II (AD)  
**6.00pm** **Great British Railway Journeys** Michael Portillo travels between Croydon and Shoreham-by-Sea, hearing the story of a once-celebrated but now forgotten composer. **6.30** In West Sussex, Michael encounters a motoring dog patronised by Edward VII. **7.00** **Antiques Roadshow** The team values objects associated with the First World War. **8.00** **Great Continental Railway Journeys** A journey from Stockholm to the Arctic Circle. **9.00** **Turkey with Simon Reeve** As the adventurer embarks on a journey, first shown in 2017, he discovers a country undergoing dramatic and fundamental changes. **10.00** **Bangers and Cash** There's a surprise waiting for Derek in Hull. (AD) **11.00** **Abandoned Engineering** A German battleship that sank in a Norwegian fjord. (AD) **12 midnight** Great British Railway Journeys **1.00-3.00am** Monster Ships: double bill

**Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1** Sky 255 Virgin 329

## Dave

19

**7.10am** Exploration Volcano (AD) **8.00** Border Force: America's Gatekeepers (AD) **9.00** The Force: behind the Line **10.00** Inside the Factory **11.00** Rick Stein's French Odyssey **12 noon** Storage Hunters UK: double bill **1.00pm** Top Gear (AD) **3.55** Pointless: quiz show **5.00** Rick Stein's Cornwall **6.00pm** **Rick Stein's French Odyssey** Rick celebrates Bastille Day in the port of Sete. **6.30** The chef's journey ends in Marseille. **7.00** **Richard Osman's House of Games 8.20** Would I Lie to You? Christmas special with Ray Winstone, Josh Widdicombe, Rachel Riley and Ricky Tomlinson. **9.00** **QI XL** Sandi Toksvig talks through a trunkful of "T" topics with Jo Brand, Guz Khan, Sally Phillips and series regular Alan Davies. **10.00** **CHOICE New. David Mitchell's Outsiders 2/6 Series 3**: The Outsiders compete to create the best multi-tool using scrap rubbish. See page 81. (AD) **11.00** **Live at the Apollo** Guz Khan introduces sets by Kiri Pritchard-McLean and Rhys James. **12 midnight** Live at the Apollo **1.00am** Mock the Week **1.40** Big Zuu's Big Eats (AD) **2.20** Gavin & Stacey (AD) **3.00** Sliced (AD) **3.35-4.00am** Whose Line is It Anyway? USA

**Dave** F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave** **Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

## London Live

8

**6.00am** Space 1999 **7.00** Department S **8.00** Destination Flavour: China **9.00** Plane Crash Re-created **10.00** My Greek Odyssey **11.00** Monkey **12 noon** Raiders of the Lost Art **1.00pm** **FILM** Up in the World ★★ Comedy starring Norman Wisdom (BW) **2.50** **FILM** Penny Princesses ★★★ A New York shop assistant inherits a tiny European state **4.45** The Avengers (BW) **6.00** News **7.00** Gary Rhodes at the Table **7.45** Secrets of London with Mark Monroe **8.00** Castle Builders **9.00** Murder Most Horrid **9.45** **FILM** A Shock to the System ★★★ Black comedy **11.35** **FILM** Nineteen Nineteen ★★ Drama starring Maria Schell and Paul Scofield **1.35am** **FILM** Eden Lake ★★★ Horror thriller **3.30** News Rewind **5.00-6.00am** Talking Points

**London Live** Freeview 8 Sky 117 Virgin HD 159 Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** NCIS (AD) **10.55** Entertainment News **11.00** NCIS **12 noon** Law & Order **6.00pm** NCIS Series 9. Triple bill. A Navy lieutenant dies of overhydration **7.00** A Homeland Security employee goes missing **8.00** An aircraft carrying dead US marines crashes (AD) **9.00** **New. Criminal Minds Series 8**: The agents welcome a new member as they hunt for an escaped killer First shown on Sky Witness **10.00** Law & Order: Special Victims Unit Series 5. Double bill. Benson and Stabler investigate a woman's murder, then Novak enlists Clark to help gather evidence **12 midnight** Criminal Minds **12.55am** Lucifer **3.35-4.00am** Criminals: Caught on Camera

**5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

## 5 Star

32

**8.00am** Bargain-Loving Brits in the Sun: double bill **11.00** Casualty 24/7: Every Second Counts **11.00** GPs: behind Closed Doors (AD) **12 noon** Traffic Cops: two editions **2.00pm** Police Interceptors **5.00** Car Pound Cops: Give Me My Car Back! **6.00pm** **Home and Away** Samuel fills Rose in on her family history. Shown 1.45pm C5 (AD) **6.30** **New. Forrester** defends his actions to Kirby. Repeated tomorrow 1.45pm Channel 5 (AD) **7.00** **GPs: behind Closed Doors** Patients with problems below the waist are seen. (AD) **8.00** **FILM The Hobbit: an Unexpected Journey** ★★★ The first part of Peter Jackson's fantasy adventure trilogy based on the book by JRR Tolkien, starring Martin Freeman and Ian McKellen. Bilbo Baggins leaves the Shire to join a quest to reclaim the Kingdom of Erebor. Review page 87. **11.20** **Car Crime: Caught on Camera** Nick Wallis explores the use of CCTV to fight crime. **12.25am** Sleeping with My Murderer (AD) **1.25** 999: Emergency Call Out **2.25** Home and Away (AD) **2.50-3.00am** Entertainment News

**5 Star** Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scot) Virgin 326

## 5 Action

33

**9.00am** Trucking Hell **9.55** Traffic Cops **10.55** Police Interceptors **11.55** **FILM** Decision before Dawn ★★★ Spy drama **2.15pm** **FILM** Kansas Raiders ★★★ Western starring Audie Murphy **4.00** Trucking Hell (AD) **5.00** Traffic Cops **6.00pm** **Police Interceptors** Andy Lawson is involved in a high-speed chase. **7.00** Dams and the firearms team tackle a gunman in a supermarket. **8.00** A collection of the most extreme chases officers have been involved in. **9.00** **FILM On Deadly Ground** ★★★ Action adventure starring Steven Seagal and Michael Caine. When tycoon Michael Jennings appears unconcerned about the safety of his Alaskan oil fields, troubleshooter Forrest Taft steps in. Review page 87. **11.05** **FILM Hard to Kill** ★★★ Action thriller starring Steven Seagal and Kelly LeBrock. Police detective Mason Storm settles the score after he and his family are attacked by assassins in their home. **1.00am** Fights, Camera, Action! with George Lamb **2.00-3.00am** Sinkholes

**5 Action** Freeview 33 Freesat 132 Sky 150 Virgin 130

## 5 Select

46

**9.00am** Cash in the Attic: double bill **11.00** The Yorkshire Vet **1.00pm** World's Most Scenic Railway Journeys **2.00** The Yorkshire Vet: two editions **4.00** The Highland Vet **5.00** Ben Fogle: New Lives in the Wild **6.00pm** **World's Most Scenic Railway Journeys** The Neapolitan Line in Italy. **7.00** **World War II in Colour** The story of the global conflict, beginning with its origins. **8.00** **Nazi Megastructures** The world's largest ever battleship built by the Japanese. **9.00** Japanese defences on Okinawa. **10.00** **Forged in Fire** The team tries to turn a snowmobile's blades into a kukri knife. **11.00** **Draining the North Sea: Submarines at War** How U-boats changed naval warfare. **12.05am** Forged in Fire: double bill. A Puglio is forged, then a musketeer's rapier **2.00-3.00am** Secrets of Stonehenge: Ancient Engineering

**5 Select** F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

**FREEVIEW TV and film channels continue overleaf**



# WEDNESDAY Freeview & films

## W 25



**Property Brothers: Forever Homes** 6.00pm An overhaul

**6.10am** Changing Rooms Australia  
**7.00** My Dream Home **8.00** Tipping Point **10.00** DIY SOS: the Big Build  
**12 noon** Rochelle Humes: Interior Designer in the Making (AD) **1.00pm** Tipping Point **4.00** My Dream Home

**6.00pm Property Brothers: Forever Homes** Overhauling the home of a couple of foster parents.

**7.00 DIY SOS: the Big Build** Transforming the home of an ex-fireman in Shropshire.

**8.00 Inside the Ambulance** In Oxford, crews help a child with signs of meningitis. (AD)

**9.00 24 Hours in A&E** A teen is rushed to hospital after putting his hand through a pane of glass.

**10.00 999 Rescue Squad** A fire breaks out in a haulage depot.

**11.00 Louis Theroux's LA Stories** Louis spends time with sex offenders who are on parole. (AD)

**12.20am** Inside the Ambulance: Coast and Country (AD)

**1.30-3.00am** Plate of Origin

**W** F'view 25 F'sat 156 Sky 132 (133 Scotland) Virgin 125 +1 Sky 232 (233 Scotland) Virgin 325

## Sky Mix 11

From today, Pick has closed down and Sky Mix has launched

**6.00am** Sky Mix Coming Soon  
**11.00** Highway Patrol (AD) **12 noon** Motorway Patrol **1.00pm** Border Patrol **2.00** Border Security USA (AD) **3.00** Nothing to Declare: double bill (AD) **4.00** Stargate Atlantis **5.00** Stargate SG-1  
**6.00pm** Star Trek: Enterprise **7.00** Star Trek: Voyager **8.00** Magnum P.I.: a man hires Thomas and Higgins to investigate a crime he does not remember (AD) **9.00** Liverpool Narcos: the story of the 1980s drugs boom **10.00** Bruno v Tyson: the rivalry between Frank Bruno and Mike Tyson (AD) **11.40** Snapped **12.35am** How I Caught the Killer (AD) **1.30** Brit Cops: Rapid Response (AD) **2.30** Road Wars **3.00** Highway Patrol: double bill (AD) **4.00** Motorway Patrol **5.00-6.00am** Highway Cops

**Sky Mix** F'view 11 F'sat 144 Sky 151 Virgin 135

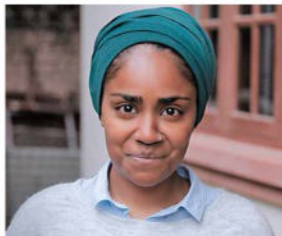
## HGTV 44

**7.00am** The Restoration Man **8.00** The Great Interior Design Challenge **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Fantasy Homes by the Sea **12 noon** The Restoration Man **1.00pm** New Bargain Mansions **2.00** Flip or Flop Atlanta **3.00** The Great Interior Design Challenge **4.00** Escape to the Country **5.00** The Restoration Man **6.00** A Place in the Sun **7.00** Fantasy Homes by the Sea **8.00** Escape to the Country **9.00** Brother vs Brother **10.00** New. Good Bones **11.00** Bargain Mansions **12 midnight** Fantasy Homes by the Sea **1.00am** The Restoration Man **2.00** The Great Interior Design Challenge **3.00-4.00am** My Lottery Dream Home

**HGTV** F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

**FREEVIEW channels continued from overleaf**

## Food Network 43



**Nadiya's Asian Odyssey** 10.00pm Cambodian cuisine

**6.00am** Trisha's Southern Kitchen  
**7.00** The Pioneer Woman **8.00** Barefoot Contessa: back to Basics **9.00** New. The Kitchen **10.00** Ainsley's Food We Love **11.00** River Cottage to the Core **12 noon** The Great British Bake Off **2.00pm** James Martin's French Adventure (AD) **3.00** Nadiya's Asian Odyssey **4.30** Barefoot Contessa: back to Basics **5.00** New. The Pioneer Woman **6.00** James Martin's French Adventure: the chef's journey continues along the Canal du Midi in southern France (AD) **7.00** The Great British Bake Off: Tudor Week makes its *Bake Off* debut in time for the quarter-finals **8.00** River Cottage to the Core **9.00** James Martin's American Adventure: James takes in the sights and food of Philadelphia **10.00** Nadiya's Asian Odyssey: Nadiya Hussain explores Cambodia and Thailand **11.30** Diners, Drive-Ins and Dives: recipes in Charlotte, North Carolina, and Los Angeles **12 midnight** New. Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00-3.00am** Halloween Baking Championship

**Food Network** F'view 43 F'sat 148 Sky 140 (141 Scot) Virgin 190 +1 Sky 249 Sky 240 (241 Scot)

## Great TV 50

**8.00am** Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye **3.00** Diagnosis Murder **7.00** M\*A\*S\*H **9.00** Randall and Hopkirk (Deceased): a ghostly encounter sparks off a vendetta between a notorious gangster and the spirit of a rival **10.00** The Persuaders! **11.00** Return of the Saint **12 midnight** M\*A\*S\*H: four episodes **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50-5.00am** Movie News

**Great TV** Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1 Freesat 143 Sky 257

## RealityXtra 68

**9.00am** Medical Detectives **11.00** Crimes That Shook Australia **1.00pm** Murder by the Sea **2.00** Written in Blood **3.00** Medical Detectives **5.00** Crimes That Shook Australia: double bill. Wade Frankum's shocking shooting rampage at a Sydney shopping mall in 1991, then a frenzied shooting spree by Julian Knight **7.00** Judge Judy **1.00am** Crimes That Shook Australia **2.55** Murder by the Sea **3.55** Written in Blood **4.45-6.00am** Medical Detectives

**RealityXtra** Freeview 68 Freesat 134 Sky 147 Virgin 172

## BBC Parliament 232

**7.00am** Health and Social Care Questions **8.00** House of Commons **9.30** Live Select Committees **11.30** Live Wales Office Questions: questions to the Welsh Secretary David TC Davies and his team of ministers **12 noon** Live Prime Minister's Questions **12.35pm** Live House of Commons **7.30** Live House of Lords **10.00** Prime Minister's Questions **10.35** Lords Questions **11.15-7.00am** House of Lords  
**BBC Parliament** Freeview 232 Freesat 201 Sky 504 Virgin 605

## PBS America 84



**The Lafayette Squadron** 8.35pm Rare photographs

**8.00am** Beautiful Serengeti **8.30** Wyatt Earp **9.35** Pan Am: Crossing the Pacific **10.50** New. The Lafayette Squadron **11.55** My Life in Hitler's Germany **1.00pm** Beautiful Serengeti **1.30** Wyatt Earp **2.40** Pan Am: Crossing the Pacific **3.55** The Lafayette Squadron **5.00** My Life in Hitler's Germany  
**6.10pm** Wyatt Earp The truth behind American legend Wyatt Earp.  
**7.25** Pan Am: Crossing the Pacific **1/3**. Revealing the daunting multitude of technological challenges that lay behind a key moment in aviation history.

**8.35 The Lafayette Squadron 1/2**. A look at the early days of combat aviation.

**9.45 My Life in Hitler's Germany 2/2**. The arrest of 30,000 Jewish men, who were sent to concentration camps.

**10.50 Pan Am: Crossing the Pacific** As 7.25pm.

**12 midnight** The Lafayette Squadron **1.15-2.00am** Beautiful Serengeti  
**PBS America** F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 187

## Blaze 64

**6.00am** Hardcore Pawn **7.20** Storm Stories **8.15** Ancient Aliens **10.10** The Curse of Oak Island **11.10** Britain's Most Historic Towns **12.10pm** Storage Wars **1.05** Pawn Stars **2.05** Hardcore Pawn **4.00** Ancient Aliens **6.00** Storm Stories **7.00** Storage Wars **8.00** Dickinson's Real Deal **9.00** New. The UnXplained with William Shatner: humans who have been capable of surviving catastrophic injuries **10.00** New. Strange Evidence: ghostly figures stalk the site of a bloody Civil War battlefield **11.00** Secrets in the Ice: an enormous shipwreck near Cambridge Bay in the Canadian Arctic **12 midnight** The Curse of Oak Island **1.00am** Britain's Most Historic Towns **2.00** Auction Kings **3.00** Dickinson's Real Deal **3.45** Storage Wars **4.10** Forged: Iron and Fire **5.00-6.00am** Pawn Stars

**Blaze** F'view 64 F'sat 162 Sky 164 Virgin 174

## Challenge 48

**7.00am** The Chase **10.00** Catchphrase **11.00** Supermarket Sweep **12 noon** Wheel of Fortune: Bradley Walsh hosts (AD) **1.00pm** Pointless Celebrities: sitcom stars Vicki Michelle, Ian Lavender, Simon Day, Arabella Weir, Meera Syal, Phil Cornwell, Ewen MacIntosh and Simon Greenall compete (AD) **2.00** Who Wants to Be a Millionaire? **3.00** Blockbusters **4.00** Bullseye **6.00pm** Who Wants to Be a Millionaire? **7.00** Weakest Link: Anne Robinson hosts the general knowledge quiz **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire?: Chris Tarrant hosts the big-prize quiz **11.00** Bullseye: double bill **12 midnight** Weakest Link **1.00am** The Chase **4.00** Who Wants to Be a Millionaire? **5.00-6.00am** Bullseye (AD)  
**Challenge** Freeview 48 Freesat 146 Sky 145 Virgin 139

## CHILDREN'S

### Milkshake! on C5

**6.00am** Sunny Bunnies **6.05** Daisy & Ollie **6.10** Milkshake! Monkey **6.15** Peppa Pig **6.25** New. Oggy Oggy **6.35** Odo **6.45** New. Tweedy & Fluff **6.50** Fireman Sam **7.00** Thomas & Friends: All Engines Go! **7.10** Peppa Pig **7.20** Paw Patrol **7.35** Pip and Posy **7.50** The Adventures of Paddington **8.05** Chip and Potato **8.20** Milo **8.30** Paw Patrol **8.45** Ben and Holly's Little Kingdom **8.55-9.15am** Peppa Pig  
Full listings for Channel 5 are on p84

### CBeebies 202

**6.00am** Colourblocks **6.05** Vegesaurus **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.55** Peter Rabbit **8.05** New. Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Steve and Aneshwar Go Wild **8.30** My Petsaurus **8.35** Justin's House **8.55** Small Potatoes **9.00** Bing **9.10** New. Yakka Deel **9.15** Love Monster **9.20** Diddap **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Tiny Wonders **10.40** Hey Duggee **10.45** Vegesaurus **10.50** Gecko's Garage **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** Nick Cope's Popcast **11.30** Down on the Farm **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Waffle the Wonder Dog **12.30** Get Well Soon **12.40** Andy's Prehistoric Adventures **1.00** Yakka Deel **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Diddap **2.25** Supertato **2.35** Go Jetters **2.45** Time for School **2.55** Small Potatoes **3.00** Andy's Dinosaur Adventures **3.15** Get Set Galactic **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Fred & Pete's Treasure Tales **4.10** Small Potatoes **4.15** New. The Game Catchers **4.25** Bluey **4.40** New. Supertato **4.45** Go Jetters **5.00** Apple Tree House **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories  
**CBeebies** F'view 202 F'sat 608 Sky 608 Virgin 702

### CBBC 201

**7.00am** Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** New. Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Hey You What If? **8.40** Operation Ouch! **9.10** Deadly 60 **9.40** Game on Grandparents **10.00** Lagging **10.25** Horrible Histories **10.50** My Life **11.00** Bitesize Daily **11.20** Ricky Wilson's Art Jam **11.35** Our School **12 noon** Danger Mouse **12.45pm** Boy Girl Dog Cat Mouse Cheese **1.33** Sketchy Comedy **1.35** Dennis & Gnasher **2.10** 4 o'Clock Club **2.40** Deadly Mission Shark **3.10** The Deep **3.30** Danger Mouse **3.45** Ninja Express **3.55** Taffy **4.05** Grizzly and the Lemmings **4.20** Boy Girl Dog Cat Mouse Cheese **4.35** Monster Loving Maniacs **4.45** Odd Squad **5.00** Ooglies Funsie **5.05** Total Dramarama **5.15** Summer Camp Island **5.30** New. The Football Academy **6.00pm** New. Jamie Johnson FC **6.40** My Life **6.45-7.00pm** The Zoo  
**CBBC** F'view 201 F'sat 607 Sky 607 Virgin 701

### ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am-9.00 and on ITVB6 9am to 12 noon

**ITV2**  
**5.00am** Captain Underpants **5.25** Scooby-Doo **5.45** Craig of the Creek **6.10** Teen Titans Go! **6.35** Looney Tunes **7.05** Jurassic World Camp Cretaceous **7.30-9.00am** Scooby-Doo

**ITVB6**  
**9.00am** Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** The Hive **9.35** Poppy Cat **9.50** Percy's Tiger Tales **10.05** Ollie **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Postman Pat **11.35** Mummies **11.45-12 noon** Pip Ahoy!

## FILMS

### Film4 14

**11.00am Dark Command ★★** John Wayne plays a simple cowpoke who successfully runs for marshal to impress his girl in this solid western. Claire Trevor (1940, U) (S) (AD)  
**12.55pm Santa Fe Passage ★★** Run-of-the-mill western starring John Payne as an ostracised wagon-train scout battling Rod Cameron for the hand of Faith Domergue. (1955, U) (S) (AD)  
**2.45 Timberjack ★★** In this standard western drama, Sterling Hayden seeks revenge for the murder of his father. (1955, U) (S)

**4.40 The Wrong Box ★★** Quirky period comedy about an inheritance, featuring a host of British comedy legends. **Review, right.** John Mills, Ralph Richardson, Michael Caine (1966, U) (S)  
**6.50pm Goodbye Christopher Robin ★★** Affecting drama exploring the family life of writer AA Milne. **Film of the Day, right.** Domhnall Gleeson (2017, PG) (S) (AD)

**9.00 London Has Fallen ★★** Tense, unsubtle siege thriller that finds Secret Service agent Gerard Butler fighting off a terrorist attack. Aaron Eckhart (2015, 15) (S) (AD)  
**10.55 Midsommar ★★** Daft folk horror, with Florence Pugh and friends falling foul of pagan practices. **Review, right.** (2019, 18) (S)  
**1.50-3.40am Kill List ★★** A hitman comes into contact with the occult in a terrifying tale of the unexpected. Neil Maskell (2011, 18) (S) (AD)

**Film4** Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

### Talking Pictures TV 82

**6.00am The Detectives** TV drama.  
**6.30 The First Travelling Saleslady ★** Corset-seller Ginger Rogers heads out west. (1956, U) **8.20 The Grayson Case** TV drama. (S)  
**8.40 The Narrowing Circle ★★** Fast-moving but unconvincing thriller. Paul Carpenter, Hazel Court (1956) (S)  
**10.00 Together** TV drama. **10.35 The Last Angry Man ★★** Moving social drama with Paul Muni in his final performance as a dedicated doctor in the Brooklyn slums. **Review, right.** (1959, U) (S) **12.40pm Crow Hollow ★★** Routine murder mystery. Donald Houston (1951, PG) (S)  
**2.00 Upstairs, Downstairs** TV drama. **3.00 Saddle Up** TV western. (S) **3.05 The Undefeated ★★** Post-Civil War western. **Review, right.** John Wayne (1959, PG) (S)  
**5.30 Johnny Ringo** TV western. (S)  
**6.00pm For the Love of Ada** Vintage TV sitcom. (S)  
**6.30 Bulldog Drummond at Bay ★★** John Lodge takes over the title role for this exciting but routine entry in the popular detective series that sees our hero take on foreign spies. (1937, PG) (S)  
**8.00 Public Eye** TV drama series.  
**9.05 Mountains of the Moon ★★** Stirring and often compelling adventure about the quest to find the source of the Nile. (1989, 15) (S)  
**11.50 Top Secret ★★** Light comedy of errors in which a plumber inadvertently picks up secret weapon plans and sparks a manhunt. George Cole (1952, U) (S)  
**1.45am The Night Visitor ★★** Intriguing, arty horror movie about an asylum inmate with murderous intentions. Max von Sydow, Trevor Howard (1970)  
**3.45 Further up the Creek ★★** Comedy sequel. (1958, U) (S) **5.35 All That Is England** Vintage TV clips.  
**Talking Pictures TV** Freeview 82 Freesat 306 Sky 328 Virgin 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



## FILM REVIEWS



FILM  
OF THE  
DAY

## Goodbye Christopher Robin ★★★★★

6.50-9.00pm **Film4**

PG

**DRAMA** The magical world of author AA Milne's Winnie the Pooh stories continues to enchant generations of young readers, yet this biopic suggests a rather darker family history lurks behind the bedtime favourite. As portrayed by Domhnall Gleeson, Milne is shown as a distant father, who found success writing children's fiction only to exploit his own son to build the brand. The contributions of Margot Robbie (as Milne's brittle spouse) and Will Tilton (as young Christopher) help make this true story both startling and affecting. **TREVOR JOHNSTON** (UK/US 2017, edited for content, HD)

## The Last Angry Man

★★★★★ 10.35am-12.40pm

Talking Pictures TV

U

**DRAMA** Paul Muni's last Hollywood film sees him play a dedicated doctor working among the Brooklyn poor. Muni had a knack of letting you know you were seeing great acting, and this film secured his fifth Oscar nomination. His character could have done with a few faults, but Muni still wins you over. **ALLEN EYLES** (US 1959, BW)

## All Quiet on the Western Front ★★★★★

1.20-4.25pm **Legend**

PG

**WAR** This is a decent made-for-TV adaptation of Erich Maria Remarque's study of life in the First World War trenches. Ernest Borgnine plays the veteran who puts Richard Thomas and his fellow recruits through their paces. While not as powerful as other screen versions, it still offers an affecting insight into the horrors of war. **DAVID PARKINSON** (US TVM 1979, violence)

## The Undefeated ★★

3.05-5.25pm

Talking Pictures TV

PG

**WESTERN** John Wayne looks a little past his sell-by date here, playing a Union colonel on his way to Mexico who confronts Confederate

officer Rock Hudson. Sadly, the theme of post-Civil War reconciliation ensures that few sparks fly between their two characters. **TONY SLOMAN** (US 1969, some violence)

## The Wrong Box ★★★★★

4.40-6.50pm **Film4**

U

**COMEDY** This movie actually owes more to the Swinging Sixties than to the Victorian era in which it is set. The story is about a family inheritance, with John Mills trying to bump off brother Ralph Richardson. It's slackly directed by Bryan Forbes, but the cast makes it worth the watch, with Michael Caine joining Peter Sellers and Tony Hancock, plus Peter Cook and Dudley Moore in their prime. **TS** (UK 1966, HD)

## The Hobbit: an Unexpected Journey ★★★★★

8.00-11.20pm **5 Star**

12

**FANTASY** *Lord of the Rings* director Peter Jackson returns to Middle-earth to tell the story of Bilbo Baggins. Martin Freeman plays the titular hobbit with grouchy charm, as he reluctantly leaves his home to join a band of dwarves on a quest. It takes a while for the story to get going, but there are some excellent set pieces. **STELLA PAPAMICHAEL** (US/NZ 2012, may be edited for violence, HD)

## Great Movies 34

**9.00am Burden of Evil ★★** Convoluted thriller. Natalie Zea (2011)  
**11.00 Daughter's Deception ★★** Melodramatic TV-movie thriller. (2019)  
**1.00pm Valentine in the Vineyard ★★** Satisfying end to the "Vineyard" trilogy. (2019) **2.50 Recipe for Love ★★** Pleasant culinary romcom. Danielle Panabaker (2014) **4.45 Fun with Dick and Jane ★★** Uneven remake of the 1977 comedy. Jim Carrey (2005, 12)  
**6.35pm Annie ★★** Haphazard update of the beloved Broadway musical. Jamie Foxx, Quvenzhané Wallis (2014, PG)  
**9.00 Seven Pounds ★★** Will Smith's guilt-ridden taxman wants to pay it back in this unusual, overwrought drama. (2008, 12)  
**11.25 Manhattan Night ★★** Hardboiled noir-like mystery. Adrien Brody, Yvonne Strahovski, Campbell Scott (2016, 15)  
**1.40am Alpha Dog ★★** A kidnapping goes awry in this rambling but compelling crime drama. Emile Hirsch (2006, 15) **4.00-5.40am Ann Rule's Too Late to Say Goodbye ★★** By-the-numbers true crime hokum. Stefanie von Pfletten, Rob Lowe (2009)  
**Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425**  
**+1 Freeview 61 (limited 10pm-5am) Sky 322**

## Great Action 42

**8.00am Wild West Chronicles 9.00 The Quick Gun ★★** Routine western. Audie Murphy (1964) **10.55 The Dambusters Raid 12 noon Wild West Chronicles 1.00pm The Last Posse ★★** Unusual but tiresome western. Broderick Crawford (1953, U) **2.30 Meek's Cutoff ★★★★★** Atmospheric western about a group of frontier settlers led by an arrogant, unreliable guide. Michelle Williams (2010, PG)  
**4.40 Battle of Kursk 5.35 Combat Squad ★★** B-movie set during the Korean War. John Ireland, Lon McCallister (1953)  
**7.10pm Stranded ★★** Distinctly average sci-fi action adventure. Ice-T, Michael Dudikoff, Hannes Jaenicke (2001)  
**9.00 Nowhere to Run ★★** Soft-centred action thriller starring Jean-Claude Van Damme. (1992, 15)  
**10.55 Seraphim Falls ★★★★★** Pierce Brosnan is pursued by a former Civil War adversary in this mean and moody western. (2006, 15)  
**1.05am Resident Evil: Extinction ★★** The third instalment of the horror franchise. (2007, 15) **3.05 Battle of Crete 4.00-5.00am Battle Honours**  
**Great Action Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324**

## Great Movies Christmas 52

**8.00am A Song for Christmas ★★** Predictable but good-hearted drama. Becca Tobin (2017) **10.00 His and Her Christmas ★★** Sparky but predictable romantic comedy. Dina Meyer (2005) **12 noon Christmas Confessions ★★** Warm-hearted romance. Sarah Lancaster (2015) **2.00pm The Perfect Christmas Village ★★** Corny fantasy comedy. Caitlin Thompson (2018) **4.00 Enchanted Christmas ★★** Predictable but sweet enough love story. (2017)  
**6.00pm A Family for the Holidays ★★** Routine sequel to *Finding Father Christmas*. (2017)  
**8.00 Love You like Christmas ★★** A businesswoman revises her views about Christmas. (2016)  
**10.00 The Christmas Apprentice ★★** Good-hearted comedy. (2016)  
**12 midnight Christmas Collision ★★** Undemanding romcom. (2021, PG)  
**2.00am Highway to Heaven 3.00-5.00am 3 Holiday Tales ★★** Comedy. Julie Gonzalo (2011)  
**Great Movies Christmas Freeview 52 Freesat 303 Sky 319 Virgin 424**  
**+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320**

## Sky Premiere

**6.00am Sick ★★★★★** An idyllic lake-house retreat from the pandemic turns deadly for two friends in this slick slasher thriller. Gideon Adlon (2022, 18)  
**7.40 As 5.50pm 9.50 As 8pm 12.30pm As 10.40pm 2.10 Mob Land ★★** Crime-by-numbers heist drama. Shiloh Fernandez, John Travolta (2023, 15)  
**4.05 Shrapnel ★★** No nonsense action thriller. Jason Patric (2023, 15)  
**5.50pm Champions ★★★★★** *Bad News Bears* meets *Hoop Dreams* in this comedy drama about a basketball team. **Review p38.** (2023, 12)  
**8.00 The Fabelmans ★★★★★** Steven Spielberg's lively, semi-autobiographical reflection on teenage life in mid-century Arizona. **Review p38.** Michelle Williams (2022, 12)  
**10.40 Cocaine Bear ★★★★★** Partly based on a bizarre true story, this oddball thriller finds a drugged-up bear on the loose. Keri Russell (2023, 15)  
**12.20am Unwelcome ★★** Creepy comedy horror. Hannah John-Kamen, Douglas Booth, Colm Meaney (2022, 15) **2.05 God Is a Bullet ★★★★★** Dark road movie with Nikolaj Coster-Waldau as a vengeful detective. (2023) **4.10 As 2.10pm**  
**Sky Premiere Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312**

## Legend 41

**8.00am Walker, Texas Ranger 9.00 The Six Million Dollar Man 10.00 Star Trek: Deep Space Nine 11.00 Convoy ★★** Rollicking comedy adventure starring Kris Kristofferson. (1978, 12) **1.20pm All Quiet on the Western Front ★★★★★** Worthy remake of the First World War drama. **Review, right.** Richard Thomas (1979, PG) **4.25 The Twilight Zone 5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi adventure series.  
**7.00 The Six Million Dollar Man** TV sci-fi series with Lee Majors.  
**8.00 Walker, Texas Ranger** TV action drama with Chuck Norris.  
**9.00 War on the Range ★★** Conventional but nicely cast western. James Badge Dale, Ethan Embry (2015, 15)  
**11.05 Mojave ★★★★★** Oscar Isaac compels as a drifter who latches onto a jaded Hollywood director in this handsome psycho-thriller. (2014, 15)  
**12.55am The Resort ★★** Entertaining horror in which tourists pay to run around an island and shoot real zombies. Doug Gray Scott (2015, 15)  
**2.45-4.30am Demon Eye ★★** So-so gory horror. Kate James (2019, 15)  
**Legend F'view 41 F'sat 137 Sky 148 Virgin 149**

## HorrorXtra 69

**8.00am Martian Land ★★** Humanity has made a thriving new community on Mars, until a giant sandstorm threatens everything. (2015, PG) **10.00 Farscape 11.00 Monster Island ★★** Cheap *Godzilla* cash-in. (2019, 12) **1.00pm Super Cyclone ★★** An engineer and a scientist must save the world in this low-budget disaster movie. (2012)  
**3.00 Farscape 4.00 Star Trek 5.00 The 7 Adventures of Sinbad ★★** A millionaire descendant of the legendary sailor is given a series of seemingly impossible tasks in this low-budget adventure. Patrick Muldoon (2010)  
**7.00pm Farscape** TV sci-fi.  
**8.00 Star Trek** TV sci-fi drama.  
**9.00 St. Agatha ★★★★★** A young pregnant woman receives no mercy when she seeks refuge in a isolated convent in this claustrophobic horror. Sabrina Kern, Carolyn Hennessy (2018, 15)  
**11.05 The Burning ★★** Future stars Jason Alexander and Holly Hunter feature in this derivative summer-camp slasher. Brian Matthews (1981, 18)  
**12.55-3.00am St. Agatha** As 9pm  
**HorrorXtra F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371**

## On Deadly Ground ★★★★★

9.00-11.05pm **5 Action**

15

**ACTION** Steven Seagal made his directorial debut with this movie, in which he also plays a troubleshooter who takes on Michael Caine's oil tycoon. Although admirably politically correct for its genre, it's a shame that the eco-friendly message tends to overpower what Seagal does best: beating up the bad guys. Followed by more Seagal in *Hard to Kill*. **JOHN FERGUSON** (US 1994, violence, swearing, nudity, HD)

## Halloween ★★★★★

10.40pm-12.20am **BBC1**(starts 11.10pm in Wales, 11.40pm N Ireland, 1.05am Scotland) **18**

**HORROR** Four decades after his rash of murders, Michael Myers escapes incarceration and returns home – only this time, a still-traumatised Laurie Strode (Jamie Lee Curtis) is ready and waiting for him. Director David Gordon Green takes John Carpenter's landmark slasher back to its roots with a superior continuation of the horror saga. **ALAN JONES** (US 2018, violence, swearing, HD)

## Midsommar ★★★★★

10.55pm-1.50am **Film4**

18

**HORROR** This enjoyably daft riff on *The Wicker Man* sees Florence Pugh, Jack Reynor and Will Poulter fall foul of pagan practices during a Swedish village's summer solstice celebrations. Ari Aster's film revels in the notion that things that go bump in the night can equally well go bump in daylight. Aster's *Hereditary* is showing tomorrow – see review, p97. **DAVE ALDRIDGE** (US 2019, violence, swearing, sex scenes, drug abuse, HD)

## Sky Cinema picks

## Belfast ★★★★★

3.45-5.30pm **Sky Drama**

A child of the Troubles. (2021, 12) Sky 310; Virgin 410; BT 510/524

## The Last of the Mohicans ★★★★★

8.00-9.55pm **Sky Greats**

Full-blooded period adventure with Daniel Day-Lewis. (1992, 12) Sky 304; Virgin 404; BT 504/518

## Carrie ★★★★★

10.10-11.55pm **Sky Hits**

Less stylish but more graphic Stephen King remake. (2013, 15) Sky 303; Virgin 403; BT 503/517

**Films to stream from p32**  
 Netflix, Amazon, Disney+ and more



## Sky Showcase



**Never Mind the Buzzcocks** 9.00pm Host Greg Davies

**6.00am** The Early Rundown **7.00** Kay Burley **8.00** Air Ambulance ER **9.00** Nothing to Declare **10.00** Al Murray: Why Do the Brits Win Every War? **11.00** Malawi Wildlife Rescue **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** The Simpsons

**6.30pm** The Fresh Prince of Bel-Air 2/26 Series 4.

**7.00 New. Cricket World Cup** New Zealand v Afghanistan.

**8.00 New. Portrait Artist of the Year Ep 2 Series 10.** It's the second heat of the competition.

**9.00 New. Never Mind the Buzzcocks Ep 9 Series 3.** With Danny Goffey and Freya Ridings.

**9.45 Cobra: Rebellion 1/6** Series 3. Return of the political thriller, starring Robert Carlyle.

**10.45 The Lazarus Project 4/8** Series 1. A Lazarus agent prepares to thwart George's plan. (AD)

**11.45 Breeders 9/10 Series 3.** Jim and Jackie both struggle with their new circumstances. (AD)

**12.15am 10/10.** An argument between Paul and Ally is interrupted by news about Jim. (AD)

**12.45 Road Wars 2.10** The Force: North East **3.10** Hawaii Five-0 **4.05** S.W.A.T. (AD) **5.00-6.00am** The Early Rundown

**Sky Showcase** Sky 106 Virgin 109 BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** Most Haunted **7.00** Warehouse 13 **8.00** Home Shopping **11.00** Atlantis **12 noon** Star Trek: the Next Generation **2.00pm** Fringe **3.00** Atlantis **4.00** Stargate SG-1 **5.00** Stargate Atlantis: the city goes into lockdown

**6.00pm** Star Trek: the Next Generation 6/26 Series 7. Data's first bad dream turns into a real-life nightmare for the rest of the crew. **7.00 7/26.** The Enterprise welcomes a delegation from a telepathic species who have no concept of spoken language.

**8.00 Star Trek: Voyager 24/26** Series 7. Captain Janeway is taken hostage and the Doctor has to tread a fine line to save her.

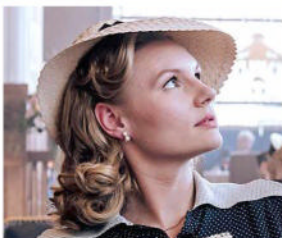
**9.00 The Fog \*\*\*** Horror starring Adrienne Barbeau. The residents of a coastal town are besieged by the ghosts of drowned mariners.

**11.00 Reginald the Vampire 9/10.** The Assessment is 24 hours away and Reginald must use his brain to figure out a way to survive. Will he find a solution? **12 midnight 10/10.** The much-anticipated Assessment has finally arrived. The only open question is whether or not Reginald will survive it.

**1.00am** Warehouse 13 **2.00** Star Trek: Voyager **3.00** Stargate Atlantis **4.00-6.00am** Star Trek: the Next Generation

**Sky Sci-Fi** Sky 139 (140 Scotland) Virgin 122 BT 348/HD 363 +1 Virgin 229

## Sky Atlantic



**Das Boot** 9.00pm Hannie receives unexpected help

**6.00am** Fish Town **7.55** Six Feet Under **10.05** Ray Donovan (AD) **12.10pm** Game of Thrones (AD) **1.20** The Knick: double bill (AD) **3.30** Six Feet Under: double bill

**5.40pm** Ray Donovan 3/12 Series 6. Three generations of Donovans make their way from California to New York. (AD)

**6.45 4/12.** Terry steps into the ring for the first time in 20 years. Mickey kidnaps movie star Jay White. (AD)

**7.50 Game of Thrones 1/7** Series 7. Jon organises the defence of the North, Cersei evens the odds and Daenerys comes home. (AD)

**9.00 New. Das Boot Ep 3** Series 4. Italian fishermen take U-949 survivors Buchner and Berndt to Naples, where they meet the crew of U-330.

**10.00 New. Ep 4.** Klaus and a skeleton crew including Buchner and Berndt are attacked by an American plane. Schulz blackmails Hannie for information on Klaus's whereabouts. German +subtitles.

**11.00 Tin Star 6/9 Series 2.** Jack hunts down the cartel bagman who is circling the colony. Sarah wants to run, but Johan refuses to go. (AD)

**12 midnight** Euphoria (AD) **1.10am** The Great Game **2.20** Game of Thrones (AD) **3.30** In Treatment **4.00-6.00am** Fish Town

**Sky Atlantic** Sky 108 (109 Wales) BT 342/HD 357 +1 Sky 208 (209 Wales)

## Sky Witness

**6.00am** Stop, Search, Seize (AD) **7.00** Border Patrol **9.00** Border Security: America's Front Line **10.00** Motorway Patrol **10.30** Highway Patrol (AD) **11.00** The Force: Manchester **12 noon** FBI (AD) **1.00pm** Bull **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

**4.30pm** Nothing to Declare Seven editions following the work of customs officers in Australia.

**8.00 Blue Bloods 21/21 Series 13** Danny and Baez team up with Danny's old partner to find a copycat killer emulating murders from a previous case. (AD)

**9.00 The Rookie 15/20 Series 1** A prison bus crashes, causing inmates to flee, and Nolan tracks down one of the escapees. (AD)

**10.00 9-1-1 11/18 Series 5** A family's truck is rigged with a bomb that will explode if the vehicle slows to under 55 miles per hour.

**11.00 The Rookie 2/20 Series 2** Officer Bradford is forced to accept help from Officer Chen as he preps for his sergeant exam. (AD)

**12 midnight** FBI **1.00am** FBI: International **2.00 New. FBI 10/23** Series 5. A JOC analyst is taken hostage Repeated tomorrow 9pm **3.00 New. FBI: International 10/22** Series 2. A basketball player goes into cardiac arrest Repeated tomorrow 10pm **4.00** Border Security: America's Front Line **5.00-6.00am** Stop, Search, Seize (AD)

**Sky Witness** Sky 107 Virgin 110 BT 341/HD 356 +1 Sky 207 Virgin 310

## Sky Max



**The Lazarus Project** 10.45pm George is being followed

**6.00am** Supergirl **7.00** DC's Legends of Tomorrow (AD) **8.00** The Flash **9.00** Stargate SG-1 **11.00** Supergirl **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

**6.00pm** Stargate SG-1 21/22 Series 2. O'Neill and the team are propelled back to 1969.

**7.00 22/22.** O'Neill wakes from cryonic suspension to find he has been frozen for 79 years.

**8.00 Strike Back: Silent War Ep 1** Series 7. Section 20 is sent to investigate when a Russian nuclear bomber vanishes. (AD)

**9.00 New. Never Mind the Buzzcocks Ep 9 Series 3.** Kiell Smith-Bynoe, Danny Goffey and Freya Ridings join the regulars.

**9.45 Cobra: Rebellion 1/6** Series 3. Robert Sutherland's administration is plunged into chaos.

**10.45 The Lazarus Project 4/8** A Lazarus agent prepares to put a stop to George's plan. (AD)

**11.45 Game of Death II \*\*** Martial arts thriller. English, Cantonese +subtitles. (W)

**1.40am** Road Wars **2.05** The Force: North East **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00-6.00am** Highway Patrol

**Sky Max** Sky 113 (114 Wales) Virgin 111 BT 346/HD 361

## Sky Replay

**7.00am** Sixth Sense with Colin Fry **8.00** Four Weddings (AD) **10.00** Sun, Sea and A&E **11.00** UK Border Force (AD) **12 noon** Highway Patrol **1.00pm** Caught on Dashcam **2.00** Most Haunted **4.00** Quantum Leap

**6.00pm** DC's Legends of Tomorrow: double bill. Constantine confronts his tragic past, then Constantine breaks a golden rule (AD) **8.00** Highway Patrol: double bill **9.00** The Force: Manchester **10.00** The Russell Howard Hour: topical comedy and entertainment

show **11.00** Never Mind the Buzzcocks: with guest panellists Kiell Smith-Bynoe, Danny Goffey and Freya Ridings

**11.45** Brit Cops: War on Crime **12.45am** Highway Patrol **1.15** Sun, Sea and A&E **2.05** A League of Their Own US Road Trip (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings

**5.00-6.00am** Sixth Sense with Colin Fry

**Sky Replay** Sky 152 Virgin 156

## Sky Crime

**6.00am** Highway Patrol **7.00** Motorway Patrol (AD) **8.00** Highway Cops **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Border Patrol **12 noon** Made for Murder **1.00pm** Killer in My Village **2.00** Forensics: Catching the Killer (AD) **3.00** World's Most Evil Killers (AD) **4.00** Britain's Most Evil Killers **5.00** Forensics: Catching the Killer (AD) **6.00** What the Killer Did Next (AD) **7.00** World's Most Evil Killers (AD) **8.00** Britain's Most Evil Killers **9.00** Forensics: Catching the Killer (AD) **10.00** Murders That Shocked the Nation (AD) **11.00** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** Britain's Most Evil Killers

**2.00 New series.** Ireland's Most Evil Killers **3.00** as 6pm **4.00** Road Wars **5.00-6.00am** Motorway Patrol

**Sky Crime** Sky 122 (123 Scotland) Virgin 121 BT 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

## Gold



**The Green Green Grass** 6.20pm Bryan hits the dating scene

**7.05am** Desmond's **7.45** Keeping Up Appearances (AD) **8.20** 2 Point 4 Children **9.00** Hi-de-Hi! **9.40** Still Open All Hours **10.20** Last of the Summer Wine **11.40** Keeping Up Appearances (AD) **12.20pm** 2 Point 4 Children **1.00** The Thin Blue Line **1.40** Dad's Army **3.00** Hi-de-Hi! **3.40** Keeping Up Appearances (AD) **4.20** The Thin Blue Line **5.00** Last of the Summer Wine

**6.20pm** The Green Green Grass Boycie visits his mother-in-law. **7.00** Marlene eagerly anticipates Tyler's A-level results.

**7.40** The Good Life Barbara and Tom's early-morning activities disturb the neighbours. (AD)

**8.20** Perky the pig gives birth in the middle of the night. (AD)

**9.00** Detectoirst Russell thinks Lance has been cursed. (AD)

**9.40** Dad's Army The platoon tries morris dancing.

**10.20** Not Going Out Lee agrees to give Kate driving lessons.

**11.00** The Fast Show The Checkout Girl embarrasses her customers and Jesse shares more fashion tips.

**11.40** The Good Life As 8.20pm.

**12.15am** Live at the Apollo **1.20** Detectoirst (AD) **1.55** Not Going Out **2.35** The Fast Show **3.05-4.00am** Live at the Apollo

**Gold** Sky 110 (111 Wales) Virgin 124 BT 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

## Sky Comedy

**8.00am** Young Rock (AD) **9.00** The Fresh Prince of Bel-Air **9.30** Run **10.00** Wellington Paranormal (AD) **11.00** The Fresh Prince of Bel-Air **11.30** Crashing (AD) **12.50pm** House of Lies **1.30** Silicon Valley **3.30** The Fresh Prince of Bel-Air **4.00** Wellington Paranormal (AD) **5.00** Young Rock (AD)

**6.00pm** Run: Ruby and Bill argue about what their next steps should be **6.30** The Fresh Prince of Bel-Air **7.00** Will & Grace: double bill (AD) **8.00** The Office US: double bill **9.00** Girls: double bill. Charlie and Marnie deal with the fallout from the revelations in the diary, then Hannah returns to her home town (AD) **10.15** The Tonight Show Starring Jimmy Fallon **11.15** Breeders (AD)

**12.15am** Veep (AD) **1.15** Mrs Fletcher **2.25** Enlightened **3.00** House of Lies **3.40-5.00am** Crashing (AD)

**Sky Comedy** Sky 114 (115 Wales) Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** Most Ridiculous: Teen Disasters **8.35** Most Ridiculous: Parties **9.00** The Middle **11.00** Home Improvement **1.00pm** Last Man Standing **2.00** Friends (AD) **9.00** Michael McIntyre's Big Show: with Ellie Goulding **10.00** New series. Drunk History: Black Stories: Rapman presents tales of unsung heroes from black history, featuring activists Sons of Africa, boxer Len Johnson and nurse Mary Seacole

**10.30** Drunk History: slurred history lessons **11.00** Rose Matafeo: Horndog **12 midnight** South Park: The Streaming Wars **1.05am** Dignan! **1.35** South Park **2.35** Key and Peele **3.00** New. The Daily Show **3.25** Criminally Funny **4.10-5.00am** Friends (AD)

**Comedy Central** Sky 112 (113 Wales) Virgin 132 BT 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

## Alibi



**Dark Winds** 9.00pm Jim and Joe investigate two murders

**7.10am** Murdoch Mysteries **9.00** Rizzoli & Isles (AD) **10.00** Hudson & Rex (AD) **11.00** Without a Trace **12 noon** Frankie Drake Mysteries (AD) **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries: double bill **4.00** Rizzoli & Isles (AD) **5.00** Hudson & Rex (AD)

**6.00pm** Without a Trace 16/23 Series 3. Martin feels guilty for failing to prevent the kidnapping of a 12-year-old boy.

**7.00 Elementary 4/24 Series 2** A nanny is suspected of poisoning the head of a consulting firm.

**8.00 Death in Paradise 8/8** Series 7. A reggae band's reunion is blighted by a death. (AD)

**9.00 New series. Dark Winds** **RT** 1/6. Psychological thriller with Zahn McClarnon. Joe Leaphorn and his new deputy Jim Chee investigate when the murders of an old man and a young girl seem to be connected. See p80. (AD)

**10.00 Death in Paradise 1/8** Series 8. A bus passenger is stabbed but no one else saw it happen. (AD)

**11.00** Person of Interest 10/13 Series 5. Finch's number comes up when his cover is compromised.

**12 midnight** Elementary **1.00am** Hudson & Rex (AD) **2.00-4.00am** Evil (AD)

**Alibi** Sky 109 (110 Wales) Virgin HD 114 BT 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

## Discovery

**6.00am** Diesel Brothers **7.00** Deadliest Catch **8.00** Ed Stafford: First Man Out **9.00** Alaska: the Last Frontier (AD) **10.00** How Do They Do It? **11.00** Wheeler Dealers **12 noon** Salvage Hunters **1.00pm** Deadliest Catch **3.00** Alaskan Bush People **4.00** Blowing Out History **5.00** Wheeler Dealers **6.00** Salvage Hunters **7.00** Wheeler Dealers: Mike Brewer hunts down a 2001 Saab 9-3 (AD) **8.00** Outback Truckers: Mick and Sue get lost in the Simpson desert

**9.00** Richard Hammond's Big: double bill. Richard joins the crew of the Marie Maersk container ship, then he ventures into the world's longest underground railway connection **11.00** Expedition Unknown (AD) **12 midnight** How the Universe Works **1.00am** Richard Hammond's Big **3.00** Gold Divers **4.00-5.00am** Bitchin' Rides

**Discovery** Sky 125 (126 Scotland) Virgin 177 BT 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

## Discovery History

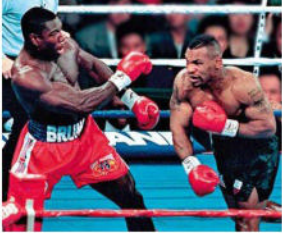
**6.00am** Expedition Unknown: Hunt for Extraterrestrials **7.00** Tony Robinson's World War One **8.00** Unsolved History **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** How It's Made **1.00pm** Combat Dealers **2.00** Tony Robinson's World War One **3.00** Salvage Hunters **4.00** Mysteries at the Museum **5.00** Unsolved History

**6.00pm** Combat Dealers (AD) **7.00** Expedition Unknown **8.00** HMS Ark Royal (AD) **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers

**12 midnight** How It's Made **1.00am** Combat Dealers **2.00** Salvage Hunters **3.00** Combat Dealers **4.00-5.00am** Salvage Hunters: the Restorers **Discovery History** Sky 177 Virgin 181 +1 Sky 277 Virgin 381



## Sky Documentaries



**Bruno v Tyson 11.00pm** The rivalry between the boxers

**6.00am** The Last Movie Stars (AD) **7.00am** Discovering: Meg Ryan **8.00** The Directors (AD) **9.00** The Good Fight Club (AD) **10.00** Juan Carlos: Downfall of the King **10.55** Saviour Complex **12 noon** Marathon: the Patriots Day Bombing **2.00pm** Siempre, Luis **3.50** My Icon: Linford Christie (AD) **4.00** The Directors (AD) **5.00** Discovering: Meg Ryan

**6.00pm** **The Good Fight Club** Chloe prepares for her cage return after surgery, while Thomas gets a glimpse of the future. (AD)

**7.00** **Juan Carlos: Downfall of the King** The world learns about Juan Carlos's financial dealings.

**7.55** **New. Saviour Complex** An American is accused of causing the deaths of children by treating them without medical training.

**9.00** **No Accident** A civil rights trial in the aftermath of the white nationalist Charlottesville Rally in which people were sued over injuries suffered by counter protestors.

**11.00** **Bruno v Tyson** The story of the boxing rivalry between Frank Bruno and Mike Tyson. (AD)

**12.50am** **FILM** When We Were Kings ★★★★★ Boxing documentary (AD) (W) **2.30** John McCain: for Whom the Bell Tolls **4.30** Premier League Legends (AD) **5.00-6.00am** Discovering: Meg Ryan

**Sky Documentaries** Sky 121 (122 Scotland) Virgin 188 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory **9.00** Air Crash Investigation (AD) **10.00** Britain's Greatest Machines with Chris Barrie **11.00** Building Impossible with Daniel Ashville (AD) **12 noon** Car SOS (AD) **1.00pm** Europe from Above **2.00** Air Crash Investigation (AD) **3.00** Hitler's Secret Underground Factory **4.00** Draining Loch Ness: in Search of the Monster (AD) **5.00** Car SOS (AD) **6.00pm** Secrets of the Pyramids **7.00** Air Crash Investigation (AD) **8.00** Megacity of the Maya Warrior King **9.00** Bloody Tales of the Tower: the contrasting fates of three people imprisoned for treason **10.00** Secrets of Area 51 **11.00** Air Crash Investigation **12 midnight** Airport Security: First Class **1.00am** Banged Up Abroad **2.00** Bid and Destroy **2.55-5.00am** Exotic Animal ER: Double Dose

**Nat Geographic** Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

## Sky History

**6.00am** Storage Wars **7.00** Forged in Fire **8.00** American Pickers **9.00** Pawn Stars Do America **10.00** Al Murray: Why Does Everyone Hate the English? **11.00** Treasures Decoded **12 noon** Auction Hunters **1.00pm** Storage Wars **2.00** Monstercrush **4.00** Digging for Britain **5.00** Pawn Stars Do America **6.00** American Pickers **7.00** Forged in Fire **8.00** **New.** Swamp People: an unexpected cold front threatens to halt the gator season **9.00** **New.** Curse of Skinwalker Ranch **10.00** **New.** Beyond Skinwalker Ranch **11.00** Encounter: UFO **12 midnight** Pawn Stars Do America **1.00am** Storage Wars **2.00** Forged in Fire **3.00** Swamp People **4.00** Digging for Britain **5.00-6.00am** Auction Hunters

**Sky History** Sky 123 (124 Scotland) Virgin 131 BT 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

## Sky Nature



**Brazil Untamed 8.00pm** Cameras follow capybaras

**6.00am** Hope for Wildlife **7.00** Monkey Life (AD) **8.00** One Planet, One Chance **9.00** Arctic Secrets **10.00** Ol Pejeta Diaries **11.00** Malawi Wildlife Rescue **12 noon** Orangutan Jungle School **1.00pm** Monkey Life (AD) **2.00** One Planet, One Chance **3.00** Arctic Secrets **4.00** Ol Pejeta Diaries **5.00** Malawi Wildlife Rescue

**6.00pm** **Orangutan Jungle School** Vet Arga sets out to rescue a newly orphaned orangutan from a remote village.

**7.00** **Monkey Life** Daily life at a monkey rescue centre in Dorset. (AD) **7.30** More from Monkey World Ape Rescue Centre in Dorset. (AD)

**8.00** **Brazil Untamed** Cameras explore the wetland home and daily life of the capybara.

**9.00** **Great Blue Wild** The creatures of Mexico's Socorro Islands, including manta rays.

**10.00** **Orangutan Jungle School** As 6pm.

**11.00** **Malawi Wildlife Rescue** Things go awry as two servals are released into the wild.

**12 midnight** Secrets of Wild Australia (AD) **1.00am** Great Lakes Wild **2.00** Brazil Untamed **3.00** Great Blue Wild **4.00** One Planet, One Chance **5.00-6.00am** Arctic Secrets

**Sky Nature** Sky 124 (125 Scotland) Virgin 189 BT 354/HD 369

## Eden

**9.00am** The Life of Birds (AD) **10.00** Africa (AD) **11.00** David Attenborough's Natural Curiosities (AD) **12 noon** Conquerors **1.00pm** Impossible Engineering (AD) **3.00** Forbidden History (AD) **5.00** The Life of Birds (AD) **6.00pm** Africa (AD) **7.00** David Attenborough's Natural Curiosities (AD) **8.00** Conquerors **9.00** Forbidden History: Jamie Theakston goes in search of the Ark of the Covenant (AD) **10.00** Impossible Engineering: the construction of remote ski resort Whistler (AD) **11.00** The Life of Birds: the strategies used by birds to find food (AD) **12 midnight** Africa (AD) **1.00am** David Attenborough's Natural Curiosities (AD) **2.00** Conquerors **3.00** Forbidden History (AD) **3.50** The Life of Birds (AD) **4.40** Africa (AD) **5.30-6.00am** The Zoo

**Eden** Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

## Animal Planet

**8.00am** Insane Pools: off the Deep End **9.00** Amanda to the Rescue (AD) **10.00** Saved by the Barn **11.00** Dr Jeff: Rocky Mountain Vet **12 noon** Extinct or Alive **1.00pm** Amanda to the Rescue (AD) **2.00** Criskey! It's the Irwins **4.00** Saved by the Barn **5.00** Dr Jeff: Rocky Mountain Vet **6.00** Insane Pools: off the Deep End **7.00** Amanda to the Rescue: Amanda encounters a three-legged shepherd-mix as part of a road trip rescue mission (AD) **8.00** Sharks of the Badlands **9.00** Shark Vortex **10.00** Alaska: the Last Frontier **11.00** The Aquarium: double bill **1.00am** Alaska: the Last Frontier **2.00** Saved by the Barn **3.00** Dr Jeff: Rocky Mountain Vet **4.00-5.00am** Insane Pools: off the Deep End

**Animal Planet** Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**6.00am** Sky Sports News **7.00** Good Morning Sports Fans **9.00** **LIVE Cricket World Cup** New Zealand v Afghanistan, the group match in Chennai, India. **5.30pm** Sky Sports News **10.00** Sky Sports News at Ten **10.30** Back Pages Tonight **11.00** Sky Sports News **1.00am** **LIVE WNBA** New York Liberty v Las Vegas Aces, game four of the Finals (tip-off **1.00**). **3.00** Sky Sports News **4.00-6.00am** **LIVE PGA Tour Golf** The first round of the Zozo Championship from Inzai, Japan. Coverage continues until 8am.

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442

**6.00am** Classic Play-Off Finals (AD) **9.00** EFL Greatest Games (AD) **10.00** Championship Retro **12 noon** League One and Two Goals **12.30pm** EFL Highlights **6.00** League Cup Highlights **8.00** EFL Highlights **10.30** League One and Two Goals **11.00** EFL Greatest Games **1.00am** League Cup Retro **2.00** Classic Play-Offs **5.00-6.00am** Championship Season Review (AD)

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

**6.00am** PGA Tour Golf **7.00** LPGA Tour Golf **8.00** European Tour Golf **9.00** PGA Tour Golf **10.00** How the 1997 Ryder Cup Was Won (AD) **1.00pm** Players Championship Official Film (AD) **2.00** PGA Championship Official Film 2011 (AD) **3.00** US Open Official Film (AD) **4.00** The Open: Official Film **5.00** LPGA Tour Golf **6.00** PGA Tour Champions **7.00** PGA Tour: the Cut **7.30** Challenge Tour Golf **8.00** European Tour Golf **9.00** LPGA Tour Golf **10.00** PGA Learning Centre **10.30** Challenge Tour Golf **11.00** PGA Tour Champions **12 midnight** PGA Tour: the Cut **12.30am** PGA Learning Centre **1.00** PGA Tour Champions **2.00** PGA Tour: the Cut **2.30** Challenge Tour **3.00** PGA Tour Golf **4.00-6.00am** **LIVE PGA Tour Golf** The first round of the Zozo Championship in Inzai, Japan. Coverage continues until 8am.

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446

**6.00am** NFL Highlights **8.00** NFL: America's Game (AD) **9.00** Highlights **10.00** Kansas City Chiefs: the Franchise **10.30** Neil Meets **11.00** NFL Bitesize **12 noon** Good Morning Football **3.00pm** Highlights **4.00** NFL Review **5.00** Neil Meets **5.30** Her Huddle **6.00** Pro-Football Talk **8.00** Bitesize **9.00** Jaguars Weekly UK **9.30** One Jets Drive **10.15** Bitesize **11.00** NFL Fantasy **12 midnight** Total Access **1.00am** Jaguars Weekly UK **1.30** NFL Bitesize **2.00** Pro-Football Talk **4.00** NFL Highlights **5.00** One Jets Drive **5.45-6.00am** NFL Bitesize

### Sky Sports Mix

Sky 416 Virgin 510 BT 429/HD 449

**1.00-3.00am** **LIVE WNBA** New York Liberty v Las Vegas Aces at Barclays Centre (tip-off **1.00**).

### Eurosport 1

Sky 413 Virgin 521 BT HD 412

**6.00am** Cycling **8.00** Archery **9.00** Snooker **11.00** British Superbikes **12 noon** British Superbikes **1.00pm** Cyclo-Cross **3.00** Snooker **5.00** Olympics **6.30** Motor Racing **7.00** Olympics **8.00** SailGP **9.00** Olympics **10.00** Formula E **11.00** Motocross **12 midnight** Cyclo-Cross **2.00am** Motocross **3.00** Premiership Speedway **4.00-6.00am** Snooker



**Badminton 8.00am**

**TNT Sports 1** Shi Yuqi tries to retain his title in Denmark

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

**6.00am** Greatest Games (AD) **7.00** Legends (AD) **8.00** Best Goals **9.00** 100 Club (AD) **10.00** Premier League Retro **12 noon** Soccerbox **1.00pm** Premier League Years: the 1992/93 season (AD) **3.00** Greatest Games **4.00** Best Goals (AD) **5.00** 100 Club **6.00** Legends: double bill (AD) **7.00** Stories **7.30** Premier League 100 **8.00** Soccerbox **9.00** Stories **9.30** Premier League 100 (AD) **10.00** Icons (AD) **10.30** Premier League Retro **12.30am** Icons **1.00** Premier League Years: the big stories of 1993/94 (AD) **3.00** Greatest Games (AD) **4.00** Best Goals **5.30-6.00am** 100 Club (AD)

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443

**6.00am** Cricket World Cup Highlights **9.00** **LIVE Cricket World Cup** New Zealand v Afghanistan, the group match at MA Chidambaram Stadium in Chennai, India. **5.30pm** Classic World Cup Cricket **6.30** Secrets of Success **7.00** Cricket World Cup Highlights **8.00** World Cup Greatest Matches **9.00** Cricket World Cup Highlights **12 midnight** Classic World Cup (AD) **1.00am** Cricket World Cup Highlights **2.00** Classic World Cup Cricket **3.00** Cricket World Cup Highlights **4.00-6.00am** Classic World Cup

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

**6.00am** Women's Super League **7.00** Super League **8.00** Basketball **10.30** Rugby League **10.45** Super League **11.00** WNBA **1.00pm** Boxing **2.00** Unbeatable **2.30** Super League **4.00** Rugby League **5.00** Buatsi v Azeez: the Gloves Are Off **5.30** Undisputed: Shields v Marshall (AD) **6.30** Boxing (AD) **7.30** Buatsi v Azeez: the Gloves Are Off **8.00** Classic US Open Tennis **9.00** Rugby League **10.00** When We Were Kings **11.30** Super League **12.30am** Buatsi v Azeez: the Gloves Are Off **1.00** **LIVE WNBA** New York Liberty v Las Vegas Aces, game four of the WNBA Finals from Barclays Centre (tip-off **1.00**). **3.00** Women's Super League **4.00** Super League **5.00-6.00am** Rugby League: Wheelchair Super League

### Eurosport 2

Sky 414 Virgin 522 BT HD 413

**6.00am** Speedway **7.00** Snooker: Wuhan Open **9.00** World Superbikes **11.00** Hall of Fame: Tokyo 2020 **12 noon** Snooker **2.00pm** Surfing **3.00** Olympics **4.00** Motor Racing **5.00** Triathlon: Super League action **6.00** Snooker **8.00** Premiership Speedway **9.00** Speedway: Grand Prix **10.00** Cyclo-Cross: World Cup **12 midnight** Motor Racing **1.00am** Archery **2.00** Cycling **4.00** SailGP **5.00-6.00am** Premiership Speedway

### TNT Sports 1

Sky 410 Virgin 527 BT 408/HD 430

**6.00am** Badminton: Finnish Open **8.00** **LIVE Badminton** The Denmark Open, coverage of the round of 32 at the Jyske Bank Arena in Odense, Denmark. **6.30pm** Badminton Weekly (AD) **6.45** MotoGP Rewind **7.00** Squash: the US Open **8.00** MotoGP Highlights: the Indonesian Grand Prix (AD) **9.00** Wrestling: WWE action **11.45** Ariel Helwani Meets (AD) **12 midnight** Reload (AD) **12.30am** **LIVE Major League Baseball** An MLB postseason game from North America. **4.00** Outraged: documentary (AD) **5.00-6.00am** Surfing: action from the WSL Challenger Tour (AD)

### TNT Sports 2

Sky 411 Virgin 528 BT 409/HD 431

**6.00am** Ariel Helwani Meets (AD) **7.00** Wrestling: action from WWE **9.30** Champions League Magazine (AD) **10.00** Classic Premier League: three classic seasons recalled (AD) **1.00pm** Premier League Stories (AD) **1.30** Futsal: the FA Futsal Series One **3.30** No Filter Football **3.45** Champions League Magazine (AD) **4.15** TNT Sports Reload (AD) **4.45** **LIVE EuroCup Basketball** Prometey Slobozhanske v London Lions, coverage of the Group A match from Arena Riga in Riga, Latvia (tip-off **5.00**). **7.00** Fight Week: Boxing v MMA **7.15** After the Roar: examining the mental health struggles faced by elite sportsmen after their retirement (AD) **8.45** TNT Sports Reload (AD) **9.00** UFC Countdown (AD) **10.00** Fight Week: UFC 294 preview **10.30** Premier League Stories (AD) **11.00** Classic Premier League (AD) **11.30** MotoGP Highlights (AD) **12.30am** Champions League Football (AD) **1.00** Motorcycling: the FIM X-Trial World Championship **2.00** Poker: highlights from the LA Poker Classic (AD) **5.00-6.00am** Joe Cole Cast

### TNT Sports 3

Sky 417 Virgin 529 BT 410/HD 432

**6.00am** Motor Racing Highlights: the Bathurst 1000 **8.00** Down the Clubhouse (AD) **9.00** Fishing: on the Bank (AD) **10.00** Motorcycling **11.00** MotoGP Films: Unlimited (AD) **12.30pm** MotoGP: the Indonesian Grand Prix from Mandalika **5.00** Wrestling: action from WWE (AD) **7.00** Motorcycling: the FIM X-Trial World Championship **8.00** Motor Racing Highlights **10.00** Fishing: on the Bank (AD) **11.00** Futsal: the FA Futsal Women's Super Series **1.00am** Squash Highlights: action from the US Open **2.00-6.00am** MotoGP Highlights: classic action from the Australian Grand Prix

### TNT Sports 4

Sky 421 Virgin 530 BT 411/HD 434

**6.00am** Champions League Defining Moments (AD) **8.00** Surfing: action from the Ericirica Pro event (AD) **9.00** Premiership Rugby Union: Bristol Bears v Leicester Tigers **10.30** Premiership Rugby Union: Exeter Chiefs v Saracens **12 noon** What I Wore **12.30pm** Sport in Focus: two editions (AD) **1.00** Major League Baseball: coverage of an MLB postseason game **4.00** MLB Classic **5.30** Major League Baseball: action from a crucial MLB postseason game **8.30** MLB Classic: four editions **10.30** UFC: the Ultimate Fighter: Rafael dos Anjos v Kamaru Usman, coverage of the Ultimate Fighter welterweight bout in Las Vegas (AD) **1.30am** UFC Countdown: a look ahead to UFC 294 in Abu Dhabi (AD) **2.30** UFC: the Ultimate Fighter **5.30-6.00am** Champions League Magazine: action and previews (AD)



# Thursday

## DOCUMENTARY Pride of Britain: a Windrush Special

9.00pm **ITV1**

Catch up via **ITVX**

To celebrate and honour the arrival of thousands of Caribbean immigrants in postwar Britain 75 years ago and their subsequent achievements and influences, we hear some of their stories about life in the mother country. We're also reminded of the 60,000 people who were affected by the Windrush passport scandal of 2017.

Alesha Dixon talks music to the pioneer of reggae sound systems, Lloyd Coxson; Trevor McDonald meets campaigning veteran midwife Vernesta Cyril; and Judi Love sheds tears with Guy Bailey, whose shocking rejection as a Bristol bus driver because of the colour of his skin eventually led to the Race Discrimination Act.

Most delightful is a very relaxed Prince of Wales knocking on the front door of a surprised Alford Gardner, who set up Britain's first Afro-Caribbean cricket club in Leeds. Alford laughs very easily these days but, like all the Windrush Generation, many of his memories about the racism they endured should make us hang our heads in shame. **JANE RACKHAM**

**PROUD  
MOMENT**  
Alford Gardner  
is visited by the  
Prince of Wales

## DOCUMENTARY Saving Lives at Sea

8.00pm **BBC2** Catch up via **iPlayer**

Obviously, the main thrust of this series is tales of people in peril. But as a sideline, each segment starts with a scene-setting bit that will reliably make you long to visit, say, Ilfracombe or Conwy, or whichever coastal beauty spot is about to be featured in a rescue.

The settings always look gorgeous – notwithstanding their treacherous tides or sandbanks or whatever. I defy you to end an episode without inwardly contemplating a weekend getaway, probably involving fish and chips on a seafront.

Tonight, though, the serious business for the RNLI involves rescuing a capsized kayak fisherman and recovering a yacht whose mast is entangled with a bridge over the Dee estuary. **DAVID BUTCHER**

## DOCUMENTARY Soldier

9.00pm **BBC1**

All episodes available on **iPlayer**

This week we get to know Pte South, one of the younger recruits in infantry training at Catterick in North Yorkshire. He joined up because his warehouse job was getting a bit nine-to-five. But with his Woody Allen specs and mild manner, he seems an unlikely soldier. His mother, a pacifist herself, tells us he was a sensitive child, so she's "quite surprised this is the career path he's chosen".

Can he hack it? His first attempt to fire a big machine gun doesn't go well. Doubtless many lads are drawn to the idea of wielding machine guns, but the realities of infantry life, as presented here, look either grim or boring or both at once. If the army hoped this series would drive recruitment, I'm not so sure. **DBU**

## DRAMA Interview with the Vampire

9.00pm, 9.45pm **BBC2**

All episodes available on **iPlayer**

Louis (Jacob Anderson) and Lestat (Sam Reid) are in the full flush of love and, when they're not stalking 1910s New Orleans by night for blood meals, are sharing a coffin during daylight hours. "You can be on top," purrs Lestat. Recently converted to the undead, Louis is the more likeable of the pair and does not readily take to the killing spree.

There are tinges of black humour – the faff of disposing of victims' bodies; Lestat proving to be a razor-sharp opera critic – but not enough. And in present-day Dubai as interviewer Daniel, Eric Bogosian looks bored out of his mind – even at dinner as he asks Louis, "Did you eat the baby?" **PATRICK MULKERN**

## COMEDY Taskmaster

9.00pm **C4**

Catch up: **C4** streaming

While the tasks in this series might seem chaotic, there are recurring themes. Last series, an awful lot of them seemed to involve potatoes, while previous years have seen apples, rubber ducks and coconuts crop up as a regular feature.

In this series, googly eyes might be the hidden motif. After lurking in the background for a few episodes, this week they're centre stage as the contestants must use them to... create a threatening gang. Naturally.

However, you'd be hard-pressed to find a less intimidating group than five comedians who have already sacrificed every scrap of their dignity for meaningless points and the capricious favour of Greg Davies.

**HUW FULLERTON**



## ALSO ON TODAY

**Bangers and Cash: Restoring Classics**

8.00pm **Yesterday**  
Derek Mathewson (right) and the team are on a mission to revive a classic from a revered marque: Bugatti.

**Shoplifting: the Battle on the High Street?**

8.30pm (10.45pm  
STV, 11.15pm *Border Scotland*) **ITV1**  
Paul Brand looks at a growing issue.

**The Great Amazon Heist**

10.00pm **C4**  
Internet prank king Oobah Butler takes an in-depth look at Jeff Bezos's online retail empire.

## DRAMA

**All Creatures Great and Small**

9.00pm **Channel 5** *Catch up via My5*  
Asking Mrs Pumphrey why she talks to her pets as though they're human isn't the best way to begin as a veterinary student at Skeldale House. But that's the opening gambit of Richard Carmody (James Anthony-Rose), and it quickly earns him an imperious look from Mrs P, who's given Tricki-Woo a doggie playmate in the form of the flatulent Cedric.

Siegfried, on the other hand, is soon finding much to admire in Richard, particularly his way around a Latin quotation. In fact, he's so impressed that James starts to fear that he's being usurped by this newcomer. Might there about to be a readjustment of the pecking order at the practice? **DAVID BROWN**

## DRAMA

**Cobra: Rebellion**

9.00pm **Sky Max** *Catch up via Now*  
The frightfully serious political thriller is in full-on crisis. Environmentalists were protesting, for muddy reasons, against an HS2-style train line by digging into a construction site, but now a massive sinkhole has opened – and the Prime Minister's daughter, a secret activist, is one of the buried casualties. As a disaster-movie vibe takes hold, Robert Sutherland (Robert Carlyle) has to balance a devastating potential loss with the need to present a coherent public image – which, with his marriage already on the rocks, might be impossible. Meanwhile, in the corridors-of-power scenes that always feel like they're gritting their teeth too hard, the PM's enemies are on fresh manoeuvres. **JACK SEALE**

## COMEDY DRAMA

**Brassic**

10.00pm **Sky Max** *Catch up via Now*  
Despite being played by one of the bigger stars in the cast, Michelle Keegan's Erin often takes a back seat in *Brassic*, observing while the menfolk and less stable women wreak havoc. She gets her chance to shine this week, however, when her no-good father dies, leaving her an inheritance that consists chiefly of a debt owed to a hilarious gangster duo. The ensuing heist on a seaside amusement arcade isn't a *Brassic* classic but it has its moments – the gang running through the coloured lights to the wonky clatter of *Mansize Rooster* by Supergrass is a highlight – and, as usual, there's time for some snatched moments of serious reflection as Erin looks back on the hand she was dealt. **JS**

## LIVE SPORT

**MotoGP****Grand Prix of Australia**  
11.00pm **TNT Sports 2**

The Moto GP season arrives Down Under with the first practice session in Victoria. The home favourite is Jack Miller (above).

**Cricket: ICC Men's World Cup**  
**India v Bangladesh**

9am **Sky Sports Main Event/Sky Sports Cricket**  
Action from Pune, India.

**American Football: NFL**  
**New Orleans Saints v Jacksonville Jaguars**

12 midnight **Sky Main Event**  
Live from the Superdome.

## FILM OF THE DAY

**Summertime ★★★★★ PG**  
12.35pm **Talking Pictures TV**

David Lean directs this sun-dappled adaptation of Arthur Laurents's *The Time of the Cuckoo*, in which an American woman (Katharine Hepburn) goes on holiday to Venice, where she's swept off her feet by Rossano Brazzi's charming Italian antiques dealer. (1955)

FILM REVIEWS page 97



**MODEL CITIZEN**  
Pete Waterman looks at the model railways of his famous friends

## FACTUAL

**Little Trains and Big Names with Pete Waterman**

9.00pm **More4**  
*Catch up via C4 streaming*

**NEW SERIES**

No prizes for guessing the target demographic for Pete Waterman's new series about model railways. Geeks and geezers of a certain age will love this, but others might, too, especially as Waterman's famous model-loving friends include James May, Eddie Izzard, Francis Rossi and tonight, Jools Holland.

You don't need to be a miniature railway buff to find the layout in Holland's attic enchanting. Featured in the opening titles of *Later...*, it has scenes from postwar Britain and Germany. Pubs, hospitals, fish and chip shops, dog tracks and railways are all re-created at 4mm-to-a-foot scale. Walls are plastered with authentic little music posters. There's a Flemish garden with topiary. It's mad but in its tiny way, fabulous. **DBU**



# THURSDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Naga Munchetty, Charlie Stayt. (S) (HD)

**9.15 Rip-Off Britain Live: Cost of Living Special** People facing debt collection threats for bills they paid long ago to a company that no longer exists. (S) (HD)

**10.00 Crimewatch Live** Michelle Ackerley and Rav Wilding recount the pursuit of an armed criminal. (S) (HD)

**10.45 Caught Red Handed** Police battle to catch stone thieves desecrating church pathways. (S) (HD)

**11.15 Homes under the Hammer** Properties in Nottingham, Bournemouth and north London. (S) (HD)

**12.15pm Bargain Hunt** From Shrewsbury. (R) (S) (AD) (HD)

**1.00 BBC News Regional News; Weather** (S) (HD)

**1.45 Doctors** Ruhma works with an old colleague who makes a shocking announcement. (S) (AD) (HD)

**2.15 Money for Nothing** A metal shelving unit, a reclining chair and an old watering can are saved from Altrincham recycling centre. (Revised rpt) (S) (HD)

**3.00 Escape to the Country** A couple looking to relocate to the Cumbrian countryside. (R) (S) (HD)

**3.45 The Repair Shop** A three-dimensional portrait of a goddess fascinates expert Lucia Scalisi. (S) (AD) (HD)

**4.30-5.15 The Vintage French Farmhouse** Harry Khwaja spots an oversized jewellery box he believes will deliver a profit. Repeated tomorrow 7.15am BBC2 (S) (HD)

### BBC2

**6.30am Escape to the Country** Searching for a home in Lincolnshire. Shown 3pm Monday BBC1 (S) (AD) (HD)

**7.15 The Vintage French Farmhouse** The dealers visit Villeneuve-les-Avignon. Shown Wed 4.30pm BBC1 (S) (HD)

**8.00-9.00 Sign Zone Sort Your Life Out with Stacey Solomon** 5/6 Series 2. Stacey and the team help take the Smith family through a mammoth declutter. (R) (S) (AD) (HD)

**9.00 Nicky Campbell** Calls on the day's talking points. Simulcast with Radio 5 Live. (S) (HD)

**10.00 BBC News** (S) (HD)

**1.00pm Impossible Quiz** with Rick Edwards. (R) (S) (HD)

**1.45 Unbeatable** General knowledge quiz. (R) (S) (HD)

**2.15 Wanted Down Under** A family from Aberdeen spend a trial week living in New Zealand. (R) (S) (HD)

**3.00 Chimps of the Lost Gorge** A *Natural World* film following chimpanzees in Uganda. (R) (S) (HD)

**3.45 This Wild Life** A daring plan to track down elephants doesn't come to fruition. (R) (S) (HD)

**4.15-5.15 Cornwall: This Fishing Life** Brexit brings changes for Cornwall's biggest fishing port. (R) (S) (AD) (HD)

### ITV1

**6.00am Good Morning Britain** (S) (HD)

**9.00 Lorraine** Fashion, food and chat. (S) (HD)

**10.00 This Morning** Celebrity interviews, cookery and lifestyle advice. Including **Regional Weather** (S) (HD)

**12.30pm Loose Women** Heated debates. (S) (HD)

**1.30 ITV Lunchtime News Regional News; Weather** (S) (HD)

**2.00 James Martin's Great British Adventure** The chef visits Bristol with Romy Gill and cooks lamb chops at the Clifton Suspension Bridge. (R) (S) (AD) (HD)

**3.00-4.00 Tenable** A team of five relatives called the Grand Ole Dudes of York face the *Tenable* tower. Signed repeat 5.05am (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.05am Countdown** With guest John Virgo. (R) (S) (HD)

**6.45 Cheers** Double bill of the comedy. (R) (S) (HD)

**7.35 Everybody Loves Raymond** (R) (S) (AD) (HD)

**8.25 Frasier** Three episodes of the sitcom. (R) (S) (AD)

**9.55 Find It, Fix It, Flog It** Simon O'Brien and Henry Cole search for items in north Wales. (R) (S) (HD)

**10.55 Renovation Nation** Tamsin and Nick attempt to keep their new kitchen on track before the arrival of their baby. (R) (S) (AD) (HD) **11.55 News** (S) (HD)

**12 noon Steph's Packed Lunch** Weekday magazine show presented by Steph McGovern. (S) (HD)

**2.10pm Countdown** With guest John Virgo. (S) (HD)

**3.00 A Place in the Sun** A couple from Hampshire seek a new home in Valencia, Spain. (R) (S) (HD)

**4.00-5.00 The Great House Giveaway** In Birmingham, two flats are acquired with the intention of turning them into a period family home. (S) (HD)

## BBC1

1

**Soldier** 9.00pm

After he's handed a formal warning, Private Josh Harte is on thin ice when his kit is inspected



**5.15pm Pointless**

Alexander Armstrong is joined by Richard Osman for the quiz show in which contestants try to come up with the answers no one else could think of. (R) (S) (HD)

**6.00 BBC News Weather** (S) (HD)

**6.30 Regional news magazines** (S) (HD)

**7.00 The One Show**

Presented by Alex Jones and Roman Kemp. (S) (HD)

**7.30 EastEnders**

Cindy, Peter and Ian discuss their potential investment opportunity. Jay is overcome with a sense of guilt.

Cindy Beale	Michelle Collins	Suki Kaur Panesar	Balvinder Sopal
Ian Beale	Adam Woodyatt	Karen Taylor	Lorraine Stanley
Jay Brown	Jamie Borthwick	Sharon Watts	Letitia Dean
Peter Beale	Thomas Law	Ravi Gulati	Aaron Thiara
Jack Branning	Scott Maslen	Elaine Peacock	Harriet Thorpe
Sam Mitchell	Kim Medcalf	Stacey Slater	Lacey Turner
Phil Mitchell	Steve McFadden	Patrick Trueman	Rudolph Walker
Whitney Dean	Shona McGarty	Keanu Taylor	Danny Walters
Bobby Beale	Clay Milner Russell	Kat Slater	Jessie Wallace
Felix Baker	Matthew Morrison	Jean Slater	Gillian Wright
Bernadette Taylor	Clair Norris	Yolande Trueman	Angela Wynter
Denise Fox	Diane Parish	Davinder "Nugget" Gulati	
Eve Unwin	Heather Peace	Juhalim Rasul Choudhury	
Anna Knight	Molly Rainford	Priya Nandra-Hart	Sophie Khan Levy
Alfie Moon	Shane Richie	Avani Nandra-Hart	Aaliyah James
George Knight	Colin Salmon	Nadine Keller	Jazzy Phoenix

Writer Laura Sleep This week's episodes directed by Indra Bose  
More cast Tuesday (S) (AD) (HD)

**8.00 Sort Your Life Out with Stacey Solomon**

Stacey Solomon and her team of experts challenge the Viney family to sort their life out in seven days – and in order to do this they must embark on a mammoth declutter. With Stacey's help, the family pack all their possessions into boxes and the items are then laid out in a warehouse, including 532 plastic bags, 205 hair rollers, 30 umbrellas, 17 digital cameras and 443 pairs of shoes. With everything displayed in front of them, the family are shocked to see how much they own. A box set is on iPlayer.

Director Jon Cowen; Exec producer Charlotte Brookes (R) (S) (AD) (HD)

**9.00 Soldier**

**3/5.** At the Infantry Training Centre in Catterick, the gruelling course reaches its halfway point with only 34 of the original 45 recruits remaining. After a formal warning, Private Josh Harte is given one final chance to turn things around. Former footballer Private Curtis Dryden is beginning to impress the instructors after a challenging start, but Private Owen South is wondering whether he has what it takes to fit in. A trip to the war memorial at the National Arboretum in Staffordshire brings home to everyone the sacrifice that they must be prepared to make on the front line. The whole series is available on iPlayer. **See p90.**

Director Paul Wells; Series producer Kim Rossiter (S) (AD) (HD)

**10.00 BBC News Regional News; Weather** (S) (HD)

**10.40 Question Time**

Fiona Bruce chairs a topical debate, featuring a panel of politicians and other high-profile guests in Lisburn, Antrim. Also available live at 8pm on iPlayer.

Executive producer Nicolai Genchev; Executive editor Daniel Maxwell  
Have Your Say: tweet with #bbcqt (S) (HD)

**11.40 Newscast**

BBC journalists including Adam Fleming and Chris Mason host a weekly round-up from Westminster. Senior editors Jonathan Aspinwall and Sam Bonham  
The podcast is available via BBC Sounds (S) (HD)

**12.10am Weather for the Week Ahead** (S) (HD)

**12.15 BBC News Special** Jo Coburn presents live coverage and analysis of two parliamentary by-election results. (S) (HD)

**4.30-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

## BBC2

2

**Interview with the Vampire**

9.00pm Love at first bite? Lestat (right) trains Louis to be a blood sucker



**5.15pm Flog It!**

Members of the public try to make money out of their antiques by selling them at auction. (R) (S) (HD)

**6.00 Richard Osman's House of Games**

Bonnie Langford, Myra DuBois, Charlie Hedges and Tyler West test their general knowledge skills.

Director John Smith; Executive producers Breid McLoone and Tamara Gilder (S) (HD)

**6.30 Strictly It Takes Two**

Janette Manrara dishes up all the backstage gossip and behind-the-scenes action. (S) (HD)

**7.00 The Warship: Tour of Duty**

5/6. *Neptune's Kingdom.* After sailing over 20,000 miles, HMS *Queen Elizabeth* makes her way from Japan to the island of Guam for vital maintenance.

Director Chris Terrill; Executive producers Alan Clements and Christine Hall (R) (S) (AD) (HD)

**8.00 Saving Lives at Sea**

**RT** 4/10 Series 8. In Conwy, north Wales, the RNLI crew respond to reports of two people – one of whom is a young boy – caught out by the tide and struggling to stay afloat. Just along the coast, the team at Flint deal with a yacht that has lost its moorings, while in Ilfracombe, Devon, someone has let off an emergency distress signal. **See page 90.**  
Directors Phil Broadhurst and Olly Rose  
Series producer David Mackay (S) (AD) (HD)

**9.00 Interview with the Vampire**

**RT** 2/7. *After the Phantoms of Your Former Self* Louis recounts his first steps to becoming a vampire. He's reluctant to break ties with his family and is frustrating Lestat by not embracing the murderous requirement of their situation. (S) (AD) (HD)

**9.45 3/7. Is My Very Nature That of the Devil?** Louis struggles to retain humanity in the face of Lestat straying, racist regulations harming business, and being spurned by family. As the situation intensifies, events spiral in an ominous direction.

The whole series is on iPlayer. **See page 90.**

Louis de Pointe du Lac	Jacob Anderson	Bricktop Williams	Dana Gourrier
Lestat de Lioncourt	Sam Reid	Levi	Christian Robinson
Daniel Molloy	Eric Bogosian	Antoinette	Maura Grace Athari
Rashid	Assad Zaman	Jonah	Thomas Antony Olajide
Grace de Pointe du Lac	Kalyne Coleman	Claudia	Bailey Bass
Thomas "Tom" Anderson	Chris Stack	Corried salesman	Jody Thompson
Alderman Fenwick	John DiMaggio	Mr Carlo	Tony Manna
Florence de Pointe du Lac	Rae Dawn Chong	Peg Leg Doris	Rachel Handler
Finn O'Shea	Jeff Pope		

Dramatised by Rolin Jones, Hannah Moscovitch, Jonathan Cenicerio and David Harris; Directors Alan Taylor and Keith Powell (S) (AD) (HD)

**10.30 Newsnight** Presented by Kirsty Wark. (S) (HD)

**11.10 Weather** (S) (HD)

**11.15 No Activity**

4/6 Series 2. *The Butterfly.* Carol is excited about her new colleague. Stokes tries a new nap regime. (R) (S) (HD)

Hendy	Patrick Brammall	Bernie	Damon Herriman
Stokes	Darren Gilshenan	Bruce	David Field
Carol	Genevieve Morris	Jimmy	Daniel Wyllie
Anousha	Susie Youssef	Lee	Alan Dukes
Elizabeth	Rose Byrne		

**11.40 DNA Family Secrets**

4/6 Series 3. A woman seeks the truth about her Chinese father, a journalist questions his ancestry and Ukrainian sisters look for family in Britain. Shown yesterday 9pm (S) (AD) (HD)

**12.40-3.50am Sign Zone** **12.40 The Crash Detectives** 1/4 Series 4. When a man is found dead on a dark mountain road, there's no sign of a vehicle. (R) (S) (AD) (HD)

**1.10 Strictly Come Dancing Ep 4.** The remaining couples are back on the ballroom floor in a bid to impress the judges. **See choice, page 41.** Shown Saturday 6.30pm BBC1 (S) (AD) (HD)

**3.10 Strictly Come Dancing: The Results** Two couples compete in the dance-off. Shown Sun 7.15pm BBC1 (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



ITV1

3

**Pride of Britain: a Windrush Special** 9.00pm  
Record producer Lloyd Coxson shares his story



#### 4.00pm Tipping Point

Three contestants take turns on the supersized arcade machine. Presented by Ben Shephard. Repeated 1.50am (S) (HD)

#### 5.00 The Chase

Julia, Cavan, Lorraine and John face one of the formidable Chasers. Bradley Walsh hosts. (S) (HD)

#### 6.00 Regional News Weather

(S) (HD)

#### 6.30 ITV Evening News Weather

(S) (HD)

#### 7.30 Emmerdale

Sam is full of admiration for his wife, Vinny is feeling conflicted, and Matty comforts Amy.

Sam Dingle	James Hooton	Cain Dingle	Jeff Hordley
Vinny Dingle	Bradley Johnson	Caleb Miligan	William Ash
Matty Barton	Ash Palmisciano	Charity Dingle	Emma Atkins
Amy Wyatt	Natalie Ann Jamieson	Charles Anderson	Kevin Mathurin
Bear Wolf	Joshua Richards	Chas Dingle	Lucy Pargeter
Bernice Blackstock	Samantha Giles	Chloe Harris	Jessie Elland
Billy Fletcher	Jay Kontzle	Claudette Anderson	Flo Wilson
Bob Hope	Tony Audenshaw	Dawn Fletcher	Olivia Bromley

Writer Chris Gill More cast Friday (S) (AD) (HD)

#### 8.30 Shoplifting: the Battle on the High Street? Tonight

Paul Brand investigates the rise in shoplifting on Britain's high streets, which has more than doubled in just three years, costing businesses almost £1 billion a year. Retailers are reporting that thieves are becoming more brazen and their methods more aggressive, so why is it happening – and what can we do to stop it? Producer Andy Hassall (S) (HD)

NOTE: as *Tonight* reacts to the news its subject matter may change

#### 9.00 Pride of Britain: a Windrush Special

**RT** In this documentary to mark the 75th anniversary of the arrival of the *Empire Windrush* at Tilbury Docks, members of the Windrush generation share their experiences with figures including the Prince of Wales, Sir Trevor McDonald and Alesha Dixon. Between 1948 and 1971, more than 500,000 people left the West Indies to find a new home in the UK and work in the NHS and on public transport. The programme also looks at their struggle to gain British citizenship amid what has become known as the Windrush scandal. **See page 90.** Director/Producer Jessica Phillips (S) (AD) (HD)

#### 10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

#### 10.45 Regional political magazines

The monthly report on politics in the regions, featuring interviews and discussion. (S) (HD)

#### 11.15 The Real Crown: inside the House of Windsor

**4/5. Tomorrow's People.** Following the death of Princess Diana, the Queen faces the biggest crisis of her reign with public faith in the royals at an all-time low. Prince Charles has troubles of his own as he seeks to wed Camilla, but the Queen disapproves of their relationship. The whole series is on ITVX. **See choice, page 70.** Shown Tuesday 9pm (S) (AD) (HD)

**12.05am All Elite Wrestling: Rampage** Hard-hitting action from the USA. Shown Tuesday 11.05pm ITV4 (S) (HD)

**1.00 The Chase** Bradley Walsh hosts. (R) (S) (HD)

**1.50 Tipping Point** Game show. Shown 4pm (S) (HD)

**2.45 Waco Untold: the British Stories 2/2.** The 23 Britons who died in the 1993 siege. (R) (S) (SL) (AD) (HD)

**3.35 Unwind A** sequence to calm the mind. (S) (HD)

**5.05–6.00am Tenable** Quiz. Shown 3pm (S) (SL) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4  
7 in Wales

#### Taskmaster

9.00pm Going for gold: the comics are hoping to win the approval of Greg Davies



#### 5.00pm Help! We Bought a Village

A family feels the financial strain of trying to resurrect an Italian ghost village. Repeated 7pm 4seven, tomorrow 2.30pm 4seven (S) (HD)

#### 6.00 Four in a Bed

The final visit of the week is to The Limes in Maldon, Essex, where hosts Giovanni and Enzo hope their luxurious rooms and additional extras will impress their guests. (S) (HD)

#### 6.30 The Simpsons

**The D'oh-cial Network.** Lisa develops a Facebook-style social network that takes the town by storm, but the addictive website threatens mass hysteria. (R) (S) (AD) (HD)

#### 7.00 Channel 4 News Sport; Weather

(S) (HD)

#### 8.00 The Great British Bake Off: an Extra Slice

**4/10.** Jo Brand melts into Chocolate Week with the help of Paul Hollywood and some celebrity fans, featuring exclusive unseen footage from inside the tent and an interview with the latest baker to leave the show. Tom Allen grills members of the studio audience who have brought bakes along, and Jo looks at pictures sent in by viewers to sort terrible creations from those that deserve a standing ovation.

Director Toby Baker; Producer Dan Rowland Repeated Friday 8pm 4seven (S) (AD) (HD)

#### 9.00 Taskmaster

**RT 5/10.** It's almost the halfway point, and while some contestants are looking towards the mighty head of Greg Davies with genuine hopes of raising it aloft, others are desperate to leave with at least some dignity remaining. Susan Wokoma finds something hidden in a flower, Lucy Beaumont gets handy with toilet roll, and Julian Clary manages to make some kitchen receptacles look slightly sinister. Meanwhile, Alex Horne is intimidated by Sam Campbell. **See page 90.** Series producer Andy Cartwright; Series director Andy Devonshire Repeated 11.30pm 4seven (S) (AD) (HD)

#### 10.00 The Great Amazon Heist

Internet trickster Oobah Butler investigates Amazon, the world's biggest online retailer. Repeated 2.35am 4seven (S) (AD) (HD)

#### 11.10 The Great British Bake Off

**4/10.** Alison Hammond and Noel Fielding host as the bakers face three indulgent challenges for Chocolate Week. First up is a torte in the Signature task, then a cheesecake in the Technical challenge, before the Showstopper features a chocolate box. **See choice, page 81.** Shown Wednesday 8pm (S) (SL) (AD) (HD)

#### 12.25am Naked, Alone and Racing to Get Home

**3/6.** Sion and Gareth race against Dylan and Pete in the Scottish Highlands. First shown on E4 (S) (AD) (HD)

#### 1.20 Celebrity SAS: Who Dares Wins 4/7 Series 5

The celebrities face a challenge so gruelling it leads to three recruits medically withdrawing. **See choice page 51.** Shown Sunday 9pm (S) (SL) (AD) (HD)

**2.10 Stand Up to Cancer: Don't Look Down 2/5.** The team work on their focus at the top of Penken Mountain in Austria. Shown Wednesday 9.15pm (S) (SL) (AD) (HD)

**3.10 Bone Detectives: Britain's Buried Secrets** Tori Herridge and a team of scientists attempt to piece together the lives behind discovered bones. (R) (S) (AD) (HD)

**4.05 Couples Come Dine with Me** Three couples from Manchester compete for the cash prize. (R) (S) (HD)

**4.55 Tool Club** The team completes the renovation of the Many Tears animal rescue centre. (R) (S) (HD)

**5.45–6.05am Sunday Brunch Best Bits** Highlights from the culinary talk show, with Will Arnett. (R) (S) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9  
24 in Scotland

#### Richard III

8.00pm The man who would be king: Laurence Olivier plays the ruthless monarch



#### 7.00pm Africa

**5/6. Sahara.** In the scorching wilderness of one of the world's hottest deserts, the Sahara, rain may not fall for 50 years and the only creature that braves the midday sun is the silver ant – and even it needs a "spacesuit" to do so. In a hostile environment where only the toughest survive, zebras battle over dwindling rivers and barn sparrows fly for thousands of miles to find a solitary life-saving oasis. Narrated by David Attenborough. Repeated 12.20am (R) (S) (AD) (HD)

#### 8.00 Richard III ★★★★★

Classic film version of Shakespeare's play directed by and starring Laurence Olivier. A ruthless deformed duke plots to seize the throne, murdering anyone in his way. Available on iPlayer for 56 days. **Review p57.**

Richard III	Laurence Olivier
Buckingham	Ralph Richardson
Lady Anne	Claire Bloom
Clarence	John Gielgud
King Edward IV	Cedric Hardwicke
Queen Elizabeth	Mary Kerridge
Jane Shore	Pamela Brown
Hastings	Alec Clunes
Henry Tudor	Stanley Baker
Dighton	Michael Gough
Stanley	Laurence Naismith
Catesby	Norman Wooland
Duchess of York	Helen Haye
Lovel	John Laurie
Ratcliffe	Esmond Knight

Director Laurence Olivier (1955, U) (S)  
Shown Sunday 12 noon BBC2

#### 10.30 The Omen ★★★★★

Horror starring Gregory Peck, Lee Remick, David Warner and Billie Whitelaw. When the wife of the American ambassador to Britain has a stillborn child, a baby whose mother died during childbirth is substituted for the dead infant. Five years later, a series of mysterious deaths lead the boy's parents to suspect that their son has supernatural powers. Available on iPlayer for 26 days. **Review page 57.**

Robert Thorn	Gregory Peck
Katherine Thorn	Lee Remick
Jennings	David Warner
Mrs Baylock	Billie Whitelaw
Damien	Harvey Stephens
Bugenhagen	Leo McKern
Father Brennan	Patrick Troughton
Father Spilletto	Martin Benson
Dr Becker	Anthony Nicholls
Psychiatrist	John Stride
Nanny	Holly Palance
Reporter	Roy Boyd
Mrs Horton	Sheila Raynor
Horton	Robert MacLeod

Director Richard Donner (1976, 15) (S)  
Shown Sunday 10.50pm BBC2

#### 12.20am Africa

Shown 7pm (S) (AD) (HD)

**1.20 Princes in the Tower: Lucy Worsley Investigates** The historian reconsiders the evidence in the case of the Princes in the Tower. Laying out the "familiar" version of events and sifting all the available information, Lucy then reveals her own take on Richard's supposed guilt. Shown Tuesday 9pm (S) (AD) (HD)

**2.20–3.20am Michael Sheen's Valleys Rebellion** The actor follows in the Chartists' footsteps as he investigates the scale of political disillusionment in Wales, asking why ordinary people and politicians seem so far apart. **See choice, p61.** Shown Mon 10pm (S) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC SCOTLAND

**7.00pm** Great Escapes with Colin and Justin  
**7.25** Grand Tours of Scotland's Lochs  
**7.30** The Great Food Guys: a twice-baked Mull cheese soufflé  
**8.00** My Kind of Town: Ian Hamilton and his guide dog Major visit the town of Larkhall  
**8.30** Landward: a look at plans to provide affordable homes for locals in Argyll  
**9.00** The Nine  
**10.00** Scot Squad  
**10.30** Scotland the Rave  
**11.30–12 midnight** Mirror Mirror

#### STV

**8.30–9.00pm** Scotland Tonight: Childcare Challenges  
**10.00** ITV News at Ten: Weather; STV News and Weather  
**10.45–11.15** Shoplifting: the Battle on the High Street? Tonight  
**3.35–5.05am** Night Vision

#### ITV1 BORDER SCOTLAND

**8.30–9.00pm** Border Life: a walking route around Scotland's most southerly point  
**10.45** Around the House: political news  
**11.15** Shoplifting: the Battle on the High Street? Tonight  
**11.40–12.05am** The Way We Were: nostalgic documentary

#### BBC2 WALES

**11.15pm** Beacons: Short Films from Wales: a portrait of two elderly brothers  
**11.30–11.40** Weatherman Walking: Carreg Cennen Castle

#### ITV1 WALES

**10.45–11.15pm** Fishlock's Choice: the part that Wales played in the Battle of Britain

#### BBC1 NORTHERN IRELAND

**10.40pm** The View: presented by Mark Carruthers  
**11.20** Question Time: Fiona Bruce hosts the political debate  
**12.20am** Newscast  
**12.50–4.30** BBC News Special: by-election Results

#### UTV

**8.30–9.00pm** Mahon's Way: Joe Mahon finds another side to Portrush  
**10.45** Secrets of the Comedy Circuit: stand-up comedy from Belfast  
**11.15** Shoplifting: the Battle on the High Street? Tonight: Paul Brand reports on a rise in shoplifting  
**11.40–12.05am** Eamonn Mallie: Face to Face With: Eamonn chats to Willie Anderson

Channel 5 listings are overleaf



# THURSDAY Freeview

Channel 5

5



**All Creatures Great and Small**  
9.00pm New vet Richard arrives

**5.35am Milkshake!** See page 96  
**9.15 Jeremy Vine** (S) (HD)  
**11.15 Storm Huntley** (S) (HD)  
**12.40pm Alexis Conran** (S) (HD)  
**1.40 5 News** (S) (HD)  
**1.45 Home and Away** Forrest defends his actions to Kirby – but she storms out. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)

**2.15 A Gabbi Luck Mystery: Murder for Sale** Thriller starring Jackie Harry. Gabbi Luck's friend Kimberly turns to her for help when her broker is found dead. (S) (HD)

**4.00 Bargain-Loving Birds in the Sun** Following Glaswegian couple Karen and Tam, who live in a caravan with their dog. (S) (HD)

**5.00pm 5 News** (S) (HD)

**6.00 Dogs Behaving (Very) Badly** 2/15 Series 4. Graeme Hall meets a family whose boxer Woody is causing chaos, and helps a young couple with an unpredictably manic pooch. (R) (S) (HD)  
**6.55 5 News Update** (S) (HD)

**7.00 Dirty Home Rescue**  
Hayley Leitch and her cleaning team come to the rescue of a couple from Newport in south Wales, who share their home with their trio of cats. Director Jonathan Stow (R) (S) (HD)

**7.55 5 News Update** (S) (HD)

**8.00 The Dog Hospital with Graeme Hall**

**Ep 3.** Doberman Nova has a hole in her heart and needs a life-saving operation, and Jack Russell-pug-cross Roxy has an ectopic ureter requiring high-risk surgery. Directors Gyorgy Nanasi, Jack Brownbill and Darren Coates (S) (HD)

Followed by **5 News Update** (S) (HD)

**9.00 All Creatures Great and Small** 3/6 Series 4. When new vet Richard joins the practice, James feels his place by Siegfried's side is threatened. Conflicts come to the surface at Mrs Pumphrey's tea party. See page 91.

Siegfried Farnon  
Mrs Hall  
James Herriot  
Helen Herriot  
Richard Carmody  
Mrs Pumphrey  
Gerald Hammond  
Writer Maxine Alderton; Producer Yvonne Francas  
Director Andy Hay (S) (HD)

**10.00 The Good Ship Murder** 1/8. Mystery drama. A former detective working as a cruise ship singer is asked to help when a passenger is found murdered. Continues tomorrow at 9pm. Shown last Friday (S) (HD)

**11.05 Cricket World Cup**  
Action from India v Bangladesh, the group match at Maharashtra Cricket Association Stadium in Pune, India. (S) (HD)

**12.05am** Police Interceptors (R) (S) (HD) **1.05** Casino (S) (HD) **3.05** Ben Fogle: New Lives in the Wild (R) (S) (HD) **3.55** Britain's Greatest Bridges (R) (S) (SL) (AD) (HD) **4.40** Wildlife SOS (R) (S) (SL) **5.05** House Doctor (R) (S) (HD) **5.30–5.35am** Entertainment News (S) (HD)

**CS** Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105  
**+1** Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



**Love, Victor** 10.25pm Is Victor ready to start opening up to his friends?

**7.00pm New. Crazy Fun Park** 7/10. Chester lies to Mapplethorpe about a life-changing opportunity. (S) (HD)  
**7.30 New. 8/10.** Chester spirals out of control. More tomorrow 7pm. (S) (HD)  
Followed by **New. The Catch Up** (S) (HD)

**8.00 Top Gear**  
Jeremy Clarkson, Richard Hammond and James May test three luxury vehicles in Albania. More tomorrow 8pm. (S) (AD) (HD)

**9.00 New. RuPaul's Drag Race UK** 4/10 Series 5. The queens give a masterclass on "Werk, Love and Play". A box set of previous series is on iPlayer. Repeated tomorrow BBC1 (S) (HD)

**10.10 New. The After Shave with Danny Beard**

4/9. A recap of the latest events from RuPaul's Drag Race UK, and Bailey J Mills offers a unique hair tutorial. (S) (HD)

**10.25 New series. Love, Victor** 1/10 Series 2. Victor deals with his family's reaction to his announcement. (S) (HD)

**10.50 New. 2/10.** Victor loses his nerve about telling everyone he and Benji are a couple. A box set is on iPlayer. (S) (HD)

**11.15 New. The Bold Type**

4/16 Series 4. Jane writes a story about a sex club. More tomorrow 10.50pm. (S) (HD)

**11.55 RuPaul's Drag Race UK** As 9pm.

**1.05am** Big Proud Party Agency (S) (AD) (HD) **1.35** The TikTok Effect (S) (HD) **2.30** Ellie and Natasia: comedy sketches (S) (HD) **2.45–3.55am** RuPaul's Drag Race UK (S) (SL) (HD)

**BBC3** F'view 23/HD 107 (not Scot/Wales) F'sat 179/HD 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

ITV2

6

**5.00am** CITV: children's programmes (HD) **9.00** One Tree Hill (S) (HD) **10.00** Dawson's Creek (S) (HD) **11.00** Dress to Impress (S) (HD)

**12 noon** Dinner Date (S) (AD) (HD) **1.00pm** Alan Carr's Epic Game Show (S) (AD) (HD)

**2.00** Chuck (S) (SL) (AD) (HD) **3.05** One Tree Hill (S) (HD) **4.00** Dawson's Creek: Audrey gets drunk (S) (HD) **5.00** Dinner Date (S) (AD) (HD)

**6.00pm Celebrity Catchphrase** Stephen Mulhern presents as Chris Hoy, Martine McCutcheon and Faye Tozer work out the phrases hidden in the clues. (S) (AD) (HD)

**7.00 Alan Carr's Epic Game Show** The comedian introduces another game of Play Your Cards Right with four couples playing for the chance to win £30,000. (S) (AD) (HD)

**8.00 Bob's Burgers** Series 12. Bob offers to assist Gene with a project to help him end his obsession with a video game. (S) (AD) (HD)

**8.30** Louise, Gene and Tina must navigate an old family feud when they attempt to find a lost family recipe for Linda. (S) (AD) (HD)

**9.00 New. Big Brother** AJ Odudu and Will Best present the reality show. (S) (HD)

**10.00 New. Big Brother: Late and Live** AJ Odudu and Will Best talk to guests on the companion series to the reality show. (S) (HD)

**11.05 Family Guy** Series 17. Brian worries about his legacy, so Stewie creates a clone of him as a living biography. Peter begins work at a massage parlour. (S) (AD) (HD)

**11.35** Meg surprises the Griffins when she makes the US team as a biathlete and takes part in the Winter Olympics. (S) (AD) (HD)

**12.05am** American Dad! (S) (AD) (HD) **1.00** Bob's Burgers (S) (AD) (HD) **2.00** The Masked Singer (S) (HD) **2.45–3.00am** Unwind (S) (HD)

**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115  
**+1** Freeview 29 Freesat 114 Sky 218 Virgin 315

ITV3

10



**Vera** 8.00pm DCI Stanhope and DS Healy investigate a family feud

**6.00am** Classic Emmerdale (S) **7.05** Classic Coronation Street (S) (AD) **8.10** Bless This House (S) **9.15** Where the Heart Is: 2/10 Series 9. When All This Is Over. Beth begins to have second thoughts as she and Tom prepare to leave. Repeated 12.15am; **10.25 3/10.** Stamp of Approval. Evie does her best to make Kim feel unwelcome. Repeated 12.00am (S) (AD) **11.35** Heartbeat: 8/24. A boy's life hangs in the balance when he falls down a well; **12.40pm 9/24.** A search for stolen antiques puts Mason and Wetherby in grave danger (S) (AD)

**1.40pm** Classic Emmerdale: double bill. Lisa sends Cain, Sam and Shadrach out to make some quick cash, then Jarvis urges Edna to face up to the fact that she is temporarily disabled (S) **2.40** Classic Coronation Street: double bill. Lucy cleans out the safe at the bookies, then Roy and Hayley tell Ken and Deirdre about Tracy's pregnancy (S) (AD) **3.50** Agatha Christie's Marple: Murder Is Easy. A former policeman helps Miss Marple investigate a series of suspicious deaths (S) (AD) (HD)

**5.55pm Heartbeat**

10/24 Series 18. Carol is smitten with a handsome visitor, but the police suspect he is behind a spate of burglaries. (S) (AD) **6.55 11/24.** Mick becomes a suspect as Mason and Dawson try to trace Rosie's whereabouts in Australia. (S) (AD)

**8.00 Vera**

2/4 Series 10. Parent Not Expected. When the body of 19-year-old apprentice electrician Dennis Bayliss is washed up on the shore of a rural Northumberland estate, DCI Vera Stanhope has to unravel a web of deceit between two very different families. (S) (AD) (HD)

**10.00 Cracker**

In a one-off special from 2006, Fitz returns to Manchester after 10 years in Australia and rediscovers old passions, but his overindulgence is partnered with a desire to crack his first case in the city since its regeneration. (S) (AD)

**12.15am** Where the Heart Is Shown 9.15/10.25am (S) (AD) **2.20–2.30am** Unwind (S) (HD)

**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117

**+1** F'view 59 (9pm–4am) F'sat 116 Sky 219 Virgin 317

ITV4

26

**6.00am** The Derby Through the Years (S) (HD) **6.20** Minder (S) (SL) (AD) **7.20** The Professionals (S) (SL) (AD) **8.25** The Saint (S) **9.35** Dempsey and Makepeace (S) (AD) **10.40** Magnum, PI (S) (AD) (HD) **11.40** BattleBots (S) (HD)

**12.40pm** The Saint (S) **1.50** Dempsey and Makepeace (S) (AD) **2.50** Magnum, PI (S) (AD) (HD) **3.50** The Professionals (S) (AD) **4.50** Minder: Terry watches over a house (S) (AD)

**6.00pm New. BattleBots** Bloodsport tries to continue its winning run. (S) (HD)

**7.00 The Chase Celebrity Special** Amanda Byram, Adam Thomas, Brendan Cole and Naga Munchetty take on the Chaser. (S) (HD)

**8.00 FILM Tomorrow Never Dies ★★★★★** Spy adventure starring Pierce Brosnan. James Bond investigates a plot to ignite a conflict between Britain and China. (S) (AD) (W) (HD)

**10.25 FILM Fury ★★★★★** Second World War drama starring Brad Pitt, Logan Lerman and Shia LaBeouf. A young tank driver gets a baptism of fire when he joins a battle-hardened crew. Review p97. (S) (AD) (W) (HD)

**1.05am** Dempsey and Makepeace: a hijacked security van disappears (S) (AD) **2.05** The Protectors (S) (SL) (HD) **2.35–3.00am** Unwind (S) (HD)

**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118  
**+1** Freesat 118 Sky 220 Virgin 318

Drama

20



**Shakespeare and Hathaway: Private Investigators** 9.00pm Lu and Frank

**7.10am** All Creatures Great and Small Repeated 4.20pm (S) **8.00** Doctors: double bill. Steve faces an unexpected hurdle, then Mac is torn by self-doubt (S) **9.20** Classic Holby City: Sacha discovers some devastating news about Rachel (S) (HD) **10.40** Casualty: Ash runs into trouble at a disco **11.50** The Bill: Adam Okaro gives Lance Powell a telling off

**12.50pm** Classic EastEnders: double bill. Father and son go head to head in the Vic, then Dennis agrees to a job offer from Andy **2.10** Pie in the Sky: 6/8 Series 5. An apprentice starts work at the restaurant (S) **3.10** Bergerac: 3/10 Series 3. Jim sets out to clear a suspect **4.20** All Creatures Great and Small: 2/16 Series 3. Charity Begins at Home. Siegfried tries to cut costs. Shown 7.00am **5.30** The Upper Hand: 2/19 Series 4. A bitter rivalry ensues between Caroline and Laura. Repeated 3.20am

**6.05pm 'Allo 'Allo!**

19/26 Series 5. Puddings Can Go Off René narrowly escapes 258 exploding Christmas puddings. (S)

**6.40 Last of the Summer Wine** Series 16. Once in a Moonlit Junkyard A motorcyclist frightens Compo. (S)

**7.20 The Space Ace.** Foggy prepares to step into a trainee astronaut's boots. (S)

**8.00 Shakespeare and Hathaway: Private Investigators**

5/10 Series 3. Thy Fury Spent. Frank and Lu find themselves in the middle of a complex dispute. (S) (AD) (HD)

**9.00 6/10. Reputation, Reputation, Reputation!** Frank and Lu investigate a fire at a salon. (S) (AD) (HD)

**10.00 New Tricks**

1/10 Series 11. Bermondsey Boy. An old friend asks Gerry to investigate the murder of his grandson. (S) (AD) (HD)

**11.20 Dalziel & Pascoe**

2/4 Series 3. Child's Play. Mystery surrounds the death of a stranger. (AD)

**1.25am** Dancing on the Edge: 5/5. Stanley plans to help Louise leave the country (S) (AD) (HD) **3.20–4.00am** The Upper Hand Shown 5.30pm

**Drama** Freeview 20 Freesat 158 Sky 143 Virgin 116  
**+1** Freeview 60 Sky 243 Virgin 316

ITVBe

28

**7.00am** Billie and Greg: the Family Diaries (S) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD)

**12 noon** Unboxed (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** The Only Way Is Essex (S) (HD) **2.05** Great Chocolate Showdown (S) (HD) **3.05** Million Dollar Listing: LA (S) (HD) **4.05** The Real Housewives of New Jersey (S) (HD) **5.00** The Real Housewives of Salt Lake City (S) (HD)

**6.00pm Masters of Flip** Kortney Wilson works on a large kitchen island. (S) (HD)

**7.00 Buying and Selling** A couple with three children look for a bigger house. (S) (HD)

**8.00 The Big Bake: Halloween** Creating cake versions of Frankenstein's lab. (S) (HD)

**9.00 New. Abbey Clancy: Celebrity Homes** Abbey visits the homes of fashion blogger Olivia Bowen and Emma Thynn, the Marchioness of Bath. (S) (HD)

**10.00 New. Vanderpump Rules** Katie and Schwartz celebrate a big milestone. (S) (HD)

**11.00 New.** Lala celebrates her birthday with an epic party in Los Angeles. (S) (HD)

**12.10am** The Only Way Is Essex (S) (HD)

**12.50–1.00am** Unwind (S) (HD)  
**ITVBe** Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

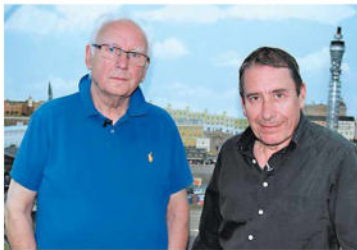
ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED





## More4

18



**Little Trains and Big Names with Pete Waterman** 9.00pm Pete and Jools

**8.55am** Food Unwrapped **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: two editions (AD) **1.10pm** Heir Hunters **3.10** Four in a Bed **5.50** The Secret Life of the Zoo (AD) **6.55pm** **The Dog House** Australia Pete and Hernando are smitten with Tibetan spaniel mix Baxter, but are worried their picky chihuahua Bruno will not approve. **7.55** **Grand Designs** Kevin McCloud follows the progress of engineer Richard Bennett and his partner Felicia Böhm as they transform an underground water reservoir near the Humber Estuary into a family home. (AD) **9.00** **CHOICE New series. Little Trains and Big Names with Pete Waterman** 1/4. The music producer and keen railway modeller meets famous faces who share his passion for all things miniature and spends time with their beloved creations. Pete visits Jools Holland's loft to see a work of art 12 years in the making. **See page 91.** **10.00** **Sky Coppers** A drone is used to hunt for the person who assaulted a police officer and drove away from the scene while dragging the officer along the road. (AD) **11.05** **24 Hours in A&E** A 22-year-old cyclist is rushed to St George's Hospital after he collided with a car on the way to work and "bullseyed" its rear window. (AD) **12.10am** Little Trains and Big Names with Pete Waterman **1.15** Sky Coppers (AD) **2.15** 24 Hours in A&E (AD) **3.20-3.50am** Food Unwrapped (AD) **More4** F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scot) Virgin 347

## E4

13

**6.00am** Hollyoaks Shown Mon/Tue 7pm (AD) **7.00** Married at First Sight UK **8.00** Melissa & Joey (AD) **9.00** Brooklyn Nine-Nine: two episodes (AD) **10.00** The Big Bang Theory (AD) **11.00** The Goldbergs (AD) **12 noon** The Big Bang Theory (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family **4.00** Married at First Sight UK **5.00** The Big Bang Theory (AD) **6.00pm** **The Big Bang Theory** 16/23 Series 3. Sheldon misses an opportunity to meet Spider-Man co-creator Stan Lee. (AD) **6.30** 17/23. The friends fight over a ring. (AD) **7.00** **Hollyoaks** Romeo confronts his dad. (AD) **7.30** **Young Sheldon** 9/21 Series 3. The prodigy is not invited to Billy's party. (AD) **8.00** **New. Modern Family** 3/22 Series 7 Mitch gets a new job with Jay's rivals. **8.30** **New. 4/22.** Phil goes into nesting mode. Both episodes first shown on Sky Showcase **9.00** **New. Married at First Sight** UK The newest couples return from honeymoon. **10.00** **New. In Love and Toxic: Blue Therapy** Michael has a shocking revelation. (AD) **11.05** **Gogglebox** The households' opinions on *The Voice UK* and *Broadchurch*. (AD) **12.10am** First Dates (AD) **1.15** Rick and Morty (AD) **1.50** **New.** My Adventures With Superman **2.15** Married at First Sight UK **3.10** In Love and Toxic: Blue Therapy (AD) **4.05** Brooklyn Nine-Nine (AD) **4.55-6.00am** Black-ish (AD)

**E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 +1 Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 181 Sky 138 (139 Scot) Virgin 287

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **10.00** The Yorkshire Auction House **11.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun **2.00** My 600lb Life **4.00** Animal Cops Houston (AD) **5.00** Helicopter ER **6.00** The Yorkshire Auction House **7.00** Antiques Road Trip **9.00** The Great British Sewing Bee **10.30** My Lottery Dream Home **11.00** Ghost Adventures **12 midnight** The Dead Files **1.00am** Ghost Adventures **2.00** Shopping **4.00** as 4pm **5.00-6.00am** as 12 noon **Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

**BBC News** Freeview 231 Freesat 212 Sky 503 Virgin 601 **Sky News** Freeview 233 Freesat 202 Sky 501 Virgin 603 BT 313

## Sky Arts

36



**Olive Kitteridge** 9.00pm The maths teacher experiences a tragedy

**6.00am** André Rieu: Welcome to My World **7.00** André Rieu: Dance the Night Away **8.00** The Joy of Painting **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Whoopi Goldberg **12 noon** The Joy of Painting **1.00pm** Tales of the Unexpected (AD) **2.00** The Art of Architecture **3.00** Brunelleschi's Impossible Dome **4.00** Discovering: Jodie Foster **5.00** Tales of the Unexpected: double bill (AD) **6.00pm** **Alfred Hitchcock Presents** A kind man picks up a family of hitch-hikers. **6.30** A woman tells her invalid husband she is planning to painlessly murder him. **7.00** **Portrait Artist of the Year** The celebrity sitters are Jay Rayner, Nihal Arthanayake and Susanna Reid. **8.00** **Classic Literature and Cinema** A look at the film adaptations of great adventure novels, exploring how they have been brought to the big screen. (AD) **9.00** **New series. Olive Kitteridge** 1/4 Drama based on Elizabeth Strout's Pulitzer Prize-winning novel telling the story of an acerbic New England maths teacher over the span of 25 years. First shown on Sky Atlantic **10.15** **The Eighties** The role of TV and the beginning of the Reagan era. (AD) **11.15** **The Directors** The life and work of American film-maker William Friedkin. (AD) **12.15am** Mae West: Dirty Blonde (AD) **1.25** Death of England: Face to Face **2.45** Boys **3.10** The Park Bench Plays **4.10-6.00am** The South Bank Show **Sky Arts** Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Come Dine with Me: dinner parties in the Welsh valleys (AD) **11.30** A Place in the Sun **1.30pm** The Great House Giveaway **2.30** Help! We Bought a Village **3.30** Come Dine with Me: a week of dinner parties in Kent (AD) **6.00pm** **A Place in the Sun** A couple seek a forever home in Valencia, Spain. **7.00** **Help! We Bought a Village** A family feel the financial strain of trying to resurrect an Italian ghost village. Shown 5pm C4 **8.00** **Kirstie and Phil's Love It or List It** Catching up with an Edinburgh couple who sought the property gurus' help in 2020. (AD) **9.00** **The Great British Bake Off** 4/10 Alison Hammond and Noel Fielding host as the remaining bakers face three indulgent challenges for Chocolate Week. **See choice, page 81.** Shown Wednesday 8pm Channel 4 (AD) **10.15** **Stand Up to Cancer: Don't Look Down** 2/5. The celebrities work on their focus on a mountain in Austria. Shown Wed 9.15pm C4 (AD) **11.30** **CHOICE Taskmaster** Ep 5. Susan Wokoma finds something hidden in a flower and Lucy Beaumont gets handy with loo roll. **See page 90.** Shown 9pm Channel 4 (AD) **12.35am** Big Fat Quiz of the Decade **2.35** The Great Amazon Heist (AD) **3.40** 24 Hours in A&E (AD) **4.35-5.00am** A Place in the Sun

**4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

## Quest

12

**6.00am** How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars (AD) **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Shed and Buried (AD) **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers: Dream Car **7.00** Outback Opal Hunters **8.00** Salvage Hunters **9.00** Wheeler Dealers **10.00** Chasing Classic Cars **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Chasing Classic Cars **3.00** Salvage Hunters: Classic Cars (AD) **4.00-5.00am** How It's Made **Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 +1 Freeview 70 Freesat 168 Sky 244 Virgin 337

## Yesterday

27



**Bangers and Cash: Restoring Classics** 8.00pm A Bugatti is restored

**6.10am** Monster Ships **8.00** Abandoned Engineering (AD) **10.00** Narrow Escapes of World War II (AD) **11.00** World War Weird **12 noon** Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash (AD) **4.00** World War Weird **5.00** Narrow Escapes of World War II (AD) **6.00pm** **Great British Railway Journeys** Michael Portillo explores Dorset. **6.30** A journey from Whitland to Swansea. **7.00** **Antiques Roadshow** Fiona looks back at favourite finds from the past 40 years. **8.00** **CHOICE New. Bangers and Cash: Restoring Classics** Ep 2 Series 3. The team are on the hunt to restore one of the greatest names in motoring history – the Bugatti. But with a strict budget they settle for a replica. **See page 90.** (AD) **9.00** **Bangers and Cash** A rare 1980s Sierra Cosworth draws in a crowd of admiring fans, while Sarah takes a shine to a caravan. **10.00** Derek collects a Ford Thames 400E that belonged to pop band Edison Lighthouse. (AD) **11.00** **Abandoned Engineering** A group of rusting ships stranded in a desert. (AD) **12 midnight** Great British Railway Journeys **1.00-3.00am** Monster Ships: double bill **Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

## Dave

19

**7.10am** Exploration Volcano (AD) **8.00** Border Force: America's Gatekeepers (AD) **9.00** The Force: behind the Line **10.00** Inside the Factory **11.00** Rick Stein's Spain (AD) **12 noon** Storage Hunters UK **1.00pm** Top Gear (AD) **4.00** Pointless **5.00** Rick Stein's Cornwall **6.00** Rick Stein's Spain (AD) **7.00pm** **Richard Osman's House of Games** Roger Black, Jo Brand, Sanjeev Kohli and Tiff Stevenson test their skills. **7.40** Samantha Womack, Rory Reid, Anne Diamond and James Acaster compete. **8.20** **Would I Lie to You?** With Aisling Bea, June Brown, Adrian Chiles and Seann Walsh. **9.00** **QI XL** With Sandi Toksvig, Al Murray, Dara O Briain and Alan Davies. **10.00** **Two Pints of Lager and a Packet of Crisps** 5/6 Series 2. Jonny won't speak to Janet. **10.40** 6/6. Janet moves in with Gaz. **11.20** **Gavin & Stacey** 5/8 Series 2. Bryn tries to plan a surprise for Gwen's birthday. (AD) **12 midnight** 6/8. The newlyweds begin leading separate lives. (AD) **12.35am** Mock the Week **1.15** Would I Lie to You? **1.55** British as Folk (AD) **2.45** Sliced: Naheema searches for a sugar daddy (AD) **3.30-4.00am** Whose Line is It Anyway? USA

**Dave** F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

## London Live

8

**6.00am** Space 1999 **7.00** Department S **8.00** Destination Flavour: China **9.00** Plane Crash Re-created **10.00** Shine on Harvey Moon **11.00** Gary Rhodes at the Table **11.45** Secrets of London with Mark Monroe **12 noon** The World's Most Incredible Hotels **1.00pm** **FILM** Death of a Salesman ★★ **3.40** **FILM** The Painted Smile ★ **5.00** Gary Rhodes at the Table **5.45** Secrets of London with Mark Monroe **6.00** London Live News **7.00** Raiders of the Lost Art **8.00** WWII: the Price of Empire **9.00** Muck and Brass **10.00** Murder Maps **11.00** **FILM** Detachment ★★ **Drama** starring Adrien Brody **1.00am** Hurt By Paradise **2.45** Tabernacle Choir: Music and Words **3.15** Big City Life **3.30** News **5.00-6.00am** Talking Points **London Live** Freeview 8 Sky 117 Virgin HD 159 Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** NCIS (AD) **10.55** Entertainment News **11.00** NCIS (AD) **12 noon** Law & Order **6.00pm** NCIS Series 9. Triple bill. Ziva and Gibbs lead the mission to rescue the captured Marine **7.00** Tony's father is found drunk in a car that has a dead body in the boot **8.00** The team provides protection for a pregnant marine (AD) **9.00** **New.** Blue Bloods Series 3 Danny and Linda clash First shown on Sky Atlantic **10.00** Law & Order: Special Victims Unit Series 5. Double bill. A headmistress sexually assaults a teenage boy, then a fertility doctor's unethical practices are exposed **12 midnight** Criminal Minds **1.50am** Lucifer **3.35-4.00am** 999: Criminals Caught on Camera **5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) +1 Freesat 130 Sky 241 Virgin 320

## 5 Star

32

**8.00am** Bargain-Loving Brits in the Sun **10.00** Casualty 24/7: Every Second Counts **11.00** GPs: behind Closed Doors (AD) **12 noon** Traffic Cops **2.00pm** Police Interceptors **5.00** Car Pound Cops: Give Me My Car Back! **6.00pm** **Home and Away** Forrest defends his actions to Kirby. Shown 1.45pm C5 (AD) **6.30** **New.** Dana and Harper wait for Cash to return. Repeated tomorrow 1.45pm C5 (AD) **7.00** **GPs: behind Closed Doors** A woman fears her eye may be shutting down. (AD) **8.00** **Casualty 24/7: Every Second Counts** A man is rushed in by ambulance after suffering an epileptic seizure at work. (AD) **9.00** **New. Ambulance: Code Red** A hay bale lands on a farmer's head. **10.00** **999: Emergency Call Out** Continuing the series following joint police and paramedic fast response units. **11.00** **999: Critical Condition** A 22-year-old arrives after crashing his motorbike. **12 midnight** GPs: behind Closed Doors **1.00am** Killer at the Crime Scene **2.00** Murdered for Revenge (AD) **2.50-3.00am** Entertainment News **5 Star** Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 +1 Freesat 141 Sky 228 (229 Scot) Virgin 326

## 5 Action

33

**9.00am** Winter Road Rescue **9.35** Trucking Hell (AD) **10.35** Traffic Cops **11.35** Police Interceptors: a chase through a housing estate **12.40pm** **FILM** When the Daltons Rode ★★ **Biographical** western with Randolph Scott. **Review p97** (BW) **2.25** **FILM** Apache Drums ★★ **Western** starring Stephen McNally and Coleen Gray **4.00** Trucking Hell (AD) **5.00** Traffic Cops: Motorbike Mayhem **6.00pm** **Police Interceptors** During the Christmas holidays, Neil and Stokes head off on a hot pursuit through a residential estate. **7.00** Kev Salter shows presenter Rick Edwards how to spot a drunk driver. **8.00** Key pepper-sprays a resisting suspect. **9.00** **New. Trucking Hell** A 46-ton artic has veered into a verge on a busy A-road and is going nowhere without some help. **10.00** **New. Extreme Tow Truckers** In the face of oncoming traffic, Wagga Truck Towing has to remove a heavily laden rolled B-Double that has shut down a major highway. **11.00** **Wrestling** WWE action. **12 midnight** Police Interceptors **1.00am** Fights, Camera, Action! **2.00-3.00am** Sinkholes

**5 Action** Freeview 33 Freesat 132 Sky 150 Virgin 130

## 5 Select

46

**9.00am** Cash in the Attic (AD) **11.00** The Yorkshire Vet **1.00pm** World's Most Scenic Railway Journeys **2.00** The Yorkshire Vet **4.00** The Highland Vet **5.00** Ben Fogle: New Lives in the Wild: a couple in Andalusia **6.00pm** **World's Most Scenic Railway Journeys** An expedition through Africa. **7.00** **Secrets of the Royal Palaces** Stories from the history of Kensington Palace. **8.00** **Buckingham Palace with Alexander Armstrong** Stories about the royal residence. **9.00** How George III's illness made life intolerable. **10.00** **Forged in Fire** Re-creating a legendary weapon – Attila the Hun's sword of Mars. **11.00** **Lost Nukes of the Cold War: Drain the Oceans** Secrets of the Cold War. **12.05am** Forged in Fire: the sword of legendary Spanish warrior El Cid **2.00-3.00am** Rise of the Super Warriors: Ancient Engineering

**5 Select** F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

**FREEVIEW TV and film channels continue overleaf**



# THURSDAY Freeview & films

## W 25



**Nurses on the Ward 8.00pm**  
Hazera works her final shift

**6.10am** Changing Rooms Australia  
**7.30** Inside the Ambulance **8.00**  
Tipping Point: double bill **10.00** DIY  
SOS: the Big Build **12 noon**  
Rochelle Humes: Interior Designer  
in the Making (AD) **1.00pm** Tipping  
Point **4.00** My Dream Home

**6.00pm Property Brothers:**  
**Forever Homes** Helping two friends  
update their Las Vegas property.

**7.00 DIY SOS: the Big Build**  
Transforming the Derby home of a  
family whose son has cerebral palsy.

**8.00 Nurses on the Ward**  
Matron Hazera's last shift. (AD)

**9.00 Alex Jones: Making Babies**  
Alex is hit hard by the struggles of  
patients going through IVF. (AD)

**10.00 999 Rescue Squad** A skier  
suffers a suspected brain injury.

**11.00 Louis Theroux: under the**  
**Knife** A look at the obsession with  
plastic surgery in California. (AD)

**12 midnight** One Born Every Minute  
**1.00am** Plate of Origin **2.20-**  
**3.00am** Inside the Ambulance

**W F View 25 F Sat 156 Sky 132 (133 Scotland)**  
**Virgin 125 +1 Sky 232 (233 Scotland) Virgin 325**

## Sky Mix 11

**7.00am** Border Security USA (AD)  
**8.00** Nothing to Declare (AD) **9.00**  
Motorway Patrol **10.00** Highway  
Cops (AD) **11.00** Highway Patrol (AD)  
**12 noon** Motorway Patrol **1.00pm**  
Border Patrol **2.00** Border Security  
USA (AD) **3.00** Nothing to Declare:  
two editions (AD) **4.00** Stargate  
Atlantis **5.00** Stargate SG-1  
**6.00pm** Star Trek: Enterprise  
**7.00** Star Trek: Voyager **8.00**  
Magnum P.I.: Katsumoto and his  
ex-wife are abducted (AD) **9.00**  
**New series.** A Discovery of Witches:  
fantasy drama starring Teresa  
Palmer (AD) **10.00** Killing Mum and  
Dad (AD) **11.00** Snapped: a woman  
goes missing on her birthday  
**12 midnight** How I Caught the Killer  
(AD) **1.00am** Brit Cops: War on Crime  
**2.00** Road Wars **3.00** Highway Patrol  
(AD) **4.00** Motorway Patrol: vehicle  
crime **5.00-6.00am** Highway Cops

**Sky Mix F View 11 F Sat 144 Sky 151 Virgin 135**

## HGTV 44

**7.00am** The Restoration Man **8.00**  
The Great Interior Design Challenge  
**9.00** A Place in the Sun **10.00**  
Escape to the Country **11.00** Fantasy  
Homes by the Sea **12 noon** The  
Restoration Man **1.00pm** New  
Bargain Mansions **2.00** Flip or Flop  
Atlanta **3.00** The Great Interior  
Design Challenge **4.00** Escape to the  
Country **5.00** The Restoration Man  
**6.00** A Place in the Sun **7.00** Fantasy  
Homes by the Sea **8.00** Escape to  
the Country **9.00** New. Christina on  
the Coast **10.00** Fixer to Fabulous:  
Welcome Inn **11.00** Bargain Mansions  
**12 midnight** Fantasy Homes by the Sea  
**1.00am** The Restoration Man **2.00**  
The Great Interior Design Challenge  
**3.00-4.00am** My Lottery Dream Home

**HGTV F View 44 F Sat 166 Sky 158 Virgin 191**  
**+1 Sky 258 Virgin 391**

**FREEVIEW channels**  
continued from overleaf

## Food Network 43



**James Martin's French**  
**Adventure 6.00pm** Travels

**6.00am** Trisha's Southern Kitchen  
**7.00** The Pioneer Woman **8.00**  
Barefoot Contessa: back to Basics  
**9.00** The Kitchen **10.00** James  
Martin's American Adventure **11.00**  
River Cottage to the Core **12 noon**  
The Great British Bake Off **2.00pm**  
James Martin's French Adventure  
(AD) **3.00** Nadiya's Asian Odyssey  
**4.30** Barefoot Contessa: back to  
Basics **5.00** The Pioneer Woman

**6.00pm** James Martin's French  
Adventure: the chef visits the  
Languedoc region, famous for wine  
and cassoulet (AD) **7.00** The Great  
British Bake Off: the semi-final  
arrives as the bakers face  
Pâtisserie Week **8.00** River  
Cottage to the Core: Hugh Fearnley-  
Whittingstall tries to tempt people  
in the local pub with his pear and  
stilton pizzas **9.00** Chronicles Of  
Nadiya: Nadiya Hussain visits  
her family village in Bangladesh  
**10.30** Nadiya's Asian Odyssey:  
Nadiya Hussain explores Nepal  
**12 midnight** Guy's Grocery Games  
**1.00am** Restaurant: Impossible  
**2.00-3.00am** Halloween Baking  
Championship: making skeleton desserts

**Food Network F View 43 F Sat 148 Sky 140**  
**(141 Scot) Virgin 190 +1 F Sat 149 Sky 240 (241 Scot)**

## Great TV 50

**8.00am** Diagnosis Murder **9.00**  
Sue Thomas: F.B.Eye **11.00** Castle  
**1.00pm** Sue Thomas: F.B.Eye **3.00**  
Diagnosis Murder **5.00** Murder,  
She Wrote **7.00** M\*A\*S\*H **9.00**  
Randall and Hopkirk (Deceased):  
a clairvoyant tries to exorcise Marty  
**10.00** The Persuaders!: Brett  
starts acting out of character  
**11.00** Return of the Saint  
**12 midnight** M\*A\*S\*H: four episodes  
**2.00am** Randall and Hopkirk  
(Deceased) **3.00** The Persuaders!  
**3.50** Movie News **4.00** Highway to  
Heaven **4.50-5.00am** Movie News

**Great TV Freeview 50 (limited) Freesat 142**  
**Sky 157 Virgin 170 +1 Freesat 143 Sky 257**

## RealityXtra 68

**9.00am** Medical Detectives **11.00**  
Crimes That Shook Australia  
**1.00pm** Written in Blood: double bill.  
The murder of James Bulger, then the  
case of the Rotherham shoe rapist  
**3.00** Medical Detectives **5.00** Crimes  
That Shook Australia: double bill. The  
2012 death of Gerard Baden-Clay's  
wife, Allison, then the Queen Street  
massacre **7.00** Judge Judy  
**1.00am** Crimes That Shook Australia  
**2.55** Written in Blood **4.45-6.00am**  
Medical Detectives: triple bill

**RealityXtra Freeview 68 Freesat 134**  
**Sky 147 Virgin 172**

## BBC Parliament 232

**7.00am** Wales Office Questions **7.30**  
PMQs **8.05** House of Commons **9.30**  
Live Environment, Food and Rural Affairs  
Questions **10.10** Live Attorney General  
Questions **10.30** Live Business Questions  
**11.15** Live House of Commons **5.30pm**  
Lords Questions **6.10** House of Lords  
**1.30am** Environment, Food and Rural  
Affairs Questions **2.10** Attorney General  
Questions **2.30** Business Questions  
**3.15-6.00am** House of Commons  
**BBC Parliament Freeview 232 Freesat 201**  
**Sky 504 Virgin 605**

## PBS America 84



**Living in Germany at War**  
**9.40pm** Civilians and soldiers

**8.00am** Beautiful Serengeti **8.30**  
Annie Oakley **9.35** Pan Am: Crossing  
the Pacific **10.50** New. The  
Lafayette Squadron **11.55** Living in  
Germany at War **1.00pm** Beautiful  
Serengeti **1.30** Annie Oakley  
**2.40** Pan Am: Crossing the Pacific  
**3.55** The Lafayette Squadron  
**5.00** Living in Germany at War

**6.10pm Annie Oakley** The life  
of the sharpshooter, who acquired  
almost mythical status.

**7.25 Pan Am: Crossing the**  
**Pacific 2/3.** The airline develops  
and the government helps them  
outwit competitors.

**8.35 The Lafayette Squadron**  
**2/2.** How the Lafayette Squadron  
laid the foundation of American  
combat aviation.

**9.40 Living in Germany at War**  
**1/2.** Recounting the wartime lives  
of German civilians and soldiers.

**10.50 Pan Am: Crossing the**  
**Pacific As 7.25pm.**

**12 midnight** The Lafayette Squadron  
**1.15-2.00am** Beautiful Serengeti

**PBS America F View 84 (1pm-12 midnight only)**  
**Freesat 155 Sky 174 Virgin 187**

## Blaze 64

**6.00am** Hardcore Pawn **7.20**  
Storm Stories **8.15** Ancient Aliens  
**10.10** The Curse of Oak Island  
**11.10** Britain's Most Historic Towns  
**12.10pm** Storage Wars **1.05** Pawn  
Stars **2.05** Hardcore Pawn  
**4.00** Ancient Aliens **6.00** Mega  
Disasters: how the world would be  
affected if Krakatoa erupted today  
**7.00** Storage Wars **8.00**  
Dickinson's Real Deal **9.00** New  
Ancient Aliens: Giorgio Tsoukalos  
looks at the most compelling  
investigations of all **10.00** Close  
Encounters **11.00** Evidence of the  
Unexplained: exploring recently  
declassified top secret UFO files  
**12 midnight** World's Greatest Treasure  
Mysteries **1.00am** Britain's Most  
Historic Towns **2.00** Auction Kings  
**3.00** Dickinson's Real Deal **3.45**  
Storage Wars **4.10** Forged: Iron and  
Fire **5.00-6.00am** Pawn Stars

**Blaze F View 64 F Sat 162 Sky 164 Virgin 174**

## Challenge 48

**7.00am** The Chase **10.00**  
Catchphrase (AD) **11.00** Supermarket  
Sweep **12 noon** Wheel of Fortune (AD)  
**1.00pm** Pointless Celebrities (AD)  
**2.00** Who Wants to Be a Millionaire?  
**3.00** Blockbusters **4.00** Bullseye  
**6.00pm** Who Wants to Be a  
Millionaire?: hosted by Chris  
Tarrant **7.00** Weakest Link: Anne  
Robinson hosts the quick-fire  
general knowledge quiz **8.00** The  
Chase: double bill. Bradley Walsh  
hosts the game show that asks  
contestants to complete a series of  
general knowledge questions faster  
than the Chaser, a brainbox of the  
highest order **10.00** Who Wants to  
Be a Millionaire?: a classic episode  
of the award-winning quiz show  
**11.00** Bullseye: double bill  
**12 midnight** Weakest Link **1.00am**  
The Chase **4.00** Who Wants to Be a  
Millionaire? **5.00-6.00am** Bullseye (AD)  
**Challenge Freeview 48 Freesat 146**  
**Sky 145 Virgin 139**

## CHILDREN'S

### Milkshake! on C5

**5.35am** Peppa Pig **5.45** Paw Patrol  
**6.00** Sunny Bunnies **6.05** Daisy & Ollie  
**6.10** Milkshake! Monkey **6.15** Peppa  
Pig **6.25** New. Oggy Oggy **6.35** Odo  
**6.45** New. Tweedy & Fluff **6.50** Fireman  
Sam **7.00** Thomas & Friends **7.10** Peppa  
Pig **7.20** Paw Patrol **7.35** Pip and Posy  
**7.50** Paddington **8.05** Chip and Potato  
**8.20** Milo **8.30** Paw Patrol **8.45** Ben  
and Holly's Little Kingdom **8.55** Peppa  
Pig **9.10-9.15am** Milkshake! Story Den  
Full listings for Channel 5 are on p94

### CBeebies 202

**6.00am** Colourblocks **6.05** Vegesaur  
**6.10** Bing **6.20** Teletubbies **6.35** Tee  
and Mo **6.40** Chuggington **6.50** Bing  
**7.00** Colourblocks **7.05** Hey Duggee  
**7.20** Bluey **7.40** Go Jetters **7.50**  
Peter Rabbit **8.05** New. Octonauts  
**8.15** Numberblocks **8.20** Alphablocks  
**8.25** Steve and Aneshwar Go Wild  
**8.30** My Petsaurus **8.35** Justin's  
House **8.55** Small Potatoes **9.00** Bing  
**9.10** New. Yakka Deel **9.15** Love  
Monster **9.20** Diddap **9.25** Colourblocks  
**9.30** Twirlywoos **9.45** Something  
Special **10.05** Teletubbies **10.20** The  
Toddler Club **10.35** Tiny Wonders **10.40**  
Hey Duggee **10.45** Vegesaur **10.50**  
Gecko's Garage **10.55** Bluey **11.00**  
Supertato **11.10** Let's Go for a Walk  
**11.25** Nick Cope's Popcast **11.30** Down  
on the Farm **11.45** Our Family **12 noon**  
Big Cook Little Cook **12.20pm** Waffle  
the Wonder Dog **12.30** Get Well Soon  
**12.40** Andy's Prehistoric Adventures  
**1.00** Yakka Deel **1.05** Numberblocks  
**1.10** Alphablocks **1.15** Hey Duggee **1.25**  
Love Monster **1.40** Colourblocks **1.45**  
Something Special **2.05** Teletubbies  
**2.20** Diddap **2.25** Supertato **2.35**  
Go Jetters **2.45** Time for School **2.55**  
Small Potatoes **3.00** Andy's Adventures  
**3.15** Get Set Galactic **3.35** Hey Duggee  
**3.45** Peter Rabbit **3.55** Treasure Tales  
**4.10** Small Potatoes **4.15** New. The  
Game Catchers **4.25** Bluey **4.40** New.  
Supertato **4.45** Go Jetters **5.00**  
GiggleQuiz **5.15** Waffle the Wonder Dog  
**5.25** Sarah & Duck **5.35** JoJo & Gran  
Gran **5.45** Moon and Me **6.10** Clangers  
**6.20** In the Night Garden...  
**6.50-7.00pm** Bedtime Stories  
**CBeebies F View 202 F Sat 608 Sky 608 Virgin 702**

### CBBC 201

**7.00am** Shaun the Sheep **7.10** Danger  
Mouse **7.20** Dennis & Gnasher **7.35**  
Boy Girl Dog Cat Mouse Cheese **7.45**  
New. Newround **7.55** Grizzly and the  
Lemmings **8.10** Odd Squad **8.25**  
Monster Loving Maniacs **8.35** Hey You  
What If? **8.40** Operation Ouch! **9.10**  
Deadly 60 **9.40** Game on Grandparents  
**10.00** Lagging **10.25** Horrible  
Histories **10.55** What's Cooking Omari?  
**11.00** Bitesize Science **11.20** Ricky  
Wilson's Art Jam **11.40** Our School  
**12 noon** Danger Mouse **12.50pm**  
Boy Girl Dog Cat Mouse Cheese **1.30**  
Sketchy Comedy **1.35** Dennis &  
Gnasher Unleashed! **2.10** 4 o'Clock  
Club **2.40** Deadly Mission Shark **3.10**  
The Deep **3.30** Danger Mouse **3.45**  
Ninja Express **3.55** Taffy **4.05** Grizzly  
and the Lemmings **4.20** Boy Girl Dog  
Cat Mouse Cheese **4.35** Monster  
Loving Maniacs **4.45** Odd Squad **5.00**  
Ooglies Funsie **5.05** Total Dramarama  
**5.20** Summer Camp Island **5.30** New.  
The Football Academy **6.00** New.  
Jamie Johnson FC **6.30** Our CBBC  
**6.35-7.00pm** The Next Step  
**CBBC F View 201 F Sat 607 Sky 607 Virgin 701**

### ITV Kids

Streamed on ITVX Kids, plus on ITV2  
5am-9.00 and on ITVBe 9am to 12 noon

**ITV2**  
**5.00am** Captain Underpants **5.25**  
Scooby-Doo! **5.45** Craig of the Creek  
**6.10** Teen Titans Go! **6.35** Looney  
Tunes Cartoons **7.05** Jurassic World  
Camp Cretaceous **7.30-9.00am** Lego  
Scooby-Doo! Blowout Beach Bash

**ITVBe**  
**9.00am** Chloe's Closet **9.15** Lily's  
Driftwood Bay **9.25** The Hive **9.35**  
Poppy Cat **9.50** Percy's Tiger Tales  
**10.05** Ollie **10.10** Happy the Hoglet  
**10.20** The Sound Collector **10.25**  
Sooty **10.40** Pingu in the City **10.50**  
Bob the Builder **11.20** Postman Pat  
**11.35** Mumfie **11.45-12 noon** Pip Ahoy!

## FILMS

### Film4 14

**11.00am Texas Lady ★★** Routine  
western that's made watchable  
by Claudette Colbert. (1955, U) (S) (AD)

**12.45pm The Cockleshell Heroes**  
★★★★ Exciting, crisply directed  
Second World War drama about  
a secret mission in France. **Review,**  
**right.** José Ferrer, Trevor Howard (1955, U) (S) (AD)

**2.50 Distant Drums ★★** Routine  
period adventure. Gary Cooper (1951, U) (S) (AD)

**4.55 All the King's Men ★★★★★**  
Blistering and still powerful political  
drama with gruff Broderick  
Crawford as political hopeful Willie  
Stark. Broderick Crawford (1949, U) (S) (AD)

**7.10pm The Old Man & the**  
**Gun ★★★★★** Poignant, "mostlly"  
true crime tale with Robert  
Redford as an elderly criminal  
making his way across 1980s  
America. **Review, right.** (2018, 12) (S) (AD)

**9.00 A Quiet Place Part II**  
★★★★ Tense horror with Emily  
Blunt and her kids continuing  
their silent battle for survival  
against aliens with super-sensitive  
hearing. **Review, right.** (2020, 15) (S) (AD)

**10.50 Hereditary ★★★★★**  
Utterly alarming slow-burn  
horror, with Toni Collette as  
the grieving artist whose home  
falls foul of malevolent forces.  
**Review, right.** (2018, 15) (S) (AD)

**1.25-4.00am Loveless ★★★★★**  
Director Andrey Zvyagintsev's  
mastery of mood wins out over  
his incipient sexism in this portrait  
of a marriage. Mariyana Spivak (2017, 15) (S)

**Film4 Freeview 14 Freesat 300**  
**Sky 313 Virgin 428**  
**+1 F View 47 F Sat 301 Sky 314 Virgin 430**

**Talking Pictures TV 82**

**6.00am The Larkins** TV comedy. (S)

**6.35 Road to Bali ★★**  
Wonderfully wacky musical comedy.  
Bob Hope, Bing Crosby, Dorothy Lamour (1952, U) (S)

**8.25 Four Star Theatre** TV drama.  
**9.00 Black Saddle** TV western.

**9.30 The Girl on the Pier ★★**  
Brief and diverting British noir. Veronica  
Hurst (1953) (S) **10.40 Shepherd on the**  
**Rock ★★** Polished if predictable  
drama. Bernard Hill (1995, PG) (S) **12.35pm**  
**Summertime ★★★★★** Romantic  
drama about an American spinster  
who finds love in Venice. **Film of the**  
**Day, right.** Katharine Hepburn (1955, PG) (S)

**2.30 Crown Court** TV drama. (S)

**3.10 Trade Winds ★★** Lightweight  
crime yarn. **Review, right.** Fredric March,  
Joan Bennett (1938) (S) **5.10 Monsieur**  
**Hulot's Holiday ★★★★★** Jacques  
Tati's sublime comedy classic follows  
the antics of a hapless man on  
vacation on the French coast. (1953, U)

**6.55pm Action for Skids**  
Instructional short film.

**7.15 Carry On Spying ★★**  
Merciless ribbing of the spy genre  
from the Carry On team. Kenneth  
Williams, Barbara Windsor (1964, U) (S)

**9.00 Rumpole of the Bailey**  
British TV courtroom drama.

**10.05 Play Dirty ★★** Predictable  
Second World War drama starring  
Michael Caine. Nigel Davenport (1969, 15) (S)

**12.25am Wide Boy ★★** Decent  
British noir starring Sydney Tafler as  
a crook whose criminal enterprises  
take a deadly turn. (1952, PG) (S) **1.45**  
**Beat Girl ★★** Now something of  
a British cult movie, this raucous  
juvenile-delinquency romp tried  
to launch Adam Faith as Blighty's  
answer to Elvis. (1960, 12) **3.30 Tread**  
**Softly Stranger ★** Dreary crime  
drama. Diana Dors, George Baker (1958, PG) (S)

**5.15-6.00am Talking Pictures**  
with Derren Nesbitt Interview. (S)

**Talking Pictures TV Freeview 82**  
**Freesat 306 Sky 328 Virgin 445**



## FILM REVIEWS

## Great Movies 34

**9.00am Two Wrongs** ★★ Predictable thriller. Gillian Zinser (2015)  
**11.00 A Deadly Affair** ★★ Convoluted thriller. Austin Highsmith (2017)  
**1.00pm A Dash of Love** ★★ Inviting romance. Jen Lilley (2017) **2.50 Hello, It's Me** ★★ Fanciful romantic drama. Kellie Martin (2015) **4.40 Hush** ★★ Ludicrous thriller. Jessica Lange (1998, 12)  
**6.35pm Roman J Israel, Esq** ★★ Denzel Washington's stand-out turn as an idealistic lawyer helps lift this crime drama. (2017, 12)  
**9.00 The Transporter** ★★ High-voltage action thriller featuring Jason Statham's first outing as the criminal driver. **Review, right.** (2002, 15)  
**10.55 Last Action Hero** ★★ Smart action comedy in which a boy is sucked into the celluloid world of his movie hero. **Review p57.** (1993, 15)  
**1.35am 10 Minutes Gone** ★★ By-the-numbers Bruce Willis crime thriller about a bank heist that goes badly wrong. (2019, 15) **3.30 Wild West Chronicles 4.00-5.40am A Night to Regret** ★★ A woman becomes a stalking victim in this tepid thriller. (2018)  
**Great Movies** Freeview 34 Freesat 302 Sky 321 Virgin 425  
**+1 Freeview 61 (limited 10pm-5am) Sky 322**

## Great Action 42

**8.00am Wild West Chronicles 9.00 Alvarez Kelly** ★★ Oddball American Civil War western. William Holden (1966, PG) **11.10 Bombers of the Second World War 12 noon Wild West Chronicles 1.00pm The Phantom Stagecoach** ★★ Pacey but average western. William Bishop (1957, U)  
**2.30 Monte Walsh** ★★ Tom Selleck turns in a manly performance in this handsome western. (2003)  
**5.00 The Two-Headed Spy** ★★ Taut, tense wartime spy saga starring Jack Hawkins. Gia Scala (1958, U)  
**7.05pm Collision Earth** ★★ Generally charmless race-against-time disaster flick. Eric Roberts (2020, 12)  
**9.00 Kill 'Em All** ★★ Wounded mystery man Jean-Claude Van Damme is hunted by bad guys in this tired-looking action thriller. (2017, 15)  
**11.05 The Hard Corps** ★★ Snarling action thriller about a bodyguard who goes to great lengths to protect a client. Jean-Claude Van Damme (2006, 15)  
**1.20am The West Wall 2.30 Wild West Chronicles 3.00-5.00am Battle Honours**: double bill  
**Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 **+1 Sky 324**

## Great Movies Christmas 52

**8.00am Chasing Christmas** ★★ Watchable comedy. Tom Arnold (2005)  
**10.00 The Christmas Sitters** ★★ Romance about chalk-and-cheese childminders. (2020) **12 noon Love Always, Santa** ★★ Soppy romance. Marguerite Moreau (2016) **2.00pm Annie Claus Is Coming to Town** ★★ Overly sweet romcom. Maria Thayer (2011, U) **4.00 Santa's Secret** ★★ Cute fantasy. (2014)  
**6.00pm My Santa** ★★ Fantasy in which a woman becomes captivated by the man playing Santa Claus at the shopping mall. Samaira Armstrong (2013)  
**8.00 Christmas around the Corner** ★★ Feel-good drama. Alexandra Breckenridge, Jamie Spilchuk (2018)  
**10.00 Welcome to Christmas** ★★ Residents resist a big bad developer in this predictable yarn. (2018)  
**12 midnight On the Twelfth Day of Christmas** ★★ Entertaining romcom. Brooke Nevill (2015) **2.00am Highway to Heaven 3.00-5.00am Correcting Christmas** ★★ Saccharine fantasy. Kelly Overton (2014)  
**Great Movies Christmas** Freeview 52 Freesat 303 Sky 319 Virgin 424  
**+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320**

## Sky Premiere

**6.05am Sick** ★★ A lake-house retreat from the Covid-19 pandemic turns deadly for two friends in this slick slasher thriller. Gideon Adlon (2022)  
**7.45 As 5.50pm 9.50 As 8pm 12.30pm As 10.40pm 2.10 Mob Land** ★★ Crime-by-numbers heist drama. Shiloh Fernandez (2023, 15) **4.05 Shrapnel** ★★ No nonsense action thriller starring Jason Patric. (2023, 15)  
**5.50pm Champions** ★★ Comedy drama about a basketball coach and a team with intellectual disabilities. **Review p38.** (2023, 12)  
**8.00 The Fabelmans** ★★★★★ Lively and melancholic late-career masterpiece from Steven Spielberg. **Review p38.** Michelle Williams (2022, 12)  
**10.40 Cocaine Bear** ★★ Partly based on a true story, this deranged thriller finds a drugged-up bear on the loose in Georgia. Keri Russell (2023, 15)  
**12.20am Unwelcome** ★★ Creepy comedy horror. Hannah John-Kamen (2022, 15)  
**2.05 Swallowed** ★★ Smart horror in which a wannabe porn star ingests a worm-infested packet of drugs that could kill him. (2022, 18) **3.45 As 2.10pm 5.40 Sky Cinema Preview**  
**Sky Premiere** Sky 301 Virgin 401 BT 501/HD 515 **+1 Sky 312**

## Legend 41

**8.00am Walker, Texas Ranger 9.00 The Six Million Dollar Man 10.00 Star Trek: Deep Space Nine 11.00 Apocalypse of Ice** ★★ Cobbled-together sci-fi hokum. Tom Sizemore (2020)  
**1.00pm Ice Quake** ★★ Over-talky disaster thriller. Brendan Fehr (2010, 12) **3.00 Bigfoot** ★★ No-frills sci-fi adventure. Danny Bonaduce (2012) **5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi drama series.  
**7.00 The Six Million Dollar Man** TV sci-fi adventure with Lee Majors.  
**8.00 Walker, Texas Ranger** TV action drama with Chuck Norris.  
**9.00 Soldier Blue** ★★ Controversial western drama that re-creates the Sand Creek Massacre of 1864. Candice Bergen (1970, 18)  
**11.15 Western World** ★★ Dismal low-budget western. Greg Steele (2017, 12)  
**12.50am The Internecine Project** ★★ A government adviser is out to cover up his past in this intriguing thriller. James Coburn (1974, 15) **2.35-4.20am Witchfinder General** ★★★★★ A religious maniac conducts witch-hunts for pleasure and profit in this intense horror. Vincent Price (1968, 15)  
**Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

## HorrorXtra 69

**8.00am Super Cyclone** ★★ An engineer and a scientist must save the world from the storm to end all storms in this disaster movie. Ming-Na (2012) **10.00 Farscape 11.00 The 7 Adventures of Sinbad** ★★ A descendant of the legendary sailor is given a series of seemingly impossible tasks in this low-budget adventure. Patrick Muldoon (2010)  
**1.00pm End of the World** ★★ Awful disaster drama following a family fleeing a series of natural disasters. J Jey Castles (2018, 15) **3.00 Farscape 4.00 Star Trek 5.00 The Last Sharknado: It's about Time** ★★ Time-travelling episode in the hit low-budget comedy horror. Ian Ziering (2018, 15)  
**7.00pm Farscape** TV sci-fi.  
**8.00 Star Trek** TV sci-fi drama.  
**9.00 The Shed** ★★ Bullied teens use a trapped vampire to their advantage in this bloodthirsty, box-ticking horror. Jay Jay Warren (2019, 15)  
**11.00 Maniac** ★★ Slick – and just as sick – reboot of the gory 1980 cult horror, starring Elijah Wood as a deranged psychopath. (2012, 18)  
**1.00-3.00am The Shed** As 9pm  
**HorrorXtra** F'view 69 F'sat 138 Sky 317 Virgin 171 **+1 F'sat 139 Sky 318 Virgin 371**



## FILM OF THE DAY

## Summertime ★★★★★

12.35-2.30pm Talking Pictures TV

PG

## ROMANCE This was the movie that whetted

director David Lean's appetite for location filming with international stars. It's a touching take on Arthur Laurents's play about a lonely woman enjoying a summer fling in Venice. Katharine Hepburn plays the sheltered secretary, with Rossano Brazzi as the married object of her affection. Hepburn was an inspired choice, her reserve melting under the liberating effects of the city and the charming Brazzi. Venice looks fabulous, thanks to cameraman Jack Hildyard, and the whole thing is perfect matinee fare. **TONY SLOMAN** (US/UK 1955)

## When the Daltons Rode ★★★★★

12.40-2.25pm 5 Action PG

**WESTERN** One of the classy big-budget westerns of its time, this rousing adventure pays little heed to historic truth as it re-creates the lives and times of the notorious Dalton gang. Randolph Scott is as sturdy as ever as the lawyer out to give the outlaws a fair trial, but the real treats are the superb stunts, including jumps from horseback onto moving trains. **TS** (US 1940, BW, HD)

## The Cockleshell Heroes ★★★★★

12.45-2.50pm Film4 U

**WAR** Directed in Britain by America's José Ferrer, this exciting war movie sees Royal Marines go on a secret mission to destroy enemy shipping. Ferrer also stars as the unorthodox major who devises a night-time raid on the Bordeaux docks. Trevor Howard plays a resentful captain, while Christopher Lee appears as a submarine commander. **TS** (UK 1955, HD)

Trade Winds ★★ 3.10-5.00pm Talking Pictures TV

**COMEDY** Director Tay Garnett justified a tax-deductible sailing trip around the world by taking a cinematographer to record the sights and

## The Transporter ★★★★★

9.00-10.55pm

Great Movies 15

**ACTION** Jason Statham stars as a cool criminal driver who's paid to transport cargo – with no questions asked. When he violates his code by looking in one of the "packages", he discovers a woman (Shu Qi) and is forced to go on the run. A bizarre oil-wrestling set piece is one of the highlights of this stunt-filled action movie. *The Transporter 2* is showing tomorrow. **AJ** (Fr/US 2002, violence, swearing)

## Fury ★★★★★

10.25pm-1.05am ITV4 15

**WAR** This heart-pounding drama follows a tank unit commanded by Brad Pitt as it rolls through Germany in the dying days of the Second World War. Shia LaBeouf, Jon Bernthal and Michael Peña comprise Pitt's hard-bitten crew, but it's through the eyes of Logan Lerman's rookie replacement driver that the reality of war hits home. **STELLA PAPAMICHAEL** (US 2014, violence, swearing, HD)

## Hereditary ★★★★★

10.50pm-1.25am Film4 15

**HORROR** A fearful legacy comes home to roost in this scintillating horror. Following the death of her mother, Toni Collette and her family are beset by all sorts of unnerving weirdness – but that's only the start of the nightmare. Director Ari Aster's terrific debut is akin to Stanley Kubrick's *The Shining*, with a dread-inducing atmosphere that never loosens its grip. **JEREMY ASPINALL** (US 2018, violence, swearing, drug abuse, nudity, HD)

## Sky Cinema picks

## Stormbreaker ★★★★★

**4.00-5.50pm Sky Family** Teenage spy adventure with Alex Pettyfer. (2006, PG)  
 Sky 306; Virgin 406; BT 506/520

## The Desperate Hour ★★★★★

**6.30-8.00pm Sky Originals** Naomi Watts thriller. (2021)  
 Sky 302, Virgin 402, BT 502/516

## Layer Cake ★★★★★

**8.00-9.55pm Sky Thriller** One-last-job movie featuring the late Michael Gambon – see tribute, page 8. (2004, 15)  
 Sky 309; Virgin 409; BT 509/523

**Films to stream** from p32  
 Netflix, Amazon, Disney+ and more



## Sky Showcase



**Cobra: Rebellion** 9.00pm  
Sutherland looks for answers

**6.00am** The Early Rundown **7.00** Kay Burley **8.00** Air Ambulance ER **9.00** Nothing to Declare **10.00** Al Murray: Why Do the Brits Win Every War? **11.00** Malawi Wildlife Rescue **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** The Simpsons

**6.30pm** The Fresh Prince of Bel-Air **3/26** Series 4. Will regrets withdrawing from a class.

**7.00** New. **Cricket World Cup** India v Bangladesh. Action from the match at Maharashtra Cricket Association Stadium.

**8.00** An Idiot Abroad **6/8** Series 2. Karl Pilkington travels along America's Route 66.

**9.00** New. **Cobra: Rebellion** **2/6** Series 3. The duo travel to the site of the sinkhole. See p91.

**10.00** New. **Brassic** **4/8** Series 5 Erin's dad dies and leaves her in debt. See page 91.

**11.00** Never Mind the Buzzcocks With Danny Goffey and Freya Ridings.

**11.45** Sex and the City **9/12** Series 1. Carrie receives bad news. **12.15am** **10/12**. The friends contemplate motherhood.

**12.45** Warrior **1.50** The Blacklist **2.45** Road Wars **3.10** Hawaii Five-0 **4.05** S.W.A.T. (AD) **5.00-6.00am** The Early Rundown: double bill

**Sky Showcase** Sky 106 Virgin 109  
BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** Most Haunted **7.00** Warehouse 13 **8.00** Shopping **11.00** Atlantis **12 noon** Star Trek: the Next Generation **2.00pm** Fringe **3.00** Atlantis **4.00** Stargate SG-1 **5.00** Stargate Atlantis

**6.00pm** Star Trek: the Next Generation **8/26** Series 7. Picard and Dr Crusher are imprisoned and telepathically linked by an alien race, forcing them to confront their mutual attraction. **7.00** **9/26**. Intergalactic environmentalists resort to desperate measures to prove that Starfleet's warp drives are harming the universe.

**8.00** Star Trek: Voyager **25/26** Series 7. Admiral Janeway travels into the past in a bid to help the Voyager crew get home faster – which leads her into the ultimate confrontation with the Borg queen.

**9.00** Sinister **2 ★★** Horror starring Shannyn Sossamon. A mother and her twin sons are unaware that their rural farmhouse is marked for death by an evil demon.

**11.00** Devil's Triangle ★ Sci-fi action thriller starring Diana Prince. When scientists discover the lost city of Atlantis, chaos is unleashed.

**1.00am** Warehouse 13 **2.00** Star Trek: Voyager **3.00** Stargate Atlantis **4.00-6.00am** Star Trek: the Next Generation

**Sky Sci-Fi** Sky 139 (140 Scotland) Virgin 122  
BT 348/HD 363 +1 Sky 207 Virgin 229

## Sky Atlantic



**The White Lotus** 9.00pm  
Welcoming: Lani and Armond

**6.00am** Fish Town **7.55** Six Feet Under **10.05** Ray Donovan (AD) **12.15pm** Game of Thrones (AD) **1.20** The Knick (AD) **3.30** Six Feet Under

**5.40pm** Ray Donovan **5/12** Series 6. Ray plans a day with Conor before he ships out. (AD) **6.45** **6/12**. A masked intruder makes a threat on Sam's life. (AD)

**7.50** Game of Thrones **2/7** Series 7. Daenerys receives an unexpected visitor. Meanwhile, Jon faces a revolt and Tyrion plans the conquest of Westeros. (AD)

**9.00** The White Lotus **1/6** Drama following the exploits of various guests and employees at the tropical White Lotus resort over the course of a week. (AD)

**10.05** The Gilded Age **4/9**. In the aftermath of a great tragedy, George agrees to help Bertha, and a visit has a lasting impact on the staff of Russell House. (AD)

**11.10** Billions **2/12** Series 6 Taylor and Wendy try to nail down Prince's intentions. (AD)

**12.15am** **3/12**. Prince secures support in his bid for the games. (AD) **1.15** The Great Game: Dino searches for Kirillov's mole. Italian +subtitles.

**2.20** Game of Thrones (AD) **3.30** In Treatment **4.00** Fish Town **5.00-6.10am** New. Billions **11/12** Series 7. Repeated tomorrow 9pm

**Sky Atlantic** Sky 108 (109 Wales)  
BT 342/HD 357 +1 Sky 208 (209 Wales)

## Sky Witness

**6.00am** Stop, Search, Seize (AD) **7.00** Border Patrol **9.00** Border Security: America's Front Line **10.00** Motorway Patrol **10.30** Highway Patrol (AD) **11.00** The Force: Manchester **12 noon** FBI (AD) **1.00pm** Bull **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

**4.30pm** Nothing to Declare Seven editions following the work of customs officers in Australia.

**8.00** The Equalizer **1/10** Series 1 Former CIA operative Robyn McCall springs into action when a teenager becomes embroiled in a dangerous situation. (AD)

**9.00** FBI **10/23** Series 5. The team are forced to jump into action when JOC analyst Kelly Moran is taken hostage.

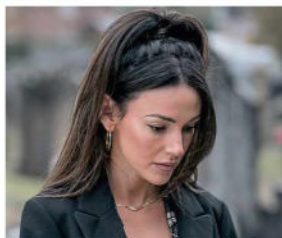
**10.00** FBI: International **10/22** Series 2. When a US basketball player for a Lithuanian team goes into cardiac arrest, the Fly Team – along with new agent Zoey McKenna – begin an investigation.

**11.00** The Rookie **3/20** Series 2 Tension begins to build between Officer Nolan and Jessica, while Officer Chen starts meddling in Officer Bradford's love life. (AD)

**12 midnight** **9-11** **1.00am** FBI: Most Wanted **2.00** New. FBI: Most Wanted **Ep 10** Series 4. A detective is abducted Rptd Fri 9pm **3.00** Chicago Fire **4.00** Border Security: America's Front Line **5.00-6.00am** Stop, Search, Seize (AD)

**Sky Witness** Sky 107 Virgin 110  
BT 341/HD 356 +1 Sky 207 Virgin 310

## Sky Max



**Brassic** 10.00pm Erin heads back to her home town

**6.00am** Supergirl **7.00** DC's Legends of Tomorrow (AD) **8.00** The Flash **9.00** Stargate SG-1 **11.00** Supergirl **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

**6.00pm** Stargate SG-1 **1/22** Series 3. An imprisoned O'Neill is implanted with a Goa'uld symbiont. **7.00** **2/22**. The team pursues ancient Goa'uld Lord Seth.

**8.00** An Idiot Abroad **6/8** Series 2. Karl Pilkington travels along America's Route 66. (AD)

**9.00** New. **Cobra: Rebellion** **2/6** Series 3. Sutherland and Rachel travel to the site of the sinkhole in the hope that their daughter is still alive. See page 91.

**10.00** New. **Brassic** **4/8** Series 5 Erin's dad dies, taking her back to the seaside town where she grew up. See page 91.

**11.00** Never Mind the Buzzcocks With guests Kiell Smith-Bynoe, Danny Goffey and Freya Ridings.

**11.45** The Blacklist **17/22** Series 10 Congressman Hudson's investigation escalates when he recruits help.

**12.45am** Warrior **1.45** Fantasy Island **3.35** Road Wars **4.00** Hawaii Five-0 **5.00-6.00am** S.W.A.T. (AD)

**Sky Max** Sky 113 (114 Wales) Virgin 111  
BT 346/HD 361

## Sky Replay

**7.00am** Sixth Sense with Colin Fry **8.00** Celebrity Four Weddings (AD) **9.00** Four Weddings (AD) **10.00** Sun, Sea and A&E **11.00** UK Border Force (AD) **12 noon** Highway Patrol **1.00pm** Caught on Dashcam **2.00** Most Haunted **4.00** Quantum Leap **6.00pm** DC's Legends of Tomorrow: double bill (AD) **8.00** Highway Patrol: double bill **9.00** The Force: Manchester: officers raid a cannabis farm and police are called to a fight in a pub car park **10.00** The Russell Howard Hour: topical comedy **11.00** FBI: the team are forced to jump into action when JOC analyst Kelly Moran is taken hostage **12 midnight** FBI: International **1.00am** Sun, Sea and A&E **2.00** A League of Their Own: US Road Trip **2.0** (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00-6.00am** Sixth Sense with Colin Fry: double bill  
**Sky Replay** Sky 152 Virgin 156

## Sky Crime

**6.00am** Highway Patrol **7.00** Motorway Patrol (AD) **8.00** Highway Patrols (AD) **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Border Patrol **12 noon** Made for Murder **1.00pm** Killer in My Village **2.00** Forensics: Catching the Killer (AD) **3.00** Most Evil Killers (AD) **5.00** Forensics: Catching the Killer (AD) **6.00** What the Killer Did Next (AD) **7.00** Most Evil Killers **9.00** New. Ireland's Most Evil Killers: the 2004 case of Joe O'Reilly murdering his wife and making it look like a burglary gone wrong **10.00** Killer in My Village **11.00** World's Most Evil Killers **12 midnight** as 1pm **1.00am** The Real Manhunter (AD) **2.00** An Unexpected Killer **3.00** as 6pm **4.00** Road Wars **5.00-6.00am** Motorway Patrol  
**Sky Crime** Sky 122 (123 Scotland) Virgin 121  
BT 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

## Gold



**Dad's Army** 9.40pm Captain Mainwaring has car trouble

**7.05am** Desmond's **7.45** Keeping Up Appearances (AD) **8.20** 2 Point 4 Children **9.00** Hi-de-Hi! **9.40** Still Open All Hours **10.20** Last of the Summer Wine **11.40** Keeping Up Appearances (AD) **12.20pm** 2 Point 4 Children **1.00** The Thin Blue Line **1.40** Dad's Army **3.00** Hi-de-Hi! **3.40** Keeping Up Appearances (AD) **4.20** The Thin Blue Line **5.00** Last of the Summer Wine

**6.20pm** The Green Green Grass Marlene awaits Tyler's A-level results. **7.00** Boycie reluctantly signs up for a reality TV show.

**7.40** The Good Life Perky the pig gives birth to her litter. (AD) **8.20** Tom invents a new means of transport. (AD)

**9.00** Detectorists A solar farm threatens the gang's tranquillity. (AD)

**9.40** Dad's Army The platoon prepares for an official visit.

**10.20** Not Going Out Kate and Lee take in a lodger.

**11.00** The Fast Show Colin Hunt tries to fix the photocopier.

**11.40** Chewing Gum Tracey goes out with her cousin.

**12.15am** Tracey is tired of spending time with Connor and his girlfriend.

**12.50** as 9pm **1.25** as 10.20pm **2.00** as 11pm **2.45** The Good Life (AD) **3.15-4.00am** Chewing Gum

**Gold** Sky 110 (111 Wales) Virgin 124  
BT 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

## Sky Comedy

**8.00am** Young Rock (AD) **9.00** The Fresh Prince of Bel-Air **9.30** Run **10.00** Wellington Paranormal (AD) **11.00** The Fresh Prince of Bel-Air **11.30** Crashing (AD) **12.50pm** House of Lies **1.30** Silicon Valley **3.30** The Fresh Prince of Bel-Air **4.00** Wellington Paranormal (AD) **5.00** Young Rock (AD) **6.00** Run: Ruby and Billy consider their future together **6.30** The Fresh Prince of Bel-Air: Will and Carlton throw a party **7.00** Will & Grace: double bill (AD) **8.00** The Office US **9.00** Breeders: double bill (AD) **10.00** Marc Maron: from Bleak to Dark **11.15** The Tonight Show Starring Jimmy Fallon **12.15am** Sex and the City: double bill **1.15** Random Acts of Flyness (AD) **2.00** New series. Breeders: double bill. See choice, p100 Repeated tomorrow 10pm **3.00** House of Lies **3.40-5.00am** Crashing (AD)

**Sky Comedy** Sky 114 (115 Wales)  
Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** Most Ridiculous: Gadgets **8.35** Most Ridiculous: Fashion Crimes **9.00** The Middle **11.00** Home Improvement **1.00pm** Last Man Standing **2.00** Friends (AD) **9.00** FILM Blended ★★ Comedy starring Adam Sandler and Drew Barrymore. Divorcee Lauren and widower Jim suffer an awful blind date, only to find that their families are also accidentally booked onto the same African vacation **11.15** South Park: the Streaming Wars: Cartman locks horns with his mum and has a battle of wits **12.20am** Reno 911! double bill **1.15** South Park **2.45** Beavis and Butt-Head **3.00** New. The Daily Show **3.25** Criminally Funny **4.10-5.00am** Friends (AD)  
**Comedy Central** Sky 112 (113 Wales)  
Virgin 132 BT 345/HD 360  
+1 Sky 212 (213 Wales) Virgin 332

## Alibi



**So Help Me Todd** 10.00pm  
Angie is accused of a crime

**7.10am** Murdoch Mysteries **9.00** Rizzoli & Isles (AD) **10.00** Hudson & Rex (AD) **11.00** Without a Trace **12 noon** Frankie Drake Mysteries (AD) **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries: two episodes **4.00** Rizzoli & Isles (AD) **5.00** Hudson & Rex (AD)

**6.00pm** Without a Trace **17/23** Series 3. The team learns that a missing estate agent may be linked to a sex slave ring.

**7.00** Elementary **5/24** Series 2 Sherlock and Joan believe New York City's Mafia may be behind a murder when they stumble across the body of a former assassin.

**8.00** Death in Paradise **1/8** Series 8. A British man in his 50s is found stabbed to death at the back of a bus. (AD)

**9.00** **2/8**. Jack has a fresh mystery to solve when a zoo owner is killed by a tranquilliser dart. (AD)

**10.00** So Help Me Todd **8/21** Lyle's niece Angie needs help when she is accused of committing a crime on her college campus.

**11.00** Person of Interest **11/13** Series 5. After burying Root, Reese and Fusco reunite with Shaw and travel to Washington, DC. **12 midnight** Elementary **1.00am** Hudson & Rex (AD) **2.00-4.00am** Evil: two episodes (AD)

**Alibi** Sky 109 (110 Wales) Virgin HD 114  
BT 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

## Discovery

**6.00am** Diesel Brothers **7.00** Deadliest Catch **8.00** Ed Stafford: First Man Out **9.00** Alaska: the Last Frontier (AD) **10.00** How It's Made **11.00** Wheeler Dealers **12 noon** Salvage Hunters **1.00pm** Deadliest Catch **3.00** Alaskan Bush People **4.00** Blowing Up History **5.00** Wheeler Dealers **6.00pm** Salvage Hunters: Drew Pritchard finds a Devon salvage yard filled with interesting pieces **7.00** Wheeler Dealers: a 1979 Jeep CJ-7 Renegade rolls into the workshop (AD) **8.00** Outback Truckers: car wreckers Mike and Michael push their trucks to their limits **9.00** Fear Island: Fortress of the Bears **11.00** Expedition Unknown (AD) **12 midnight** How the Universe Works **1.00am** Fear Island: Fortress of the Bears **3.00** Gold Divers **4.00-5.00am** Bitchin' Rides

**Discovery** Sky 125 (126 Scotland) Virgin 177  
BT 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

## Discovery History

**6.00am** Expedition Unknown: Hunt for Extraterrestrials **7.00** Tony Robinson's World War One **8.00** Unsolved History **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** How It's Made **1.00pm** Combat Dealers **2.00** Tony Robinson's World War One **3.00** Salvage Hunters **4.00** Mysteries at the Museum **5.00** Unsolved History **6.00pm** Combat Dealers (AD) **7.00** Expedition Unknown **8.00** HMS Ark Royal (AD) **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 midnight** How It's Made **1.00am** Combat Dealers **2.00** Salvage Hunters **3.00** Combat Dealers **4.00-5.00am** Salvage Hunters: the Restorers  
**Discovery History** Sky 177 Virgin 181  
+1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED





## Sky Documentaries



**McEnroe 9.00pm** The life and career of the tennis legend

**6.00am** The Last Movie Stars (AD) **7.00** Discovering: Angela Bassett **8.00** The Directors (AD) **9.00** The Good Fight Club (AD) **10.00** Juan Carlos: Downfall of the King **10.55** Saviour Complex **12 noon** **FILM** Bo66y ★★★★★ (AD) (W) **2.00pm** Bright Lights: Starring Carrie Fisher and Debbie Reynolds (AD) **3.50** My Icon: Natasha Jonas (AD) **4.00** The Directors (AD) **5.00** Discovering: Angela Bassett

**6.00pm The Good Fight Club** The pressure is on at the end of Team Underground's season. (AD)

**7.00 Juan Carlos: Downfall of the King** Juan Carlos abdicates and flees into exile, with the scandal further harming an ailing monarchy.

**7.55 New. Saviour Complex** Examining missionary work in Uganda. Last in series.

**9.00 McEnroe ★★★★★** Tennis star John McEnroe takes us on a late-night walk through New York City and reflects on his life and career. (W)

**11.00 Kipchoge: the Last Milestone** Following the runner's attempt to become the first person to run a sub two-hour marathon.

**12.45am** John Lewis: Good Trouble (AD) **2.35** Becoming Warren Buffett **4.20** King's Point **5.00–6.00am** Discovering: Angela Bassett

**Sky Documentaries Sky 121** (122 Scotland) Virgin 188 BT 352/HD 367

## Nat Geographic

**8.00am** Food Factory **9.00** Air Crash Investigation (AD) **10.00** Inside Incredible Machines **11.00** Building Impossible with Daniel Ashville (AD) **12 noon** Car SOS (AD) **1.00pm** Europe from Above **2.00** Air Crash Investigation (AD) **3.00** Nazi Megastructures **4.00** Sunken Treasures Revealed: Drain the Ocean **5.00** Car SOS **6.00** Lost Treasures of Egypt **7.00** Air Crash Investigation (AD) **9.00 New.** Ice Road Rescue: Thord and Terje risk their lives to save one truck's valuable cargo **10.00 New.** Life below Zero: First Alaskans: subsistence Alaskans use the waning daylight to prepare for the season ahead **11.00** Air Crash Investigation **12 midnight** Airport Security: First Class **1.00am** Banged Up Abroad **2.00** Bid and Destroy: double bill **2.55–5.00am** Exotic Animal ER: Double Dose

**Nat Geographic Sky 129** (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

## Sky History

**6.00am** Storage Wars **7.00** Forged in Fire **8.00** American Pickers **9.00** Pawn Stars Do America **10.00** Al Murray: Why Does Everyone Hate the English? **11.00** Treasures Decoded **12 noon** Auction Hunters **1.00pm** Storage Wars **2.00** Alien Files: Unsealed **4.00** Digging for Britain **5.00** Pawn Stars Do America **6.00** American Pickers **7.00** Forged in Fire **8.00 New.** Pawn Stars: Rick tries not to slip up when making a deal on a pair of snowshoes **9.00 New series.** Viking Quest: America **10.00 New.** Alone: Predator **11.00** Instruments of Death **12 midnight** Pawn Stars Do America **1.00am** Storage Wars **2.00** WW2 Air Crash Detectives **3.00** Pawn Stars **4.00** Digging for Britain **5.00–6.00am** Auction Hunters

**Sky History Sky 123** (124 Scotland) Virgin 131 BT 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

## Sky Nature



**Island of the Monsoon 8.00pm** Young leopard Asha

**6.00am** Hope for Wildlife **7.00** Monkey Life: double bill (AD) **8.00** One Planet, One Chance **9.00** Arctic Secrets **10.00** Ol Pejeta Diaries **11.00** Malawi Wildlife Rescue **12 noon** Orangutan Jungle School **1.00pm** Monkey Life (AD) **2.00** One Planet, One Chance **3.00** Arctic Secrets **4.00** Ol Pejeta Diaries **5.00** Malawi Wildlife Rescue

**6.00pm Orangutan Jungle School** The world's rarest orangutan arrives at the school.

**7.00 Monkey Life** Daily life at a monkey rescue centre in Dorset. (AD) **7.30** Following the rehabilitation of more than 160 neglected and abused primates. (AD)

**8.00 Island of the Monsoon** The lives of leopards in the forests of Yala National Park.

**9.00 Patagonia** How humans and animals have turned from enemies to allies in the Patagonian Andes. (AD)

**10.00 Orangutan Jungle School** As 6pm.

**11.00 Malawi Wildlife Rescue** Amanda goes to the rescue of an ensnared waterbuck.

**12 midnight** Living Beach **1.00am** Africa's Wild Horizons **2.00** Island of the Monsoon **3.00** Patagonia (AD) **4.00** One Planet, One Chance **5.00–6.00am** Arctic Secrets

**Sky Nature Sky 124** (125 Scotland) Virgin 189 BT 354/HD 369

## Eden

**9.00am** The Life of Birds (AD) **10.00** Africa (AD) **11.00** David Attenborough's Natural Curiosities (AD) **12 noon** Conquerors **1.00pm** Impossible Engineering (AD) **3.00** Forbidden History (AD) **5.00** The Life of Birds (AD) **6.00pm** Africa (AD) **7.00** David Attenborough's Natural Curiosities (AD) **8.00** Conquerors: examining the success of the king crab **9.00** Forbidden History: the possibility that Hitler faked his suicide (AD) **10.00** Impossible Engineering: Nato's Airborne Warning and Control System (AD) **11.00** The Life of Birds: examining the lives of aquatic species (AD) **12 midnight** Africa (AD) **1.00am** David Attenborough's Natural Curiosities (AD) **2.00** Conquerors **3.00** Forbidden History (AD) **3.50** The Life of Birds (AD) **4.40** Africa (AD) **5.30–6.00am** The Zoo

**Eden Sky 166** Virgin HD 176 +1 Sky 266 Virgin 376

## Animal Planet

**8.00am** Insane Pools: off the Deep End **9.00** Amanda to the Rescue (AD) **10.00** Saved by the Barn **11.00** Dr Jeff: Rocky Mountain Vet **12 noon** Insane Pools: off the Deep End **1.00pm** Amanda to the Rescue (AD) **2.00** Expedition Bigfoot **4.00** Saved by the Barn **5.00** Dr Jeff: Rocky Mountain Vet **6.00pm** Insane Pools: off the Deep End **7.00** Amanda to the Rescue (AD) **8.00** Guardians of Rescue **10.00** Alaska: the Last Frontier **11.00** Sharks of the Badlands: Greg Skomal joins Kina Scollay to test new technology for shark detecting surveillance **12 midnight** Shark Vortex **1.00am** Alaska: the Last Frontier **2.00** Saved by the Barn **3.00** Dr Jeff: Rocky Mountain Vet **4.00–5.00am** Insane Pools: off the Deep End

**Animal Planet Sky 162** (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

**6.00am LIVE PGA Tour Golf** Continued coverage of the first round of the Zozo Championship from Accordia Golf Narashino Country Club in Inzai, Japan.

**8.00** Good Morning Sports Fans

**9.00 LIVE Cricket World Cup** India v Bangladesh, the group match at Maharashtra Cricket Association Stadium in Pune.

**5.30pm** Sky Sports News

**12 midnight LIVE NFL** New Orleans Saints v Jacksonville Jaguars, a week seven game at the Superdome (kick-off 1.15am).

**4.30–6.00am LIVE PGA Tour Golf** The second round of the Zozo Championship from Inzai, Japan. Continues until 8am.

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442

**6.00am** Classic Play-Off Finals

**9.00** EFL Greatest Games

**10.00** Championship Retro

**12 noon** Championship Highlights

**12.30pm** League One and Two Goals

**1.00** Championship Highlights

**1.45** Women's Super League Football

**2.45** League One and Two Goals

**3.15** Championship Highlights

**4.30** League One and Two Goals

**5.00** Championship Highlights

**5.30** German Football: Bundesliga

**6.30** Women's Championship Show

**7.00** Championship Highlights

**8.30** German Football: previews

**9.00** League One and Two Goals

**9.30** Women's Championship Show

**10.00** A Perfect Union: Union Berlin

**10.30** Championship Highlights

**11.00** German Football: previews

**11.30** EFL Greatest Games (AD)

**12 midnight–6.00am** Scottish Premiership Highlights: 12 games

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

**6.00am LIVE PGA Tour Golf** Continued coverage of the first round of the Zozo Championship from Accordia Golf Narashino Country Club in Inzai, Japan.

**8.00** PGA Tour Champions Learning Centre **8.30** Challenge Tour Golf

**9.00** PGA Tour Champions **10.00** PGA Tour: the Cut **10.30** Challenge Tour Golf **11.00** PGA Tour Champions

**12 noon** PGA Tour: the Cut

**12.30pm** Challenge Tour Golf

**1.00 LIVE European Tour Golf**

The first round of the Andalucia Masters from Real Club de Golf Sotogrande in San Roque, Spain.

**6.00** PGA Tour Champions Learning Centre **6.30** Challenge Tour Golf

**7.00** PGA Tour Golf **11.00** European Tour Golf **12 midnight** The Players Championship Official Film (AD)

**1.00am** European Tour Golf **2.00** Golf Academy **3.00** European Tour Golf

**4.00–6.00am LIVE PGA Tour Golf** The second round of the Zozo Championship from Inzai, Japan. Continues until 8am.

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

**6.00am** Undisputed: the Story of Shields v Marshall (AD) **7.00** Boxing

**8.00** Unbeatable **8.30** Super League

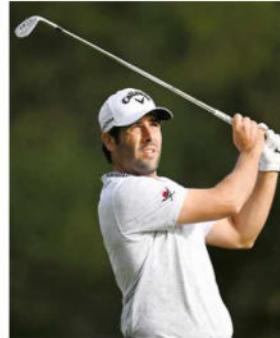
**10.00** Rugby League **11.00** Women's Super League: Grand Final **12 noon** Boxing **1.00pm** Super League: Grand Final **2.00** Women's Super League **3.00** WNBA **5.00** Super League

**6.00** Boxing **7.00** Unbeatable **7.30** Buatsi v Azeez **8.00** Undisputed: the Story of Shields v Marshall (AD) **9.00** Buatsi v Azeez: the Gloves Are Off

**9.30** Boxing **10.00** What's My Name: Muhammad Ali **11.30** Buatsi v Azeez

**12 midnight** Super League **1.00am** Rugby League **2.00** Buatsi v Azeez

**2.30** Boxing Archive (AD) **3.00** WNBA **5.00–6.00am** Super League



### European Tour Golf

**1.00pm Sky Golf** Reigning champion Adrián Otaegui

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

**6.00am** Premier League Greatest Games **7.00** Legends: double bill (AD) **8.00** Best Goals **9.00** 100 Club (AD) **10.00** Premier League Retro: Man Utd v Tottenham from 1998/99

**12 noon** Gary Neville's Soccerbox

**1.00pm** Premier League Years: the best moments of the 1994/95 season (AD) **3.00** Greatest Games **4.00** Best Goals (AD) **5.00** 100 Club (AD)

**6.00** Legends: double bill (AD) **7.00** Premier League: the Big Interview

**7.30** Premier League Stories **8.00** Gary Neville's Soccerbox **9.00** Premier League: the Big Interview

**9.30** Premier League Stories **10.00** Icons **10.30** Premier League Retro: Man Utd v Tottenham from 1998/99

**12.30am** Premier League Icons

**1.00** Premier League Years: 1995/96

**3.00** Greatest Games **4.00** Best Goals **5.30–6.00am** 100 Club (AD)

**6.00am** Premier League (AD)

**9.30** MotoGP Highlights: Indonesian Grand Prix (AD) **10.30** MotoGP Films (AD) **11.30** TNT Sports Reload (AD)

**12 noon** Motor Racing Highlights

**2.00pm** Classic Premier League (AD) **4.00** Squash **5.00** Basketball

**6.00** MotoGP Classics (AD) **9.00** UFC Countdown (AD) **10.00** Meatball Molly (AD) **11.15** Fight Week **11.45** UFC

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# Friday



**CHRISTMAS CRACKER**  
What strain will a surprise addition put on the family?

## COMEDY DRAMA **Breeders**

10.00pm, 10.30pm **Sky Comedy, SkyShowcase** Catch up via Now

"When does parenting end?" Paul (Martin Freeman) exasperatedly asks his wife Ally (Daisy Haggard). Her reply? "About the time the crematorium curtains close and the kids have put the house on Rightmove."

This grim-but-brilliant quip is typical of *Breeders*, which doesn't just add a drop of vinegar to portraying parenting on television, but pours a whole bucket of the stuff over it. Thank goodness it's back – even if this fourth series has sadly been confirmed as its last.

A time hop finds the family five years on from where we left them. Ava

and Luke are both now in their teens (and being played by new actors, Zoë Athena and *Ladhood*'s Oscar Kennedy), which only means new – and tougher – issues for Ally and Paul. One of which is a bombshell dropped among the turkey and sprouts at the Christmas dinner table that leaves the pair facing their biggest parenting challenge to date.

Clever jumps back and forth in time slowly reveal what's happened in those five intervening years, and things have not been rosy. Especially as Ally is still reeling from "the Gabby thing". **FRANCES TAYLOR**

## TRAVEL

### **Susan Calman's Grand Day Out**

8.00pm **Channel 5**  
Catch up via My5

In this week's intro Susan Calman announces she's going "full throttle" in the Lincolnshire Fens. Does that mean the exuberant comedian was going at half-speed on her previous trips? Surely not.

"I wasn't expecting that!" she squeals as she fires a "vacuum-cleaner-powered rocket monster" to test gravity, and there's more shrieking when she makes her soapbox debut, but it's when she boards a Second World War Lancaster bomber that it gets noisy.

However, her genuine enthusiasm – for everything from plum bread to a woodland "Kinema" and a 14th-century book of psalms – is infectious. **JANE RACKHAM**

## PARANORMAL

### **Uncanny**

9.00pm **BBC2** Catch up via iPlayer

Case two involves a chap called Ian who, while growing up in a pit community in 1980s County Durham, experienced weird phenomena that may be poltergeist-related. It's still traumatic for the poor guy, though I was left more worried by the fact that he's now a deputy headteacher. Surely by relating all this on TV, he'll have kids next Monday banging on his office door and running away?

Host Danny Robins does, though, treat the subject matter seriously (there are a few of his trademark "Bloody hell!" reactions). However, you may crack a smile at the sight of him in some red headwear, which matches that mackintosh of his: at one point, he's in a crimson hard hat, at another, he's wearing a vivid beanie. **DAVID BROWN**

## DRAMA

### **The Good Ship Murder**

9.00pm **Channel 5**  
Catch up via My5

There's a rather obvious way in which *The Good Ship Murder* has taken inspiration from Channel 5 cabinmate *Cruising with Jane McDonald*, in that much of the action is set on board a luxury liner. But what I've also noticed is that, like Jane, entertainment officer Jack ends each episode with a song.

In fact, it seems to be becoming a worrying trend for TV detectives to be hitting the high notes. Last year, we had Adrian Dunbar crooning away on *Ridley*. Here, it's Shayne Ward with a cover version of *Red Light Spells Danger*.

Let's hope Brenda Blethyn isn't watching or she'll be tempted to close *Vera*'s next case with *Fog on the Tyne*. **DB**

## DRAMA

### **For Life**

9.00pm **More4**

Catch up via C4 streaming  
If you're looking for an enlightened view on mental health on a Friday night, it's best to swerve this hour of TV. Progressive, it isn't. Misjudged, it most definitely is. The setting is a high-security psychiatric unit where Victoria ends up going under cover following a murder. One of the patients (or "nutcases" as she refers to them) could be guilty, so inevitably, we're treated to that tired old trope of schizophrenia or dissociative disorders being perceived as unsettling or potentially sinister.

Psychiatry, too, is depicted as suspect, while the institution itself is often shot in a gloomy half-light so that danger can lurk down every corridor. And all this in a drama that was made as recently as 2020. **DB**



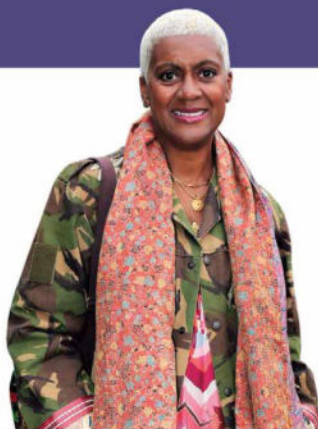
## ALSO ON TODAY

**Unreported World**  
7.30pm **C4**

Reporter Symeon Brown investigates how one influential preacher in Kenya may have led hundreds of people to their deaths.

**Gardeners' World**  
8.00pm **BBC2**

Monty replants his bearded iris, while Arit Anderson (right) explores the pros and cons of artificial grass. *YRT Gardening: p134*

**Have I Got News for You**  
9.00pm **BBC1**

Bill Bailey is the host, and comedian Daliso Chaponda and journalist Helen Lewis are the guests.

## GAME SHOW

**Jon and Lucy's Odd Couples**

10.00pm **C4** Catch up: C4 streaming

The irony of bickering comedian couple Jon Richardson and Lucy Beaumont – whose on-screen shtick is fuelled by marital resentment – is that their marriage must be made of rock. How else could it withstand barbs about never having sex or living a life of stale regret? A previously unaired episode of their game show sees *Made in Chelsea* stars Jamie Laing and Sophie Habboo and comedians Rachel Parris and Marcus Brigstocke testing their relationships. The latter are especially entertaining. Brigstocke admits to being so randy that they have a “blocker” cushion between them in bed. “Instead of a pillow we use a corridor,” cracks Richardson. **STEPHEN KELLY**

## MUSIC

**My Life as a Rolling Stone** From 10.25pm **BBC4**

Catch up via iPlayer

As the Stones reached their 60th anniversary last year, BBC4 showed individual interviews with Mick Jagger, Keith Richards, Ronnie Wood and the late Charlie Watts. They're all reliably entertaining, though don't expect too many revelations: while Altamont, drug busts and shared girlfriends are touched on, Brian Jones, Bill Wyman and Mick Taylor only get a passing mention. But then as Mick says, “Most documentaries repeat the same mythology over and over.” However, it is liberally illustrated with archive footage and interviews with the likes of Sheryl Crow and Chrissie Hynde.

All four episodes are being shown back to back, preceded at 9pm by footage of a 1978 concert. **JR**

## CHAT

**The Graham Norton Show**

10.40pm **BBC1** Catch up via iPlayer

The naming of autobiographies by *Star Trek* actors is, as a certain science officer would say, “fascinating”. James Doohan gave us the obvious *Beam Me Up, Scotty*, while Leonard Nimoy went for the defiant *I Am Not Spock*, only to then publish its sequel, *I Am Spock*. Now, Norton's guest Patrick Stewart has published *Making It So*, the title being a play on Captain Picard's catchphrase that I'm not sure anyone outside of the *Trek* fanbase will really understand.

Joining Sir Pat will be Nadiya Hussain (who's kept things straightforward with her book *Nadiya's Simple Spices*), and actors Ralph Fiennes and Bella Ramsey, who are, respectively, about to play Macbeth and get jailed on BBC1's *Time*. **DB**

## SITCOM

**Ghosts**

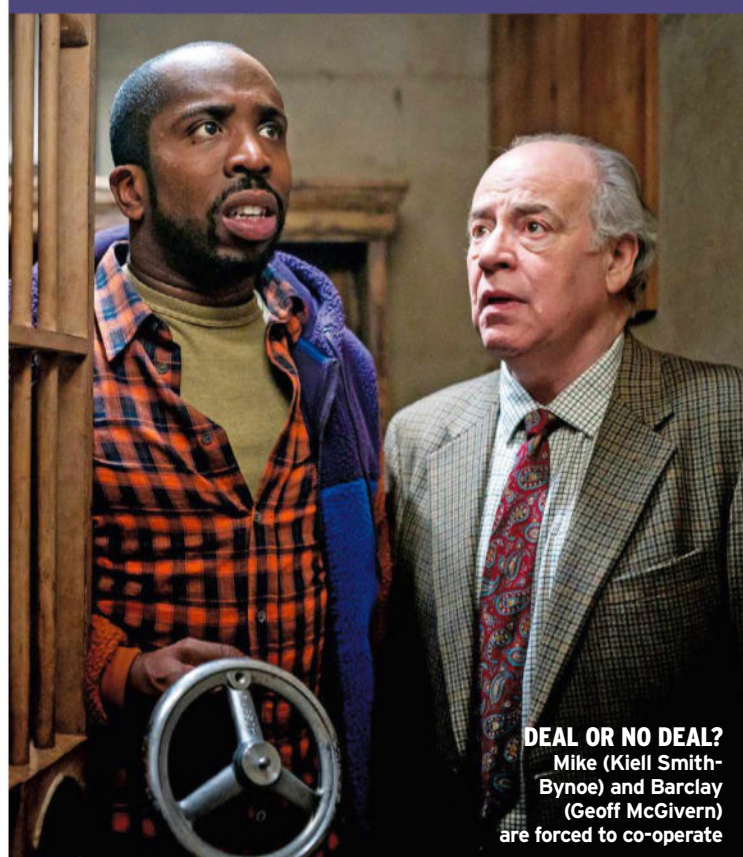
8.30pm **BBC1** Catch up via iPlayer

Mercenary neighbour Barclay is back, (the wonderful Geoff McGivern) and that can surely only mean trouble? Alison and Mike need his co-operation for any part-sale of the Button estate – but there's one dead person they need to win over, too. Into the mix, writers Mathew Baynton and Jim Howick stir blue plaques, the story of just how Kitty (Lolly Adefope) died and some apparently frivolous business with a walk-in safe.

People will mourn the passing of *Ghosts*, especially as this final series is shaping up to be the best one of all. It's elegantly constructed, generates laughs from each character quirk and has ramped up the feel-good factor.

“I still marvel at the fact that we can do this,” Ben “The Captain” Willbond once told me. And the cast of actor/writers really are an enviable collective – work must be the most fun it's possible to have while on the clock.

**MARK BRAXTON**



**DEAL OR NO DEAL?**  
Mike (Kiell Smith-Bynoe) and Barclay (Geoff McGivern) are forced to co-operate

## LIVE SPORT

**Football: Championship**  
**Rotherham v Ipswich**

7.30pm (k/o 8pm) **Sky Sports**  
**Main Event/Football**

Striker Conor Chaplin (above) has been among the goals in Ipswich's strong start to the season.

**Rugby Union: World Cup**  
**Semi-final**

7.30pm (k/o 8pm) **ITV1**

Action from the Stade de France in Paris as the tournament reaches the final-four stage.

**Cricket: ICC Men's**  
**World Cup**

**Australia v Pakistan**

9am **Sky Main Event/Cricket**  
Action from Bangalore, India.

## FILM OF THE DAY

**The Shining** ★★★★★ **15**

11.05pm **BBC2**

“Heeeeee's Johnny!” Jack Nicholson's caretaker slowly loses his mind when he whisks his wife (Shelley Duvall) and young son (Danny Lloyd) off to stay at the remote Overlook Hotel, in Stanley Kubrick's chilling adaptation of the Stephen King bestseller. (1980)

**FILM REVIEWS**  
page 107



# FRIDAY Main Channels

## DAYTIME

### BBC1

**6.00am Breakfast** Naga Munchetty, Charlie Stayt. (S) (HD)

**9.15 Rip-Off Britain Live: Cost of Living Special** The surge in fraudsters exploiting people wanting to work from home. Last in series. (S) (HD)

**10.00 Crimewatch Live** Appeals for information on the murder of Lyn Bryant. Last in series. (S) (HD)

**10.45 Caught Red Handed** A criminal poses as a bank manager to commit fraud. Last in series. (S) (HD)

**11.15 Homes under the Hammer** Catching up on one of the show's most unusual projects. (R) (S) (AD) (HD)

**12.15pm Bargain Hunt** From Berkshire. (S) (HD)

**1.00 BBC News Regional News; Weather** (S) (HD)

**1.45 Five Bedrooms 8/8 Series 4.** Everyone is frantically preparing the house to be sold. Last in series. A box set is available on iPlayer. (S) (HD)

**2.30 Money for Nothing** Sarah Moore tries to breathe new life into an old chandelier. (Revised repeat) (S) (HD)

**3.00 Escape to the Country** Alistair Appleton helps a buyer find peace and quiet in Wiltshire. (R) (S) (HD)

**3.45 The Repair Shop** An angel crafted from stained glass is restored. Last in series. (S) (AD) (HD)

**4.30-5.15 The Vintage French Farmhouse** Purchases include a cast iron umbrella stand and a mysterious pair of metal boots. Last in series. (S) (HD)

### BBC2

**6.30am Money for Nothing** Items include a set of carved dining chairs. Shown Wednesday 2.15pm BBC1 (S) (HD)

**7.15 The Vintage French Farmhouse** Harry Khwaja haggles over a jewellery box. Shown Thu 4.30pm BBC1 (S) (HD)

**8.00-9.00 Sign Zone Gardeners' World** Monty Don shares tips on what to do with windfall apples. (R) (S) (AD) (HD)

**9.00 Nicky Campbell** Calls on the day's talking points. Simulcast with Radio 5 Live. (S) (HD)

**10.00 BBC News** (S) (HD)

**11.30 Politics UK** Parliamentary proceedings. (S) (HD)

**12.15pm Politics Live** Stories from Westminster. (S) (HD)

**1.00 Impossible** Quiz with Rick Edwards. (R) (S) (HD)

**1.45 Unbeatable** Jason Manford hosts. (R) (S) (HD)

**2.15 Wanted Down Under** In Melbourne. (R) (S) (HD)

**3.00 Killer Whales: beneath the Surface** *Natural World* looks at the lives of the marine mammals, including insights into their intelligence. (R) (S) (AD) (HD)

**3.45 This Wild Life** The drought bites hard and intrepid monkeys invade the family's safari camp. (R) (S) (HD)

**4.15-5.15 Cornwall: This Fishing Life** In Newquay, lockdown restrictions begin to ease. (R) (S) (AD) (HD)

### ITV1

**6.00am Good Morning Britain** (S) (HD)

**9.00 Lorraine** Showbiz gossip and guests. (S) (HD)

**10.00 This Morning** Lifestyle features, fashion and celebrity interviews. Including **Regional Weather** (S) (HD)

**12.30pm Loose Women** The regulars and their guests put the world to rights once more. (S) (HD)

**1.30 ITV Lunchtime News Regional News; Weather** (S) (HD)

**2.00 James Martin's Great British Adventure** James heads for Exmouth in Devon and joins fellow chef Michael Caines at his restaurant. (R) (S) (AD) (HD)

**3.00-4.00 Tenable** A team of friends called the Dungeon Masters face questions based on top ten lists in a bid to win £125,000. Warwick Davis hosts. Signed repeat 5.10am (S) (HD) Followed by **Regional Weather**

### Channel 4

**6.05am Countdown** With guest John Virgo. (R) (S) (HD)

**6.45 Cheers** Double bill of the comedy. (R) (S) (HD)

**7.35 Everybody Loves Raymond** (R) (S) (AD) (HD)

**8.25 Frasier** Three episodes of the sitcom. (R) (S) (AD)

**9.55 Find It, Fix It, Flog It** A repair and upcycling shop in Buckinghamshire needs help. (R) (S) (HD)

**10.55 Renovation Nation** In Kent, things get heated between John and Nicky. (R) (S) (AD) (HD) **11.55 News** (S) (HD)

**12 noon Steph's Packed Lunch** Magazine show. (S) (HD)

**2.10pm Countdown** With guest John Virgo. (S) (HD)

**3.00 A Place in the Sun** Ben Hillman goes house-hunting in the towns and villages of Almería. (R) (S) (HD)

**4.00-5.00 The Great House Giveaway** Danielle and Alessio transform a cottage into a holiday let. (S) (HD)

## BBC1

1

**Ghosts 8.30pm**

All talk and no trousers: Barclay and Mike's business negotiations put them in a tight spot



**5.15pm Pointless**

Quiz presented by Alexander Armstrong. (R) (S) (HD)

**6.00 BBC News Weather** (S) (HD)

**6.30 Regional news magazines** (S) (HD)

**7.00 The One Show**

Hosted by Alex Jones and Roman Kemp. (S) (HD)

**7.30 Make It at Market**

With chronic fatigue syndrome, autism and ADHD, Dea is hoping her willow-weaving can help her build a home business. For artistically inclined Gemma, it's all about proving her careers advisor wrong. Can they build new lives for themselves in eight weeks?

Director Martin Connery

Executive producer Andrew Snowball (Revised rpt) (S) (HD)

**8.00 Would I Lie to You?**

Host Rob Brydon and regular team captains Lee Mack and David Mitchell are joined by guests Jo Brand, Sam Quek, Bobby Seagull and Joe Thomas. Director Barbara Wiltshire; Series producer Adam Copeland (R) (S) (HD)

**8.30 Ghosts**

**RT 3/6 Series 5. Pineapple Day.** As Alison and Mike are forced to cosy up to Barclay, the ghosts are fixated on solving the mystery of Kitty's death. A box set is available on iPlayer. **See p101.**

Kitty	Lolly Adedope	Captain	Ben Willbond
Thomas	Matthew Baynton	Carl	Michael Amariah
Julian	Simon Farnaby	Obi	Nathan Bryon
Lady Button	Martha Howe-Douglas	Barclay	Geoff McGivern
Pat	Jim Howick	Lord Pessenpugh	Dan Mersh
Robin/Humphrey's head	Laurence Rickard	Eleanor	Emma Sidi
Alison	Charlotte Ritchie	Lord Bummenbach	Rufus Wright
Mike	Kiell Smith-Bynoe	Interviewee	Mark Hampton

Writers Mathew Baynton and Jim Howick; Director Simon Hynd  
Producer Pat Tooke-Dickson (S) (AD) (HD)

**9.00 Have I Got News for You**

Bill Bailey is in the host's chair tonight, as comedian Daliso Chaponda and journalist Helen Lewis join Ian Hislop and Paul Merton for the topical quiz.

Director David Smith; Producer Jack Harris (S) (HD)

**9.30 Mrs Brown's Boys**

**3/6 Series 1. Mammy's Merchandise.** Agnes schemes to ensure Dermot and Maria pick the right best man for their wedding. A box set is available on iPlayer.

Agnes Brown	Brendan O'Carroll	Buster Brady	Danny O'Carroll
Winnie McGogogan	Eilish O'Carroll	Betty Brown	Amanda Woods
Grandad Brown	Dermot O'Neill	Maria Nicholson	Fiona O'Carroll
Cathy Brown	Jennifer Gibney	Mick	Mark Dymond
Dermot Brown	Paddy Houllihan	Mark Brown	Pat "Pepsi" Shields

Writer Brendan O'Carroll; Director Ben Kellett  
Producer Stephen McCrum (R) (S) (AD) (HD)

**10.00 BBC News Regional News; Weather** (S) (HD)

**10.40 The Graham Norton Show**

**RT** Graham chats to Sir Patrick Stewart about his memoir *Making It So*, Oscar-nominated actor Ralph Fiennes discusses his role as Macbeth in a new staging of the Shakespeare play, chef Nadiya Hussain talks about her book *Nadiya's Simple Spices*, and *The Last of Us* star Bella Ramsey reveals more about their role in the second series of *Time*. **See p101.**

Director Toby Baker; Series producer Jon Magnusson (S) (HD)

**11.30 RuPaul's Drag Race UK**

**4/10 Series 5.** The queens' comedy skills are tested as they are asked to share their pearls of wisdom and give a masterclass on "Werk, Love and Play". Award-winning actress Suranne Jones joins Michelle Visage and Alan Carr on the judging panel. A box set of previous series is available on iPlayer.

Executive producers Fenton Bailey, Randy Barbato and Tom Campbell  
Shown yesterday 9pm BBC3 (S) (HD)

**12.40am Weather for the Week Ahead** (S) (HD)

**12.45-6.00am BBC News** (S) (HD)

**BBC1** Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

## BBC2

2

**Uncanny 9.00pm**

Danny Robins analyses an apparent spectral encounter in County Durham



**5.15pm Flog It!**

Antique experts Elizabeth Talbot and Philip Serrell are at Tilbury Docks in Essex. (R) (S) (HD)

**6.00 Richard Osman's House of Games**

Myra DuBois, Charlie Hedges, Bonnie Langford and Tyler West are tested on general knowledge. (S) (HD)

**6.30 Strictly It Takes Two**

Janette Manrara presents more exclusive chat.

Series producers Sonal Patel and Judith Hay  
Executive producer Eve Winstanley (S) (HD)

**7.00 Your Garden Made Perfect**

Andrew and Paolo are looking for a way to transform their garden in Liverpool, which is dominated by a massive retaining wall. Designers Tom Massey and Pip Probert offer up their solutions via virtual reality.

Series producer Alice Almond

Executive producers Kitty Walshe and Joff Wilson (R) (S) (HD)

**RT BBC iPLAYER 7.25-9.35 Football** Live coverage of the NFL match between Cliftonville and Linfield (kick-off 7.45).

**8.00 Gardeners' World**

Monty Don replants his bearded iris in the Dry Garden, clears the greenhouse ready for winter salad crops and shows how to save money by collecting seeds from plants around your garden. Arit Anderson looks at the benefits and drawbacks of artificial grass, while Toby Buckland discovers a tranquil Japanese-themed garden in the Welsh countryside. Plus a visit to a beautiful "secret garden" in Nottingham.

Series producer Sharon Fisher; Exec producer Gary Broadhurst (S) (HD)

**RT GARDENING** Save money on a drop-in bulb planter, plus offers on a terracotta-effect window box planter and soluble fertiliser: page 135

**Your RT Gardening: page 134**

**9.00 Uncanny**

**RT 2/3.** The series featuring accounts of supposed supernatural encounters continues. As a teenager growing up in a pit community in County Durham, Ian experienced phenomena that seemed to defy rational explanation. He believes his house was haunted by an entity that would shake drawers, ring bells and even flush the toilet. What will Danny Robins and the team make of it? **See page 100.**

Director Joe Myerscough; Producer Sarah Patten (S) (HD)

**10.00 Red Dwarf**

**2/6 Series 2. Better than Life.** The crew members plug themselves into a computer game to play in a virtual world and live out their fantasies, but Rimmer's dark mind fouls things up. A box set is on iPlayer.

Arnold Rimmer	Chris Barrie	Cat	Danny John-Jules
Lister	Craig Charles	Holly	Norman Lovett

Writers Doug Naylor and Rob Grant; Director Ed Bye (R) (S) (HD)

**10.30 Newsnight** With Kirsty Wark. (S) (HD)

**11.00 Weather** (S) (HD)

**11.05 The Shining ★★★★★**

**RT** Chilling horror. Aspiring writer and recovering alcoholic Jack Torrance takes on the job of winter caretaker at a remote hotel, despite a warning about the psychological strain the isolation can cause. When he's joined by his family, his psychically gifted son Danny has visions of a terrifying ordeal. On iPlayer for 30 days. **Film of the Day: page 107.**

Jack Torrance	Jack Nicholson	Ullman	Barry Nelson
Wendy Torrance	Shelley Duvall	Grady	Philip Stone
Danny	Danny Lloyd	Lloyd	Joe Turkel
Dick Hallorann	Scatman Crothers	Doctor	Anne Jackson

Director Stanley Kubrick (1980, 15) (S) (AD) (W) (HD)

**1.00-3.10am Sign Zone 1.00 Challenging Putin: Moscow and the Mutiny - Panorama** Shown Monday 8pm BBC1 (S) (HD)

**1.30 Saving Lives at Sea 2/10.** A crew race to rescue two fossil hunters cut off by the tide in Whitby. (S) (AD) (HD)

**2.30 Eva Longoria: Searching for Mexico 1/6.** The actress meets the Coca people in the Jalisco region. (R) (S) (AD) (HD)

**BBC2** Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102



ITV1

3

**Emmerdale**

7.00pm Will David swipe his way to romance when he uses a dating app to find a match?

**4.00pm Tipping Point**

Ben Shephard hosts as three players try to hit the jackpot on the supersized arcade machine. Director Richard van't Riet. Series producer Chris Hale (S) (HD)

**5.00 The Chase**

Zandro, Deborah, Aimee and Clive take on one of the mighty Chasers. Bradley Walsh presents. Executive producers Michael Kelpie, Helen Tumbidge and Martin Scott (S) (HD)

**6.00 Regional News Weather** (S) (HD)**6.30 ITV Evening News Weather** (S) (HD)**7.00 Emmerdale**

Belle senses something is up with Tom. Jacob and Pollard encourage David as he reluctantly contacts one of the matches on his dating app.

Belle Dingle	Eden Taylor-Draper	Marlon Dingle	Mark Charnock
Tom King	James Chase	Mary Goskirk	Louise Jameson
Jacob Gallagher	Joe Warren Plant	Maira Dingle	Natalie J. Robb
Eric Pollard	Christopher Chittell	Nate Robinson	Jurell Carter
David Metcalfe	Matthew Wolfenden	Nicky Miligan	Lewis Cope
Brenda Walker	Lesley Dunlop	Nicola King	Nicola Wheeler
Ethan Anderson	Emile John	Noah Dingle	Jack Downham
Gabby Thomas	Rosie Bentham	Paddy Dingle	Dominic Brunt
Gail Loman	Rachael Gill-Davies	Rhona Goskirk	Zoe Henry
Jai Sharma	Christopher Bisson	Rodney Blackstock	Patrick Mower
Jimmy King	Nick Miles	Ryan Stocks	James Moore
Kerry Wyatt	Laura Norton	Sarah Sugden	Katie Hill
Kim Tate	Claire King	Suni Sharma	Brahmeo Shannon
Laurel Thomas	Charlotte Bellamy	Suzi Merton	Martelle Edinborough
Leyla Cavanagh	Roxy Shahidi	Tracy Metcalfe	Amy Walsh
Liam Cavanagh	Jonny McPherson	Vanessa Woodfield	Michelle Hardwick
Lydia Dingle	Karen Blick	Victoria Sugden	Isabel Hodgins
Mackenzie Boyd	Lawrence Robb	Wendy Posner	Susan Cookson
Mandy Dingle	Lisa Riley	Will Taylor	Dean Andrews
Manpreet Sharma	Rebecca Sarker	Zak Dingle	Steve Halliwell

Writer Jo Summerscales. This week's episodes produced by Kate Brooks, Laura Shaw, Hannah Cheers, directed by Paul Copeland, Neil Alderton and Marianna Dean. More cast Thu (S) (AD) (HD)

**7.30 Rugby World Cup****First Semi-Final**

Mark Pougatch introduces live coverage from the Stade de France, Paris (kick-off 8.00).

The tournament reaches the business end as the final four do battle in the semi-finals. When France last staged the World Cup back in 2007, the opening semi-final saw England shock the host nation with a 14-9 victory, thanks to a try from winger Josh Lewsey. Meanwhile, at this stage four years ago in Japan, England were triumphant once more, beating the All Blacks 19-17 with an early try from Manu Tuilagi. Who will secure their place in the final this evening? The pre-match build-up starts on ITV4 at 7pm. Editor Guney Gok (S) (HD)

In the event of extra time, subsequent programmes may run late or change

**10.30 ITV News****Weather; Regional News and Weather** (S) (HD)**11.20 Grand Slammers: inside HMP The Mount**

2/2. The England rugby union legends reach the conclusion of their challenge as they play alongside the prison inmates they have been training to beat an Australian XV. (R) (S) (AD) (HD)

**12.35am The NFL Show.** Featuring highlights from New Orleans Saints v Jacksonville Jaguars. (S) (HD)  
**1.25 All Elite Wrestling: Collision** Hard-hitting action from the USA. Shown Wednesday 11.40pm ITV4 (S) (HD)

**3.05 Angela Black 1/6.** Drama with Joanne Froggatt as a woman with a violent husband. (R) (S) (SL) (AD) (HD)  
**3.55 Unwind** A sequence to calm the mind. (S) (HD)  
**5.10-6.00am Tenable** Quiz. Shown 3pm (S) (SL) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4  
7 in Wales**Jon and Lucy's Odd Couples**

10.00pm Jon Richardson and Lucy Beaumont put love to the test

**5.00pm Help! We Bought a Village**

The owners of an ancient French hamlet open their glamping site to paying guests. Repeated 7pm 4seven (S) (HD)

**6.00 Four in a Bed**

Payment day sees Keith try to get to the bottom of the concerning cleanliness score. (S) (HD)

**6.30 The Simpsons**

**Midnight RX.** Homer is caught smuggling prescription drugs from Canada. (R) (S) (AD)

**7.00 Channel 4 News Sport; Weather** (S) (HD)**7.30 Unreported World**

**New series. Ep 1. Kenya's Christian Death Cult** Reporter Symeon Brown investigates how one preacher in Kenya may have led hundreds of men, women and children to their deaths, tracking down survivors and meeting the families searching for loved ones to uncover if it was mass suicide or mass murder. So far, 429 bodies have been exhumed from graves in Shakahola forest, where Pastor Paul Mackenzie is accused of inviting his followers to witness the end of days. He denies any wrongdoing, but now Christianity itself is on trial as authorities try to piece together what happened. Director/Producer Tom Besley (S) (HD)

**8.00 Secrets of the Middle Aisle**

1/2. Denise Van Outen reveals how Lidl and Aldi exploit our fears of missing out with the eclectic products they stack on their middle aisle shelves. Exec producers Nicole Kleeman and Fiona Blair (R) (S) (AD) (HD)

**9.00 Gogglebox**

**Ep 7.** The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions. Executive producers Mike Cotton, Leon Campbell and Victoria Ray. Repeated 11.05pm 4seven (S) (AD) (HD)

**10.00 Jon and Lucy's Odd Couples**

**RT** 6/6. Jon Richardson and Lucy Beaumont invite two more celebrity couples to test the strength of their relationships through a series of activities. *Made in Chelsea* stars Jamie Laing and Sophie Habboo take on comedians Rachel Parris and Marcus Brigstocke, who soon find themselves in flat-pack purgatory as they fumble about with furniture. **See page 101.** Series director Geri Dowd; Series producer Stevie Miller (S) (HD)

**11.05 The Inbetweeners Movie ★★★**

**RT** Comedy based on the popular TV series. Four friends go on holiday to the Greek party town of Malia, where the potent mix of sun, booze and hormones soon leads to trouble. Available to stream for 30 days. **Review p107.**

Will Simon	Simon Bird	Neil Joe Thomas	Blake Harrison
Simon Jay	James Buckley	Carli D'Amato	Emily Head
		Allison	Laura Haddock

Director Ben Palmer (2011, 15) (S) (AD) (W) (HD)

**12.55am Ramsay's Kitchen Nightmares USA** The chef helps a restaurant in Fremont, California. (R) (S) (SL) (HD)

**1.45 Spontaneous ★★★** Black comedy horror.

**P** A high-school classroom is drenched in blood when a student suddenly and inexplicably explodes... and then more teenagers start to go pop. Available to stream for 30 days.

Mara Dylan	Katherine Langford	Angela Carlyle	Piper Perabo
Tess McNulty	Charlie Plummer	Charlie Carlyle	Rob Huebel
	Hayley Law	Agent Rosetti	Yvonne Orji

Director Brian Duffield (2020, 15) (S) (W) (HD)

**3.25 Come Dine with Me** Parties in County Durham include a sophisticated French menu. (R) (S) (AD) (HD)

**5.40-5.50am Kirstie's House of Craft** Turning trash into treasure with Mexican tin art. (R) (S) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9  
24 in Scotland**My Life as a Rolling Stone**

10.25pm It's only rock 'n' roll: Mick Jagger discusses his long career

**7.00pm Top of the Pops 1995**

Bruno Brookes introduces the show first broadcast on 6 April, featuring hits by Grace, Ultimate Kaos, Terence Trent D'Arby, Corona, Pato Banton, the Bucketheads and Take That. (R) (S)

**7.30** Phill Jupitus presents the 13 April edition, with Sinéad O'Connor and Shane MacGowan, Tina Arena, Bruce Springsteen, Strike and Take That. Producer Ric Blaxill (R) (S)

**8.00 Top of the Pops 1985**

Peter Powell and Mike Read introduce performances by Shakin' Stevens, Elton John, Colonel Abrams, Jennifer Rush and a-ha. First aired on 17 October.

Producer Brian Whitehouse; Executive producer Michael Hurli. Repeated 2.55am (R) (S)

**8.30 Top of the Pops 1978**

Peter Powell introduces Showaddywaddy, Boney M, the Rolling Stones, Colorado, Buzzcocks, Frankie Miller, the Three Degrees and the Jam. From 19 October. Director Johnny Pearson; Producer Brian Whitehouse. Repeated 2.25am (R) (S)

**9.00 The Rolling Stones: Some Girls – Live in Texas**

**RT** The Rolling Stones' 1978 concert at the Will Rogers Memorial Center in Fort Worth, Texas, featuring a raw, energetic performance from the band who were promoting their latest album release *Some Girls*, which had reached the number one spot in the USA. Available on iPlayer. **See p101.** Producer Jerry Carraway, Lynn Lenau; Executive producers Terry Shand, Geoff Kempin (R) (S) (HD)

**10.25 My Life as a Rolling Stone**

**RT** 1/4. **Mick Jagger.** This intimate series profiles four members of the Rolling Stones, beginning with Mick Jagger. He's been the celebrated frontman for 60 years, and here he looks back over his life and career – from his first performances at teenage parties to the creation of a stage persona.

**11.25 2/4. Keith Richards.** The band's celebrated lead guitar player, who for many epitomises the spirit of rock 'n' roll, reflects on his career. Richards's uncompromising passion for the music he loves has driven the Rolling Stones to experiment with varying styles and genres over the decades.

**12.25am 3/4. Ronnie Wood**

Ronnie Wood was the one who helped the band regain their mojo through hard times when they needed it most. He talks about his career with the Stones since he joined in 1975.

**1.25 4/4. Charlie Watts.** A profile of the drummer who was the steady heartbeat of the band until his death in 2021, and who laid the foundation for songs loved by millions. The whole series is available on iPlayer. **See p101.** Executive producer Steve Condie and Alice Webb. Series producer Sam Anthony (R) (S) (HD)

**2.25am Top of the Pops 1978**

Shown 8.30pm (S)

**2.55-3.25am Top of the Pops 1985**

Shown 8pm (S)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1  
SCOTLAND

**7.30-8.00pm** Landward: plans to provide affordable homes for locals in Argyll **12.40am** A View from the Terrace: a sideways look at Scottish football **1.40** Weather for the Week Ahead **1.45-6.00** BBC News

BBC  
SCOTLAND

**7.00pm** The Seven **7.30** SportsScene: Championship Live: Airdrieonians v Queen's Park at Excelsior Stadium (kick-off 7.45) **10.00** Still Game: a power cut triggers a crime wave in Craiglang **10.30** A View from the Terrace: a sideways look at Scottish football **11.30-12 midnight** Burnistoun: sketches include a battle with a voice-activated lift

**STV**

**3.55-5.10am** Night Vision

**BBC1 WALES**

**11.30pm** Black Music Wales: Lemfreck looks at the often-overlooked history of Welsh black music **12.30am** RuPaul's Drag Race UK **1.40-6.00** BBC News

BBC1  
NORTHERN  
IRELAND

**7.30pm** The Fast and the Farmer-ish: to secure a place in the semi-final, the teams must master catapulating turnips **8.00-8.30** Scarlett's Driving School: Adeola has spent 13 years learning to drive, but nerves have stood in her way

Channel 5  
listings are overleaf



# FRIDAY Freeview

Channel 5

5



**The Good Ship Murder** 9.00pm  
Crime writer Stephanie St James

**5.35am Milkshake!** See page 106

**9.15 Jeremy Vine** (S) (HD)

**11.15 Storm Huntley** (S) (HD)

**12.40pm Alexis Conran** (S) (HD)

**1.40 5 News** (S) (HD)

**1.45 Home and Away** Dana and Harper wait for Cash to return with the CCTV footage. Shown yesterday 6.30pm 5 Star (S) (AD) (HD)

**2.15 She Went Missing** ★★ Thriller.

A reporter returning to her home town to look for a missing friend realises that a stalker from her past may be back, too. Director Danny J Boyle (2022) (S) (AD) (W) (HD)

**4.00 Bargain-Loving Brits in the Sun** Darren and Ricky, who run a bar in Benidorm, host a drag night. (S) (HD)

**5.00pm 5 News** (S) (HD)

**6.00 Dogs Behaving (Very) Badly** 3/15 Series 4. Graeme Hall helps a canine who barks so loudly in the car that owner Toni fears he'll cause an accident. (R) (S) (HD)

**6.55 5 News Update** (S) (HD)

**7.00 Shop Smart, Save Money** Featuring ideas for ways to get kids off screens, comparisons of the latest multicookers and how to secure the best deals on car insurance.

Directors/Producers Matthew Wenham, Rachael Martin, Ben Chambers and Kim Bunn (S) (HD)

**7.55 5 News Update** (S) (HD)

**8.00 Susan Calman's Grand Day Out**

**RT** Ep 3 Series 6. In Lincolnshire, Susan takes in the rural sights in and around the Fens. She also visits Isaac Newton's family home, Woolsthorpe Manor House, explores Lincoln Cathedral, and tries soapbox racing. See page 100. Directors Susan McGregor and Kate Baller (S) (HD)

**9.00 The Good Ship Murder**

**RT** 2/8. When the husband of a crime writer dies onboard a luxury ship in circumstances eerily similar to events in her own book, it's up to singer Jack and First Officer Kate to unravel the murderer's identity. See page 100.

Jack Grayling  
Kate Woods  
Jamil Al-Rashid  
Beverly Carnell  
Piers de Vreese  
Capt Gregory Jennings  
Stephanie St James  
Nero De Wolf  
Anoushka Barrymore (S) (HD)

Shayne Ward  
Catherine Tyldesley  
Zak Douglas  
Claire Sweeney  
Geoffrey Breton  
Vincent Ebrahim  
Terry Bamberger  
Tommaso Basilli  
Karine Ambrosio

**10.00 World's Most Expensive Cruise** The *Seven Seas Splendor* is on a Baltic odyssey, and cruise director Lorraine is laying on a variety show.

Director Myles Judd (S) (HD)

**11.05 Cricket World Cup**

Highlights of Australia v Pakistan, the group match in Bangalore. (S) (HD)

**12.05am A&E after Dark** (R) (S) (HD)

**1.05 Casino** (S) (HD) **3.05 Friends** (R) (S) (HD)

**3.55 Ben Fogle: New Lives in the Wild** (R) (S) (HD)

**4.45 Wildlife SOS** (R) (S) (SL) (HD)

**5.10 House Doctor** (R) (S) (SL)

**5.30-5.40am** Entertainment News (S) (HD)

**CS** Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105

**+1** Freeview 38 Freesat 128 Sky 205 Virgin 305

**BBC4 listings are overleaf**

BBC3

23



**The Beach** 9.00pm Richard (Leonardo DiCaprio) seeks adventure in Thailand

**7.00pm New. Crazy Fun Park**

9/10. The Fun Kids nervously watch as Chester prepares to make a choice that will change all of their "lives" for ever. (S) (HD)

**7.30 New. 10/10.** Chester, Mapplethorpe and Violetta are all forced to confront the things they most want to forget. (S) (HD)

Followed by **New. The Catch Up** (S) (HD)

**8.00 Top Gear**

The presenters search for second-hand convertibles, uncovering the pitfalls to avoid when buying a used car. Actor Simon Pegg takes to the track in the Reasonably Priced Car. (S) (AD) (HD)

**9.00 The Beach** ★★ ★★

Adventure thriller starring Leonardo DiCaprio. An American backpacker arrives in Thailand looking for adventure. Together with a young couple, he embarks on a journey to reach a mysterious island, but will they really find paradise? Available on iPlayer for 25 days. **Review page 57.** Director Danny Boyle (2000, 15) (S) (W) (HD) Shown Sunday BBC1

**10.50 New. The Bold Type**

5/16 Series 4. Inspired by Sutton's upcoming nuptials, Jane pitches the idea of a millennial slant on weddings to Jacqueline. A box set is on iPlayer. (S) (HD)

**11.30 BBC New Comedy Awards**

3/6. The best new stand-up talent. Shown Wednesday 10pm (S) (HD)

**12 midnight** Kirkmoore (S) (AD) (HD) **12.25am**

The Fast and the Farmer-ish: six editions of the competition (S) (HD) **3.25-3.55am** Hire Me: Competing for a Dream Job (S) (HD)

**BBC3 F'view** 23/HD 107 (not Scot/Wales) F'sat 179/HD 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

**ITV2**

6

**5.00am** CITV: children's programmes (HD)

**9.00** One Tree Hill (S) (HD) **10.00** Dawson's Creek (S) (HD) **11.00** Dress to Impress (S) (HD)

**12 noon** Dinner Date (S) (AD) (HD) **1.00pm** Alan Carr's Epic Game Show (S) (AD) (HD) **2.00** Chuck (S) (HD) **3.05** One Tree Hill (S) (HD) **4.00** Dawson's Creek (S) (HD) **5.00** Dinner Date (S) (AD) (HD)

**6.00pm** **Celebrity Catchphrase** Stephen Mulhern presents a celebrity edition of the game show, with Dion Dublin, Rachel Riley and Tim Vine taking part. (S) (AD) (HD)

**7.00 Alan Carr's Epic Game Show** The comedian hosts a revival of darts-themed game show *Bullseye*. (S) (AD) (HD)

**8.00 Bob's Burgers Series 12.** After Tammy and Jocelyn ridicule her shirt, Tina imagines that she has become a robot. (S) (AD) (HD)

**8.30** Tina embarks on a mission that could get her into trouble with the family. (S) (AD) (HD)

**9.00 New. Big Brother: Live Eviction**

AJ Odudu and Will Best round up what's been happening inside the house, and present the all-important eviction as one housemate is given the boot. (S) (HD)

**10.00 New. Big Brother: Late and Live**

AJ Odudu and Will Best talk to the latest housemate to be evicted and get their take on life inside the *Big Brother* house. (S) (HD)

**11.05 Family Guy Series 17.** Peter is mistakenly identified as transgender, which leads to an unexpected event. (S) (AD) (HD)

**11.35** Brian and Stewie become rivals as they compete to gain the inheritance of a wealthy, elderly heiress. (S) (AD) (HD)

**12.05am** American Dad! (S) (AD) (HD) **1.00**

Bob's Burgers (S) (AD) (HD) **2.00** Iain Stirling's CelebAbility (S) (HD) **2.45-3.00am** Unwind (S) (HD)

**ITV2** Freeview 6 Freesat 113 Sky 118 Virgin 115

**+1** Freeview 29 Freesat 114 Sky 218 Virgin 315

ITV3

10



**Doc Martin** 8.00pm The GP bumps into his ex, Sophie (Hermione Norris)

**6.00am** Classic Emmerdale (S) **7.05** Classic

Coronation Street (S) (AD) **8.10** Bless This House (S) **9.15** Where the Heart Is: 4/10

Series 9. *Sisters under the Skin*. Sally is shocked by news of Megan's pregnancy

Repeated 12.10am; **10.25 5/10. Together.** Sally bans Megan from seeing Luke. Repeated 11.0am

(S) (AD) **11.35** Heartbeat: 10/24. A cat burglar is on the prowl; **12.40pm 11/24.** Joe and

Carol travel to Australia in search of a missing person, Rosie and Carol's brother (S) (AD)

**1.40pm** Classic Emmerdale: double bill. Edna accuses Sam of ruining her life, then social

services step in and oppose Zoe's adoption plans (S) **2.40** Classic Coronation Street: double bill. Maria struggles to contain her

jealousy, then Ken gives Roy cause to believe he is not the father of Tracy's baby (S) (AD)

**3.50** Agatha Christie's Marple: *They Do It with Mirrors*. Sensing danger surrounding her

sister Carrie-Louise, Ruth van Rydock enlists the help of Miss Marple. Then Carrie-Louise's

step-brother is murdered during the dress rehearsal of an amateur stage show (S) (AD) (HD)

**5.55pm** **Heartbeat**

12/24 Series 18. Joe, Rachel and Carol find what they are looking for in Australia, but one search ends in tragedy. (S) (AD)

**6.55 13/24.** Joe races to find a missing gun and a schoolboy bent on revenge when an ex-Army teacher goes too far. (S) (AD)

**8.00 Doc Martin**

6/9 Series 10. The Ellinghams travel to London so that Martin can present his research paper, but there are a few mishaps in store for him along the way. (S) (AD) (HD)

**9.00 7/9.** The news of Martin's job offer is spreading like wildfire, but the Ellinghams are still weighing up their options. (S) (AD) (HD)

**10.00 Agatha Christie's Poirot**

*Third Girl*. Young heiress Norma Restarick tells Hercule Poirot that she may have killed someone. When her childhood nanny is found dead, it seems she was telling the truth – or was she? (S) (AD) (HD)

**12.10am** Where the Heart Is Shown 9.15/10.25am (S) (AD) **2.15-2.30am** Unwind (S) (HD)

**ITV3** Freeview 10 Freesat 115 Sky 119 Virgin 117

**+1** F'view 59 (9pm-4am) F'sat 116 Sky 219 Virgin 317

**ITV4**

26

**6.00am** World of Sport (S) (HD) **6.20**

Minder (S) (SL) (AD) **7.25** The Professionals (S) (AD) **8.25** The Saint (S) **9.35** Dempsey and Makepeace (S) (AD) **10.35** Magnum, PI (S) (AD) (HD) **11.40** BattleBots (S) (HD)

**12.40pm** The Saint (S) **1.50** Dempsey and Makepeace (S) (AD) **2.50** Magnum, PI (S) (AD) (HD) **3.50** The Professionals (S) (AD) **4.50**

Minder: Arthur's niece gets married (S) (AD)

**6.00pm New. BattleBots** With just 16 bots remaining, the victors are only two fights away from taking on the Giant Nut. (S) (HD)

**7.00 New. Rugby World Cup** Pre-match build-up to the first semi-final in Paris. (S) (HD)

**7.30 River Monsters** Jeremy Wade journeys along the Congo in Africa. (S) (AD) (HD)

**8.00 The Chase Celebrity Special** Dane Baptiste, Nigel Owens, Anita Rani and Mark Pougatch take on the chasers. (S) (HD)

**9.00 The 1% Club** Lee Mack hosts as 100 contestants try to win £100,000. (S) (AD) (HD)

**10.00 All Elite Wrestling: Dynamite** Hard-hitting wrestling action. (S) (HD)

**12.05am** River Monsters: double bill (S) (HD)

**1.05** Extreme Salvage Squad (S) (HD)

**2.00-3.00am** Minder (S) (SL) (AD)

**ITV4** Freeview 26 Freesat 117 Sky 120 Virgin 118

**+1** Freesat 118 Sky 220 Virgin 318

Drama

20



**Father Brown** 8.00pm The priest helps a fugitive seeking sanctuary

**7.10am** All Creatures Great and Small Rptd 4.20pm (S) **8.00** Doctors: double bill. Rana returns to the practice, then a boxer meets his match **9.20** Classic Holby City: new doctor Harry sets his sights on Gemma (S) (HD)

**10.40** Casualty: Jon Rowden takes up a high-risk sport to improve his esteem **11.50** The Bill: Kerry decides to drop the rape allegation

**12.50pm** Classic EastEnders: double bill. Alfie holds a 70s night in the Vic, then Sharon confronts Dennis **2.10** Pie in the Sky: 7/8 Series 5. Henry investigates a disappearance (S) **3.10** Bergerac: 4/10 Series 3 Jim spars with a jewel thief **4.20** All Creatures Great and Small: 3/16 Series 3 Every Dog Has His Day. Mrs Pumphrey's new dog has a problem Shown 7.00am **5.30** The Upper Hand: 3/19 Series 4. Caroline tries to impress

**6.05pm** **'Allo 'Allo!**

20/26 Series 5. Landmines for London René and the resistance attempt to smuggle the airmen back to England. (S)

**6.40** **Last of the Summer Wine** Series 16. **The Most Powerful Eyeballs** in West Yorkshire. Foggy's attempts to hypnotise strangers backfire. (S)

**7.20** **The Dewhursts of Ogleby Hall** Foggy makes a shocking discovery. (S)

**8.00 Father Brown**

15/15 Series 3. **The Owl of Minerva** The priest is stunned when he realises the identity of a fugitive. (S) (AD) (HD)

**9.00 1/10 Series 4. The Mask of the Demon** The priest investigates the murder of a B-movie director. (S) (AD) (HD)

**10.00 New Tricks**

2/10 Series 11. **Tender Loving Care.** The team members investigate the murder of a junior doctor, strangled in 2010. (S) (AD) (HD)

**11.20 Dalziel & Pascoe**

3/4 Series 3. **Bones and Silence.** A husband is suspected of shooting his wife. (AD)

**1.25am** **Dancing on the Edge:** Interviewing Louis: companion piece to Stephen Poliakoff's jazz-era drama (S) (AD) (HD)

**2.50-4.00am** Classic Holby City (SL)

**Drama** Freeview 20 Freesat 158 Sky 143 Virgin 116

**+1** Freeview 60 Sky 243 Virgin 316

**ITVBe**

28

**7.00am** Billie and Greg: the Family Diaries (S) (HD) **8.00** Buying and Selling (S) (HD) **9.00** LittleBe: children's programmes (HD)

**12 noon** Be Beautiful (S) (AD) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20**

The Only Way Is Essex (S) (HD) **2.05** Great Chocolate Showdown (S) (HD) **3.05 New** Million Dollar Listing: LA (S) (HD) **4.05** The Real Housewives of New Jersey (S) (HD) **5.00**

The Real Housewives of Salt Lake City (S) (HD)

**6.00pm** **Masters of Flip** Dave and Kortney try to create a family-friendly home. (S) (HD)

**7.00 Buying and Selling** A couple whose home is now bursting at the seams. (S) (HD)

**8.00 The Big Bake** The bakers are asked to make a cake depicting battles between aliens and robots. (S) (HD)

**9.00 Botched** A former pro-surfer hopes to solve a mystery and a bodybuilder strives to complete her "muscular plastic" look.

**10.00** A high-risk cancer patient fears her surgeon didn't remove all her breast tissue.

**11.00** Dr Nassif helps a man whose doctor left a thumbprint on his nose. (S) (AD) (HD)

**12 midnight** The Only Way Is Essex (S) (HD)

**12.45-1.00am** Unwind (S) (HD)

**ITVBe** Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED





## More4

18



**For Life** 9.00pm Undercover inmate Victoria Woll is haunted by the past

**8.55am** Kirstie's Vintage Gems **9.15** A Place in the Sun **10.05** A New Life in the Sun **11.05** Find It, Fix It, Flog It: double bill (AD) **1.10pm** Heir Hunters **3.10** Four in a Bed **5.50** The Secret Life of the Zoo: the chameleon meets a new mate (AD) **6.55pm** **The Dog House Australia** Zahra and Jack adore Wolfie the wolfhound, but their daughters are less than convinced. **7.55** **Grand Designs** After a career spent restoring and renovating Victorian terraces in Bolton, bricklayer Paul is embarking on one last ambitious job. He intends to hand-build a vast wooden home for £350,000. (AD) **9.00** **CHOICE New. For Life Ep 4**. In the present time period, it is revealed why Victoria doesn't have any time for psychiatrists. The team is tasked with solving the murder of a nurse at a high-security psychiatric unit. Victoria goes under cover, where she gets close to the world of psychiatric care. In Norwegian +subtitles. See page 100. **10.00** **24 Hours in A&E** A 71-year-old woman is rushed in after being knocked over by her husband's car, and her blood pressure has dropped to a critical level. (AD) **11.05** Kayley, 25, is brought in after a fall from her horse. With one leg longer than the other, doctors fear she may have a severe hip dislocation and other internal injuries. (AD) **12.10am** Eight out of Ten Cats Does Countdown **1.15** 24 Hours in A&E: double bill (AD) **3.20-3.50am** Food Unwrapped (AD)

**More4** F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scot) Virgin 347

## E4

13

**6.00am** Hollyoaks Shown Tue/Wed 7pm (AD) **7.00** Married at First Sight UK **8.00** Melissa & Joey (AD) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** The Goldbergs (AD) **12 noon** The Big Bang Theory (AD) **2.00pm** The Goldbergs (AD) **3.00** Modern Family **4.00** Married at First Sight UK **5.00** The Big Bang Theory (AD) **6.00pm** **The Big Bang Theory 18/23 Series 3**. Sheldon receives a prize. (AD) **6.30 19/23**. Sheldon competes against actor Wil Wheaton once again. (AD) **7.00** **Hollyoaks** Warren tries to make amends with his daughter, following Norma's advice. **7.30** **Young Sheldon 10/21 Series 3**. Dr Sturgis spies on Meemaw's new boyfriend. (AD) **8.00** **New. Modern Family 5/22 Series 7** Claire takes Haley and Alex into the office. **8.30** **New. 6/22**. Luke is arrested for driving without a licence. First shown on Sky Showcase **9.00** **FILM Alien: Covenant** ★★ Sci-fi horror with Katherine Waterston. A spacecraft transporting 2,000 people to colonise a remote planet is diverted by a mysterious signal. (AD) **11.25** **Naked Attraction A** 28-year-old nature lover hopes to find a girlfriend (AD) **12.30am** **Naked Attraction (AD)** **1.35** Gogglebox (SL) (AD) **2.35** First Dates (SL) (AD) **3.35** Below Deck Sailing Yacht (AD) **4.20** Brooklyn Nine-Nine (AD) **5.10-6.00am** Black-ish: double bill (AD) **E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 +1 Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 181 Sky 138 (139 Scot) Virgin 287

## Really

17

**6.00am** Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Salvage Hunters **10.00** Yorkshire Auction House **11.00** Antiques Road Trip **12 noon** Money for Nothing **1.00pm** A Place in the Sun **2.00** My 600lb Life **4.00** Animal Cops Houston (AD) **5.00** Helicopter ER **6.00** Yorkshire Auction House **7.00** Antiques Road Trip **9.00** **New**. Spooked Ireland **10.00** **New**. Ghost Adventures **12 midnight** The Dead Files **1.00am** Ghost Adventures **2.00** Home Shopping **4.00** Animal Cops Houston (AD) **5.00-6.00am** Money for Nothing **Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

**BBC News** Freeview 231 Freesat 212 Sky 503 Virgin 601 **Sky News** Freeview 233 Freesat 202 Sky 501 Virgin 603 BT 313

## Sky Arts

36



**Sign o' the Times** 10.00pm Sheila E and Prince perform his early hits

**6.00am** Darbar: Music of India **7.00** Lenny Henry's Got the Blues (AD) **8.00** The Joy of Painting: double bill **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Jodie Foster **12 noon** The Joy of Painting **1.00pm** Tales of the Unexpected (AD) **1.30** **FILM** Sherlock Holmes: Terror by Night ★★ (BW) (W) **2.45** Back to Back **4.00** Discovering: Peter Ustinov **5.00** Tales of the Unexpected (AD) **6.00pm** **Alfred Hitchcock Presents** A man hatches a plan to kill his wife. **6.30** A crime boss gives a new employee an assignment to kill another man. **7.00** **The Joy of Painting** Bob Ross depicts a cabin in a wooded setting beside a lake. **7.30** A bubbling mountain brook. **8.00** **Discovering: Joseph Cotten** A look at the life and career of the American actor. **9.00** **Guy Garvey: from the Vaults** The Elbow frontman returns to introduce more music performances from the TV archives, beginning with a selection from 1989. **10.00** **FILM Sign o' the Times** ★★ Minneapolis superstar Prince filmed during a European tour and in his Paisley Park studios. Features an appearance by Sheena Easton, singing with the star on *U Got the Look*. (W) **11.30** **Ella Fitzgerald: Just One of Those Things** The story of the jazz singer. **1.30am** Berlin Live: Simple Minds **2.45** Greatest Albums Live **3.45** Live from the Artists Den **5.00-6.00am** The South Bank Show **Sky Arts** Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 BT 350/HD 365

## 4seven

49

**9.00am** Come Dine with Me: in Eastbourne (AD) **11.30** A Place in the Sun: in Spain **1.30pm** The Great House Giveaway **2.30** Help! We Bought a Village **3.30** Come Dine with Me: dinner parties in Devon (AD) **6.00pm** **A Place in the Sun** Ben Hillman goes house-hunting in the inland towns and villages of Almería. Shown 3pm Channel 4 **7.00** **Help! We Bought a Village Ep 5 Series 2**. The owners of a French hamlet reach a major milestone. Shown 5pm Channel 4 **8.00** **The Great British Bake Off: an Extra Slice 4/10**. Jo Brand melts into Chocolate Week with the help of Paul Hollywood and some celebrity fans. Shown yesterday 8pm Channel 4 (AD) **9.00** **24 Hours in A&E** Sam, 27, who fainted and cut his lip while smoking a cigar at a barbecue, waits for his x-ray results. (AD) **10.00** **Grand Designs 3/6**. In Lincolnshire, Kevin McCloud meets Nathan and Amye, who have decided to build a cathedral-like home. (AD) **11.05** **Gogglebox Ep 7**. The households' opinions on recent TV. Shown 9pm C4 (AD) **12.05am** **Ep 6**. More frank reactions. (AD) **1.10** The Great British Bake Off: chocolate week (AD) **2.30** Taskmaster (AD) **3.35-4.50am** The Great Pottery Throw Down: retro week (AD) **4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

## Quest

12

**6.00am** How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Salvage Hunters: Classic Cars (AD) **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Shed and Buried (AD) **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00pm** Wheeler Dealers: Dream Car **7.00** Outback Opal Hunters **8.00** Salvage Hunters **9.00** **New**. Helicopter ER **10.00** **New**. Border Control Sweden **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Cops UK: Bodycam Squad **2.00** Chasing Classic Cars **3.00** Salvage Hunters: Classic Cars (AD) **4.00-5.00am** How It's Made **Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 +1 Freeview 70 Freesat 168 Sky 244 Virgin 337

## Yesterday

27



**Secrets of the London Underground** 8.00pm Clapham South's shelter

**6.10am** Warbird Workshop **8.00** Abandoned Engineering (AD) **10.00** Narrow Escapes of World War II (AD) **11.00** World War Weird **12 noon** Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash (AD) **4.00** World War Weird **5.00** Narrow Escapes of World War II (AD) **6.00pm** **Great British Railway Journeys** A trip from Pontyclun in Rhondda Cynon Taf to Ebbw Vale in Blaenau Gwent. **6.30** Michael Portillo travels from Newport, Gwent to Clevedon in Somerset. **7.00** **Antiques Roadshow** Fiona Bruce presents from Eltham Palace, South London. **8.00** **Secrets of the London Underground** Tim Dunn and Sidney Holloway explore Clapham South deep level shelter. (AD) **9.00** **Bangers and Cash: Restoring Classics** The team search for a Bugatti to restore, but with a strict budget they settle for a replica. (AD) **10.00** **Bangers and Cash** Derek heads out to pick up a pair of beautiful Swedish models – a Saab 96L and a Volvo P1800ES. (AD) **11.00** **Abandoned Engineering** Concrete channels hidden in a mountaintop forest. (AD) **12 midnight** Great British Railway Journeys **1.00-3.00am** Warbird Workshop **Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

## Dave

19

**7.10am** Exploration Volcano (AD) **8.00** Border Force: America's Gatekeepers (AD) **9.00** The Force: behind the Line **10.00** Inside the Factory **11.00** Rick Stein's Cornwall **12 noon** Storage Hunters UK: double bill **1.00pm** Top Gear: triple bill (AD) **4.00** Pointless **5.00** Rick Stein's Road to Mexico **6.00pm** **Rick Stein's Cornwall** The chef reflects on his early days running a nightclub. **6.30** Rick Stein travels to St Ives to talk about little-known artist Alfred Wallis. **7.00** **Richard Osman's House of Games** Contestants include Roger Black and Jo Brand. **7.40** Samantha Womack, Rory Reid, Anne Diamond and James Acaster compete **8.20** **QI XL** Stephen Fry puts questions to Jo Brand, David Mitchell and Phill Jupitus. **9.20** **Would I Lie to You? The Unseen Bits** Extra material from the panel show. **10.00** Ross Noble, Dara Ó Briain and Jeremy Clarkson answer questions on idleness. **11.00** **Taskmaster 1/5 Series 3**. Tasks involving vegetable propulsion and snowmen. **12 midnight** Mock the Week: double bill **1.20am** Would I Lie to You? The Unseen Bits **2.00** British as Folk (AD) **2.50** Sliced (AD) **3.30-4.00am** Whose Line Is It Anyway? USA **Dave** F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

## London Live

8

**6.00am** Space 1999 **7.00** Department S **8.00** Grand Tours of the Scottish Islands **9.00** Plane Crash Re-created **10.00** William and Mary **11.00** World War II: the Price of Empire **12 noon** Shine On Harvey Moon **1.00pm** **FILM** Lost in the Stars ★★ Musical drama starring Brock Peters **3.05** **FILM** Up in the World ★★ Comedy starring Norman Wisdom (BW) **5.00** The World's Most Extraordinary Families: what exactly makes a family in today's often complex world? **6.00** News **7.00** Monkey **8.00** **FILM** The Divide ★★ Documentary **9.40** Big City Life **10.00** **FILM** The Shape of Things to Come ★ **12 midnight** **FILM** A Shock to the System ★★ Black comedy **1.50am** Cannibals and Carpet Fitters **3.30** News Rewind **5.00-6.00am** Talking Points **London Live** Freeview 8 Sky 117 Virgin HD 159 Available in London area only. Other regional stations available on Freeview 7 or 8 around the country

## 5 USA

21

**9.00am** NCIS (AD) **10.55** Entertainment News **11.00** NCIS (AD) **12 noon** Law & Order **6.00pm** NCIS Series 9. Four episodes. The team crosses paths with missing NCIS agent EJ Barrett **7.00** A Navy lieutenant commander's body is discovered in an apartment **8.00** A man pulls a gun on Gibbs at a diner **9.00** A Navy captain leading a double life as a masked vigilante is killed (AD) **10.00** Law & Order: Special Victims Unit Series 6. Double bill. The team uncovers a prostitution ring, then a teenage TV celebrity is attacked **12 midnight** Criminal Minds: two episodes **1.50am** Lucifer: Charlotte accidentally burns a man to death **2.50** Law & Order **3.35-4.00am** Criminals: Caught on Camera: footage of a shop raid **5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) +1 Freesat 130 Sky 241 Virgin 320

## 5 Star

32

**8.00am** Bargain-Loving Brits in the Sun **10.00** Casualty 24/7: Every Second Counts **11.00** GPs: behind Closed Doors (AD) **12 noon** Traffic Cops **2.00pm** Police Interceptors **5.00** Car Pound Cops: Give Me My Car Back! **6.00pm** **Home and Away** Dana and Harper wait for Cash to return. Shown 1.45pm C5 (AD) **6.30** **New**. Mail plays piggy in the middle. (AD) **7.00** **GPs: behind Closed Doors** Dr Sarah Kayat helps a recovering alcoholic. **8.00** **Million Pound Motorhomes** Gok Wan decides to try out a luxury motorhome. **9.00** **FILM Battleship** ★★ Sci-fi action adventure starring Liam Neeson. Three ships, which are part of an international fleet on manoeuvres near Hawaii, are cut off by a force field when alien craft attack. **11.40** **FILM Double Jeopardy** ★★ Action thriller starring Tommy Lee Jones. While serving a prison sentence for the murder of her husband, a crime she has always denied, Libby Parsons makes a shocking discovery. **1.50am** Evil Up Close: Women Who Kill (AD) **2.35-3.00am** Home and Away (AD) **5 Star** Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 +1 Freesat 141 Sky 228 (229 Scot) Virgin 326

## 5 Action

33

**9.00am** Entertainment News **9.10** Winter Road Rescue **9.45** Trucking Hell (AD) **10.45** Traffic Cops: Motorbike Mayhem **11.45** **FILM** Young Billy Young ★★ Modern adventure starring Robert Mitchum. Review page 107 **1.30pm** **FILM** Hellfighters ★★ Adventure starring John Wayne **4.00** Trucking Hell: Buzz is sent to rescue a double decker articulated lorry **5.00** Traffic Cops **6.00pm** **Police Interceptors** Liam and his dog Vader bring down a fleeing suspect. **7.00** A rookie police dog chases a burglar. **8.00** Officers race to stop a drink-driver heading the wrong way into the M6. **9.00** **Police: Night Shift 999** PC Merchant is on patrol on the M5 when he spots a man driving while watching something on his phone. **10.00** **Motorway Cops: Catching Britain's Speeders** PC Matt Turner stops a vehicle with links to drug dealing in Macclesfield. **11.00** **Car Crime: Caught On Camera** Witnessing a car crime bonanza captured by drones, CCTV, dashcams and police bodycams. **12 midnight** **Police Interceptors 1.00am** Fights, Camera, Action! **2.00-3.00am** Sinkholes **5 Action** Freeview 33 Freesat 132 Sky 150 Virgin 130

## 5 Select

46

**9.00am** Cash in the Attic (AD) **11.00** The Yorkshire Vet **1.00pm** World's Most Scenic Railway Journeys **2.00** The Yorkshire Vet **4.00** The Highland Vet **5.00** Ben Fogle: New Lives in the Wild: in Guatemala **6.00pm** **World's Most Scenic Railway Journeys** Following the Rocky Mountaineer. **7.00** **Britain's Dog Poo Scandal** Alexis Conran investigates the problem of dog poo. **8.00** **Challenge Anneka** A food hub charity. **9.35** **Eurovision: Secrets and Scandals** Uncovering what goes on behind the scenes. **10.35** **New. Forged in Fire** Two smiths forge Japanese General Yamashita's gunto. **11.35** **Egypt's Sunken City: Drain the Oceans** The ancient city in the Nile Delta. **12.35am** Forged in Fire: two episodes **2.30-3.00am** Walking Victoria Britain: Anyko Nubia explores Edinburgh **5 Select** F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

**FREEVIEW TV and film channels continue overleaf**



# FRIDAY Freeview & films



**The Catherine Tate Show**  
11.00pm Nan has a rant

**6.10am New.** Changing Rooms Australia **7.00** My Dream Home **8.00** Tipping Point **10.00** DIY SOS: the Big Build **12 noon** Rochelle Humes: Interior Designer in the Making (AD) **1.00pm** Tipping Point **4.00** My Dream Home

**6.00pm Property Brothers: Forever Homes** Updating a tired home in Las Vegas.

**7.00 DIY SOS: the Big Build** A new home for a Rotherham man who suffered a brain injury.

**8.00 999 Rescue Squad** A skier suffers a suspected brain injury.

**9.00 24 Hours in A&E** A 52-year-old cyclist is rushed in after being hit by a car.

**10.00 Ski A&E** The changing weather causes difficulties.

**11.00 The Catherine Tate Show** Featuring the foul-mouthed Nan.

**11.40** Nan visits a pound shop. **12.20am** Peter Kay guest stars. (AD)

**1.00** Plate of Origin **2.20-3.00am** Inside the Ambulance

**W F** View 25 **F**sat 156 **Sky** 132 (133 Scotland) **Virgin** 125 **+1 Sky** 232 (233 Scotland) **Virgin** 325

## Sky Mix [11]

**7.00am** Border Security USA (AD) **8.00** Nothing to Declare (AD) **9.00** Motorway Patrol **10.00** Highway Cops (AD) **11.00** Highway Patrol (AD) **12 noon** Motorway Patrol **1.00pm** Border Patrol **2.00** Border Security USA (AD) **3.00** Nothing to Declare: double bill (AD) **4.00** Stargate Atlantis **5.00** Stargate SG-1

**6.00pm** Star Trek: Enterprise: Tucker falls pregnant **7.00** Star Trek: Voyager **8.00** NCIS: Los Angeles: Callen and Sam try to track down a Russian bomber aircraft **9.00 FILM** Tina ★★★★★ Music documentary exploring the life and music of Tina Turner.

**Review p107** (AD) (W) **11.10** Snapped **12.05am** How I Caught the Killer (AD)

**1.00** Brit Cops: War on Crime **2.00** Road Wars **3.00** Highway Patrol (AD) **4.00** Motorway Patrol **5.00-6.00am** Highway Cops: double bill

**Sky Mix F**view 11 **F**sat 144 **Sky** 151 **Virgin** 135

## HGTV [44]

**7.00am** The Restoration Man **8.00** The Great Interior Design Challenge **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Fantasy Homes by the Sea **12 noon** The Restoration Man **1.00pm New.** Bargain Mansions **2.00** Flip or Flop Atlanta **3.00** The Great Interior Design Challenge **4.00** Escape to the Country **5.00** The Restoration Man **6.00** A Place in the Sun **7.00** Fantasy Homes by the Sea **8.00** Escape to the Country **9.00** Your Garden Made Perfect **10.00** Inn the Works **11.00** Bargain Mansions **12 midnight** Fantasy Homes by the Sea **1.00am** The Restoration Man **2.00** The Great Interior Design Challenge **3.00-4.00am** My Lottery Dream Home

**HGTV F**view 44 **F**sat 166 **Sky** 158 **Virgin** 191 **+1 Sky** 258 **Virgin** 391

**FREEVIEW channels continued from overleaf**



**Beat Bobby Flay: Holiday Throwdown** 9.00pm Cook-off

**6.00am** Trisha's Southern Kitchen **7.00** The Pioneer Woman **8.00** Barefoot Contessa: back to Basics **8.30 New.** The Kitchen **9.30** Chronicles Of Nadiya **11.00** River Cottage to the Core **12 noon** The Great British Bake Off **2.00pm** James Martin's French Adventure (AD) **3.00** Nadiya Bakes **4.00** Barefoot Contessa: back to Basics **5.00** The Pioneer Woman

**6.00pm** James Martin's French Adventure (AD) **7.00** The Great British Bake Off **8.00** River Cottage to the Core **9.00** Beat Bobby Flay: Holiday Throwdown: double bill. Chefs Scott Calhoun and David Feola try and take Bobby Flay down, then Alex Guarnaschelli and Randy Fenoli are saying "yes" **10.00** Nadiya Bakes: double bill.

Nadiya Hussain shares her favourite recipes for bakes with a twist, then shares the secrets of her most indulgent desserts **11.00** Diners, Drive-Ins and Dives **12 midnight** Guy's Grocery Games: four chefs battle it out **1.00am** Restaurant: Impossible **2.00-3.00am** Halloween Baking Championship

**Food Network F**view 43 **F**sat 148 **Sky** 140 (141 Scot) **Virgin** 190 **+1 Sky** 249 **Sky** 240 (241 Scot)

## Great TV [50]

**8.00am** Diagnosis Murder **9.00** Sue Thomas: F.B.Eye **11.00** Castle **1.00pm** Sue Thomas: F.B.Eye: double bill **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M\*A\*S\*H **9.00** Randall and Hopkirk (Deceased): Marty is frightened by a haunted house with a sinister secret **10.00** The Persuaders! **11.00** Return of the Saint **12 midnight** M\*A\*S\*H: four episodes **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50-5.00am** Movie News

**Great TV Freeview** 50 (limited) **Freesat** 142 **Sky** 157 **Virgin** 170 **+1 Freesat** 143 **Sky** 257

## RealityXtra [68]

**9.00am** Medical Detectives **11.00** Crimes That Shook Australia **1.00pm** Written in Blood **3.00** Medical Detectives **5.00** Crimes That Shook Australia: double bill. A serial killer who followed in his uncle's footsteps in 2010, then a Canberra student who poisoned her boyfriend's coffee in 1997 **7.00** Judge Judy: fourteen editions **1.00am** Crimes That Shook Australia **3.00** Written in Blood: double bill **4.50-6.00am** Medical Detectives

**RealityXtra Freeview** 68 **Freesat** 134 **Sky** 147 **Virgin** 172

## BBC Parliament [232]

**6.00am** Select Committees **9.30** Live House of Commons: live coverage of the day's proceedings in the House of Commons **3.00pm** House of Lords: highlights of proceedings in the House of Lords **6.00** Select Committees **9.00** Welsh First Minister's Questions: questions in the Welsh Parliament to First Minister Mark Drakeford on Tuesday 17 October **9.45-6.00am** Senedd Cymru: Welsh Parliament **BBC Parliament Freeview** 232 **Freesat** 201 **Sky** 504 **Virgin** 605



**The Bob Hoover Project** 8.35pm Bob with Harrison Ford

**8.00am** Beautiful Serengeti **8.30** Bonnie and Clyde **9.35** Pan Am: Crossing the Pacific **10.50** The Bob Hoover Project: Flying the Feathered Edge **11.55** Living in Germany at War **1.00pm** Beautiful Serengeti **1.30** Bonnie and Clyde **2.40** Pan Am: Crossing the Pacific **3.55** The Bob Hoover Project: Flying the Feathered Edge **5.00** Living in Germany at War

**6.15pm Bonnie and Clyde** The story of the famous criminal couple.

**7.25 Pan Am: Crossing the Pacific 3/3.** Defying the sceptics, the airline becomes global.

**8.35 The Bob Hoover Project: Flying the Feathered Edge** One of history's greatest aviators.

**9.40 Living in Germany at War 2/2.** Recounting the lives of the German people during the war.

**10.50 Pan Am: Crossing the Pacific As** 7.35pm.

**12 midnight** The Bob Hoover Project: Flying the Feathered Edge **1.15-2.00am** Beautiful Serengeti

**PBS America F**view 84 (1pm-12 midnight only) **Freesat** 155 **Sky** 174 **Virgin** 187

## Blaze [64]

**6.00am** Hardcore Pawn **7.20** Mega Disasters **8.15** Ancient Aliens **10.10** World's Greatest Treasure Mysteries **11.10** Britain's Most Historic Towns **12.10pm** Storage Wars **1.05** Pawn Stars **2.05** Hardcore Pawn **3.00** Ancient Aliens **6.00** Mega Disasters **7.00** Storage Wars **8.00** Dickinson's Real Deal **9.00 New.** Strangest Things: this edition focuses on a lost language, a beauty machine and something called the Disk of Strangeness **10.00 New.** What on Earth?: a mysterious Saharan crater, visible from space **11.00** Ancient Superstudies **12 midnight** World's Greatest Treasure Mysteries **1.00am** Britain's Most Historic Towns **2.00** Auction Kings **3.00** Dickinson's Real Deal **3.45** Storage Wars **4.10** Forged: Iron and Fire **5.00-6.00am** Pawn Stars

**Blaze F**view 64 **F**sat 162 **Sky** 164 **Virgin** 174

## Challenge [48]

**7.00am** The Chase: three episodes **10.00** Catchphrase (AD) **11.00** Supermarket Sweep **12 noon** Wheel of Fortune (AD) **1.00pm** Pointless Celebrities: an EastEnders special edition, featuring stars of the show Nitin Ganatra, Rita Simons, Peter Dean, Todd Cart, Shaun Williamson, Lucy Speed and Shona McGarty (AD) **2.00** Who Wants to Be a Millionaire? **3.00** Blockbusters **4.00** Bullseye: four episodes of the darts-based quiz **6.00** Who Wants to Be a Millionaire? **7.00** Weakest Link **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire?: Chris Tarrant hosts the big-prize quiz **11.00** Bullseye **12 midnight** Weakest Link **1.00am** The Chase **4.00** Who Wants to Be a Millionaire? **5.00-6.00am** Bullseye (AD) **Challenge Freeview** 48 **Freesat** 146 **Sky** 145 **Virgin** 139

## CHILDREN'S Milkshake! on C5 [202]

**5.35am** Peppa Pig **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Daisy & Ollie **6.10** Milkshake! Monkey **6.15** Peppa Pig **6.25 New.** Oggy Oggy **6.35** Odo **6.45 New.** Tweedy & Fluff **6.50** Fireman Sam **7.00** Thomas & Friends **7.10** Peppa Pig **7.20** Paw Patrol **7.35** Pip and Posy **7.50** The Adventures of Paddington **8.05** Chip and Potato **8.20** Milo **8.30** Paw Patrol **8.45** Ben and Holly's Little Kingdom **8.55** Peppa Pig **9.05-9.15am** Story Den

Full listings for Channel 5 are on p104

## CBeebies [202]

**6.00am** Colourblocks **6.05** Vegesaurus **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05 New.** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Steve and Anneswar Go Wild **8.30** My Petsaurus **8.35** Justin's House **9.00** Bing **9.10 New.** Yakka Deel **9.15** Love Monster **9.20** Diddap **9.25** Colourblocks **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Toddler Club **10.35** Tiny Wonders **10.40** Hey Duggee **10.45** Vegesaurus **10.50** Gecko's Garage **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** Nick Cope's Popcast **11.30** Down on the Farm **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Waffle the Wonder Dog **12.30** Get Well Soon **12.40** Andy's Prehistoric Adventures **1.00** Yakka Deel **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Diddap **2.25** Supertato **2.35** Go Jetters **2.45** Time for School **2.55** Small Potatoes **3.00** Andy's Dinosaur Adventures **3.15** Get Set Galactic **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Fred & Pete's Treasure Tales **4.10** Small Potatoes **4.15 New.** The Game Catchers **4.25** Bluey **4.40 New.** Supertato **4.45** Go Jetters **5.00** Hey Duggee **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** CBeebies Bedtime Stories

**CBeebies F**view 202 **F**sat 608 **Sky** 608 **Virgin** 702

## CBBC [201]

**7.00am** Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45 New.** Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.20** Monster Loving Maniacs **8.35** Hey You What If? **8.40** Operation Ouch! **9.10** Deadly **60** **9.35** Game on Grandparents **10.00** Lagging **10.25** Horrible Histories **10.50** What's Cooking Omari? **11.00** Bitesize **11.20** Ricky Wilson's Art Jam **11.35** Our School **12 noon** Danger Mouse **12.45pm** Boy Girl Dog Cat Mouse Cheese **1.30** Sketchy Comedy **1.35** Dennis & Gnasher **2.10** 4 o'Clock Club **2.40** Deadly Mission Shark **3.05** The Deep **3.30** Danger Mouse **3.40** Ninja Express **3.55** Taffy **4.00** Grizzly and the Lemmings **4.20** Boy Girl Dog Cat Mouse Cheese **4.30** Monster Loving Maniacs **4.45** Odd Squad **5.00 New.** Blue Peter **5.30 New.** Nova Jones **5.55 New.** Total Dramarama **6.40-7.00pm** Book of Dragons

**CBBC F**view 201 **F**sat 607 **Sky** 607 **Virgin** 701

## ITV Kids

Streamed on ITVX Kids, plus on ITV2 5am-9.00 and on ITVBe 9am to 12 noon

**ITV2**  
**5.00am** Captain Underpants **5.25** Scooby-Doo! **5.45** Craig of the Creek **6.10** Teen Titans Go! **6.35** Looney Tunes Cartoons **7.05** Jurassic World Camp Cretaceous **7.30-9.00am** Scooby-Doo! Abracadabra-Doo

**ITVBe**

**9.00am** Wildwoods **9.15 New.** Minibods **9.20** Lily's Driftwood Bay **9.30** The Hive **9.45** Percy's Tiger Tales **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Postman Pat **11.35** Mumfie **11.45-12 noon** Pip Ahoy!

## FILMS Film4 [14]

**11.00am Ministry of Fear ★★★** Creepily effective spy drama based on the novel by Graham Greene. **Review, right.** Ray Milland (1945, PG) (S) (AD)

**12.45pm The Quiet Man ★★★★★** Utterly charming, Oscar-winning slice of blarney in which John Wayne plays a boxer who returns to his Irish roots and falls for fiery Maureen O'Hara. John Wayne (1952, U) (S) (AD)

**3.25 The Green Man ★★★★★** Deliciously dark comedy in which hitman Alastair Sim is hindered by the attentions of vacuum cleaner salesman George Cole. (1956, PG) (S)

**5.05 The Mouse That Roared ★★★** Wry comedy starring Peter Sellers in which a tiny country declares war on America. (1959, U) (S) (AD)

**6.45pm The Pursuit of Happyness ★★★** Homeless Will Smith chases the American Dream with his young son in this affecting rags-to-riches drama. **Review, p57.** (2006, 12) (S) (AD)

**9.00 Gangs of New York ★★★** Martin Scorsese's brutal period crime drama about gang warfare in the 1860s. **Review, right.** Leonardo DiCaprio, Daniel Day-Lewis (2002, 18) (S) (AD)

**12.20am Chopper ★★★★★** Superbly stylish biographical drama about brutal Australian criminal Mark "Chopper" Read with Eric Bana in the title role. (2000, 18) (S)

**2.15-4.00am The Furies ★★** Gory horror thriller about a group of women who find themselves hunted for sport. Airlie Dodds (2018, 18) (S)

**Film4 Freeview** 14 **Freesat** 300 **Sky** 313 **Virgin** 428 **+1 F**view 47 **F**sat 301 **Sky** 314 **Virgin** 430

## Talking Pictures TV [82]

**6.00am Ensign O'Toole** TV comedy. (S) **6.30 The Gelfinige Gang ★** Plodding crime drama. Wayne Morris, Patrick Holt (1956, U) (S) **8.00 The Gilded Cage ★★** Mildly interesting but not hugely suspenseful British crime thriller. Alex Nicol (1954, PG) (S) **9.30**

**The Pickwick Papers ★★★★★** Decent adaptation of Charles Dickens's jaunty comedy stories. **Review, right.** James Hayter (1952, U) (S) **11.35 Woman in a Dressing Gown ★★★★★** Stunning depiction of a marriage gone sour. Yvonne Mitchell, Anthony Quayle (1957, PG) (S)

**1.25pm The Writing on the Wall** Documentary. **2.30 Crown Court** TV drama. (S) **3.00 In Suspicious Circumstances** TV true crime drama. (S) **4.05 Waterfront ★★**

Robert Newton drinks himself and his family into trouble in this raw drama. **Review, right.** Kathleen Harrison (1950, PG) **5.45 The Woman in Green ★★★★★** Eerie Sherlock Holmes mystery about a series of murders of women. Basil Rathbone, Nigel Bruce (1942, PG)

**7.05pm Pink String and Sealing Wax ★★** Roaring melodrama adapted from a play and set in Victorian Brighton. Mervyn Johns (1945, PG) (S)

**9.05 Steptether III ★★** The psychotic family man returns with the same killer habits in this tired second sequel. Robert Wightman (1992, 18) (S)

**11.20 Night of the Creeps ★★** Cheap but fun comedy horror in which alien slugs nest in people's brains. Jason Lively, Steve Marshall (1987, 18) (S)

**1.10am Silent Rage ★** Unintentionally hilarious action drama. Chuck Norris (1982, 18) (S) **3.15 Jail Bait ★★** Characteristically odd Ed Wood Jr melodrama about a gangster. Lyle Talbot, Dolores Fuller (1954, PG) (S)

**4.45-6.00am Shadow of Fear ★★** Paul Maxwell plays an oil mogul in this risible mystery. Clare Owen (1963, U) (S)

**Talking Pictures TV Freeview** 82 **Freesat** 306 **Sky** 328 **Virgin** 445





## FILM REVIEWS



FILM  
OF THE  
DAY

### The Shining ★★★★★

11.05pm-1.00am **BBC2**

15

**HORROR** This radical revision of Stephen King's novel (an adaptation the author never liked) focuses on the descent into madness of caretaker Jack Torrance (Jack Nicholson) after he moves into an off-season Colorado hotel with his wife (Shelley Duvall) and son (Danny Lloyd). Themes of addiction, loneliness, writer's block and domestic violence blend in a terrifying way that retain the power to unnerve. Nicholson's "Here's Johnny!" is now commonplace as a comedy catchphrase, but seeing it again in context reminds you why it's not funny. **ANDREW COLLINS** (US/UK 1980, violence, swearing, nudity, HD)

### The Pickwick Papers

★★★ 9.30-11.35am

**Talking Pictures TV**

U

**COMEDY** Charles Dickens's sprawling novel is reined in here by writer/director Noel Langley, while retaining its jaunty nature. Brimming with memorable characters, the story sees members of the Pickwick Club embarking on various adventures. Among the cast, James Hayter, Nigel Patrick and Kathleen Harrison are uniformly excellent.

**DAVID PARKINSON** (UK 1952, BW)

### Ministry of Fear

★★★ 11.00am-12.45pm **Film4**

PG

**ESPIONAGE** Paramount snapped up the rights to Graham Greene's novel because they liked the title, but ditched the plot in favour of a thriller about a mental patient (Ray Milland) who has spent two years in an asylum for killing his wife. Director Fritz Lang turns this into a creepily effective work, piled high with bravura set pieces. **ADRIAN TURNER** (US 1945, BW, HD)

### Young Billy Young

★★★ 11.45am-1.30pm **5 Action**

PG

**WESTERN** Although not Robert Mitchum's finest hour, this serviceable western is enlivened by his performance and those of Angie Dickinson and David Carradine. The Billy Young of the title

### Gangs of New York

★★★ 9.00pm-12.20am **Film4**

18

**CRIME** Martin Scorsese's riveting film about street warfare in 1860s Manhattan stars Leonardo DiCaprio as the son of a murdered gang chief. Daniel Day-Lewis is mesmerising as the volatile object of his vengeance, "Bill the Butcher". Scorsese reteams with DiCaprio for his latest film, *Killers of the Flower Moon*, in cinemas today. **IAN FREER** (US 2002, violence, swearing, sex scenes, nudity, HD)

### Tina

★★★★ 9.00-11.10pm **Sky Mix**

15

**DOCUMENTARY** This frank and ferociously funky biopic of the late Tina Turner depicts how the unwanted Tennessee sharecropper's daughter rose to fame and broke records as a solo artist. Directors Dan Lindsay and TJ Martin use a 1981 interview, in which Turner revealed the abuse meted out by her former spouse Ike, as the pivot to tell her incredible story. **AC** (US 2021, swearing, HD)

### The Inbetweeners Movie

★★★ 11.05pm-12.55am **C4**

15

**COMEDY** The first feature-length excursion for the sitcom lads sees nerdy Will (Simon Bird), lovesick Simon (Joe Thomas), oblivious Neil (Blake Harrison) and mouthy Jay (James Buckley) flying off to party in Malia, where their insecurities play out against sun and sea. The gross-out comedy is ramped right up, but a heart does still beat beneath the laddish antics. **AC** (UK 2011, swearing, HD)

### Sky Cinema picks

#### The Lego Batman Movie

★★★★★

4.00-6.00pm **Sky Animation**  
Hilarious adventure. (2017, U)  
Sky 305; Virgin 412; BT 506/514

#### The Brady Bunch Movie

★★★★

7.20-9.00pm **Sky Family**  
Nostalgic update of the hit TV comedy series. (1995, 12)  
Sky 306; Virgin 406; BT 506/520

#### Straight Outta Compton

★★★★

9.55pm-12.30am **Sky Drama**  
Biopic of rappers N.W.A. (2015, 18)  
Sky 310; Virgin 410; BT 510/524

**Films to stream from p32**  
Netflix, Amazon, Disney+ and more

### Great Movies 34

**9.00am Run to Me** ★★ Melodramatic thriller. Claire Forlani (2016)  
**11.00 A Killer in My Home** ★★ A dying man reveals he has a secret family. Bree Williamson (2020, 12) **1.00pm Together Forever Tea** ★★ Warm-hearted romcom. (2021) **2.55 The Beach House** ★★ Good-looking romantic drama. Andie MacDowell (2018)  
**4.50 Paul Blart: Mall Cop** ★★ Fitfully funny comedy. Kevin James (2009, PG)  
**6.45pm You Don't Mess with the Zohan** ★★ Heavy-handed comedy with Adam Sandler. (2008, 12)  
**9.00 The Transporter 2** ★★ Jason Statham returns in this frenetic action sequel which sees him rescue a kidnapped child. (2005, 15)  
**10.55 Only God Forgives** ★★★★★ Arty if bloody crime thriller that reteams Ryan Gosling with *Drive* director Nicolas Winding Refn. (2012, 18)  
**12.45am Ain't Them Bodies Saints** ★★ Atmospheric 1970s-set drama. Rooney Mara (2013, 15) **2.40 Wild West Chronicles 4.00-5.40am Betrayed by Lies** ★★ Convoluted drama. Amy Nuttall, Daniel Lapaine (2018, PG)  
**Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425**  
**+1 Freesat 61 (limited 10pm-5am) Sky 322**

### Great Action 42

**8.00am Wild West Chronicles 9.00 Deadly Departure** ★★ Edgy action thriller about an FBI agent. Dina Meyer (2016, 15) **10.55 The Blitz** on Coventry **12 noon Wild West Chronicles 1.00pm Gun Fury** ★★ Moody western about a rancher who chases down the gang that's abducted his fiancée. Rock Hudson (1953, U) **2.45 Four Fast Guns** ★★ Lean B-western. James Craig (1960, PG) **4.15 The Victors** ★★ Ambitious war drama showing the cost of conflict to both winners and losers. George Hamilton (1963, 12)  
**7.20pm Deadly Inferno** ★★ A fire service tries to save workers from a burning building in this lukewarm action drama. David Sutcliffe (2016, PG)  
**9.00 The Shepherd** ★★ Routine action thriller about a rogue special forces unit. Jean-Claude Van Damme (2008, 15)  
**10.55 Nowhere to Run** ★★ Jean-Claude Van Damme is a convict on the run in this action thriller. (1992, 15)  
**1.00am Bullet** ★★ Underwhelming old-school action drama about an undercover cop. Danny Trejo (2014, 15)  
**3.00-5.00am Battle Honours**  
**Great Action Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324**

### Great Movies Christmas 52

**8.00am Eve's Christmas** ★★ Time-slipping fantasy comedy. Eliza Donovan (2004, PG) **10.00 Married by Christmas** ★★ Frantic TV movie. April Bowliby (2016, PG) **12 noon A Husband for Christmas** ★★ Two office workers are persuaded into a marriage of convenience. (2016, 12)  
**2.00pm Marry Me at Christmas** ★★ A wedding planner is swept off her feet. Rachel Skarsten (2017, PG) **4.00 A Christmas Wedding Day** ★★ Undemanding romcom. (2012, PG)  
**6.00pm Will You Merry Me** ★★ Uninspired comedy in which two families come together. (2008, PG)  
**8.00 My Christmas Francé** ★★ Flat romcom. Jennifer Freeman (2022)  
**10.00 A Bride for Christmas** ★★ Light-hearted romcom about a woman looking for Mr Right. (2012, PG)  
**12 midnight A Perfect Christmas** ★★ Sugary romance. Claire Coffee (2012)  
**2.00am Highway to Heaven 3.00-5.00am Love for Christmas** ★★ Sugary romantic comedy. (2012)  
**Great Movies Christmas Freeview 52 Freesat 303 Sky 319 Virgin 424**  
**+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320**

### Sky Premiere

**6.00am Maggie Moore(s)** ★★★★★ A sheriff and a nosy neighbour team up to solve the murder of two women. Jon Hamm, Tina Fey (2023) **7.40 Champions** ★★★★★ *Bad News Bears* meets *Hoop Dreams* in this good-natured comedy drama. **Review p38.** Woody Harrelson (2023, 12) **9.50 The Fabelmans** ★★★★★ Lively late-career masterpiece from Steven Spielberg. **Review p38.** (2022, 12) **12.30pm As 6pm 2.30 As 9.50pm 4.15 Shrapnel** ★★ No nonsense action thriller. Jason Patric (2023, 15)  
**6.00pm Puss in Boots: the Last Wish** ★★★★★ The feline sets out to restore his vitality in this fun animated sequel. **Review p38.** (2022, PG)  
**8.00 65** ★★ Sci-fi romp with Adam Driver as a humanoid alien. (2023, 12)  
**9.50 Cocaine Bear** ★★★★★ This oddball thriller finds a drugged-up bear on the loose. Keri Russell (2023, 15)  
**11.40 Unwelcome** ★★ Creepy comedy horror. Hannah John-Kamen (2022, 15)  
**1.40am Swallowed** ★★ Smart, transgressive body horror. Cooper Koch (2022, 18) **3.30 Champions** As 7.40am  
**5.45 Sky Cinema Preview**  
**Sky Premiere Sky 301 Virgin 401 BT 501/HD 515 +1 Sky 312**

### Legend 41

**8.00am Walker, Texas Ranger 9.00 The Six Million Dollar Man 10.00 Star Trek: Deep Space Nine 11.00 Bigfoot** ★ No-frills sci-fi. Danny Bonaduce, Barry Williams (2012) **1.00pm 3-Headed Shark Attack** ★★ Cheap but fun sci-fi horror. Danny Trejo (2015, 15) **3.00 The Black Torment** ★★ Intriguing enough gothic horror. John Turner, Heather Sears (1964, 12) **5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi adventure series.  
**7.00 The Six Million Dollar Man** TV sci-fi series with Lee Majors.  
**8.00 Walker, Texas Ranger** TV action drama with Chuck Norris.  
**9.00 Any Bullet Will Do** ★★ Low-budget and low-key wintry western. Kevin Makely, Jenny Curtis (2018, 15)  
**11.05 An American Werewolf in Paris** ★★ Inferior but enjoyable sequel to *An American Werewolf in London*. Tom Everett Scott, Julie Delpy (1997, 15)  
**1.00am Mercy Black** ★★ Well-honed but patchy horror. Daniella Pineda (2019, 15) **2.45-4.30am Videodrome** ★★★★★ Complex and disturbing horror thriller from David Cronenberg. James Woods (1982, 18)  
**Legend F'view 41 F'sat 137 Sky 148 Virgin 149**

### HorrorXtra 69

**8.00am End of the World** ★ Awful disaster drama following a fleeing family. J Jheey Castles (2018, 15) **10.00 Farscape 11.00 The Last Sharknado: It's about Time** ★★ Wacky, time-travelling episode in the hit comedy horror series. Ian Ziering, Tara Reid (2018, 15) **1.00pm Jet Stream** ★★ The jet stream descends to ground level, threatening global catastrophe, in this hokey thriller. David Chokachi, Ruth Kearney (2013, 12) **3.00 Farscape 4.00 Star Trek 5.00 Exterminators** ★★ Greg Evigan and his team are called upon to halt an alien invasion in this sci-fi adventure. Denise Crosby (2013, PG)  
**7.00pm Farscape** TV sci-fi.  
**8.00 Star Trek** TV sci-fi drama.  
**9.00 Anna and the Apocalypse** ★★★★★ Graduating teens deal with a zombie outbreak in this festive comedy horror musical. Ella Hunt, Malcolm Cumming, Sarah Swire (2017, 15)  
**11.00 Echoes of Fear** ★★★★★ A woman inherits her grandfather's house, in this lively if unoriginal horror. Trista Robinson, Hannah Race (2018, 15)  
**1.00-3.00am** As 9pm  
**HorrorXtra F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371**



## Sky Showcase



**Breeders** 10.00pm What's next for Paul and Ally?

**6.00am** The Early Rundown **7.00** Breakfast with Anna Jones **8.00** Air Ambulance ER **9.00** Nothing to Declare **10.00** Al Murray: Why Do the Brits Win Every War? **11.00** Malawi Wildlife Rescue **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** The Simpsons

**6.30pm** **The Fresh Prince of Bel-Air** 4/26 Series 4. Will takes his baby cousin to college in a bid to impress a pretty student.

**7.00** **The Simpsons** The family and the Van Houtens visit Costa Rica.

**7.30** **The Hunger Games** ★★☆☆ Action thriller with Jennifer Lawrence. Each of 12 districts is forced to select a boy and girl to take part in a fight to the death. When her younger sister is chosen, Katniss Everdeen volunteers to take her place. **Review p67** (W)

**10.00** **New series. Breeders** **1/10** Series 4. Luke and his girlfriend drop a bombshell. **10.30** **2/10**. The reality of Luke's announcement hits home. **See p100**.

**11.00** **Warrior** 8/10 Series 3. Li Yong gets a warning from Kong Pak, and Bill returns to the force.

**12.05am** Cricket World Cup **1.05** Formula One **3.05** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** **6.00am** Motorway Patrol: double bill

**Sky Showcase** Sky 106 Virgin 109 BT 340/HD 355 +1 Sky 206

## Sky Sci-Fi

**6.00am** Most Haunted **7.00** Warehouse 13 **8.00** Home Shopping **11.00** Atlantis **12 noon** Star Trek: the Next Generation **2.00pm** Fringe **3.00** Atlantis **4.00** Stargate SG-1 **5.00** Stargate Atlantis

**6.00pm** **Star Trek: the Next Generation** 10/26 Series 7 A mission produces an unexpected twist when Data encounters a woman claiming to be his mother. **7.00** **11/26**. Worf is worried when he feels that reality is changing – but no one else notices.

**8.00** **Star Trek: Voyager** 26/26 Series 7. Janeway faces a challenge as she journeys through time in an attempt to change the past.

**9.00** **Westworld** 5/8 Series 3 Caleb is dosed with an unusual drug, and Dolores piles the pressure on Liam for access to Rehoboam. **10.10** **6/8**. As the world falls into chaos, Serac gains control of Delos, changing Charlotte's plan.

**11.20** **Chucky** 3/8 Series 2. With Jake and Devon's relationship already under strain, the discovery that multiple killer dolls exist causes Jake to propose the unthinkable. **12.20am** **4/8**. Tiffany's secrets are threatened by both the return of her children from college and a surprise intervention.

**1.20** Warehouse 13 **2.20** Star Trek: Voyager **3.15** Stargate Atlantis **4.10** **6.00am** Star Trek: the Next Generation: double bill

**Sky Sci-Fi** Sky 139 (140 Scotland) Virgin 122 BT 348/HD 363 +1 Virgin 229

## Sky Atlantic



**Billions** 9.00pm Axe has another trick up his sleeve

**6.10am** Fish Town **7.55** Six Feet Under **10.05** Ray Donovan (AD) **12.15pm** Game of Thrones (AD) **1.20** The Knick: double bill (AD) **3.30** Six Feet Under: double bill

**5.40pm** **Ray Donovan** 7/12 Series 6. With Anita's campaign getting in his way, Mac lays all of his cards on the table. (AD)

**6.45** **8/12**. Ray works to make things right with Sam, but she has her own idea of damage control. (AD)

**7.50** **Game of Thrones** 3/7 Series 7. Daenerys holds court, Cersei returns a gift and Jaime learns from his mistakes. (AD)

**9.00** **Billions** 11/12 Series 7 Chuck, Axe and Wendy square off against Prince as the intensity of the campaign increases, while the Prince Cappers' loyalties are tested as the battle comes to a head.

**10.10** **Das Boot** 3/6 Series 4 Italian fishermen take U-949 survivors Buchner and Berndt to Naples, where they meet the ragged crew of U-330.

**11.10** **4/6**. Klaus and a skeleton crew are attacked by a plane, while Schulz blackmails Hannie for information. German +subtitles.

**12.10am** Chernobyl (AD) **1.25** Guerrilla (AD) **2.25** Game of Thrones (AD) **3.35** In Treatment **4.05** **6.00am** Fish Town

**Sky Atlantic** Sky 108 (109 Wales) BT 342/HD 357 +1 Sky 208 (209 Wales)

## Sky Witness

**6.00am** Stop, Search, Seize (AD) **7.00** Border Patrol **9.00** Border Security: America's Front Line **10.00** Motorway Patrol **10.30** Highway Patrol (AD) **11.00** The Force: Manchester **12 noon** FBI (AD) **1.00pm** Bull **2.00** Caught on Dashcam **3.00** Caught Red Handed

**4.30pm** **Nothing to Declare** Series following the work of customs and immigration officers at Australia's biggest airports.

**8.00** **The Equalizer** 2/10 Series 1 McCall's ad leads her to a mother whose son has been kidnapped, and Delilah has a secret. (AD)

**9.00** **FBI: Most Wanted** Ep 10 Series 4. The team discover that the abductor of a state police detective is connected to an individual from a recent case.

**10.00** **Law & Order: Special Victims Unit** 22/22 Series 24. In the search for a revenge-for-hire crime ring, Benson and Stabler join forces. Jet's plan to hack the dark web backfires.

**11.00** **Law & Order: Organized Crime** 22/22 Series 3. Stabler and Benson are benched by the US Attorney, and Bell and Fin must lead the team on a perilous task.

**12 midnight** Blue Bloods (AD) **1.00am** FBI (AD) **2.00** Coroner **3.00** Chicago Fire **4.00** Border Security: America's Front Line **5.00** **6.00am** Stop, Search, Seize: Ireland's border force (AD)

**Sky Witness** Sky 107 Virgin 110 BT 341/HD 356 +1 Sky 207 Virgin 310

## Sky Max



**Warrior** 10.00pm Li Yong and Mai Ling prepare to celebrate

**6.00am** Supergirl **7.00** DC's Legends of Tomorrow (AD) **8.00** The Flash **9.00** Stargate SG-1 **11.00** Supergirl **12 noon** The Flash **1.00pm** NCIS: Los Angeles **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

**6.00pm** **Stargate SG-1** 3/22 Series 3. Colonel O'Neill is chosen to negotiate with the Goa'uld in a bid to decide Earth's future.

**7.00** **4/22**. Daniel Jackson suffers from hallucinations while looking into the origin of a stone tablet.

**8.00** **Strike Back: Silent War** 2/10 Series 7. Mac, Wyatt and Novin continue their hunt for the missing Russian jet. (AD)

**9.00** **The Lazarus Project** 5/8 George tries to shift the suspicion from himself by making a Lazarus employee the scapegoat. (AD)

**10.00** **New. Warrior** 8/10 Series 3 Hop Wei and Long Zii gather for Mai Ling's wedding, while Li Yong receives a grim warning from Kong Pak, and Bill returns to the force.

**11.05** **The A to Z of Horror Movies** Special guests watch some of the genre's most terror-inducing clips. (AD)

**12.05am** The Blacklist **1.00** Road Wars **2.00** The Force: North East **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** **6.00am** Highway Patrol

**Sky Max** Sky 113 (114 Wales) Virgin 111 BT 346/HD 361

## Sky Replay

**7.00am** Sixth Sense with Colin Fry (AD) **8.00** Four Weddings (AD) **10.00** Sun, Sea and A&E **11.00** UK Border Force (AD) **12 noon** Highway Patrol **1.00pm** Caught on Dashcam **2.00** Most Haunted **4.00** Quantum Leap

**6.00pm** DC's Legends of Tomorrow: double bill (AD) **8.00** Highway Patrol: double bill **9.00** FBI: the team are forced to jump into action when JOC analyst Kelly Moran is taken hostage **10.00** FBI: International: a US player from a Lithuanian basketball team goes into cardiac arrest **11.00** FBI: Most Wanted: a police detective is abducted

**12 midnight** Brit Cops: War on Crime **1.00am** Sun, Sea and A&E **2.00** A League of Their Own: US Road Trip 2.0 (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00** **6.00am** Sixth Sense with Colin Fry: double bill (AD)

**Sky Replay** Sky 152 Virgin 156

## Sky Crime

**6.00am** Highway Patrol **7.00** Motorway Patrol (AD) **8.00** Highway Cops (AD) **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Border Patrol **12 noon** Made for Murder **1.00pm** Killer in My Village **2.00** Forensics: Catching the Killer (AD) **3.00** World's Most Evil Killers (AD) **4.00** Britain's Most Evil Killers **5.00** Forensics: Catching the Killer (AD) **6.00pm** What the Killer Did Next (AD) **7.00** World's Most Evil Killers (AD) **8.00** Britain's Most Evil Killers **9.00** What the Killer Did Next (AD) **10.00** Ireland's Most Evil Killers **11.00** World's Most Evil Killers **12 midnight** as 1pm **1.00am** The Real Manhunter (AD) **2.00** An Unexpected Killer **3.00** as 9pm **4.00** Road Wars **5.00** **6.00am** Motorway Patrol

**Sky Crime** Sky 122 (123 Scotland) Virgin 121 BT 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

## Gold



**Not Going Out** 10.20pm Kate convinces Lee to get a job

**7.05am** Desmond's **7.45** Keeping Up Appearances (AD) **8.20** 2 Point 4 Children (AD) **9.00** Hi-de-Hi! **9.40** Still Open All Hours **10.20** Last of the Summer Wine **11.40** Keeping Up Appearances (AD) **12.20pm** 2 Point 4 Children (AD) **1.00** Still Open All Hours **1.40** Dad's Army **3.00** Hi-de-Hi! **3.40** Keeping Up Appearances (AD) **4.20** Still Open All Hours **5.00** Last of the Summer Wine: double bill

**6.20pm** **The Green Green Grass** Boycie takes part in a reality show. **7.00** Boycie explores his history.

**7.40** **The Good Life** Tom invents a means of transport. (AD) **8.20** Margo runs for president of the local music society. (AD)

**9.00** **Detectorists** Lance is persuaded to try hypnotherapy. (AD)

**9.40** **Dad's Army** The platoon appears in a training film.

**10.20** **Not Going Out** Lee secures a job as a caretaker.

**11.00** **The Fast Show** The Ghouls gives a tip for a football match.

**11.40** **Chewing Gum** Tracey and Ola crash a country weekend. **12.15am** Tracey pursues a guy.

**12.50** **Detectorists** (AD) **1.25** Not Going Out **2.00** The Fast Show **2.45** The Good Life (AD) **3.15** **4.00am** Chewing Gum

**Gold** Sky 110 (111 Wales) Virgin 124 BT 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

## Sky Comedy

**8.00am** Young Rock (AD) **9.30** The Fresh Prince of Bel-Air **10.00** Wellington Paranormal (AD) **11.00** The Fresh Prince of Bel-Air **11.30** Crashing (AD) **12.50pm** House of Lies **1.30** Silicon Valley **3.30** The Fresh Prince of Bel-Air **4.00** Wellington Paranormal (AD) **5.00** Young Rock (AD) **5.30** Camping: double bill (US) (AD)

**6.30** The Fresh Prince of Bel-Air **7.00** Will & Grace (AD) **8.00** The Office US: double bill **9.00** Intelligence: double bill (AD) **10.00** **CHOICE New series** Breeders: double bill of the comedy following Paul and Ally as they juggle full-time careers, ageing parents, and their children. **See p100** **11.00** New The Tonight Show Starring Jimmy Fallon **12 midnight** Sex and the City **1.00am** Girls (AD) **2.10** Bliss (AD) **3.10** House of Lies **3.45** **5.00am** Crashing (AD)

**Sky Comedy** Sky 114 (115 Wales) Virgin 112 BT 347/HD 362

## Comedy Central

**8.00am** Most Ridiculous **9.00** The Middle **11.00** Home Improvement **1.00pm** Last Man Standing **2.00** Friends (AD) **6.00pm** Friends: six episodes. Ross learns Rachel has a date **6.30** Phoebe is attracted to her twin sister's fiancé **7.00** Rachel considers moving out **7.30** Rachel tells her father she is pregnant **8.00** Brad Pitt guest-stars **8.30** Monica buys an expensive pair of boots (AD) **9.00** Al Murray: a Glass of White Wine for the Lady **10.00** New. South Park: the Streaming Wars **11.10** FILM jackass presents: Bad Grandpa ★★☆☆ **1.00am** Dignan! **1.30** South Park **3.00** The Daily Show **3.25** Criminally Funny **4.10** **5.00am** Friends (AD)

**Comedy Central** Sky 112 (113 Wales) Virgin 132 BT 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

## Alibi



**Death in Paradise** 9.00pm New officer Ruby Patterson

**7.10am** Murdoch Mysteries: double bill **9.00** Rizzoli & Isles (AD) **10.00** Hudson & Rex (AD) **11.00** Without a Trace **12 noon** Frankie Drake Mysteries (AD) **1.00pm** Death in Paradise (AD) **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles (AD) **5.00** Hudson & Rex (AD)

**6.00pm** **Without a Trace** 18/23 Series 3. Jack and the team look into the disappearance of a church choir member.

**7.00** **Elementary** 6/24 Series 2 Captain Gregson's home is invaded by a masked gunman.

**8.00** **Death in Paradise** 2/8 Series 8. Jack has a mystery to solve when zoo owner Xander Shepherd is killed by a tranquilliser dart in an empty park. (AD)

**9.00** **2/8** Series 2. A nun is found dead in a smoke-filled bedroom in what seems like an accident. (AD)

**10.00** **Shakespeare and Hathaway: Private Investigators** 1/10 Series 1. Frank Hathaway finds a partner in Lu Shakespeare when the pair come together to catch a killer. (AD)

**11.00** **Person of Interest** 12/13 Series 5. Reese and Shaw race to catch up with Finch.

**12 midnight** Elementary **1.00am** Hudson & Rex (AD) **2.00** **4.00am** Evil: double bill (AD)

**Alibi** Sky 109 (110 Wales) Virgin 114 BT 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

## Discovery

**6.00am** Diesel Brothers **7.00** Deadliest Catch **9.00** Alaska: the Last Frontier (AD) **10.00** How It's Made **11.00** Wheeler Dealers **12 noon** Salvage Hunters **1.00pm** Deadliest Catch **3.00** Alaskan Bush People **4.00** Blowing Up History **5.00** Wheeler Dealers

**6.00pm** Salvage Hunters **7.00** Wheeler Dealers (AD) **8.00** Gold Rush: after years of not speaking, Rick asks Parker for a favour **9.00** New Expedition Bigfoot: strange sounds lead to a disturbing discovery for Ronny and Mireya **10.00** Monster Mako: Fresh Blood: Dr Austin Gallagher and his team get up close with predators in the shark deep **11.00** Expedition Unknown (AD)

**12 midnight** How the Universe Works **1.00am** Expedition Bigfoot **2.00** Monster Mako: Fresh Blood **3.00** New Gold Rush **4.00** **5.00am** Bitchin' Rides

**Discovery** Sky 125 (126 Scotland) Virgin 177 BT 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

## Discovery History

**6.00am** Expedition Unknown **7.00** Tony Robinson's World War One **8.00** Unsolved History **9.00** Combat Dealers (AD) **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** How It's Made **1.00pm** Combat Dealers **2.00** Tony Robinson's World War One **3.00** Salvage Hunters **4.00** Mysteries at the Museum **5.00** Wings of War **6.00pm** Combat Dealers (AD) **7.00** Expedition Unknown **8.00** HMS Ark Royal: a tanker is called to help refuel the aircraft carrier (AD) **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 midnight** How It's Made **1.00am** Combat Dealers **2.00** Salvage Hunters **3.00** Combat Dealers **4.00** **5.00am** Salvage Hunters: the Restorers

**Discovery History** Sky 177 Virgin 181 +1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

READER OFFER An exclusive collaboration with Emma Bridgewater for the RadioTimes centenary





## Sky Documentaries



### Terry Venables: a Man Can Dream 10.00pm

The Last Movie Stars (AD) 7.30 Premier League Legends: Paolo Di Canio (AD) 8.00 The Directors (AD) 9.00 Cured 12.30 My Icon: Jonnie Peacock (AD) 10.55 Saviour Complex 12 noon The Scheme 2.10pm No Accident 4.00 The Directors: the life and career of Alexander Payne (AD) 5.00 Discovering: Jeff Goldblum: a profile of the American actor

6.00pm Windrush and Us The experiences of the descendants of postwar West Indian immigrants.

7.00 I Am Patrick Swayze A tribute to the American actor. (AD)

8.50 My Icon: Anthony Joshua The heavyweight boxer talks about one of his idols. (AD)

9.00 House of Kardashian A sex tape of Kim Kardashian emerges, leading to a stratospheric reality show that catapults the family's name around the world.

10.00 Terry Venables: a Man Can Dream The life and times of the former football manager, intertwined with the story of England's run at Euro 96. (AD)

12 midnight David James: the One and Only (AD) 1.30am Premier League Legends (AD) 2.00 GoldenEra (AD) 4.00 The Directors: Alexander Payne (AD) 5.00-6.00am Discovering: Jeff Goldblum

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 BT 352/HD 367

## Nat Geographic

8.00am Food Factory 9.00 Air Crash Investigation (AD) 10.00 Inside Incredible Machines 11.00 Building Impossible with Daniel Ashville (AD) 12 noon Car SOS (AD) 1.00pm Europe from Above 2.00 Air Crash Investigation (AD) 3.00 World War II: Secrets from Above (AD) 4.00 Draining the Thames: Secrets Revealed (AD) 5.00 Car SOS 6.00 Lost Treasures of Egypt 7.00 Air Crash Investigation: an investigation into an Alaska Airlines crash in 2000 (AD) 8.00 Engineering New York Super Airport (AD) 9.00 Air Crash Investigation 10.00 Banged Up Abroad 11.00 Air Crash Investigation 12 midnight Airport Security: First Class 1.00am Banged Up Abroad 2.00 Bid and Destroy 2.55 Exotic Animal ER: Double Dose 3.45-5.00am Prairie Dog Dynasty: triple bill

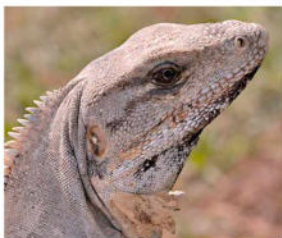
Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

## Sky History

6.00am Storage Wars 7.00 Forged in Fire 8.00 American Pickers 9.00 Pawn Stars Do America 10.00 Al Murray: Why Does Everyone Hate the English? 11.00 Treasures Decoded 12 noon Auction Hunters 1.00pm Storage Wars 2.00 Alien Files: Unsealed 4.00 Digging for Britain 5.00 Pawn Stars Do America 6.00pm American Pickers 7.00 Forged in Fire 8.00 Ancient Aliens 9.00 WW2 Air Crash Detectives: the crash of a transport plane in 1944 10.00 Air Crash: Disasters Uncovered 11.00 Beyond Skinwalk Ranch 12 midnight Pawn Stars Do America 1.00am Storage Wars: double bill 2.00 Sex: a Bonkers History 3.00 Ancient Aliens 4.00 Digging for Britain 5.00-6.00am Auction Hunters

Sky History Sky 123 (124 Scotland) Virgin 131 BT 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

## Sky Nature



### Living Beach 8.00pm

A spiny-tailed iguana in Mexico

6.00am Hope for Wildlife 7.00 Monkey Life: double bill (AD) 8.00 One Planet, One Chance 9.00 Arctic Secrets 10.00 Ol Pejeta Diaries 11.00 Malawi Wildlife Rescue 12 noon Orangutan Jungle School 1.00pm Monkey Life (AD) 2.00 One Planet, One Chance 3.00 Arctic Secrets 4.00 Ol Pejeta Diaries 5.00 Malawi Wildlife Rescue

6.00pm Orangutan Jungle School Dominant male Pujon is on a time-out after attacking Alba.

7.00 Monkey Life Daily life at a Dorset monkey rescue centre. (AD) 7.30 Following the rescue of neglected and abused primates. (AD)

8.00 Living Beach The vast array of wildlife along the coast of Mexico's Yucatán Peninsula.

9.00 Wild Dogs: Pack vs Pride Julz tracks the Kakuli pack and a Manzi faction that has broken away. 9.30 The Kakumbi pups face off with a razor-tusked warthog.

10.00 Orangutan Jungle School As 6pm.

11.00 Malawi Wildlife Rescue Returning a monkey to the wild.

12 midnight Big Cat Country 1.00am Deadly Australians 2.00 Living Beach 3.00 Wild Dogs: Pack vs Pride 4.00 One Planet, One Chance 5.00-6.00am Arctic Secrets

Sky Nature Sky 124 (125 Scotland) Virgin 189 BT 354/HD 369

## Eden

9.00am The Life of Birds (AD) 10.00 Africa (AD) 11.00 David Attenborough's Natural Curiosities (AD) 12 noon Conquerors 1.00pm Impossible Engineering (AD) 3.00 Forbidden History (AD) 5.00 The Life of Birds (AD) 6.00pm Africa (AD) 7.00 David Attenborough's Natural Curiosities (AD) 8.00 Conquerors: documentary examining the success of the fire ant 9.00 Forbidden History: the mystery of the man in the iron mask (AD) 10.00 Impossible Engineering: a floating bridge in Seattle, one of the world's longest such structures (AD) 11.00 The Life of Birds (AD) 12 midnight Africa (AD) 1.00am David Attenborough's Natural Curiosities (AD) 2.00 Conquerors 3.00 Forbidden History (AD) 3.50 The Life of Birds (AD) 4.40 Africa (AD) 5.30-6.00am The Zoo

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

## Animal Planet

8.00am Insane Pools: off the Deep End 9.00 Amanda to the Rescue (AD) 10.00 Saved by the Barn 11.00 Dr Jeff: Rocky Mountain Vet 12 noon Insane Pools: off the Deep End 1.00pm Amanda to the Rescue (AD) 2.00 The Aquarium 4.00 Saved by the Barn 5.00 Dr Jeff: Rocky Mountain Vet 6.00pm Insane Pools: off the Deep End 7.00 Amanda to the Rescue (AD) 8.00 Intruders 9.00 Monsters inside Me: an infection threatens a college student's eyeball 10.00 Alaska: the Last Frontier 11.00 Monsters inside Me 12 midnight Guardians of Rescue 1.00am Alaska: the Last Frontier 2.00 Saved by the Barn 3.00 Dr Jeff: Rocky Mountain Vet 4.00-5.00am Insane Pools: off the Deep End

Animal Planet Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

## SPORT

### Sky Main Event

Sky 401 Virgin 511/HD 501 BT 420/HD 440

6.00am LIVE PGA Tour Golf Continued coverage of day two of the Zozo Championship in Japan.

8.00 Good Morning Sports Fans 9.00 LIVE Cricket World Cup Australia v Pakistan, coverage of the group match in Bangalore.

5.30pm LIVE Formula One US Grand Prix, first practice session.

7.30 LIVE Championship Football Rotherham United v Ipswich Town (kick-off 8.00).

10.00 LIVE Formula One US Grand Prix qualifying (start 10.00).

1.00am LIVE WNBA Las Vegas Aces v New York Liberty, game five of the Finals (tip-off 1.00).

3.00-5.30am Sky Sports News

### Sky Football

Sky 403 Virgin 513/HD 503 BT 422/HD 442

6.00am Classic Play-Offs 9.00 EFL Greatest Games 10.00 Championship Retro 12 noon German Football

12.30pm Women's Championship Show 1.00 A Perfect Union 1.30 Championship Highlights: four games

2.30 German Football 3.00 League One and Two Goals 3.30 Women's Championship Show 4.00 A Perfect Union 4.30 Championship Highlights

5.00 German Football: previews 5.30 Championship Highlights

6.00 Women's Championship Show 6.30 German Football: previews 7.00 Championship Highlights

7.30 LIVE Championship Football Rotherham United v Ipswich Town (kick-off 8.00).

10.30 Women's Championship Show 11.00 EFL Greatest Games

1.00am League Cup Retro 2.00 Classic Play-Offs 5.00-6.00am Championship Season Review (AD)

### Sky Golf

Sky 405 Virgin 515/HD 505 BT 424/HD 444

6.00am LIVE PGA Tour Golf Continued coverage of day two of the Zozo Championship in Japan.

8.00 European Tour Golf 9.00 PGA Tour Champions Learning Centre 9.30 Challenge Tour Golf 10.00 European Tour Golf 11.00 PGA Tour Champions

12 noon European Tour Golf

1.00pm LIVE European Tour Golf Round two of the Andalucia Masters from Real Club de Golf Sotogrande in San Roque, Spain.

6.00 PGA Tour Champions 7.00 PGA Tour Golf 11.00 European Tour Golf

12 midnight PGA Championship Official Films (AD) 1.00am European Tour Golf 2.00 School of Golf (AD)

3.00 European Tour Golf: highlights 4.00-6.00am LIVE PGA Tour Golf The Zozo Championship, day three. Continues until 8am.

### Sky NFL

Sky 407 Virgin 517/HD 507 BT 426/HD 446

6.00am Bitesize 7.00 Pro-Football Talk 9.00 Her Huddle 9.30 Gameday 10.00 NFL Highlights 11.00 Bitesize

12 noon Good Morning Football 3.30pm Highlights 4.00 Gameday 4.30 Bitesize 5.00 NFL Highlights

6.00 Pro-Football Talk 8.00 Bitesize 8.15 49 Hours 8.30 Her Huddle 9.00 NFL Highlights 10.00 Gameday 10.30 49 Hours 10.45 Bitesize 11.00 Fantasy

12 midnight Total Access 1.00am NFL Highlights 2.00 Pro-Football Talk 4.00 NFL Bitesize 5.00 Her Huddle 5.30-6.00am Jaguars Weekly UK

### Sky Sports Mix

Sky 416 Virgin 510 BT 429/HD 449

7.20-9.30pm LIVE German Football Borussia Dortmund v Werder Bremen (kick-off 7.30).

1.00-3.00am LIVE WNBA Las Vegas Aces v New York Liberty.



### Championship Football

7.30pm Sky Football Millers powerhouse Sean Morrison

### Sky Premier League

Sky 402 Virgin 512/HD 502 BT 421/HD 441

6.00am Premier League Greatest Games 7.00 Legends (AD) 8.00 Best Goals 9.00 100 Club (AD) 10.00 Total Football 5.00pm 100 Club (AD) 6.00 Legends (AD) 6.30 The Fantasy Show

7.00 Preview 7.30 The Big Interview 8.00 Fantasy Show 8.30 Soccerbox 9.00 Preview 9.30 The Big Interview

10.00 Fantasy Show 10.30 Retro 12.30am Icons (AD) 1.00 Premier League Years: 1997/98 3.00-6.00am Classic Premier League

### Sky Cricket

Sky 404 Virgin 514/HD 504 BT 423/HD 443

6.00am World Cup Highlights

9.00 LIVE Cricket World Cup Australia v Pakistan, coverage of the group match in Bangalore.

5.30pm The Fletcher Years (AD) 6.00 Classic World Cup 9.00 World Cup Highlights 11.00 Classic World Cup (AD) 12 midnight World Cup Highlights 2.00am Classic World Cup 4.30-5.30am World Cup Highlights

### Sky Arena

Sky 408 Virgin 518/HD 508 BT 427/HD 447

6.00am Rugby Union (AD) 6.30 Buatsi v Azeez: the Gloves Are Off

7.00 LIVE NPC Rugby Union The NPC final from New Zealand.

9.00 Super League: highlights 10.30 Unbeatable 11.00 Basketball 1.30pm Boxing (AD) 3.30 Buatsi v Azeez: the Gloves Are Off 4.00 Women's Super League 5.00 WNBA 7.00 Unbeatable

7.30 LIVE British Basketball League Sheffield Sharks v London Lions (tip-off 7.45).

10.00 What's My Name: Muhammad Ali 11.30 Buatsi v Azeez: the Gloves Are Off 12 midnight Boxing

1.00am LIVE WNBA Las Vegas Aces v New York Liberty.

3.00 Rugby League: highlights 3.45 LIVE International Rugby League New Zealand v Tonga, the women's Pacific Championship.

5.45-6.00am Women's Super League

### Sky F1

Sky 406 Virgin 516/HD 506 BT 425/HD 445

6.00-7.45pm LIVE US Grand Prix First practice session.

9.00-1.00am LIVE US Grand Prix Qualifying (start 10.00).

### Eurosport 1

Sky 413 Virgin 521 BT HD 412

6.00am Triathlon 7.00 Cycling 8.00 SailGP 9.00 Snooker 11.00 Speedway 1.00pm Cycling: World Championships

3.00 Snooker 5.00 Motocross 6.50 LIVE Freestyle Skiing World Cup in Chur, Switzerland.

8.40 Amsterdam Marathon 10.10 Speedway 11.05 Freestyle Skiing

12 midnight Cyclo-Cross 2.00am Superbikes 4.00-6.00am Snooker

### TNT Sports 1

Sky 410 Virgin 527 BT 408/HD 430

6.00am Champions League Classics

6.30 French Football: previews

7.00 TNT Sports Reload

9.00 Badminton: Denmark Open

11.00 LIVE Badminton The Denmark Open, coverage of the quarter-finals at the Jyske Bank Arena in Odense, Denmark.

9.30pm Premier League Preview

10.00 Wrestling: WWE action

1.00am LIVE Wrestling WWE Friday Night SmackDown action.

3.00 The Fantasy Show 3.30 Premier League Preview 4.00 Inside Serie A 4.30-5.30am Poker (AD)

### TNT Sports 2

Sky 411 Virgin 528 BT 409/HD 431

6.15am MotoGP Highlights 8.15 TNT Sports Reload (AD) 8.45 Badminton Weekly (AD) 9.00 Premier League: the Big Interview 9.30 MotoGP Rewind (AD) 9.45 TNT Sports Reload 11.45 French Football: Ligue 1 previews

12.15pm TNT Sports Reload (AD) 12.30 Squash 1.30 Basketball 2.30 French Football 3.00 Wrestling (AD) 4.45 TNT Sports Reload (AD) 5.00 Inside Serie A 5.30 The Fantasy Show

6.00 Premier League: Big Interview 6.30 Premier League Preview 7.00 Fight Week 7.30 French Football

8.00 LIVE French Football Le Havre v Lens (kick-off 8.00).

10.00 Andrew Mensah's Stand Up Kickabout 10.30 MotoGP Rewind (AD) 10.45 MotoGP Highlights

11.45-6.00am LIVE MotoGP The Australian Grand Prix, third practice and qualifying sessions; 2.30am Moto3, Moto2 qualifying; 4.30 The MotoGP sprint race.

### TNT Sports 3

Sky 417 Virgin 529 BT 410/HD 432

6.00am Down the Clubhouse (AD)

7.00 Wrestling: WWE action (AD)

9.30 LIVE Australian Rules Football Hawthorn v Richmond in the AFLW (bounce-up 9.30).

11.30 MotoGP (AD) 12.30pm Rio Ferdinand's Between the Lines 1.00 Classic Premier League (AD) 5.00 Motor Racing 7.00 Futsal

9.00 LIVE Major League Baseball Two postseason games; 12.30am More postseason action.

4.00 The Fantasy Show 4.30-6.00am Champions League Classics: three memorable matches

### TNT Sports 4

Sky 421 Virgin 530 BT 411/HD 434

6.00am Squash 7.00 Motor Racing

9.00 Joe Cole Cast 9.30 Classic Premier League (AD) 11.00 Futsal

1.00pm Major League Baseball 4.00 MotoGP (AD) 5.00 TNT Sports Reload (AD) 5.30 Major League Baseball 8.30 Champions League Magazine (AD) 9.00 Fight Week 9.30 UFC

12.30am French Football 1.30 Badminton (AD) 1.45 UFC Countdown (AD) 2.45 UFC: the Ultimate Fighter 4.45-6.00am TNT Sports Reload

### Viaplay Sports

7.55-10.00pm LIVE Spanish Football Osasuna v Granada at Estadio El Sadar (kick-off 8.00).

### Eurosport 2

Sky 414 Virgin 522 BT HD 413

6.00am Motocross 7.00 Snooker 9.00 World Superbikes 11.00 Hall of Fame 12 noon Snooker 2.00pm Climbing 3.30 Mountain Biking 4.00 Motor Racing 5.00 Cyclo-Cross

6.00 Snooker 8.00 World Superbikes 10.00 Cycling 12 midnight Motor Racing 1.00am Freestyle Skiing

2.00 Cycling 4.00 Freestyle Skiing 5.00-6.00am British Superbikes





**Archive on 4: Powell and Pressburger – Poetic Patriotism** Saturday 8.00pm Radio 4



KEVIN MACDONALD – DIRECTOR of *The Last King of Scotland* and *Touching the Void* – should be hunkered in the editing suite with a new spy thriller starring Paul Mescal.

But he's not. He's thinking of the ending of a film from 1943 – *The Life and Death of Colonel Blimp*. An old soldier stands in the flooded ruins of his bombed-out home. A single leaf floats on the water's surface. He's reflecting on the woman he loved, his place in history. "I find it so moving," says Macdonald. "It's a such a beautiful moment of realisation and transformation." Call it the Powell and Pressburger effect.

In the 1940s and 50s, director Michael Powell – balding, beady-eyed, occasionally monstrous graduate of the British studio system – and screenwriter Emeric Pressburger – raconteur, Arsenal fan, Hungarian refugee from Nazism and Kevin Macdonald's grandfather – formed one of the great creative partnerships of their age. ("A marriage without sex," Powell called it: it had, says Macdonald, "fireworks, frustrations, a familial depth"). If the typical mid-century British movie was black-and-white social realism in which people fried kippers with a fag in their

**'I have discovered rather belatedly that I love you...'**

mouth, Powell and Pressburger produced settings that some of those characters, and much of the audience, yearned to inhabit. Moira Shearer, possessed by the power of *The Red Shoes*, David Niven leaving Technicolor earth for monochrome heaven in *A Matter of Life and Death*, Kathleen Bryn's nun in *Black Narcissus*, shocking the convent with her crimson lipstick and her madness.

"With most movies, you're lucky if they still look good five years later, but these films seem to get stronger as time moves on," says Macdonald. Now is a good time to measure that power, with the BFI staging screenings of the pair's films nationwide. A new study of *The Red Shoes* is just published. And this Saturday Radio 4 airs a profile of the pair and a play of *A Matter of Life and Death*. Powell and Pressburger are ready to seduce another generation.

For Macdonald, this is personal. In the 1960s, his grandfather's work fell deeply out of fashion. The old man he visited in a tiny cottage in 70s Suffolk was a forgotten talent. "He and Michael weren't bitter," Macdonald recalls, "but they were sad and regretful." He slips back easily to these memories: a writing desk piled with papers, the stories and anecdotes spun over lunches, the

# RADIO

**THE PICK OF THIS WEEK'S RADIO**

## PERFECT PARTNERS

Director Kevin Macdonald talks to **Matthew Sweet** about the creative chemistry between his grandfather Emeric Pressburger and Michael Powell...

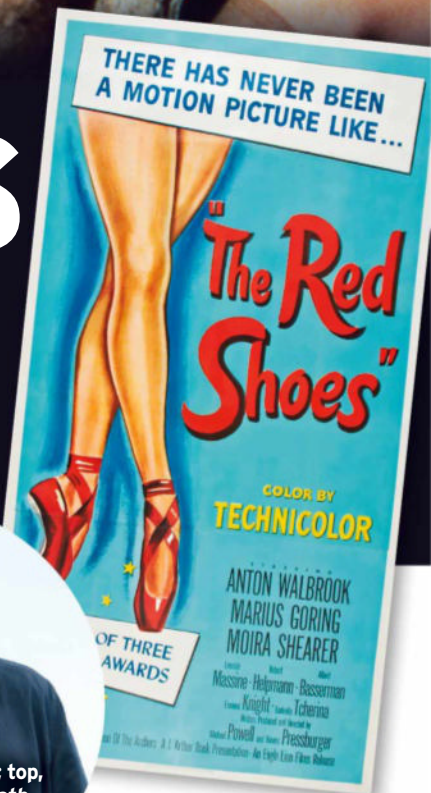
garden pond threshing with goldfish. "Emeric became sentimental about animals in his later years," says Macdonald. "I remember him placing little bottle caps all over the house, and he'd fill them with water. When I asked him what he was doing, he said, 'I'm giving the spiders something to drink.'"

**T**HERE WERE SOME stories, though, that couldn't be turned into anecdote. It was Billy Wilder, director of *Some Like It Hot*, who told Macdonald about meeting up with Pressburger in London just after the war. "They spent a day together talking about their mothers," says Macdonald. "They'd just found out that they had both died in Auschwitz."

There is a happier ending to the story. We're living in it. Powell and Pressburger's films are now at the heart of the cinematic canon, propelled there by the efforts of champions such as Martin Scorsese. "It was a great old age for an artist to



**FAMILY FILMS**  
Above, Kevin Macdonald; top, *A Matter of Life and Death*, with David Niven and Kim Hunter; inset right, *The Red Shoes*



be rediscovered," says Macdonald. And to be an example to a film-maker grandson. "They're a reminder," he adds, "that you should tell the story in the most cinematic way possible."

When Pressburger died in 1988, Macdonald saw the evidence that his grandfather was working right until the end. A novel in progress. Notes for an unfinished autobiography. Letters, too, to his old friend and collaborator, Michael Powell. One read: "I have discovered rather belatedly that I love you." Critics and audiences had already delivered the same message to both men. And they continue sending it.





## RT SHOP

### STEEPLETONE BRIGHTON RADIO

To order the retro-styled Brighton radio for £47.99, call **03302 232 639** or visit [radiotimes.com/shop42](http://radiotimes.com/shop42)



## CELEBRATION

### Sunday Night Is Music Night

Sunday 8.00pm **Radio 2**

Doctor Who's 60th anniversary is next month, so Radio 2 whets our appetites with a concert recorded at Cardiff's Millennium centre in September. While mostly a showcase of modern tunes, the classic Radiophonic Workshop themes are also featured, with a first broadcast of new music for Ncuti Gatwa's upcoming 15th Doctor and the revamped main theme. With interviews from series alumni, it's a must-listen for any Whovian.

Jo Whiley (left) hosts. **HUW FULLERTON**



## CONVERSATION

### Private Passions

Sunday 12 noon **Radio 3**

Joining Michael Berkeley this week is the prolific actor Brian Cox (below), perhaps best known today as *Succession's* fearsomely swear-y Logan Roy. Born into a working-class Dundee family in 1946, Cox turned to acting to escape, making a name for himself onstage in the 80s. When Hollywood beckoned, he conjured a sense of Shakespearean grandeur, from *Manhunter* to *X2* – his musical choices are similarly wide-ranging. **MATT GLASBY**



## PERSONAL STORIES

### Soul Music

Saturday 10.30am **Radio 4**

One of the most compelling series on Radio 4 returns for a new run with possibly the most difficult song for any artist to sing. *I Will Always Love You*, written by Dolly Parton and sent stratospheric by Whitney Houston (above), is, we are told by a vocal coach, the ultimate high-wire act for a singer and can make or break a career. But, setting these performance pyrotechnics aside, it's the memories this power ballad triggers for so many of the programme's contributors that really grasp the heart. A case of listen and weep. **ANNA JONES**

## READINGS

### Short Works

Friday 3.45pm **Radio 4**

A new short story by Booker Prize winner Roddy Doyle is not to be missed. In *Hearing Aids*, he presents an epiphany for a man who's fallen into dismissing his wife's opinions. Barry and Donna are driving across Dublin. They're accustomed to shouting at one another because of his deafness. But now Barry has new hearing aids and they're linked to Google Maps. So, why on earth should he turn right, as directed by Donna, when the woman in his ear is telling him to go left? **AJ**



## AMBRIDGE DIARY

### The Archers

Sunday–Friday 7.00pm **Radio 4**

The opening of Grey Gables is plunged into chaos, which leads to Oliver contemplating a controversial decision about the hotel's future. Helen (Louiza Patikas, above) and Lee can't agree on how to handle a delicate situation and when events take an unexpected turn, Helen makes a surprising admission that prompts Kirsty to step in to stop her doing anything rash. George's plans for a romantic night in are scuppered by Brad, Pip and Stella take a big step and Alan finds himself in a tricky situation. **DAVID CRAWFORD**





# Listen PODCASTS

PICK  
OF THE  
WEEK



## SPORT

### Rugby Union Daily

I'm not sure that rugby podcasting has covered itself in glory at this World Cup. The scene tends to be dominated by former players, too many of whom are labouring under the misapprehension that they're on the after-dinner circuit, and too many productions only get around to sharing their impressions of the action days later, when we've all forgotten about it. This is not an accusation you can level at this BBC Radio 5 Live production, which at least does what it says on the tin. **DAVID HEPWORTH**

## WHEN WE WERE FAB

Stand by for action – and fun facts – from the fantasy worlds of a TV pioneer



## CLASSIC TV

### The Gerry Anderson Podcast

You may recall a time when submariners defended Earth from Aquaphibians, rocket-powered brothers rescued the imperilled, and our solar system waved goodbye to the Moon. Well, that time never really went away, as this friendly, feel-good podcast proves. Steered by

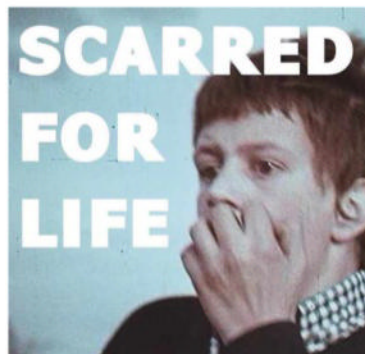
director/producer Jamie Anderson (son of Gerry) and actor/author Richard James, with "Randomiser" Chris Dale, it features facts and chat about *Stingray*, *Thunderbirds*, *Space: 1999* and all the fantastic Anderson oeuvre. It scores over other podcasts with its interactivity, and fans including journalist Samira Ahmed and scientist Brian Cox have been guests. To the faithful, it plugs gaps in knowledge, to the casual listener, it's a smart insight into then-and-now TV production. And to both, the hosts are simply fab company. **MARK BRAXTON**



## SOCIETY

### Trendy

With a general election imminent, pollster supreme Sir John Curtice and ex-Number Ten adviser Rachel Wolf delve into the sociopolitical trends shaping public opinion. Inspired by the 40th anniversary of the British Social Attitudes survey, in the first episode they contrast how our views have changed on state intervention, equality, family and public mores. Currently, the under-35s are socially left-leaning, but post-Covid also bristling over their taxes paying for an ageing population. **JEREMY ASPINALL**



## NOSTALGIA

### Scarred for Life

As co-presenter Stephen Brotherstone says, you have to be a certain age to really get this podcast, with its "deep dive into to the dark side of 1970s and 80s pop culture". Forget Spangles, Chopper bikes and the Bay City Rollers, says Stephen – this is about a backdrop to childhood made up of violent comics, disturbing TV dramas, and public information films designed to scare the life out of you. It's a bit blokey, but the blokes running the show are all good company. **SIMON O'HAGAN**



## SUPERNATURAL

### The Magnus Archives

Now in its fifth season, *The Magnus Archives* is a phenomenon with an extensive global fanbase. In short, it is a collection of supernatural stories structured as a series of personal statements given to the Magnus Institute, a fictitious organisation based in London that investigates the paranormal. Hosted by Jonathan Sims, the head archivist at the institute, the short tales of encounters range from wickedly comic to downright sinister, a kind of modern take on *The Twilight Zone*. **ANNA JONES**



## MUSIC

### Sidetracked with Annie and Nick

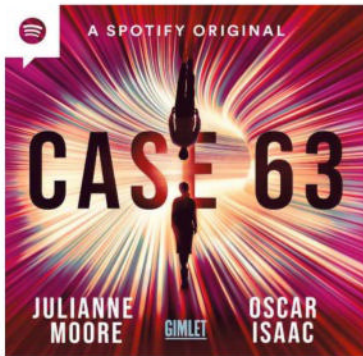
Annie Macmanus and Nick Grimshaw first worked together in 2007 and now feel they're older and wiser enough to co-host this show (a new edition every Thursday) about the week in music. They know their onions and have rapport but possibly the content isn't tailor-made for the average RT reader. Then again, it's possible to pick the bones out of the chat. In the first episode a conversation with Keith Richards kicks off a discussion about vinyl. **DAVID MCGILLIVRAY**



## THE PICK OF THE BEST AUDIO ON DEMAND



**TO THE RESCUE**  
Virgil Tracy at the controls in the hit 1960s TV series *Thunderbirds*



### SCI-FI Case 63

Based on the Chilean original, and acknowledging cinematic influences such as *12 Monkeys* and *Contagion*, the second series of this anxious sci-fi drama plunges listeners into the action. Because this involves time travel, alternative realities and a deadly Covid variant, it's confusing at first, but soon draws you in. Julianne Moore plays psychiatrist Eliza Knight, whose interactions with Oscar Isaac's Peter could be evidence that the apocalypse is coming, or just plain old psychosis. The actors are excellent; the story enthralling. **MATT GLASBY**



### HISTORY Step into the Past

There are as many history podcasts out there as there have been kings and queens of Britain, probably more, but very few are as successfully engaging and compelling as this one. Hosted by Professor Suzannah Lipscomb and aided by in-depth research from Find My Past, each episode takes someone to a National Trust property that has a strong link to one of their ancestors, starting with Lipscomb's own family. The bad news is that there are only three episodes. We want more! **AJ**



### ZARA McDERMOTT

This week's dip into archive episodes features *Love Island* star turned documentary-maker and *Strictly* dancer **Zara McDermott**. She talks to **Kelly-Anne Taylor** about how working in government gave her the confidence to speak her mind, how she handles unpacking her own trauma and her love of *Gossip Girl*. Available now,

### HOW TO FIND US

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### THE RadioTimes PODCAST



### ENTERTAINMENT Taskmaster the Podcast

With *Taskmaster* back on Channel 4, its companion podcast also returns. Confidently hosted by series nine champion Ed Gamble, it sees contestants like Sam Campbell and Ivo Graham dropping by to chat about their time on the show and scrutinise the competitors. Listening to people talk about the tasks is undeniably less fun than witnessing their haphazard execution, but there's laughter and insight galore, as Gamble and his guests revel in this pageant of humiliation. **EMMA SIMMONDS**



## Mimicry isn't just flattery – it can be a TikTok moneyspinner

**SABRINA BAHSOON** is the 22-year-old law graduate whose self-shot clips of dancing on the Tube have made her a TikTok superstar. All TikTok clips are essentially gags. Sabrina's transported expression suggests she should be blissed out on a Balearic beach. The puzzled faces of commuters in the background say no, she's actually on the Bakerloo line. That's Sabrina's gag.

Tube Girl, as she is known, has trended and then some. Best of luck to her. The air is thick with talk of empowerment and the rejecting of cultural norms. Brands are throwing money at her. If she hasn't already got a book deal, that can only mean she's not answering her phone.

TikTok videos are the new pop music, in the sense that on the face of it anyone can have a go. But a study of the difference between big hits like Sabrina's (millions of views) and everybody else's (reaching single figures) can be instructive. As in most things in life, TikTok is a visual medium so it doesn't hurt if you look like a model. She does.



**INFLUENCER**  
TikTok star  
Sabrina  
Bahsoon

**T**ECHNOLOGICAL CHANGE ALWAYS makes a star of somebody and in Sabrina's case it was the fact that the latest smartphones make it possible to shoot "0.5 selfies", in which heads loom large and bodies are tiny. She was also savvy enough to work out that if she stood at the end of the carriage by the window she would naturally achieve the wind-blown effect that pop video makers generally hire expensive machines to get.

Showing off like this is a new way to scratch a decades-old itch. In years gone by, girls would pretend to be Kylie or the Ronettes in the privacy of their own rooms with the help of their own wardrobe mirrors, their only prop a roll-on deodorant standing in for a microphone. Now with the combination of the smartphone and social media, they might just be able to turn an idle daydream into a way of life. Providing they get there before anybody else in the world.

See David's pick of the week, *Rugby Union Daily*, top left opposite page



# SATURDAY Radio

## TODAY'S CHOICES



### Sound of Cinema

3.00pm **Radio 3**

Recorded at MediaCityUK, Salford in July, this concert by the BBC Philharmonic, conducted by Ben Palmer, showcases the work of Rachel Portman (above), the first female composer to win an Oscar. That was for *Emma* in 1997, and we'll hear Portman's end title music, at once sprightly and elegiac. Portman was also nominated for *The Cider House Rules* (2000) and *Chocolat* (2001), both represented tonight, and there are selections from a few of her lesser-known credits – there are well over a hundred in all. She talks about her career to Tom McKinney.

DAVID MCGILLIVRAY

### Drama: A Matter of Life and Death

3.00pm **Radio 4**

Adapting such a visually inventive film as Powell and Pressburger's 1946 classic for radio is a fraught task. Yet the story of a doomed RAF pilot (Will Tudor) who falls in love with the radio operator (Lydia West) who talks him through his – supposedly – last moments, is made for an audio drama and the sound design is as inventive as the film's cinematography. It may have a 21st-century sensibility, including a scene pitting the hero against segregationist US military policy, but it reflects the film's own subversive take on war propaganda. DAVID CRAWFORD

### THIS WEEK'S HIGHLIGHTS See pp110/111

#### Soul Music

10.30am **Radio 4**

Stories and memories about the song *I Will Always Love You*.

### Archive on 4: Powell and Pressburger – Poetic Patriotism

8.00pm **Radio 4**

A hymn to the film-makers' style.

## BBC Radio 1

97.6–99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901  
**6.00am** Happy **7.00** Sam and Danni  
**10.30** Katie Thistleton **1.00pm** Matt  
and Mollie **4.00** Dance Anthems **7.00**  
Soundsystem Party **9.00** Rap Show  
**10.30** Rap Mixtape **11.00** Drum 'n' Bass  
Show **12.00** Drum 'n' Bass Mix  
**1.00am** Classic Essential Mix **3.00**  
Future Dance Mix **3.30** Pete Tong  
**4.00** Chillout Anthems **5.00** Relax

## BBC Radio 2

88–90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902  
**6.00am** **Sounds of the 60s**  
with Tony Blackburn  
**8.00** Anita Rani  
Sits in for Dermot O'Leary and marks  
this year's 1990s-themed National  
Album Day with London rapper Betty  
Boo and Louise Wener (of Sleeper).  
**10.00** Claudia Winkleman  
Including at **12.30pm** **Radio 2's**  
**Strictly Playlist**, with a preview of  
music on *Strictly* (BBC1 at 6.30pm).  
**1.00** **Official Most-Streamed**  
**Albums of the 90s**  
Steve Wright counts down the Top 40  
most streamed 1990s albums.  
Available on BBC Sounds from Sat 7 October  
**3.00** **Rylan on Saturday**  
With rapper Professor Green in  
the **KaRyoke** feature.  
**6.00** Liza Tarbuck  
**8.00** **Sounds of the 80s**  
With Gary Davies, who invites Marc  
Almond to reminisce about the 1980s.  
**10.00** **Sounds of the 90s**  
Fearne Cotton invites Vernon Kay  
and Dermot O'Leary to celebrate  
their favourite 1990s albums.  
**12.00** **Mixing Influences with**  
**Moby**  
The electronic musician  
shares personal picks, from Melanie's  
*Lay Down (Candles in the Rain)* to  
New Order's *Temptation*.  
**1.00am** **Dance Sounds of the 90s**  
**2.00** **Norman Cook: You've Come a**  
**Long Way Baby 2/2**. From 2018. (R)  
**3.00** **The Good Groove**  
**3.30** **Steve Wright's Love Songs**  
**Extra** A 1989-themed playlist.  
**4.00** **Radio 2 in Concert**  
The Little River Band in 1981. (R)  
**5.00** **Tracks of My Years** Omnibus.

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909  
**6.00am** Amy Lamé See also Thu 4pm  
**8.00** Radcliffe and Maconie  
**10.00** **The Huey Show**  
**1.00pm** Jamz Supernova on 6  
**3.00** Gilles Peterson  
**6.00** **Funk and Soul Show**  
DJ Paulette sits in for Craig Charles.  
**9.00** **Don Letts's Culture Clash Radio**  
**11.00** Shellee The rave continuum.  
**1.00am** **6 Music's Rave Forever**  
**2.00** **Late in the Day** Low-key music.  
**4.00** **The Morning After Mix**

## Greatest Hits

DAB [greatesthitradio.co.uk](http://greatesthitradio.co.uk)  
F'view 716 Sky 0151 Regional variations on FM/WW  
**6.00am** Jenny Powell **10.00** Mark  
Goodier **1.00pm** Richard Allinson  
**4.00** Weekend Anthems **5.00** Paul  
Gambaccini **7.00** Kate Thornton **10.00**  
Rhythm of the Night **1.00am** Good  
Times Anthems **2.00** Music Marathon

## Boom Radio

DAB [boomradio.co.uk](http://boomradio.co.uk)  
**6.00am** Dave Jamieson **8.00** Roger  
Day **10.00** Rob Jones **12.00** Simon  
Bates **2.00pm** Jenny Hanley  
**4.00** John Peters **7.00** Saturday Soul  
**9.00** Graham Torrington **12.00** Night  
Ride **2.00am** Through the Night

## BBC Radio 3

90.2–92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903  
**News** and **weather** 7.00am, 8.00 and 1.00pm  
**7.00am Breakfast** With Elizabeth Alker.  
**9.00** **Record Review** With Andrew McGregor.  
**9.30** British pianist Charles Owen discusses favourite  
new releases and a track that is a current obsession.  
**10.30** **Building a Library** Richard Wigmore shares his  
favourite recording of Beethoven's Eighth Symphony.  
**11.20** **Record of the Week** Andrew's top pick.  
*Record Review Extra* is broadcast tomorrow at 9.30pm  
**11.45** **Music Matters**  
Sarah Mohr-Pietsch looks at the exhibition Turn it Up:  
the Power of Music at the Science Museum in London.  
Guests include violinist Randall Goosby and Polish  
pianist Krystian Zimerman, recent winner of  
*Gramophone's* Piano Award. Repeated Monday 10pm  
**12.30pm** **This Classical Life**  
Jess Gillam is joined by British conductor Nicholas  
Collon to share musical discoveries, from works by  
Mendelssohn, Poulenc, Sibelius and Britten to a  
recording by pop superstar Taylor Swift.  
**1.00** **Inside Music**  
An insider's take on various music works, today with  
Sydney-born London-based pianist, composer and  
technologist Zubin Kanga, who is interested in how  
musical performers can interact with new technologies.  
His music choices include Bach played on the  
synthesiser by Wendy Carlos and a piece by Kanga  
that takes some of his recordings and turns them  
into something new using artificial intelligence.

**3.00** **Sound of Cinema**  
A special edition in which Tom McKinney is  
joined by British film and TV composer Rachel  
Portman, who discusses an oeuvre that includes  
*Chocolat*, *Belle*, *The Duchess*, *Oliver Twist*, *Bel Ami*,  
*The Cider House Rules*, and *Emma*, for which she  
won an Academy Award. The programme also  
features a concert in which Ben Palmer conducts  
the BBC PO in highlights of Portman's scores,  
recorded in late July at the BBC's Salford studio.

**4.00** **Music Planet**  
Lopa Kothari presents previously unbroadcast  
festival material from Womad in July, featuring a  
set by roots reggae veteran Horace Andy and the  
collaborative duo of guitarist Justin Adams and  
violinist and percussionist Mauro Durante.

**5.00** **J to Z**  
Kevin Le Gendre with highlights of a concert from  
March in Cologne, with American drummer Terri Lyne  
Carrington and rising star vocalist Melanie Charles  
performing as special guests with German jazz  
orchestra the WDR Big Band conducted by Chuck  
Owen. And sharing her musical inspirations is  
guest Candice Hoyes, vocalist and co-founder of  
US-based, women-led trio Nite Bjuti.

**6.30** **Opera on 3: Picture a Day like This**  
Andrew McGregor introduces a recent Royal Opera  
House performance of George Benjamin's *Picture*  
*a Day like This*, following its world premiere in July  
at the Festival d'Aix-en-Provence. The composer's  
eagerly awaited fourth opera with librettist Martin  
Crump is a moving fable of human nature and self-

## Scala Radio

DAB [scalradio.co.uk](http://scalradio.co.uk)

**7.00am** Hannah Cox With a **Piano Playlist** at **8.00**.  
**10.00** **Angelica Bell** Magazine-style show,  
including after **11.00** a guest from the arts and  
entertainment world. Plus the first play of a track  
from the **Scala Album of the Weekend**.  
**1.00pm** **Mark Kermode** With film music.  
**3.00** **Jack Pepper's Culture Bunker**  
**5.00** **The Console with Luci Holland**  
New, popular and emerging scores from video games.  
**6.00** **Ayanna Witter-Johnson** Personal picks and  
anecdotes from the cellist, singer and composer.  
**8.00** **Saturday Night Scala** With Darren Redick.  
**10.00** **The Space** Soothing and calming music.  
**1.00am** **Night Music** **5.00** **In the Park**

## Asian Network

DAB [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)  
F'view 709 F'sat 709 Sky 0119 Virgin 912  
**6.00am** The Everyday Hustle **7.00** Motivation **8.00**  
Breakfast **10.00** Certified **11.00** Beyond Bollywood  
**1.00pm** Nayha **3.00** Certified Throwbacks **4.00**  
Ankur Desai **6.00** Panjabi Hit Squad **9.00** Pure  
Spice: with DJ Manara **12.00** SOS Bhangra Mix  
**1.00am** Panjabi Hit Squad **4.00** Jasmine Takhar

discovery. Mired in grief after the death of her child,  
a woman is promised the chance to bring the infant  
back to life if during the course of one day she can  
find a happy person. Recorded on 30 September  
at the Linbury Theatre.

**George Benjamin** *Picture a Day like This*  
Woman  
Zabelle  
Lover 1/Composer  
Lover 2/Composer's assistant  
Artisan/Collector  
Orchestra of the Royal Opera House, Covent  
Garden, conductor Corinna Niemeyer  
At **7.45** composer George Benjamin introduces  
his favourite opera, Janacek's *Kat'a Kabanova*, in a  
recording from January at Barbican Hall in London.

**Kat'a**  
Boris  
Kabanicha  
Tichon  
Kudrijas  
Varvara  
Dikov  
Glasha/Feklusha  
Kuligin  
Amanda Majeski (soprano)  
Simon O'Neill (tenor)  
Katarina Dalayman (mezzo)  
Andrew Staples (tenor)  
Ladislav Elgr (tenor)  
Magdalena Kozena (mezzo)  
Pavlo Hunika (bass-baritone)  
Claire Barnett-Jones (mezzo)  
Lukas Zeman (baritone)

Chorus of the London Symphony Orchestra, London  
Symphony Orchestra, conductor Simon Rattle

### 10.00 New Music Show

Kate Molleson with the latest in new-music  
performance, including Phaedra Ensemble and  
trumpeter Laura Jurd in a concert of music by  
composer and double bassist Gavin Bryars (now 80),  
recorded on 1 October at Kings Place in London.

### 12.00 Freeness

Corey Mwamba presents free jazz and improvised  
interactions with a variety of environments, from a  
conversation between voice and wind to the sound  
of seeds popping in the heat of Wanstead Flats, London.  
Plus a sound poem by duo Blanc Seol – the project  
of Hannah White and Stephen Shiell – and Japanese-  
American saxophonist Patrick Shiroishi with a long  
solo improvisation previewing his album *I Was Too*  
*Young to Hear Silence*. And there's new material from  
Estonian-Latvian vocalist eleOnora (Eleonora Kampe).

### 1.00am Through the Night

With Jonathan Swain. A concert from March at this  
year's Martisor International Music Festival in Chisinau.  
**Grieg** *Holberg Suite*, Op 40 **Elgar** *Introduction and*  
*Allegro*, Op 47 **Mozart** *Church Sonata No 15 in C*, K328,  
317c; *Violin Concerto No 5 in A*, K219 (Turkish) Anna  
Strezeva (organ), Dan-Iulian Drutac (violin), National  
Chamber Orchestra of the Republic of Moldova, conductor  
Cristian Florea **2.12** **Ligeti** *Ballad and Dance*  
**2.15** **Borowski** *Organ Sonata No 1* **2.31** **Carulli** *Duo in G*,  
Op 34 No 2 **2.35** **Korngold** *Violin Concerto*, Op 35  
**3.01** **Strauss** *Nine songs* **3.24** **Bach** *Goldberg Variations*,  
BWV988 **4.08** **Piazzolla** *Adiós Nonino*  
**4.15** **Martini** *Clarinet Sonatina* **4.26** **Sibelius** *Suite*  
*champêtre*, Op 98 No 2 **4.34** **Schmelzer** *Suite No 2 in D*  
**4.41** **Arvo Pärt** *Morning Star* **4.44** **Honegger**  
*Pastorale d'été* **4.53** **Albright** *Morning Reveries (The*  
*Dream Rags)* **5.01** **Kunzen** *Overture: Husitlerne*  
**5.08** **Saint-Saëns** *Havanaise*, Op 83 **5.17** **Handel** *Ah!*  
*che troppo ineguagli*, HWV230 **5.27** **M Haydn** *Sinfonia*  
*in E flat* **5.42** **Rautio** *Piano Concerto No 2* **6.05** **Verdi**  
*Pater noster* **6.12** **Brahms** *Clarinet Trio in A minor*, Op 114  
**6.36** **Rimsky-Korsakov** *Capriccio espagnol*, Op 34  
**6.53** **Dall'Abaco** *Concerto a piu strumenti in C*, Op 6 No 10

## Classic FM

99.9–101.9 FM DAB [classicfm.com](http://classicfm.com)

Freeview 731 Freesat 721 Sky 0106 Virgin 922

**7.00am** Alan Titchmarsh **10.00** Aled Jones  
**1.00pm** Alexander Armstrong Uplifting music.  
**4.00** **Moira Stuart's Classic FM Hall of Fame**  
**Concert** Classic FM Hall of Fame works played in full,  
featuring Orff, Gershwin, Tchaikovsky, Bizet, Vaughan  
Williams. Handel and Rachmaninov, plus the new work  
*Windrush* by Debbie Wiseman and Grahame Davies.  
**7.00** **Saturday Night at the Movies** Jonathan Ross  
showcases the films of Martin Scorsese, with highlights  
of scores by Bernard Herrmann (*Taxi Driver*), Howard  
Shore (*Hugo*) and Peter Gabriel (*The Last Temptation*  
of Christ). Plus music from westerns, including Elmer  
Bernstein (*The Magnificent Seven*).  
**9.00** **David Mellor's Melodies** An autumnal playlist.  
**10.00** **Calm Classics** With Myleene Klass.  
**1.00am** **Katie Breathwick** **4.00** **Lloyd Griffith**

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)

Freeview 727 Freesat 724 Sky 0107 Virgin 915

**8.00am** Frank Skinner **11.00** Sarah Champion  
**2.00pm** Matt Forde **5.00** Andy Bush **7.00** Classic  
Rock Party **10.00** Sophie K **4.00am** Emil Franchi



## BBC Radio 4

92.4-94.6 FM 198 LW DAB [bbc.co.uk/radio4](http://bbc.co.uk/radio4)Freeview 704 Freesat 704 (FM) 710 (LW)  
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)**News** 5.30am, 6.00 and hourly to 12 midnight  
**Weather** 6.04am, 6.57, 7.57, 12.57pm, 5.57, 12.15am  
**Shipping Forecasts** 5.20am, 12.01pm (LW), 5.54pm, 12.48am**5.30am News Briefing****5.43 Prayer for the Day** With Julia Loveless.**5.45 Close Encounters****5/10.** Tim Berners-Lee champions a picture from the National Portrait Gallery of the suffragette Christabel Pankhurst. Repeated from yesterday**6.00 News and Papers****6.07 Ramblings****4/6.** Clare Balding walks with Mike Gunton, the man in charge of *Planet Earth III*. Mike's a passionate walker and he takes Clare on a local route around Oldbury-on-Severn, sharing stories of his years working with David Attenborough. Repeated from Thursday**6.30 Farming Today This Week****7.00 Today**

Presented by Katya Adler and Martha Kearney.

**7.25, 8.25 Sports News****7.48 Thought for the Day**

With the Rev Dr Rob Marshall.

**9.00 Saturday Live**Nikki Bedi and Olly Mann are joined by comedian Mark Watson and *The One Show* regular musician Richard Mainwaring. Producer Ben Mitchell**10.00 Your Place or Mine****2/13.** Steve Backshall: Amazon Rainforest, Suriname. Steve Backshall tries to tempt Shaun Keaveny to go exploring barefoot in the jungle and sleep up a tree with a harpy eagle. Available on BBC Sounds since 11 October. Producers Beth O'Dea and Sarah Goodman**10.30 Soul Music****RT New series. 1/5.** Memories of *I Will Always Love You*, from Dolly Parton's self-penned original recording to Whitney Houston's famous rendition in *The Bodyguard*. Dr Marie Thompson of the Open University, reveals the unlikely story behind the song, while vocal coach CeCe Sammy-Lightfoot describes how difficult Houston's version is to sing. Plus people with emotional connections to the song. **See choice: p111.** Producer Karen Gregor**11.00 Reflections****4/4.** Lord Norman Fowler talks to James Naughtie about battling to convince Margaret Thatcher on the importance of tackling the Aids crisis and the failure of successive governments to reform the House of Lords. Producer Daniel Kraemer (R)**11.30 From Our Own Correspondent**

Presented by Kate Adie.

**12.04pm Money Box**

Personal finance. Repeated tomorrow 9pm

**Your RT Money: page 138**

## BBC Radio 4 Extra

DAB [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)

Freeview 708 Freesat 708 Sky 0126 Virgin 910

**6.00am The False Dichotomy** as 5pm**7.30 The Remarkable Life of the Skin****8.45 Uncle Mort's South Country** as 7.45pm**9.00 The Men from the Ministry** as 8pm**9.30 Something to Shout About** as 8.30pm**10.00 The Real Comedy Controllers: The Things That Made Us Laugh** as 9pm**11.00 The False Dichotomy** as 5pm**12.30pm The Remarkable Life of the Skin****1.45 Uncle Mort's South Country** as 7.45pm**2.00 The Men from the Ministry** as 8pm**2.30 Something to Shout About** as 8.30pm**3.00 The Real Comedy Controllers: The Things That Made Us Laugh** as 9pm**4.00 The Bee Maker** Alice Lowe and Harriet

Walter star in Anita Sullivan's dark, cautionary tale about our busy technology-flicked lives. From 2014

**4.45 The Man and the Snake by Ambrose**

Bierce Robert Lang reads a short story by

American Civil War soldier and writer Ambrose

Bierce, published in *The San Francisco Examiner*

in 1890. Harker Brayton is relaxing on a sofa

when he notices a snake in the room. From 1978

**5.00 The False Dichotomy** Robert Stephens

and Barbara Leigh-Hunt star in a radio drama

by John Bowen (1924-2019). From 1988

**12.30 The News Quiz****6/8.** Andy Zaltzman is joined by Alex Massie, Simon Evans, Maisie Adam and Rachel Parris. Rptd from yesterday Rptd Monday 11pm Radio 4 Extra**1.00 News****1.10 Any Questions?**

An edition marking 75 years of the programme, from the National Science and Media Museum in Bradford, with an audience of exclusively under-21s. Alex Forsyth is in the chair.

Repeated from yesterday

*Any Questions On...* is on Thursday at 4pm**2.00 Any Answers?**

Listeners have their say on the week's issues.

PHONE: 0370 010 0444 Lines open from 12.30pm

EMAIL: [any.answers@bbc.co.uk](mailto:any.answers@bbc.co.uk)**2.45 For Human Consumption****2/3.** *Barista* by Bethan Roberts. Unemployed and homeless, Liam finds himself learning to be a barista. All is going well until his old boss joins the staff. Read by Matthew Aubrey. Producer/Director Kate McAll (R)**3.00 Drama: A Matter of Life and Death****RT 1/2.** Ben Cottom's adaptation of the classic Powell and Pressburger 1946 film about a Second World War bomber who cheats death, and falls in love with a radio operator soon after. However, when the celestial authorities decide his time has come, he must plead his case to be allowed to remain in the land of the living.Peter Carter Will Tudor Bob Trubshawe Jonny Weldon  
June Archer Lydia West Various characters Jack Lane,  
Frank Reeves Geoff McGivern Alix Dunmore, David Benson,  
Administrator 48 Miles Jupp Dan Starkey, Justice Ritchie  
Producer/Director Simon Barnard**See feature: page 110****4.00 Weekend Woman's Hour**

Presented by Anita Rani.

**5.00 Saturday PM** With Caroline Wyatt.**5.30 Political Thinking with Nick Robinson****6/12.** An interview with a major political figures about their life and career.

Producer Daniel Kraemer

**6.00 Six o'Clock News****6.15 Loose Ends**

Clive Anderson and Marie-Louise Muir are joined by Cecelia Ahern, Nicholas McCarthy, Declan Lawn and Alan Patterson. With music from Aaron and Aimee Allen.

Producer Sukey Firth Repeated tomorrow 9.30pm

**7.00 Profile**

An insight into a figure in the news.

Repeated tomorrow 5.45am and 5.40pm

**7.15 This Cultural Life****10/13.** George the Poet tells John Wilson about his journey from a London council estate to Cambridge University, developing his multi award-winning podcast, the influences of rappers Nas and Tupac, and the importance of the British grime scene.

Producer Edwina Pittman Repeated Monday 2.15pm

**6.30 The Remarkable Life of the Skin**

Dermatologist Monty Lyman looks at the body's largest organ through the lenses of science, sociology and history. Abridged by Libby Spurrier and read by Gunnar Cauthery. From 2019 (1-5/5)

**7.45 Uncle Mort's South Country** 1990

comedy adventure by Peter Tinniswood (5/5)

**8.00 The Men from the Ministry** Government-

set sitcom starring Deryck Guyler. From 1973

**8.30 Something to Shout About** Satirical

1962 comedy with Michael Medwin, Eleanor

Summerfield, Fenella Fielding and Sheila Hancock

**9.00 The Real Comedy Controllers: The Things That Made Us Laugh** A 2017 series with BBC

comedy controllers Paul Jackson, Beryl Vertue

(1931-2022), John Lloyd and Jimmy Mulville, here

reviewing satire and sitcoms of the 1960s and 70s.

Featuring episodes of *The Hitchhiker's Guide to the Galaxy*, *The Primary Phase* and *Fit the Sixth*.Plus extracts from *The Frankie Howerd Show* and *The Goon Show* (3/3)**10.00-12.00 Comedy Club: Keep Calman****Carry On** (1/4), at **10.30 John Finnemore's****Souvenir Programme** (6/6), at **11.00 Big Problems****with Helen Keen** (4/4), at **11.30 Seekers** (5/6)**12.00 The Man in Black** Penelope Skinner's*The Old Road* **12.30am The Price of Fear****1.00** as 5pm **2.30** as 6.30pm **3.45** as 7.45pm**4.00** as 2pm **4.30** as 8.30pm **5.00** as 9pm**8.00 Archive on 4: Powell and Pressburger – Poetic Patriotism****RT** Hungarian-Jewish screenwriter Emeric Pressburger – who fled the Nazis to London – and English director Michael Powell made masterpieces that dazzle to this day. From their work, film-maker Carol Morley draws out their response to Britishness, which was affectionate yet clear-eyed. Featuring interviews with Tilda Swinton, Ian Christie and Sandy Powell, plus archive clips of Lenny Henry and Martin Scorsese. Producer Tim Moorhouse Repeated Friday 12.04pm**See feature: page 110****9.00 GF Newman's The Corrupted****1/8.** Sixth and final series of the saga following the fortunes of the Oldman family. It is now 2001 and Joseph Olinska gets ever more involved in New Labour, while Brian Oldman studies law in jail in a bid to win justice for himself. Tony Wednesday continues to work behind the scenes for Sir Joseph as he moves ever further up the ranks of the police force. All series are available on BBC Sounds.Sir Joseph Toby Jones PO Rogers Paul Kemp  
Brian Joe Armstrong EXO Avedlund Nigel Pivaro  
Tony Wednesday Alec Newman Sir Ralph Courtney  
Catherine Izabella Urbanowicz Nick Hampson  
Sonia Hope/Emma Sarah Lambie Jeremy Corbyn  
Anatoly Popov/Clive Bunter Christopher HarperLeah Cohen Matthew Marsh DCS Redvers Arty Froushan  
Jasmine Hyde Tim Listfield Chaires Davies  
Margaret Flora Montgomery Chuck Haly Matt Rippy  
Producer/Director Clive Brill (R)**9.45 The Skewer****1/8.** Jon Holmes twists current affairs clips into a surreal, satirical soundscape. Rptd from Wednesday Rptd Wednesday 11.30pm Radio 4 Extra**10.00 News****10.15 Add to Playlist****1/9.** Cerys Matthews and Jeffrey Boakye are joined by pianist Isata-Kanneh Mason and film music specialist Neil Brand. Rptd from yesterday**11.00 Brain of Britain****9/17.** Russell Davies hosts the ninth round, with contestants from London, Windsor, King's Lynn and Surrey. Repeated from Monday**11.30 Uncanny****3/12.** Harry Called. The first of a run of repeats, with celebrity fans picking their favourite episodes. Reece Shearsmith chooses the series two episode in which a spirit called Harry makes contact via a Ouija board. Student Will thinks his friends are playing a joke. But then Harry starts calling him. Available on BBC Sounds, with an introduction by Reece Shearsmith, since 11 October. Producers Simon Barnard and Danny Robins (R)**12.00 News and Weather****12.15-12.45am Rethinking Music****1/3.** Soweto Kinch assesses how music education policy and underfunding will affect the future of British music. Rptd from Sunday**1.00 as BBC World Service**

## BBC World Service

DAB [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)

Freeview\* 710 Freesat 711 Sky 0115 Virgin 906

*Programmes may differ online, and on Freesat, Sky, and Virgin***5.00am The Newsroom** **5.30 The Comb** **5.50**More or Less **6.00 Weekend** **9.00 News** **9.05 BBC**OS Conversations **9.30 Pick of the World** **9.50**Over to You **10.00 News** **10.05 Sports Hour** **11.00**The Newsroom **11.30 Unspun World** with JohnSimpson **12.00 News** **12.05pm World Questions:**

Republic of Korea: South Korean politicians and

thinkers debate their country's biggest issues

**1.00 Newshour** **2.00 Sportsworld** **6.00 The**Newsroom **6.30 The Comb:** the story of a

woman for whom giving birth triggered a mental

health crisis (3/6) **6.50 Sporting Witness****7.00 News** **7.05 The Inquiry** **7.30 The Cultural**

Frontline: a centenary celebration of Walt Disney

Studios. **See p6** **8.00 News** **8.05 The Arts Hour****9.00 Newshour** **10.05 Music Life:** with sitarist

Anoushka Shankar, and singers Arooj Aftab, Lisa-

Kainndi Diaz and Nadine Shah **11.00 The Newsroom****11.20 Sports News** **11.30 Tech Life** **12.00 News****12.05am BBC OS Conversations** **12.30 The**Comb **12.50 Sporting Witness** **1.00 News** **1.05**Unexpected Elements **2.00 The Newsroom** **2.30**Health Check **3.00 News** **3.05 World Questions****4.00 News** **4.05 From Our Own Correspondent****4.30 Trending** **4.50 Sporting Witness**

## BBC Radio 5 Live

693, 909 MW DAB [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)

F'view 705 F'sat 705 Sky 0105 Virgin 905

**Sports Extra** F'view 706 F'sat 706

Sky 0131 Virgin 908

**News and sport** bulletin every half-hour

Times vary during live sports coverage

**5.00am 5 Live Boxing****6.00 Saturday Breakfast**

Presented by Chris Warburton

and Eleanor Oldroyd.

**9.00 Patrick Kieley** With laughs,

guests and the odd football chant.

**11.00 Fighting Talk**

Rick Edwards plays judge and jury.

**12.00 5 Live Sport**

Steve Crossman reports live from

Paris, with Sonja McLaughlin in

Marseille, for build-up to all of

today's action. From **3.00pm** Sonja

McLaughlin presents build-up to

today's **4.00** commentary on the

first quarter-final of the Rugby

World Cup at Stade de Marseille in

France. At **6.00 5 Live Rugby****League** – featuring commentary

on the Super League Grand Final

at Old Trafford – followed at **8.00**by **Rugby World Cup**, with live

commentary on the second quarter-

final at Stade de France in Paris.

**Sport: page 29****10.15 Stephen Nolan**

Discussion on topical issues, with

the chance for listeners to phone in.

**1.00am Greg McKenzie**

Sitting in for Laura McGhie.

## BBC 5 Sports Extra

DAB [bbc.co.uk/sports extra](http://bbc.co.uk/sports extra)

F'view 706 F'sat 706 Sky 0131 Virgin 908

**9.00am-5.30pm Test Match****Special** India v Pakistan in the

Cricket World Cup group match in

Ahmedabad, India.

**5.30-7.30 Women's Super****League Football** Chelsea v West

Ham United at Kingsmeadow.

## Talksport

1053, 1089 MW DAB [talksport.co.uk](http://talksport.co.uk)

F'view 723 F'sat 731 Sky 0108 Virgin 927

**6.00am GameDay Breakfast****9.00 GameDay Warm Up****1.00pm Saturday Session****5.00 Super League Grand Final**

The showpiece match at Old

Trafford (kick-off 6.00). **Sport: p29****8.00 Fight Night** A cruiserweight

bout between KSI and Tommy Fury.

**12.00 A Talksport Special****1.00am Extra Time**

## Talksport 2

DAB [talksport.co.uk](http://talksport.co.uk)**12 noon-2.30pm League Two****Football** Notts County v Mansfield

Town (kick-off 12.30).

**2.30-5.00 League One Football**

One of today's matches (k/o 3.00).

**5.00-7.30 Women's Super****League Football** Chelsea v West

Ham United (kick-off 5.30).

**8.00-1.00am PGA Tour Golf** Day

three of the Shriners Children's Open.

## LBC

97.3 FM (London area) DAB [lbc.co.uk](http://lbc.co.uk)

F'view 732 F'sat 734 Sky 0123 Virgin 919

**7.00am Andrew Castle** **10.00 Matt**Frei **1.00pm Sangita Myska****4.00 Clare Foges 7.00 Natasha**Devon **9.00 The Consumer Hour****10.00 Nick Abbot 1.00am Jim**Diamond **4.00 Ali Miraj**

## Times Radio



# SUNDAY Radio

## TODAY'S CHOICES



### Drama: Mahabharata Now

3.00pm **Radio 4**

As a tale of rage and revenge the Hindu epic *Mahabharata* translates well to corporate India. After two episodes in early 2022, this modern retelling by Richard Kurti and Bev Doyle reaches its third instalment today, though you can easily pick it up from here (fourth episode next week). In an ill-advised game of dice, Yash has lost his share in the family business to his power-hungry cousin, and he and wife Padma have agreed to exile themselves in the UK. We join them in Manchester, where life takes a mystical turn.

FIONA HUGHES

### Killing Death Row

1.30pm **Radio 4**

The US is the only Western democracy that still practises capital punishment but there has been a steady decline in the number of executions. The death penalty is always going to be a controversial and emotive subject to cover so it's good to learn that this behind-the-scenes investigation into the future of death row is the work of driven investigative journalists Livvy Haydock (presenter) and Anna Meisel (series producer). They've both worked on *File on 4* and have a track record of thorough research. ANNA JONES

### THIS WEEK'S HIGHLIGHTS See p111

#### Private Passions

12 noon **Radio 3**

The actor Brian Cox talks about his life and the music that means the most to him.

#### Sunday Night Is Music Night

8.00pm **Radio 2**

A concert from Cardiff to celebrate this year's 60th anniversary of *Doctor Who*.

## BBC Radio 1

97.6–99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901

**6.00am** Dance Anthems **7.00** Sam and Danni **10.30** Nat O'Leary  
**1.00pm** Matt and Mollie **4.00** Life Hacks **6.00** The Official Chart: First Look **7.00** Chillist Show **9.00** Indie Show **11.00** BBC Introducing **12.00** Future Soul **1.30am** UK R&B Mix **2.00** Decompression Session **3.00** Chill Mix **4.00** Dance **5.00** Arielle Free

## BBC Radio 2

88–90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902

**6.00am** Good Morning Sunday The Rev Kate Bottley presents solo.  
**9.00** Steve Wright's Sunday Love Songs Personal dedications.  
**11.00** The Michael Ball Show With US musical theatre actor Matt Doyle – currently on the Birmingham Rep stage in the world premiere of *Sinatra: the Musical* – and more youngsters who have benefited from Children in Need.  
**1.00pm** Elaine Paige on Sunday Stage Pop and soul music.  
**3.00** Sounds of the 70s with Johnnie Walker  
**5.00** Richard Osman Sitting in for Rob Beckett.  
**7.00** Tony Blackburn's Golden Hour Pop and soul oldies.  
**8.00** Sunday Night Is Music Night

Alastair King conducts the BBC National Orchestra of Wales and the BBC Singers in a special concert marking next month's 60th anniversary of *Doctor Who*. Guests include writer/producers Russell T Davies – who was behind the show's 2005 regeneration – and Steven Moffat and Chris Chibnal. Recorded on 28 September in Cardiff.

See choice: page 111.

**10.00** Radio 2 Unwinds with Angela Griffin  
**12.00** Phil Williams  
**3.00am** Alternative Sounds of the 90s with Dermot O'Leary  
**4.00** Owain Wyn Evans

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909

**6.00am** Amy Lamé See also Thu 4pm  
**8.00** Mark Radcliffe  
**10.00** Cerys Matthews With jazz pianist and composer Greg Foat ahead of next month's London Jazz Festival.  
**1.00pm** Guy Garvey's Finest Hour  
**4.00** Iggy Pop Personal picks.  
**6.00** Now Playing @6Music  
**8.00** Stuart Maconie's Freak Zone  
**10.00** Cillian Murphy's Limited Edition 5/10. A nocturnal playlist.  
**12.00** Guy Garvey's Finest Hour (R)  
**3.00am** 6 Music Artist in Residence  
**4.00** The BBC Introducing Mixtape  
**5.00** Huw Stephens

## Greatest Hits

DAB [greatesthitsradio.co.uk](http://greatesthitsradio.co.uk)  
F'view 716 Sky 0151 Regional variations on FM/WW

**6.00am** Jenny Powell **10.00** Mark Goodier **1.00pm** Simon Mayo **4.00** Greatest Hits Superstars **5.00** The Smash Hits Years **7.00** Boogie and Arlene **10.00** Tony Dibbin **1.00am** Music Marathon **4.00** Alex Lester

## Boom Radio

DAB [boomradio.co.uk](http://boomradio.co.uk)

**7.00am** Rod Whiting **10.00** Les Ross **12.00** Vintage Charts **2.00pm** Simon Bates **4.00** Judi Spiers **6.00** Paul Robey **8.00** Easy Hour **9.00** Tommy Cannon **10.00** The World of Bill Bingham **12.00** Through the Night

## BBC Radio 3

90.2–92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903  
News and weather 7.00am, 8.00 and 1.00pm

**7.00am** Breakfast With Martin Handley.

**9.00** Sunday Morning With Sarah Walker.

### 12.00 Private Passions

Michael Berkeley welcomes Dundee-born classically trained Shakespearean actor Brian Cox, who in the 1980s received two Olivier awards for his stage work in London while nurturing a career on screen, culminating in his role as the terrifying media tycoon and patriarch Logan Roy in the 2018–23 US series *Succession*. His musical choices include Bach, Mahler and Verdi and a recording by Joni Mitchell. See choice: page 111.

### 1.00pm Radio 3 Lunchtime Concert

Another chance to hear Monday's improvised concert with pianist Wayne Marshall performing, on the spot, music works suggested by members of the audience at Wigmore Hall in London. (R)

### 2.00 The Early Music Show

The Academy of Ancient Music celebrates 50 years since the evening at the Marquis of Granby pub in London, in which harpsichordist Christopher Hogwood (1941–2014) and record producer Peter Wadland cooked up the idea of forming a historically informed orchestra. Since then, they have produced hundreds of recordings, launched the careers of many international soloists and brought fantastic period performances of baroque and classical music to the public's attention. Hannah French is joined by current music director Laurence Cummings and CEO John McMunn to discuss the group's legacy.

### 3.00 Choral Evensong

Wednesday's service from the Collegiate Church of St Mary, Warwick, with music by Grieg, Jackson, Willan and Jongen. Introit: Ave maris stella (Grieg). Responses: Byrd. Psalms 91, 93 (Walford Davies, Macfarren). First Lesson: Hosea 14, vv1–9. Office Hymn: Eternal Power, Whose High Abode (*Ivyhatch*). Canticles: Jackson in G. Second Lesson: James 2, vv4–26. Anthem: O Praise the Lord (Willan). Hymn: Come, Let Us Join Our Cheerful Songs (Nativity). Voluntary: Prélude et fugue, Op 121 (Jongen). (R)

### 4.00 Jazz Record Requests

Allyn Shipton with a broad spectrum of jazz requests.

### 5.00 The Listening Service

Tom Service explores the connections between song cycles in classical music and concept albums in pop and rock music, from Beethoven and Schubert to Frank Sinatra, Nat "King" Cole and Kate Bush. (R) Repeated Friday 4.30pm

### 5.30 Words and Music

An edition on the theme of work and play – including millers, blacksmiths, office drudgery and downtime – with Tommy Sim'aan and Julia Winwood reading extracts from poetry and prose by Matt Thorne, Herman Melville, George Eliot, Philip Larkin, Charles Dickens, William Wordsworth, Robert Frost and LL Barkat. Featuring music by Handel, Coates and Mosolov and recordings by Van Morrison and Dolly Parton.

## Scala Radio

DAB [scalradio.co.uk](http://scalradio.co.uk)

**7.00am** Hannah Cox Including the Scala Piano Playlist.

**10.00** Simon Mayo Including the Label Showcase – today celebrating Chandos – and the weekly Mozart Pick, here with his *Adagio and Fugue in C minor, K546*.

**12.00** Yolanda Brown Including picks for children.

**3.00pm** Jack Pepper Classical favourites.

**5.00** The West End Weekend on Scala Radio

Jamie Crick celebrates the music of London's West End.

**6.00** Charlie Higson and Friends 3/4. With comedian Lucy Porter, whose music choices include Puccini, Amy Beach and Ryuichi Sakamoto, who died in March, at 71. (R)

**8.00** Sunday Night Scala With Darren Redick.

**10.00** The Space Soothing and calming music.

**1.00am** Night Music **5.00** In the Park

## Asian Network

DAB [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)

F'view 709 F'sat 709 Sky 0119 Virgin 912

**6.00am** Gagan's Old Skool Mix **7.00** R&B Anthems **8.00** Breakfast **10.00** Certified Throwbacks **11.00** Gagan Grewal **1.00pm** Dipsos Bhamrah **3.00** Nadia Ali **5.00** Kan D Man **7.00** Pritt **9.00** Noreen Khan **11.00** Chill **12.00** Motivation **1.00am** Asian Network News Presents **2.00** Asian Network Celebrates **4.00** Bobby Friction

### 6.45 Sunday Feature: The Ancient Algorithm

Eleanor Rosamund Barraclough delves into the history of runes, the ancient alphabet of northern Europe, learning how and why these spiky letters were used. The historian goes under the earth at the Maeshowe Neolithic burial chamber on Orkney to discover some rather bawdy graffiti and crawls into a lesser-known chamber to uncover a mystery. Along the way, the lute sounds of Einar Selvik (of the Norwegian band Wardruna) can be heard. First broadcast April 2022. (R)

### 7.30 Drama on 3: The Tempest

An environmentally-inflected production of *The Tempest*, in which Shakespeare explores the relationship between humanity, the environment and our connection with nature. A Scottish cast is led by Ian McDiarmid as Prospero in this play of magic, romance and revenge, here situated within the context of the current global climate crisis. Featuring original Scottish music composed by Pippa Murphy. First broadcast in November 2021 to coincide with COP26 in Glasgow.

Prospero	Ian McDiarmid	Alonso	Forbes Masson
Caliban	Joseph Arkley	Ferdinand	Noof Ousellam
Sebastian	Maggie Bain	Trinculo	Owen Whitelaw
Gonzalo	Maureen Beattie	Miranda	Helena Wilson
Stefano	Sandy Grierson	Ariel	Madeleine Worrall
Antonio/Boatswain	John MacKay	Ceres	Julia Daramy-Williams
Producer	Gaynor Macfarlane	(R)	

### 9.30 Record Review Extra

Hannah French expands on yesterday's show, with more from Beethoven's *Symphony No 8 in F*.

### 11.00 African Classical Music

#### 2/3. Vocal Music and Sacred Traditions

Composer, cellist and master kora player Tunde Jegede celebrates African classical music. He continues with a variety of vocal traditions from across the continent, from the Senegalese Sufi incantations of Ida Faye to the trance-inducing Gnawa music of Morocco's Mahmoud Guinia, and considers how the use of musical devices such as repetition and subtle variation help to serve the spiritual purpose of the singers. Producer Phil Smith

### 12.00 Classical Fix

Linton Stephens creates a playlist for Radio 1 presenter Dean McCullough.

**12.30am** Through the Night With Jonathan Swain.  
Per Norgard Glade Sibelius Violin Concerto, Op 47  
Sarabande (Partita No 2 in D minor, BWV1004) Sibelius  
Rakastava (The Lover), Op 14 Per Norgard Symphony No 8  
Christian Tetzel (violin), Bergen Philharmonic Orchestra,  
conductor John Storgards **1.49** Beethoven String Quartet  
in C sharp minor, Op 131 **2.31** Mielczewski Missa super O  
gloriosa Domina **2.48** Schubert Piano Sonata in A minor,  
D845 **3.24** Corelli Trio Sonata in C, Op 1 No 7 **3.29** J  
Strauss (son) An der schönen, blauen Donau, Op 314 **3.40**  
Franck Nocturne in F sharp minor (O fraîche nuit) **3.45**  
Parac Andante amoroso **3.51** Berlioz Overture: Waverley,  
Op 1 **4.03** Mozart Rondo in A minor, K511 **4.13** Stanford  
Eternal Father, Op 135 No 2 **4.20** Graupner Flute Concerto  
in F **4.31** Nielsen Overture: Maskerade **4.36** Vivaldi  
Mandolin Concerto in C, RV425 **4.43** Schumann Sechs  
Gesänge, Op 107 **4.54** Prokofiev Cinderella Fantasy Suite  
**5.07** Weiner Serenade in F minor, Op 3 **5.29** Bach Trio  
Sonata No 3 in D minor, BWV527 **5.44** Howells  
Requiem **6.06** Mozart Piano Trio in B flat, K 502 (R)

## Classic FM

99.9–101.9 FM DAB [classicfm.com](http://classicfm.com)

Freeview 731 Freesat 721 Sky 0106 Virgin 922

**7.00am** Aled Jones With a Choral Classic at 8.15.

**10.00** Andrew Marr Today's playlist includes Montenegro guitarist Milos, a soloist at the upcoming Classic FM Live concert at the Royal Albert Hall. Plus a recording by the Havana Lyceum Orchestra and Sarah Willis of Mozart's *Horn Concerto No 4 in E flat*. See 9pm

**1.00pm** Joanna Gosling Joanna marks the birth on this day in 1775 of Swedish-Finnish composer Bernhard Crusell with a recording of his *Clarinet Concerto No 1 in E flat*.

**4.00** John Humphrys With personal picks and more.

**7.00** Smooth Classics at Seven With Italian-Austrian pianist showcased in the Young Classical Star feature.

**9.00** Moira Stuart Meets... Milos 3/12. Moira invites Montenegro-born Milos (Karadaglic) to discuss favourite pieces of music and fellow guitarists.

**10.00** Calm Classics With Myleene Klass.

**1.00am** Bill Overton **4.00** Lucy Coward

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)

Freeview 727 Freesat 724 Sky 0107 Virgin 915

**8.00am** Jason Manford **11.00** Sarah Champion

**2.00pm** Dan Noble **6.00** Claire Sturgess **8.00** Sunday Night Music Club **12.00** Dan Noble



## BBC Radio 4

92.4–94.6 FM 198 LW DAB [bbc.co.uk/radio4](http://bbc.co.uk/radio4)  
Freeview 704 Freesat 704 (FM) 710 (LW)  
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)

**News** 5.30am, 6.00 and hourly to 9.00,  
12 noon then hourly to 12 midnight  
**Weather** 6.57am, 7.57, 12.57pm, 5.57, 9.59, 12.15am  
**Shipping Forecasts** 5.20am, 12.01pm (LW),  
5.54pm, 12.48am

**5.30am News Briefing**

**5.43 Bells on Sunday** From the church of St John the Baptist, Burford in the Cotswolds.

**5.45 Profile** Repeated from 7pm

**6.00 News Summary**

**6.05 Something Understood Unbending Belief.** Mike Wooldridge explores the rigidity of the beliefs of fundamentalists and the common ground they share across varying religions. Producer Eley McAlinsh (R)

**6.35 On Your Farm**

**2/9.** Charlotte Smith and Lucy Speed visit a highly diversified farm in Devon that has been picked as a finalist in the Farming for the Future category of the Food and Farming Awards. Producer Heather Simons

**7.00 News; Sunday Papers**

**7.10 Sunday** Religious and ethical issues.

**Edward Stourton's viewpoint:** page 11

**7.54 The Radio 4 Appeal**

Historian and writer David Olusoga makes an appeal on behalf of the Unseen charity. Producer Kate Howells Rptd 9.25pm and Thu 3.27pm  
Donations: Freepost BBC Radio 4 Appeal, marked Unseen on the back of the envelope. Credit/debit cards: Freephone 0800 404 8144; online via the Radio 4 website

**8.00 News; Sunday Papers****8.10 Sunday Worship**

A service for harvest festival from St Mary's, Warwick. Led by Canon Peter Holliday. The preacher is the Rev Dr Daniel Bennett. Order of service: Come, Ye Thankful People, Come (St George's Windsor); Kyrie (Darke in F). Deuteronomy 28, vv1–14. Lord of Beauty, Thine the Splendour (Regent Square). John 15, vv1–11. Psalm 23 (Howells); Fear Not, O Land (Elgar); Let Us, with a Glad Mind (Monkland) Producer Philip Billson

**8.48 A Point of View**

A reflection on a topical issue. Rptd from Friday

**8.58 Tweet of the Day**

The sound of the bar-tailed godwit. (R)

**9.00 Broadcasting House**

Presented by Paddy O'Connell.

**10.00 The Archers** Omnibus Edition.

**11.15 Desert Island Discs**  
Donna Langley, chair and chief content officer for the NBC Universal Studio Group, is Lauren Laverne's castaway. Producer Paula McGinley Repeated Friday 9am

**12.04pm Paul Sinha's Perfect Pub Quiz**

**6/10.** The comedian joins forces with an audience in Brighton. Repeated from Monday Repeated tomorrow 10pm Radio 4 Extra

## BBC Radio 4 Extra

DAB [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)

Freeview 708 Freesat 708 Sky 0126 Virgin 910

**6.00am Poetry Extra** as 5pm**6.30 The Camomile Lawn** as 5.30pm**7.40 Inheritance Tracks** as 12.40pm**7.50 Ground Control** as 6.50pm**9.00 A Life of Bliss** A 1957 episode of the sitcom**9.30 Home to Roost** as 2.30pm**10.00 Desert Island Discs** as 9pm**10.45 David Attenborough's Life Stories****11.00 Poetry Extra** as 5pm**11.30 The Camomile Lawn** as 5.30pm**12.40pm Inheritance Tracks** BBC News Editor**12.50 Ground Control** as 6.50pm**2.00 A Life of Bliss** A 1957 episode of the sitcom**2.30 Home to Roost** Sitcom by Anne Jones**starring Deryck Guyler and Molly Sugden** as a**couple adjusting to the increased shared time****wrought by retirement. From 1974 (6/6)****3.00 Desert Island Discs** as 9pm**3.45 David Attenborough's Life Stories****4.00 The Man in Black** Mark Gatiss presents**chilling tales, concluding with Penelope Skinner's****The Old Road, starring Laura Molyneux. From 2009****4.30 The Price of Fear** Vincent Price introduces**a dramatisation of Jack Ritchie's Remains to Be****Seen. Two emasculated husbands struggle to****12.30 The Food Programme**

**Eating Wild Part 2.** Dan Saladino finds out what happened to the group of foragers who survived on wild food for three months. What does analysis of their gut microbiomes show? Producer Dan Saladino. Repeated tomorrow 3.30pm

**1.00 The World This Weekend**

Presented by Jonny Dymond.

**1.30 Killing Death Row****New series. 1/7. Desperately**

**Seeking the Drugs.** Livvy Haydock explores the use of the death penalty in the US. Only five states in the country still carry out executions, and obtaining the drugs needed for lethal injections is becoming harder. Haydock discovers the story of a man in Acton, west London, who supplies the chemicals needed to state penitentiaries, as well as talking to a prisoner waiting to die and another who was saved at the last moment. Series producer Anna Meisel; Editor Clare Fordham

**2.00 Gardeners' Question Time**

Kathy Clugston is joined by Bob Flowerdew, Pippa Greenwood and Matthew Pottage on the Isle of Wight. Repeated from Friday

**Your RT Gardening: page 134****2.45 Opening Lines**

**The Mahabharata 1/2.** John Yorke analyses the epic Hindu poem, and how the conflict between two branches of the great Bharata family gives the work dramatic impact. Producers Sara Davies and Tolly Robinson

**3.00 Drama: Mahabharata Now**

**1/2. Dance of Defiance.** Drama based on the ancient Indian poem, by Richard Kurti and Bev Doyle. Yash and Padma begin their exile in Manchester, and find themselves members of an ethnic minority in a country where race is an increasingly charged issue, with no money to insulate themselves from trouble.

Dhruv	Neil Bhooapalam	Swati	Rina Fatania
Yash	Tavish Bhattacharyya	Emmi	Ayla Wheatley
Padma	Ira Dubey	Andy	Kenny Blyth
Shaks	Vivek Madan	Warehouse supervisor	
Karthik	Sukant Goel		Sean Connolly
Nyra	Abir Abrar	Landlord	Dean Harris
Gopi	Mina Anwar		

Producers Nadir Khan, Helen Quigley and Andrew Mark Sewell; Director Jatinder Verma

**4.00 Open Book**

Chris Power talks to Daniel Mason about his novel *North Woods*, which tells the story of a house in the woods of Massachusetts and its inhabitants over four centuries. Howard Jacobson explains why, at 80, he's launched his new creative writing on an online platform. Producer Kirsten Locke Repeated Thursday 3.30pm

**4.30 Rethinking Music**

**2/3. Beyond Face Value.** Soweto Kinch looks at how music can benefit education by visiting schools that have introduced a more holistic focus on music in their curriculum. Producers Megan Jones and Amelia Parker Repeated Saturday 12.15am (R)

escape their domesticated lives. With Clive Swift, Mervyn Jones and others. From 1973

**5.00 Poetry Extra** Daljit Nagra with a library-themed edition, featuring and Joan Bakewell and Ian McKellen. From 2007

**5.30 The Camomile Lawn** Siân Phillips reads from Elizabeth Bradbury's adaptation of Mary Wesley's 1984 novel. From 2007 – omnibus (1–5/10)

**6.40 Inheritance Tracks** as 12.40pm

**6.50 Ground Control** Comedy drama by Colin Bytheway. From 2018 – omnibus (1–5/5)

**8.00 A Life of Bliss** A 1957 episode of the sitcom**8.30 Home to Roost** as 2.30pm**9.00 Desert Island Discs** A 2009 edition with**Hollywood star Whoopi Goldberg** discussing her**life and her then eight favourite recordings,****from Bill Withers to Joan Sutherland****9.45 David Attenborough's Life Stories****10.00–12.00 Comedy Club: Start/Stop****(3/6), at 10.30 Tim Key's Late Night****Poetry Programme (2/4), at 11.00 Andy****Hamilton Sort of Remembers (3/4),****and at 11.30 Clayton Grange (3/4),****12.00 as 5pm 12.30am as 5.30pm 1.40 as****6.40pm 1.50 as 6.50pm 3.00 as 2pm 3.30 as****2.30pm 4.00 as 9pm 4.45 as 9.45pm 5.00****A Man Alone** Andrew Rissik's play *Harriet*,**starring Ronald Pickup. From 1986 (3/3)****5.00 File on 4**

**Bankrupt Birmingham.** Europe's largest local authority is facing financial meltdown, with decades of mismanagement and backroom deals with trade unions supposedly to blame. Adrian Goldberg investigates Birmingham City Council's bankruptcy. Repeated from Tuesday

**5.40 Profile** Repeated from yesterday 7pm**6.00 Six o'Clock News****6.15 Pick of the Week**

Stuart Maconie presents highlights of BBC radio programmes. Producer Elizabeth Foster

**7.00 The Archers**

**Clarrie** finds herself in the spotlight, and Lee stands accused. **See choice: p111.** For cast see Friday Repeated tomorrow 2pm

**7.15 Agendum**

**2/4. Timebomb.** Current affairs spoof by Jason Hazeley and Joel Morris. Alexandra Palisades (Carrie Quinlan) brings more topical stories under the spotlight. Or not. With the voices of Justin Edwards, Melanie Hudson, Kath Hughes, Simon Kane, Tayla Kovacevic-Ebong, David Reed, Jess Robinson, Kerry Shale, Luke Sumner and Tony Way. Producer David Tyler Repeated Wednesday 10.30pm Radio 4 Extra (R)

**7.45 Moving Mountains**

**4/5. Joss.** By Jan Carson. A former drama student turned activist has one last stunt planned to save the hill that the locals insist is a mountain. Read by Aoi Bhéann McCann. Producer Michael Shannon; Editor Andy Martin

**8.00 Feedback**

**1/11.** Andrea Catherwood fields listeners' views and puts them to programme-makers. Repeated from Friday

**8.30 Last Word**

Matthew Bannister recounts the lives of the recently deceased. Repeated from Friday

**9.00 Money Box** Repeated from yesterday 12.04pm**9.25 The Radio 4 Appeal** Rptd from 7.54am**9.30 Loose Ends**

Repeated from yesterday 6.15pm

**10.00 The Westminster Hour**

Political magazine.

**11.00 The Moral Maze**

**4/8.** Michael Buerk is joined by Mona Siddiqui, Sonia Sodha, Giles Fraser and Tim Stanley for a debate on a moral issue behind a story in the news. Repeated from Wednesday

**12.00 News and Weather****12.15–12.45am Thinking Allowed**

**7/9. Pets.** Laurie Taylor talks to Jane Hamlett from Royal Holloway, University of London, about her study of the British love affair with pets. Jessica Amberson from University College, Cork, goes on a dog walk and explores what this mundane daily activity means for a canine owner and how it helps shape the identity of a "dog person". Rptd from Wednesday

**1.00 as BBC World Service**

## BBC World Service

DAB [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)

Freeview\* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

**5.00am** The Newsroom **5.30** The Documentary:**Africa's Urban Future 6.00** Weekend**9.00 News 9.05** From Our Own Correspondent**9.30 Outlook 10.00 News 10.05** Music Life**11.00** The Newsroom **11.30** BBC Trending:**Extreme: an exploration of the ways social****media is shaping behaviour and beliefs on the****fringes of the internet – and in some cases,****becoming mainstream (7/8) 11.50** More or Less**12.00 News 12.05pm** BBC OS Conversations**12.30** The Cultural Frontline **1.00** Newshour**2.00 News 2.05** Music Life **3.00** News**3.05** Sportsworld **7.00** The Newsroom **7.30****Unspun World with John Simpson 8.00** News**8.05** Unexpected Elements **9.00** Newshour**10.05** The Climate Question **10.30** Pick of the**World 10.50** Over to You **11.00** The Newsroom**11.20** Sports News **11.30** Outlook **12.00** News**12.05am** From Our Own Correspondent**12.30** BBC Trending: Extreme **12.50** More or**Less 1.00** The Newsroom **1.30** Happy News**2.00** The Newsroom **2.30** Crowd Science**3.00** News **3.05** People Fixing the World**3.30** Pick of the World **3.50** Over to You**4.00** The Newsroom **4.30** The Conversation

## BBC Radio 5 Live

693, 909 MW DAB [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)  
F'view 705 F'sat 705 Sky 0105 Virgin 905  
Sports Extra F'view 706 F'sat 706  
Sky 0131 Virgin 908

**News and sport** bulletin every half-hour  
Times vary during live sports coverage

**5.00am Newscast****6.00 5 Live Science**

Dr Chris Smith and the Naked Scientists with science reports.

**7.00 Sunday Breakfast** With Chris

Warburton and Holly Hamilton.

**10.00 Sarah Jane-Mee****11.45 5 Live Sport**

Sonja McLaughlin presents build-up to the **12.00** commentary on Manchester United v Leicester City in the Women's Super League. And at **2.00 Rugby World Cup**, featuring Sonja in Marseille with build-up to the **4.00** commentary on the third quarter-final. From **6.15** Steve Crossman presents build-up to the **8.00** commentary on the fourth quarter final taking place at Stade de France in Paris. **10.15 Connor Phillips** Sitting in for Stephen Nolan with stories, debate and a phone-in. **1.00am Dotun Adebayo** Topical discussion, with a phone-in.

## BBC 5 Sports Extra

DAB [bbc.co.uk/sports extra](http://bbc.co.uk/sports extra)

F'view 706 F'sat 706 Sky 0131 Virgin 908

**9.00am–5.30pm Test Match Special** England v Afghanistan, the Cricket World Cup group match at Arun Jaitley Stadium in Delhi.

**7.00–10.00 Euro 2024**

**Qualifiers** Wales v Croatia in the Euro 2024 Group D qualifying match in Cardiff (kick-off 7.45).

**10.00–1.30am NFL** Commentary on a week six match, joining coverage in progress.

## Talksport

1053, 1089 MW DAB [talksport.co.uk](http://talksport.co.uk)

F'view 723 F'sat 731 Sky 0108 Virgin 927

**6.00am Weekend Sports****Breakfast 9.00 Sunday Edition****11.00 The Warm Up****1.30pm The Sunday Session****5.00 Final Word****8.00 Up Front with Simon Jordan****9.00 Trans Europe Express****12.00 A Talksport Special****1.00am Extra Time****5.00 Early Breakfast**

## Talksport 2

DAB [talksport.co.uk](http://talksport.co.uk)

**1.30pm–9.30 NFL American****Football** Tennessee Titans v**Baltimore Ravens at Tottenham****Hotspur Stadium (kick-off 2.30);****Cleveland Browns v San Francisco****49ers in Cleveland (kick-off 6.00).****9.30–1.00am PGA Tour Golf** Day**four of the Shriners Children's Open.****1.00–5.00 NFL American Football****Commentary on Buffalo Bills v****New York Giants (kick-off 1.20).**

## LBC

97.3 FM (London area) DAB [lbc.co.uk](http://lbc.co.uk)

F'view 732 F'sat 734 Sky 0123 Virgin 919

**7.00am** Andrew Castle **10.00****David Lammy 1.00pm** Sangita Myska**4.00** Paul Brand **7.00** Rachel**Johnson 10.00** Nick Abbot **1.00am****Richard Spurr 4.00** Ian Payne

## Times Radio

DAB [thetimes.co.uk/radio](http://thetimes.co.uk/radio)

**6.00am** Chloe Tilley and Calum**Macdonald 10.00** Kate McCann**and Adam Boulton 1.00pm** Alexis**Conran 4.00** Ayesha Hazarika**7.00** The Best of Times Podcasts**8.00** Stories of Our Times **8.30**



## TODAY'S CHOICES



### Lights Out

11.00pm **Radio 4**

Talia Augustidis's mother Sallie died when Talia was three, having fallen from a clifftop hotel terrace in Majorca. In this tender, heartfelt documentary Talia (above, as a newborn in her mother's arms and inset, now aged 23) catalogues family tape recordings and home movies in a quest to build a good image of the mother she only knows through two blurry memories and second-hand sources. There is mordant humour in recounting the extraneous, often erroneous, details of press reports on the death and what happened when Talia went ahead and digitised the one home movie tape her father had expressly told her not to – there's only so much she wants to know about her mother. But what remains is a haunting search for echoes of a life that ends with a reconciliatory ceremony at the base of that cliff in Majorca. **DAVID CRAWFORD**

### Prime Minister's Props

1.45pm **Radio 4**

Professor Sir David Cannadine returns with another fascinating series exploring how an object or prop can define a political leader's image, for good or bad. Up first is Liberal PM Lord Rosebury (1894–1895), whose love of the turf saw his horses win the Derby in both years of his short-lived term in office. Later episodes reflect on how Clement Atlee's family car established the Labour leader as a modest man of the people while Ted Heath's yacht reveals a passion for sailing that delivered success and tragedy. Completing the line-up are Lloyd George and Harold Macmillan, whose cultivation of respective nicknames "the Welsh Wizard" and "Supremac" became something of a double-edged sword. **JEREMY ASPINALL**

## BBC Radio 1

97.6–99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901  
7.00am Greg James 10.30 Rickie, Melvin and Charlie 1.00pm Dean and Vicky 3.30 Vick and Jordan 6.00 Future Sounds 7.00 Hottest Records of the Week 8.00 Future Artists 10.00 Power Down Playlist 11.00 Daniel P Carter 1.00am BBC Introducing Rock 2.00 Future Alternative 3.00 Relax in Love 4.00 Dance 5.00 Arielle Free

## BBC Radio 2

88–90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902  
6.30am Gaby Roslin  
Sitting in for Zoe Ball, with guest Michael Ball.  
9.30 Vernon Kay  
Music, chat and features, including at 10.30 the pop quiz **Ten to the Top**, and at 11.40 **Tracks of My Years**, this week featuring ten of the favourite records of Glasgow-born actor Robert Carlyle.  
12.00 Jeremy Vine Topical show.  
2.00pm Scott Mills  
4.00 OJ Borg  
Radio 2's overnight broadcaster sits in for Sara Cox.  
7.00 Jo Whiley  
9.00 The Blues Show with Cerys Matthews  
10.00 Trevor Nelson's Rhythm Nation  
12.00 Phil Williams  
Sitting in for OJ Borg.  
3.00am Sounds of the 90s  
An S Club mixtape from August. (R)  
4.00 Owain Wyn Evans

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909  
7.30am Lauren Laverne  
Chat, music and guests, today with astronaut and author Chris Hadfield discussing his new novel, *The Defector*.  
10.30 Mary Anne Hobbs  
Chat and music, including the **All Queens Mix** and, before 12 noon, **Hit Reset**.  
1.00pm Chris Hawkins  
4.00 Steve Lamacq  
With singer/songwriter Richard Hawley ahead of the release of his "best of" album.  
7.00 New Music Fix Daily  
With Tom Ravenscroft and Deb Grant.  
9.00 6 Music Artist in Residence 5/10.  
Lead vocalist Joe Talbot and guitarist Mark Bowen of Bristol band Idles share their favourite music.  
10.00 Riley and Coe  
Marc Riley and Gideon Coe with eclectic playlists drawn from their record collections.  
12.00 In Their Own Words  
A profile of Cat Power (Chan Marshall) kicks off five hours of programming devoted to the US singer/songwriter.  
1.00am The Cat Power Playlist  
2.00pm 6 Music Festival Highlights  
Three episodes of a 2022 five-part series with Cat Power's festival picks.  
5.00 Huw Stephens

## Greatest Hits

DAB [greatesthitsradio.co.uk](http://greatesthitsradio.co.uk)  
F'view 716 Sky 0151 Regional variations on FM/MW  
6.00am Rossie 10.00 Ken Bruce  
1.00pm Jo Russell 4.00 Simon Mayo  
7.00 Mark Goodier 10.00 Andy Crane  
1.00am Music Marathon  
4.00 Alex Lester

## Boom Radio

DAB [boomradio.co.uk](http://boomradio.co.uk)  
6.00am Andy Marriott 7.30 Graham Dene 10.00 David Lloyd 12.00 Derek Webster 2.00pm Roger Day 4.00 Nicky Horne 6.00 Jane Markham  
8.00 Easy Hour 9.00 David Hamilton  
10.00 Diana Luke 12.00 Night Ride  
2.00am Through the Night

## BBC Radio 3

90.2–92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903  
News and weather Half-hourly 6.30–8.00am, 1.00pm, 6.00  
6.30am Breakfast With Hannah French.  
9.00 Essential Classics With Georgia Mann.  
12.00 Composer of the Week:  
Errollyn Wallen (b. 1958)  
1/5. **Roots**. Belize-born British composer Errollyn Wallen (now 65) is a remarkably versatile and prolific composer, pianist and songwriter, and the first black woman to have a piece performed at the Proms. This week Donald Macleod gets to know Wallen as she corresponds from her Scottish lighthouse – a retreat that allows her to focus. Today she talks about her deep connection to Belize and her childhood memories of Ella Fitzgerald and calypso. First broadcast January 2022.  
*I Wouldn't Normally Say* Errollyn Wallen (piano)  
*It's a Quarter to Nine* Hull Music Hub Massed Choir, Errollyn Wallen (piano), conductor Charles McDougall  
*Percussion Concerto (2nd mvmt)* Colin Currie (percussion), National Youth Orchestra, conductor Paul Daniel  
*Louis' Loops* Margaret Leng Tan (toy piano)  
*Photography* Ensemble X, conductor Nicholas Kok  
NNENNA BBC NOW, conductor Ryan Bancroft  
*My Granny Sarah* National Youth Choir of Great Britain, conductor Ben Parry (R)  
RT OFFER Errollyn Wallen *Photography (Orchestral Works)* – performed by cellist Matthew Sharp, Orchestra X, the Continuum Ensemble, Ensemble X, Quartet X, bassist Tim Harries, Errollyn Wallen (voice) and conductors Nicholas Kok and Philip Headlam – is available for £16.90 incl p&p. Call 0115 982 7500 quoting ref NMC0221 or visit [radiotimes.com/cds](http://radiotimes.com/cds)

1.00pm **Radio 3 Lunchtime Concert**  
From Wigmore hall in London, Martin Handley **LIVE** introduces a recital by violinist Théotime Langois de Swarte and harpsichordist Justin Taylor.  
F **Francœur** Violin Sonata No 6 in G minor (Twelve Violin Sonatas, Book 2) (1st, 2nd and 5th mvts)  
Couperin *Les baricades mystérieuses*  
F **Francœur** Le théâtre s'obscurcit, on entend le tonnerre; Le théâtre s'éclaire (Les Augustales)  
L **Francœur** Violin Sonata in B minor, Op 1 No 6 (1st mvmt)  
F **Francœur** *Premiers et seconds airs (Scanderberg); Gavotte pour les muses et les plaisirs (Le trophée); Deuxième air (Tarsis et Zélie); Violin Sonata No 10 in G (Ten Violin Sonatas, Book 1) (1st and 4th mvts)*  
Eccles Violin Sonata in G minor (3rd and 2nd mvts)  
Purcell *Music for a While (Incidental music for Oedipus, King of Thebes, S583)*  
Eccles Violin Sonata in G minor (4th mvmt)  
Marcello Oboe Concerto in D minor, SZ799 (2nd mvmt)  
Corelli Violin Sonata in D minor, Op 5 No 12 (La follia)  
Repeated Sunday 1pm  
2.00 **Afternoon Concert** With Fiona Talkington.  
Fauré *Masques et bergamasques*, Op 112  
BBC Philharmonic, conductor Yan Pascal Tortelier  
Schubert *Overture: Rosamunde*  
Ulster Orchestra, conductor Jac van Steen  
Ali Osman *The Shepherd's Song* Jennifer Galloway (oboe), BBC Philharmonic, conductor Ben Gernon  
Haydn Violin Sonata in C, H XVI 35 Fazil Say  
3.00 Dvorak *Symphony No 6 in D* Toulouse Capitole Orchestra, conductor Petr Popelka  
Judith Weir *Indelible, Miraculous* BBC Singers/Hyde

## Scala Radio

DAB [scalalaradio.co.uk](http://scalalaradio.co.uk)  
7.00am Charles Nove  
Music, a light look at the newspapers and features including **Questions of the Day** and, from 9.00, **Screen Time**, featuring an hour of music from films, TV shows, adverts and video games.  
10.00 Penny Smith  
Including at 11.30 a guest from the world of arts and culture. Plus requests from 12.00.  
1.00pm Sam Hughes  
Classical favourites.  
4.00 Richard Allinson  
Music and features, including at 5.30 **Classical Bangers**.  
7.00 Mark Forrest  
Music and features, including new releases and at 8.00 the **Peaceful Piano** playlist.  
10.00 The Space  
Soothing and calming music.  
1.00am Night Music 5.00 In the Park

## Asian Network

DAB [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)  
F'view 709 F'sat 709 Sky 0119 Virgin 912  
6.00am The Everyday Hustle 7.00 Breakfast 10.00 Certified 11.00 Haroon Rashid 2.00pm Certified Throwbacks 3.00 Ankur Desai 6.00 Bobby Friction  
8.00 Motivation 10.00 Chill 11.00 News Presents  
12.00 Shades On Mix 1.00am Bobby Friction 3.00 Luton Town: No Place like Home 4.00 Noreen Khan

Fazil Say *Ballade No 1* (Nazim)  
Gershwin, arr Say *Summertime Variations*  
Fazil Say (piano)

4.30 **New Generation Artists**  
Performances by the Consone Quartet – featuring their latest recording – and Katharina Konradi.  
Mendelssohn *Venetianisches Gondellied*, Op 57 No 5  
Katharina Konradi (soprano), Eric Schneider (piano)  
Mendelssohn *String Quartet in E flat* Consone Quartet

5.00 **In Tune**  
Katie Derham welcomes composer Isobel Waller-Bridge – ahead of Friday's world premiere of her ballet *The Limit* at the Royal Opera House – and, performing live, accordionist Ksenija Sidorova.  
7.00 **Classical Mixtape**  
An eclectic playlist.

7.30 **Radio 3 in Concert**  
In a concert recorded in August at the Royal Concertgebouw, Amsterdam, Fiona Talkington introduces the Netherlands Radio Philharmonic Orchestra and sibling soloists Lukas and Arthur Jussen in a programme of tuneful classics.  
Lucas and Arthur Jussen (pianos), Netherlands Radio Philharmonic Orchestra, conductor Dalia Stasevska  
Mendelssohn *Overture: A Midsummer Night's Dream*, Op 21; *Concerto in E for Two Pianos*  
Dvorak *Symphony No 8 in G*

10.00 **Music Matters**  
Repeated from Saturday 11.45am  
10.45 **The Essay: Five Cellos – Lost and Found 1/5. The Soul of Music**.  
Writer and musician Kate Kennedy takes a personal look at five lost cellos, and what they can tell us about those who played and loved them and how our identities are shaped by the physical, social and psychological impacts of performance. She starts with Jewish-Hungarian Pal Hermann (1902–44), hailed in the 1930s as "the next Pablo Casals" but now forgotten. Kennedy retraces his steps across Europe, with his unique Gagliano cello, as he attempted to escape the Nazis, from Berlin to Paris, to Toulouse and finally to Lithuania. Hermann's cello has been lost since 1952, but the key to finding it is an inscription burnt into the side of it, "I am the soul of music".  
Producer Adrian Washbourne

11.00 **Night Tracks**  
With Sara Mohr-Pietsch.  
12.30am **Through the Night**  
With Jonathan Swain, who first presents a performance of Mahler's Sixth Symphony from May in Turin.  
Mahler *Symphony No 6* RAI National Symphony Orchestra, conductor Robert Trevino 1.55 Bruckner *Libera me* 2.01 Brahms *Cello Sonata in E minor*, Op 38  
2.27 Alma Mahler *Bei dir ist es traut* 2.31 Mozart *Symphony No 39 in E flat*, K543 3.02 Shostakovich *Piano Quintet*, Op 57 3.32 Piazzolla *Histoire du Tango* 3.48 Handel *Si, l'infinia consorte... Confusa si miri (Rodelinda)* 3.54 Prokofiev *March (The Love for Three Oranges)* 3.56 Brahms *Drei Gesänge*, Op 42  
4.06 Debussy *Jeux* (arr for eight hands)  
4.22 Vivaldi *Concerto in C for Two Trumpets, RV537*  
4.31 J Strauss (son) *Spanischer Marsch*, Op 433  
4.36 Vitolis *Romance for violin and piano*, Op 15  
4.43 JC Bach *Quintet in G*, Op 11 No 2 4.51 Massenet *Manon and Des Grieux recit and duet (Manon)* 4.59 Purcell *See, See, Even Night Herself Is Here (The Fairy Queen)* 5.04 John Thrower *Improvisation on a Blue Theme* 5.21 Chopin *Nocturne in C minor*, Op 48 No 1  
5.28 Bach *Cantata No 147: Herz und Mund und Tat und Leben* 5.59 Saint-Saëns *Piano Trio No 1 in F*, Op 18

## Classic FM

99.9–101.9 FM DAB [classicfm.com](http://classicfm.com)  
Freeview 731 Freesat 721 Sky 0106 Virgin 922  
6.00am **More Music Breakfast**  
With Tim Lihoreau.  
9.00 Alexander Armstrong  
Classical hits, starting with the **Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300. At 10.15 **Album of the Week**.  
12.00 Anne-Marie Minhall  
Including at 12.00 **Classic FM Requests** – with listeners phoning in – and at 3.00 **Hall of Fame**, featuring three works from the current Classic Hall of Fame chart.  
4.00pm Margherita Taylor  
Classic FM favourites.  
7.00 **Smooth Classics at Seven**  
Zeb Soanes with three hours of classical music to help listeners relax and recharge, including at 9.00 the **Great Escape**.  
10.00 **Calm Classics**  
With Ritula Shah.  
1.00am Bill Overton 4.00 Lucy Coward

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)  
Freeview 727 Freesat 724 Sky 0107 Virgin 915  
6.00am Ben Burrell 10.00 Leona Graham: rock and pop 1.00pm Jay Lawrence 4.00 Bush 7.00 Danielle Perry 10.00 Emil Franchi 1.00am Dan Noble





## BBC Radio 4

**92.4-94.6 FM 198 LW DAB** [bbc.co.uk/radio4](http://bbc.co.uk/radio4)  
**Freeview** 704 **Freesat** 704 (FM) 710 (LW)  
**Sky** 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)  
**News** 5.30am, 6.00 and hourly to 12 midnight  
**Weather** 5.56am, 6.07, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.30am  
**Shipping Forecasts** 5.20am, 12.01pm (LW), 5.54pm (LW), 12.48am  
**5.30am News Briefing**  
**5.43 Prayer for the Day**  
 A chance to pause for reflection and contemplation, with Julia Loveless.  
**5.45 Farming Today**  
 News about food, farming and the countryside.  
**5.58 Tweet of the Day**  
 Chris Watson presents the carrion crow. (R)  
**6.00 Today**  
 With Mishal Husain and Justin Webb.  
**6.25, 7.25, 8.25 Sports News**  
**7.48 Thought for the Day**  
 With Dr Chetna Kang.  
**9.00 Start the Week**  
**Unruly Bodies.** Writer and academic Emma Dabiri, film-maker Carol Morley and scientist Cat Bohannon explore what is outside the norm – culturally, creatively and biologically – with presenter Adam Rutherford.  
 Producer Katy Hickman Shortened repeat 9.30pm  
**9.45 FM Book of the Week: Hitler, Stalin, Mum and Dad**  
**1/5. The Battle for Poland.** Daniel Finkelstein reads from his memoir of his parents' time during the Second World War. In 1939, as the Polish city of Lwow is carved up by Stalin and Hitler, Daniel's family find themselves at the hands of the Soviet secret police. Abridged by Richard Hamilton.  
 Producers Justine Willett Repeated 12.30am  
**9.45 LW Daily Service**  
 Led by Sandra Godley. 1 Timothy 4, vv7-12. As the Deer, performed by Volney Morgan and New Ye (BBC Recording); In Christ Alone, performed by Keith Getty and Stuart Townend (BBC Recording).  
**10.00 Woman's Hour**  
 Presented by Emma Barnett.  
 Editor Karen Dalziel  
**11.00 The Gift**  
**6/6. Secrets.** As presenter Jenny Kleeman's own DNA test results land in her inbox, she hears how home DNA tests have brought family secrets – once thought long buried – into the light.  
 Producer Conor Garrett  
**11.30 The Bottom Line**  
**3/8. Rebranding.** When Elon Musk changed Twitter's name and logo to X, the move was met with derision, confusion, and even anger. It could turn out to be a masterstroke, but rebrands can be risky, particularly with powerful household names. So what's the point, and how do you make sure they hit the mark? Evan Davis and guests discuss.  
 Repeated from Thursday

## BBC Radio 4 Extra

**DAB** [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)  
**Freeview** 708 **Freesat** 708 **Sky** 0126 **Virgin** 910  
**6.00am Deep Six** as 4pm  
**6.30 Lonelyheart 4122** By Colin Watson (1/6)  
**7.00 The Camomile Lawn** By Mary Wesley (6/10)  
**7.15 Shakespeare's Restless World** as 12.15pm  
**7.30 Welcome to Our Village, Please Invade**  
 Carefully Pilot episode of the 2012 sitcom  
**8.00 Steptoe and Son** 1967 sitcom  
**8.30 Semi Circles** 1982 comedy (5/6)  
**9.00 It's Your Round** Comedy panel show (5/6)  
**9.30 Snap** Romantic comedy. From 2004 (3/6)  
**10.00 A Man Alone** as 3pm  
**11.00 Deep Six** as 4pm  
**11.30 Lonelyheart 4122** By Colin Watson (1/6)  
**12.00 The Camomile Lawn** By Mary Wesley (6/10)  
**12.15pm Shakespeare's Restless World** A 2012 object-based history series in which then British Museum director Neil MacGregor used artefacts from William Shakespeare's time to explore how Elizabethan and Jacobean audiences made sense of their rapidly changing environment (1/20)  
**12.30 Welcome to Our Village, Please Invade**  
 Carefully Pilot episode of the 2012 sitcom  
**1.00 Steptoe and Son** 1967 sitcom  
**1.30 Semi Circles** 1982 comedy (5/6)  
**2.00 It's Your Round** Comedy panel show (5/6)  
**2.30 Snap** Romantic comedy. From 2004 (3/6)

**12.04pm You and Yours**  
 Consumer affairs and public interest stories.  
**1.00 The World at One**  
 Presented by Sarah Montague.  
**1.45 Prime Ministers' Props**  
**New series. 1/5. Lord Rosebery's Race Horses.** Professor Sir David Cannadine explores political fame and image by looking at how an object or prop can come to define a political leader. He begins with Lord Rosebery, prime minister from 1894 to 1895, whose horses won the Derby in both the years he was in office. Yet ultimately his success on the turf didn't enhance his image. Producer Melissa FitzGerald  
**2.00 The Archers**  
 Repeated from yesterday 7pm  
**2.15 This Cultural Life**  
 Repeated from Saturday 7.15pm  
**3.00 Brain of Britain**  
**10/17.** General knowledge quiz hosted by Russell Davies. Contestants from Surrey, Wiltshire, Hertfordshire and Hampshire compete for a place in the semi-final.  
 Producer Paul Bajoria Repeated Saturday 11pm  
**3.30 The Food Programme**  
 Repeated from yesterday 12.30pm  
**4.00 History's Secret Heroes**  
**10/10. Arslan Reznigqi and the Besa Code**  
 Helena Bonham Carter tells the story of Kosovan-Albanian merchant Arslan Reznigqi, and the part he played in ensuring that Albania was one of the few European countries to have a larger Jewish population at the end of the Second World War than at the beginning.  
 Producer Amie Liebowitz (R)  
**4.30 The Digital Human**  
**2/6. Matchmaker.** Aleks Krotoski explores how matchmaking in the future will be influenced both by the emerging tech and our attitude towards it. While some companies are adapting so that users can spend more time on actual dates than online chats, others are harnessing the growing sophistication of AI as a dating coach or even, in some cases, outsourcing that awkward early chat altogether.  
 Producer Lynsey Moyes  
**5.00 PM**  
 Evan Davis presents a round-up of the news headlines, analysis and reports.  
**6.00 Six o'Clock News**  
**6.30 Paul Sinha's Perfect Pub Quiz**  
**7/10.** Paul Sinha returns to Manchester for a simian-themed round, including questions about a monkey that supposedly caused the death of a quarter of a million people, a chimpanzee with the most commendably honourable attitude towards democracy, and the Um Bongo advertising jingle.  
 Producer Ed Morrish Repeated Sunday 12.04pm  
**7.00 The Archers**  
 Oliver faces a crisis and Pip takes a big step.  
 For cast see Friday Repeated Saturday 2pm

**3.00 A Man Alone** Ronald Pickup stars in Andrew Rissik's play *Harriet*. From 1986  
**4.00 Deep Six** Thriller by John Fletcher. Terry is sent to retrieve a file – only to discover the editor of the magazine dead and himself a suspect. With Freddie Lees and John Abineri. From 1984 (1/6)  
**4.30 Lonelyheart 4122** By Colin Watson (1/6)  
**5.00 The Camomile Lawn** By Mary Wesley (6/10)  
**5.15 Shakespeare's Restless World** as 12.15pm  
**5.30 Welcome to Our Village, Please Invade**  
 Carefully Pilot episode of the sitcom. From 2012  
**6.00 Steptoe and Son** 1967 sitcom  
**6.30 Semi Circles** 1982 comedy (5/6)  
**7.00 It's Your Round** Comedy panel show (5/6)  
**7.30 Snap** Romantic comedy. From 2004 (3/6)  
**8.00 Radiolab** US public radio show (6/8)  
**8.55 Inheritance Tracks** From 2020  
**9.00 Mastertapes** John Wilson invites Graham Nash to talk about his 1971 debut solo album (1/2)  
**9.30 Journey into Space: The Red Planet** (6/20)  
**10.00-12.00 Comedy Club: Paul Sinha's Perfect Pub Quiz** (6/10), at **10.30 Brian Gulliver's Travels** (2/6), at **11.00 The News Quiz** (6/8), and at **11.30 Forty Nights in the Wildebeest** (1/6)  
**12.00** as 3pm **1.00am** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 12.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 6.30pm **4.00** as 7pm **4.30** as 7.30pm **5.00 Running before the Wind** (1/4) **5.45 Short Works** Nicole Flattery's *Beatrice*

**7.15 Front Row**  
 Martin Scorsese talks to Tom Sutcliffe about his latest film, *Killers of the Flower Moon*, and as Madonna embarks on a global tour, her biographer Mary Gabriel and music critic Kate Mossman discuss the evolution of her music and enduring appeal. Producer Julian May  
**8.00 Izabela in the Forest**  
 Blind since birth, Izabela Dluzyk is a sound recordist from Gdansk who has made a project of recording the life of one of Europe's last primeval forests, Bialowieza, which lies on the Poland-Belarus border. Monica Whitlock joins her as Izabela discovers the forest's magical sounds, including night and dawn recordings that capture bird song and animal sounds, including that of the European bison. Producer Monica Whitlock Rptd from Sunday 8 October  
**8.30 Analysis**  
**3/8. What Makes a Good School?** The BBC's education editor Branwen Jeffreys asks how parents, teachers and school leaders can work out if a school is "good". She looks at who gets to decide what is a good school and what that means to different people.  
 Producer Bob Howard  
**9.00 Young Again**  
**2/6.** Kirsty Young asks actor Daniel Kaluuya what advice he would give to his younger self.  
 Repeated from Tuesday  
**9.30 Start the Week** Shortened rpt from 9am  
**10.00 The World Tonight**  
 Presented by James Coomarasamy.  
**10.45 Book at Bedtime: The Midnight News**  
**1/10.** By Jo Barker. A young woman finds her life unraveling during the Blitz. Every day brings new scenes of devastation and, after another heartbreaking loss, Charlotte has an uncanny sense that someone is stalking the darkness, targeting her friends. And now he's following her. Read by Rachael Stirling and abridged by Jeremy Osborne.  
 Producers Jeremy Osborne and Caroline Raphael  
**11.00 Lights Out**  
**New series. 1/6. Dead Ends.** Talia Augustidis offers a personal reflection on how we choose to remember someone. Exploring an archive of home videos, photographs, memories and news reports, she reflects on five images of her mother, who died when Talia was three, and tries to construct a true image of her amid the recordings and images she left behind.  
 Producer Talia Augustidis  
**11.30 Today in Parliament**  
 The start of the week's business in Westminster.  
**12.00 News and Weather**  
**12.30-12.45am Book of the Week: Hitler, Stalin, Mum and Dad**  
**1/5.** Repeated from 9.45am (FM only)  
**1.00 as BBC World Service**

## BBC World Service

**DAB** [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)  
**Freeview\*** 710 **Freesat** 711 **Sky** 0115 **Virgin** 906  
 Programmes may differ online, and on Freeview, Sky, and Virgin  
**5.00am** Newday **8.00** News **8.05** Hardtalk **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** Crowd Science **10.00** News **10.05** The History Hour **11.00** The Newsroom **11.30** The Conversation: with freedivers Alessia Zecchini from Italy and Julia Kozerska from Poland **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Crowd Science **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.05** From Our Own Correspondent **8.30** The Life Scientific: Gideon Henderson, geochemist and Professor of Earth Sciences at the University of Oxford, talks about his work on climate change, gene-edited food and Covid-19. First broadcast on Radio 4 **9.00** Newshour **10.00** News **10.05** Hardtalk **10.30** The Conversation **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** The History Hour **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** The Documentary: Africa's Urban Future (1/4) **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** In the Studio

## BBC Radio 5 Live

**693, 909 MW DAB** [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)  
**F'view** 705 **F'sat** 705 **Sky** 0105 **Virgin** 905  
**Sports Extra** **F'view** 706 **F'sat** 706  
**Sky** 0131 **Virgin** 908  
**News and sport** bulletin every half-hour  
 Times vary during live sports coverage  
**5.00am Wake Up to Money**  
**6.00 5 Live Breakfast** With Rachel Burden and Rick Edwards.  
**9.00 Nicky Campbell**  
 Topical discussions and interviews, with a phone-in throughout the show. Simulcast with BBC2  
**11.00 Helen Skelton**  
 Sitting in for Naga Munchetty.  
**1.00pm Nihal Arthanayake**  
 News and topical conversation including big-name interviews.  
**4.00 5 Live Drive**  
 Tony Livesey and Clare McDonnell with the latest news and sport.  
**7.00 5 Live Sport**  
 Mark Chapman with sports news, debate and features, including at **7.00 The Monday Night Club**, in which he's joined by Chris Sutton, Conor Coady and Rory Smith to discuss the weekend's football.  
 At **9.00 Rugby Union Daily**, featuring a review of the Rugby World Cup quarter-finals.  
**10.00 Colin Murray**  
 Topical discussion. Plus regular features, including at **12.00 Monday Night Fan Club**, with experts discussing in depth a favourite hobby or interest declared by a listener, who also features.  
**1.00am Dotun Adebayo**

## BBC 5 Sports Extra

**DAB** [bbc.co.uk/sports extra](http://bbc.co.uk/sports extra)  
**F'view** 706 **F'sat** 706 **Sky** 0131 **Virgin** 908  
**9.15am-5.30pm Test Match Special** Australia v Sri Lanka, a Cricket World Cup group match in Lucknow, India.

## Talksport

**1053, 1089 MW DAB** [talksport.co.uk](http://talksport.co.uk)  
**F'view** 723 **F'sat** 731 **Sky** 0108 **Virgin** 927  
**6.00am Talksport Breakfast**  
**10.00 Jim White and Simon Jordan** Sporting insight.  
**1.00pm Hawksbee and Jacobs**  
 Paul Hawksbee and Andy Jacobs with sports news, guests and more.  
**4.00 Drive** Andy Goldstein and Darren Bent with opinionated sporting debate.  
**7.00 Kick Off** Debating all the big sporting issues.  
**10.00 Sports Bar** Reaction, analysis and the chance for listeners to have a say on the day's sport.  
**1.00am Extra Time** Topical discussion, with a phone-in throughout the night.  
**5.00 Early Breakfast**

## LBC

**97.3 FM (London area) DAB** [lbc.co.uk](http://lbc.co.uk)  
**F'view** 732 **F'sat** 734 **Sky** 0123 **Virgin** 919  
**7.00am Nick Ferrari:** fast-paced show marked by strong opinions, featuring the day's newsmakers and listener reaction **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** Richard Spurr **4.00** Ian Payne

## Times Radio

**DAB** [thetimes.co.uk/radio](http://thetimes.co.uk/radio)  
**5.00am** Rosie Wright **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00pm** Jane Garvey and Fi Glover **5.00** John Pienaar **7.00** Pienaar and Friends **8.00** The Evening Edition with Kait Borsay **10.00** Carole Walker **1.00am** Stories of Our Times **1.30** Red Box **2.00** Highlights





# TUESDAY Radio

## TODAY'S CHOICES



### Young Again

11.00am **Radio 4**

What with *Desert Island Discs*, *This Cultural Life* and *The Archbishop Interviews*, does Radio 4 need another big-name interview programme? When the interviewer is Kirsty Young – back on the network five years after illness forced her to give up the *DID* chair – the answer is clearly yes. Unrivalled in her ability to draw people out, she actually doesn't have that much work to do with Jamie Oliver (above), because he runs with the idea behind the programme – older self looks back on younger self – with such honesty, readiness and good humour that the whole thing takes care of itself. "I'm incredibly disposable", "Children and celebrity is not healthy", "Poverty is almost genetic" are just some of his arresting insights, but what's key is the environment Young creates.

SIMON O'HAGAN

### Radio 3 in Concert

7.30pm **Radio 3**

"Hannah Kendall's music has an amazing ability to really grip the listener." So says Antonio Pappano of the composer whose new work he's chosen to showcase in his first LSO concert as Simon Rattle's designated successor. Inspired by a poem by Guyanese poet/political activist Martin Carter about the transformative power of disparate communities and faiths coming together on the old plantations, Kendall's *O Flower of Fire* seeks to "creolise" the European symphony orchestra by introducing sounds redolent of the African diaspora: the bluesy whine of harmonicas, harps with dreadlock cuffs around their strings, and multiple music boxes tinkling African-American spirituals alongside famous bits of Mozart and Beethoven. **MARK PAPPENHEIM**

## BBC Radio 1

97.6–99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901  
**7.00am** Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.30** Vick and Jordan **6.00** Future Sounds **8.00** Future Artists **10.00** Power Down Playlist **11.00** Annie Nightingale **1.00am** Drum 'n' Bass Mix **2.00** Workout Anthems **3.00** Relax **4.00** Dance **5.00** Arielle Free

## BBC Radio 2

88–90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902  
**6.30am** Gaby Roslin  
With guest Tracy-Ann Oberman.  
**9.30** Vernon Kay  
Music, chat and features, including at **11.40** *Tracks of My Years*, with two more picks from Robert Carlyle.  
**12.00** Jeremy Vine  
**2.00pm** Scott Mills  
**4.00** OJ Borg  
**7.00** Jo Whiley  
Including the half-hour *Shiny Happy Playlist* to start the show.  
**9.00** The Jazz Show with Jamie Cullum  
**10.00** Trevor Nelson's Rhythm Nation  
Including at **10.00** the *Magnificent 7* – a nostalgic half-hour of oldies.  
**12.00** Phil Williams  
**3.00am** Sounds of the 90s  
An diva mixtape from 2022. (R)  
**4.00** Owain Wyn Evans

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909  
**7.30am** Lauren Laverne  
**10.30** Mary Anne Hobbs  
**1.00pm** Chris Hawkins  
**4.00** Steve Lamacq  
New music, classic tracks and features, including a **Lost 45**, the *Tea Time Anthem* – which links three tracks to a news story – and *Kid Critics*, with nine-year-old Minnie's final music video review for the show.  
**7.00** New Music Fix Daily  
**9.00** 6 Music Artist in Residence  
**6/10**. Joe Talbot and Mark Bowen with further music picks, from Bon Iver to Aretha Franklin. Continues 3am. (R)  
**10.00** Riley and Coe  
**12.00** 6 Music's Deep Dive into Arctic Monkeys' AM  
James Ford, Nadine Shah, Felix White, Yard Act and more share memories to mark the tenth anniversary of Arctic Monkeys' fifth studio album AM, with the record played in full.  
**1.00am** The First Time with...  
Matt Everitt interviews musicians about their musical milestones, starting with Kim Gordon (ex-Sonic Youth) in 2013, followed at **2.00** by Marianne Faithfull in 2011.  
**3.00** 6 Music Artist in Residence  
**7/10**. With Joe Talbot and Mark Bowen.  
**4.00** The 6 Music Playlist  
**5.00** Huw Stephens

## Greatest Hits

DAB [greatesthitsradio.co.uk](http://greatesthitsradio.co.uk)  
F'view 716 Sky 0151 Regional variations on FM/MW  
**6.00am** Rossie **10.00** Ken Bruce  
**1.00pm** Jo Russell **4.00** The Simon Mayo Drivetime Show **7.00** Mark Goodier **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

## Boom Radio

DAB [boomradio.co.uk](http://boomradio.co.uk)  
**6.00am** Andy Marriott **7.30** Graham Dene **10.00** David Lloyd  
**12.00** Derek Webster **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour  
**9.00** David Hamilton's Million Sellers  
**10.00** Diana Luke **12.00** Night Ride  
**2.00am** Through the Night

## BBC Radio 3

90.2–92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903  
News and weather as Monday  
**6.30am** Breakfast  
Presented by Hannah French.  
**9.00** Essential Classics  
Georgia Mann with music and features, including at **9.30** *Playlist Starter*, in which listeners are played a piece of music and then invited to suggest compatible works for broadcast at **10.45** in the *Playlist Reveal*. Plus *Song of the Day* at **10.10**.  
**12.00** Composer of the Week: Errollyn Wallen  
**2/5**. *First Steps*. Donald Macleod speaks to Belize-born British composer Errollyn Wallen about her lifelong love of dance and her time training in New York at the Harlem Dance Theatre. *Woogie Boogie* Rachel Barton-Pine (violin), Matthew Hagle (piano)  
*Dervish* Matthew Sharp (cello), Dominic Harlan (piano)  
*Concerto Grosso* Tai Murray (violin), Isata Kanneh-Mason (piano), Chi-chi Nwanoku (double bass), Chineke! Orchestra, conductor Anthony Parther  
*Horseplay (1st and 2nd mvts)* Continuum Ensemble, conductor Philip Headlam  
*In Our Lifetime* Mike Henry (baritone), Ensemble X (R)  
**1.00pm** Radio 3 Lunchtime Concert  
Throughout the week Sarah Walker presents highlights of concerts from two Cotswolds festivals: Chipping Campden Music Festival (in May) and last month's Tetbury Music Festival.  
*Haydn String Quartet in F, Op 77 No 2* Takacs Quartet  
*Chopin Piano Sonata No 3 in B minor, Op 58* Isata Kanneh-Mason (piano)  
**2.00** Afternoon Concert  
Presented by Fiona Talkington.  
*Shostakovich Waltz (Suite: Maxim Trilogy, Op 50a)* BBC Philharmonic, conductor Vassily Sinaisky  
*John Pickard O magnum mysterium (first recording)* BBC Singers, conductor Martyn Brabbins  
*Toivo Kuula Prelude and Fugue, Op 10* BBC Concert Orchestra, conductor Martyn Brabbins  
*Fazil Say Alla Turca Jazz (after Mozart's Turkish Rondo from Piano Sonata in A, K331); Paganini Jazz (after Paganini)* Fazil Say (piano)  
*Boyle Elegy* Santiago Cañón Valencia (cello), Ulster Orchestra, conductor Jac van Steen  
*Mozart Symphony No 15 in G* Mozarteum Orchestra, Salzburg, conductor Ivor Bolton  
*John Pickard Ave maris stella* BBC Singers, conductor Martyn Brabbins  
*3.00* Brahms *Symphony No 2 in D* Helsingborg Symphony Orchestra, conductor David Niemann  
*3.55* Dutilleul *Le temps, l'horloge* Elizabeth Atherton (soprano), BBC Philharmonic, conductor Ludovic Morlot  
*Bach Chaconne (Partita No 2 in D minor, BWV1004)* Fazil Say (piano)  
**5.00** In Tune  
Katie Derham with arts news, music and guests, today with Montenegro-born guitarist Milos (Karadaglic) performing live to coincide with his new album, *Baroque*. Plus conductor Kellen Gray with a preview of the new recording *African-American Voices II*.

## Scala Radio

DAB [scalradio.co.uk](http://scalradio.co.uk)

**7.00am** Charles Nove  
Music, a light look at the newspapers and features including *Questions of the Day* and, from **9.00**, *Screen Time*, featuring an hour of music from films, TV, adverts and video games.  
**10.00** Penny Smith  
Including at **11.30** a guest from the world of arts and culture, today with Clare Balding discussing her latest book, *Isle of Dogs*, which explores the relationship between the British and their canine companions. Plus requests from **12.00**.  
**1.00pm** Sam Hughes  
With popular classical works.  
**4.00** Richard Allinson  
With *Classical Bangers*.  
**7.00** Mark Forrest  
Music and features.  
**10.00** The Space  
Soothing and calming music.  
**1.00am** Night Music **5.00** In the Park

## Asian Network

DAB [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)  
F'view 709 F'sat 709 Sky 0119 Virgin 912  
**6.00am** Chill **7.00** Nikita Kanda **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Ankur Desai **6.00** Bobby Friction **8.00** BBC Introducing **10.00** All Star Anthems **11.00** Asian Network Celebrates **12.00** Ankur Desai **1.00am** Bobby Friction **3.00** Asian Network Celebrates **5.00** Asian Network News Presents

## 7.00 Classical Mixtape

An eclectic half-hour of music of classical, contemporary and experimental sounds.

## 7.30 Radio 3 in Concert

**RT** In a concert from 5 October at the Barbican in London, Antonio Pappano conducts the London Symphony Orchestra in music by Liszt and Strauss and a world premiere of a work by New York-based British composer Hannah Kendall. Presented by Georgia Mann.  
Alice Sara Ott (piano), London Symphony Orchestra, conductor Antonio Pappano  
**Hannah Kendall O Flower of Fire (first performance)**  
**Liszt Totentanz**  
**Strauss Also sprach Zarathustra**

## 10.00 Free Thinking

**Victorian Colour, Jewellery and Metalwork**  
To coincide with an exhibition on Victorian art, fashion and design at the Ashmolean in Oxford, Nandini Das is joined by its curator, Matthew Winterbottom, and jeweller and researcher of man-made gems Sofie Boons. Plus Chris Corker (of the University of York), who has been researching the Birmingham Assay Office, founded in 1773 to provide testing and hallmarking of precious metal items.

## 10.45 The Essay: Five Cellos – Lost and Found

**2/5. The Bee Cello.** In her survey of five lost cellos, Kate Kennedy continues with an abandoned cello rescued from a skip that now stands alone under a pergola in an orchard of a stately home on the outskirts of Nottingham. In an eccentric experiment, created by one of the world experts in honeybees, apiarist and physicist Professor Martin Bencsik has donated the instrument to 400,000 bees who now live very happily inside the cello while "improving" its design.

## 11.00 Night Tracks

Sara Mohr-Pietsch with an adventurous soundtrack tailored for late-night listening.

## 12.30am Through the Night

Jonathan Swain presents music beginning with a concert by the Deutsche Streicherphilharmonie, performed in April in Berlin to mark 50 years of the orchestra.  
**Bartok Romanian Folk Dances G Klein Partita for Strings Arnold Oboe Concerto, Op 39 Debussy Danse sacrée et danse profane; Réverie Janacek Suite for Strings Maud Edenwald (harp), Mariano Esteban Barco (oboe), Deutsche Streicherphilharmonie, conductor Wolfgang Henrich**  
**1.43 Dvorak Piano Quintet No 2 in A, Op 81**  
**2.23 Debussy Hommage à Rameau (Images, Book 1)**  
**2.31 Schubert Symphony No 2 in B flat**  
**3.03 Lindberg Piano Quartet 3.28 Glinka Kamarinskaya 3.35 Durante Concerto per quartetto No 3 in E flat 3.46 Mozart Piano Sonata No 9 in D, K311**  
**4.03 Prokofiev Symphony No 1 (Classical)**  
**4.18 Sweelinck Psalm 90; Laudate Dominum**  
**4.23 Alpaerts Romanza for Violin and Orchestra**  
**4.31 J Strauss (son) Overture: Der Zigeunerbaron**  
**4.39 Rennes Three Quartets for women's voices and piano, Op 24 4.44 Madetoja Kullervo, Op 15**  
**4.58 Bach Prelude in A minor, BWV922 5.05 Bizet, arr Guiraud L'Arlesienne: Suite No 2 5.19 Handel Trio Sonata in B flat, HWV388 5.30 Balakirev Tamara**  
**5.52 M Haydn Missa tempore Quadragesimae**  
**6.06 Chopin Cello Sonata in G minor, Op 65**

## Classic FM

99.9–101.9 FM DAB [classicfm.com](http://classicfm.com)

Freeview 731 Freesat 721 Sky 0106 Virgin 922

**6.00am More Music Breakfast** Tim Lihoreau with music, news, financial updates and features, including the *Breakfast Serial* at **7.25**.

**9.00 Alexander Armstrong** Classical hits, starting with the *Classic Hall of Fame Hour*, featuring favourite pieces voted into the current Classic FM Top 300. At **10.15** *Album of the Week*.

**12.00 Anne-Marie Minhall** Including at **12.00** *Classic FM Requests* – with listeners phoning in – and at **3.00** *Hall of Fame*, featuring three works from the current Classic Hall of Fame chart.

**4.00pm Margherita Taylor** Classic FM favourites.  
**7.00 Smooth Classics at Seven** Zeb Soanes with a playlist designed to help listeners relax and recharge.  
**10.00 Calm Classics** With Ritula Shah.

**1.00am Bill Overton 4.00 Lucy Coward**

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)

Freeview 727 Freesat 724 Sky 0107 Virgin 915

**6.00am** Ben Burrell **10.00** Leona Graham  
**1.00pm** Jay Lawrence **4.00** Bush **7.00** Danielle Perry **10.00** Emil Franchi **1.00am** Dan Noble





## BBC Radio 4

92.4–94.6 FM 198 LW DAB [bbc.co.uk/radio4](http://bbc.co.uk/radio4)  
Freeview 704 Freesat 704 (FM) 710 (LW)  
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)

News, weather and shipping forecasts as  
yesterday; no weather at 5.56am

## 5.30am News Briefing

5.43 Prayer for the Day With Julia Loveless.

5.45 Farming Today Rural developments.

5.58 Tweet of the Day Bill Oddie on the ruff. (R)

## 6.00 Today

With Mishal Husain and Justin Webb.

6.25, 7.25, 8.25 Sports News

6.45 Yesterday in Parliament

7.48 Thought for the Day

With Canon Angela Tilby.

8.31 LW Yesterday in Parliament

9.00 Building Soul with Thomas  
Heatherwick

3/3. How to Ditch Boring and Humanise our  
Cities. Designer Thomas Heatherwick puts  
forward his own manifesto for a better future  
in urban architecture built around the idea of  
emotion as a function – full of character, built  
to last and designed to serve the general public.  
Producer Tom Pooley Repeated 9.30pm

## 9.30 How to Win a Campaign

4/5. The Ground War and the Air War  
Ex-Downing Street strategist Cleo Watson  
explains the “ground campaign” and the “air  
campaign”, how they are orchestrated and  
how effective they can be. Producer Eliane Glaser

9.45 FM Book of the Week: Hitler,  
Stalin, Mum and Dad

2/5. Siberia. Daniel Finkelstein reads from  
his memoir of his parents. Daniel's father and  
grandmother fight for survival as slave  
labourers in the Siberian wastelands.  
For details see yesterday Repeated 12.30am

## 9.45 LW Daily Service

Led by Bishop David Walker. 1 Peter 4, vv8–11.  
Love Divine, sung by the Daily Service Singers;  
Choose Now Who You Will Serve, performed  
by Seth Pinnock and A New Thing; Ye Servants  
of God, sung by Saint Michael's Singers.

10.00 Woman's Hour With Emma Barnett.

## 11.00 Young Again

RT 3/6. Kirsty Young asks Jamie Oliver  
what advice he would give to his  
younger self. He talks about living and  
working in his parents' pub and achieving  
considerable success at a young age.  
Available on BBC Sounds since 3 October.  
Producer Sam Peach Repeated Monday 9pm

## 11.30 Poet Laureate in the Arctic

2/4. Poet laureate Simon Armitage visits the  
UK Arctic research station in Ny Alesund  
where scientists from 11 countries work on  
long-term observation monitoring.  
Producer Susan Roberts

## 12.04pm Call You and Yours

Consumer affairs phone-in hosted by  
Winifred Robinson. PHONE: 0370 010 0444 (Lines  
open from 10am) EMAIL: [youandyours@bbc.co.uk](mailto:youandyours@bbc.co.uk)

## BBC Radio 4 Extra

DAB [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)

Freeview 708 Freesat 708 Sky 0126 Virgin 910

6.00am Deep Six Thriller by John Fletcher (2/6)

6.30 Lonelyheart 4122 as 11.30am

7.00 The Camomile Lawn With Siân Phillips (7/10)

7.15 Shakespeare's Restless World (2/20)

7.30 Showstopper Improvised comedy (6/6)

8.00 The Goon Show Vintage 1959 comedy.

8.30 Growing Pains Steve Wetton comedy (4/6)

9.00 The Motion Show Panel game (6/6)

9.30 On Baby Street 1996 comedy drama (5/5)

10.00 Running before the Wind as 3pm

10.45 Short Works as 3.45pm

11.00 Deep Six Thriller by John Fletcher (2/6)

11.30 Lonelyheart 4122 Dramatisation by Chris

Deny of Colin Watson's 1967 novel – the fourth in the

Flaxborough series, about a sleepy market town in

the 1950s where lonely, middle-aged women

begin to disappear. With John Rose. From 1990 (2/6)

12.00 The Camomile Lawn as 5pm

12.15pm Shakespeare's Restless World (2/20)

12.30 Showstopper Improvised comedy (6/6)

1.00 The Goon Show Vintage 1959 comedy

1.30 Growing Pains Steve Wetton comedy (4/6)

2.00 The Motion Show Panel game (6/6)

2.30 On Baby Street 1996 comedy drama (5/5)

3.00 Running before the Wind Drama by

Catherine Czerkawska. Yachting fan Alison restores

## 1.00 The World at One

Presented by Sarah Montague.

## 1.45 Prime Ministers' Props

## 2/5. Lloyd George, the Welsh Wizard

Professor Sir David Cannadine speaks to  
historian Mike Benbough-Jackson about how  
David Lloyd George expressed nationality  
and cultivated a “Welsh Wizard” persona.

## 2.00 The Archers Rptd from yesterday 7pm

## 2.15 Drama: Trust

2/3. Situation Scarlet. By Jonathan Hall.  
Billy is coping with his treatment, the new  
computer system is in place and the school  
has a student who is likely to go to Oxford, but  
Yvette can't help but feel anxious all the time.

Yvette	Julie Hesmondhalgh	Mr Khan/Faisal	
Tim	Ashley Margolis	Sushil Chudasama	
Sir Ken	Jonathan Keeble	Aleena	Natalie Davies
Carol	Susan Twist	Students	Theo Robinson, Jake
Billy	Jason Done	Cross, Isabel Elkind, Katie Lever	

Producer/Director Gary Brown

## 3.00 Short Cuts

5/9. The Soil. Josie Long presents short  
documentaries about the ground. A poet and  
a tree surgeon search for the roots of a  
metaphor and a musician searches for an  
anchor to home. Series producer Eleanor McDowall

## 3.30 Lady Killers with Lucy Worsley

2/8. Crime writer Denise Mina joins Lucy to  
look into the case of Madeleine Smith, a  
young woman from Glasgow high society in  
the 1850s, who was suspected of poisoning  
her secret lover – a man below her station.  
Producer Hannah Fisher (R)

## 4.00 The Mandates

3/3. Retreat. Tom Bateman examines a  
period in the Middle East's history when the  
pressures of war and competing national  
claims pushed Britain to retreat from the  
Mandate. He reveals how, from political  
movements and movements of people to  
ideas and lines on maps, the decisions taken  
by France and Britain as their Mandates  
came to an end were foundational.  
Producer Giles Edwards

## 4.30 A Good Read

3/9. Artist Cornelia Parker chooses *South* by  
Sir Ernest Shackleton, chef and restaurateur  
Jeremy Lee recommends Elizabeth David's  
book of essays, *An Omelette and a Glass of  
Wine* and presenter Harriett Gilbert suggests  
the novel *Foreign Affairs* by Alison Lurie.  
Producer Eliza Lomas Repeated Thursday 11.30am

## 5.00 PM Presented by Evan Davis.

## 6.00 Six o'Clock News

## 6.30 Best Medicine

3/11. Kiri Pritchard-McLean hears about a  
test that detects throat cancer with a pill on a  
string, surgical showmanship in the middle  
ages, the benefits of Alkaline Breathing, and  
treating an entire city like a patient.  
Producer Ben Worsfield

Repeated next Tuesday Radio 4 Extra

an old wooden boat and uncovers an incredible  
family history With Louise Beattie. From 1994 (1/4)

3.45 Short Works Nicole Flattery's *Beatrice*, in  
which 14-year-old Beatrice attends an after-school  
class for Female CEOs of the Future. From 2020

4.00 Deep Six Thriller by John Fletcher (2/6)

4.30 Lonelyheart 4122 as 11.30am

5.00 The Camomile Lawn With Siân Phillips (7/10)

5.15 Shakespeare's Restless World (2/20)

5.30 Showstopper Improvised comedy (6/6)

6.00 The Goon Show Vintage 1959 comedy

6.30 Growing Pains Steve Wetton comedy (4/6)

7.00 The Motion Show Panel game (6/6)

7.30 On Baby Street 1996 comedy drama (5/5)

8.00 TED Radio Hour Safe public places

8.50 Inheritance Tracks With Suzanne Vega

9.00 Mastertapes At the BBC's Maida Vale

Studios, Graham Nash responds to audience queries

about his 1971 debut solo album and performs songs

from the album. Presented by John Wilson (2/2)

9.30 Journey into Space: The Red Planet (7/20)

10.00–12.00 Comedy Club: Best Medicine

(2/11), at 12.30 Cliche, at 11.00 The Pin (2/4),

and at 11.30 ElvenQuest (4/6)

12.00 as 3pm 12.45am as 3.45pm 1.00 as 4pm

1.30 as 4.30pm 2.00 as 5pm 2.15 as 5.15pm

2.30 as 5.30pm 3.00 as 6pm 3.30 as 6.30pm

4.00 as 2pm 4.30 as 2.30pm 5.00 Running

before the Wind (2/4) 5.45 Short Works

## 7.00 The Archers

There's chaos at Grey Gables and Ian  
offers some advice.

For cast see Friday Repeated tomorrow 2pm

## 7.15 Front Row

An edition from Belfast, where Steven Rainey  
hears from Booker Prize nominee Paul Lynch.  
As two new productions of Ionesco's 1950s  
play *Rhinoceros* open in Wales and Northern  
Ireland, the adapters of both discuss why this  
play about the rise of fascism still feels relevant  
today. Plus live music from folk singer Cara  
Dillon, who is performing at the Belfast  
International Festival. Producer Olivia Skinner

## 8.00 File on 4

The collapse of retail giant Wilko left 12,500  
people out of work. No area has been harder  
hit than the Nottinghamshire town of Worksop,  
where Wilko had its head office and main  
factory. *File on 4* follows three former Wilko  
employees as they attempt to find work.  
Producer Matthew Pintus Repeated Sunday 5pm

## 8.40 In Touch Presented by Peter White.

Producer Pete Wilson

## 9.00 Inside Health

5/6. Exercise in older age is high on the  
agenda, but it's not always achievable. James  
Gallagher hears how octogenarian athlete  
“Irongran” keeps going, explores the mental  
and physical barriers that stop us exercising  
and finds out what he might feel like in 40  
years as he pulls on an ageing suit.

Producer Tom Bonnett Repeated tomorrow 3.30pm

## 9.30 Building Soul with Thomas

Heatherwick Repeated from 9am

## 10.00 The World Tonight

Presented by James Coomarasamy.

## 10.45 Book at Bedtime: The Midnight

News

2/10. By Jo Barker. A young woman finds  
her life unraveling during the Blitz. Today,  
after a night of heavy bombing, Charlotte  
spends the day checking her friends have  
been spared. Read by Rachael Stirling.  
For details see yesterday

## 11.00 Call Jonathan Pie

9/10. NHS. On his birthday, Pie fears he has  
lost his mojo. The show's topic is the state of the  
NHS but he's obsessed with old age and death.  
The whole series is available on BBC Sounds.

Jonathan Pie	Tom Walker	Voiceovers	Bob Sinfield
Jules	Lucy Pearson		Rob Curling
Sam	Aqib Khan	Callers	Ellie Dobing
Roger	Nick Revell		Sarah Gabriel
Agent	Daniel Abelson		Thanyia Moore
Minister	Liz White		Jonathan Taffler

Producers Alison Vernon-Smith and Julian Mayers

## 11.30 Today in Parliament

## 12.00 News and Weather

## 12.30–12.45am Book of the Week:

Hitler, Stalin, Mum and Dad

2/5. Repeated from 9.45am (FM only)

## 1.00 as BBC World Service

## BBC World Service

DAB [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)

Freeview\* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday 8.00 News 8.05 People

Fixing the World 8.30 Business Daily 8.50

Witness History 9.00 The Newsroom 9.30 The

Documentary: Africa's Urban Future (2/4) 10.00

News 10.05 The Arts Hour 11.00 The Newsroom

11.30 In the Studio: director Mohsen Makhmalbaf

discusses his film about life in Afghanistan 12.00

News 12.05pm Outlook 12.50 Witness History

1.00 The Newsroom 1.30 The Life Scientific: Jim

Al-Khalili speaks to geochemist, Gideon Henderson

2.00 Newshour 3.00 News 3.05 People Fixing

the World: a group dedicated to preventing suicide

3.30 World Business Report 4.00 BBC OS 6.00

News 6.05 Outlook 6.50 Witness History 7.00

The Newsroom 7.30 Sport Today 8.00 News

8.05 The Documentary: Africa's Urban Future:

the rapid urbanisation of Dar es Salaam, Tanzania

(2/4) 8.30 Tech Life 9.00 Newshour 10.05

People Fixing the World 10.30 In the Studio 11.00

The Newsroom 11.20 Sports News 11.30 World

Business Report 12.00 News 12.05am The Arts

Hour 1.00 News 1.05 Business Matters 2.00 The

Newsroom 2.30 The Climate Question 3.05

Outlook 3.50 Witness History 4.00 The

Newsroom 4.30 The Documentary: The Bomb

## BBC Radio 5 Live

693, 909 MW DAB [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)  
F'view 705 F'sat 705 Sky 0105 Virgin 905  
Sports Extra F'view 706 F'sat 706  
Sky 0131 Virgin 908

News and sport bulletin every half-hour  
Times vary during live sports coverage

## 5.00am Wake Up to Money

Fiscal news, reports and analysis,  
plus input from movers and shakers.

## 6.00 5 Live Breakfast

Rachel Burden and Rick Edwards  
with sport, news and weather.

## 9.00 Nicky Campbell

Topical discussions, with phone-ins.  
Simulcast with BBC2

## 11.00 Naga Munchetty

With the latest news, big-name  
interviews from around the UK and  
listeners' personal experiences.

## 1.00pm Nihal Arthanayake

4.00 5 Live Drive  
Tony Livesey and Clare McDonnell  
with news, and interviews linked to  
topical and cultural issues.

## 7.00 5 Live Sport

Kelly Cates with sports news,  
debate and build-up to the 7.45  
commentary on England v Italy in the  
Euro 2024 qualifiers.

## 10.30 Colin Murray

Vital topical discussion. Plus  
features, including at 11.00 The  
Big News Hour – an in-depth look  
at a big news story – and at 12.00  
Midnight Meets, in which Colin  
sits down with notable guests to  
find out what makes them tick.

## 1.00am Dotun Adebayo

News and topical discussion.

## BBC 5 Sports Extra

DAB [bbc.co.uk/sports extra](http://bbc.co.uk/sports extra)

F'view 706 F'sat 706 Sky 0131 Virgin 908

9.15am–5.30pm Test Match

Special South Africa v  
Netherlands in a Cricket World Cup  
group match in Dharamsala.

## Talksport

1053, 1089 MW DAB [talksport.co.uk](http://talksport.co.uk)  
F'view 723 F'sat 731 Sky 0108 Virgin 927

6.00am Talksport Breakfast

A breakfast buffet of sport.

10.00 Jim White and Simon

Jordan Sporting insight.

1.00pm Hawksbee and Baker With

Paul Hawksbee and Charlie Baker.

4.00 Talksport Drive With Andy

Goldstein and Darren Bent.

7.00 Euro 2024 Qualifiers

England v Italy, the Group C

qualifying match at Wembley

Stadium (kick-off 7.45).

10.00 Sports Bar

12.00 Extra Time

5.00am Early Breakfast

## Talksport 2

DAB [talksport.co.uk](http://talksport.co.uk)

7.00pm–10.00 International

Football The France v Scotland  
friendly (kick-off 7.45).

## LBC

97.3 FM (London area) DAB [lbc.co.uk](http://lbc.co.uk)

F'view 732 F'sat 734 Sky 0123 Virgin 919

7.00am Nick Ferrari 10.00 James

O'Brien 1.00pm Shelagh Fogarty

4.00 Tom Swarbrick 6.00

Andrew Marr 7.00 Iain Dale

10.00 Ben Kentish



# WEDNESDAY Radio

## TODAY'S CHOICES



### Radio 3 in Concert

**7.30pm Radio 3**  
 "The core inspiration behind ARCHORA centres around the notion of a primordial energy and the idea of an omnipresent parallel realm – a world both familiar and strange, static and transforming, nowhere and everywhere at the same time." Icelandic composer Anna Thorvaldsdóttir's latest study in surprising sonorities and organically evolving orchestral textures is revived tonight by Finnish conductor Eva Ollikainen (above) and the BBC Philharmonic, who together gave its acclaimed premiere at last year's BBC Proms. Veteran American pianist Richard Goode essays the elegant fingerwork of a concerto Mozart penned for a blind pianist to perform on tour to Paris. And the concert is framed by a Haydn overture for an opera set on a desert island and by Debussy's symphonic impressions of a day on the ocean wave. **MARK PAPPENHEIM**

### The Documentary: The Bomb

**11.30am/10.30pm BBC World Service**  
 The race to build the world's first atom bomb has returned to public consciousness thanks to director Christopher Nolan's hit *Oppenheimer* movie, so a repeat of this seven-part series from 2020 is timely. Little-known Hungarian physicist Leo Szilard is the focus of the first episode presented by historian Emily Strasser, whose grandfather had worked on the Hiroshima bomb. Szilard was fascinated by the possibility of splitting the atom to harness energy and it was his eureka moment – inspired by a set of London traffic lights in 1933 – that led to the concept of a nuclear chain reaction and ultimately the creation of the Manhattan Project. **JEREMY ASPINALL**

## BBC Radio 1

**97.6–99.8 FM DAB** [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
**F'view\*** 700 F'sat 700 Sky 0101 Virgin 901  
**7.00am** Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.30** Vick and Jordan **6.00** Live Lounge: Yungblud **6.30** Future Sounds **8.00** Future Artists **10.00** Power Down Playlist **11.00** Benji B **1.00am** Dance Anthems **2.00** The Interview **2.15** Playlists **3.00** Relax **4.00** Dance **5.00** Arielle Free

## BBC Radio 2

**88–90.2 FM DAB** [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
**F'view\*** 702 F'sat 702 Sky 0102 Virgin 902  
**6.30am Gaby Roslin**  
 With guests Bananarama.  
**9.30 Vernon Kay**  
 Including at **10.30** the Ten to the Top music quiz and at **11.40 Tracks of My Years**, with two more picks from actor Robert Carlyle.  
**12.00 Jeremy Vine**  
**2.00pm Scott Mills**  
**4.00 OJ Borg**  
**7.00 Jo Whaley**  
**9.00 The Folk Show with Mark Radcliffe**  
 Folk and acoustic music, tonight featuring a live session from re-formed Oxford indie folk act Stornoway ahead of their UK tour.  
**10.00 Trevor Nelson's Rhythm Nation**  
**12.00 Phil Williams**  
**3.00am Sounds of the 90s**  
 An American Icons mixtape from Fearne Cotton's Saturday show. (R)  
**4.00 Owain Wyn Evans**

## BBC 6 Music

**DAB** [bbc.co.uk/6music](http://bbc.co.uk/6music)  
**Freeview** 707 Freesat 707 Sky 0120 Virgin 909  
**7.30am Lauren Laverne**  
**10.30 Mary Anne Hobbs**  
**1.00pm Chris Hawkins**  
**4.00 Steve Lamacq** Ten years ago Steve Lamacq presented the radio debut of Nadine Shah. Now, ten years on, she joins him in the studio for the first play of new music. And at **6.00** the *Album Club* feature, in which Steve revisits a classic album in full, plus interviews with the artists behind it.  
**7.00 New Music Fix Daily**  
**9.00 6 Music Artist in Residence**  
**8/10.** Joe Talbot and Mark Bowen with further music picks, from Frank Sinatra to David Bowie. Continues 3am. (R)  
**10.00 Riley and Coe**  
**12.00 Freak Zone Playlist**  
**1.00am At Home with Keith Richards**  
**15/2/2.** A 2010 two-parter with Paul Sexton inviting the Rolling Stones guitarist to reflect on his life and career, including controversial moments, memorable encounters, guitar heroes and achievements.  
**3.00 6 Music Artist in Residence**  
**9/10.** Joe Talbot and Mark Bowen (of Idles) with further music picks.  
**4.00 Jukebox**  
**5.00 Huw Stephens**

## Greatest Hits

**DAB** [greatesthitsradio.co.uk](http://greatesthitsradio.co.uk)  
**F'view** 716 Sky 0151 *Regional variations on FM/MW*  
**6.00am** Rossie **10.00** Ken Bruce  
**1.00pm** Jo Russell **4.00** Simon Mayo Drivetime Show **7.00** Mark Goodier **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

## Boom Radio

**DAB** [boomradio.co.uk](http://boomradio.co.uk)  
**6.00am** Andy Marriott **7.30** Graham Dene **10.00** David Lloyd **12.00** Derek Webster **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** More Music **10.00** Diana Luke **12.00** Night Ride **2.00am** Through the Night

## BBC Radio 3

**90.2–92.4 FM DAB** [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
**Freeview\*** 703 Freesat 703 Sky 0103 Virgin 903  
**News and weather** as Monday  
**6.30am Breakfast** With Hannah French.  
**9.00 Essential Classics** With Georgia Mann.  
**12.00 Composer of the Week: Errollyn Wallen**  
**3/5. Finding New Feet.** Donald Macleod is joined by this week's showcased composer, Errollyn Wallen, today discussing her music-world breakthrough. *Tiger John Butt* (organ)  
*Lines* Errollyn Wallen (piano)  
*It All Depends on You* (excerpt) Fiona Baites (soprano), Andrew Sparling (clarinet), Martin Robertson (clarinet)  
*The Girl in My Alphabet*  
 Errollyn Wallen (piano), Douglas Finch (piano)  
*Some Trouble (Three Ships)* Tom Kerstens (guitar)  
*Red (Homage to Rodrigo)* Tom Kerstens (guitar)  
*Greenwich Variations* Errollyn Wallen (piano) (R)  
**1.00pm Radio 3 Lunchtime Concert**  
 Sarah Walker with further highlights of festival concerts from the Chipping Campden Music Festival (in May) and last month's Tetbury Music Festival.  
**Mozart Clarinet Quintet in A, K581**  
 Wigmore Soloists: Alexander Sitkovetsky (violin), Annabelle Meare (violin), Rachel Roberts (viola), Kristina Blauman (cello), Michael Collins (clarinet), **Fanny Mendelssohn String Quartet in E flat** Takacs Quartet  
**2.00 Afternoon Concert**  
 Fiona Talkington with further performances from around Europe, including violinist Leonidas Kavakos and pianist Fazil Say at the Montpellier Festival in July. Plus more from the BBC Singers.  
**Coates Television March**  
 BBC Philharmonic, conductor John Wilson  
**Ned Rorem Sing, My Soul, His Wondrous Love**  
 BBC Singers, conductor Grace Rossiter  
**Andrée Concert Overture in D** BBC Scottish Symphony Orchestra, conductor Chloé van Soeterstede  
**2.35pm Beethoven Piano Sonata in D minor, Op 31 No 2 (Tempest)** Fazil Say  
**3.00 Tchaikovsky Violin Concerto in D, Op 35**  
 Leonidas Kavakos, Radio France Philharmonic Orchestra, conductor Mikko Franck  
**Fazil Say Black Earth** Fazil Say (piano)  
**Mussorgsky, orch Shostakovich Prelude, Act 1: Khovantchina (Dawn on the Moscow River)**  
 BBC Philharmonic, conductor Ben Gernon  
**4.00 Choral Evensong**  
 From St Luke's Church, Chelsea, on the **LIVE** Feast of St Luke the Evangelist, with music by Philip Stopford, Lloyd, Harris and William Bolcom. Recorded on 5 October. Introit: The Collect of St Luke (Philip Stopford); Responses: Trendell; Office Hymn: Great Master of the Earth and Sky (*Gonfalon Royal*); Psalm 103 (How, Eleanor Jestic); First Lesson: Ecclesiasticus 38, vv1–14; Canticles: Hereford Service (Lloyd); Second Lesson: Colossians 4, vv7–18; Anthem: Strengthen Ye the Weak Hands (Harris); Hymn: Saint Luke, Beloved Physician (*Wolvercote*); Voluntary: Gospel Prelude on Amazing Grace (William Bolcom). Director of music Jeremy Summerly. Organist Rupert Jeffcoat.  
 Repeated Sunday 3pm

## Scala Radio

**DAB** [scalalaradio.co.uk](http://scalalaradio.co.uk)  
**7.00am Charles Nove** Music and features.  
**10.00 Penny Smith** Scala celebrates live music every Wednesday at **11.30** and this week's guests in the *Scala Sessions* are the violinist Timothy Ridout and the pianist Frank Dupree. They join Penny in the Scala studio to perform Frank Bridge's *Pensiero*.  
**1.00pm Sam Hughes** Popular classical works.  
**4.00 Richard Allinson** At **5.30 Classical Bangers**.  
**7.00 Mark Forrest** At **8.00 The Peaceful Piano** playlist.  
**10.00 The Space** Soothing and calming music.  
**1.00am Night Music** **5.00 In the Park**

## Asian Network

**DAB** [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)  
**F'view** 709 F'sat 709 Sky 0119 Virgin 912  
**6.00am** R&B Anthems **7.00** Breakfast **10.00** Certified **11.00** Haroon Rashid **2.00pm** Certified Throwbacks **3.00** Ankur Desai **6.00** Bobby Friction **8.00** DJ Limelight and Kan D Man **10.00** Club Hit Squad Mix **11.00** Motivation **12.00** News Presents **1.00am** AJD **3.00** DJ Nish **5.00** Everyday Hustle

## 5.00 In Tune

Katie Derham welcomes organist Colin Walsh – ahead of Sunday's Binns Organ Festival in Nottingham – and, performing live, violinist Aleksey Semenenko and pianist Inna Firsova ahead of Semenenko's UK tour with the National Symphony Orchestra of Ukraine.

**7.00 Classical Mixtape** An inspired playlist.

## 7.30 Radio 3 in Concert

**RT** Live from the Bridgewater Hall in Manchester, Tom McKinney introduces the BBC Philharmonic in a concert exploring and celebrating the ability of an orchestra to create soundscape, energy and atmosphere. Richard Goode (piano), BBC Philharmonic, conductor Eva Ollikainen  
**Haydn Overture: L'isola disabitata**  
**Mozart Piano Concerto No 18 in B flat, K456**  
**Anna Thorvaldsdóttir ARCHORA**  
**Debussy La mer**

## 10.00 Free Thinking

**Humours and the Body.** Johann Sebastian Bach's view of the body and how that comes through in his cantatas is the subject of research by violinist Mark Seow, a contributor to Radio 3's *The Early Music Show*. Seow joins presenter Naomi Paxton and historian of medicine Alanna Skuse (of the University of Reading), who has been researching cancer in early modern England. Together they look at music, metaphors and the idea that vital bodily fluids (blood, phlegm, yellow bile, and black bile) and links with five elements (earth, water, fire, air, and space) could regulate our health. Producer Luke Mulhall

## 10.45 The Essay: Five Cellos – Lost and Found

**3/5. The Auschwitz Cello.** Kate Kennedy continues a series on five lost cellos. Anita Lasker-Wallfisch (now 98) became known as the cellist of Auschwitz. Her beloved Ventepane cello disappeared at the same time as her parents were taken by the Nazis from her home in Breslau (now Wrocław). When she was sent to Auschwitz, she narrowly avoided death by being recruited to the camp orchestra.

**11.00 Night Tracks** With Sara Mohr-Pietsch.  
**12.30am Through the Night** With Jonathan Swain. Bach cantatas performed by Concerto Copenhagen last June at the Copenhagen Baroque Festival. **Bach Sinfonia** (*Cantata No 21: Ich hatte viel Bekümmernis*); *Cantata No 6: Bleib bei uns, denn es will Abend werden*; *Cantata No 108: Es ist euch gut, dass ich hingehe*; *Cantata No 37: Wer da gläubet und getauft wird* Chisa Tanigaki (soprano), James Hall (countertenor), Gwilym Bowen (tenor), Tomas Kral (bass), Concerto Copenhagen, conductor Lars Ulrik Mortensen **1.23 Bach The Musical Offering, BWV1079**  
**2.12 Haydn Symphony No 39 in G minor** **2.31 Ravel Le tombeau de Couperin** **2.57 Dvorak Violin Concerto in A minor, Op 53** **3.28 Karłowicz When Spring Arrives** **3.36 Albinoni Concerto in C for two oboes, Op 9 No 9** **3.47 Halvorsen Passacaglia (after Handel)** **3.54 Sibelius Andante festivo** **3.59 Schubert Gesang der Geister über den Wassern, Op 167** **4.09 Chopin Nocturne No 2 in D flat, Op 27** **4.16 Donizetti Quel guardo il cavaliere (Don Pasquale)** **4.22 Moniuszko Polonaise de concert in A** **4.31 Torelli Trumpet Sonata in D** **4.38 Haydn String Trio in B flat, Op 53 No 2** **4.46 Brahms Nanie, Op 82** **4.59 Moscheles Characteristic Tribute to the Memory of Malibran** **5.10 Pierre Konzertstück, Op 39** **5.26 Mozart Flute Quartet in C, K.Anh.171** **5.45 Suk Fairy Tale, Op 16** **6.14 Granados Valse poetiques** **6.25 Falla Ritual Fire Dance (El amor brujo)** (R)

## Classic FM

**99.9–101.9 FM DAB** [classicfm.com](http://classicfm.com)  
**Freeview** 721 Freesat 721 Sky 0106 Virgin 922  
**6.00am More Music Breakfast** With Tim Lihoreau.  
**9.00 Alexander Armstrong** Classical hits.  
**12.00 Anne-Marie Minhall** Including at **12.00 Classic FM Requests** – with listeners phoning in – and at **3.00 Hall of Fame**, featuring three works from the current Classic Hall of Fame chart.  
 Text requests on 61812 or via the website at [ClassicFM.com](http://ClassicFM.com)  
**4.00pm Margherita Taylor** Classic FM favourites.  
**7.00 Smooth Classics at Seven** Zeb Soanes with three hours of calming classical music to help listeners relax, including at **9.00** the **Great Escape**.  
**10.00 Calm Classics** With Ritula Shah.  
**1.00am Bill Overton** **4.00 Lucy Coward**

## Absolute Radio

**DAB** [absoluteradio.co.uk](http://absoluteradio.co.uk)  
**Freeview** 727 Freesat 724 Sky 0107 Virgin 915  
**6.00am** Ben Burrell **10.00** Leona Graham **1.00pm** Jay Lawrence **4.00** Bush **7.00** Sarah Champion **10.00** Emil Franchi **1.00am** Dan Noble





## BBC Radio 4

**92.4–94.6 FM 198 LW DAB** [bbc.co.uk/radio4](http://bbc.co.uk/radio4)  
**Freeview** 704 **Freesat** 704 (FM) 710 (LW)  
**Sky** 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)  
**News, weather and shipping forecasts** as yesterday  
**5.30am News Briefing**  
**5.43 Prayer for the Day**  
 A pause for reflection with Julia Loveless.  
**5.45 Farming Today**  
**5.58 Tweet of the Day**  
 Miranda Krestovnikoff on the variable pitohui, a bird from New Guinea with poisonous feathers. (R)  
**6.00 Today**  
 With Mishal Husain and Martha Kearney.  
**6.25, 7.25, 8.25 Sports News**  
**6.45 Yesterday in Parliament**  
**7.48 Thought for the Day**  
 With Professor Mona Siddiqui.  
**8.31 LW Yesterday in Parliament**  
 An update on the latest political proceedings.  
**9.00 Life Changing**  
**2/7.** Sian Williams talks to ordinary members of the public about extraordinary turning points in their lives.  
 Producer Thomas Harding Assinger  
**9.30 Just One Thing with Michael Mosley**  
**5/10. Practise Pilates.** Michael finds out how the low-impact, low-intensity exercise of pilates can improve posture, mood and exercise performance. Professor Ruth Melo from the University of Sao Paulo, Brazil, reveals the benefits on our cardiovascular endurance, core strength and healthy ageing. Available on BBC Sounds since 11 October. Producer Nija Dalal-Smail; Executive producer Zoe Heron  
**9.45 FM Book of the Week: Hitler, Stalin, Mum and Dad**  
**3/5. Survival.** Daniel Finkelstein reads his memoir of his parents' wartime ordeals. As winter approaches in Siberia, the course of the war is about to change and with it Daniel's father and grandmother's fortunes. For details see Monday. Repeated 12.30am  
**9.45 LW Daily Service**  
 An act of worship led by Harry Baker, on the theme All for Jesus: All Our Talents and Our Powers. With a reading from Matthew 25, vv23–30 and a range of choral music.  
**10.00 Woman's Hour**  
 Emma Barnett presents the magazine show.  
**11.00 Wiki Wars**  
 BBC Click's Lara Lewington dives into a world of hoaxes, false accusations, disinformation and bitter disputes as she investigates the content controls and moderation on Wikipedia. She speaks to the website's co-founder Jimmy Wales, journalist Eric Newton, sociologist and researcher Francesca Tripodi, co-founder of WhoseKnowledge Anasuya Sengupta, Dr James Heilman, Wikipedia editor MJ, and Justin Shillcock and Michael Wiseman, the creators of an infamous Wiki hoax. Producer Leigh Meyer  
 Executive producer Katherine Godfrey (R)

## BBC Radio 4 Extra

**DAB** [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)  
**Freeview** 708 **Freesat** 708 **Sky** 0126 **Virgin** 910  
**6.00am Deep Six** Thriller by John Fletcher (3/6)  
**6.30 Lonelyheart 4122** as 4.30pm  
**7.00 The Camomile Lawn** as 5pm  
**7.15 Shakespeare's Restless World** as 5.15pm  
**7.30 Relativity** 2020 comedy drama (5/6)  
**8.00 Hancock's Half Hour** Vintage 1958 comedy  
**8.30 King of Bath** 1999 comedy drama (5/6)  
**9.00 Counterpoint** Music quiz (1/13)  
**9.30 The Right Time** Comedy sketches (2/6)  
**10.00 Running before the Wind** as 3pm  
**10.45 Short Works** Jacob Ross's *All the Fire*  
**11.00 Deep Six** Thriller by John Fletcher (3/6)  
**11.30 Lonelyheart 4122** as 4.30pm  
**12.00 The Camomile Lawn** as 5pm  
**12.15pm Shakespeare's Restless World**  
**12.30 Relativity** 2020 comedy drama (5/6)  
**1.00 Hancock's Half Hour** Vintage 1958 comedy  
**1.30 King of Bath** 1999 comedy drama (5/6)  
**2.00 Counterpoint** Music quiz (1/13)  
**2.30 The Right Time** Comedy sketches (2/6)  
**3.00 Running before the Wind** Drama by Catherine Czerkawska. From 1994 (2/4)  
**3.45 Short Works** Jacob Ross's *All the Fire*  
**4.00 Deep Six** Thriller by John Fletcher (3/6)  
**4.30 Lonelyheart 4122** Dramatisation by Chris Deny of Colin Watson's 1967 novel. From 1990 (3/6)

## 11.30 Any Questions On...

**1/3. The Welfare State.** Alex Forsyth, Lord Lamont, Ash Sarkar and Chris Mason examine how expectations of the role of the state supporting society have evolved and how debate about benefits has changed in the 75-year history of *Any Questions?*

Repeated from Thursday

**12.04pm You and Yours**  
 Reports on consumer affairs.

**1.00 The World at One**  
 Analysis of news with Sarah Montague.

**1.45 Prime Ministers' Props**  
**3/5. Clement Attlee's Motor Car.** Professor Sir David Cannadine visits Haines Motor Museum in Yeovil to examine how Clement Attlee used his family's car as a prop to gain voters' support while campaigning in the 1945 election and managed to deliver one of Labour's largest election victories.

**2.00 The Archers** Repeated from yesterday 7pm

**2.15 Drama: Fault Lines: Money, Sex and Blood**

**4/5. Blood: Confessions.** Michael Symmons Roberts's story in the third series of the drama inspired by Emile Zola's *Rougon-Macquart* cycle of novels and starring Glenda Jackson. Constance is trying to find the murderer among her family. Could it be the husband of her beloved niece Celeste, the saintly Richard? Just before he left the priesthood, Constance unburdened her soul during several confessions. Could this be the trigger for the murder? All series are available on BBC Sounds.

Constance Glenda Jackson Celeste  
 Richard Matthew Gravelle  
 Producer/Director Gary Brown (R)

**3.00 Money Box Live**  
 Financial questions are answered.  
 EMAIL: [moneybox@bbc.co.uk](mailto:moneybox@bbc.co.uk)

**Your RT Money: page 138**

**3.30 Inside Health** Rptd from yesterday 9pm

**4.00 Thinking Allowed**

**8/9. The Grave.** Laurie Taylor talks to New York-based researcher Allison C Meier, about how burial sites have transformed over time. Permanency is always a privilege with the indigent and unidentified frequently being interred in mass graves. What is the future of burial with the rise of cremation, green burial and new practices like human composting? , Ann Karpf, sociologist and professor of life writing, explores the phenomenon of the memorial bench. Do such memorials constitute a "living obituary", a celebration of seemingly undistinguished lives, beyond the grave? Producer Jayne Egerton Repeated Sunday 12.15am

**4.30 The Media Show**  
 Katie Razzall presents the latest news and views from the media industry. Repeated 9.30pm

**5.00 PM** Presented by Evan Davis.

**6.00 Six o'Clock News**

**5.00 The Camomile Lawn** Siân Phillips reads from Elizabeth Bradbury's dramatisation of Mary Wesley's 1984 novel. From 2007 (8/10)  
**5.15 Shakespeare's Restless World** (3/20)  
**5.30 Relativity** 2020 comedy drama (5/6)  
**6.00 Hancock's Half Hour** Vintage 1958 comedy  
**6.30 King of Bath** 1999 comedy drama (5/6)  
**7.00 Counterpoint** Music quiz. From 2012 (1/13)  
**7.30 The Right Time** Comedy sketches (2/6)  
**8.00 Pete Seeger in Word and Song**  
 A 2009 programme in which Vincent Dowd celebrated Pete Seeger (1919–2014), perhaps the most popular and prolific American folk-singer-cum-political-activist of his time. Featuring BBC archive material and 2009 interview highlights  
**9.00 Short Cuts** With Josie Long. From 2016 (3/6)  
**9.30 Journey into Space: The Red Planet**  
 Second work in Charles Chilton's sci-fi adventure radio trilogy. With Andrew Faulds. From 1954 (8/20)  
**10.00–12.00 Comedy Club: Daliso Chaponda: Citizen of Nowhere** (1/4), **10.30 Agendum** (2/4), **11.00 Kevin Eldon Will See You Now** (3/4), **11.30 The Skewer** (1/8), **11.45 The Problem with Adam Bloom** (1/6)  
**12.00** as 3pm **12.45am** as 3.45pm **1.00** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 1.30pm **4.00** as 2pm **4.30** as 2.30pm **5.00 Running before the Wind** **5.45 Short Works**

## 6.30 Daliso Chaponda: Citizen of Nowhere

**2/4. ...So I Decided to Date an AI...**

Daliso Chaponda continues his informative and thought-provoking series. Unlucky in love, Daliso tries dating an AI. He takes us on a journey through his relationship history while sharing his thoughts on how technology and artificial intelligence are changing our lives. Producer Carl Cooper  
 Repeated next Wednesday on Radio 4 Extra

**7.00 The Archers**

One resident makes a shocking discovery and Oliver comes to a controversial decision. For cast see Friday. Repeated tomorrow 2pm

**7.15 Front Row**

Film director Maysoon Pachachi tells Samira Ahmed about her latest movie, *Our River, Our Sky*, which follows a community in Baghdad, and as Powell and Pressburger's *Black Narcissus* is screened at the BFI, *Front Row* looks at the representation of nuns on film and in culture. Producer Paul McGrath  
**Powell and Pressburger: page 110**

**8.00 The Moral Maze**

**5/9.** Michael Burke is joined by Tim Stanley, Mona Siddiqui, Matthew Taylor and Anne McElvoy for a debate on a topical moral issue. Producer Dan Tierney Repeated Sunday 11pm

**9.00 When It Hits the Fan**

**7/8.** David Yelland and Simon Lewis go inside the world of crisis management and spin doctors as they take a look at recent PR disasters. Producer Eve Streeter

**9.30 The Media Show** Repeated from 4.30pm

**10.00 The World Tonight**  
 Presented by James Comararasamy.

**10.45 Book at Bedtime: The Midnight News**

**3/10.** By Jo Barker. Charlotte has an awkward lunch with her father and her best friend El's mother has some devastating news. Read by Rachael Stirling. For details see Monday

**11.00 Njambi McGrath: Black Black**

**2/4. The White Man's Burden.** Kenyan-born comedian Njambi McGrath considers how language, education and religion were weaponised by British colonisers, obliterating the native narrative. Producer Julia Sutherland

**11.15 The Skewer**

**2/8.** Jon Holmes twists current affairs clips into a surreal, satirical soundscape. Producer Jon Holmes Repeated Saturday 9.45pm

**11.30 Today in Parliament**

News and analysis of the day's developments, including Prime Minister's Questions.

**12.00 News and Weather**

**12.30–12.45am Book of the Week: Hitler, Stalin, Mum and Dad**

**3/5.** Repeated from 9.45am (FM only)

**1.00 as BBC World Service**

## BBC World Service

**DAB** [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)  
**Freeview**\* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906  
 Programmes may differ online, and on Freesat, Sky, and Virgin  
**5.00am** Newsday **8.00** News **8.05** Hardtalk  
**8.30** Business Daily **8.50** Witness History  
**9.00** The Newsroom **9.30** The Climate Question  
**10.00** News **10.05** World Questions **11.00** The Newsroom **11.30 CHOICE:** The Documentary: The Bomb: a little-known scientist discovers the destructive possibilities of harnessing nuclear power. All series are available on BBC Sounds (1/7 Series 1) (Revised rpt) **12.00** News **12.05pm** Outlook **12.50** Witness History: the murder of hundreds of young women in a Mexican town in the 1990s **1.00** The Newsroom **1.30** Tech Life **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** The Climate Question **8.30** Health Check **9.00** Newshour **10.00** News **10.05** Hardtalk **10.30 CHOICE** The Documentary: The Bomb (Revised rpt) **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** World Questions **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** Assignment **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** The Food Chain

## BBC Radio 5 Live

**693, 909 MW DAB** [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)  
**F'view** 705 **F'sat** 705 **Sky** 0105 **Virgin** 905  
**Sports Extra** **F'view** 706 **F'sat** 706  
**Sky** 0131 **Virgin** 908

**News and sport** bulletin every half-hour  
 Times vary during live sports coverage

**5.00am Wake Up to Money**

**6.00 5 Live Breakfast**  
 With Rachel Burden and Rick Edwards.

**9.00 Nicky Campbell**

Topical discussions, big-name interviews and listeners' calls. Simulcast with BBC2

**11.00 Naga Munchetty**

**1.00pm Nihal Arthanayake**

**4.00 5 Live Drive**

Tony Livesey and Clare McDonnell with the latest news and sport.

**7.00 5 Live Sport**

Mark Chapman with sports news, debate and features, including at **7.00 5 Live Cricket**, with news and analysis from the Cricket World Cup. And at **8.00 5 Live Boxing** – featuring Mark Chapman with the boxing news and discussion, including a preview of Saturday's WBA intercontinental super-lightweight title fight between Jack Catterall and Jorge Linares – and at **9.00 72+**, featuring Aaron Paul and Jobi McAnuff with the news from the EFL.

**10.00 Colin Murray**

Including at **11.00 This House Believes** – a lively debate on myriad topics where listeners decide who comes out on top – and at **12.00 Midnight in America**, with the latest from across the Atlantic.

**1.00am Dotun Adebayo**

## BBC 5 Sports Extra

**DAB** [bbc.co.uk/sports extra](http://bbc.co.uk/sports extra)  
**F'view** 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

**9.15am–5.30pm Test Match Special** New Zealand v Afghanistan in a Cricket World Cup group match in Chennai, India.

## Talksport

**1053, 1089 MW DAB** [talksport.co.uk](http://talksport.co.uk)  
**F'view** 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

**6.00am Talksport Breakfast**

**10.00 Jim White and Simon Jordan** Sporting insight.

**1.00pm Hawksbee and Jacobs**  
 Sporting issues presented by Paul Hawksbee and Andy Jacobs.

**4.00 Talksport Drive** With Andy Goldstein and Darren Bent.

**7.00 Kick Off** Sports debate.

**10.00 Sports Bar** Reaction, analysis and the chance for listeners to have a say on the day's sport.

**1.00am Extra Time**  
 Topical discussion, with a phone-in.  
**5.00 Early Breakfast**

## Talksport 2

**DAB** [talksport.co.uk](http://talksport.co.uk)  
**2.00pm–4.00 Racing** From Bath.

## LBC

**97.3 FM (London area)** **DAB** [lbc.co.uk](http://lbc.co.uk)  
**F'view** 732 **F'sat** 734 **Sky** 0123 **Virgin** 919  
**7.00am** Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Andrew Marr **7.00** Iain Dale **10.00** Ben Kitchin **1.00am** Richard Spurr **4.00** Ian Payne

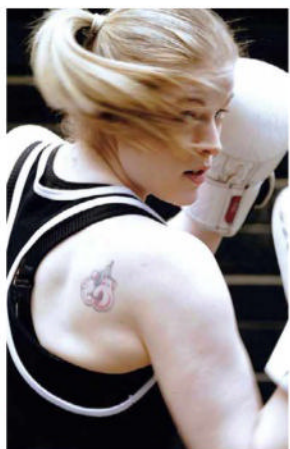
## Times Radio

**DAB** [thetimes.co.uk/radio](http://thetimes.co.uk/radio)  
**5.00am** Rosie Wright **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00** Jane Garvey and Fi Glover **5.00** John Pienaar **7.00** Pienaar and Friends **8.00** Kait Borsay **10.00** Carole Walker **1.00am** Stories of Our Times **1.30** Red Box **2.00** Highlights



# THURSDAY Radio

## TODAY'S CHOICES



### Ramblings

#### 3.00pm Radio 4

Ainsdale is one of those hidden gems that pepper the UK's coastline. Located in Merseyside, with the seaside resort of Southport to the north and Liverpool to the south, it's now home to Clare Balding's latest rambling companion Rose Mac (above), who relocated here from London. Beginning their walk through a wooded nature reserve, Rose, a boxing coach, brims with enthusiasm about the area – "we live on holiday" – and extols the benefits it brings to her mental health. As they reach the sand dunes that give way to the beach, which is dotted with large jellyfish, Rose gives Clare a quick boxing lesson, which immediately boosts the presenter's wellbeing – and ours, too. Such is the charm of the duo's trek that Ainsdale has become a new entry on my places-to-see list.

CHRIS GARDNER

### Free Thinking

#### 10.00pm Radio 3

Philip K Dick, called "the most brilliant SF mind on any planet", may always be associated primarily with *Do Androids Dream of Electric Sheep*, the 1968 novel that became after his death, the *Blade Runner* films. Under discussion tonight, *Valis* (Vast Active Living Intelligence System) is a lesser-known late work that provides a useful primer to the writer because it draws heavily on his own religious experiences. Matthew Sweet's guests include New Generation Thinker Sarah Dillon, whose latest work is *Histories of Artificial Intelligence*, and *Free Thinking* regular Roger Luckhurst, author of the in-depth history *Science Fiction*, as well as books on JG Ballard, zombies and the truth behind the "curse" of the Mummy. DAVID MCGILLIVRAY

## BBC Radio 1

97.6-99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901

**7.00am** Greg James **10.30** Rickie, Melvin and Charlie **12.00** Live Lounge **12.15pm** Rickie, Melvin and Charlie **1.00** Dean and Vicky **3.00** Rap Anthems **3.30** Vick and Jordan **6.00** Future Sounds **8.00** Future Pop with Mollie King **10.00** BBC Introducing Dance **11.00** Residency **1.00am** Dance Presents **2.00** Radio 1 Happy **3.00** Power Down Playlist **4.00** Dance **5.00** Arielle Free

## BBC Radio 2

88-90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902

**6.30am** Zoe Ball  
With guest Alan Carr.  
**9.30** Vernon Kay  
In the first of a new run of the **Radio 2 Piano Room** series, James Bay, accompanied by the BBC Concert Orchestra, performs three specially arranged songs. Plus **Tracks of My Years** at **11.40**, with Robert Carlyle. **12.00** Jeremy Vine Topical show. **2.00pm** Scott Mills **4.00** OJ Borg **7.00** Jo Whiley Chat and music. **9.00** The Country Show with Bob Harris **10.00** Trevor Nelson's Rhythm Nation **12.00** Phil Williams **3.00am** Radio 2 in the Park Dermot O'Leary's DJ set from last month. (R) **4.00** Owain Wyn Evans

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909

**7.30am** Lauren Laverne  
Chat, music and guests, today with Bombay Bicycle Club ahead of the release of their sixth album, *My Big Day*. Plus a themed **People's Playlist**, with listeners selecting the tracks. **10.30** Mary Anne Hobbs Including the **HouseQuake Playlist**. **1.00pm** Chris Hawkins **4.00** Steve Lamacq  
Including at **6.00** Roundtable, with Steve joined by music specialists to assess the new releases. This week he welcomes comedian Rob Deering, 1965 Records founder James Endacott and 6 Music's Amy Lamé. **7.00** New Music Fix Daily **9.00** 6 Music Artist in Residence **10/10**. Joe Talbot and Mark Bowen (of Idles) with further music picks. (R) **10.00** Riley and Coe **12.00** New Music Fix Three 6 Music presenters each curate an hour of their favourite new music, starting with Steve Lamacq. At **1.00am** Mary Anne Hobbs, followed at **2.00** by Jamz Supernova. And at **3.00** New Album Fix, followed at **4.00** by New Music Fix Playlist. **5.00** The Remix with Chris Hawkins **5.30** Huw Stephens

## Greatest Hits

DAB [greatesthitsradio.co.uk](http://greatesthitsradio.co.uk)  
F'view 716 Sky 0151 Regional variations on FM/MW

**6.00am** Rossie **10.00** Ken Bruce **1.00pm** Jo Russell **4.00** The Simon Mayo Drivetime Show **7.00** Mark Goodier **9.00** Greatest Hits Superstars **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

## Boom Radio

DAB [boomradio.co.uk](http://boomradio.co.uk)

**6.00am** Andy Marriott **7.30** Graham Dene **10.00** David Lloyd **12.00** Derek Webster **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour **9.00** Tommy Cannon's Choices **10.00** Diana Luke **12.00** Night Ride **2.00am** Through the Night

## BBC Radio 3

90.2-92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903

News and weather as Monday

**6.30am Breakfast** With Hannah French.

**9.00 Essential Classics** With Georgia Mann.

**12.00 Composer of the Week: Errollyn Wallen**

**4/5. Songbook.** Donald Macleod invites Wallen to discuss songwriting, which she says is central to who she is. Plus her music that made it into space.

*What's Up Doc?* Errollyn Wallen (piano) *Daedalus* Errollyn Wallen (voice), Brodsky Quartet *Five Postcards* Anton Miller (violin), Rita Porfiris (viola)

*About Here; Tree; Of Crumpling Rocks* Errollyn Wallen (voice and piano)

*Beehive; Guru (Are You Worried about the Rising Cost of Funerals?)*

Patricia Rozario (soprano), Continuum Ensemble *Peace on Earth* Choir of King's College, Cambridge, George Hill (treble), Donal McCann (organ), conductor Stephen Cleobury (R)

**1.00pm Radio 3 Lunchtime Concert**

Sarah Walker continues a showcase of Cotswolds music festivals with full performance of Schubert's Octet, one of the most popular chamber works of the 19th century, recorded in May at the Chipping Campden Music Festival.

*Schubert Octet in F, D803*

Wigmore Soloists: Alexander Sitkovetsky (violin), Annabelle Meare (violin), Rachel Roberts (viola), Kristina Blauman (cello), Tim Gibbs (double bass), Michael Collins (clarinet), Robin O'Neill (bassoon), Laurence Davies (horn)

**2.00pm Afternoon Concert** With Penny Gore.

*Handel, orch Stokowski Water Music: Suite No 2 in D (1st mv)* BBC Philharmonic, conductor Matthias Bamert

*Huw Watkins Dawning*

Ulster Orchestra, conductor Angus Webster

*Gade Jealousy* Frankfurt Radio Brass

*John Pickard Three Latin Motets*

BBC Singers, conductor Martyn Brabbins

**2.55 Strauss Suite: Der Rosenkavalier, Op 59**

Frankfurt Radio Symphony Orchestra, conductor Tarmo Peltokoski

*Shostakovich Waltz No 2 (Suite for Variety Orchestra No 1)* Frankfurt Radio Brass

**3.00 Beethoven Piano Concerto No 5 in E flat, Op 73 (Emperor)** Dominika Maszczyńska (fortepiano), Volantes Orchestra, conductor Jos van Immerseel

**3.40 Artist Choice** Dominika Maszczyńska introduces a recording of Bach's *Bereite dich, Zion, mit zärtlichen Trieben* (from the *Christmas Oratorio, BWV248*), featuring countertenor Andreas Scholl and the Akademie für Alte Musik conducted by René Jacobs.

**3.45 Bartok Dance Suite**

BBC Philharmonic, conductor Gergely Madaras

*Jim Parker Five Pieces* Frankfurt Radio Brass

*Glinka Valse-fantasie in B minor* BBC Scottish Symphony Orchestra, conductor Vassily Sinaisky

*Schumann Overture: Genoveva*

Ulster Orchestra, conductor Jac van Steen

**5.00 In Tune**

Katie Derham invites baritone Julien Van Mellaerts and pianist Lucy Colquhoun to perform material from their new recording *Songs of the Night*. Plus Keelan Carew with picks of the weekend's classical concerts.

**7.00 Classical Mixtape** An eclectic playlist.

## Scala Radio

DAB [scalradio.co.uk](http://scalradio.co.uk)

**7.00am Charles Nove** Music, and features.

**10.00 Penny Smith** With music and features, including after **11.30** the **Scala Radio Book Club**, today with a known author discussing their new novel. Plus listeners' requests at **12.00**.

**1.00pm Sam Hughes** With popular classical works.

**4.00 Richard Allinson** With **Classical Bangers** at **5.30**.

**7.00 Mark Forrest** At **8.00** **Peaceful Piano** playlist.

**10.00 The Space** Soothing and calming music.

**1.00am Night Music** **5.00 In the Park**

## Asian Network

DAB [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)

F'view 709 F'sat 709 Sky 0119 Virgin 912

**6.00am** Beats **7.00** Nikita Kanda **10.00** Certified

**11.00** Haroon Rashid **2.00pm** Certified Throwbacks

**3.00** Ankur Desai **6.00** AJD **8.00** DJ Nish

**10.00** Shisha Lounge Mix **11.00** Chill **12.00** Love

Friday Mix **1.00am** DJ Limelight **4.00** Ankur Desai

**5.00** Asian Network Celebrates

## 7.30 Radio 3 in Concert

From BBC Hoddinott Hall, Cardiff, Fiona Monbet **LIVE** conducts the BBC National Orchestra of Wales in the world premiere of her own work, *Faubourg 23*, and music by Ibert, Satie, Tailleferre, Milhaud and Bernstein. Presented by Linton Stephens.

Auxane Cartigny (piano), Zacharie Abraham (double bass), Philippe Maniez (drum kit), BBC National Orchestra of Wales, director Fiona Monbet (violin)

**Ibert Divertissement**

**Satie La belle excentrique**

**Tailleferre Petite suite**

**Milhaud Le boeuf sur le toit, Op 58**

**Bernstein Three Dance Episodes from On the Town**

**Fiona Monbet Faubourg 23** (first performance)

**10.00 Free Thinking**

**RT** **Valis and Philip K Dick.** Matthew Sweet leads a discussion on American science fiction writer Philip K Dick (1928-82), with particular attention to his 1981 novel *Valis* (an acronym of Vast Active Living Intelligence System), which draws on paranormal experiences and hallucinations and explores belief systems. The book was intended as the first work in a trilogy. Many of Dick's 44 novels have inspired films, including *Blade Runner*, *Total Recall* and *Minority Report*, while his ideas fed into *The Matrix*. Matthew is joined by Roger Luckhurst and Sarah Dillon. Producer Torquil MacLeod

**10.45 The Essay: Five Cellos – Lost and Found**

**4/5. The Shipwrecked Cello.** The "Mara" Stradivarius is one of the greatest cellos in the world, but in the 1960s it was nearly destroyed when the Trieste Trio nearly drowned jumping with it from a burning boat into the River Plate. Kate Kennedy discovers how the Trio's mental escape into a world of music during the Second World War helped them to survive the accident decades later.

**11.00 The Night Tracks Mix**

**11.30 Unclassified**

Elizabeth Alker with new ambient and electronic music that reconfigures the past, with recordings by south London wordsmith and producer Gaika, Kazakh-British violinist and composer Galya Bisengalieva – who conjures elegiac landscapes of sound in her latest release, *Polygon* – and producer Ross from Friends, whose retro UKG energy informs his take on garage rhythms and vocals.

**12.30am Through the Night** With Jonathan Swain.

*Raitio Vesipatasas Weinberg Trumpet Concerto, Op 94*

*Bernstein Symphonic Dances (West Side Story)*

*Ravel La valse* Jonas Silinskas (trumpet), Finnish RSO, Nicholas Collon **1.51 Melartin Tuli kevat, tuli toivo (Aino)**

*Sibelius 13 Pieces for Piano, Op 76 Raitio Joutsenet, Op 15*

**2.27 Roussel Le bachelier de Salamangue, Op 20 No 1**

**2.31 Pekiel Missa Pulcherrima** **3.01 Bartok Suite for Two Pianos, Op 4b** **3.32 Mozart Overture: Die Entführung aus dem Serail** **3.38 Doppler L'oiseau des bois, Op 21**

**3.44 Bach Violin Partita No 3 in E, BWV1006**

**3.59 Messenger Solo de concours**

**4.05 Trad Bulgarian Folksong** **4.11 Elgar Serenade for Strings, Op 20** **4.24 Prokofiev, arr Borisovsky Dance of the Knights (Romeo and Juliet)** **4.31 Handel Overture: Alcina** **4.37 Lamb Ragtime Nightingale** **4.42 Vivaldi Lute Concerto in D, RV93** **4.53 Bodinus Trio in G for oboe and two bassoons** **5.02 D Scarlatti Three Keyboard Sonatas** **5.13 Josquin La déploration de Johannes Ockeghem** **5.18 Jiraneek Flute Concerto in G** **5.29 Vladigerov Scandinavian Suite, Op 13** **5.59 Mendelssohn String Quartet No 2 in A minor, Op 13**

## Classic FM

99.9-101.9 FM DAB [classicfm.com](http://classicfm.com)

Freeview 731 Freesat 721 Sky 0106 Virgin 922

**6.00am More Music Breakfast** Tim Lihoreau with music, news, financial updates and features, including the **Breakfast Serial** at **7.25**.

**9.00 Alexander Armstrong** Classical hits, starting with the **Classic Hall of Fame Hour**.

**12.00 Anne-Marie Minhall** With requests at **12.00**.

**4.00pm Margherita Taylor** Classic FM favourites.

**7.00 Smooth Classics** at Seven Zeb Soanes with three hours of potentially calming classical music.

**10.00 Calm Classics** With Ritula Shah.

**1.00am Bill Overton** Music for late-night listening.

**4.00 Lucy Coward** With the **Dawn Chorus** at **5.15**.

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)

Freeview 727 Freesat 724 Sky 0107 Virgin 915

**6.00am** Ben Burrell **10.00** Leona Graham

**1.00pm** Jay Lawrence **4.00** Bush **7.00** Danielle Perry **10.00** Emil Franchi **1.00am** Dan Noble





## BBC Radio 4

**92.4–94.6 FM 198 LW DAB** [bbc.co.uk/radio4](http://bbc.co.uk/radio4)  
**Freeview** 704 **Freesat** 704 (FM) 710 (LW)  
**Sky** 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)  
**News, weather and shipping forecasts** as Tuesday  
**5.30am News Briefing**  
**5.43 Prayer for the Day**  
 Pause for reflection with Julia Loveless.  
**5.45 Farming Today**  
 News about food, farming and the countryside.  
**5.58 Tweet of the Day**  
 Liz Bonnin introduces the saddleback, a bird native to New Zealand but whose whistling call is now only heard on smaller offshore islands. (R)  
**6.00 Today**  
 With Amol Rajan and Nick Robinson  
**6.25, 7.25, 8.25 Sports News**  
**6.45 Yesterday in Parliament**  
**7.48 Thought for the Day**  
 With Professor Jagbir Jhutti-Johal.  
**8.31 LW Yesterday in Parliament**  
 An update on the latest political proceedings.  
*The Today Podcast* is available on BBC Sounds from this morning and broadcast at 11pm on Radio 4  
**9.00 In Our Time**  
**Julian of Norwich.** The Middle Ages anchoress – a woman who was walled up in a cell to lead a life of prayer and contemplation – was the author of the earliest known writings by a woman in the English language. Joining Melvyn Bragg to discuss her are Katherine Lewis of the University of Huddersfield, Laura Kalas of the University of Swansea, and Philip Sheldrake, the author of *Julian of Norwich: in God's Sight*.  
 Producer Simon Tillotson. Shortened repeat 9.30pm  
**9.45 FM Book of the Week: Hitler, Stalin, Mum and Dad**  
**4/5. Gulag.** By Daniel Finkelstein. Following his arrest, Daniel's grandfather is transported to a gulag on the edge of the Arctic Circle. Survival, he knows, is virtually impossible. Read by the author.  
 For details see Monday. Repeated 12.30am  
**9.45 LW Daily Service**  
 An act of worship led by Canon Rachel Mann, on the theme All for Jesus: All Our Thoughts, Words and Actions. With a reading from 2 Corinthians 10, vvi–6 and choral music.  
**10.00 Woman's Hour** With Emma Barnett.  
**11.00 From Our Own Correspondent**  
 Presented by Kate Adie.  
**11.30 A Good Read** Rptd from Tuesday 4.30pm  
**12.04pm You and Yours**  
 Reports on consumer affairs.  
**12.32 Sliced Bread**  
**4/12. Motion Sickness Remedies**  
 Consumer show in which Greg Foot and his guests search for the scientific evidence behind a product's bold claims – today they examine treatments for motion sickness.  
 Producer Simon Hoban  
**1.00 The World at One**  
 Presented by Sarah Montague.

## BBC Radio 4 Extra

**DAB** [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)  
**Freeview** 708 **Freesat** 708 **Sky** 0126 **Virgin** 910  
**6.00am Deep Six** Thriller by John Fletcher (4/6)  
**6.30 Lonelyheart 4122** By Colin Watson (4/6)  
**7.00 The Camomile Lawn** By Mary Wesley (9/10)  
**7.15 Shakespeare's Restless World** as 5.15pm  
**7.30 What Does the K Stand For?** Comedy (4/6)  
**8.00 Dad's Army** 1974 comedy  
**8.30 Second Thoughts** as 6.30pm  
**9.00 Jest a Minute** 2009 comedy quiz (4/6)  
**9.30 Stockport, So Good They Named It Once**  
**10.00 Running before the Wind** Drama (3/4)  
**10.45 Short Works** Tim McInnerny reads Heidi Amsinck's *The Prisoner*. From 2020  
**11.00 Deep Six** Thriller by John Fletcher (4/6)  
**11.30 Lonelyheart 4122** By Colin Watson (4/6)  
**12.00 The Camomile Lawn** (9/10)  
**12.15pm Shakespeare's Restless World**  
**12.30 What Does the K Stand For?** Comedy  
**1.00 Dad's Army** 1974 comedy  
**1.30 Second Thoughts** as 6.30pm  
**2.00 Jest a Minute** Comedy quiz chaired by Rhod Gilbert. Series two. From 2009 (4/6)  
**2.30 Stockport, So Good They Named It Once**  
 Dominic Monaghan stars in Jim Poyser and Damian Lanigan's comedy drama about the Stockport-based Conroy family. Series one. From 1999 (1/6)  
**3.00 Running before the Wind** Drama (3/4)

**1.45 Prime Ministers' Props**  
**4/5. Harold Macmillan as Supremac**  
 Professor David Cannadine considers Harold Macmillan image as "Supremac". By the mid 1950s, both Harold Macmillan and Superman were on upward trajectories, albeit very different ones. Yet suddenly, and unexpectedly, towards the end of the decade, their careers intersected and overlapped. The person who brought them together was cartoonist Victor Weisz, a talented artist with left-leaning sympathies.  
**2.00 The Archers** Rptd from yesterday 7pm  
**2.15 Drama: Broken Colours**  
**1/4.** Series two of Matthew Broughton's thriller. Young artist Jess rescued her boyfriend Dan from gang leader Joe Magner. However, in the process she accidentally shot and killed Magner. Dan wants to make a new start and move away from gang life. Jess is trying to be supportive, but there's something that keeps pulling her back to the criminal world. As she learns how to tune into her synaesthesia – she sees sound as colour and pattern – it's clear that there's a widening perception gap between her and Dan. And no one's talking about Ronnie Vaz who has vanished from the face of the Earth. All series are available on BBC Sounds.  

Jess	Holli Dempsey	Tuer Man	Dean Rehman
Dan	Josef Altin	Melissa	Alexandria Riley
Molly	Molly Pepper		

 Producers John Norton, Philippa Swallow and Emma Harding; Director Emma Harding (R)  
**3.00 Ramblings**  
**5/6.** Boxing coach Rose Mac moved to the North West from London a year ago and is constantly delighted by the nature and walking possibilities on Merseyside. Ainsdale Nature Reserve houses a rare species of sand lizard as well as natterjack toads. A walk through the pine woodland close to the town's railway station brings you out into beautiful sand dunes and a massive expanse of beach with views of Blackpool Tower to the north and on a clear day the Isle of Man to the west. Rose shows Clare Balding her new home territory and gives her a boxing lesson.  
 Producer Maggie Ayre. Repeated Saturday 6.07am  
**3.27 The Radio 4 Appeal**  
 Repeated from Sunday 7.54am  
**3.30 Open Book** Repeated from Sunday 4pm  
**4.00 Any Questions On...**  
**2/3. Russia.** Alex Forsyth and guests discuss how the language, tone and style of debate has changed through *Any Questions*'s 75-year history. Dame Margaret Beckett, Peter Hitchens and former *Any Questions?* presenter Jonathan Dimbleby join Alex as she delves into the archives and examines how discussion of Russia and Russians has evolved over the programme's lifetime.  
 Producer Camellia Sinclair. Repeated Wednesday 11.30am  
 Postponed from last Thursday

**3.45 Short Works** *The Prisoner*. From 2020  
**4.00 Deep Six** Thriller by John Fletcher (4/6)  
**4.30 Lonelyheart 4122** By Colin Watson (4/6)  
**5.00 The Camomile Lawn** (9/10)  
**5.15 Shakespeare's Restless World** (4/20)  
**5.30 What Does the K Stand For?** Comedy  
**6.00 Dad's Army** 1974 comedy  
**6.30 Second Thoughts** Series two of the comedy inspired by the lives of its writers, husband and wife Jan Etherington and Gavin Petrie. From 1989 (1/8)  
**7.00 Jest a Minute** 2009 comedy quiz (4/6)  
**7.30 Stockport, So Good They Named It Once**  
**8.00 The Real Comedy Controllers: The Things That Made Us Laugh** as Saturday 9pm  
**9.00 Great Lives** Matthew Parris invites poet Henry Normal to celebrate comedy star and writer Spike Milligan (1918–2002)  
**9.30 Journey into Space: The Red Planet** (9/20)  
**10.00–12.00 Comedy Club: Absolutely** (1/4), at **10.30 Alex Edelman's Peer Group** (2/4), at **11.00 Hamish and Dougal: You'll Have Had Your Tea** (6/6), at **11.15 Life with Lederer** (4/5) and at **11.30 Ectoplasm** (3/4)  
**12.00** as 3pm **12.45am** as 3.45pm **1.00** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 1.30pm **4.00** as 2pm **4.30** as 2.30pm **5.00 Running before the Wind** Drama (4/4) **5.45 Short Works**  
 Louise Kennedy's *Take Me Home*. From 2020

**4.30 BBC Inside Science**  
 Victoria Gill presents scientific news.  
 Producer Hannah Robbins. Repeated 9pm  
**5.00 PM** Presented by Evan Davis.  
**6.00 Six o'Clock News**  
**6.30 Kevin Eldon Will See You Now**  
**2/4. Who the Hell Do You Think You Are?**  
 Kevin and his all-important cast take a stroll through the Eldon family archive, meeting Kevin's ancestors, discovering the true value of £35 billion and wallowing in mud.  
 Producer David Tyler (R)  
**7.00 The Archers**  
 Alan faces a difficult conversation and George has something up his sleeve.  
 For cast see Friday. Repeated tomorrow 2pm  
**7.15 Front Row**  
 Tom Sutcliffe and guests review some of the week's cultural highlights and discuss new sci-fi thriller *Foe*, which stars Paul Mescal and Saoirse Ronan, and the latest album from the Rolling Stones, *Hackney Diamonds*.  
 Producer Corinna Jones  
**8.00 The Briefing Room**  
 David Aaronovitch and guests drill down into an issue in the news. Repeated tomorrow 11am  
**8.30 The Bottom Line**  
**4/8. On the Defensive.** When things go wrong in business, the stakes can be high and the temptation to ignore, deny or even defend bad behaviour and poor decisions can be irresistible. When the truth comes out, though, it can shatter reputations and destroy careers. How can businesses and leaders foster a culture where all employees feel empowered to speak up over issues they're concerned about? Evan Davis and guests discuss.  
 Producer Simon Tulett. Repeated Monday 11.30am  
**9.00 BBC Inside Science** Rptd from 4.30pm  
**9.30 In Our Time** Shortened repeat from 9am  
**10.00 The World Tonight**  
 Presented by Nuala McGovern.  
**10.45 Book at Bedtime: the Midnight News**  
**4/10.** By Jo Barker. The shadow man crosses Charlotte's path again. Read by Rachael Stirling. For details see Monday  
**11.00 The Today Podcast**  
 Amol Rajan and Nick Robinson host a podcast that continues the conversation from *Today*, giving their take on the biggest stories and shedding light on how the programme is made. Available on BBC Sounds from this morning.  
 Producer Tom Smithard  
 Editors Jonathan Aspinwall and Louisa Lewis  
**11.30 Today in Parliament**  
**12.00 News and Weather**  
**12.30–12.45am Book of the Week: Hitler, Stalin, Mum and Dad**  
**4/5.** Repeated from 9.45am (FM only)  
**1.00 as BBC World Service**

## BBC World Service

**DAB** [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)  
**Freeview** \* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906  
*Programmes may differ online, and on Freesat, Sky, and Virgin*  
**5.00am** Newsday **8.00** News **8.05** The Inquiry **8.30** Business Daily **8.50** Witness History **9.00** The Newsroom **9.30** Assignment **10.00** News **10.05** Unexpected Elements **11.00** The Newsroom **11.30** The Food Chain **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Health Check **2.00** Newshour **3.00** News **3.05** The Inquiry **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History: the debut of Lagos Fashion Week in 2011, which would put Nigerian style on the global map **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** Assignment: following the fight to prevent a large-scale lithium mine going into operation in Portugal **8.30** Science in Action **9.00** Newshour **10.00** News **10.05** The Inquiry **10.30** The Food Chain **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** Unexpected Elements **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** Tech Life **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** Heart and Soul: the story of a man who underwent a spiritual awakening after being hit by a train

## BBC Radio 5 Live

**693, 909 MW DAB** [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)  
**F'view** 705 **F'sat** 705 **Sky** 0105 **Virgin** 905  
**Sports Extra** **F'view** 706 **F'sat** 706  
**Sky** 0131 **Virgin** 908  
**News and sport** bulletin every half-hour  
 Times vary during live sports coverage  
**5.00am Wake Up to Money**  
**6.00 5 Live Breakfast**  
**9.00 Nicky Campbell**  
**11.00 Adrian Chiles**  
**1.00pm Nihal Arthanayake**  
**4.00 5 Live Drive** With Tony Livesey and Clare McDonnell.  
**7.00 5 Live Sport**  
 Sonja McLaughlin with sports news and features, including at **7.00 Rugby World Cup**, in which she's joined by guests for a preview of the semi-finals. And at **8.30 5 Live Formula One**, with a preview of this weekend's United States Grand Prix. And at **9.00 Euro Leagues**, in which Steve Crossman and guests discuss the latest news from European football.  
**10.00 Colin Murray**  
 Discussion and debate on vital issues. Plus features, including at **11.00 Our Ukrainian Radio Family** – with reports from three Ukrainian listeners whose lives the show has followed since the start of the war – and at **12.00 Midnight Mixtape**, featuring a curated playlist with a chance for listeners to make suggestions.  
**1.00am Dotun Adebayo**

## BBC 5 Sports Extra

**DAB** [bbc.co.uk/sports extra](http://bbc.co.uk/sports extra)  
**F'view** 706 **F'sat** 706 **Sky** 0131 **Virgin** 908  
**9.15am–5.30pm Test Match Special** Commentary on India v Bangladesh in a Cricket World Cup group match at Maharashtra Cricket Association Stadium in Pune, India.

## Talksport

**1053, 1089 MW DAB** [talksport.co.uk](http://talksport.co.uk)  
**F'view** 723 **F'sat** 731 **Sky** 0108 **Virgin** 927  
**6.00am Talksport Breakfast**  
 Presented by Alan Brazil.  
**10.00 Jim White and Simon Jordan** Sporting insight.  
**1.00pm Hawksbee and Baker**  
 Paul Hawksbee and Charlie Baker with sports news, guests and more.  
**4.00 Talksport Drive** Andy Goldstein and Darren Bent with opinionated sporting debate.  
**7.00 Kick Off** Sporting issues.  
**10.00 Sports Bar** Reaction, analysis and a chance for listeners to have their say on the day's sport.  
**1.00am Extra Time**  
**5.00 Early Breakfast**

## Talksport 2

**DAB** [talksport.co.uk](http://talksport.co.uk)  
**2.00pm–4.00 Racing**  
 From Brighton.

## LBC

**97.3 FM (London area)** **DAB** [lbc.co.uk](http://lbc.co.uk)  
**F'view** 732 **F'sat** 734 **Sky** 0123 **Virgin** 919  
**7.00am** Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** Clive Bull **4.00** Ian Payne

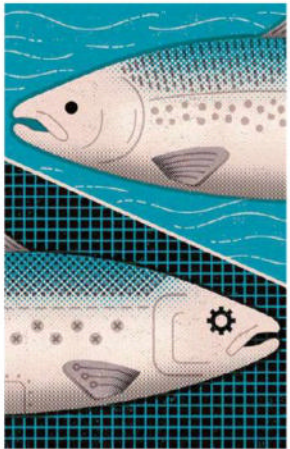
## Times Radio

**DAB** [thetimes.co.uk/radio](http://thetimes.co.uk/radio)  
**5.00am** Rosie Wright **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00** Jane Garvey and Fi Glover **5.00** John Pienaar **7.00** Pienaar and Friends **8.00** Kait Borsay **10.00** Henry Bonsu **1.00am** Stories of Our Times **1.30** Red Box **2.00** Highlights



# FRIDAY Radio

## TODAY'S CHOICES



### Crowd Science

8.30pm **BBC World Service**

The question from a curious listener is which is healthier, farmed or wild salmon? The answer is not that simple. Indeed, it throws up some new questions of its own as presenter Marnie Chesterton discovers: what problems do salmon farms solve, what problems do they cause and could moving onto land be the future for this food-supply business? She explores the global industry that these fish have spawned [sic], with countries like Chile and Norway keeping salmon in humungous-sized nets in the ocean. She also visits a salmon farm in Scotland to find out if the fish are more or less healthy than their wild cousins. And, while we humans may benefit from the proteins and fatty acids they contain, how healthy is salmon fishing for the environment? **ANNA JONES**

### Steve Lamacq

4.00pm **6 Music**

Steve Lamacq has been an indelible part of 6 Music for nearly all its 21 years on air – instantly recognisable from his mix of wryness and an unquenchable love of the sounds he plays. But at 59, with a nigh-on 40-year career in the business behind him, he's decided to step back from his daily show, and today's is his last one. He'll return in January with a new weekly show, *Steve Lamacq's Teatime Session*. "I think I need a bit of a breather!" he says. He's definitely earned it. **SIMON O'HAGAN**

### THIS WEEK'S HIGHLIGHTS

See p111

### Short Works

3.45pm **Radio 4**

A new short story from Booker Prize winner Roddy Doyle.

## BBC Radio 1

97.6–99.8 FM DAB [bbc.co.uk/radio1](http://bbc.co.uk/radio1)  
F'view\* 700 F'sat 700 Sky 0101 Virgin 901

**6.30am** Best New Pop **7.00** Greg James **10.30** Katie Thistleton **1.00pm** Matt and Mollie **3.00** Party Anthems **4.00** Official Chart **6.00** Dance Party **8.00** Future Dance **10.00** Pete Tong **12.00** Essential Mix **2.00am** Dance Presents **3.00** Danny Howard **4.00** Chillout Anthems **5.00** Relax

## BBC Radio 2

88–90.2 FM DAB [bbc.co.uk/radio2](http://bbc.co.uk/radio2)  
F'view\* 702 F'sat 702 Sky 0102 Virgin 902

**6.30am** Zoe Ball  
Including at **8.00** Friends Round Friday, today with Bill Bailey, Paloma Faith and Jill Scott.

**9.30** Vernon Kay  
Including at **11.40** Tracks of My Years, with actor Robert Carlyle.

**12.00** Jeremy Vine

**2.00pm** Scott Mills

**4.00** OJ Borg

**7.00** Michelle Visage

A playlist of disco, dance, pop, neo-R&B bangers and, at **8.30**, a duets-themed edition of **Handbag Hits**.

**9.00** The Good Groove

with DJ Spoony

Including the **Rewind Selector** and at **10.40** the **Deeper Cuts Mix**.

**11.00** The Rock Show with Johnnie Walker

**12.00** Romesh Ranganathan: for the Love of Hip-Hop

**1.00am** Who Are We: Doctor Who? 1/2. Marking next month's 60th anniversary of Doctor Who, a journey into the Radio 2 archive to explore how the changing attitudes of Britain since the 60s have been reflected through the Tardis. Presented by Jo Whitley, with new and archive interviews from Doctors past and present.

**2.00** Phil Collins at the BBC A profile via interviews and performances.

**3.00** Radio 2 Unwinds with Angela Griffin A mellow playlist.

**4.00** Sophie Ellis-Bextor's Kitchen Disco Uplifting disco tunes.

**5.00** Radio 2 in Concert (R)

## BBC 6 Music

DAB [bbc.co.uk/6music](http://bbc.co.uk/6music)  
Freeview 707 Freesat 707 Sky 0120 Virgin 909

**7.30am** Gemma Cairney

**10.30** Mary Anne Hobbs

Including at **12.00** the Icons Mix.

**1.00pm** Chris Hawkins

**4.00** Steve Lamacq

Steve presents his final daily weekday show but returns on Monday 8 January to present a new weekly show, *Steve Lamacq's Teatime Session*.

**7.00** The People's Party

with Afrodeutsche

**9.00** 6 Music's Indie Forever

**11.00** The Ravers Hour

**12.00** Rave Forever **1.00am** Emo Forever **2.00** Focus Beats

**4.00** Ambient Focus

## Greatest Hits

DAB [greatesthitsradio.co.uk](http://greatesthitsradio.co.uk)  
F'view 716 Sky 0151 Regional variations on FM/MW

**6.00am** Rossie **10.00** Ken Bruce

**1.00pm** Jo Russell **4.00** Simon Mayo **7.00** Martin Kemp **10.00**

Rhythm of the Night **1.00am** Good Times Anthems **2.00** Music Marathon

## Boom Radio

DAB [boomradio.co.uk](http://boomradio.co.uk)

**6.00am** Andy Marriott **7.30**

Graham Dene **10.00** David Lloyd

**12.00** Derek Webster **2.00pm** Judi Spiers **4.00** Nicky Horne **6.00** John Peters **8.00** The Easy Hour **9.00**

Graham Torrington **12.00** Dave Brown **2.00am** Through the Night

## BBC Radio 3

90.2–92.4 FM DAB [bbc.co.uk/radio3](http://bbc.co.uk/radio3)  
Freeview\* 703 Freesat 703 Sky 0103 Virgin 903

News and weather as Monday

### 6.30am Breakfast

Broadcast from Broadcasting House in London, Petroc Trelawny presents an eclectic playlist of music, the latest headlines, news from the arts world, listeners' texts and features, including **Bach before 7** and the **Friday Poem**.

### 9.00 Essential Classics

Georgia Mann with music and features, including at **9.30** **Playlist Starter**, in which listeners are played a piece of music and then invited to suggest compatible works for broadcast at **10.45** in the **Playlist Reveal**. Plus **Song of the Day** at **10.10**.

### 12.00 Composer of the Week: Errollyn Wallen

**5/5. Public and Private.** Donald Macleod hears from Errollyn Wallen about some of her most public and meaningful commissions, marking large events and anniversaries, as well as pieces dedicated to people close to her.

*Jerusalem, Our Clouded Hills* Golda Schultz (soprano), BBC Symphony Orchestra, conductor Dalia Stasevska

*Gun Gun Gun* Héloïse Werner (soprano), the Hermes Experiment

*Mighty River* Orchestra X

*Cello Concerto (excerpt)* Matthew Sharp (cello), Orchestra X, conductor Nicholas Kok

*See That I Am God* Choir of King's College, Cambridge, conductor Stephen Cleobury (R)

### 1.00pm Radio 3 Lunchtime Concert

Sarah Walker concludes a week of highlights from two Cotswolds festivals, today including pianist Isata Kanneh-Mason performing Schumann and Chopin in late September at the Tetbury Music Festival.

**Schumann Kinderszenen, Op 15**

Isata Kanneh-Mason (piano)

**Schubert String Quartet in B flat, D112** Takacs Quartet

**Chopin Prelude No 25 in C sharp minor, Op 45**

Isata Kanneh-Mason (piano)

### 2.00 Afternoon Concert

With Penny Gore, including at **3.00** a performance of Schubert's "Great" Ninth Symphony. Plus the last of this week's exclusive broadcasts of new recordings by the BBC Philharmonic.

**Copland Hoe-Down (Rodeo: Four Dance Episodes)** BBC Philharmonic, conductor John Wilson

**Ravel Shéhérazade, ouverture de féerie** Radio France Philharmonic Orchestra, conductor Mikko Franck

**Arvo Pärt Psalm (excerpt)**

**Nielsen Aladdin, Op 34 (excerpts)** Frankfurt Radio Symphony Orchestra, conductor Constantinos Carydis

**Lennon/Bach Imagine/Jesu bleibet meine Freude (Jesu, Joy of Man's Desiring)** (Cantata No 147: Herz und Mund und Tat und Leben) Frankfurt Radio Brass

**Bartok Transylvanian Dances** BBC Philharmonic

**3.00 Schubert Symphony No 9 in C (Great)** Bamberg Symphony Orchestra, conductor Manfred Honeck

**O Petersen/Bach Hymn to Freedom/Cantata No 140: Wacht auf, ruft uns die Stimme** Frankfurt Radio Brass

**Arvo Pärt Psalm (excerpt)**

**Ravel Shéhérazade (song cycle)** Hanna-Elisabeth Müller (soprano), Frankfurt Radio Symphony Orchestra, conductor Constantinos Carydis

**Rossini Overture: La gazza ladra** Bamberg Symphony Orchestra, conductor Manfred Honeck

## Scala Radio

DAB [scalardradio.co.uk](http://scalardradio.co.uk)

**7.00am** Charles Nove Music and features.

**10.00** Penny Smith

Including at **11.30** a guest from the world of arts and culture, today with Dawn French discussing her new live show and book. Plus requests from **12.00**.

**1.00pm** Sam Hughes With popular classical works.

**4.00** Richard Allinson Music and features.

**7.00** Classical Bangers Darren Redick with an upbeat playlist to start the weekend.

**10.00** The Space Soothing and calming music.

**1.00am** Night Music Nonstop music.

**5.00** In the Park Calming sounds.

## Asian Network

DAB [bbc.co.uk/asiannetwork](http://bbc.co.uk/asiannetwork)

F'view 709 F'sat 709 Sky 0119 Virgin 912

**6.00am** Fresh **7.00** Nikita Kanda **10.00** Certified

**11.00** Haroon Rashid **2.00pm** Certified Throwbacks

**3.00** The Official Asian Music Chart **5.00** Certified

**6.00** Panjabi Hit Squad **9.00** DJ Limelight **12.00**

Desi Dancefloor Mix **1.00am** Pure Music with DJ Manara **4.00** Fresh **5.00** Ankur Desai

### 4.30 The Listening Service

Repeated from Sunday 5pm

### 5.00 In Tune

Katie Derham with news, music and studio guests, today featuring a live performance by the Kronos Quartet as part of their 50th-anniversary tour.

**7.00** Classical Mixtape An inspired playlist.

### 7.30 Radio 3 in Concert

In a concert from 4 October at Lighthouse in Poole, Martin Handley introduces the Bournemouth Symphony Orchestra with its new artist in residence, Russian pianist Alexander Malofeev, here performing Rachmaninov's *Rhapsody on a Theme of Paganini*.

Alexander Malofeev (piano), Bournemouth Symphony Orchestra, conductor Kirill Karabits

**Hartmann Suite: The Scarlet Flower**

**Rachmaninov**

*Rhapsody on a Theme of Paganini Op 43*

**Brahms Symphony No 4 in E minor**

### 10.00 The Verb

Ian McMillan discusses the act of looking, what it means to write about art and to translate what you see into language, and the relationship between art and life. He is joined by poets Terrance Hayes and Jason Allen-Paisant, novelist Christine Coulson and art critic Laura Cumming.

### 10.45 The Essay: Five Cellos – Lost and Found 5/5. The Flat-Pack Cello.

From pieces of derelict instruments, and offcuts of wood, along with cutting-edge technology, Kate Kennedy is making a prototype of a new, hybrid cello. This is a cello whose story is yet to begin.

### 11.00 Late Junction

With Jennifer Lucy Allan, who this week visits a mysterious world occupied by a sentient suit of armour, through the dreamy lo-fi computer music of Aliyah Hussain and the soundtrack she created for the game *Web Wide World*. Plus acholi music from northern Uganda played in major scales by Otim Alpha and Leo PaLayeng, dilapidated bedroom pop from London singer/songwriter Tizrah, Hani polyphonic singing recorded in China's Yunnan province, swamp dub from Bristol label Bokeh Versions and Hiroyuki Onogawa's shimmering score to a cult sci-fi film that combines diving, supernatural powers and aliens.

### 1.00am Ultimate Calm

A series one edition in which Olafur Arnalds looks at the comforting effect that the sounds of bad weather can have on you when you're tucked up inside. A playlist related to rain, wind and thunder features music by Chopin, Eydís Evensen and Chihei Hatakeyama. (R)

### 2.00 Essential Classics Mix

**3.00** Through the Night With Jonathan Swain.

**Rachmaninov Rhapsody on a Theme of Paganini, Op 43**

**Chopin Prelude No 4 in E minor, Op 28 No 4** **Prokofiev**

**Symphony No 7** Behzod Abduraimov (piano), Swedish Radio Symphony Orchestra, conductor Aziz Shokhakimov

**4.01 Lindblad String Quartet No 3 in C**

**4.37 Wagner Wesendonck Lieder** **5.01 G Williams** *Sea Sketches* **5.19 Saint-Saëns** *Oboe Sonata in D, Op 166*

**5.31 Schoenberg Friede auf Erden, Op 13**

**5.40 A Scarlatti** *Concerto Grosso No 1 in F minor*

**5.48 Schubert Notturmo in E flat, D897**

**5.57 Nystedt O Crux, Op 79** **6.04 Janacek** *Youth*

**6.22 Vahnal** *Symphony in A minor* **6.40 Beethoven**

*Violin Sonata in A minor, Op 23* Revised repeat

## Classic FM

99.9–101.9 FM DAB [classicfm.com](http://classicfm.com)

Freeview 731 Freesat 721 Sky 0106 Virgin 922

**6.00am** More Music Breakfast Tim Lihoreau with music, news, financial updates and features.

**9.00** Alexander Armstrong Classical hits, starting with the **Classic Hall of Fame Hour**, featuring favourite pieces voted into the current Classic FM Top 300. At **10.15** **Album of the Week**.

**12.00** Anne-Marie Minhall Including at **12.00** **Classic FM Requests** and at **3.00** **Hall of Fame**.

**4.00pm** Sam Pittis Classical favourites.

**7.00** Smooth Classics at Seven Zeb Soanes with a playlist of classical music designed to help listeners relax and recharge, including at **9.00** the **Great Escape**.

**10.00** **Calm Classics** With Ritula Shah.

**1.00am** Katie Breathwick **4.00** Sam Pittis

## Absolute Radio

DAB [absoluteradio.co.uk](http://absoluteradio.co.uk)

Freeview 727 Freesat 724 Sky 0107 Virgin 915

**6.00am** Ben Burrell **10.00** Leona Graham

**1.00pm** Jay Lawrence **4.00** Bush **7.00** Claire Sturgess **10.00** Sophie K **4.00am** Emil Franchi





## BBC Radio 4

92.4-94.6 FM 198 LW DAB [bbc.co.uk/radio4](http://bbc.co.uk/radio4)Freeview 704 Freesat 704 (FM) 710 (LW)  
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)

News, weather and shipping forecasts as Tuesday

## 5.30am News Briefing

## 5.43 Prayer for the Day

A chance to pause for reflection and contemplation, with Julia Loveless.

## 5.45 Farming Today

News about food, farming and the countryside.

## 5.58 Tweet of the Day

The sound of the yellow-browed warbler. (R)

## 6.00 Today

With Anol Rajan and Nick Robinson.

## 6.25, 7.25, 8.25 Sports News

## 6.45 Yesterday in Parliament

## 7.48 Thought for the Day

With Catherine Pepinster.

## 8.31 LW Yesterday in Parliament

## 9.00 Desert Island Discs

Donna Langley, chairman and chief content officer for the NBC Universal Studio Group, is Lauren Laverne's castaway. Repeated from Sunday 11.15am

## 9.45 FM Book of the Week: Hitler, Stalin, Mum and Dad

5/5. Reunion. By Daniel Finkelstein. After being reunited, Daniel's grandparents and father, still only 12, must find a way to live and make sense of what happened to them at the hands of the Communists. Read by the author. For details see Monday Repeated 12.30am

## 9.45 LW Daily Service

Led by the Rev Dr Stephen Wigley. Reading: Psalm 90, vv1-4, 10-12. Hymns: New Every Morning Is the Love; Take This Moment Time and Space; Forth in Thy Name O Lord I Go.

## 10.00 Woman's Hour

Presented by Anita Rani.

## 11.00 The Briefing Room

David Aaronovitch and guests explore the issues behind a story in the news. Repeated from yesterday 8pm

## 11.30 Tom Allen Is Actually Not Very Nice

2/4. Tom Allen used to be such a nice boy but something has happened to get his dander up. In this comedy show, the comedian works out how best to navigate some tricky social situations and keep a lid on his anger when confronted with life's small injustices, with help from the assembled studio audience. Producer Richard Morris (R)

## 12.04pm Archive on 4: Powell and Pressburger - Poetic Patriotism

Carol Morley revisits the work of film-makers Powell and Pressburger and their unique take on Britain. Featuring interviews with Tilda Swinton, Ian Christie and Sandy Powell. Repeated from Saturday 8pm

## See feature: page 110

## 1.00 The World at One

Presented by Edward Stourton.

## BBC Radio 4 Extra

DAB [bbc.co.uk/radio4extra](http://bbc.co.uk/radio4extra)

Freeview 708 Freesat 708 Sky 0126 Virgin 910

## 6.00am Deep Six Thriller by John Fletcher (5/6)

## 6.30 Lonelyheart 4122 1990 drama (5/6)

## 7.00 The Camomile Lawn With Siân Phillips (10/10)

## 7.15 Shakespeare's Restless World (5/20)

## 7.30 Ed Reardon's Week 2015 comedy (2/6)

## 8.00 Marriage Lines 1965 sitcom

## 8.30 Kathmandu or Bust 1996 comedy (3/6)

## 9.00 The Food Quiz With Jay Rayner (1/6)

## 9.30 Barbara Nice 2017 sitcom (4/4)

## 10.00 Running before the Wind Drama (4/4)

## 10.45 Short Works as 3.45pm

## 11.00 Deep Six Thriller by John Fletcher (5/6)

## 11.30 Lonelyheart 4122 1990 drama (5/6)

## 12.00 The Camomile Lawn With Siân Phillips (10/10)

## 12.15pm Shakespeare's Restless World

## 12.30 Ed Reardon's Week 2015 comedy (2/6)

## 1.00 Marriage Lines 1965 sitcom

## 1.30 Kathmandu or Bust 1996 comedy (3/6)

## 2.00 The Food Quiz Jay Rayner challenges gastronomes on food, here with Clarissa Dickson Wright (1947-2014) and Stephen Fry. From 2003 (1/6)

## 2.30 Barbara Nice 2017 sitcom (4/4)

## 3.00 Running before the Wind Drama (4/4)

## 3.45 Short Works Louise Kennedy's Take Me Home

## 4.00 Deep Six Thriller by John Fletcher (5/6)

## 4.30 Lonelyheart 4122 1990 drama (5/6)

## 1.45 Prime Ministers' Props

5/5. Edward Heath's Yacht. Edward Heath took up sailing at the age of 50, and his midlife career as a sailor developed with extraordinary speed - he bought his first yacht *Morning Cloud* in 1969 and won the Sydney to Hobart Yacht Race later that year. He then captained Britain's winning team for the Admiral's Cup in 1971, while prime minister. Professor David Cannadine considers how Heath's passion for sailing also reflects something of the extraordinary isolation of his personality.

## 2.00 The Archers Repeated from yesterday 7pm

## 2.15 Drama: Harland

New series. 1/5. *Diu luna*. Series three of Lucy Catherine's supernatural thriller returns to the new town haunted by its bloody past. Six weeks have passed and Dan is under house arrest, suspected of murder, arson and abducting a baby. His search for missing police detective Sarah Ward and the answer to the mystery of the Hare Witches seems to be at an end. All episodes are available on BBC Sounds from today.

Dan Morris	Tyger Drew-Honey	DCI Cummins	John Lightbody
Sadie	Rupert Holliday Evans	Security guard	Tyler Cameron
Sarah Janis	Melissa Advani	DJ	Don Gilet
	Ayesha Antoine	Tool/Voice	Kitty O'Sullivan
	Fiona Skinner		

Director Toby Swift

## 2.45 Close Encounters

6/10. Martha Kearney invites Edward Enninfu, the editor of *Vogue*, to champion a favourite picture from the National Portrait Gallery collection. He chooses a photograph of Naomi Campbell from 1987, when she was 17, the first of many to appear on a *Vogue* cover. Producers Mohini Patel and Tom Alban Repeated tomorrow 5.45am (R)

## 3.00 Gardeners' Question Time

In Penzance, Cornwall, chair Kathy Clugston invites Anne Swithinbank, James Wong and Chris Beardshaw to answer listeners' queries. Producer Bethany Hocken Repeated Sunday 2pm

## Your RT Gardening: page 134

## 3.45 Short Works

Hearing Aids, by Roddy Doyle. New hearing aids lead Barry to look afresh at his marriage to Donna and the way he has behaved in the past. Read by Liam Carney. See choice: page 111. Producer Nicola Holloway

## 4.00 Last Word

Matthew Bannister with the programme that recalls the lives of the recently deceased. Producer Gareth Nelson Davies Repeated Sunday 8.30pm

## 4.30 Feedback

2/11. Andrea Catherwood fields listeners' views and puts them to programme-makers. Producer Gill Davies Repeated Sunday 8pm ADDRESS: Feedback, PO Box 67234, London SE1P 4AX PHONE: 0333 344 4544 EMAIL: [feedback@bbc.co.uk](mailto:feedback@bbc.co.uk)

## 5.00 PM Presented by Anita Anand.

## 6.00 Six o'Clock News

## 5.00 The Camomile Lawn With Siân Phillips (10/10)

## 5.15 Shakespeare's Restless World (5/20)

## 5.30 Ed Reardon's Week 2015 comedy (2/6)

## 6.00 Marriage Lines 1965 sitcom

## 6.30 Kathmandu or Bust 1996 comedy (3/6)

## 7.00 The Food Quiz With Jay Rayner (1/6)

## 7.30 Barbara Nice 2017 sitcom (4/4)

## 8.00 An Obsessive Type: the Tale of the Doves Typeface

Can a long lost design classic by Arts and Crafts designer TJ Cobden-Sanderson (1840-1922) - his Doves typeface - be found at the bottom of the Thames? Graphic designer Robert Green goes on a search. From 2016

## 8.30 Soul Music Stephen Sondheim discusses

*Somewhere* - the stirring song he and Leonard Bernstein wrote for *West Side Story* (5/6)

## 9.00 Monsters of Music with Tom Allen

Tom Allen and Ben Gernon explore the life of Giacomo Puccini (1858-1924) All episodes are on BBC Sounds

## 9.30 Journey into Space: The Red Planet (10/20)

## 10.00-10.00 Comedy Club: Desolation Jests (2/4), at 10.30 4 Stands Up (3/6), at 11.00 Nick

## Mohammed in Quarters (2/4), at 11.15 Bunk Bed (2/8), and at 11.30 The Mark Steel Lecture (4/4)

## 12.00 The Nemesis of Fire 12.45am The Pit

## and the Pendulum 1.00 as 3pm 1.45 as 3.45pm

## 2.00 as 4pm 2.30 as 4.30pm 3.00 as 5pm

## 3.15 as 5.15pm 3.30 as 5.30pm 4.00 as 6pm

## 4.30 as 6.30pm 5.00 as 7pm 5.30 as 7.30pm

## 6.30 The News Quiz

7/8. Andy Zaltzman hosts the satirical quiz show, with panellists Ian Smith, Lucy Porter, Anushka Asthana and Robin Morgan. Producer Gwyn Davies Repeated tomorrow 12.30pm

## 7.00 The Archers

The Grundys have the rug pulled from under them and Helen doesn't know where to turn.

Helen Archer	Louiza Patikas	George Grundy	Angus Stobie
Henry Archer	Blakey Darby	Brad Horrobin	Taylor Uttley
Pip Archer	Daisy Badger	Alistair Lloyd	Michael Lumsden
Lee Bryce	Ryan Early	Kirsty Miller	Annabelle Dowler
Ian Craig	Stephen Kennedy	Stella Pryor	Lucy Speed
Alan Franks	John Telfer	Lynda Snell	Carole Boyd
Clarrie Grundy	Heather Bell	Oliver Sterling	Michael Cochrane
Eddie Grundy	Trevor Harrison		

Writer Sarah Hehir; Director Pip Swallow

Editor Jeremy Howe

## 7.15 Add to Playlist

2/9. Bassoonist Amy Harman and concert pianist Keelan Carew join Cerys Matthews and Jeffrey Boakye to add five more tracks to the playlist. They start with a simple, gentle nursery rhyme and end with a noisy US TV theme from the 1980s. Producer Jerome Weatherald Rptd tomorrow 10.15pm

## 8.00 Any Questions?

Alex Forsyth chairs the political forum in Maryhill Burgh Halls in Glasgow. Panellists include the nuclear minister Andrew Bowie MP, deputy leader of Scottish Labour Jackie Baillie MSP, Liberal Democrats spokesperson for women and equalities Christine Jardine MP and the journalist Blair Jenkins. Producer Robin Markwell Repeated tomorrow 1.00pm

## 8.50 A Point of View

A reflection on a topical issue.

Repeated Sunday 8.48am

## 9.00 How I Ruined Medicine

Dr Phil Hammond asks whether his satire and journalism have undermined the NHS, examining the mental health crisis among staff and how a drive towards transparency may have caused harm. Producer David Morley (R)

## 10.00 The World Tonight With Shaun Ley.

## 10.45 Book at Bedtime: The Midnight News

5/10. By Jo Barker. The bombs fall close to Charlotte's home and neighbours are lost. Read by Rachael Stirling. For details see Monday

## 11.00 Americast

With Justin Webb, Sarah Smith, Marianna Spring and Anthony "The Zurch" Zurcher.

## 11.30 One to One

Football writer Suzy Wrack meets with Joanne Marsden to share their stories of growing up on council estates. Producer Caitlin Hobbs (R)

## 11.45 Today in Parliament

## 12.00 News and Weather

## 12.30-12.45am Book of the Week:

## Hitler, Stalin, Mum and Dad

5/5. Repeated from 9.45am (FM only)

## 1.00 as BBC World Service

## BBC World Service

DAB [bbc.co.uk/worldserviceradio](http://bbc.co.uk/worldserviceradio)

Freeview\* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

## 5.00am Newsday 8.00 News 8.05 Hardtalk

## 8.30 Business Daily 8.50 Witness History

## 9.00 The Newsroom 9.30 Science in Action

## 10.00 News 10.05 The Real Story 11.00 The

## Newsroom 11.30 Heart and Soul 12.00 News

## 12.05pm The Fifth Floor 12.50 Witness History

## 1.00 The Newsroom 1.30 Science in Action 2.00

## Newsnight 3.00 News 3.05 Hardtalk 3.30 World

## Business Report 4.00 BBC OS 6.00 News 6.05

## The Fifth Floor 6.50 Witness History: Donny

## Osmond recalls the crowds that greeted the

## Osmonds' arrival at Heathrow in 1973 7.00 The

## Newsroom 7.30 Sport Today 8.00 News

## 8.05 BBC OS Conversations 8.30 CHOICE:

## Crowd Science: Marne Chesterton investigates

## whether farmed or wild salmon is the most

## nutritious 9.00 Newsnight 10.00 News 10.05

## Hardtalk 10.30 Heart and Soul: a man who

## underwent a spiritual awakening after being hit by

## a train 11.00 The Newsroom 11.20 Sports News

## 11.30 World Business Report 12.00 News

## 12.05am The Real Story 1.00 News 1.05 Business

## Matters 2.00 The Newsroom 2.30 Stumped

## 3.00 News 3.05 The Fifth Floor 3.50 Witness

## History 4.00 News 4.05 The Real Story

## BBC Radio 5 Live

693, 909 MW DAB [bbc.co.uk/fivelive](http://bbc.co.uk/fivelive)

F'view 705 F'sat 705 Sky 0105 Virgin 905

Sports Extra F'view 706 F'sat 706

Sky 0131 Virgin 908

News and sport bulletin every half-hour

Times vary during live sports coverage

## 5.00am Wake Up to Money

## 6.00 5 Live Breakfast

Rick Edwards and Eleanor Oldroyd

with a detailed look at the headlines.

## 9.00 Nicky Campbell

## 11.00 Chiles on Friday

## 1.00pm Defoe and Deeney

## Football Firsts

Jermian Defoe and Troy Deeney

recall their first World Cups.

## 1.30 Fantasy 606

With Alistair Bruce-Ball, Chris

Sutton and Statman Dave.

## 2.00 Elis James and John Robins

## 4.00 5 Live Drive

## 7.00 Rugby World Cup

Sonja McLaughlin presents

sports news and build-up to the

8.00 live semi-final commentary

from the Rugby World Cup.

## 10.30 Stephen Nolan

## 1.00am Graham Liver

## BBC 5 Sports Extra

DAB [bbc.co.uk/sportsextra](http://bbc.co.uk/sportsextra)

F'view 706 F'sat 706 Sky 0131 Virgin 908

## 9.15am-5.30pm Test Match

## Special Australia v Pakistan,

a Cricket World Cup group

match at M Chinnaswamy Stadium

in Bangalore, India.

## 6.25-7.35 Formula One

The first

practice session of the United States

Grand Prix. And at 9.55-11.05

the second practice session.

## Radio 5 Live: Contact individual

programmes via the website at

[bbc.co.uk/5live](http://bbc.co.uk/5live).

TELEPHONE: 0800 590 9693

TEXT: 85058 (standard rate)

## Talksport

1053, 1089 MW DAB [talksport.co.uk](http://talksport.co.uk)

F'view 723 F'sat 731 Sky 0108 Virgin 927

## 6.00am Talksport Breakfast

Presented by Alan Brazil.

## 10.00 Jim White and Simon

Jordan Sporting insight.

## 1.00pm Hawksbee and Jacobs

## 4.00 Talksport Drive

Andy

Goldstein and Darren Bent with

opinionated sporting debate.

## 7.00 Thank Friday it's Football

With Ade Oladipo and Rory Jennings.

## 10.00 Sports Bar

Reaction,

analysis and the chance for listeners

to have a say on the day's sport.

## 1.00am Extra Time

Presented by Martin Kelner.

## Talksport 2

DAB [talksport.co.uk](http://talksport.co.uk)

## 1.00pm-3.00 Racing

From Uttoxeter.

## 7.00-10.00 Championship

Football Rotherham United v

Ipswich Town (kick-off 8.00).

## LBC

97.3 FM (London area) DAB [lbc.co.uk](http://lbc.co.uk)

F'view 732 F'sat 734 Sky 0123 Virgin 919

## 7.00am Nick Ferrari 10.00 James

O'Brien 1.00pm Shelagh Fogarty

4.00 Tom Swarbrick 6.00 Ali

Miraj 9.00 The Legal Hour with

Daniel Barnett 10.00 Nick Abbot

1.00am Clive Bull 4.00 Ali Miraj

## Times Radio

DAB [thetimes.co.uk/radio](http://thetimes.co.uk/radio)

5.00am Rosie Wright 6.00

Chloe Tilley and Calum Macdonald



## Face behind the voice John Acres BBC Radio Devon



**Age** 46  
**Current job**  
Presenter of the breakfast show on BBC Radio Devon, commentator and reporter for BBC

Radio 5 Live, *BBC Breakfast* weekend sports news, *Match of the Day* and *Final Score*.

**CV** Born in Barnstaple and raised in Plymouth, Devon. Failed his A-levels – “Even though my dad’s written a book on how to pass your exams” – and worked at Plymouth dockyard: “I was absolutely hopeless.” Then started volunteering at BBC Radio Devon: “I had a eureka moment and knew radio was what I wanted for my life.” Completed a journalism diploma at Falmouth College of Art. First radio job was news editor at commercial station KickFM in Newbury. Joined BBC Radio Stoke as a sports reporter where he saw Stoke City promoted to the Premier League, then presented the breakfast show with Liz Ellis. Returned to BBC Radio Devon 27

years after he had volunteered there, to present the breakfast show. “I feel like BBC Radio Devon saved me when I was a lost teenager. To come back and present the breakfast show is proper pinch-me stuff. I’m fascinated by people. I love to find out what makes them tick and try to make them laugh. My dad is a counsellor and my mum helps people with special educational needs, so I grew up around the best listeners.”

**Social media – yes or no?** “I do like social media, but I’m more of a lurker than someone who actually posts things.”

**Best moments** “Saying, ‘Good morning, welcome to John Acres at breakfast on BBC Radio Devon’ on my first morning back. Full of nerves, I kept saying ‘Radio Stoke’ – I had to put 50p in a jar every time I said the wrong station!”

Some people may remember me for the time on *Final Score* when I commented for nearly two minutes on a cat being on the pitch at Goodison Park!” Listen at [bbc.co.uk/sport/football/47104907](http://bbc.co.uk/sport/football/47104907)

**Worst moments** “The time I got bad cramp on air on BBC Radio 1. Very embarrassing.”

**Off air** “Most of my spare time is taken up by watching sport, playing sport or watching my 13-year-old son Evan play sport. I love spending time with my family in Devon and exploring all the nooks and crannies (and pubs).”

**First radio memory** “Listening to the 1982 World Cup. I remember hearing the South American and Brazilian commentators shout ‘Socrates, Socrates, Socrates... GOAAAL!’ I repeated it until it drove my parents mad.”

**Ambition/Dream job** “I feel like I’ve achieved the things that I set out to achieve and this is my dream job – being in my home county, presenting the breakfast show in a place that I love.”

**Secret skills** “My guilty pleasure is the 90s boy band Five. I can recite all the lyrics to every rap by Abz in every single Five song.”

**MEG FIRTH**

Listen at [bbc.co.uk/radiodevon](http://bbc.co.uk/radiodevon)

**6.00 Mon:** Sport Extra; **Tue:** Framed; **Wed:** Babs Michel; **Thu:** Upload; **Fri:** BBC Essex Fans Phone-in **6.30 Tue:** Sport **7.00 Mon:** Farzana Chaudry; **Fri:** Angelle Joseph **8.00 Thu:** BBC Introducing **10.00–1am Mon/Wed/Thu (Tue: 10.30):** Becky Want; **10 Fri:** Jo Good

### Gloucestershire

#### Saturday

**6am** Caroline Martin **10.00** Andy Bennett **2pm** Matchday **6.00** James Threlfall **8.00** BBC Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Caroline Martin **10.00** Andy Bennett **2pm** Dominic Cotter **6.00** Manny Masih **10.00–1am** Becky Want

#### Monday–Friday

**6am** Jon Smith **10.00** Nicky Price **2pm** Chris Baxter; **Fri:** Graham Rogers **6.00 Mon:** Sports Show; **Thu:** Upload; **Fri:** Matchnight **7.00 Mon:** Manny Masih; **Tue/Wed:** Dan Pascoe **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

### Guernsey

#### Saturday

**6am** Alison Moss **10.00** Jim Delbridge **2pm** Warren Muggleton **6.00** Stereo Underground **8.00** Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Matthew Price **10.00** Jim Delbridge **2pm** John Randall **6.00** Richard Green **10.00–1am** Becky Want

#### Monday–Friday

**6am** Nik de Garis **10.00** Steph Watkins **2pm** Darcy Kelly; **Mon:** Danny Parkinson **6.00** Harry Barratt **10.00–1am** Becky Want; **Fri:** Jo Good

### Hereford/Worcester

#### Saturday

**6am** Andrew Easton **10.00** Toni McDonald **2pm** Sport **6.00** BBC Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Tammy Gooding **10.00** Malcolm Boyden **2pm** Jonathan Ray **6.00** Andrew Marston **10.00–1am** Becky Want

#### Monday–Friday

**6am Mon–Wed:** Elliott Webb; **Thu/Fri:** Toni McDonald **10.00** Malcolm Boyden; **Mon:** Tammy Gooding **2pm** Andrew Easton; **Thu/Fri:** Tammy Gooding **6.00** Kate Justice **10.00–1am** Becky Want; **Fri:** Jo Good

### Humberside

#### Saturday

**6am** Fiona Mills **10.00** Lizzie Rose **2pm** Sport **5.00** Football Forum **6.00** John Kane **8.00** Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Fiona Mills **10.00** Lizzie Rose **2pm** Sile Sibanda **6.00** Neil Foster **10.00–1am** Becky Want

#### Monday–Friday

**6am** Kofi Smiles; **Fri:** Sally Fairfax **10.00** Phil White

**2pm** Andy Comfort **6.00 Mon/Tue/Fri:** Sportstalk; **Wed:** Sanchez Payne; **Thu:** Bek Homer **7.00 Mon:** Alan Raw; **Tue:** Sanchez Payne; **Fri:** Hannah Sackville-Bryant **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

### Jersey

#### Saturday

**6am** Alison Moss **10.00** Jim Delbridge **2pm** Warren Muggleton **6.00** Stereo Underground **8.00** Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Matthew Price **10.00** Jim Delbridge **2pm** John Randall **6.00** Richard Green **10.00–1am** Becky Want

#### Monday–Friday

**6am** Jenny Mullin **10.00** Alison Moss **2pm** Darcy Kelly; **Mon:** Danny Parkinson **6.00** Harry Barratt **10.00–1am** Becky Want; **Fri:** Jo Good

### Kent

#### Saturday

**6am** Pat Marsh **10.00** Steve Ladner **2pm** The Sports Hub **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Phil Harrison **10.00** Andy Garland **2pm** Tony Blackburn **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** Bill Rennells

#### Monday–Friday

**6am** Anna Cookson **10.00** Julia George; **Thu/Fri:** Steve Ladner **2pm** Pat Marsh; **Fri:** Leo Ulph **6.00** Stephen Brown; **Thu:** Upload **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

### Lancashire

#### Saturday

**6am** Shiguffa Khan **10.00** Gary Hickson **2pm** Matchday **6.00** Soul Sessions **8.00** Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Hayley Kay **10.00** Gary Hickson **2pm** Maria Felix Vas **6.00** Unforgettable **10.00–1am** Becky Want

#### Monday–Friday

**6am** Graham Liver **10.00** Sharon Hartley **2pm** Nishma Hindocha **6.00** Sport **7.00 Mon:** Desi Nation; **Tue/Wed:** Garry Scott; **Thu:** Your Lancashire **8.00 Fri:** Darren Milby **10.00–1am** Becky Want; **Fri:** Jo Good

### Leeds

#### Saturday

**6am** Andrew Edwards **10.00** Nick Ahad **2pm** Sport **6.00** The Mixtape **8.00** Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Andrew Edwards **10.00** Nick Ahad **2pm** Sport **6.00** Waheed Akhtar **10.00–1am** Becky Want

#### Monday–Friday

**6am** Rima Ahmed **10.00** Gayle Lofthouse **2pm** Steve Bailey **6.00** Sport **7.00** Payne; **Fri:** Jack Conlon **10.00–1am** Becky Want; **Fri:** Jo Good

### Berkshire

#### Saturday

**6am** Katie Martin **10.00** Kirsten O’Brien **2pm** Sport **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Katie Tyler **10.00** Kirsten O’Brien **2pm** Tony Blackburn **6.00** Pat Sissons **10.00–1am** Becky Want

#### Monday–Friday

**6am** Andrew Peach **10.00** Sarah Walker **2pm** Bridgitte Tetteh **6.00 Mon:** Sport; **Tue/Wed:** Stephen Brown; **Thu:** Upload; **Fri:** Weekend Kick-Off **7.00 Mon:** Rena Annobil; **Fri:** Dan Simpson **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

### Bristol

#### Saturday

**6am** Caroline Martin **10.00** Andy Bennett **2pm** Sport **6.00** BBC Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Caroline Martin **10.00** Andy Bennett **2pm** Steve Yabsley **6.00** Kevin Philemon **10.00–1am** Becky Want

#### Monday–Friday

**6am** Paris Troy **10.00** John Darvall **2pm** Claire Carter; **Wed:** Claire Cavanagh; **Fri:** Andy Bennett **6.00 Mon:** Sound of the City; **Tue:** The Pavilion; **Wed:** The Sports Store; **Thu:** Having a Gas; **Fri:** Sport **7.00 Mon:** Manny Masih; **Tue/Wed:** Dan Pascoe; **Thu:** Upload in the West; **Fri:** Mel Everett **10.00–1am** Becky Want; **Fri:** Jo Good

### Cambridgeshire

#### Saturday

**6am** Babs Michel **10.00** Amir Suleman **2pm** Pre-Match **3.00** Sport **5.00** Post-Match **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Babs Michel **10.00** Amir Suleman **2pm** Keith Greentree **4.00** John Leech Soul Show **6.00** Ray Clark **8.00** Mark Punter **10.00–1am** Becky Want

#### Monday–Friday

**6am** Doty McLeod **10.00** Chris Mann **2pm** Louise Hulland **6.00 Fri:** Sport; **Wed:** Babs Michel **7.00 Mon:** Farzana Chaudry; **Thu:** Upload; **Fri:** Angelle Joseph **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

### Cornwall

#### Saturday

**6am** Mel Osborne **10.00** James Dundon **2pm** Sport **6.00** Evening **10.00–1am** Jo Good

#### Sunday

**6am** Faith Programme **10.00** Justin Leigh **2pm** The Afternoon Show **6.00** Richard Green **10.00–1am** Becky Want

#### Monday–Friday

**6am** James Churchfield **10.00** Julie Skentelbery **2pm** David White **6.00** Dan Pascoe; **Mon:** Anoushka Williams **10.00–1am** Becky Want; **Fri:** Jo Good

### Cumbria

#### Saturday

**6am** Ian Timms **10.00** Helen Millican **2pm** Sport

**6.00** Joe Costin **8.00** BBC Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Darren Milby **10.00** John Lipscombe **2pm** Joe Costin **6.00** Paul Braithwaite **10.00–1am** Becky Want

#### Monday–Friday

**6am** Mike Zeller **10.00** Stephanie Finnon **2pm** Pete Moss; **Fri:** Helen Millican **6.00 Mon:** Tom Salmon; **Tue/Fri:** Sport; **Wed:** Darren Milby; **Thu:** Introducing **7.00 Thu:** Helen Millican; **Fri:** Darren Milby **10.00–1am** Becky Want; **Fri:** Jo Good

### CWR

#### Saturday

**6am** Lorna Bailey **10.00** Elise Evans **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Sandra Godley **10.00** Elise Evans **2pm** Paula White **6.00** Gagan Grewal **8.00** Nikki Tapper **10.00–1am** Becky Want

#### Monday–Friday

**6am** Phil Upton **10.00** Vic Minnett **2pm** Trish Adudu **6.00 Mon/Fri:** The Sound of the Sky Blues; **Tue–Thu:** Sport **7.00 Mon:** Gagan Grewal; **Tue/Wed:** Letitia George; **Thu:** Upload; **Fri:** Merisha Stevenson **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

### Derby

#### Saturday

**6am** Sam Harper **10.00** Tom Lawrenson **2pm** Sportscene **6.00** The Beat **8.00** Introducing **10.00–1am** Jo Good

### Sunday

**6am** Chris Coles **10.00** Dean Jackson **2pm** James Watt **6.00** Gagan Grewal **8.00** Devon Daley **10.00–1am** Becky Want

#### Monday–Friday

**6am** Andy Twigg **10.00** Ian Skye **2pm** Sally Pepper **6.00** SportsScene **7.00 Mon:** Figa DJ; **Tue/Wed/Fri:** Pam Sidhu; **Thu:** Susan Hanks **10.00–1am** Becky Want; **Fri:** Jo Good

### Devon

#### Saturday

**6am** Justin Leigh **10.00** Richard Green **1pm** Sport **6.00** Dan Pascoe **10.00–1am** Jo Good

#### Sunday

**6am** Rick Edwards **10.00** Toby Buckland **2pm** Mel Everett **8.00** Richard Green **10.00–1am** Becky Want

#### Monday–Friday

**6am** John Acres; **Wed:** Michael Chequer **10.00** David FitzGerald **2pm** David White **6.00** Dan Pascoe; **Mon:** Anoushka Williams **10.00–1am** Becky Want; **Fri:** Jo Good

### Essex

#### Saturday

**6am** Babs Michel **10.00** Sadie Nine **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

#### Sunday

**6am** Babs Michel **10.00** Sadie Nine **2pm** John Leech **6.00** Evening **10.00–1am** Becky Want

#### Monday–Friday

**6am** Ian Wyatt **10.00** Ben Fryer **2pm** Akyiah Rodriguez



**Leicester****Saturday**

6am Kelly Hinch 10.00 Dino  
2pm Kevin N'Cube 6.00 The  
Beat 10.00–1am Jo Good

**Sunday**

6am Kelly Hinch 10.00 Sport  
3pm Andy Pierce 6.00  
Chance Litchfield  
10.00–1am Becky Want

**Monday–Friday**

6am Ady Dayman 10.00  
Summaya Mughal 2pm Ben  
Jackson; **Fri:** Rupal Rajani 6.00  
**Mon:** Football; **Tue:** Game Night;  
**Wed:** Rugby Show; **Thu:** Boot  
Room; **Fri:** Weekend Preview  
7.00 **Mon:** Corey Trevor; **Tue:**  
Chance Litchfield; **Wed:** Kevin  
N'Cube; **Thu:** The Shruti Show;  
**Fri:** Aminata Kamara 9.00  
**Thu:** Real Talk 10.00–1am  
Becky Want; **Fri:** Jo Good

**Lincolnshire****Saturday**

6am Sarah-Jane Honeywell  
10.00 Sean Dunderdale 2pm  
Hope and Glory 6.00 The Beat  
8.00 BBC Introducing  
10.00–1am Jo Good

**Sunday**

6am Sue Taylor 10.00 Sean  
Dunderdale 2pm Sarah-Jane  
Honeywell 6.00 Country Lincs  
7.00 Folk: with Tim Walker  
10.00–1am Becky Want

**Monday–Friday**

6am Jono Brine 10.00 Frances  
Finn; **Fri:** Sean Dunderdale  
2pm **Mon:** Kelly Hinch;  
**Wed–Fri:** Sue Taylor 6.00 In  
the Game; **Fri:** Hope and Glory;  
the Preview Show 7.00 Arun  
Verma 10.00–1am Becky  
Want; **Fri:** Jo Good

**London****Saturday**

5am Claire Hermet 7.00  
Carrie and David Grant 10.00  
Robert Elms 1pm Women's  
Sports Show 2.00 Sport 6.00  
Gary Crowley 8.00 BBC  
Introducing 10.00 Jo Good  
1am–5.00 Laura McGhie

**Sunday**

5am Claire Hermet 6.00  
Inspirit 9.00 Robert Elms  
12.00 Gaby Roslin 3pm Jo  
Good 6.00 Tony Blackburn's  
Soul on Sunday 7.00 Dotun  
Adebayo 10.00 Becky Want  
1am–5.00 Dotun Adebayo

**Monday–Friday**

5am Jason Rosam 7.00 Salma  
El-Wardany; **Fri:** Riz Lateef 10.00  
Eddie Nestor; **Fri:** Robert Elms  
2pm Shay Grewal; **Fri:** Jumoké  
Fashola 6.00 Sport 8.00 The  
Scene 10.00 Becky Want; **Fri:**  
Jo Good 1am–5.00 Dotun  
Adebayo; **Fri:** Laura McGhie

**Manchester****Saturday**

6am Joe McGrath 10.00  
Simone Riley 2pm Sport 6.00  
Upload 8.00 BBC Introducing  
10.00–1am Jo Good

**Sunday**

6am Asma Younus 10.00  
Simone Riley 1pm Sport  
7.00 Indus 8.00 The People  
10.00–1am Becky Want

**Monday–Friday**

6am Anna Jameson 10.00  
Mike Sweeney; **Fri:** Joe  
McGrath 2pm Michelle  
Dignan; **Thu/Fri:** Simone Riley  
6.00 Sport 7.00 **Mon:** Mars;  
**Tue:** Gaz Drinkwater; **Wed:** J  
Sky; **Thu:** Joe McGrath; **Fri:**  
Emily Brobyn 10.00–1am  
Becky Want; **Fri:** Jo Good

**Merseyside****Saturday**

6am Paul Beesley 10.00 Sean  
Styles 2pm Total Sport  
6.00 The Late Late Beatles  
Show 7.00 The Evening Show  
8.00 BBC Introducing  
10.00–1am Jo Good

**Sunday**

6am James Mountford 10.00  
Sean Styles 2pm Billy Hui  
4.00 Sport; DAB Roger Lyon  
7.00 Carl Learmond  
10.00–1am Becky Want

**Monday–Friday**

6am Phil Munns; **Fri:** Lisa  
Marrey 10.00 Tony Snell 2pm  
Helen Jones 6.00 Total Sport  
Merseyside 7.00 The Place;  
**Mon:** Ngunan Adamu 9.00  
**Mon:** Orient Express 10.00–  
1am Becky Want; **Fri:** Jo Good

**Newcastle****Saturday**

6am Tom Campbell 10.00  
Kelly Scott 2.30pm Sport  
6.00 Upload 8.00 Introducing  
10.00–12.00 Jo Good

**Sunday**

6am Tom Campbell 9.00 Garden  
Mania 10.00 Kelly Scott 2pm  
Simon Logan 6.00 Michael  
Poulter 10.00–1am Becky Want

**Monday–Friday**

6am Anna Foster 10.00 Gilly  
Hope 2pm Scott Makin  
6.00 Sport 8.00 **Mon/Fri:**  
Tom Campbell; **Tue/Wed:**  
Emma Millen; **Thu:** BBC  
Introducing 10.00–1am  
Becky Want; **Fri:** Jo Good

**Norfolk****Saturday**

6am Babs Michel 10.00 Amir  
Suleman 2pm Sport 6.00  
Upload 8.00 BBC Introducing  
10.00–1am Jo Good

**Sunday**

6am Babs Michel 10.00 Amir  
Suleman 2pm The Big  
Country Show 4.00 The John  
Leech Soul Show 6.00 Ray  
Clark 8.00 Mark Punter  
10.00–1am Becky Want

**Monday–Friday**

6am Chris Goreham; **Wed:**  
Graham Barnard 10.00  
Kayleigh Poacher; **Mon:** Graham  
Barnard 2pm Louise Hulland  
6.00 **Mon:** The Scrimmage;  
**Tue/Wed:** Babs Michel; **Thu:**  
Upload; **Fri:** Yellow Friday 6.30  
**Fri:** Local Report 6.40 **Mon:**  
Racing Torque 7.00 **Mon:**  
Farzana Chaudry; **Fri:** Angelle  
Joseph 8.00 **Thu:** BBC  
Introducing 10.00–1am Becky  
Want; **Fri:** Jo Good

**Northampton****Saturday**

6am Babs Michel 10.00 Justin  
Dealey 2pm Sport

6.00 Upload 8.00 Introducing  
10.00–1am Jo Good

**Sunday**

6am Babs Michel 10.00 Justin  
Dealey 1pm Sport 4.00 The  
John Leech Soul Show 6.00  
Ray Clark 8.00 Mark Punter  
10.00–1am Becky Want

**Monday–Friday**

6am Annabel Amos 10.00  
Chance Litchfield 2pm  
Roberto Perrone 6.00 **Mon:**  
Chance Litchfield and the Non-  
League Scene; **Tue:** Babs  
Michel; **Wed:** The Saints Show;  
**Thu:** The Cobblers Show; **Fri:**  
Sport 7.00 **Mon:** Farzana  
Chaudry; **Wed:** Babs Michel;  
**Thu:** Upload; **Fri:** Angelle  
Joseph 8.00 **Thu:** BBC  
Introducing 10.00–1am Becky  
Want; **Fri:** Jo Good

**Nottingham****Saturday**

6am Liesl Soards 10.00 Dino  
10.30 Matchday 3pm Charlie  
Burley 6.00 Dean Jackson  
10.00–1am Jo Good

**Sunday**

6am Andy Whittaker 10.00 Dino  
2pm Sarah-Jane Honeywell  
5.00 We Are Notts 6.00 Jay  
Sandhu 8.00 Ethel Mudavanhu  
10.00–1am Becky Want

**Monday–Friday**

6am Sarah Julian 10.00 Verity  
Cowley 2pm Dean Jackson;  
**Mon:** Andy Whittaker 6.00  
Arun Verma; **Fri:** In the Game  
7.00 **Fri:** Arun Verma 10.00–  
1am Becky Want; **Fri:** Jo Good

**Oxford****Saturday**

6am Katie Martin 10.00  
Kirsten O'Brien 2pm Sport  
6.00 Upload 8.00 Introducing  
10.00–1am Jo Good

**Sunday**

6am Lilley Mitchell 9.00 Sport  
12.00 Kirsten O'Brien 2pm  
Tony Blackburn 6.00 Pat  
Sissons 10.00–1am Becky Want

**Monday–Friday**

6am Sophie Law 10.00 Adam  
Ball 2pm Bridgitte Tetteh 6.00  
**Mon/Fri:** Sport; **Tue/Wed:**  
Stephen Brown; **Thu:** Upload  
7.00 **Mon:** Renna Annobli; **Fri:**  
Dan Simpson 8.00 **Thu:** BBC  
Introducing 10.00–1am Becky  
Want; **Fri:** Jo Good

**Sheffield****Saturday**

6am Kat Cowan 10.00 Becky  
Measures 2pm Football Heaven  
5.00 Praise or Grumble 6.00  
John Kane 8.00 Introducing  
10.00–1am Jo Good

**Sunday**

6am Kat Cowan 9.00 The  
Grow Show 10.00 Becky  
Measures 2pm Sile Sibanda  
6.00 Waheed Akhtar  
10.00–1am Becky Want

**Monday–Friday**

6am Toby Foster 10.00 Paulette  
Edwards 2pm Howard Pressman  
6.00 Sport Heaven 7.45 **Fri:**  
Football Heaven Live 8.00  
**Mon/Wed/Thu:** Sile Sibanda;  
**Tue:** BBC Introducing 10.00–  
1am Becky Want; **Fri:** Jo Good

**Shropshire****Saturday**

6am Lorna Bailey 10.00 Liz Ellis  
2pm Sport 7.00 Upload 8.00  
Introducing 10.00–1am Jo Good

**Sunday**

6am Paul Shuttleworth 10.00  
Liz Ellis 2pm Paula White 6.00  
Gagan Grewal 8.00 Nikki  
Tapper 10.00–1am Becky Want

**Monday–Friday**

6am Adam Green 10.00 Clare  
Ashford 2pm Toni McDonald  
6.00 **Mon/Fri:** Sport; **Tue/Wed:**  
Letitia George; **Thu:** Upload  
7.00 **Mon:** Gagan Grewal; **Fri:**  
Merisha Stevenson 8.00 **Thu:**  
BBC Introducing 10.00–1am  
Becky Want; **Fri:** Jo Good

**Radio Solent****Saturday**

6am Katie Martin 10.00  
Kirsten O'Brien 2pm Sport  
6.00 Upload 8.00 Introducing  
10.00–1am Jo Good

**Sunday**

6am Lilley Mitchell 10.00  
Kirsten O'Brien 2pm Tony  
Blackburn 6.00 Pat Sissons  
10.00–1am Becky Want

**Monday–Friday**

6am Alun Newman 10.00 Lou  
Hannan; **Fri:** Tom Stroud 2pm  
Lucy Ambache 6.00 Sport  
7.00 **Mon:** Renna Annobli; **Tue:**  
Stephen Brown; **Wed:** The  
Social; **Thu:** Upload; **Fri:** Dan  
Simpson 8.00 **Wed:** Stereo  
Underground; **Thu:** BBC  
Introducing 10.00–1am  
Becky Want; **Fri:** Jo Good

**103.8 FOR WEST DORSET**

As Radio Solent, including  
Dorset news and features, plus:

**Monday–Friday**

7.00am–9.00 Steve Harris

**Somerset****Saturday**

6am Caroline Martin 10.00  
Andy Bennett 2pm Sport 6.00  
Upload 8.00 BBC Introducing  
10.00–1am Jo Good

**Sunday**

6am Caroline Martin 10.00  
Andy Bennett 2pm Mel  
Everett 6.00 Richard Green  
10.00–1am Becky Want

**Monday–Friday**

6am Charlie Taylor 10.00  
Simon Parkin 2pm Claire  
Carter; **Fri:** Andy Bennett  
6.00 **Mon:** Sound of the City;  
**Tue:** The Scrum; **Wed:** Mel  
Everett; **Thu:** Having a Gas; **Fri:**  
Sport 7.00 **Mon:** Manny Masih;  
**Tue:** Mel Everett; **Thu:** Upload;  
**Fri:** Kevin Philemon 8.00 **Thu:**  
BBC Introducing 10.00–1am  
Becky Want; **Fri:** Jo Good

**Stoke****Saturday**

6am Lorna Bailey 10.00  
Liz Ellis 2pm Sport 6.00  
Upload 8.00 BBC Introducing  
10.00–1am Jo Good

**Sunday**

6am Rev Geoff Eze  
10.00 Liz Ellis 2pm Paula  
White 6.00 Gagan Grewal  
8.00 Nikki Tapper  
10.00–1am Becky Want

**Monday–Friday**

6am Lee Blakeman 10.00  
Stuart George 2pm Toni  
McDonald 6.00 Sport at Six;  
**Fri:** Praise and Grumble 7.00  
**Mon:** Gagan Grewal; **Tue/Wed:**  
Letitia George; **Thu:** Upload;  
**Fri:** Merisha Stevenson 8.00  
**Thu:** Introducing 10.00–1am  
Becky Want; **Fri:** Jo Good

**Suffolk****Saturday**

6am Babs Michel 10.00 Amir  
Suleman 2pm Sport 6.00  
Upload 8.00 BBC Introducing  
10.00–1am Jo Good

**Sunday**

6am Babs Michel 10.00 Amir  
Suleman 2pm Keith Greentree  
4.00 John Leech 6.00 Ray  
Clarke 8.00 Mark Punter  
10.00–1am Becky Want

**Monday–Friday**

6am Wayne Bavin 10.00  
Sarah Lilley 2pm Louise  
Hulland 6.00 **Mon:** Tractor  
Social; **Tue/Wed:** Babs Michel;  
**Thu:** Upload; **Fri:** Sport 7.00  
**Mon:** Farzana Chaudry 8.00  
**Thu:** BBC Introducing 10.00–  
1am Becky Want; **Fri:** Jo Good

**BBC Surrey and****BBC Sussex****Saturday**

6.00 **Surrey:** Nicky Patrick;  
**Sussex:** Mark Carter 10.00  
Amanny Mohamed 2pm Sport  
6.00 Stereo Underground  
8.00 BBC Introducing  
10.00–1am Jo Good

**Sunday**

6am Kevin Duala 10.00 Dig It  
2pm Sylvie Blackmore 6.00 Pat  
Sissons 10.00–1am Becky Want

**Monday–Friday**

6.00 **Surrey:** James Cannon;  
**Sussex:** Allison Ferns 10.00  
Sarah Gorrell 2pm Danny Pike  
6.00 **Mon:** Connor Moseley;  
**Tue/Wed:** Stephen Brown;  
**Thu:** Leo Ulph; **Fri:** Joe Talbot  
8.00 **Mon:** Tony Blackburn;  
**Tue:** Sport Focus; **Wed:** Kathy  
Caton; **Thu:** **Surrey:** BBC  
Introducing 9.00 **Thu:** **Sussex:**  
BBC Introducing 10.00–1am  
Becky Want; **Fri:** Jo Good

**Tees****Saturday**

6am Tom Campbell 10.00  
Kelly Scott 2pm Sport 6.00  
Emma Millen 8.00 Introducing  
10.00–1am Jo Good

**Sunday**

6am Tom Campbell 9.00 Garden  
Mania 10.00 Kelly Scott 2pm  
Goffy 4.00 Vintage Vinyl 6.00  
Alex Hall 10.00–1am Becky Want

**Monday–Friday**

6am Rachel Teate 10.00 Gary  
Philipson 2pm Scott Makin  
6.00 Sport 7.00 **Mon/Fri:** Tom  
Campbell; **Wed:** Jordan Blyth;  
**Thu:** Emma Millen 8.00 **Thu:**  
BBC Introducing 10.00–1am  
Becky Want; **Fri:** Jo Good

**Three Counties****Beds, Herts and Bucks****Saturday**

6am Babs Michel 10.00  
Justin Dealey 2pm Sport

5.00 5-0-5 6.00 Upload  
8.00 Introducing

10.00–1am Jo Good

**Sunday**

6am Babs Michel 10.00 Justin  
Dealey 2pm Paul Lovett 4.00  
John Leech Soul Show 6.00  
Ray Clark 8.00 Mark Punter  
10.00–1am Becky Want

**Monday–Friday**

6am Andy Collins 10.00 JVS  
Show 2pm Roberto Perrone  
6.00 **Mon:** Non League Show;  
**Tue/Fri:** Sport; **Wed:** Babs  
Michel; **Thu:** Upload  
7.00 **Mon:** Farzana Chaudry;  
**Fri:** Angelle Joseph 8.00  
**Thu:** Introducing 10.00–1am  
Becky Want; **Fri:** Jo Good

**Wiltshire****Saturday**

6am Caroline Martin  
10.00 Andy Bennett 2pm  
Sport 6.00 James Threfall  
8.00 BBC Introducing  
10.00–1am Jo Good

**Sunday**

6am Caroline Martin 10.00  
Andy Bennett 2pm Dominic  
Cotter 6.00 Manny Masih  
10.00–1am Becky Want

**Monday–Friday**

6am Ben Prater 10.00 Sue  
Davies 2pm Chris Baxter  
6.00 **Mon/Fri:** Sports Show;  
**Thu:** Upload 7.00 **Mon:** Manny  
Masih; **Tue/Wed:** Dan Pascoe;  
**Fri:** Kevin Philemon 8.00 **Thu:**  
BBC Introducing 10.00–1am  
Becky Want; **Fri:** Jo Good

**WM****Saturday**

6am Lorna Bailey 10.00  
Elise Evans 2pm Sport 6.00  
Upload 8.00 BBC Introducing  
10.00–1am Jo Good

**Sunday**

6am Grace Smith 10.00 Elise  
Evans 2pm Paula White's  
Retro Sunday 6.00 Gagan  
Grewal 8.00 Nikki Tapper  
10.00–1am Becky Want

**Monday–Friday**

6am Rakeem Omar 10.00  
Kathryn Stanczyzyn; **Fri:** Elise  
Evans 2pm Trish Adudu 6.00  
Football Phone-in 7.00 **Mon:**  
Community; **Tue/Wed:** Letitia  
George; **Thu:** Upload; **Fri:** Sport  
8.00 **Thu:** Introducing 10.00–  
1am Becky Want; **Fri:** Jo Good

**York****Saturday**

6am Steve Jordan 10.00 Hannah  
Sackville-Bryant 2pm Sport 6.00  
John Kane 8.00 Introducing  
10.00–1am Jo Good

**Sunday**

6am Steve Jordan 10.00 Sarah  
Urwin 2pm Sile Sibanda 6.00 Neil  
Foster 10.00–1am Becky Want

**Monday–Friday**

6am Georgey Spanswick  
10.00 Joanita Musisi; **Fri:** Bek  
Homer 2pm Steve Jordan; **Fri:**  
Steve Bailey 6.00 **Mon/Thu:**  
Bek Homer; **Tue/Fri:** Sport;  
**Wed:** Sanchez Payne 7.00  
**Tue:** Sanchez Payne; **Fri:**  
Hannah Sackville-Bryant 8.00  
**Thu:** BBC Introducing 10.00–  
1am Becky Want; **Fri:** Jo Good



## Face behind the voice John Acres BBC Radio Devon



**Age** 46  
**Current job**  
Presenter of the breakfast show on BBC Radio Devon, commentator and reporter for BBC

Radio 5 Live, *BBC Breakfast* weekend sports news, *Match of the Day* and *Final Score*.  
**CV** Born in Barnstaple and raised in Plymouth, Devon. Failed his A-levels – “Even though my dad’s written a book on how to pass your exams” – and worked at Plymouth dockyard: “I was absolutely hopeless.” Then started volunteering at BBC Radio Devon: “I had a eureka moment and knew radio was what I wanted for my life.” Completed a journalism diploma at Falmouth College of Art. First radio job was news editor at commercial station KickFM in Newbury. Joined BBC Radio Stoke as a sports reporter where he saw Stoke City promoted to the Premier League, then presented the breakfast show with Liz Ellis. Returned to BBC Radio Devon 27

years after he had volunteered there, to present the breakfast show. “I feel like BBC Radio Devon saved me when I was a lost teenager. To come back and present the breakfast show is proper pinch-me stuff. I’m fascinated by people. I love to find out what makes them tick and try to make them laugh. My dad is a counsellor and my mum helps people with special educational needs, so I grew up around the best listeners.”

**Social media – yes or no?** “I do like social media, but I’m more of a lurker than someone who actually posts things.”

**Best moments** “Saying, ‘Good morning, welcome to John Acres at breakfast on BBC Radio Devon’ on my first morning back. Full of nerves, I kept saying ‘Radio Stoke’ – I had to put 50p in a jar every time I said the wrong station!”

Some people may remember me for the time on *Final Score* when I commented for nearly two minutes on a cat being on the pitch at Goodison Park! Listen at [bbc.co.uk/sport/football/47104907](http://bbc.co.uk/sport/football/47104907)

**Worst moments** “The time I got bad cramp on air on BBC Radio 1. Very embarrassing.”

**Off air** “Most of my spare time is taken up by watching sport, playing sport or watching my 13-year-old son Evan play sport. I love spending time with my family in Devon and exploring all the nooks and crannies (and pubs).”

**First radio memory** “Listening to the 1982 World Cup. I remember hearing the South American and Brazilian commentators shout ‘Socrates, Socrates, Socrates... GOAAAL!’ I repeated it until it drove my parents mad.”

**Ambition/Dream job** “I feel like I’ve achieved the things that I set out to achieve and this is my dream job – being in my home county, presenting the breakfast show in a place that I love.”

**Secret skills** “My guilty pleasure is the 90s boy band Five. I can recite all the lyrics to every rap by Abz in every single Five song.”

**MEG FIRTH**

Listen at [bbc.co.uk/radiodevon](http://bbc.co.uk/radiodevon)

### 6.00 Get It On... with Bryan Burnett

Vic Galloway sits in for Bryan to present a selection of essential music chosen by listeners. Text 80295. Email: [getiton@bbc.co.uk](mailto:getiton@bbc.co.uk)

### 8.00 Vic Galloway

Emma Pollock sits in for Vic Galloway and introduces new releases from Scotland’s best alternative artists, and classic album cuts alongside some live session tracks. Text 80295. Email: [vicgalloway@bbc.co.uk](mailto:vicgalloway@bbc.co.uk)

### 10.00 Iain Anderson

Iain invites listeners to end the day in the company of the songwriting masters of country, folk, blues and soul.

### 12 midnight–6.00am as Radio 5 Live

### Tuesday

**NEWS: SPORT: WEATHER:**  
**LOCAL NEWS** as Monday

### 6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

### 9.00 Mornings

Kaye Adams gets to the heart of news stories and offers listeners the opportunity to have their say.

### 12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

### 1.30pm The Afternoon Show

Janice Forsyth presents a Scottish arts, entertainment and music round-up.

### 4.00 Drivetime

Breaking down the day’s talking points with comment and opinion, plus sport, travel and weather.

### 6.00 Sportsound

Comprehensive coverage of Scottish sport, including France v Scotland in an international friendly football match at Stade Pierre-Mauroy in Lille (kick-off **8.00**). Text 80295. @BBCSportSound on social media Email: [sportsound@bbc.co.uk](mailto:sportsound@bbc.co.uk)

### 10.30 Off the Ball

Football forum with light-hearted features and competitions, the most petty and ill-informed football show on radio. Text 80295. Email: [offtheball@bbc.co.uk](mailto:offtheball@bbc.co.uk) Phone: 08085 9295 00

### 12 midnight–6.00am as Radio 5 Live

### Wednesday

**NEWS: SPORT: WEATHER:**  
**LOCAL NEWS** as Monday

### 6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

### 9.00 Mornings

Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say.

### 12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

### 1.30pm The Afternoon Show

Michelle McManus presents a Scottish arts, entertainment and music round-up.

### 4.00 Drivetime

Breaking down the day’s talking points with comment and opinion, plus updates on sport and travel, and the latest weather forecasts.

### 6.00 Get It On... with Bryan Burnett

Vic Galloway sits in for Bryan to present a selection of essential music chosen by listeners. Text 80295. Email: [getiton@bbc.co.uk](mailto:getiton@bbc.co.uk)

### 8.00 The Quay Sessions with Roddy Hart

Live performances from across the musical landscape – all captured in front of an audience in the intimate setting of the foyer at BBC Radio Scotland’s Pacific Quay.

### 10.00 Vic Galloway

Emma Pollock sits in for Vic and introduces new releases from Scotland’s best alternative artists, and classic album cuts alongside live session tracks. Text 80295. Repeated from Monday 8pm Email: [vicgalloway@bbc.co.uk](mailto:vicgalloway@bbc.co.uk)

### 12 midnight–6.00am as Radio 5 Live

### Thursday

**NEWS: SPORT: WEATHER:**  
**LOCAL NEWS** as Monday

### 6.00am Good Morning Scotland

The latest news updates from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

### 9.00 Mornings

Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

### 12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

### 1.30pm The Afternoon Show

Michelle McManus presents a round-up Scottish arts, entertainment and music.

### 4.00 Drivetime

Breaking down the day’s talking points with comment and opinion, plus updates on sport and travel, and the latest weather forecasts.

### 6.00 Get It On... with Bryan Burnett

Vic Galloway sits in for Bryan to present a selection of essential music chosen by listeners. Text 80295. Email: [getiton@bbc.co.uk](mailto:getiton@bbc.co.uk)

### Saturday

**NEWS: SPORT: WEATHER**  
hourly 8.00am to 12 noon, 6.00pm, 7.00, 9.00, 10.00, 11.00, 12 midnight  
**NEWS HEADLINES** 2.00pm, 5.00

### 6.30am Out of Doors

Mark Stephen and Rachel Stewart present stories from the great outdoors in Scotland and beyond. Email: [outofdoors@bbc.co.uk](mailto:outofdoors@bbc.co.uk)

### 8.00 Good Morning Scotland

The latest news from home and abroad, along with sport, travel and weather updates.

### 10.00 Shereen

Shereen Nanjiani and guests with a unique take on the things getting Scotland talking this Saturday morning.

### 11.30 Breaking the News

Stand-up comedian Des Clarke presents the award-winning satirical news quiz. Repeated from yesterday.

### 12.00 Off the Ball

Football forum with light-hearted features and competitions, the most petty and ill-informed football show on radio. Text 80295. Email: [offtheball@bbc.co.uk](mailto:offtheball@bbc.co.uk)

### 2.00pm Sportsound

Comprehensive coverage of Scottish sport including live and exclusive commentary, breaking news, interviews, analysis and discussion. Text 80295. @BBCSportSound on social media

### 5.30 Sportsound

Fans react to the biggest football stories of the day. Text 80295. @BBCSportSound on social media Email: [sportsound@bbc.co.uk](mailto:sportsound@bbc.co.uk)

### 7.00 Take the Floor

Gary Innes presents traditional music, today including a band session from Tom Orr and his Scottish Dance Band. The celebration of the 100th anniversary of the BBC broadcasting from Aberdeen continues with the history of Scottish dance bands and memories of *Take the Floor* from years gone by. Email: [takethefloor@bbc.co.uk](mailto:takethefloor@bbc.co.uk)

### 9.00 Piping Sounds

Carrie MacNeil presents pipe music from Scotland and around the world.

### 10.00 Billy Sloan

The presenter brings a varied selection of music from the rich history of Scotland’s – and the rest of the world’s – rock and pop.

### 1.00am The Piping Season

Gary West follows the fortunes of players at some of Scotland’s top piping competitions and explores some of the fundamental ingredients which make the piping world so special.

### 1.55am–7.00 as Radio 5 Live

### Sunday

**NEWS: SPORT: WEATHER**  
hourly 6.00am to 9.00, 11.00, 12 noon, 2.00pm, 5.00, hourly 7.00 to 11.00

### 7.00am New Every Sunday

Acts of worship from different churches around Scotland.

### 7.30 Our Scotland

Communities from around Scotland tell the stories that matter to them. Presented by Mark Stephen.

### 8.00 Sunday Morning

Music and conversation with a faith and ethical perspective, looking back at the week’s events to ask what they say about people’s values and belief.

### 10.00 The Sunday Show

Martin Geissler and Fiona Stalker discuss the big issues of the week and talk to the people who are behind the political headlines.

### 12.00 Off the Ball

Football forum with light-hearted features and competitions, the most petty and ill-informed football show on radio. Text 80295. Email: [offtheball@bbc.co.uk](mailto:offtheball@bbc.co.uk) Phone: 08085 9295 00

### 2.00pm Sportsound

Comprehensive coverage of Scottish sport including live and exclusive commentary, breaking news, interviews, analysis and discussion. Text 80295. @BBCSportSound on social media Email: [sportsound@bbc.co.uk](mailto:sportsound@bbc.co.uk)

### 5.00 Your Requests with Gary Innes

Gary shares listeners’ messages and dedications and plays favourite Scottish music requests.

### 7.00 Classical Now

Jamie MacDougall celebrates storytelling in music with magical legends and true stories brought to life in songs, ballets and symphonies. With music from the Dunedin Consort, Mr McFalls Chamber, the Orchestra of Scottish Opera, BBC Scottish Symphony Orchestra and the RSN.

### 9.00 Iain Anderson

Iain Anderson invites his listeners to end the day in the company of the songwriting masters of country, folk, blues and soul.

### 11.00–6.00am as Radio 5 Live

### Monday

**NEWS: SPORT: WEATHER**  
hourly 6.00am to 8.00, 10.00 to 5.00pm, 7.00, 8.00, 10.00, 11.00

**LOCAL NEWS** Dumfries, Aberdeen, Inverness, Selkirk: 6.30am, 7.30, 8.30, 12.30pm, 4.30, 5.30; Orkney: 7.30am, 12 noon, 6.00pm; Shetland: 12.30pm, 5.30, 6.00

### 6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

### 9.00 Mornings

Presenter Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say.

### 12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime reports on sport, travel and weather.

### 1.30pm The Afternoon Show

Janice Forsyth presents a Scottish arts, entertainment and music round-up.

### 4.00 Drivetime

Breaking down the day’s talking points with comment and opinion, plus sport, travel and weather.



## Frequencies

### 8.00 Travelling Folk

Anna Massie with the very best of folk and roots music from around the world.

### 10.00 Natasha Raskin Sharp

Natasha presents an eclectic mix of music, as well as paying tribute to a "Late Great" and spinning the globe for the Out of This World feature.

**12 midnight–6.00am**  
as *Radio 5 Live*

### Friday

**NEWS: SPORT: WEATHER:**  
LOCAL NEWS as Monday

### 6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08, 7.35, 8.08** and **8.35**.

### 9.00 Mornings

Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

### 12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

### 1.30pm Breaking the News

Des Clarke hosts the award-winning comedy news quiz.

### 2.00 The Afternoon Show

Nicola Meighan presents ideas for fun things to do around Scotland in the days ahead and a soundtrack to kickstart the weekend.

### 4.00 Drivetime

Breaking down the day's talking points with comment and opinion, plus sport, travel and weather.

### 6.00 Grant Stott's Vinyl Collective

Grant celebrates the vinyl revival with classic records and new releases, playing album tracks from his own collection and hearing the stories about listeners' cherished LPs.

### 8.00 BBC Introducing in Scotland

Phoebe I-H and Shereen Cutkelvin present the best unsigned, undiscovered and under-the-radar music Scotland has to offer.

### 9.30 Introducing in Scotland: The Mix

Occasional series featuring the most exciting new beats, dance music and electronica uploaded to BBC Music Introducing, curated by the best upcoming DJs and producers.

### 10.00 Ashley Storrie

The comedian kicks off the weekend with a hand-picked playlist, lively chat and listener interaction, with the help of sidekick "Silent Paul".

### 1.00am–6.30

as *Radio 5 Live*  
**BBC Radio Scotland**  
**40 Pacific Quay**  
**Glasgow**  
**G51 1DA**  
[bbc.co.uk/radioscotland](http://bbc.co.uk/radioscotland)

### Local programmes

#### ORKNEY

#### Weekdays

**6.00pm–7.00 Fri:** Friday Requests: weekly dedication programme, featuring music requests and special greetings  
PHONE: 01856 873939  
EMAIL: [radio.orkney@bbc.co.uk](mailto:radio.orkney@bbc.co.uk)

#### SHETLAND

#### Weekdays

**5.30pm** Good Evening Shetland: news and features  
**6.00–7.00 Mon:** Oota Da Cans;  
**Wed:** Shetland's Heartbeat;  
**Thu:** The Books Programme;  
**Fri:** Give Us a Tune  
PHONE: 01959 694747  
EMAIL: [radio.shetland@bbc.co.uk](mailto:radio.shetland@bbc.co.uk)

#### Radio nan Gaidheal

Mar Radio Alba a'ch:

#### Disathairne

**9.00am Spòrs na Seachdain**  
Spòrs ionadail, nàiseanta agus bho air feadh an t-saoghail còmhla ri lèin Moireasdan.  
POST DEALAIN: [sns@bbc.co.uk](mailto:sns@bbc.co.uk)  
FON AN ASGAIDH: 08000 967050

**10.00 Fàilte air an Dùthaich**  
Cluinnear òrain bho Jason Isbell, Connie Smith, Dolly Parton agus Willie Nelson.

**11.00 Tiompan**  
Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIllinnein.

**12.00–1.00pm Oran Annad**  
Tha Gillebrìde MacIlleMhaoil a' toirt taithneadhanach òranaichean a' th' air a bhith a' cruthachadh òrain ùra ann an Gàidhlig.

#### Didòmhnaich

**9.00am Dèanamaid Adhradh**  
Seirbheis adhradh a' tasglann a' BhBC. ath-chraoladh aig 9pm

**9.30 Alleluia** (ath-chraoladh)

**10.00 Teant, Tion agus Eich**  
Cathy Laing aig innse mun teaghlach luchd-siubhail aice a' dol mu chuairt Uibhist sna 50an.

**10.30 Crùinlath**

Taghadh de cheòl na pioba.

**12.00 Naoi gu Deich**

Còmhraidh, deasbad, cultur agus cur-seachadan.

**1.00pm Speak Gaelic**

Podcast do luchd-ionnsachaidh na Gàidhlig ceangailte ris an t-sreath *Speak Gaelic* air BBC Alba.

**1.30 An Litir Bheag**

Litir Bheag na seachdain sa le Ruairidh MacIlleathain.

**1.35 Speak Gaelic** (ath-chraoladh)

**1.55 Litir do Luchd-ionnsachaidh**

Litir do Luchd-ionnsachaidh le Ruairidh MacIlleathain.

**2.00 Gleus**

Fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile, le lèin Moireach.

**3.00 Dèanamaid Adhradh**

Seirbheis Ghàidhlig.

**4.00–4.30 Rogha is Tagha**

Taghadh a' prògraman na seachdain air a thoirt thugaibh le Anna Nic na Ceardaich. ath-chraoladh aig 9.30pm

### 9.00 Dèanamaid Adhradh

**9.30–10.00 Rogha is Tagha Diluain**

**7.30am Aithris na Maidne**  
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

**9.00 Naoi gu Deich**  
Còmhraidh, deasbad, cultur agus cur-seachadan. ath-chraoladh aig 10pm

**10.00 A' Mire ri Mòir**  
Tha i beachdail, tha i beòthail agus tha i feitheamh ri bhith le taghadh ciùil.

**12.00 Feasgar an-diugh**  
Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà. ath-chraoladh aig 11pm

**1.30pm Caithream Ciùil**  
Ceòl Gàidhealach's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar. POST DEALAIN: [dethadol@bbc.co.uk](mailto:dethadol@bbc.co.uk)

**3.30 Teant, Tion agus Eich**  
Cathy Laing aig innse mun teaghlach luchd-siubhail aice a' dol mu chuairt Uibhist sna 50an. (ath-chraoladh) ath-chraoladh Diciadain aig 7pm

**4.00 Fàilte air an Dùthaich**

**5.00 Aithris an Fheasgair**  
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

**5.30 Siubhal gu Seachd le Pluto**  
Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta. POST DEALAIN: [pluto@bbc.co.uk](mailto:pluto@bbc.co.uk)  
FON AN ASGAIDH: 08000 967050

**7.00 Cruinn**  
Ceòl, amaideas's na beachdan agaibh air cuspairean a' là airson ur cuir ann a sunnd airson na seachdain.

**8.30 Mòd: Buinn Oir an t Seann Nòis, a' Chiad Chuairt**

Oigridh a shoirbhidh aig Mòd na Cloinne ann am Pàislig an-diugh.

**10.00 Naoi gu Deich**  
Còmhraidh, deasbad, cultur agus cur-seachadan.

**11.00–12.30am Feasgar an-diugh Dimàirt**

**7.30am Aithris na Maidne**  
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

**9.00 Naoi gu Deich**  
Còmhraidh, deasbad, cultur agus cur-seachadan. ath-chraoladh aig 10pm

**10.00 A' Mire ri Mòir**  
Tha i beachdail, tha i beòthail agus tha i feitheamh ri bhith le taghadh ciùil.

**12.00 Feasgar an-diugh**  
Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà. ath-chraoladh aig 11pm

**1.30pm Caithream Ciùil**  
Ceòl Gàidhealach's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.

**3.30 Spòrscaist**  
A còmhraidh ri measgachadh de dhaoine's iad ag innis mun phàirt a tha spòrs a cluich nam beatha.

### 4.00 Oran Annad

Tha Gillebrìde MacIlleMhaoil a' toirt aithne dha na h-òranaichean a' th' air a bhith a' cruthachadh òrain ùra ann an Gàidhlig. (ath-chraoladh)

**5.00 Aithris an Fheasgair**  
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

**5.30 Siubhal gu Seachd le Pluto**  
Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta. POST DEALAIN: [pluto@bbc.co.uk](mailto:pluto@bbc.co.uk)  
FON AN ASGAIDH: 08000 967050

### 7.00 Rapal

Orain ùra gu leòr. POST DEALAIN: [rapal@bbc.co.uk](mailto:rapal@bbc.co.uk)  
FON AN ASGAIDH: 08000 967050

**8.30 Mòd: Buinn Oir an t Seann Nòis, a' Chiad Chuairt**

Linda NicLeòid agus Catriona NicNèill le farpaisich a shoirbhidh aig Mòd na Cloinne.

**10.00 Naoi gu Deich**

**11.00–12.25am Feasgar an-diugh Diciadain**

**7.30am Aithris na Maidne**  
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

**9.00 Naoi gu Deich**  
Còmhraidh, deasbad, cultur agus cur-seachadan.

**10.00 Mòd: Buinn Oir an t Seann Nòis, a' Chiad Chuairt**

Seinneadair eana's strì airson àite fhaighinn ann an cuairt dheireannaich a' Bhuinn Oir a-nochd.

**12.30pm Feasgar an-diugh**  
Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà. ath-chraoladh aig 10.30pm

**1.30 Caithream Ciùil**  
Ceòl Gàidhealach's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar. POST DEALAIN: [dethadol@bbc.co.uk](mailto:dethadol@bbc.co.uk)

**3.30 Speak Gaelic**  
Podcast do luchd-ionnsachaidh na Gàidhlig ceangailte ris an t-sreath *Speak Gaelic* air BBC Alba. ath-chraoladh aig 10pm

**4.00 Gleus**  
Fuinn, còisirean agus òrain bho shaoghal ceòl clasaigeach agus eile, le lèin Moireach. (ath-chraoladh)

**5.00 Aithris an Fheasgair**  
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

**5.30 Siubhal gu Seachd le Pluto**  
Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta. POST DEALAIN: [pluto@bbc.co.uk](mailto:pluto@bbc.co.uk)  
FON AN ASGAIDH: 08000 967050

**7.00 Teant, Tion agus Eich**  
Cathy Laing aig innse mun teaghlach luchd-siubhail aice a' dol mu chuairt Uibhist sna 50an.

**7.30 Mòd: Buinn Oir an t Seann Nòis, a' Chiad Chuairt**

Cathy NicDhòmhnaill le farpais airson Buinn Oir a' Chomuinn Ghàidhealach am Pàislig.

**10.00 Speak Gaelic**

**10.30–11.55 Feasgar an-diugh**

### Diardaoin

**7.30am Aithris na Maidne**  
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

**9.00 Naoi gu Deich**  
Còmhraidh, deasbad, cultur agus cur-seachadan. ath-chraoladh aig 10pm

**10.00 Mòd 2023 – Buinn Oir an t Seann Nòis, a' Chiad Chuairt**

Cathy NicDhòmhnaill le farpais airson Buinn Oir a' Chomuinn Ghàidhealach am Pàislig.

**12.30pm Feasgar an-diugh**  
Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà. ath-chraoladh aig 11pm

**1.30 Mòd: Buinn Oir an t Seann Nòis, a' Chiad Chuairt**

Farpaisean nan còisirean sgireil a' Mòd Nàiseanta Rìoghail Phàislig.

**5.00 Aithris an Fheasgair**  
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

**5.30 Siubhal gu Seachd le Pluto**  
Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta. POST DEALAIN: [pluto@bbc.co.uk](mailto:pluto@bbc.co.uk)  
FON AN ASGAIDH: 08000 967050

**7.00 Spòrscaist**  
A còmhraidh ri measgachadh de dhaoine's iad ag innis mun phàirt a tha spòrs a cluich nam beatha.

**7.30 Mòd: Buinn Oir an t Seann Nòis, a' Chiad Chuairt**

Cathy NicDhòmhnaill le farpais airson Buinn Oir a' Chomuinn Ghàidhealach am Pàislig.

**10.00 Naoi gu Deich**

**11.00–11.55 Feasgar an-diugh Dihaoine**

**7.30am Aithris na Maidne**  
Còmhraidh, deasbad, cultur agus cur-seachadan. ath-chraoladh aig 11.30pm

**10.00 A' Mire ri Mòir**  
Tha i beachdail, tha i beòthail agus tha i feitheamh ri bhith le taghadh ciùil.

**1.30pm Mòd: Buinn Oir an t Seann Nòis, a' Chiad Chuairt**

Cathy NicDhòmhnaill a' toirt thugainn farpaisean nan còisirean sgireil a' Mod Phàislig 2023.

**5.30 Aithris an Fheasgair**  
Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

**6.00 Na Dùrachdan**  
Ceòl, òrain is fealla-dhà.

**9.00 Tiompan**  
Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIllinnein.

**10.00 Mòd: Buinn Oir an t Seann Nòis, a' Chiad Chuairt**

Cathy NicDhòmhnaill le farpais airson Buinn Oir a' Chomuinn Ghàidhealach am Pàislig.

**11.30–12.30am Naoi gu Deich**

### National

**BBC Radio 1\*** FM 97.7–99.7  
**BBC Radio 2\*** FM 88.1–90.1  
**BBC Radio 3\*** FM 90.3–92.3  
**BBC Radio 4\*** FM 94.6–96.1, 103.5–104.9, LW 198, MW 1449 (Aberdeen, LW pros)  
**BBC Radio 5 Live** MW 693, 909  
**BBC Radio Scotland** FM 92.5–94.7  
**BBC Radio Scotland Extra** MW 810  
**BBC Radio nan Gaidheal** FM 103.5–104.9 (carries R4 in some parts)  
**Classic FM** 99.9–101.9  
**Talksport** MW 1053, 1089  
Above stations also on Freeview (\*not Sat 4pm–1am, Sun 4pm–12 midnight, weekdays 5pm–12 midnight), plus satellite, cable, internet and DAB (Radio Scotland Extra service only).

### Local

**Argyll FM** 106.5, 107.1, 107.7 (Campbeltown)  
**BBC Cumbria** FM 95.6 (Carlisle), 96.1 (Morecambe Bay), 95.2 (Kendal), 104.1 (Whitehaven/Keswick), 104.2 (Windermere), MW 756 (Carlisle), 837 (Barrow-in-Furness)  
**Capital** 106.1 (Glasgow), 105.7 (Edinburgh)  
**Central FM** 103.1 (Stirling/Falkirk/Clackmannanshire)  
**Clyde 1** FM 102.3 (Rothsay), 102.5 (Glasgow), 103.3 (Firth of Clyde), 97 (Vale of Leven)  
**Forth 1** FM 97.3, 97.6 (Edinburgh), 102.2 (Penicuik)  
**Greatest Hits Radio** FM 96.4 (Carlisle), 96.8 (Selkirk), 97 (Dumfries), 102.2 (Workington), 102.3 (Berwick), 102.5 (Penrith), 103.1 (Peebles), 103.4 (Eyemouth/Whitehaven), MW 1035 (Ayrshire), 1107 (North of Scotland), 1152 (Glasgow & the West), 1161 (Dundee/Perth), 1548 (Edinburgh, the Lothians, Fife & Falkirk), DAB (North East Scotland)  
**Heart FM** 100 (Vale of Leven), 101.1 (Edinburgh/Rosneath), 100.3 (Glasgow), 103.3 (Penicuik)  
**Heartland FM** 97.5 (Pitlochry/ Abergfeldy)  
**Isles FM** 103 (Western Isles)  
**Kingdom FM** 105.4 (St Andrews), 106.3 (The East Neuk), 95.2 (West Fife), 96.1 (Central & East Fife), 96.6 (Kirkcaldy)  
**Lochroom FM** 102.2 (Ullapool), 96.8 (North West Scotland)  
**Mearns FM** 105.1 (Portlathen), 105.7 (Stonehaven), 106.2 (Inverbervie), 107.3 (Laurencekirk)  
**MFR** FM 96.6 (Speyside), 96.7 (Fraserburgh/Wick), 97.4 (Highlands/Moray/ Aberdeenshire), 102.5 (Caithness), 102.8 (Keith)  
**Nation FM** 96.3 (Glasgow), 106.9 (Helensburgh), 103 (Dumbarton)  
**Nevis FM** 96.6 (Fort William), 97 (Glencoe), 102.4 (Loch Leven), 102.3 (Skye & Mallaig)  
**Northsound 1** FM 96.9 (Aberdeen), 97.6 (Balgownie), 103 (Peterhead)  
**Oban FM** 103.3  
**Original FM** 106 (Aberdeen)  
**SIBC** FM 96.2 (Bressay), 102.2 (Shetland)  
**Skye** 106.2, 102.7 (Skye/Lochalsh)  
**Smooth Radio** FM 105.2 (Glasgow)  
**Tay FM** MW 102.8 (Dundee), 96.4 (Perth)  
**Two Lochs** FM 106.6 (Loch Ewe), 106 (Gairloch)  
**Wave FM** 102 (Dundee)  
**Waves Radio** FM 101.2 (Peterhead/Fraserburgh)  
**West FM** 96.7 (Ayrshire), 97.5 (Girvan), 106.7 (Rothsay)  
**West Sound FM** 97 (Dumfries), 103 (Kirkcudbright), 96.5 (Stranraer)



## Face behind the voice John Acres BBC Radio Devon



**Age** 46  
**Current job**  
Presenter of the breakfast show on BBC Radio Devon, commentator and reporter for BBC

Radio 5 Live, *BBC Breakfast* weekend sports news, *Match of the Day* and *Final Score*.  
**CV** Born in Barnstaple and raised in Plymouth, Devon. Failed his A-levels – “Even though my dad’s written a book on how to pass your exams” – and worked at Plymouth dockyard: “I was absolutely hopeless.” Then started volunteering at BBC Radio Devon: “I had a eureka moment and knew radio was what I wanted for my life.” Completed a journalism diploma at Falmouth College of Art. First radio job was news editor at commercial station KickFM in Newbury. Joined BBC Radio Stoke as a sports reporter where he saw Stoke City promoted to the Premier League, then presented the breakfast show with Liz Ellis. Returned to BBC Radio Devon 27

years after he had volunteered there, to present the breakfast show. “I feel like BBC Radio Devon saved me when I was a lost teenager. To come back and present the breakfast show is proper pinch-me stuff. I’m fascinated by people. I love to find out what makes them tick and try to make them laugh. My dad is a counsellor and my mum helps people with special educational needs, so I grew up around the best listeners.”  
**Social media – yes or no?** “I do like social media, but I’m more of a lurker than someone who actually posts things.”  
**Best moments** “Saying, ‘Good morning, welcome to John Acres at breakfast on BBC Radio Devon’ on my first morning back. Full of nerves, I kept saying ‘Radio Stoke’ – I had to put 50p in a jar every time I said the wrong station!”  
Some people may remember me for the time on *Final Score* when I commented for nearly two minutes on a cat being on the pitch at Goodison Park!” Listen at [bbc.co.uk/sport/football/47104907](http://bbc.co.uk/sport/football/47104907)

**Worst moments** “The time I got bad cramp on air on BBC Radio 1. Very embarrassing.”  
**Off air** “Most of my spare time is taken up by watching sport, playing sport or watching my 13-year-old son Evan play sport. I love spending time with my family in Devon and exploring all the nooks and crannies (and pubs).”  
**First radio memory** “Listening to the 1982 World Cup. I remember hearing the South American and Brazilian commentators shout ‘Socrates, Socrates, Socrates... GOAAAL!’ I repeated it until it drove my parents mad.”  
**Ambition/Dream job** “I feel like I’ve achieved the things that I set out to achieve and this is my dream job – being in my home county, presenting the breakfast show in a place that I love.”  
**Secret skills** “My guilty pleasure is the 90s boy band Five. I can recite all the lyrics to every rap by Abz in every single Five song.”  
**MEG FIRTH**  
Listen at [bbc.co.uk/radiodevon](http://bbc.co.uk/radiodevon)

**4.05 Joyful Noise**  
Ruth Dalzell celebrates modern Christian praise music, alongside some well-known mainstream songs, that all come together to create half-an-hour of positive and uplifting music.

**5.05 Sounds Sacred**  
Richard Yarr introduces sacred pieces performed by local and internationally acclaimed musicians. He also plays listeners’ requests and provides news of music events across Northern Ireland.

**6.05 Kintra**  
Helen Mark and the *Kintra* team present stories, news, music and banter from Ulster-Scots communities at home and abroad.  
Email: [kintra@bbc.co.uk](mailto:kintra@bbc.co.uk)

**6.30 Bandstand**  
Ruth Jennings presents local bands playing toe-tapping melodies and performing powerful film music from the silver screen. She also invites listeners to sing along with hits from their favourite musicals.

**7.05 Classical Connections with John Toal**  
The host presents classical music. Plus news, reviews and interviews with local and touring performers. Including news at **8.00**.

**9.05 Jazz Club with Walter Love**  
Recordings by jazz musicians, including tracks that have been performed exclusively for BBC Radio Ulster.

**10.05 Sunday Club with John Bennett**  
Music designed to soothe away the problems of the past week. Including news at **11.00**.  
Dedications to: The Sunday Club, BBC Radio Ulster, Broadcast House, Belfast BT2 8HQ  
Email: [jb@bbc.co.uk](mailto:jb@bbc.co.uk)

**12.00 as Radio 5 Live**

**Monday**  
**RADIO ULSTER NEWS:** half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

**6.30am Good Morning Ulster**  
Presented by Sarah Brett and Joel Taggart, including travel updates and analysis of finance and business news, plus the latest agri-business developments in *Farm Gate* and a Thought for the Day at **7.20**.  
Email: [good.morning.ulster@bbc.co.uk](mailto:good.morning.ulster@bbc.co.uk)

**9.00 The Nolan Show**  
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.  
Phone: 03030 80 55 55  
Text: 81771  
Email: [nolan@bbc.co.uk](mailto:nolan@bbc.co.uk)

**10.30 The Connor Phillips Show**  
Music, mischief and features including *Does My Head In*, *Useless Superpowers*, *Guess the Guest* and *Taylor Sifts*. With news at **11.00**.  
Phone: 03030 80 55 55  
Text: 81771  
Email: [connor@bbc.co.uk](mailto:connor@bbc.co.uk)

**12.05pm Talkback**  
William Crawley and the *Talkback* team present news and invite listeners’ reactions to the breaking stories of the day, from politics and health to consumer issues and education. Including news at **1.00**.  
Phone: 03030 80 55 55  
Email: [talk.back@bbc.co.uk](mailto:talk.back@bbc.co.uk)  
[bbc.co.uk/talkback](http://bbc.co.uk/talkback)

**1.30 Hugo Duncan**  
Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.  
Phone: 03030 80 55 55  
Text: 81771

**3.05 The Lynette Fay Show**  
Music, features and interviews.  
Text: 81771  
Email: [lynette.fay@bbc.co.uk](mailto:lynette.fay@bbc.co.uk)

**4.00 Evening Extra**  
A look back at the day’s events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

**6.05 Vinny and Cate**  
Teatime music and craic, with Vinny Hurrell and Cate Conway. Including news at **7.00**.

**7.30 Blas**  
Fearghal Mag Uiginn le súil siar ar aicean spóirt dheireadh na seachtaine. Ag díriú ar aicean na gclubanna CLG agus craobhchomórtais na gCraicthe agus feachtais Chumainn Uladh faoi lánseol. Fearghal Mag Uiginn looks back at the weekend’s sporting action.

**8.05 The Ralph McLean Show**  
Classic rock, soul, blues, pop, gospel, reggae and funk both old and new, from home and abroad, featuring live performances and interviews. Including news at **9.00**.

**10.05 The Late Show with Eve Blair**  
Chilled-out music, including a mix of easy listening melodies both old and new, together with material by the Artist of the Week. Including news at **11.00**.  
Email: [eve.blair@bbc.co.uk](mailto:eve.blair@bbc.co.uk)

**12.00 as Radio 5 Live**

**Tuesday**  
**RADIO ULSTER NEWS:** half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 8.20, 10.00, 11.00, 11.55

**6.30am Good Morning Ulster**  
The day’s news from home and abroad, presented by Sarah Brett and Chris Buckler. Including regular travel and sport updates and analysis of finance and business news. Plus Thought for the Day at **7.20**.  
Email: [good.morning.ulster@bbc.co.uk](mailto:good.morning.ulster@bbc.co.uk)

**9.00 The Nolan Show**  
Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.  
Phone: 03030 80 55 55  
Text: 81771  
Email: [nolan@bbc.co.uk](mailto:nolan@bbc.co.uk)

### Saturday

**RADIO ULSTER NEWS:** hourly 7.00am to 1.00pm, 4.00 to 11.00, plus 2.40pm, 11.55

**6.45am Farm Gate**  
Food, countryside and agricultural issues, focusing on business news, industry reports and technology. Presented by Elaine Mitchell.

**7.05 Kerry McLean**  
Music, chat and requests to ease listeners into the weekend.  
Text: 81771  
Email: [kerry.mclean@bbc.co.uk](mailto:kerry.mclean@bbc.co.uk)

**8.05 Your Place and Mine**  
The people, places and stories that make Northern Ireland unique, presented by Anne Marie McAleese.  
Phone: 0289 033 8307  
Email: [ypam@bbc.co.uk](mailto:ypam@bbc.co.uk)

**9.05 Gardeners’ Corner**  
The weekly programme for keen horticulturists with the latest advice, news and visits to plots around the province. Presented by David Maxwell.  
Phone: 03030 80 55 55

**10.05 On Your Behalf**  
Linda McAuley champions the cause of consumers in Northern Ireland, helping them to solve their problems and make the right choices.  
Write to: On Your Behalf, BBC Broadcasting House, Ormeau Avenue, Belfast BT2 8HQ  
Phone: 0289 033 8314  
[bbc.co.uk/oyb](http://bbc.co.uk/oyb)

**11.05 Saturday with John Toal**  
The presenter invites tales of family and community life. Plus a mix of recipes, craic and music. With news at **12.00**.  
Phone: 03030 80 55 55  
Text: 81771  
Email: [swjt@bbc.co.uk](mailto:swjt@bbc.co.uk)

### 1.05pm Assume Nothing: I Killed a Man and Buried Him

**3/8.** Writer Brian Kernohan decides to find out if a letter, held by his family for generations, really does reveal the location of a murder victim’s remains in rural Ireland. Before making a decision on whether to ask the farmer for permission to dig, Brian tries to find out more about the family who lived in the house at the time of the murder and re-examines the contents of the confession letter for any further clues.  
**1.15 4/8.** The specialist team clears the site of undergrowth and begin scanning with radar to try to find any evidence below ground – but the ground itself proves problematic. Meanwhile, Brian Kernohan meets the landowner’s sister who has found old family records that shed light on the life of the alleged killer. He also tries to work out how fake letters were sent from America to the family of the victim after his death.  
Repeated Thursday 9.05/9.15pm

**1.30 Sportsound: International Football**  
The Euro 2024 qualifying match between Northern Ireland and San Marino at Windsor Park (kick-off 2.00). Michael O’Neill’s squad has been hit by injuries throughout the campaign but Northern Ireland will be confident of a win against one of Europe’s lowest ranked sides. Presented by Joel Taggart, with commentary from Michael McNamee and John O’Neill.

### 4.05 Sportsound

All the latest sports news from around Northern Ireland including reaction from the internationals in Belfast and Dublin, a look back at all the action from a busy Friday night of NIFL Premiership action and a look ahead to the next Rugby World Cup quarter-final. Including news at **5.00**.

**6.05 The House Party with Phil Taggart**  
Phil kicks off Saturday night with dance music to get the party started, from soul to house and funk to techno. Including news at **7.00**.

**8.05 Folk Club with Lynette Fay**  
Lynette selects traditional and contemporary folk music and song with studio guests, concert performances, new releases and vintage vinyl. Including news at **9.00**.  
Email: [lynette.fay@bbc.co.uk](mailto:lynette.fay@bbc.co.uk)

**10.05 Saturday Club with John Bennett**  
Late-night music club featuring classic tracks from the 1960s, 70s and 80s. Including news at **11.00**.  
Text: 81771

**12.00 as Radio 5 Live**

### Sunday

**RADIO ULSTER NEWS:** hourly 7.00am to 11.00pm, then 11.55

**7.05am Kerry McLean**  
Music, chat and requests to ease listeners into the morning. Including Thought for the Day at **7.55** and news at **8.00**.  
Text: 81771  
Email: [kerry.mclean@bbc.co.uk](mailto:kerry.mclean@bbc.co.uk)

**8.30 Sunday Sequence**  
Audrey Carville and guests debate the week’s religious and ethical news and explore the world of culture and ideas. Including news at **9.00**.  
Phone: 0289 033 8355  
Email: [sunday.sequence@bbc.co.uk](mailto:sunday.sequence@bbc.co.uk)

**10.05 Morning Service**  
The Rev Mark Gallagher leads a service from the Priory Church, Killadeas, Fermanagh.

**10.45 Thought for the Week**  
Audrey Carville presents a selection of clips from last week’s *Good Morning Ulster* Thought for the Day features.

**11.05 Sunday with Steven Rainey**  
Steven presents current affairs, interviews, discussion and analysis – including a guide to the Sunday newspapers. Including news at **12.00**.

**1.05pm Sunday with Brian D’Arcy**  
Brian delves into his wide experience of music to bring listeners some tracks just right for a Sunday afternoon, along with some reflections to make them think, laugh or cry.  
Write to: Sunday with Brian D’Arcy, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ

**2.05 Countryside**  
Voices, views, stories, news and chat from Northern Ireland’s rural community, hosted by Nicola Weir. Including essential livestock and weather reports.

**3.05 The Culture Café**  
From the page to the stage, Marie-Louise Muir hosts the essential cultural conversation.



## Frequencies

### 10.30 The Connor Phillips Show

Music, mischief and features. Including news at **11.00**.  
Phone: 03030 805555  
Text: 81771  
Email: connor@bbc.co.uk

### 12.05pm Talkback

William Crawley and the *Talkback* team present news and invite listeners' reactions to the breaking stories of the day. Including news at **1.00**.  
Phone: 03030 805555  
Email: talk.back@bbc.co.uk  
bbc.co.uk/talkback

### 1.30 Hugo Duncan

Country music old and new. With news and travel at **2.00**.  
Text: 81771

### 3.05 The Lynette Fay Show

Music, features and interviews.  
Text: 81771  
Email: lynette.fay@bbc.co.uk

### 4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

### 6.05 Vinny and Cate

Teatime music and craic, with Vinny Hurrell and Cate Conway. Including news at **7.00**.

### 7.30 Sportsound: International Football

The Euro 2024 qualifying match between Northern Ireland and Slovenia at Windsor Park (kick-off **7.45**). This is the second home game in four days for Michael O'Neill's side and they will be looking for a better result than their 4–2 defeat to Slovenia in Ljubljana. Presented by Joel Taggart, with commentary by Michael McNamee and John O'Neill.

### 10.05 The Late Show with Eve Blair

Chilled-out music, including a mix of easy listening melodies both old and new, together with material by the Artist of the Week. Including news at **11.00**.  
Email: eve.blair@bbc.co.uk

### 12.00 as Radio 5 Live

## Wednesday

**RADIO ULSTER NEWS:** see Monday

### 6.30am Good Morning Ulster

The day's news with Sarah Brett and Chris Buckler. Including regular travel and sport updates and analysis of finance and business news. Plus Thought for the Day at **7.20**.  
Email: good.morning.ulster@bbc.co.uk

### 9.00 The Nolan Show

Hard-hitting topical debate with Stephen Nolan. Including news and travel at **10.00**.  
Phone: 03030 805555  
Text: 81771  
Email: nolan@bbc.co.uk

### 10.30 The Connor Phillips Show

Music, mischief and features including Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. With news at **11.00**.  
Phone: 03030 805555  
Text: 81771  
Email: connor@bbc.co.uk

### 12.05pm Talkback

William Crawley and the *Talkback* team present news and invite listeners' reactions to the breaking stories of the day. Including news at **1.00**.  
Phone: 03030 805555  
Email: talk.back@bbc.co.uk  
bbc.co.uk/talkback

### 1.30 Hugo Duncan

Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.  
Phone: 03030 805555  
Text: 81771

### 3.05 The Lynette Fay Show

Music, features and interviews.  
Text: 81771  
Email: lynette.fay@bbc.co.uk

### 4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

### 6.05 Vinny and Cate

Teatime music and craic, with Vinny Hurrell and Cate Conway. Including news at **7.00**.

### 7.30 Blas

Caint agus comhrá faoi imeachtaí an tsaoil mhóir agus shaol an ghnáthlae. Má tá sé i mbéal an phobail, beidh sé i mbéal Mháire agus a haíonna chomh maith! Máire Bhreathnach has all the latest news on local and international events and the issues of the day.

### 8.05 Ralph McLean – Country

From the sounds of Nashville to new bluegrass, Ralph takes another journey into the world of American roots music, offering a selection of classic tracks, live performances and timeless Americana along the way. Including news at **9.00**.

### 9.55 Wah Yan Jee Sing

Local information on health and social issues in Cantonese.

### 10.05 The Late Show with Eve Blair

Chilled-out music, including a mix of easy listening melodies both old and new, together with material by the Artist of the Week. Including news at **11.00**.  
Email: eve.blair@bbc.co.uk

### 12.00 as Radio 5 Live

## Thursday

**RADIO ULSTER NEWS:** see Monday

### 6.30am Good Morning Ulster

With Sarah Brett and Chris Buckler including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.  
Email: good.morning.ulster@bbc.co.uk

### 9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.  
Phone: 03030 805555  
Text: 81771  
Email: nolan@bbc.co.uk

### 10.30 The Connor Phillips Show

Music, mischief and features including Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. With news at **11.00**.  
Phone: 03030 805555  
Text: 81771  
Email: connor@bbc.co.uk

### 12.05pm Talkback

William Crawley and the *Talkback* team present news and invite listeners' reactions to the breaking stories of the day. Including news at **1.00**.  
Phone: 03030 805555  
Email: talk.back@bbc.co.uk  
bbc.co.uk/talkback

### 1.30 Hugo Duncan

Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.  
Phone: 03030 805555  
Text: 81771

### 3.05 The Lynette Fay Show

Music, features and interviews.  
Text: 81771  
Email: lynette.fay@bbc.co.uk

### 4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

### 6.05 Vinny and Cate

Teatime music and craic, with Vinny Hurrell and Cate Conway.

### 7.05 The Mystery Mix Tape with Vinny and Cate

Vinny Hurrell and Cate Conway challenge listeners – and each other – to search through the music memory banks to correctly identify the year in question.

### 7.30 Blas

Dearcadh an duine óig ar ábhair a bhfuil spraoi ag baint leo agus ábhair níos troime, gach rud ón stíl mhaireachtála go taisteal agus cúrsaí spóirt. A youthful view of lifestyle issues, travel, sport, beauty, fashion, cookery and more. With Caoimhe Ní Chathail.

### 8.05 Blas Ceoil

Cuir tús spleodrach leis an deireadh seachtaine le rogha shiamsúil Lynette Fay de cheol traidisiúnta, fréamh agus dúchasach. Eisiúintí úra, sonraí gigeanna agus seisiúin bheo. Caoimhe "Ceoil" Ní Chathail introduces new releases, gig guide details and live acoustic sessions to keep listeners in touch with traditional, roots and folk music.

### 9.05 Assume Nothing: I Killed a Man and Buried Him

**3/8**. Brian Kernohan tries to find out more about the family who lived in the house at the time of the murder and re-examines the contents of the letter for any further clues. **9.15 4/8**. The specialist team clears the site of undergrowth and begins scanning with radar to try to find any evidence below ground – but the ground itself proves problematic. Repeated from Saturday 10.5/11.5pm

### 9.30 The Dave Rockdown

Dave Elliott takes over Radio Ulster to play some cheesy rock classics and silly games, with guest sidekick and fellow comedian Aaron Butler.

### 10.05 The Late Show with Eve Blair

Chilled-out music, including a mix of easy listening melodies both old and new, together with material by the Artist of the Week. Including news at **11.00**.  
Email: eve.blair@bbc.co.uk

### 12.00 as Radio 5 Live

## Friday

**RADIO ULSTER NEWS:**

half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 11.55

### 6.30am Good Morning Ulster

With Chris Buckler and Joel Taggart, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.  
Email: good.morning.ulster@bbc.co.uk

### 9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.  
Phone: 03030 805555  
Text: 81771  
Email: nolan@bbc.co.uk

### 10.30 The Connor Phillips Show

Music, mischief and features including Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. With news at **11.00**.  
Phone: 03030 805555  
Text: 81771  
Email: connor@bbc.co.uk

### 11.30 Mobile Disco

Connor Phillips introduces 30 minutes of the biggest anthems to help round off the working week.

### 12.05pm Talkback

William Crawley and the *Talkback* team present news and invite listeners' reactions to the breaking stories of the day. Including news at **1.00**.  
Phone: 03030 805555  
Email: talk.back@bbc.co.uk  
bbc.co.uk/talkback

### 1.30 Hugo Duncan

Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.  
Phone: 03030 805555  
Text: 81771

### 3.05 The Ticket

Kathy Clugston previews upcoming cultural attractions, from blockbuster movies to comedy gigs.

### 4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

### 6.05 ATL Introducing

Gemma Bradley serves up the freshest new musical talent, from indie-rock to hip-hop with live music and interviews.

### 7.05 The Stephen McCauley Show

Alternative music from punk to electronica from home and abroad, featuring live performances and interviews. With news at **8.00** and **9.00**.

### 10.05 The Mickey Bradley Record Show

There are loads of great records out there and Mickey has bought, borrowed and bagged lots of them since his teenage years. Here, he invites listeners to another selection of vintage rock, pop, and new releases. With news at **11.00**.  
Text: 81771  
Email: michael.bradley@bbc.co.uk

### 12.00 as Radio 5 Live

### BBC Northern Ireland

Broadcasting House  
Ormeau Avenue, Belfast BT2 8HQ  
02890 338 000  
Phone-in 0845 955 5678

## RADIO FOYLE

As Radio Ulster except:

### Weekdays

**RADIO FOYLE NEWS:** hourly 9.00am to 3.00pm (not 1.00pm), plus 8.30am

### 6.30am Good Morning Ulster

The day's news from home and abroad, presented by: **Mon:** Sarah Brett and Joel Taggart; **Tue–Thu:** Sarah Brett and Chris Buckler; **Fri:** Chris Buckler and Joel Taggart. Including travel and sport updates and analysis of finance and business news. Plus Thought for the Day at **7.20**.

### 8.30–9.00

### North West Today

A round-up of news, sport and weather across the north-west of Northern Ireland.

### 12.05pm The Mark Patterson Show

A daily look at issues affecting the lives of people in the north-west of Northern Ireland.

### 1.00 North West at One

Lunchtime round-up of the day's local, national and international news stories. Plus the latest sports headlines.

### 1.10–1.30 20 Minutes

Mark Patterson offers a snapshot of life in the north-west of Northern Ireland.

### 3.05–4.00 Sean Coyle

The host introduces music and chat, plus listeners from across the region are invited to phone in with requests and dedications.

### Fri: 7.30–10.00

### Foyle Sportsound

Commentary on Derry City v Shelbourne, the League of Ireland Premier Division match at the Ryan McBride Brandywell Stadium (kick-off **7.45**). Presented by Dessie McCallion, with commentary by Eric White and Liam Coyle.

### Mon: 8.05–10.00 Caschlár

An-réimse ceoil ó phop go fréamh á chur le chéile agus á chur iláthair ag Brian Mullen. Brian Mullen presents a wide-ranging mix of music, including pop, blues and soul. **BBC Radio Foyle, 8 Northland Road Londonderry BT48 7GD Tel: 02871 266 522**

## National

### BBC Radio 1

FM 97.9–99.7

### BBC Radio 2

FM 88.3–90.1

### BBC Radio 3

FM 90.5–92.3

### BBC Radio 4

93.2 (Ballycastle), 93.2 (Carnmoney Hill), 94 (Limavady), 94.9 (Londonderry), 95.6 (Brougher Mountain), 96 (Belfast), 103.5 (Larne), 103.9 (Rostrevor Forest/Kilkeel), 104.6 (Camlough), (R4FM cannot be heard in some parts of NIreland) LW 198 MW 720, 774 (Enniskillen carry LW programmes) **BBC Radio 5 Live** MW 693, 909 **BBC Radio Foyle** FM 93.1 **BBC Radio Ulster** FM 92.7–95.4

### RTE Radio 1

FM 87.8–90.0, LW 252

**RTE 2FM** 90.4–92.2, 97

**RTE Raidió na Gaeltachta**

92.6–94.4, 102.7

**RTE Lyric FM** 97.8–99.6,

92.2, 95.2, 96.7, 102.2

**Classic FM** 99.9–101.9 (not Freeview)

**Talksport** MW 1053,

1089

**Absolute** MW 1215

**Today FM** FM 105.5

All the above stations are also broadcast via Freeview, satellite, cable, digital radio and the internet.

## Local

### Cool FM 97.4

Music, news and sport

**Downtown FM** 102.3

(Ballymena), 96.6

(Omagh/Enniskillen),

97.1 (Larne), 96.4

(Limavady), 102.4

(Londonderry), 103.4

(Newcastle), 103.1 (south

Newry), MW 1026

(Belfast) Music, news

**q FM** 96.7 (Belfast),

102.5 (Bangor), 102.5

(Carrickfergus), 102.9

(North West), 97.2 (North

Coast), 97.6 (Ballycastle),

107.0 (Mid Antrim),

107.6 (Larne),

106.0 (Dungannon),

106.3 (Maghera),

101.2 (Tyrone/Fermanagh),

102.1 (Enniskillen),

100.5 (Newry & Mourne),

101.1 (Kilkeel),

101.1 (Newcastle)



## Face behind the voice John Acres BBC Radio Devon



**Age** 46  
**Current job**  
Presenter of the breakfast show on BBC Radio Devon, commentator and reporter for BBC

Radio 5 Live, *BBC Breakfast* weekend sports news, *Match of the Day* and *Final Score*.  
**CV** Born in Barnstaple and raised in Plymouth, Devon. Failed his A-levels – “Even though my dad’s written a book on how to pass your exams” – and worked at Plymouth dockyard: “I was absolutely hopeless.” Then started volunteering at BBC Radio Devon: “I had a eureka moment and knew radio was what I wanted for my life.” Completed a journalism diploma at Falmouth College of Art. First radio job was news editor at commercial station KickFM in Newbury. Joined BBC Radio Stoke as a sports reporter where he saw Stoke City promoted to the Premier League, then presented the breakfast show with Liz Ellis. Returned to BBC Radio Devon 27

years after he had volunteered there, to present the breakfast show. “I feel like BBC Radio Devon saved me when I was a lost teenager. To come back and present the breakfast show is proper pinch-me stuff. I’m fascinated by people. I love to find out what makes them tick and try to make them laugh. My dad is a counsellor and my mum helps people with special educational needs, so I grew up around the best listeners.”  
**Social media – yes or no?** “I do like social media, but I’m more of a lurker than someone who actually posts things.”  
**Best moments** “Saying, ‘Good morning, welcome to John Acres at breakfast on BBC Radio Devon’ on my first morning back. Full of nerves, I kept saying ‘Radio Stoke’ – I had to put 50p in a jar every time I said the wrong station!”  
Some people may remember me for the time on *Final Score* when I commented for nearly two minutes on a cat being on the pitch at Goodison Park!” Listen at [bbc.co.uk/sport/football/47104907](http://bbc.co.uk/sport/football/47104907)

**Worst moments** “The time I got bad cramp on air on BBC Radio 1. Very embarrassing.”  
**Off air** “Most of my spare time is taken up by watching sport, playing sport or watching my 13-year-old son Evan play sport. I love spending time with my family in Devon and exploring all the nooks and crannies (and pubs).”  
**First radio memory** “Listening to the 1982 World Cup. I remember hearing the South American and Brazilian commentators shout ‘Socrates, Socrates, Socrates... GOAAAL!’ I repeated it until it drove my parents mad.”  
**Ambition/Dream job** “I feel like I’ve achieved the things that I set out to achieve and this is my dream job – being in my home county, presenting the breakfast show in a place that I love.”  
**Secret skills** “My guilty pleasure is the 90s boy band Five. I can recite all the lyrics to every rap by Abz in every single Five song.”  
**MEG FIRTH**  
Listen at [bbc.co.uk/radiodevon](http://bbc.co.uk/radiodevon)

### 5.00 Radio Wales Drive

Claire Summers and the team with everything you need to know as you head home.

### 6.30 Science Café

Adam Walton explores projects working to make scientific research more accessible, regardless of a student’s social background or disability. Repeated tomorrow 6.30am

### 7.00 Huw Stephens

Featuring the Artist of the Week and new music from Wales and beyond.

### 10.00 Eleri Siôn

Brighten your night-time with music and chat.

### 12.00 Relax with Radio Wales

Classic and contemporary tunes. 1.00am–6.00 as *Radio 5 Live*

### Wednesday

NEWS AND WEATHER: as Monday

### 6.05am Wake Up with Radio Wales

Music to start the day.

### 6.30 Science Café

Adam Walton explores projects working to make scientific research more accessible, regardless of a student’s social background or disability. Repeated from yesterday at 6.30pm

### 7.00 Radio Wales Breakfast

The latest news, travel and weather, presented by Dot Davies and James Williams.

### 9.00 Wynne Evans

Music and chat where the listeners are the stars of the show. Featuring Soundtrack Stories and Mystery Voice.

### 12.00 The Phone-in

With Jason Mohammad.

### 2.00pm Behnaz Akhgar

With celebrity guests, Midweek Menu recipes, expert advice and music quiz Backtracks.

### 5.00 Radio Wales Drive

Wyre Davies and the team with everything you need to know as you head home.

### 6.30 Country Focus

Pauline Smith explores the world of bryology, and discovers why Wales is a particularly good environment for moss. Repeated from Sunday 7am Repeated tomorrow 6.30am

### 7.00 Huw Stephens

Featuring the Artist of the Week and new music from Wales and beyond.

### 10.00 Eleri Siôn

Brighten your night-time with music and chat.

### 12.00 Relax with Radio Wales

Classic and contemporary tunes. 1.00am–6.00 as *Radio 5 Live*

### Thursday

NEWS AND WEATHER: as Monday

### 6.05am Wake Up with Radio Wales

Music to start the day.

### 6.30 Country Focus

Pauline Smith explores the world of bryology, and discovers why Wales is a particularly good environment for moss. Repeated from Sunday 7am

### 7.00 Radio Wales Breakfast

The latest news, travel and weather, presented by Dot Davies and James Williams.

### 9.00 Wynne Evans

Music and chat where the listeners are the stars of the show. Featuring Soundtrack Stories and Mystery Voice.

### 12.00 The Phone-in

With Oliver Hides.

### 2.00pm Behnaz Akhgar

Celebrity guests, expert advice and music quiz Backtracks.

### 5.00 Radio Wales Drive

Claire Summers and the team with everything you need to know as you head home.

### 6.30 Bravo Two Charlies

2/6. PC Grace Bevan faces her greatest challenge to date – getting herself out of compulsory national service in her previously unknown “home” country of Morocco.

### 7.00 Aleighcia Scott

Music and culture.

### 10.00 Eleri Siôn

Brighten your night-time with music and chat.

### 12.00 Relax with Radio Wales

Classic and contemporary tunes. 1.00am–6.00 as *Radio 5 Live*

### Friday

NEWS: hourly 6.00am to 7.00pm, plus 8.35pm, 10.00  
WEATHER: after most news bulletins

### 6.05am Wake Up with Radio Wales

Music to start the day.

### 6.30 All Things Considered

Religious affairs programme, tackling the issues of the day in a thought-provoking manner. Repeated from Sunday 9am Email: [religion.wales@bbc.co.uk](mailto:religion.wales@bbc.co.uk)

### 7.00 Radio Wales Breakfast

The latest news, travel and weather, with Oliver Hides.

### 9.00 Wynne Evans

Featuring Soundtrack Stories and Mystery Voice.

### 12.00 The Phone-in

With Oliver Hides.

### 2.00pm Eleri Siôn

Celebrity guests, film reviews, Foodie Friday recipes and music quiz Backtracks.

### 5.00 Radio Wales Drive

Claire Summers and the team with everything you need to know as you head home.

### 6.30 Radio Wales Arts Show

The current arts scene in Wales.

### 7.00 Radio Wales Sport

Live commentary of the League Two match between Newport County and Walsall at Rodney Parade (kick-off 7.45).

### 10.00 Friday Night H

Music and chat.

### 12.00 The Party Playlist with H

An ultimate party playlist.

### 1.00am–5.00 as Radio 5 Live

*BBC Wales, 3 Central Square, Cardiff CF10 1FT 03703 500 700 (weekdays 9.30am to 5.30pm) (landline calls charged at a maximum of 8p per minute) SMS: 81012 [bbc.co.uk/radiowales](http://bbc.co.uk/radiowales)*

### Saturday

NEWS: hourly 7.00am to 2.00pm, plus 5.00pm  
WEATHER: after most news bulletins  
HILL FORECAST: 6.59am

### 5.00am Vicki Blight

Start the weekend with music and chat.

### 7.00 Radio Wales Breakfast

The latest news, travel and weather, with Colette Hume.

### 9.00 Money for Nothing

Dedications and song requests from the 1950s to the 80s. Phone: 03700 100 110

### 11.30 Carol Vorderman

Music, guests and conversation.

### 2.00pm Radio Wales Sport

Live commentary of the big Welsh games of the day, followed at 5.00 by a round-up of the day’s sporting action, with results and analysis.

### 5.30 Call Rob Phillips

Have your say on the day’s sporting action.

### 7.00 Bethan Elfyn

Featuring the Wales Mix and a guest DJ Takeover.

### 10.00 BBC Introducing with Adam Walton

New Welsh music, exclusive sessions, interviews and demos.

### 1.00am–6.00 as Radio 5 Live

### Sunday

NEWS: hourly 7.00am to 6.00pm  
WEATHER: after most news bulletins  
HILL FORECAST: 6.58am

### 6.00am My Hill of Dreams: the Story of Myfanwy Haycock

Jenni Crane presents a tribute to the Pontypool-born poet. Repeated tomorrow 6.30am

### 6.30 Science Café

Adam Walton explores climate change, looking at the various ways we can mitigate its effects. Plus we learn more about “Earthtrack”, the Welsh app hoping to restore the world’s natural habitats. Repeated from last Tuesday

### 7.00 Country Focus

Pauline Smith explores the world of bryology, and discovers why Wales is a particularly good environment for moss. Repeated Wednesday 6.30pm and Thursday 6.30am

### 7.30 Celebration

A service led by Rebecca Thomas, a member of Cornerstone Church in Abergavenny.

### 8.00 Sunday Supplement

Political news, discussions and analysis, plus a round-up of the Sunday papers with guest reviewers.

### 9.00 All Things Considered

Religious affairs programme, tackling the issues of the day in a thought-provoking manner. Repeated Friday 6.30am Email: [religion.wales@bbc.co.uk](mailto:religion.wales@bbc.co.uk)

### 9.30 Bronwen Lewis

Music and guests for Sunday morning.

### 11.00 Owen Money’s Solid Gold Sunday

Hits from the 1960s and 70s.

### 1.00pm Kiri Pritchard-McLean

Music and chat.

### 3.00 Lynn Bowles

Music, entertainment and guests.

### 5.00 Roy Noble

Classic songs and conversation. Email: [roy.noble@bbc.co.uk](mailto:roy.noble@bbc.co.uk)

### 7.00 Radio Wales Sport

Commentary on the Euro 2024 qualifying match between Cymru and Croatia at Cardiff City Stadium (kick-off 7.45).

### 10.00 Beverley’s World of Music

Broadcaster Beverley Humphreys introduces songs from stage and screen.

### 1.00am–6.00 as Radio 5 Live

### Monday

NEWS: hourly 6.00am to 10.00pm  
WEATHER: after most news bulletins

### 6.05am Wake Up with Radio Wales

Music to start the day.

### 6.30 My Hill of Dreams: the Story of Myfanwy Haycock

Jenni Crane presents a tribute to the Pontypool-born poet, artist and National Eisteddfod winner, marking the 60th anniversary of her death. Repeated from last Friday

### 7.00 Radio Wales Breakfast

The latest news, travel and weather, presented by Dot Davies and James Williams.

### 9.00 Wynne Evans

Music and chat where the listeners are the stars of the show. Featuring Soundtrack Stories and Mystery Voice.

### 12.00 The Phone-in

With Jason Mohammad.

### 2.00pm Behnaz Akhgar

Featuring guests, TV Turn Ons, and music quiz Backtracks.

### 5.00 Radio Wales Drive

Everything you need to know as you head home, presented by Claire Summers and the team.

### 6.30 When Hoover Sneezed

David Hughes hears stories of dramas, laughs, romance, community and conflict from former workers at the Hoover factory in Merthyr Tydfil, to mark 75 years since its opening. Repeated tomorrow 6.30am

### 7.00 Huw Stephens

Featuring the Artist of the Week and new music from Wales and beyond.

### 10.00 Eleri Siôn

Brighten your night-time with music and chat.

### 12.00 Relax with Radio Wales

Classic and contemporary tunes. 1.00am–6.00 as *Radio 5 Live*

### Tuesday

NEWS AND WEATHER: as Monday

### 6.05am Wake Up with Radio Wales

Music to start the day.

### 6.30 When Hoover Sneezed

David Hughes tells the social history of how the Hoover factory shaped post-war Merthyr for 75 years. Repeated from yesterday 6.30pm

### 7.00 Radio Wales Breakfast

The latest news, travel and weather, presented by Dot Davies and James Williams.

### 9.00 Wynne Evans

Music and chat where the listeners are the stars of the show. Featuring Soundtrack Stories and Mystery Voice.

### 12.00 The Phone-in

With Jason Mohammad.

### 2.00pm Behnaz Akhgar

Featuring guests, TV Turn Ons, and music quiz Backtracks.



## Frequencies

## Sadwrn

## 5.30am Richard Rees

Cerddoriaeth a chwmnïaeth ar gyfer bore Sadwrn.

## 7.00 Galwad Cynnar

Geralllt Pennant a'i westeion yn trafod natur, bywyd gwyllt a chadwraeth. EBOSt: galwadcynnar@bbc.co.uk

## 8.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Dylan Jones.

## 8.30 Ar y Marc

Dylan Jones a'r criw yn trafod pob math o bethau'n ymwneud â phêl-droed. EBOSt: arymarc@bbc.co.uk

## 9.00 Tudur Owen

Lot o fwydro, 'chydig o sylwedd, dim swmp.

## 11.00 Y Sioe Sadwrn

Cerddoriaeth ac adloniant gyda Shelley Rees a Rhydian Bowen Phillips.

## 2.00pm Chwaraeon Radio Cymru

Sylwebaethau byw, yn ogystal â chanlyniadau a'r newyddion chwaraeon diweddaraf.

## 6.15 Marc Griffiths

Cymysgedd o'r hen a'r newydd iddiddanu ar nos Sadwrn, gan gynnwys llwyth o geisiadau. EBOSt: marc.griffiths@bbc.co.uk

## 9.00 Ffion Emyr

Cerddoriaeth a chwmnïaeth ar nos Sadwrn.

12.00 gweler World Service

## Sul

## 5.30am Linda Griffiths

Detholiad cerddorol Linda Griffiths.

## 7.00 Troi'r Tir

Y straeon diweddaraf o'f yd amaeth a bywyd cefn gwlad.

## 7.30 Caniadaeth y Cysegr

Amrywiaeth o emynau yng nghwmni Arfon Haines Davies. Ail-ddarlledir am 4.30pm

## 8.00 Bore Sul

Trin a thrafof papurau'r Sul, cerddoriaeth a sgysiau hamddenol, gyda Betsan Powys yn cyflwyno.

## 10.00 Swyn y Sul

Dwy awr o gerddoriaeth amrywiol a hamddenol, yng nghwmni y cerddor Eilir Owen Griffiths.

## 12.00 Yr Oedfa

Gwasanaeth yn arbennig i wrandawyr Radio Cymru.

## 12.30pm Bwrw Golwg

John Roberts a'i westeion yn trafod materion moesol a chrefyddol. EBOSt: bwrwgolwg@bbc.co.uk

## 1.00 Cofio

Archif, atgof a chân yng nghwmni John Hardy. Ail-ddarlledir Llun am 6pm

## 2.00 Ffion Dafis

Ffion Dafis a'i gwesteion yn trafod y byd celfyddydol yn ei holl amrywiaeth, a hynny yng Nghymru a thu hwnt.

## 4.00 Fy Achau Cymraeg

Jane Blank a ddysgodd Gymraeg, sy'n ymchwilio i hanes y iaith yn ei theulu.

## 4.30 Caniadaeth y Cysegr

Amrywiaeth o emynau yng nghwmni Arfon Haines Davies. Darlledwyd am 7.30am

## 5.00 Dei Tomos

Sgysiau am Gymru, ei phobl a'i diwylliant. Ail-ddarlledir Mawrth am 6pm EBOSt: deitomos@bbc.co.uk

## 6.00 Ar Eich Cais

Rhys Meirion yn darllen cyfarchion ac yn chwarae ceisiadau. Ail-ddarlledir Mercher am 6pm EBOSt: areichcais@bbc.co.uk

## 7.00 Chwaraeon Radio Cymru

Sylwebaeth fyw o gêm Cymru yn rowndiau rhagbrofol Euro 2024 yn erbyn Croatia.

## 10.00 John ac Alun

Cerddoriaeth a sgwsio i gloir penwythnos.

12.00 gweler World Service

## Llun

## 5.30am John Hardy

Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

## 7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

## 9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

## 11.00 Bore Cothi

Croeso cynnes dros baned gyda Heledd Cynwal yn sedd Shân Cothi.

## 1.00pm Dros Ginio

Trin a thrafof Cymru a'r byd, gan godi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosginio@bbc.co.uk Ffôn: 03703 500 500

## 2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwsio, yn ogystal â chystadleuaeth neu ddwy.

## 5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Nia Thomas yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

## 6.00 Cofio

Archif, atgof a chân yng nghwmni John Hardy. Darlledwyd Sul am 1pm

## 7.00 Rhys Mwyn

Clasuron coll o gasgliad Mr Mwyn, a gwesteion yn hel atgofion.

## 9.00 Caryl

Cerddoriaeth a hwylyd gyda'r hwylyd gyda Caryl Parry Jones.

12.00 gweler World Service

## Mawrth

## 5.30am John Hardy

Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

## 7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

## 9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

## 11.00 Bore Cothi

Croeso cynnes dros baned gyda Shân Cothi.

## 1.00pm Dros Ginio

Jennifer Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosginio@bbc.co.uk Ffôn: 03703 500 500

## 2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwsio, yn ogystal â chystadleuaeth neu ddwy.

## 5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

## 6.00 Dei Tomos

Sgysiau am Gymru, ei phobl a'i diwylliant. Darlledwyd Sul am 5pm EBOSt: deitomos@bbc.co.uk

## 7.00 Georgia Ruth

Dewis eclecig o gerddoriaeth o gasgliad Georgia Ruth, yn cynnwys cerddoriaeth ryngwladol, byd a thraciau Cymraeg arbrolol.

## 9.00 Caryl

Cerddoriaeth a hwylyd gyda'r hwylyd gyda Caryl Parry Jones.

12.00 gweler World Service

## Mercher

## 5.30am John Hardy

Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig.

## 7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

## 9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

## 11.00 Bore Cothi

Croeso cynnes dros baned gyda Shân Cothi.

## 1.00pm Dros Ginio

Vaughan Roderick sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosginio@bbc.co.uk Ffôn: 03703 500 500

## 2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwsio, yn ogystal â chystadleuaeth neu ddwy.

## 5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

## 6.00 Ar Eich Cais

Rhys Meirion yn darllen cyfarchion ac yn chwarae ceisiadau. Darlledwyd Sul am 6pm EBOSt: areichcais@bbc.co.uk

## 7.00 Mirain Iwerydd

Cerddoriaeth newydd Cymru.

## 9.00 Caryl

Cerddoriaeth a hwylyd gyda'r hwylyd gyda Caryl Parry Jones.

12.00 gweler World Service

## Iau

## 5.30am John Hardy

Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig.

## 7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

## 9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

## 11.00 Bore Cothi

Croeso cynnes dros baned gyda Shân Cothi.

## 1.00pm Dros Ginio

Trin a thrafof Cymru a'r byd. Catrin Haf Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosginio@bbc.co.uk Ffôn: 03703 500 500

## 2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwsio, yn ogystal â chystadleuaeth neu ddwy.

## 5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

## 6.00 Sain Ffagan yn 75

Ifor ap Glyn yn cyflwyno hanes rhai o adeiladau mwyaf eiconig Sain Ffagan i ddathlu pen-blwydd yr Amgueddfa Werin yn 75. Ac i nodi'r achlysur, comisiynwyd cerddi newydd gan 8 o feirdd o'r ardaloedd lle safai'r adeiladau hyn yn wreiddiol.

Yn y rhifyn yma gawn ni hanes Siop y Teiliwr, Cross Inn, hefo Gwennallt Llwyd Ifan; Gweithdy'r Clochswr, Ysgeifiog, (Mererid Hopwood); Pre-fab, Caerdydd (Emyr Lewis) a Bwthyn Llainfadym (Elinor Gwynn).

6.30 Yn y rhifyn yma gawn ni hanes Twlc Mochyn Rhydfelen hefo Aneirin Karadog; Swyddfa Bost Blaenwaun (Elinor Wyn Reynolds); Ffermdy Abernodwydd (Arwyn Groe) a Sefydliad y Gweithwyr, Oakdale (Clare Potter).

## 7.00 Huw Stephens

Cerddoriaeth newydd, ambell berllanghyfarwydd a sgws.

## 9.00 Caryl

Cerddoriaeth a hwylyd gyda'r hwylyd gyda Caryl Parry Jones.

12.00 gweler World Service

## Gwener

## 5.30am John Hardy

Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig.

## 7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Gwenllian Grigg.

## 9.00 Trystan ac Emma

Cerddoriaeth ac adloniant gyda Trystan Ellis-Morris ac Emma Walford.

## 11.00 Bore Cothi

Croeso cynnes dros baned gyda Shân Cothi.

## 1.00pm Dros Ginio

Trin a thrafof Cymru a'r byd. Dewi Llwyd sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosginio@bbc.co.uk Ffôn: 03703 500 500

## 2.00 Tudur Owen

Lot o fwydro, 'chydig o sylwedd, dim swmp.

## 5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

## 6.00 Lauren Moore

Cerddoriaeth ar gyfer nos Wener yng nghwmni Lauren Moore.

## 9.00 Nos Wener Ffion Emyr

Ffion Emyr yn tanio'r penwythnos gyda thair awr o gerddoriaeth.

## 12.00 gweler World Service

Radio Cymru: 03703 500 500 (Codir prisiau daearyddol safonol am alwadau o fonau sefydlog a symudol) Rhif Testun: 67500 (Codir tal yn unol a chyfradd costau eich rhwydwaith) EboSt: radio.cymru@bbc.co.uk Gwefan: bbc.co.uk/radiocymru

## Radio Cymru 2

fel Radio Cymru ac eithrio:

## Sadwrn

7.00am–9.00 Sioe Frecwast: cerddoriaeth ac adloniant gyda Daniel Glyn

## Sul

7.00am–10.00 Sioe Frecwast: cerddoriaeth ac adloniant gyda Mirain Iwerydd

## Llun–Mercher

7.00am Sioe Frecwast: cerddoriaeth ac adloniant gyda Rhydian Bowen Phillips

9.00–11.00 Lisa Gwilym: Lisa Gwilym yn chwarae eich hoff fiwsig

## Iau

7.00am Sioe Frecwast: cerddoriaeth ac adloniant gyda Rhydian Bowen Phillips

9.00 Lisa Gwilym: Lisa Gwilym yn chwarae eich hoff fiwsig

10.30–11.00 Lisa Gwilym: Traciau Newydd Radio Cymru 2: rhestr chwarae o'r gerddoriaeth Gymraeg newydd orau ar gyfer eich clustiau!

## Gwener

7.00am–9.00 Sioe Frecwast: cerddoriaeth ac adloniant gyda Lisa Angharad

11.00–1.00pm Dom James: Dom James yn chwarae eich hoff fiwsig

## National

BBC Radio 1 197.6–99.8  
BBC Radio 2 88–90.2  
BBC Radio 3 90.2–92.4  
BBC Radio 4 92.4–94.6, 103.5–105, 178  
BBC Radio 5 Live MW 693, 909, 990

Radio Cymru 92.4–96.1, 96.8, 103.5–105

Radio Cymru 2 This station only broadcasts on Freeview, satellite television, digital radio and the internet

BBC Radio Wales 93.9–95.9, 103.7, 103.9

BBC Radio Wales Extra MW 1125 (mid-Wales)

Classic FM 99.9–101.9

Talksport MW 1053, 1089

Absolute MW 1197, 1242, 1260

The above stations also broadcast via Freeview, satellite, cable, digital radio and the internet.

## Local

## BBC stations:

Bristol 94.9 (Bristol), 103.6 (Severn), 104.6 (Bath) Gloucestershire 104.7 (Churchdown Hill), 95 (Stroud), 95.8 (Cirencester), MW 1413

Hereford and Worcester 94.7 (Hereford), 104 (Worcester & Gt Malvern), 104.6 (Kidderminster), MW 738, 1584 (Tenbury Wells)

Somerset 95.5, MW 1566

Wiltshire 104.3 (west Wiltshire), 104.9 (Marlborough), 103.5 (Salisbury), 103.6 (Swindon)

Independent stations:

Bay Radio 102.1 (Swansea)

Bridge FM 106.3 (Bridgend/Vale of Glamorgan)

Capital 103.2 (Cardiff), 97.4 (Newport), 96.3 (north Wales Coast), 103.4 (Cheshire/north east Wales), 97.1 (Wirral), 103 (Anglesey) Music, news

Carmarthenshire 97.1 (Carmarthen), 97.5 (Llanelli/Carmarthen Town)

Chester's Dee 106.3

Freeradio 103.1 (Shropshire), 97.2 (Wolverhampton) Music, news, 97.6 (Hereford), 96.7 (Kidderminster), 102.8 (Worcester) Music

Heart 88 (Wrexham), 103 (Bath/Weston Super-Mare), 96.3 (Bristol), 102.2 (west Wiltshire), 102.4 (Gloucester/Cheltenham), 102.6 (Somerset), 97.2 (Swindon), 105.2 (Abergavenny/Carmarthenshire), 105.4 (Cardiff), 105.9 (Aberdare), 105.7 (Colwyn Bay), 105.9 (Newport), 105.7 (Pembrokeshire), 106 (Swansea/Carmarthen), 106.1 (Ebbw Vale), 106.2 (Fishguard), 106.9 (Mold/Flint), 107.2 (Caernarfon/Anglesey), 107.3 (Rhyl/Prestatyn)

Greatest Hits Radio 100.8 (Porlock), 102 (Salisbury), 102.4 (west Somerset), 107.2 (Bristol), 107.4 (Telford/Wrekin), 107.5 (west Wiltshire), 107.5 (Gloucestershire), 107.7 (Weston Super-Mare/north Somerset/Swindon), 107.9 (Bath), MW 1170 (Swansea/south west Wales)

GTFM 107.9 Pontypridd, 100.7/107.1 Cynon Valley

Kiss 101 (Severn Estuary), 97.2 (Bristol) Dance music, news

Nation Radio 106.8 (Cardiff), 107.3 (Swansea) Music, news

Pembrokeshire 102.5, 107.5 (Fishguard/Tenby)

Radio Cardiff 98.7

Radio Tircoed 106.5 (West Swansea) Music, news

Scarlet FM 97.5 (Llanelli)





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RT10/10/23



After 26 years on *Countdown*, you might think **Carol Vorderman** would take it easy. But she's continuing to use her public platform to educate, encourage – and entertain

# 'THE DIFFERENCE STARTS WITH EDUCATION'

**D**ID YOU KNOW that “narcoleptic” is an anagram of “Eric Clapton”? It's what Carol Vorderman likes to call a “Well, I didn't know that” moment – unless you already did know that, in which case you are either Eric Clapton or, more likely, one of the compulsive quizzers or inveterate smarty-pants who devour the wildly successful *Perfect 10 with Carol Vorderman* podcast. “It's those kind of

nuggets of knowledge people love to accumulate,” she says.

“I know this because I love finding them when I'm reading out the questions the production team have put together.”

Hold on, Carol! You don't come up with the questions? “No, I don't have the time, but I did devise the format with my friend Russ. I spent about a

year trying to come up with

different things for the podcast, and after a bit of trial and error we settled on this mix of brain-teasers. It's not just general knowledge, it involves lateral thinking, there's a memory and listening test and, most annoyingly for me, a riddle – which I always struggle with... The questions provide something for everyone and people seem to like doing the quiz in groups.”

The podcast – “10 questions, 10 points, 10 minutes” – launched in January this year and is now rated number one in games on Apple's download charts, with more than eight million views/listens on YouTube and Acast, and 35 million views on social media. Perhaps inevitably, *Carol Vorderman's Perfect 10 Quiz Book* is the next iteration of the winning formula.

Since becoming the first woman to speak on Channel 4 as the “vital statistician” on *Countdown*, the first programme on the new station in 1982, Vorderman, as her own publicity insists,

“hasn't shut up since”. “I was there for 26 years but also doing a whole pile of other shows at the same time,” she laughs. “I haven't counted but it's probably in the region of 10,000 in total, everything from the Pride of Britain Awards to *Loose Women* and *I'm a Celebrity*. That's a lot of telly. Apart from maybe the last five to ten years, it was probably every day for one major channel or other. But I love this time of my life because now I can pick and choose the things I want to do.”

As well as hosting the *Perfect 10* podcast, these include presenting a show on BBC Radio Wales, running an online maths school, writing *How to* books (on everything from maths to detoxing your body), flying her own private plane, tackling sudokus (*Carol Vorderman's How to Do Sudoku* sold over 500,000 copies) and, since the pandemic, trying to bring down the Government via pointed

## SEAT OF KNOWLEDGE

The very busy Carol Vorderman. Left: on *Countdown*







and righteously indignant social media posts. Chiefly as a result of the latter, *Vogue* included the 62-year-old in this year's list of 25 "Powerhouse Women" who are "defining and redefining Britain". I think we can forgive her not having the time to come up with podcast questions.

"The wonderful thing about social media is you can go on it and be yourself and people can find you, instead of having this last-millennium filter system, which was through the editor of a national newspaper. Most people under 35 get their news from TikTok, not from a newspaper that sells 50,000 copies. I'm critically aware of that." As indeed are an array of powerful targets who have found themselves accused of corruption and/or incompetence.

**A**S A RESPECTED and much-loved broadcaster, Vorderman's voice carries real heft. She knows that and uses the fact to further causes she cares about – particularly education.

A "free-school-meals kid" from a small Welsh comprehensive who made it to Cambridge to study engineering ("an incredible achievement at a time the system was set up to benefit children from private schools"), she now provides bursaries at Swansea University, which encourages students from disadvantaged backgrounds to apply.

Her beef with the current prime minister stems from the time he was the chancellor and his failure to allocate sufficient resources to state education. "When you've lived it, it becomes a passion," she explains. "It has always been my passion. You understand that the difference starts with education."

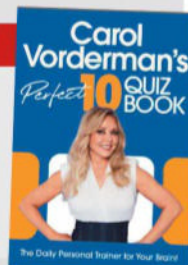
In one way or another, Carol Vorderman's life has been defined by the accretion and dissemination of knowledge. Even her favourite TV programmes are quiz shows. "I love *The 1% Club* and *The Chase*," she says, "but not 'new Countdown', as I call it. I wish everybody well but you just move on, don't you?"

The *Perfect 10 Quiz Book* is so obviously the next step in her relentless campaign to "educate, entertain and irritate" – the sell for the podcast – that the only question that really needs an answer is why she didn't think of it sooner.

**BILL BORROWS**

## RT BOOKSHOP

To order Carol Vorderman's *Perfect 10 Quiz Book* by Carol Vorderman (Pop Press, £14.99) for £14.99 including p&p, please call or visit **03302 232 639\*** or visit **radiotimes.com/shop42**



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## ON OUR BOOKSHELF

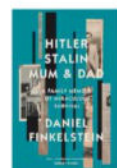
# Powerful life stories

## Personal tales of resilience, bravery and intrigue



**EVERYTHING IS**  
**EVERYTHING CLIVE MYRIE**  
*Mastermind* Mon 7.30pm **BBC2**

A familiar face delivering our news since the mid-1990s, and more recently delivering tough questions on *Mastermind*, Clive Myrie has covered major global events and won prestigious awards for journalism. As the son of *Windrush*-generation parents, Myrie is truly proud of being black, but has fought not to be defined by it during his career. And behind his affable, objective persona, Myrie has been deeply affected by some of the issues he has reported on, as told in his recent memoir *Everything Is Everything* (Hodder & Stoughton, £22).  
*View from my sofa: page 146*



**HITLER, STALIN, MUM AND DAD**  
**DANIEL FINKELSTEIN**  
*Book of the Week*

*Mon–Fri 9.45am Radio 4*  
A journalist, politician and even a lord, Daniel Finkelstein can now also call himself an author with the release of *Hitler, Stalin, Mum and Dad* (HarperCollins, £25) – the story of his parents and their childhoods under two genocidal dictators. Both from liberal Jewish families, they found themselves respectively in a concentration camp and a gulag, fighting for their lives daily. Finkelstein's biography reads almost like a thriller as you follow his courageous parents trying to escape the horror and tragedy that so many millions suffered.



**THE PIGEON TUNNEL**  
**JOHN LE CARRÉ**  
*The Pigeon Tunnel*

*Available Friday Apple TV +*  
If you want to write a spy novel, where better to find inspiration than your own experiences working in espionage? Such was the case of the late David Cornwell, aka John le Carré, one of Britain's most successful spy novelists. After a career of over six decades, le Carré pulled back the curtain on his journey from British intelligence to author in his memoir *The Pigeon Tunnel* (Penguin, £9.99), now an Apple TV+ documentary.  
*See feature page 22 RHIANNON THOMAS*

\*CALLS CHARGED PER MINUTE AT NO MORE THAN NATIONAL RATE



# LIGHT BULB MOMENT

Now's the perfect time to think about the best place to plant your spring bulbs, says **Joe Swift**



ARE YOU READY to think about spring? Spring bulbs can be planted just about everywhere: in borders, raised beds, or pots and containers. Many can also be grown in the lawn where, if happy, they'll naturalise and multiply over time through self-seeding and bulblets (offset baby bulbs). So, which to choose and how to plant them?

A wide range of bulbs can do well in the lawn. If you've got short, manicured grass, smaller bulbs are good choices: crocus and shorter narcissi (yes, you can call them daffs if you want), glory of the snow (*Chionodoxa*), scilla and winter aconite will all be easily seen when in flower. For wilder areas where there is long, uncut grass you'll need to plant taller flowering bulbs

for a good display. Camassia are perfect on wetter soils that retain moisture at least until spring (the soil can dry out after that). At around 60cm to 1m tall they look a little like bluebells on steroids. I love *Narcissus actaea* or "Thalia" in long grass, too, for their simple flowers and lovely scent. Alliums can often hold their own in long grass – maybe give some of them a go; plant this autumn and if they do well you can add more in next year.

Tulips generally won't come back year on year – apart from some (including the lovely species forms of *Tsprengeri* and *Tacuminata*) that are perennial and work well in short grass and on banks.

probably looking for a more natural look. One approach is to put the bulbs in a bucket and throw them roughly where you want them. Don't be tempted to move them – plant exactly where they land! You can buy bulb planters for lawns that take a core out, which you place on top of the bulb after planting. Augur drill attachments can speed things up, but the ground will need to be soft, and be careful with your first few goes as they can twist your wrists if you don't use all your body strength!

If you want your plants to flower again, let them die down naturally after flowering before mowing over or cutting back. This can take around six weeks, so plant them where you don't mind them looking a little messy for a while. Otherwise go for it!

Joe Swift is a presenter on *Gardener's World*, Fridays BBC2

**DIGGING IN**  
You can plant bulbs almost anywhere





## BEGINNER'S GUIDE TO...

# An autumn blitz



### COLOUR BOOST

Main picture: colourful drifts of cyclamen and galanthus. Above: crocus. Below: narcissi and scilla

Autumn's a busy time in the garden. Many tasks can be done, but there's no mad rush: choose a crisp sunny weekend and get stuck in.

### ■ SORTING OUT A MASS OF CLIMBERS

This is a good time to sort them out – you may lose some flowers next spring or summer, but that's the way it goes. Cut them back so you can see their framework, which means separating them out from each other. You don't have to cut back too hard now as some may benefit from a second pruning in the late winter or early spring. Tie in loose stems or branches.

### ■ DIVIDING PERENNIALS

Plants such as bergenia, hosta, epimedium, campanula, aster and hemerocallis need lifting, dividing and replanting every three or four years. This will regenerate tired clumps and give you more plants to

fill gaps. Dig up the entire plant and split using back-to-back garden forks pushed together, or cut through with a sharp spade. Subdivide the plant further, to around fist-size clumps, before replanting.

### ■ TIDYING PONDS AND WATER

Skim off leaves and, if practical, cover with a net held down with a few bricks. Leaves reduce water quality and generally make it smell. For the same reason, cut back the foliage of any marginal plants that may fall into the pond and start to compost.

### ■ MULCHING

Mulch with organic matter to a depth of around 5cm. Use whatever you can source locally and cheaply. Autumn is favourable as over the winter the worms will work their magic.

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**Moulin Rouge: Yes We Can-Can!**  
Wednesday 10.00pm **BBC2**

**A**ND JUST WHEN I thought the evening couldn't get any odder... here come the topless pirate girls. The Moulin Rouge may be a Paris institution – where the cast has been high-kicking and breast-baring for more than 200 years – but that doesn't mean it's not full of surprises.

Watch BBC2's behind-the-beautifully-painted-scenes documentary *Moulin Rouge: Yes We Can-Can!*, for instance, and you'll be forgiven for doing a double-take when you hear the broad Yorkshire accent of the cabaret's glamorous associate artistic director. In fact Janet, who's originally from Leeds, has been at the Moulin for two decades, first as a dancer herself but now running the show. And she's giving me a quick peek backstage between the two nightly performances ([moulinrouge.fr](http://moulinrouge.fr)).

From the feather workshop to the sequin room (yes, there are so many they need a dedicated room), there are 450 people working to keep the show's 60 dancers on their high heels every night. Even more unexpectedly, a nose around the dressing room reveals that Janet is far from the only Brit on the payroll: more of the troupe come from the UK than from France (and the biggest contingent of all is the Aussies).

Out in the auditorium – a gorgeous belle époque confection of rich red drapes and Toulouse-Lautrec touches – I'm amazed (again!) to clock spectators aged from nine to 90. But once the spangled curtain goes up, I see that the show does indeed feel more like a family panto than a salty strip club. The dance routines are no more outrageous than you'd see in London's West End – they're interspersed with performances by circus-style strongmen and gymnasts – and the whole thing takes cruise-ship camp to the next, spectacular level (those barely dressed clowns give way to barely dressed Persian princesses seducing barely dressed pith-helmeted Victorian explorers, all with painted-on smiles as cheesy as the local brie).

For something a little more *érotique*, the next day I head a mile down the road to the offices of a family computer firm. Back in 2015, Caroline and her dad bought the

**LADY IN RED**  
A dancer in BBC2's  
*Moulin Rouge: Yes We Can-Can!* series

# GET YOUR KICKS

Paris is the perfect destination for a sexy city break – but with a sophisticated side, too



property for their business, stripped out its wood panelling, and found some

decidedly racy 1920s tiles on the walls. A spot of research revealed that the place had once been a noted brothel called Aux Belles Poules, where 20 rooms housed 23 working girls (an intriguing bit of maths), so Caroline restored the downstairs rooms to their full glory – not just tiles, but mirrors, mosaics and mythological designs dancing off every wall. She now gives tours of the place, hires it out for conferences and weddings, and runs a burlesque night there once a month ([auxbellespoules.fr](http://auxbellespoules.fr)).

Sticking to the Montmartre/Pigalle area of Paris – once the city's red-light district, now an ever-trendy quarter of bohemian bars, cool cafés, arty coffee joints and chic boutiques – I keep things saucy with a splendidly decadent meal of bacon scones and confit lamb at Frenchie Restaurant (you don't need a baccalaureate to guess what the chef, Greg Marchand, is on about when he's quoted on the website as saying

*"Frenchie Pigalle c'est un électron libre... un peu plus sexy-trash"* ([frenchie-pigalle.com](http://frenchie-pigalle.com)).

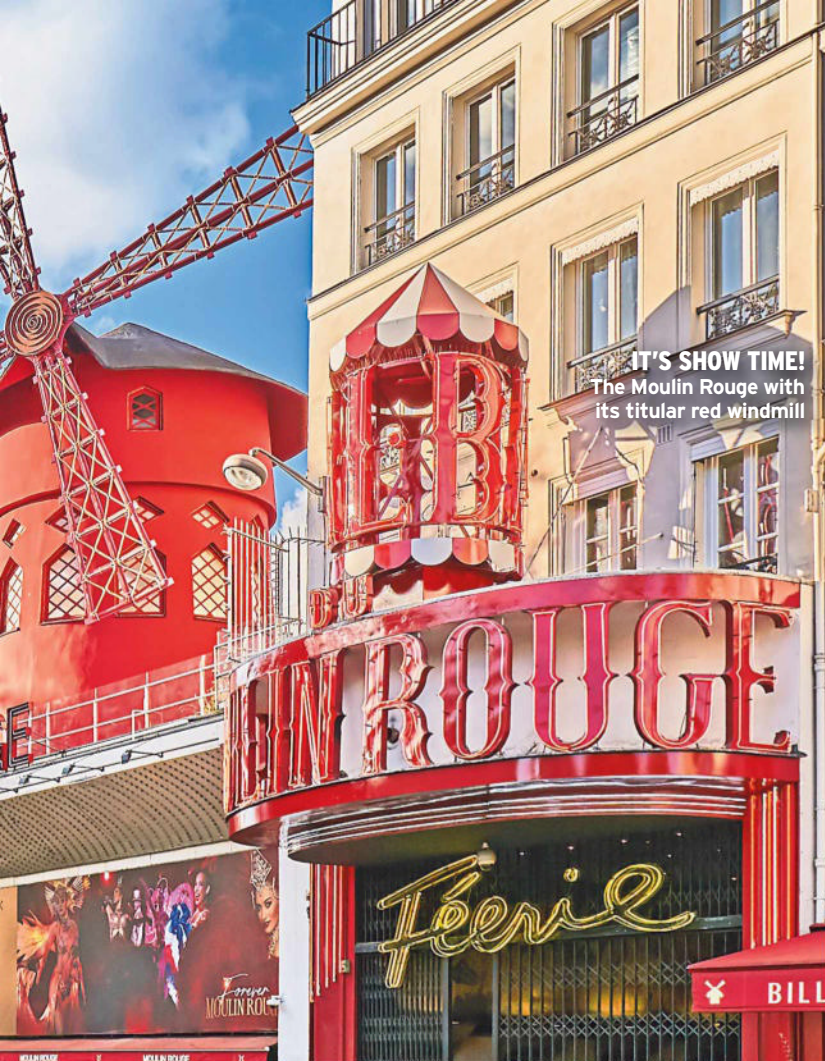
I stay the night nearby at La Fantaisie ([lafantaisie.com](http://lafantaisie.com)), a gorgeous new hotel as voluptuous as anything else I've experienced so far, thanks to its boudoir-in-the-sky rooftop bar and hide-from-prying-eyes ground-floor secret garden – but at the same time utterly, artily stylish.

The morning after, mind, my thoughts are on higher things, and I head to Paris's grand 1st *arrondissement* and its Louvre and Musée d'Orsay museums (though yes, the Mona Lisa's smirk, on display at the former, suggests she might have been up to no good last night, too). Situated perfectly between those two artistic titans, beside the stately Tuileries Garden and yards from the Seine and Champs-Élysées, hotel Le Meurice is one of the city's most elegant addresses, and I check in to try and keep myself out of temptation's

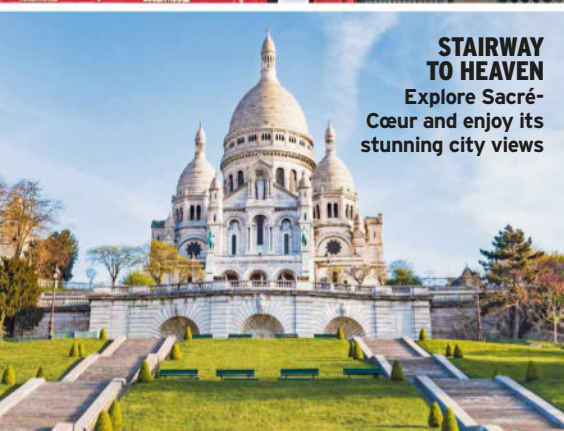
**A TASTE OF LUXURY**  
Le Meurice's two-Michelin-star Alain Ducasse restaurant







**IT'S SHOW TIME!**  
The Moulin Rouge with its titular red windmill



**STAIRWAY TO HEAVEN**  
Explore Sacré-Cœur and enjoy its stunning city views



way ([dorchestercollection.com/paris/le-meurice](https://dorchestercollection.com/paris/le-meurice)).

That works up to a point (the Alain Ducasse restaurant, in a room as richly decorated as Versailles, is decorously decadent) – but

the siren call of sexy Montmartre reaches even here. Le Meurice has long been the chosen hotel of artists (Dalí, Warhol, Picasso...) and offers a tour of the latter's haunts in Montmartre, so I soon find myself back among the district's slightly raffish bars and cafés.

**T**HE BASILICA OF Sacré-Cœur looms over them all, and on a whim I wander inside – to find nuns singing vespers, high and reedy, like schoolchildren; and a huge, handsome Christ in mosaic above the altar, his arms stretched wide enough to absolve all the sins of my decidedly debauched weekend in Paris.

I get back on the Eurostar ([eurostar.com](https://eurostar.com)) – which is both the most indulgent way to visit the city, since you can skip the seventh circle of hell that is the airport; and the worthiest, because it's so much greener than flying – and feel almost virtuous. It's been naughty... but nice. **ED GRENBY**

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## DWINDLING PENSION POTS

Don't assume the Pension Protection Fund will deliver what you expect, says **Paul Lewis**

**T**HE FINAL CLOSURE of 400 Wilko stores is scheduled for this month, and around 9,000 job losses are expected. But many former staff will also be worrying about their Wilko pensions. The fate of their retirement is now in the hands of the Pension Protection Fund (PPF), which was set up in 2005 to rescue the pensions of firms that go bust. Without the PPF they would prob-

**'The PPF was set up to rescue pensions'**

ably get nothing, as workers did in the past. However, the pension they do get (called compensation) will be less than they would have got if Wilko had fulfilled its obligations and funded the pension properly.

The PPF looks after the pensions of more than 295,000 people whose employers ceased trading. People who had reached the normal pension age of their scheme are paid the full pension they were already getting – but those who have not reached that age will get only 90% of the pension they would have been paid.

There is another, potentially bigger, restriction: the pensions are not fully protected against inflation.

The part due on contributions paid before 6 April 1997 is not raised with inflation at all, and the part due based on later contributions has limited protection. That part is raised from 1 January by the Consumer Prices Index the previous May, or 2.5%, whichever is the lower.

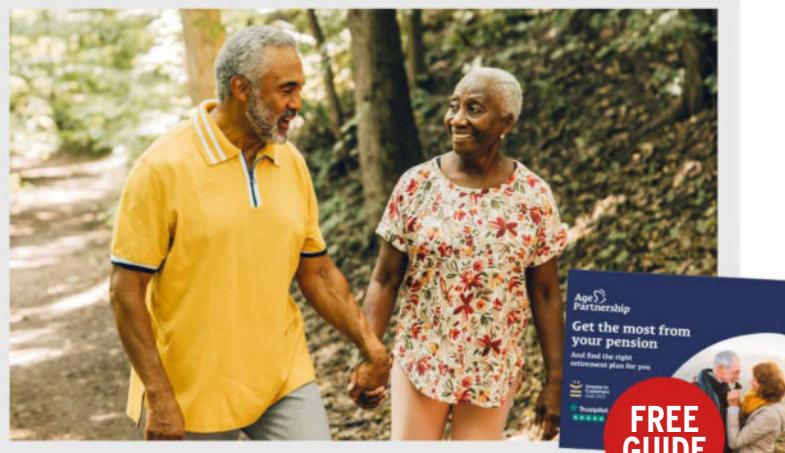
In May 2022, for example, the CPI rate of inflation was 9.1% but PPF pensioners got a rise of only 2.5%. And in 2024 their pensions will again be raised by 2.5%, not the 8.7% rise in the May CPI.

That means a pension earned from 6 April 1997 that was £100 a month in 2022 should be over £118 a month from January but will in fact be just £105. That is worse inflation-proofing than many surviving pension schemes pay.

**T**HE PPF BOARD has the power to order a bigger increase than 2.5% but it has decided not to do that for 2024. If you get a PPF pension and are suffering from its declining value, it may be worth writing to the Board to tell it about your hardship: email [resolutionsteam@ppf.co.uk](mailto:resolutionsteam@ppf.co.uk) or write to PO Box 254, Wymondham, NR18 8DN and mark it "for the attention of the Board".

**QUESTIONS?** Send any questions to [Paul.Lewis@radiotimes.com](mailto:Paul.Lewis@radiotimes.com). I cannot answer you personally, but I will reflect them in this column.

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# Crossword

**PRIZE CROSSWORD** One winner will receive the **Scalextric 007 DB5 vs V8 Race Set** – available exclusively from **Scalextric.com**. The set features detailed models of the Aston Martin V8 Vantage and the DB5 and an array of traps and obstacles to decide which is the best Aston Martin of all time. To enter, fill in and post the coupon below, or email your answers to **xword42@radiotimescomps.co.uk**

**WORDFINDER** Find the name of the show in the shaded squares to win the prize below.

**EASY CLUES** Just for fun!



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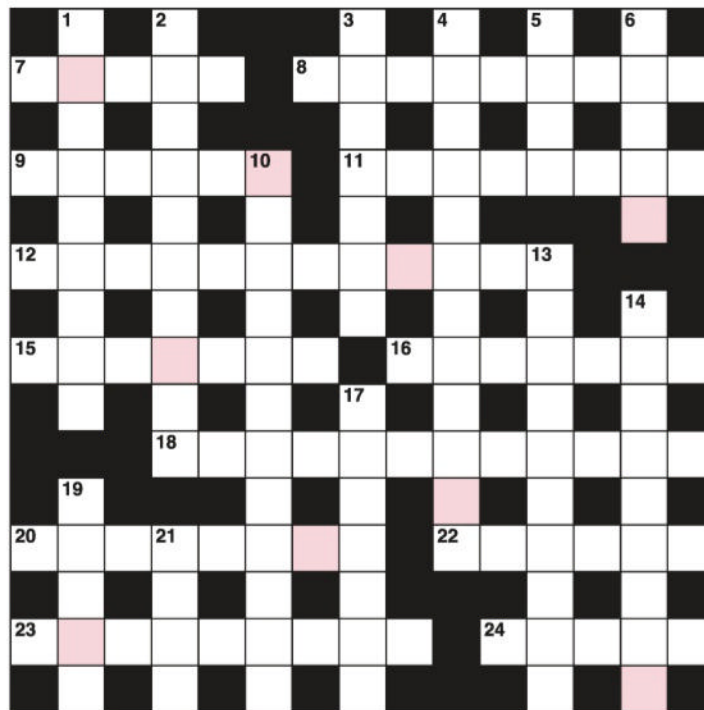
## PRIZE CROSSWORD

### ACROSS

- 7 All the racehorses, if led astray (5)
- 8 Berry next to tree beyond popular hospital (9)
- 9 Part king kept with UK's departure? (6)
- 11 Game's eaten up when moving round Quebec (8)
- 12 Brand article ahead of town with veteran presenter (4,8)
- 15 Upset girl's teddy bear without hesitation (7)
- 16 Steady? This ending stalls (7)
- 18 Essential for everyone to ship in worker? (3-9)
- 20 Demonstrate that legally formed US firm is within region (8)
- 22 Mistakes that Arrecife holds back (6)
- 23 So bit snaps in extreme case of wordiness (9)
- 24 Don't finish room with this material (5)

### DOWN

- 1 Bitter little group in civil disturbance (9)
- 2 Edward VII's wife besieges one Mediterranean city (10)
- 3 One photographing swimmer (7)
- 4 Long odds for quiz show? (7,2,3)
- 5 Female first to leave country (4)
- 6 Mythical giant newspaper? (5)
- 10 Springer's tail spin, Mort shaken up (12)
- 13 Good deal of mixed sorbets in wooden trap (7,3)
- 14 A blanket's put round tall thin person (9)
- 17 General release, against goodness outside home (7)
- 19 Voracity – felt the same, it's a non-starter (5)
- 21 Vain bees losing even aura (4)



## Prize Crossword 42

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

POSTCODE \_\_\_\_\_

TELEPHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

Cut or copy this form. Closing date: 27 October. Solution published in RT dated 18 November.  
Send to: Radio Times Prize Crossword, Week 42 2023, PO Box 501, Leicester LE94 0AA.  
Or email your entry to **xword42@radiotimescomps.co.uk**

Please note, your contact details will only be used in order to contact the winner of the prize crossword



Two winners of the Wordfinder puzzle will receive series 9 of *The Brokenwood Mysteries* (Acorn DVD). New Zealand detectives Mike Shepherd (Neill Rea), Kristin Sims (Fern Sutherland), and Daniel Chalmers (Jarod Rawiri) and pathologist Gina Kadinsky (Cristina Ionda) hunt for evildoers in six feature-length mysteries.

## EASY CROSSWORD

### ACROSS (answers page 140)

- 7 Book of photographs (5)
- 8 Celebrity's signature (9)
- 9 Long-eared pet (6)
- 11 Take legal action (8)
- 12 Author's temporary lack of inspiration (7,5)
- 15 Proposed candidate (7)
- 16 Old air-blowing device (7)
- 18 *Antiques Roadshow* expert (8,4)
- 20 Sir Malcolm Campbell's famous racing car (8)
- 22 Fasten with a rope (6)
- 23 Travel documents (9)
- 24 Liable to drip water (5)

### DOWN

- 1 Foyer closet for garments (9)
- 2 Trying to get a tan (10)
- 3 Sleep-inducing song (7)
- 4 A rescheduling or delay (12)
- 5 Bluffers' card game (4)
- 6 Malicious ill will (5)
- 10 Costa del Sol holiday resort (12)
- 13 Metric units of length (10)
- 14 Cult 1990s US TV series (4,5)
- 17 Currently away from work (3-4)
- 19 Fold in a skirt (5)
- 21 No trouble at all (4)

## WORDFINDER

Unscramble the letters in the shaded crossword boxes to reveal a TV show. Enter by sending an email with your name, address and telephone number to **wf42@radiotimescomps.co.uk**.

Or post your entry (postcards only) to: Radio Times Wordfinder, Week 42 2023, PO Box 501, Leicester LE94 0AA. Two winners will receive the DVD shown left. Prizes sent monthly. Closing date: 27 October.

## PRIZE CROSSWORD 37 SOLUTION

### Prize Crossword

#### 37 winner\*

AR Gregory,  
Greater Manchester

#### Wordfinder 37

Only Connect

#### Wordfinder winners

Steve Gould,  
Stourbridge;  
A Evans, Taunton



## PUZZLE ANSWERS

EGGHEADS 1a 2b 3b 4a 5a  
6c 7a 8c 9b 10b  
9 Khia 10 Bruce Springsteen  
Pigs 8 You Drive Me Crazy  
Low 6 Bruce Willis 7 Three Little  
War 4 Racey 5 Hunting High and  
Bruck 4 Quartet 3 ...Fight in the  
1 Speedy Gonzales 2 Dave  
POPMASTER  
the answer that the fewest  
people gave.

ENIGMA  
Across Platypus, Eat, Afrix,  
Adjourn, Scour, Clue, Trusty,  
Closet, Plea, Carve, Trawler,  
Chase, Him, Believer  
Down Bailot, Pitch, Loft,  
Lukewarm, Toxicity, Plague,  
Barrel, Clavicle, Equaise,  
Gaze, Tinge, Target  
POINTLESS  
Episodes (11 answered),  
The Monkees (33), Extras (5),  
The Trip (2), The Big Bang  
Theory (24), So The Trip is

ONLY CONNECT  
Sounds like two letters Excel (XL),  
Essay (SA), Ivy (IV), Envy (NV)  
Deadly sins  
Greed, Lust, Sloth, Gluttony  
Microsoft products  
Edge, Word, Outlook, PowerPoint  
Capes Wrath, Cod, Horn, Canaveral  
COUNTDOWN  
How Rachel did it: 10x6=60  
5+3=8, 8x4=32, 32+60+75=167

\*To enquire about the winners of any of our competitions email **feedback@radiotimes.com**

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# Puzzles

## The toughest brainteasers from your favourite shows

### ONLY CONNECT with Victoria Coren Mitchell



The connecting wall from *Only Connect* combines general knowledge, wordplay and lateral thinking to give your brain cells a workout!

**How to play** Your task is to sort the 16 seemingly random words/phrases below into four groups of four connected words. You may find some clues fall into more than one category, but there is only one complete solution. If you get stuck, have a look at the clues on the side of the page...

Excel	Lust	Outlook	Envy
Greed	Word	Sloth	Horn
Edge	Cod	Ivy	Gluttony
Wrath	Essay	PowerPoint	Canaveral

TRY THESE CLUES: GROUP ONE: EXCEL, GROUP TWO: GREED, GROUP THREE: OUTLOOK, GROUP FOUR: WRATH. © ROF WEST

### COUNTDOWN with Rachel Riley



Using addition, subtraction, multiplication and division, try to get as close to the target as possible in 30 seconds. You can use each of the six numbers only once, but you don't have to use them all. Rachel's solution is on the previous page.

167

75 4 10 3 6 5

### SUPER SUDOKU 929

		8		2				
6			5		8			
2					6		7	
1				7	4			
3		2						5
7			3					
		1	2	3	5		8	
				9			4	3
						2		

**How to play** Complete the grid so that every row, column and 3 x 3 box contains the digits 1 to 9. **Difficulty: 12/20**

SUDOKU NO 928 SOLUTION

5	8	7	9	4	1	2	6	3
9	6	4	5	3	2	7	1	8
1	2	3	8	7	6	9	5	4
3	7	8	1	6	9	5	4	2
6	1	5	3	2	4	8	9	7
2	4	9	7	5	8	1	3	6
7	5	1	4	8	3	6	2	9
4	9	2	6	1	7	3	8	5
8	3	6	2	9	5	4	7	1

### SCRIBBLE PAD

### TRACKWORD

How many words of three letters or more can you find by tracking from one square to the next, going up, down, sideways or diagonally in order? You may not use the same letter square twice in any word. What is the nine-letter word?

BRAINBOX 23 words AVERAGE 15

R	R	A
E	I	Z
B	L	Y

CLIVE DOIG

### TRACKWORD FOR LAST ISSUE Nine-letter word DYSPRAXIA

ary, axis, dap, day, dyspraxia, pad, par, pax, pay, pays, pia, pix, pixy, prad, praxis, pray, prays, pry, psi, pya, pyx, pyxis, rad, rap, raps, rax, ray, rya, sip, six, spa, spar, spay, sprad, spray, spry, spy, yap, yaps, yip, yips (Ref: *Chambers English Dictionary*)

### THIS WEEK'S EASY CROSSWORD SOLUTION

Across 7 Album 8 Autograph 9 Rabbit 11 Litigate 12 Writer's block 15 Nominee 16 Bellows 18 Geoffrey Munn 20 Bluebird 22 Tether 23 Passports 24 Leaky Down 1 Clockroom 2 Sunbathing 3 Lullaby 4 Postponement 5 Brag 6 Spite 10 Torremolinos 13 Kilometres 14 Twin Peaks 17 Off-duty 19 Pleat 21 Easy

### THE ENIGMA CODE

Can you crack the Enigma code? Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. The solution is on the previous page.

Difficulty: 11/20 Target time: 22 minutes

	13	21	5	1	17	13	8	4		20	5	1
25		9		9		21			23			26
5	12	12	26	11		5	6	7	9	8	2	10
21		1		26		18				5		18
21			4	15	9	8	2		15	21	8	20
9		21		26		20		15		26		
1	2	8	4	1	17		15	21	9	4	20	1
		14		17		25		5		20		5
13	21	20	5		15	5	2	16	20			2
26		19				2		26		18		18
1	2	5	19	21	20	2		15	24	5	4	20
15		2				20		21		22		1
24	26	3			25	20	21	26	20	16	20	2
1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	G	19	W	20	21	22	23	24

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

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## POINTLESS

with Richard Osman and Alexander Armstrong



Pointless asks a question of 100 people, the contestants are then asked to choose the answer they think the

fewest of those 100 people knew.

**How to play** Here are five actors who played versions of themselves on TV, followed by the shows' initials. Name the show and guess the most obscure answer.

### ACTORS WHO PLAYED THEMSELVES ON TV

MATT LeBLANC (E)

MICKY DOLENZ (TM)

SHAUN WILLIAMSON (E)

STEVE COOGAN (TT)

WIL WHEATON (TBBT)

## EGGHEADS with Jeremy Vine

### KEVIN ASHMAN

1 Which English city is home to a variety of small passages, alleys and footpaths, collectively known as "snickelways"?  
a York b Winchester c Coventry

2 The arbalest was a powerful medieval variant of which weapon?  
a Catapult b Crossbow c Cannon

### OLAV BJORTOMT

3 Collaborating with David Guetta, which singer of Albanian heritage had her first UK number one with the 2022 single *I'm Good (Blue)*?  
a Dua Lipa b Bebe Rexha c Rita Ora

4 In which film does Reese Witherspoon's character own a pet chihuahua named Bruiser?  
a *Legally Blonde* b *Cruel Intentions* c *Sweet Home Alabama*

### STEVE COOKE

5 Yorkshire squares are traditionally used in the north of England in the production of which beverage?

a Beer b Tea c Sparkling water

6 Who was the first woman to win an Academy Award for best director?  
a Nora Ephron b Jane Campion c Kathryn Bigelow

### PAT GIBSON

7 Which fashion house included a Croc clog with a stiletto heel in its spring/summer 2022 collection?  
a Balenciaga b Gucci c Chanel

8 Published in 1842, the *Vestiarium Scoticum* identified and listed what?  
a Recipes b Coats of arms c Clan tartans

### LISA THIEL

9 In Greek mythology, Pygmalion, who fell in love with an ivory statue, was king of which island?  
a Cos b Cyprus c Crete

10 The jazz standard *Blue Rondo à la Turk*, first recorded in 1959, was written by which musician?  
a Miles Davis b Dave Brubeck c Oscar Peterson

## DICTIONARY CORNER Susie Dent



Phrase of the week **Goody two-shoes**

No one, it seems, likes a goody two-shoes: a person so angelic that the rest of us can't hope to

compete. The inspiration for today's expression, however, wasn't so bad. Margery Meanwell is an orphan who features in *The History of Little Goody Two-Shoes*, a children's story from

1765. All Margery has to her name is a single shoe, until a kind gentleman decides to give her a complete pair, filling her with such excitement that she runs around town telling everyone about her new shoes. A century later, the epithet "goody two-shoes" came to describe someone who is smugly or ostentatiously virtuous – which is not entirely fair, as when the original story was written, "goody" was simply a title of courtesy added to the surname of a woman of humble status.

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## POPMASTER

with Ken Bruce



### 1960s

1 Pat Boone made the top five on two occasions during the 60s. The first was with *Johnny Will*, but what was the title of the second?

2 *Unsquare Dance* was a 1962 top 20 hit for which jazz group?

### 1970s

3 In a 1971 top 20 hit, Mungo Jerry claimed *You Don't Have to Be in the Army to... what?*

4 *Lay Your Love on Me* and *Some Girls* were both top three hits for which UK group?

### 1980s

5 What was the title of the album by A-ha that first contained the songs *Take on Me*, *The Blue Sky* and *The Sun Always Shines on TV*?

6 Which actor revived the Drifters' 1964 classic *Under the Boardwalk*, taking it into the top three in 1987?

### 1990s

7 What was the title of the only top ten hit single achieved by the American comedy act Green Jelly?

8 Although different songs, what top five hit title is shared by Britney Spears from 1999 and a 1981 top three hit by Shakin' Stevens?

### 2000s-present day

9 *My Neck, My Back (Lick It)* was a 2004 top five hit for which American rapper?

10 Which legendary performer made the top three in the album charts in 2022 with *Only the Strong Survive*?

QUESTIONS BY PHIL "THE COLLECTOR" SWERN



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# Feedback

EDITED BY JANE HILL

## JUDGE MORE STRICTLY

In the 30 September edition of *Strictly Come Dancing* (BBC1), Anton Du Beke commented that one dancer, Nikita Kanda, had shown “a huge improvement” in her performance from the previous week, and Shirley Ballas claimed she had improved “1,000 per cent” – but she and her partner Gorka Márquez were then awarded exactly the same scores as the week before!

**Keith Haines** Belfast

...Please can the producers of *Strictly* ask the judges to stop standing up and clapping for some of the celebrities. The judges' role is surely to give constructive feedback and score each couple. It's unfair that they treat some couples differently!

**Beth Turner**

Goodwick, Pembrokeshire

## THE TRUTH OF LARK RISE

*The Archers* was both right and wrong (Radio 4). *Lark Rise to Candleford* is a great book worthy of the following it is getting among many of the Ambridge folk. However, it was Neil, I think, when persuading Jazzier to give it a go, who said it was nothing to fear as it was only fiction. Wrong – it was Flora Thompson's account of her childhood in the small Oxfordshire hamlet of Juniper Hill. An incredible writer who conjures up a scene in just a few words. If you like *The Archers*, you will love *Lark Rise to Candleford*.

**Sandra Kennedy**

Croydon, south London

## DID THEY SURVIVE?

Watching *The Hidden World of Hospitality with Tom Kerridge* (BBC2), I keep wondering about the batch of pubs that underwent Tom's suggested makeovers just before Covid. What happened to them and their owners during these years of change?

**Margaret Barr**

Wolverhampton

Tom Kerridge responds: “Three of the four pubs we featured are still operating. The Black Bull in Gartmore

## FEELING THE HEAT

*Boiling Point's*  
Stephen Graham and  
Vinette Robinson

## LETTER OF THE WEEK

### Hot drama to feast on

Having watched the *Boiling Point* short (on iPlayer), the film (on Channel 4 streaming) and now the start of the spin-off series (Sunday BBC1), I have even more respect for the hospitality industry. Into the stress of running a restaurant, it weaves issues such as staff shortages, profit margins, environmental health checks, sexism, racism, self-harm, substance abuse and, not least, awful customers.

The “single-shot” tracking draws us into the non-stop pace of the kitchen and restaurant floor, but *Boiling Point's* best feature is the depiction of the staff as individuals, each with their own problems. From having to satisfy critics, investors and social influencers through to the sous chef too exhausted to cook at home. Clever, witty, dramatic... exhausting!

**Eric Hunter** Warrington, Cheshire

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ROBERTS

is doing well and had a strong summer of trading; the Prince Albert in Stroud is back to hosting gigs and beer festivals; and the Golden Anchor in Nunhead has attracted more local business. While I didn't give them

a 'makeover' as such, I offered my advice and experience, as it's easy to be so focused on the day-to-day stuff, you miss the bigger picture. It's been incredibly difficult for all hospitality businesses lately, with pubs in particular closing at an alarming rate. They really need the support of local communities to keep them going, or sadly they will shut for good.”

## LET'S TALK ABOUT R3

I must take issue with both Catherine Wilson and Tim Sayer (Feedback, 16/30 September) regarding Radio 3's content. What Mr Sayer terms “endless chatter” is surely what sets radio apart from music streaming services. I find this “chatter”

both knowledgeable and welcome.

As for shifting Radio 3 closer to the often formulaic Classic FM, I'm certain that many listeners still experience “blimey” moments when something very different and challenging is played!

**Alastair Duncan**

Walton on Thames

## GET ON WITH THE SHOW

My enjoyment of *Only Connect* (Monday BBC2) is impaired by Victoria Coren Mitchell's opening and closing pieces. Perhaps the attempts at humour could be replaced with just getting on with the quiz? Or is this to be a new trend with Clive Myrie giving us a song at the start of *Mastermind*?  
**John Grange**  
Haywards Heath, West Sussex  
Clive Myrie and *Mastermind*: see page 146

## OLUSOGA DROWNED OUT

The first part of the new historical series *Union with David Olusoga* (2 October BBC2) was as brilliant as his previous programmes – he's such a good presenter. There was only one problem: the music. David has such a soft voice, like many others on TV who unfortunately have their programmes ruined by obtrusive music that gets louder and louder. In most cases, there's no need for



**OPEN FOR BUSINESS**  
Tom Kerridge at  
the Black Bull



any at all, but as usual the programme-makers take no notice. Just turn it down or turn it off! Thank goodness for subtitles.

**Janet Jillings**

Lowestoft, Suffolk

## CELEBRITY SPOILERS

I love *Race across the World* (BBC1) when the race is between normal people, but why do TV bosses think we want to see celebrities doing the same? Also, in *Celebrity Race across the World* (Wednesday), the contestants have been hopping into taxis. Please don't make it easy and spoil this brilliant show.

**Barbara Foyston**

Hessle, East Riding of Yorkshire

## LOVING LAVERNE

I agree with Caroline Frost's compliments heaped on Kirsty Young (*RT*, 30 September) but challenge the opinion that her interviewing skills are unequalled. All praise to Lauren Laverne for her equally good interviewing skills as Kirsty's successor on Radio 4's *Desert Island Discs*.

**Linda Gresham**

Birmingham



**CASTING AWAY**  
Lauren Laverne  
has been hosting  
*Desert Island Discs*  
for five years



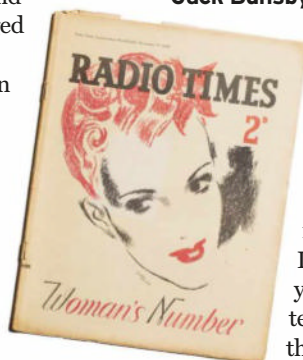
## MARRIED TO HISTORY

I've grown up with *Radio Times* and always admired its illustrations. Little did I think that, at the age of 77, I would marry the stepson, aged 93, of the illustrator Charles Clixby Watson who drew famous *RT* covers, including his 1939 Woman's Number (right). We were therefore disappointed that he wasn't mentioned in *The Art of Radio Times* (29 September Radio 4 Extra).

He was, I understand, a witty, charming, kind and thoughtful man, much loved and respected by his colleagues and his stepfamily.

**Christine Barrs Young**

Lymington, Hampshire



## LOVIBOND'S LATEST

It's been fascinating to see the first major Covid-19 inspired dramas start to hit our screens over the past 12 months, but I couldn't help feeling a sense of déjà-vu when watching *Partygate* (3 October C4). Eventually I realised that it was actor Ophelia Lovibond playing an adviser in Number Ten. This time last year she was also in Downing Street in another Covid-19 drama, *This England*, playing Carrie Symonds.

Perhaps Ms Lovibond (who is always brilliant in whatever she's in) is

## C'EST LA VIE

Where do I apply? Having watched *The Vintage French Farmhouse* (3 Oct BBC1 daytime), I wonder if there's a point to it other than just a jolly? The dealers stay in a lovely French house, scour antiques markets, then discuss over dinner why they didn't sell or just made £10 profit... hardly enough to cover the morning's coffee and croissants. I only hope the French tourist board is paying!

**Sue Jackson** Grantham, Lincolnshire

especially drawn to dramas about errors of judgement and workplace incompetence. After all, she was also in *W1A*...

**Jack Bunsby** Chelmsford, Essex

## MY RT RECORD

Like Adrian Dannatt (Feedback, 23 September), I too keep a *Radio Times* scrapbook, although mine is not as neat. I've been doing it for years now as I'm a telly addict and I found that, after time, it was hard to recall storylines,

even though I remembered the titles. A far better memory aid than merely looking on the internet. Tell your mother we're not mad!

**Valerie Papantoniou**

Banbury, Oxfordshire

## SOMETHING FISHY

*Radio Times* had "no preview available" to forewarn us of the debacle of the Burgh Island episode of *Gone Fishing* (1 October BBC2). Ailing Bob Mortimer was replaced by Lee Mack, whose opening gambit was to not only admit to no interest in fishing, but to disagree with it as it offends his vegan principles. Mack's only contribution was some childish nonsense with a metal detector and a failed attempt to fly a kite. Wasn't Mr Tumble available?

Over the closing credits we heard the Who's 1960s hit *Substitute* (geddit?), but if this is an example of what we can expect in future episodes I suggest ▷

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## GONE FISHING

### 'I'd get hooks stuck in my fingers'

How did a 5ft 2in 28-year-old from Ryedale, North Yorkshire, end up on an Icelandic longliner trawling the icy Arctic Ocean for Atlantic cod that were as tall as she is? That's the intriguing background to *Ice Cold Catch* (Tuesday 5 Action), in which two rookies – one British, one American – compete on rival ships to land a percentage of the lucrative catch.

**Caitlin Krause** was among hundreds of applicants from the UK – one of very few women.

"I moved to Texas, where my dad was born, when I was 18," she tells *RT*. "That's where my passion for fishing came from – at the coast, or lake fishing. When I came back to the UK, I got a job welding office furniture and then hospital beds. Being dirty doesn't bother me, and I was the only female welder in my factory so I was quite used to male-



**THE CODMOTHER**  
Caitlin Krause wrestled with huge fish on her ship, *Pall Jonsson* (above).  
Top: the all-male Icelandic crew

dominated industries. That's when I saw the series advertised on Facebook and applied. I made the last eight, but then Covid pushed the filming date back and I wanted to travel, so I went for a job working on a yacht in the Med.

"I did my deckhand qualifications because I wanted to be outside washing the boat or doing watersports with the boys, but I got offered a role as a stewardess. It was while I was on the yacht that the call came through saying I'd been chosen and had to fly to Iceland! "When I saw the longliner, I asked myself, 'Why am I doing this?' But the crew were great, like a big family, uplifting and funny and spurring me on.

They never made me feel I wasn't

capable of doing the job. But it was brutal."

What were the hardest times? "The 'ruler' station, where the line of fish comes in over a metal roller, was extremely physical – my rival was 6ft 7in! Also the lack of sleep – you do eight full hours on, eight off, then do it all again. If we were in a storm there was no sleep at all. I was seasick for the entire first day, from the rocking motion and the smell of the bait.

**T**he hook machine was gruelling, too – you have to sort out 48 hooks a minute on a moving line. Some are bent, some have fallen off, but you can't stop the line so you just have to work fast. I'd get hooks stuck in my fingers and salt in the wounds. But no way was I quitting."

And the best thing? "I've never made money like it!" she reveals.

Since the filming, Caitlin, now 29, has been working as a live-in carer. But her can-do spirit clearly hasn't dimmed. "My mum wants me to be the next Anneka Rice, trying out random jobs," she laughs. "That would be wonderful."

What will Caitlin do next? Don't put anything past her.

< that another Who song would be more appropriate: *Won't Get Fooled Again*.

**Clive Crowe** Barnstaple, Devon

## SHUT THAT OVEN

If the bakers in *The Great British Bake Off* (Tuesday C4) don't want soggy bottoms or uncooked cake or biscuits that aren't crunchy, please could someone tell them to stop leaving the oven



door open? The temperature drops so quickly unless they open it just before they put their baking in and close it fast... Just saying!

**Penny Ward** Dundee

*Penny Ward wins a DVD of Harry Wild – series one of the Dublin detective series*

starring Jane

*Seymour as retired professor Harriet "Harry" Wild, who takes up a new career as a sleuth.*



## CORRECTION

Our apologies: we printed an incorrect solution for the Trackword puzzle in the 30 September edition of *RT*.

The nine-letter word was: **LALLATION**.

The words you could find within it were: ain, ait, ala, all, ani, ion, ita, lain, lallan, lat, lati, latin, llano, loan, loin, loll, naoi, nat, natal, nit, noll, oat, ola, olla, tai, tala, tall, talon, tan, tin

## ANSWERS TO THE RT QUIZ ON PAGE 27

6 6 8

9 7 9 9 5 5 4 7 3 2 3 1

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# CLIVE MYRIE

The BBC broadcaster on finding his voice – and why he always preferred ITV

## What's the view from your sofa?

It's of a Georgian fireplace and a big mirror. We bought the mirror in Brussels 15 years ago and it cost a pretty penny – I couldn't afford it now! I have a mantelpiece with wedding pictures and a couple of candelabras. I don't have a main television – they suck the oxygen out of a room. I'd rather watch things on smaller TVs or computers.

## What do you enjoy watching on your smaller screens?

We [Clive and his wife Catherine] watch a lot of documentaries on arts and current affairs, most recently *Picasso: the Beauty and the Beast* on BBC2. There was also a documentary on Coco Chanel to coincide with the huge exhibition at the V&A in London, which was fascinating.

## Who controls the remote?

It's a democracy here! Nine times out of ten we want to watch the same thing.

## You say you were an incredibly shy child – where did you develop the confidence to become a broadcaster?

For the first four years of my life, I was an only child. I was so shy I couldn't speak for several weeks at school – my mum told me I was mute! My first memory is throwing up on my first day. But when my older siblings – my half-brothers and sister – came over from Jamaica, I had to make myself heard if I wanted attention. It drew me out and turned me into someone who can't shut the f\*\*\* up!

## You've said your parents weren't pleased with your decision to become a journalist. Why was that?

My parents left the life that they knew in Jamaica – beautiful, hot, sandy beaches – for a cold and sometimes inhospitable place. They didn't do that for their kids to grow up to be bums. They wanted doctors, dentists, accountants – proper jobs! They were initially disappointed,

especially as I'd got a place at Middle Temple to be a barrister...

## Have they since reconsidered?

Yes, when they saw me on the telly! Although, did they really fly all that way for me to be a quiz show host? I'm being facetious! We used to watch *Mastermind* with Magnus Magnusson.

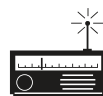
## It made me chuckle to discover your family preferred ITV to the BBC...

The BBC was too posh, too poncey and they didn't have any black people on it! ITV had Big Trev [McDonald]. It was more human the way ITV did the news. I hope the BBC has now got to that level, but in those days it was like handing down tablets of stone. This is public service broadcasting, these are your greens! Whereas ITV was like, "Let's stick a bit of chocolate cake in there."

## The media certainly has changed – how do you keep the public's trust?

It's vital that we hold fast to due impartiality. That doesn't mean 50/50 on either side. If 99 per cent of scientific institutions conclude that climate

## MY MEDIA



**RADIO**  
Every morning when I'm bleary eyed and my alarm goes off, my arm pops out and automatically switches on the *Today* programme!



**THE BOOK I'VE READ MOST RECENTLY**  
*Everything Is Everything* by Clive Myrie!

change is man-made, or if it's clear that Vladimir Putin has launched an illegal invasion, that's how you report it. I think calling a spade a spade is a good way of keeping the public on side.

## When you became host of *Mastermind*, the late George Alagiah said it was impressive. What did he mean?

I think George's point was that [by becoming host] on a programme that has been on the BBC for 50 years, I've knocked through a glass ceiling. I can't think of another show with the same longevity and history where you have someone who is not the dominant class as the face of it. George was making the point that this country, which he came to from Sri Lanka, is on the right road.

## What would your *Mastermind* topic be?

I love classical music and jazz; I'm very interested in American politics; I'm a big Man City fan. But when you're in that black chair, under the spotlight, in the darkness... even Einstein would lose it!

KELLY-ANNE TAYLOR

*Mastermind* is on Monday 7.30pm BBC2



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